**Summary of Benefits and Coverage** 

Coverage for: Self Only -or- Self and Family | Plan Type: HMO



This is only a summary. Please read the FEHB Plan brochure (RI 73-862) that contains the complete terms of this plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB Plan brochure. Benefits may vary if you have other coverage, such as Medicare. You can get the FEHB Plan brochure at feds.humana.com by calling 1-800-448-6262.

Important Questions	Answers	Why this Matters:	
What is the overall deductible?	\$ _0/self only \$ _0/self and family	See the chart on page 2 for your costs for services this plan covers.	
Are there other deductibles for specific services?	No.	You don't have to meet <b>deductibles</b> for specific services, but see the chart starting on page 2 for other costs for services this plan covers.	
Is there an out-of-pocket limit on my expenses?	Yes. \$2,500 single / \$5,000 family Pharmacy: \$2,500 single / \$5,000 family	The <u>out-of-pocket limit</u> , or catastrophic maximum, is the most you could pay during the year your share of the cost of covered services. This limit helps you plan for health care expenses. Once you reach a combined out-of-pocket limit including Medical and Prescription drug out-of pocket limits, you do not have to pay for any more of your covered Medical and Prescription drug services.	
What is not included in the out-of-pocket limit?	N/A	All copays and coinsurance apply to the out-of-pocket maximum.	
Is there an overall annual limit on what the plan pays?	No.	The chart starting on page 2 describes any limits on what the plan will pay for <i>specific</i> covered services, such as office visits.	
Does this plan use a network of providers?	Yes. Visit feds.humana.com for a listing of participating providers	If you use an in-network doctor or other health care <b>provider</b> , this plan will pay some or all of the costs of covered services. Be aware, your in-network doctor or hospital may use an out-of-network <b>provider</b> for some services. [We use the terms <b>preferred</b> or participating for <b>providers</b> in our <b>network</b> .] See the chart starting on page 2 for how this plan pays different kinds of <b>providers</b> .	
Do I need a referral to see a specialist?	No.	You can receive covered services from a participating provider without a referral from your primary care physician. We call this open access.	
Are there services this plan doesn't cover?	Yes.	Some of the services this plan doesn't cover are listed on page 4. See this plan's FEHB brochure for additional information about <b>excluded services</b> .	

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- <u>Copayments</u> are fixed dollar amounts (for example, \$15) you pay for covered health care, usually when you receive the service.
- <u>Coinsurance</u> is *your* share of the costs of a covered service, calculated as a percent of the <u>allowed amount</u> for the service. For example, if the plan's <u>allowed amount</u> for an overnight hospital stay is \$1,000, your <u>coinsurance</u> payment of 20% would be \$200. This may change if you haven't met your <u>deductible</u>.
- The amount the plan pays for covered services is based on the <u>allowed amount</u>. If an out-of-network <u>provider</u> charges more than the <u>allowed amount</u>, you may have to pay the difference. For example, if an out-of-network hospital charges \$1,500 for an overnight stay and the <u>allowed amount</u> is \$1,000, you may have to pay the \$500 difference. (This is called <u>balance billing</u>.)
- This plan may encourage you to use participating **providers** by charging you lower **deductibles**, **copayments** and **coinsurance** amounts.

Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non- Participating Provider (plus you may be balance billed)	Limitations & Exceptions
	Primary care visit to treat an injury or illness	\$25 copay/visit	Not covered	NONE
If you visit a health	Specialist visit	\$40 copay/visit	Not covered	NONE
care <u>provider's</u> office or clinic	Other practitioner office visit	\$40 copay/visit	Not covered	NONE
of chine	Preventive care/screening/immunization	No charge	Not covered	NONE
If you have a toot	Diagnostic test (x-ray, blood work)	No charge	Not covered	NONE
If you have a test	Imaging (CT/PET scans, MRIs)	\$150 copay/visit	Not covered	NONE
If you need drugs to treat your illness or	Generic drugs	\$10 copay retail / \$25 copay mail	Not covered	Covers up to a 30 day supply; 31-90 day supply (mail order Rx)
condition	Preferred brand drugs	\$40 copay retail / \$100 copay mail	Not covered	Covers up to a 30 day supply; 31-90 day supply (mail order Rx)
More information about <b>prescription</b>	Non-preferred brand drugs	\$60 copay retail / \$150 copay mail	Not covered	Covers up to a 30 day supply; 31-90 day supply (mail order Rx)
drug coverage is available at feds.humana.com.	Specialty drugs	25% co-insurance	Not covered	Covers up to a 30-day supply (retail or mail order).

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Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non- Participating Provider (plus you may be balance billed)	Limitations & Exceptions
If you have	Facility fee (e.g., ambulatory surgery center)	\$300 copay/visit	Not covered	NONE
outpatient surgery	Physician/surgeon fees	No charge	Not covered	NONE
If you need	Emergency room services	\$150 copay/visit	\$150 copay/visit	NONE
immediate medical	Emergency medical transportation	No charge	No charge	NONE
attention	Urgent care	\$40 copay/visit	Not covered	NONE
If you have a	Facility fee (e.g., hospital room)	\$500/day for first 3 days per admission	Not covered	NONE
hospital stay	Physician/surgeon fee	No charge	Not covered	NONE
If you have mental health, behavioral health, or substance abuse needs	Mental/Behavioral health outpatient services	\$25 copay/visit	Not covered	NONE
	Mental/Behavioral health inpatient services	\$500/day for first 3 days per admission	Not covered	NONE
	Substance use disorder outpatient services	\$25 copay/visit	Not covered	NONE
	Substance use disorder inpatient services	\$500/day for first 3 days per admission	Not covered	NONE
If you are pregnant	Prenatal and postnatal care	No charge	Not covered	NONE
	Delivery and all inpatient services	\$500/day for first 3 days per admission	Not covered	NONE

**Summary of Benefits and Coverage** 

Coverage for: Self Only -or- Self and Family | Plan Type: HMO

Common Medical Event	Services You May Need	Your Cost If You Use a Participating Provider	Your Cost If You Use a Non- Participating Provider (plus you may be balance billed)	Limitations & Exceptions
	Home health care	No charge	Not covered	NONE
If you need help recovering or have other special health needs	Rehabilitation services	\$40 copay/visit (PT, OT, and Speech therapy)	Not covered	60 visits/year per condition for each service
	Habilitation services	\$25 PCP/\$40 Spec. copay	Not covered	60 visits/year
	Skilled nursing care	No charge	Not covered	100 days/year
	Durable medical equipment	No charge	Not covered	NONE
	Hospice service	No charge	Not covered	NONE
If your child needs dental or eye care	Eye exam	No charge	Not covered	Thru age 17
	Glasses	Not covered	Not covered	NONE
	Dental check-up	Not covered	Not covered	NONE

#### **Excluded Services & Other Covered Services:**

#### Services Your Plan Does NOT Cover (This isn't a complete list. Check this plan's FEHB brochure for other excluded services.)

Cosmetic Surgery

• Long-term care

Routine eye care (Adult)

Dental Care (Adult)

- Non-emergency care when traveling outside the U.S.
- Routine foot care

Hearing Aids

Private duty nursing

• Weight loss programs

# Other Covered Services (This isn't a complete list. Check this plan's FEHB brochure for other covered services and your costs for these services.)

• Acupuncture

• Chiropractic Care

Bariatric Surgery

Infertility Treatment

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**Summary of Benefits and Coverage** 

### **Your Rights to Continue Coverage:**

If you lose coverage under the plan, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, to convert to an individual policy, and to receive temporary continuation of coverage (TCC). Your TCC rights will be limited in duration and will require you to pay a **premium**, which may be significantly higher than the **premium** you pay while covered under the plan. An individual policy may also provide different benefits than you had while covered under the plan. Other limitations on your rights to continue coverage may also apply.

For more information on your rights to continue coverage, see the FEHB Plan brochure, contact your HR office/retirement system, contact your plan at 1-800-448-6262 or visit www.opm.gov.insure/health.

## **Your Appeal Rights:**

If you are dissatisfied with a denial of coverage for claims under your plan, you may be able to <u>appeal</u>. For information about your <u>appeal</u> rights please see Section 3, "How you get care," and Section 8 "The disputed claims process," in your plan's FEHB brochure. If you need assistance, you can contact: Humana's customer service at 1-800-448-6262 or by visiting feds.humana.com

### **Does this Coverage Provide Minimum Essential Coverage?**

The Affordable Care Act requires most people to have health care coverage that qualifies as "minimum essential coverage." **Coverage under this plan qualifies** as minimum essential coverage.

### **Does this Coverage Meet the Minimum Value Standard?**

The Affordable Care Act establishes a minimum value standard of benefits of a health plan. The minimum value standard is 60% (actuarial value). The health coverage of this plan does meet the minimum value standard for the benefits the plan provides.

### **Language Access Services:**

[Spanish (Español): Para obtener asistencia en Español, llame al 1-800-448-6262]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-448-6262]

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-448-6262]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 1-800-448-6262]

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# **About these Coverage Examples:**

These examples show how this plan might cover medical care in given situations. Use these examples to see, in general, how much financial protection a sample patient might get if they are covered under different plans.



## This is not a cost estimator.

Don't use these examples to estimate your actual costs under this plan. The actual care you receive will be different from these examples, and the cost of that care will also be different.

See the next page for important information about these examples.

# Having a baby

(normal delivery)

- Amount owed to providers: \$7,540
- Plan pays \$6,520
- Patient pays \$ 1,020

#### Sample care costs:

Hospital charges (mother)	\$2,700
Routine obstetric care	\$2,100
Hospital charges (baby)	\$900
Anesthesia	\$900
Laboratory tests	\$500
Prescriptions	\$200
Radiology	\$200
Vaccines, other preventive	\$40
Total	\$7,540

### Patient nave:

i ationi payo.	
Deductibles	\$0
Copays	\$1020
Coinsurance	\$0
Limits or exclusions	\$0
Total	\$1,020

# **Managing type 2 diabetes**

(routine maintenance of a well-controlled condition)

- Amount owed to providers: \$5,400
- **Plan pays** \$4,750
- Patient pays \$ 650

#### Sample care costs:

Prescriptions	\$2,900
Medical Equipment and Supplies	\$1,300
Office Visits and Procedures	\$700
Education	\$300
Laboratory tests	\$100
Vaccines, other preventive	\$100
Total	\$5,400

#### Patient navs:

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Deductibles	\$0
Copays	\$650
Coinsurance	\$0
Limits or exclusions	\$0
Total	\$650

# **Questions and answers about the Coverage Examples:**

# What are some of the assumptions behind the Coverage Examples?

- Costs don't include **premiums**.
- Sample care costs are based on national averages supplied by the U.S.
   Department of Health and Human Services, and aren't specific to a particular geographic area or health plan.
- The patient's condition was not an excluded or preexisting condition.
- All services and treatments started and ended in the same coverage period.
- There are no other medical expenses for any member covered under this plan.
- Out-of-pocket expenses are based only on treating the condition in the example.
- The patient received all care from innetwork **providers**. If the patient had received care from out-of-network **providers**, costs would have been higher.

# What does a Coverage Example show?

For each treatment situation, the Coverage Example helps you see how <u>deductibles</u>, <u>copayments</u>, and <u>coinsurance</u> can add up. It also helps you see what expenses might be left up to you to pay because the service or treatment isn't covered or payment is limited.

# Does the Coverage Example predict my own care needs?

No. Treatments shown are just examples. The care you would receive for this condition could be different based on your doctor's advice, your age, how serious your condition is, and many other factors.

# Does the Coverage Example predict my future expenses?

No. Coverage Examples are <u>not</u> cost estimators. You can't use the examples to estimate costs for an actual condition. They are for comparative purposes only. Your own costs will be different depending on the care you receive, the prices your <u>providers</u> charge, and the reimbursement your health plan allows.

# Can I use Coverage Examples to compare plans?

Yes. When you look at the Summary of Benefits and Coverage for other plans, you'll find the same Coverage Examples. When you compare plans, check the "Patient Pays" box in each example. The smaller that number, the more coverage the plan provides.

# Are there other costs I should consider when comparing plans?

Yes. An important cost is the <u>premium</u> you pay. Generally, the lower your <u>premium</u>, the more you'll pay in out-of-pocket costs, such as <u>copayments</u>, <u>deductibles</u>, and <u>coinsurance</u>. You should also consider contributions to accounts such as health savings accounts (HSAs), flexible spending arrangements (FSAs) or health reimbursement accounts (HRAs) that help you pay out-of-pocket expenses.

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