

Covered products

Federal Employee Health Benefit (FEHB) tobacco cessation program

Covered prescription tobacco cessation products

Brand name	Description	Strength	Generic available	Dosage form
Nicotrol NS	nicotine nasal spray	0.5 mg/spray	No	Nasal spray
Nicotrol inhaler	nicotine inhalation system	4 mg/cartridge	No	Inhalation system
Chantix	varenicline tartrate	0.5 mg, 1 mg	Yes	Tablet
Zyban	bupropion hydrochloride sustained release	150 mg	Yes	Tablet

Covered over-the-counter (OTC) tobacco cessation products

These products are approved for use in adults 18 and older. Patients younger than age 18 must ask a physician before use. Patients who continue to smoke, chew tobacco, use snuff or use a nicotine patch or other nicotine-containing products should not use these products. All OTC products have the same indication.

Brand name	Description	Strength	Generic available	Dosage form
Nicoderm CQ	nicotine film, extended release	7 mg, 14 mg, 21 mg	Yes	Patch
Nicorette gum	nicotine polacrilex, gum, chewing, buccal	EQ 2 mg, EQ 4 mg	Yes	Gum
Nicorette lozenge	nicotine polacrilex, troche/lozenge	EQ 2 mg, EQ 4 mg	Yes	Lozenge
Nicorette Mini lozenge	nicotine polacrilex, troche/lozenge	EQ 2mg, EQ 4mg	Yes	Lozenge

FDA-approved cessation products: recommended courses of treatment

Medication	Course of treatment
Bupropion SR (prescription)	150 mg to 300 mg per day
Nicorette Mini lozenge	2 mg and 4 mg (per piece); up to 20 lozenges per day for up to 12 weeks
Nicotine gum (regular or flavored) (OTC)	2 mg and 4 mg (per piece); up to 24 pieces per day for up to 12 weeks
Nicotine inhaler (prescription)	4 mg cartridge; 6 to 16 cartridges per day for up to six months
Nicotine lozenge (OTC)	2 mg and 4 mg (per piece); up to 20 lozenges per day for up to 12 weeks
Nicotine nasal spray (prescription)	0.5 mg spray; up to 80 doses a day for up to 6 months
Nicotine patch (OTC)	21 mg, 14 mg or 7 mg per day for 10 weeks
Varenicline (prescription)	0.5 mg to 2 mg per day for up to 6 months

