

Humana's Genetic Guidance Program

Humana's Genetic Guidance Program offers physicians and healthcare providers a variety of tools and resources aimed at facilitating appropriate and effective utilization of genetic tests. Humana offers physicians access to board-certified genetic counselors to discuss testing.

Most molecular diagnostic/genetic tests ordered for a patient covered by a Humana commercial or Medicare Advantage plan in the United States or a Humana Puerto Rico commercial plan require preauthorization through Humana's Genetic Guidance Program.

Exclusions to preauthorization

While most genetic tests and molecular diagnostics require preauthorization, the following do not:

- Routine maternal serum screening (except noninvasive prenatal testing)
- Routine inpatient newborn screenings
- Human leukocyte antigen (HLA) testing for transplant
- Chromosomal analysis for leukemia and lymphoma
- Infectious disease testing considered to be standard of care

For all other tests, the physician or healthcare professional should contact Humana for preauthorization.

Information needed when requesting preauthorization

Humana needs the following clinical information to process requests:

- Patient name and Humana ID number
- Ordering physician name and NPI or tax ID
- Address and telephone/fax numbers of the ordering physician and the servicing provider
- Patient's diagnosis or clinical indication (ICD-10)
- Test being ordered (CPT® code or test name)
- Indication/reason for test
- Patient's signs, symptoms and duration
- Prior related diagnostic and/or genetic tests and their results
- Family medical/genetic history
- Patient medications and duration (if related)
- Prior treatments or other clinical findings (when relevant)
- Servicing provider name (i.e., lab or facility that is going to perform the test)
- How the test results will be utilized in the patient's care
- Puerto Rico only: local laboratory name and NPI or tax ID (i.e., Puerto Rico lab or facility that will collect the sample)

Preauthorizations can be submitted to Humana via web or phone.

Web:

Availity.com
(registration required)

Phone:

1-800-523-0023

Please note: United States and Puerto Rico commercial fully insured risk groups are excluded from this program. Some administrative -services-only groups, both in the United States and Puerto Rico, may elect to participate in the Genetic Guidance Program.

