

Start with the decision to engage with Go365™ by Humana.

Go365 is a program designed to help you make healthier choices. Along the way, as you complete activities, you'll get rewarded.





Learn... About your health. Through our Go365 Health Assessment, a confidential lifestyle questionnaire, you'll gain an understanding of your current health. You'll get a personalized report with steps you can take to boost wellness. And you'll discover your Go365 Age — which tells you if your body is living older or younger than your actual years.



Burn... Calories through activities we suggest. Or get vaccinations and preventive screenings. We'll help you establish goals based on your Go365 Health Assessment results and guide you in completing activities to achieve them.



Earn... Bucks* you can spend at the Go365 Mall. As you complete certain activities, you earn Bucks — Bucks are good for the purchase of movie tickets and gift cards, pedometers and wearable fitness devices, apparel and more. Great gifts for your family, for your friends and, of course, for yourself. After all, you earned them.

You'll receive more information about Go365 after you enroll in a Humana Medicare plan.

Humana is a Medicare Advantage HMO, PPO and PFFS organization with a Medicare contract. Enrollment in any Humana plan depends on contract renewal. This information is not a complete description of benefits. Contact the plan for more information. Limitations, copayments and restrictions may apply. Benefits may change each year.

Discrimination is Against the Law

Humana Inc. and its subsidiaries ("Humana") comply with applicable federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability or sex.

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by **Humana**

*Bucks have no cash value and can only be spent at the Go365 Mall. Bucks must be earned and redeemed within the same plan year.





English: ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Please call our Customer Care number on the back of your Humana member ID card.

Español (Spanish): ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Póngase en contacto con nuestro Departamento de Atención al Cliente llamando al número que aparece al dorso de su tarjeta de identificación de afiliado de Humana.

繁體中文 (Chinese): 注意: 如果您使用繁體中文,請致電 Humana 會員卡背面的電話號碼與客戶服務部聯絡.

