

MyOptionSM Dental – High PPO

Choose benefits that fit your needs

Customize your Medicare Advantage plan with dental benefits

Well-being starts with a healthy smile

Your smile says a lot about your health. Oral health affects not only how you look, but also other vital organs like your heart. Often, the first sign of a serious medical condition is in your mouth. Recent research suggests a link between oral health and heart disease, stroke, diabetes and pneumonia.¹

Your health matters

That's why benefits that cover your dental health are so important. At Humana, we offer benefits that can help you achieve your health and wellness goals. These benefits provide choices that make it easier for you to get coverage that fits your needs and keeps you healthy.

Your dental needs

Do you visit your dentist for preventive care more than once a year? Did your dentist replace a cap or filling during the past year? Would you like to know how you can enhance your dental benefits and better control your out-of-pocket costs?

What MyOption Dental – High PPO offers you

MyOption Dental – High PPO is available for an extra premium when you enroll in certain Humana Medicare Advantage (MA) plans. It allows you to customize your coverage with benefits including coverage for preventive, basic and major dental services not available with the standard plan. Our



nationwide network has more than 150,000 dentist locations. There's a \$50 deductible and a maximum annual benefit of \$1,500.

Enhance your Humana Medicare Advantage plan

As a Humana MA member, you can add **MyOption Dental – High PPO**, where available, to your Medicare Advantage plan when you enroll or anytime throughout the year. *Now that's a lot to smile about.*

Wouldn't you like to know your smile is covered?

¹ American Dental Association, <http://www.mouthhealthy.org/en/adults-over-60>

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[Humana.com](https://www.humana.com)

Covered services

In network

- 100 percent coverage on up to two routine exams per year
- 100 percent coverage on one set of X-rays per year*
- 100 percent coverage on up to two routine cleanings per year
- 75 percent coverage on some basic services*
- 30 percent coverage on major services* like root canals, crowns and dentures

Out of network

- 100 percent coverage on up to two routine exams per year
- 100 percent coverage on one set of X-rays per year*
- 100 percent coverage on up to two routine cleanings per year
- 75 percent coverage on some basic services*
- 30 percent coverage on major services* like root canals, crowns and dentures

*Covered dental services are subject to conditions, limitations, exclusions and maximums. Please see your Evidence of Coverage for details.

Dentures can cost \$500 to \$1,500 for a partial (upper or lower plate) or \$1,000 to \$3,000 for a set.² MyOption Dental – High PPO can save you up to 30 percent on crowns and dentures.

We go where you go!

As a member, you'll have your own personalized tool to help you manage your healthcare — **MyHumana**.

Use a desktop, tablet or smartphone and access your healthcare information online in one convenient place.

You'll be able to sign into MyHumana anytime, anywhere.

Visit Humana.com/tourMyHumana and take a tour!

²<http://health.costhelper.com/dentures.html>

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Benefits may change on January 1 each year. Enrollees must continue to pay the Medicare Part B premium and the Humana plan premium plus the OSB premium. Enrollees must use network providers for specific OSBs when stated in the Evidence of Coverage (EOC); otherwise, covered services may be received from non-network providers at a higher cost. This information is not a complete description of benefits. For more information contact the plan.

Humana is a Medicare Advantage HMO, PPO, PFFS organization with a Medicare contract. Enrollment in a Humana plan depends on contract renewal. Humana MyOption optional supplemental benefits (OSB) are only available to members of certain Humana Medicare Advantage (MA) plans. Members of Humana plans that offer OSBs may enroll in OSBs throughout the year.



Let MyOption Dental – High PPO help you live life fully

Let's talk

You can get personal service from a Humana agent who is dedicated to meeting your individual needs. Or, to speak to a licensed sales agent, call

1-888-866-3154 (TTY:711)

Sept. 16, 2015 – Feb. 14, 2016

8 a.m. – 8 p.m.,
seven days a week

Feb. 15, 2016 – Sept. 15, 2016

8 a.m. – 8 p.m.,
Monday – Friday

Or go to Humana-Medicare.com

