

Work/Life Solutions

RailWorks understands that job satisfaction and higher productivity are best achieved when employees' personal needs are being met, and when their work and personal lives are in balance. That's why your company offers you Work/Life Solutions – to help you meet your unique personal needs and life events.

Call 1-800-448-4358 (TTY: 711)
or visit us at [Humana.com/eap](https://www.humana.com/eap)
Username: railworks
Password: eap

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What is an EAP?

An Employee Assistance Program (EAP) offers short-term counseling to help you and members of your household manage everyday life issues. Consultants are available to assist you with:

- Emotional issues
- Relationship concerns
- Family relationships
- Coping with a serious illness
- Sleeping difficulties
- Loss of a loved one
- Workplace concerns

What is Work-Life?

Work-Life offers extensive assistance, information, and support to help you achieve a better balance between work, life, and family to help make your life easier. You can access information and self-search locators to find resources and providers that can help you with:

- Child care
- Financing college
- Home ownership
- Elder care
- Moving and relocation
- Adoption, pregnancy and infertility
- Pet care
- Recreational activities
- Vacation planning
- Services and education for children with special needs

What is the Legal and Financial Program?

As part of the EAP, you also have access to a free 30-minute consultation with a local attorney or financial counselor on issues such as real estate, retirement planning, divorce and separation, budgeting/debt reconstruction, and trusts and estates. Further legal and tax preparation services are discounted 25 percent.

You can also take advantage of Identity Theft Services including a 60-minute consultation and a free kit to help you restore your identity if you are a victim of identity theft.