

#### **Commercial Preauthorization and Notification List**

Effective Date: Jan. 26, 2015 Revised Date: Jun. 23, 2015

We have updated our preauthorization and notification list for **all** commercial fully insured plans. Please note that precertification, preadmission, preauthorization and notification all refer to the same process of preauthorization. The list represents services and medications that are commonly reviewed and may require additional clinical information. Medications include those that are delivered in the physician's office, clinic, outpatient or home setting.

We believe that guidance to our members can best be achieved when we are notified of specific services. This gives us the ability to provide information on benefits and an opportunity to refer members to appropriate clinical programs. To achieve this goal, we have several items for which we are requesting notification; please note these items on the following pages.

Investigational and experimental procedures usually are not covered benefits. Please consult the member's Certificate of Coverage or contact Humana for confirmation of coverage.

#### **Important Notes:**

- **Humana Medicare Advantage (MA):** This list **does not** affect Humana MA plans. (See Humana's MA and dual Medicare-Medicaid Preauthorization and Notification List.)
- Commercial HMO Members: The preauthorization requirements apply to Humana commercial HMO members. In addition, certain services outlined in the Commercial Preauthorization and Notification List may not be applicable for providers affiliated with an independent physician association (IPA) via a capitated or delegated arrangement. Please refer to your provider agreement for clarification. Exclusions may change; refer to Humana.com/providers for the most up-to-date information. Choose "Authorizations/Referrals" and then the appropriate topic.
- Administrative Services Only (ASO) Groups: It is important to note that some employer groups for which Humana provides
  administrative services only (self-insured, employer-sponsored programs) may customize their plans with different
  requirements. Medical necessity review for services marked with †† is only conducted upon purchase of enhanced utilization
  management programs.
- Exclusions for Back and Neck Procedures: This preauthorization requirement does not apply to ASO, Humana One members or commercial HMO members assigned to independent practice associations (IPAs) that have a capitated or delegated arrangement with Humana.

Failure to obtain preauthorization for a service could result in payment reductions for the provider and benefit reductions for the member, based upon the provider's contract and the member's Certificate of Coverage. Services or medications provided without preauthorization may be subject to retrospective medical necessity review.

There are exceptions to this list. Not all procedures are covered by all health plans. Since a single document cannot reflect all possible exceptions, we recommend that an individual practitioner making a specific request for services verify benefits and authorization requirements prior to providing services.

**Reminder:** Except where noted via the links on the following pages, health care providers and facilities may submit preauthorization requests via the secure provider area of Humana's website at **Humana.com/providers** (registration required), via Availity® at <a href="http://www.availity.com">http://www.availity.com</a> (select markets only, registration required) or via the interactive voice response (IVR) line, available by calling the phone number on the back of the member's ID card. Online preauthorization requests are encouraged.

This list is subject to change with notification; however, this list may be modified throughout the year for additions of new-to-market medications without notification via U.S. postal mail.

The following list of services requiring preauthorization applies to participating as well as nonparticipating health care providers.



# Commercial Medical/Surgical Preauthorization List Additional information is available by clicking on an underlined listing.

CATEGORY	Additional information is available by clicking DETAILS	COMMENTS/EFFECTIVE DATE
Inpatient	Acute Hospital	Includes Inpatient Hospice
Admissions	Acute Rehab Facilities	includes inpatient riospice
	Long-term Acute Care	-
	Skilled Nursing Facilities	
	Mental Health, Substance Abuse and Partial	
	Hospital/Residential Treatment††	
Durable	Cochlear and Auditory Brainstem Implants	
Medical	Electric Beds	
Equipment	Electric Wheelchairs/Scooters	
(DME)	High Frequency Chest Compression Vests	
	Pain Infusion Pump††	
	Prosthetics	
	Stimulator Devices††	Bone Growth, Neuromuscular and Spinal Cord
	Any other DME item greater than \$750	
Plastic Surgery/	Abdominoplasty	
Cosmetic	Blepharoplasty	
	Breast Procedures	
	Otoplasty	
	Penile Implant	
	Rhinoplasty	
Other Services	Balloon Sinuplasty	
	Cardiac Devices++	Pacemakers, Defibrillators, Cardiac Resynchronization Therapy and Wearable Cardiac Devices (e.g., LifeVest )
	Outpatient Coronary Angioplasty/Stent††	(
	**Facility-based Sleep Studies (PSG) ††	
	Home Health	Includes Home Hospice, Skilled Nursing, Physical Therapy, Occupational Therapy, Speech Therapy, Home Uterine Monitoring
	Hyperbaric Therapy	
	Infertility Testing and Treatment	
	Molecular Diagnostic/Genetic Testing	
	Obesity Surgeries	
	Oral, Orthognathic, Temporomandibular Joint Surgeries	
	Pain Management Procedures ++	Spinal Fusion, Other Decompression Surgeries, Facet Injections, Epidural Injections (provider office and outpatient only), Kyphoplasty, Vertebroplasty, Pain Infusion Pump (back and neck pain only) and Spinal Cord Stimulator
	Radiation Therapy ††	
	Surgeries for Obstructive Sleep Apnea	
	Transplant Surgeries	
	Varicose Vein: Surgical Treatment and Sclerotherapy	
	Ventricular Assist Devices	



## **Commercial Medical/Surgical Preauthorization List**

Additional information is available by clicking on an underlined listing.

Radiology:	Cardiac Catheterizations ††	
Outpatient	CT Scan <sup>††</sup>	
Imaging	MRA††	
	MRI <sup>††</sup>	
	Nuclear Stress Test ++	
	PET Scan++	
	SPECT Scan <sup>††</sup>	
	Outpatient Transthoracic Echocardiogram (TTE) † †	
Outpatient	Physical Therapy††	
Therapy	Occupational Therapy++	
Services (Only	Speech Therapy++	
required for the states listed in the third column)	†Chiropractic Therapy	Arizona, Georgia, Illinois, Kentucky, Ohio, South Florida
Chemotherapy	Chemotherapy Agents††	<ul> <li>Alabama, Alaska, Arizona, Arkansas,</li> </ul>
	Supportive Drugs††	California, Colorado, Idaho, Illinois,
	Symptom Management Drugs††	Indiana, Iowa, Kansas, Kentucky, Missouri, Louisiana, Michigan, Minnesota, Mississippi, Montana, Nebraska, New Mexico, North Carolina, North Dakota, Ohio, Oklahoma, Oregon, South Carolina, South Dakota, Tennessee, Utah, Virginia, Washington, West Virginia, Wisconsin, Wyoming  Connecticut, Delaware, Florida, Georgia, Maine, Maryland, Massachusetts, Nevada, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, Texas, Vermont

## **Commercial Medical/Surgical Notification List**

CATEGORY	DETAILS	COMMENTS/EFFECTIVE DATE
Maternity	Routine Maternity Care	Notification Requested

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### **Commercial Medication Preauthorization List**

Preauthorization is required for the following drugs when delivered in the physician's office, clinic, outpatient or home setting.

To request authorization/notification, please click here to access the fax forms.			
Brand	Generic	Brand	Generic
Abraxane	paclitaxel-nab	Jevtana	cabazitaxel
Actemra	tocilizumab	Kadcyla	ado-trastuzumab emtansine
Acthar Gel	corticotropin	Kalbitor	ecallantide
Adcetris	brentuximab vedotin	Kineret	anakinra
Aldurazyme	laronidase	Krystexxa	pegloticase
Alimta	Pemetrexed	Kyprolis	carfilzomib
Aloxi	palonosetron HCI	Kynamro	mipomersen sodium
Aralast NP <sup>1</sup>	alpha 1-proteinase inhibitor <sup>1</sup>	<b>^</b> Lemtrada	<sup>▲</sup> alemtuzumab
Aranesp	darbepoetin alfa	Lucentis	ranibizumab
Arcalyst	rilonacept	Lumizyme	alglucosidase alfa
Arzerra	ofatumumab	Macugen	pegaptanib sodium
Atgam	lymphocyte immune globulin	Makena	hydroxyprogesterone caproate
Avastin	bevacizumab	Marqibo	vincristine sulfate
Beleodaq	belinostat	Monovisc	sodium hyaluronate
Benlysta	belimumab	Mozobil	plerixafor
Berinert	c1 esterase inhibitor	Myobloc	rimabotulinumtoxinB
<b>▲</b> Blincyto	Åblinatumomab	Myozyme	alglucosidase alfa
Boniva	ibandronate sodium	Naglazyme	galsulfase
Botox	onabotulinumtoxinA	Neulasta	pegfilgrastim
Brovana	arformoterol	Nplate	romiplostim
Cerezyme	imiglucerase	Nulojix	belatacept
Cimzia	certolizumab pegol	<b>^</b> Opdivo	^nivolumab
Cinryze	c1 esterase inhibitor	Orencia	abatacept
Cyklokapron	tranexamic acid	Ozurdex	dexamethasone intravitreal implant
Cyramza	ramucirumab	Perjeta	pertuzumab
CytoGam	cytomegalovirus immune globulin	Prialt	ziconotide
Dacogen	decitabine	Procrit <sup>1</sup>	epoetin alfa <sup>1</sup>
<b>^</b> Duopa	<sup>▲</sup> carbidopa / levodopa	Prolastin-C <sup>1</sup>	alpha 1-proteinase inhibitor <sup>1</sup>
Dysport	abobotulinumtoxin A	Prolia <sup>1</sup>	denosumab <sup>1</sup>
Elaprase	idursulfase	Provenge	sipuleucel-T
Elelyso	taliglucerase alfa	Qutenza	capsaicin/skin cleanser
Elitek	rasburicase	Reclast <sup>1</sup>	zoledronic acid <sup>1</sup>
Emend IV	aprepitant	Remicade	infliximab
Entyvio	vedolizumab	Remodulin	treprostinil (injection)
Epogen <sup>1</sup>	epoetin alfa <sup>1</sup>	Revatio	sildenafil citrate (injection)
Erbitux	cetuximab	Rituxan	rituximab
Emuino	asparaginase Erwinia	Ruconest	c1 esterase inhibitor
Erwinaze	chrysanthemi	Sandostatin LAR	octreotide
Eylea	aflibercept	Simponi ARIA	golimumab
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\*Signifor LAR

**▲**pasireotide

agalsidase beta

**Fabrazyme** 

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Firazyr	icatibant	Somatuline Depot	lanreotide
Flolan <sup>1</sup>	epoprostenol (injection) <sup>1</sup>	Soliris	eculizumab
Folotyn	pralatrexate	Stelara	ustekinumab
Fusilev	levoleucovorin	Supartz <sup>1</sup>	sodium hyaluronate <sup>1</sup>
Gattex	teduglutide	Sylatron	peginterferon alfa-2b
Gazyva	obinutuzumab	Synagis	palivizumab
Gel-One	sodium hyaluronate	Synribo	omacetaxine mepesuccinate
Gilenya	fingolimod	Temodar	temozolomide
Glassia	alpha 1-proteinase inhibitor	Testopel	testosterone pellet
		Torisel	temsirolimus
		Treanda	bendamustine HCI
Growth Hormones:		Tyvaso	treprostinil (inhaled)
Genotropin, Humatrope,		Tysabri	natalizumab
Norditropin, Nutropin, Nutropin AQ,	somatropin	Valstar	valrubicin
Omnitrope, Saizen,	Somatropin	Varizig	varicella zoster immune globulin
Serostim, Tev-Tropin,		Vectibix	panitumumab
Zorbtive		Velcade	bortezomib
		Veletri <sup>1</sup>	epoprostenol <sup>1</sup>
		Ventavis	iloprost (inhaled)
Halaven	eribulin mesylate	Vidaza	azacitidine
Herceptin	trastuzumab	Vimizim	elosulfase alfa
Hyalgan <sup>1</sup>	sodium hyaluronate <sup>1</sup>	Visudyne	verteporfin
llaris	canakinumab	Vpriv	velaglucerase alfa
⁴lluvien	<sup>▲</sup> fluocinolone acetonide	Xeomin	incobotulinumtoxin A
	immune globulin <sup>1</sup>	Xgeva <sup>1</sup>	denosumab <sup>1</sup>
4		Xolair	omalizumab
Immune Globulin <sup>1</sup> :		Xofigo	radium Ra 223 dichloride
Carimune NF, Flebogamma 5%,		Yervoy	ipilimumab
Gamastan, Gammagard		Zaltrap	ziv-aflibercept
S/D, Gammagard Liquid,		Zevalin	ibritumomab tiuxetan
Gamunex, Hizentra, Octagam, Privigen,		Zemaira <sup>1</sup>	alpha 1-proteinase inhibitor <sup>1</sup>
Vivaglobin		Zometa <sup>1</sup>	zoledronic acid <sup>1</sup>
<del></del>		Zyprexa Relprevv	olanzapine
Istodax	romidepsin	Q1	Chemotherapy Agents
Ixempra	ixabepilone	Chemotherapy Supportive Drugs Symptom Management	
Jetrea	ocriplasmin		Symptom Management Drugs

<sup>\*\*</sup>New preauthorization process

Find precertification request forms for the medications listed above <u>here</u>.

Find authorization requirements for medications dispensed at the pharmacy <u>here</u>.

<sup>▲</sup> New-to-market drug addition

<sup>†</sup>Preauthorization not available for ASO groups

<sup>††</sup>Buy-up option for ASO groups

<sup>&</sup>lt;sup>1</sup>All shared Healthcare Common Procedure Coding System (HCPCS) codes and Not Otherwise Classified (NOC) codes require a corresponding National Drug Code (NDC) to be billed on all claims.