

Humana 2021 Health and Wellness Catalog and Order Form

Did you know this benefit allows each household to buy up to \$25 per month worth of Health and Wellness products?

How to order:

Keep this catalog. You will need this to look up the over-the-counter (OTC) items you want to order each month. **Place your order by the 20th of each month.** This gives PrescribeIT Rx enough time to finish your order for that month.

You can order:

- **By mail:** Fill out the Health and Wellness Order Form and mail only the order form pages to:
PrescribeIT Rx
10749 Marks Way
Miramar, FL 33025
- **By fax:** Fill out the Health and Wellness Order Form and fax only the order form pages to:
1-888-778-8384
- **By phone:** Call PrescribeIT Rx at **1-800-526-1490** (TTY: **711**). Customer Care Representatives are available Monday - Friday, 8 a.m. to 6 p.m., Eastern time. ****Please have your order ready when you call****

Call if you need us

If you have questions about your benefits, you can call us at **1-800-477-6931** (TTY: **711**). We're available Monday – Friday, from 8 a.m. – 8p.m. Eastern time. However, please note that our automated phone system may answer your call after hours, during weekends, and holidays. Please leave your name and telephone number, and we'll call you back by the end of the next business day. Visit **Humana.com** for 24 hour access to information like claims history, eligibility, and Humana's drug list. There you can also use the physician finder and get health news and information.

This information is available for free in other languages and formats. Please contact our Customer Service number at 1-800-477-6931. If you use TTY, call 711, Monday – Friday, 8 a.m. to 8 p.m.

Esta información está disponible gratuitamente en otros idiomas y formatos. Comuníquese con nuestro Servicio al Cliente llamando al 1-800-477-6931. Si usa un TTY, marque 711. El horario de atención es de lunes a viernes de 8 a.m. a 8 p.m.

Enfòmasyon sa a disponib gratis nan lòt lang ak fòm. Tanpri kontakte nimewo Sèvis Kliyan nou an nan 1-800-477-6931. Si ou itilize TTY, rele 711, Lendi - Vandredi, 8 a.m. a 8 p.m.

Ces informations sont disponibles gratuitement dans d'autres langues et formats. N'hésitez pas à contacter notre service client au 1-800-477-6931. Si vous utilisez un appareil de télétype (TTY), appelez le 711 du lundi au vendredi, de 8h00 à 20h00.

Queste informazioni sono disponibili gratuitamente in altre lingue e formati. La preghiamo di contattare il servizio clienti al numero 1-800-477-6931. Se utilizza una telescrivente (TTY), chiami il numero 711 dal lunedì al venerdì tra le 8 e le 20:00.

Данную информацию можно получить бесплатно на других языках и в форматах. Для этого обратитесь в отдел обслуживания клиентов по номеру 1-800-477-6931. Если Вы пользователь ТТУ, звоните по номеру 711 с понедельника по пятницу, с 8.00 до 20.00.

Humana Medical Plan is a Managed Care Plan with a Florida Medicaid contract. The benefit information provided is a brief summary, not a complete description of benefits. For more information contact the Managed Care Plan. Limitations, copayments, and restrictions may apply. Benefits, formulary, pharmacy network, premium and/or co-payments/co-insurance may change.

Note: Orders will be shipped to your home via UPS or the Postal Service, and there is no charge to you for shipping. Please allow 10-14 working days from receipt of order. You will receive the generic comparable to brand. PrescribeIT Rx reserves the right to limit the quantities of OTC medications and supplies dispensed. Please consult your physician before taking any over the counter product or nutritional supplement. This product list is subject to change. This program is available only to Humana Medicaid members who have a plan which includes this over-the-counter offering.

Over-the-Counter (OTC) Health and Wellness Product Catalog

Note: You will receive the generic equivalent of all items

Antacid, Anti-Diarrheal and Laxatives

Product code	Product name	Compare to	Package count	Price
032	Antacid/Anti-Gas Liquid	Mylanta®	12 oz.	\$8.00
318	Anti-Diarrheal Caplets- Loperamide 2 mg	Imodium® A-D	24	\$7.00
031	Anti-Hemorrhoidal Ointment	Preparation H®	2 oz.	\$7.00
093	Bisacodyl 5 mg	Dulcolax®	25	\$7.00
203	Calcium Carbonate Antacid- Regular Strength	Tums® Regular Strength	150	\$7.00
349	Children's Gas Relief Drops	Infant's Mylicon®	1 oz.	\$7.00
116	Dairy Digestive Supplement- Lactase Enzyme	Lactaid® Tablets	60	\$10.00
215	Effervescent Antacid & Pain Relief	Alka-Seltzer®	36	\$8.00
323	Esomeprazole 20 mg	Nexium® 24HR	28	\$17.00
320	Extra Strength Gas Relief Soft-Gels	Gas-X® Extra Strength	48	\$8.00
261	Famotidine 20 mg	Pepcid® 20 mg	25	\$8.00
415	Fiber Gummies	Vitafusion™ Fiber Well Gummies	90	\$16.00
208	Fiber Laxative Tablets	FiberCon®	90	\$9.00
216	Hemorrhoidal Suppositories	Preparation H® Suppositories	12	\$7.00
358	Medicated Hemorrhoidal Pads	Tucks® Pads	100	\$8.00
033	Milk of Magnesia- Laxative/Antacid	Phillips® Milk of Magnesia	12 oz.	\$7.00
120	Motion Sickness Tablets- Dimenhydrinate 50 mg	Dramamine®	12	\$6.00
351	Nausea Relief Liquid	Emetrol®	4 oz.	\$7.00
112	Omeprazole 20 mg	Prilosec OTC®	14	\$10.00
115	Pink Bismuth- Chewable Tablets	Pepto-Bismol® Chewable Tablets	30	\$7.00
264	Polyethylene Glycol 3350	MiraLAX®	8.3 oz.	\$10.00
258	Psyllium Fiber Laxative Capsules	Metamucil® Capsules	160	\$11.00
359	Psyllium Fiber Supplement Orange Smooth Texture Powder	Metamucil®	13 oz.	\$10.00
360	Psyllium Fiber Supplement Orange Smooth Texture Powder- Sugar Free	Metamucil® Sugar Free	10 oz.	\$9.00
233	Senna Laxative Tablets	Senokot®	100	\$10.00
101	Stool Softener Capsules	Colace®	100	\$7.00

Bath Safety

Product code	Product name	Compare to	Package count	Price
371	Bath Mat**	Bath Mat	1	\$12.00
372	Raised Toilet Seat- 250 lbs. capacity**	Raised Toilet Seat- 250 lbs. capacity	1	\$25.00
373	Tub and Stair Safety Treads	Tub and Stair Safety Treads	8	\$8.00

Cough, Cold and Allergy

Product code	Product name	Compare to	Package count	Price
113	Cetirizine HCL 10 mg	Zyrtec® 10 mg	30	\$12.00
352	Children's Cold & Cough DM Elixir Liquid	Children's Dimetapp®	4 oz.	\$7.00
495	Claritin® Reditabs	Claritin® Reditabs	30	\$24.00
260	Cough and Cold High Blood Pressure Tablets*	Coricidin® HBP Cough and Cold	16	\$7.00
422	Cough Drops, Black Cherry, Sugar Free	Halls® Cough Drops Sugar Free	25	\$2.00
423	Cough Drops, Honey Lemon	Halls® Cough Drops	30	\$2.00
321	Cough Formula Expectorant	Robitussin®	8 oz.	\$7.00
210	Cough Suppressant/Expectorant* (sugar free)	Robitussin® Sugar Free DM	4 oz.	\$7.00
096	Cough Suppressant/Nasal Decongestant/Expectorant*	Robitussin® CF	4 oz.	\$7.00
237	Daytime Cold and Flu Soft Gels*	DayQuil™	16	\$7.00
111	Expectorant- Guaifenesin 400 mg	Mucus Relief 400 mg	30	\$9.00
291	Eye Itch Relief 0.025% Eye Drops	Zaditor®	0.17 oz.	\$13.00
496	Fexofenadine 180 mg	Allegra®	30	\$15.00
361	Levocetirizine	Xyzal®	35	\$10.00
110	Loratadine 10 mg	Claritin®	30	\$10.00
290	Loratadine Liquid 5 mg/5 ml	Children's Claritin®	4 oz.	\$9.00
043	Medicated Chest Rub	Vicks VapoRub®	100 gm	\$7.00
117	Menthol/Benzocaine Sore Throat Lozenges	Cepacol® Lozenges	18	\$6.00
228	Nasal Decongestant PE Max Strength	Sudafed® PE Tablets	36	\$6.00
095	Nasal Decongestant Spray	Afrin®	1 oz.	\$6.00
362	Nasal Strips- Medium	Breathe Right® Nasal Strips	30	\$12.00
220	Phenol/Oral Anesthetic Sore Throat Spray	Chloraseptic®	6 oz.	\$6.00
325	Saline Nasal Spray	Ocean® Saline Nasal Spray	3 oz.	\$6.00
097	Sinus-Acetaminophen/Phenylephrine HCl	Tylenol® Sinus	24	\$6.00
293	Triamcinolone Allergy Nasal Spray	Nasacort® Allergy 24 hour	0.57 oz.	\$18.00

Diabetes Management

Product code	Product name	Compare to	Package count	Price
265	Compression Stockings 15-20mmHg Regular Beige Size A (Ankle: 7" - 7 7/8"; Calf: 10" - 13")	JOBST® Compression Stockings 15-20mmHg Regular Beige Size A (Ankle: 7" - 7 7/8"; Calf: 10" - 13")	1 pair	\$13.00
266	Compression Stockings 15-20mmHg Regular Beige Size B (Ankle: 8" - 8 7/8"; Calf: 12" - 15")	JOBST® Compression Stockings 15-20mmHg Regular Beige Size B (Ankle: 8" - 8 7/8"; Calf: 12" - 15")	1 pair	\$13.00
267	Compression Stockings 15-20mmHg Regular Beige Size C (Ankle: 9" - 9 7/8"; Calf: 14" - 17")	JOBST® Compression Stockings 15-20mmHg Regular Beige Size C (Ankle: 9" - 9 7/8"; Calf: 14" - 17")	1 pair	\$13.00

268	Compression Stockings 15-20mmHg Regular Beige Size D (Ankle: 10"-10 7/8"; Calf: 16"-19")	JOBST® Compression Stockings 15-20mmHg Regular Beige Size D (Ankle: 10"-10 7/8"; Calf: 16"-19")	1 pair	\$13.00
269	Compression Stockings 15-20mmHg Regular Beige Size E (Ankle: 11"-11 7/8"; Calf: 18"-21")	JOBST® Compression Stockings 15-20mmHg Regular Beige Size E (Ankle: 11"-11 7/8"; Calf: 18"-21")	1 pair	\$13.00
270	Compression Stockings 15-20mmHg Regular Beige Size F (Ankle: 12"-12 7/8"; Calf: 20"-23")	JOBST® Compression Stockings 15-20mmHg Regular Beige Size F (Ankle: 12"-12 7/8"; Calf: 20"-23")	1 pair	\$13.00
271	Compression Stockings 15-20mmHg Regular Beige Size G (Ankle: 13"-13 7/8"; Calf: 22"-26")	JOBST® Compression Stockings 15-20mmHg Regular Beige Size G (Ankle: 13"-13 7/8"; Calf: 22"-26")	1 pair	\$13.00
329	Compression Stockings 15-20mmHg Regular Black Size A (Ankle: 7"- 7 7/8"; Calf: 10"-13")	JOBST® Compression Stockings 15-20mmHg Regular Black Size A (Ankle: 7"- 7 7/8"; Calf: 10"- 13")	1 pair	\$13.00
330	Compression Stockings 15-20mmHg Regular Black Size B (Ankle: 8"- 8 7/8"; Calf: 12"- 15")	JOBST® Compression Stockings 15-20mmHg Regular Black Size B (Ankle: 8"- 8 7/8"; Calf: 12"- 15")	1 pair	\$13.00
331	Compression Stockings 15-20mmHg Regular Black Size C (Ankle: 9"- 9 7/8"; Calf: 14"- 17")	JOBST® Compression Stockings 15-20mmHg Regular Black Size C (Ankle: 9"- 9 7/8"; Calf: 14"- 17")	1 pair	\$13.00
332	Compression Stockings 15-20mmHg Regular Black Size D (Ankle: 10"-10 7/8"; Calf: 16"-19")	JOBST® Compression Stockings 15-20mmHg Regular Black Size D (Ankle: 10"-10 7/8"; Calf: 16"-19")	1 pair	\$13.00
333	Compression Stockings 15-20mmHg Regular Black Size E (Ankle: 11"-11 7/8"; Calf: 18"-21")	JOBST® Compression Stockings 15-20mmHg Regular Black Size E (Ankle: 11"-11 7/8"; Calf: 18"-21")	1 pair	\$13.00
334	Compression Stockings 15-20mmHg Regular Black Size F (Ankle: 12"-12 7/8"; Calf: 20"-23")	JOBST® Compression Stockings 15-20mmHg Regular Black Size F (Ankle: 12"-12 7/8"; Calf: 20"-23")	1 pair	\$13.00
335	Compression Stockings 15-20mmHg Regular Black Size G (Ankle: 13"-13 7/8"; Calf: 22"-26")	JOBST® Compression Stockings 15-20mmHg Regular Black Size G (Ankle: 13"-13 7/8"; Calf: 22"-26")	1 pair	\$13.00
376	Diabetes Circulatory Crew Socks 8-15mmHg Black- S	Diabetes Circulatory Crew Socks 8-15mmHg Black- S	1 pair	\$10.00
375	Diabetes Circulatory Crew Socks 8-15mmHg Black- M	Diabetes Circulatory Crew Socks 8-15mmHg Black- M	1 pair	\$10.00
374	Diabetes Circulatory Crew Socks 8-15mmHg Black- L	Diabetes Circulatory Crew Socks 8-15mmHg Black- L	1 pair	\$10.00
377	Diabetes Circulatory Crew Socks 8-15mmHg Black- XL	Diabetes Circulatory Crew Socks 8-15mmHg Black- XL	1 pair	\$10.00
381	Diabetes Circulatory Crew Socks 8-15mmHg White- S	Diabetes Circulatory Crew Socks 8-15mmHg White- S	1 pair	\$10.00
380	Diabetes Circulatory Crew Socks 8-15mmHg White- M	Diabetes Circulatory Crew Socks 8-15mmHg White- M	1 pair	\$10.00
379	Diabetes Circulatory Crew Socks 8-15mmHg White- L	Diabetes Circulatory Crew Socks 8-15mmHg White- L	1 pair	\$10.00
382	Diabetes Circulatory Crew Socks 8-15mmHg White- XL	Diabetes Circulatory Crew Socks 8-15mmHg White- XL	1 pair	\$10.00
368	Diabetic Foot Care Telescoping Inspection Mirror	Telescoping Mirror	1	\$12.00
272	Diabetic Skin Relief Foot Cream	Gold Bond® Diabetic Skin Relief Foot Cream	3.4 oz.	\$10.00

305	Glucose Tablets (6 pack of 10 tablets)	DEX4® Glucose Tablets	60	\$12.00
274	Sharps Container	BD™ Home Sharps Container	1	\$6.00

First Aid/Medical Supplies

Product code	Product name	Compare to	Package count	Price
035	Alcohol Prep Pads	Curad® Alcohol Swabs	100	\$4.00
226	Elastic Bandage	Ace® Bandage	1	\$5.00
425	Elastic Bandage 6"	Ace Bandage	1	\$9.00
385	First Aid Kit- 175 Pieces	Curad® First Aid Kit- 175 pcs.	1 kit	\$12.00
520	Gauze Sponges 4" x 4"	Gauze Sponges 4" x 4"	50	\$8.00
427	Hand Sanitizer+	Purell®	8 oz.	\$4.00
428	Hot Water Bottle	Hot Water Bottle	1	\$10.00
429	Hydrogen Peroxide	Hydrogen Peroxide	16 oz.	\$2.00
430	Ice Bag	Ice Bag	1	\$6.00
431	Paper Tape 2" x 10 Yards	Curad® Paper Tape	1	\$9.00
432	Petroleum Jelly	Vaseline®	4 oz.	\$4.00
324	Plastic Bandages	Band-Aids®	200	\$9.00
433	Rubbing Alcohol+	Rubbing Alcohol	16 oz.	\$3.00
231	Triple Antibiotic Ointment Plus	Neosporin® + Pain Relief	1 oz.	\$7.00
384	Waterproof Adhesive Bandages	Waterproof Adhesive Bandages	100	\$9.00

Fitness Devices

Product code	Product name	Compare to	Package count	Price
441	Pedometer	Pedometer	1	\$20.00

Home Medical

Product code	Product name	Compare to	Package count	Price
242	Blood Pressure Home Kit (manual pump w/stethoscope)**	Blood Pressure Home Kit (manual pump w/stethoscope)	1	\$17.00
247	Digital Bathroom Scale**	Digital Bathroom Scale	1	\$24.00
447	Foam Ring Cushion	Carex®	1	\$21.00
529	Folding Cane**	Folding Cane	1	\$18.00
451	Lumbar Cushion	Carex®	1	\$25.00
446	Magnifying Glass	Magnifying Glass	1	\$13.00
452	Medical Bracelet- Diabetes	Medical Bracelet	1	\$21.00
453	Medical Bracelet- Heart Patient	Medical Bracelet	1	\$21.00
370	Medication Disposal Powder	DisposeRx™	3	\$9.00
048	Oral Thermometer	B-D® Oral Thermometer	1	\$7.00

455	Peak Flow Meter	Peak Flow Meter	1	\$18.00
456	Pill Bottle Opener	Pill Bottle Opener	1	\$7.00
419	Plug-In LED Night Lights	Plug-In LED Night Lights	2	\$8.00
386	Quad Cane Large Base-300lbs capacity**	Quad Cane Large Base-300lbs capacity	1	\$25.00
387	Quad Cane Small Base-300lbs capacity**	Quad Cane Small Base-300lbs capacity	1	\$25.00

Incontinence

Product code	Product name	Compare to	Package count	Price
256	Absorbent Underpads (Disposable Chux Pads) 23"x36"	Protection Plus® Disposable Underpads 23"x36"	20	\$15.00
253	Adult Incontinence Pull-On Underwear Large	Protection Plus® Classic Protective Underwear Large 40"-56"	18	\$16.00
252	Adult Incontinence Pull-On Underwear Medium	Protection Plus® Classic Protective Underwear Medium 28"-40"	20	\$16.00
251	Adult Incontinence Pull-On Underwear Small	Protection Plus® Classic Protective Underwear Small 20"-28"	22	\$16.00
254	Adult Incontinence Pull-On Underwear X-Large	Protection Plus® Classic Protective Underwear X-Large 56"-68"	14	\$16.00
255	Adult Incontinence Pull-On Underwear XX-Large	Protection Plus® Classic Protective Underwear XX-Large 68"-80"	12	\$16.00
396	Adult Incontinence Tab-Style Disposable Briefs Extra Absorbency- Small	FitRight® Disposable Briefs Extra Absorbency- S	20	\$17.00
395	Adult Incontinence Tab-Style Disposable Briefs Extra Absorbency - Medium	FitRight® Disposable Briefs Extra Absorbency- M	20	\$17.00
394	Adult Incontinence Tab-Style Disposable Briefs Extra Absorbency - Large	FitRight® Disposable Briefs Extra Absorbency- L	20	\$17.00
397	Adult Incontinence Tab-Style Disposable Briefs Extra Absorbency- XL	FitRight® Disposable Briefs Extra Absorbency- XL	20	\$17.00
398	Adult Incontinence Tab-Style Disposable Briefs Extra Absorbency- XXL	FitRight® Disposable Briefs Extra Absorbency- XXL	20	\$17.00
401	Adult Incontinence Tab-Style Disposable Briefs Ultra Absorbency- Small	FitRight® Disposable Briefs Ultra Absorbency- S	20	\$17.00
400	Adult Incontinence Tab-Style Disposable Briefs Ultra Absorbency - Medium	FitRight® Disposable Briefs Ultra Absorbency- M	20	\$17.00
399	Adult Incontinence Tab-Style Disposable Briefs Ultra Absorbency- Large	FitRight® Disposable Briefs Ultra Absorbency- L	20	\$17.00
402	Adult Incontinence Tab-Style Disposable Briefs Ultra Absorbency- XL	FitRight® Disposable Briefs Ultra Absorbency- XL	20	\$17.00
403	Adult Incontinence Tab-Style Disposable Briefs Ultra Absorbency- XXL	FitRight® Disposable Briefs Ultra Absorbency- XXL	20	\$17.00
366	Bladder Control Guards for Men	FitRight® Active Bladder Guards for Men	52	\$14.00
243	Bladder control pads (regular)	Poise® Moderate Pads	20	\$8.00
307	Diaper Rash Ointment	Desitin® Ointment	2 oz.	\$7.00
369	Flushable Cleansing Cloths	Cottonelle®	40	\$5.00

Pain Relievers

Product code	Product name	Compare to	Package count	Price
294	Acetaminophen 325 mg	Tylenol® Regular Strength	100	\$7.00
002	Acetaminophen 500 mg	Tylenol® Extra Strength	100	\$7.00
020	Acetaminophen 80 mg chewable	Tylenol® Children's Chewable	30	\$7.00
016	Aspirin Low Dose 81 mg EC	Bayer® Adult Low Strength EC	120	\$6.00
353	Children's Acetaminophen Liquid	Children's Tylenol®	4 oz.	\$7.00
213	Cold and Hot Patches	Icy Hot® Patch	5	\$8.00
229	Enteric Coated Aspirin 325 mg	Ecotrin®	100	\$7.00
125	Headache Formula- Aspirin/Acetaminophen/Caffeine	Excedrin®	100	\$9.00
019	Ibuprofen 200 mg Tablets	Advil®	50	\$7.00
094	Ibuprofen Suspension (Children's)	Children's Motrin®	4 oz.	\$8.00
354	Infants' Acetaminophen	Infants' Tylenol®	2 oz.	\$9.00
365	Lidocaine Patches	Salonpas® Lidocaine Patches	6	\$10.00
046	Muscle Rub	BenGay®	4 oz.	\$8.00
283	Naproxen Sodium 220 mg	Aleve®	100	\$9.00
344	Roll-on Muscle Relief	Biofreeze®	2.5 oz.	\$12.00
464	Spray-On Muscle Relief†	BioFreeze® Spray	4 oz.	\$13.00
119	Topical Analgesic- Capsaicin Cream 0.025%	Zostrix® Cream	2 oz.	\$8.00

Personal Care

Product code	Product name	Compare to	Package count	Price
390	Battery-Powered Toothbrush**	Battery-Powered Toothbrush	1	\$14.00
389	Battery-Powered Toothbrush Replacement Heads	Battery-Powered Toothbrush Replacement Heads	2	\$10.00
548	Biotene® Spray	Biotene® Spray	1.5 oz.	\$10.00
465	Bunion Guard	Bunion Guard	1	\$9.00
550	Colgate® Toothpaste	Colgate® Toothpaste	4.6 oz.	\$6.00
202	Condom, lubricated	Trojan Lubricated Condoms	12	\$8.00
036	Cotton Swabs	Q-Tips® Cotton Swabs	300	\$6.00
224	Dental Floss, Waxed	Dental Floss, Waxed	100 yards	\$5.00
391	Dental Flossers	Dental Flossers	90	\$6.00
225	Denture Adhesive	Fixodent®	1.5 oz.	\$6.00
392	Denture Brush	GUM® Denture Brush	1	\$6.00
345	Disposable Gloves- Non-Latex	Curad®	100	\$10.00
393	Dry Mouth Oral Rinse	Biotene® Dry Mouth Oral Rinse	16 fl oz.	\$9.00
118	Earwax Removal Drops	Debrox® Earwax Removal Drops	0.5 oz.	\$7.00
319	Effervescent Denture Tabs	Efferdent®	90	\$9.00

Product code	Product name	Compare to	Package count	Price
219	Eye Drops- Redness Reliever	Visine® Original	0.5 oz.	\$6.00
388	Insect Bite Relief	After Bite®	0.5 oz.	\$9.00
327	Insect Repellent	Off® Deep Woods® Insect Repellent	6 oz.	\$9.00
356	Lubricant Eye Drops	Refresh Optive® Lubricant Eye Drops	0.5 oz.	\$14.00
114	Lubricant Eye Drops (Sterile)	Lubricant Eye Drops (Sterile)	0.5 oz.	\$7.00
346	Lubricant Eye Gel	GenTeal®	0.34 oz.	\$12.00
404	Medicated Foot Powder	Gold Bond® Medicated Foot Powder	4 oz.	\$6.00
414	Medicated Lip Treatment Squeeze Tube- 2 Pack	Carmex®	2	\$6.00
473	Moleskin	Moleskin	3 strips	\$6.00
295	Oral Pain Relief- Benzocaine 20%	Orajel™ Maximum	0.5 oz.	\$7.00
405	Preservative Free Lubricant Eye Drops	Refresh Optive®	30	\$15.00
310	Reusable Cold Compress	ACE™ Cold Compress	1	\$7.00
284	Toothbrush	Toothbrush	3	\$7.00
285	Toothpaste	Toothpaste	2	\$8.00
296	Wart Remover Liquid 17%	Compound W® Max Strength	0.31 oz.	\$9.00

Skin Care

Product code	Product name	Compare to	Package count	Price
217	Allergy Cream- Itch and Pain Relief	Benadryl® Extra Strength Cream	1 oz.	\$6.00
037	Calamine Lotion	Calamine	6 oz.	\$6.00
038	Clotrimazole Cream 1%	Lotrimin AF®	0.5 oz.	\$6.00
408	Diabetic Skin Relief	Gold Bond® Ultimate Diabetics' Dry Skin Relief Hydrating Lotion	4.5 oz.	\$10.00
409	Eczema Moisturizing Cream	Aveeno® Active Naturals® Eczema Therapy Moisturizing Cream	5 oz.	\$12.00
322	Hydrocortisone Cream 1%	Cortaid®	2 oz.	\$7.00
241	Medicated Callus Remover	Dr. Scholl's®	6	\$7.00
410	Psoriasis Medicated Ointment	Psoriasis Medicated Ointment	3.8 oz.	\$12.00
411	Soothing Oatmeal Bath Treatment	Aveeno® Soothing Bath Treatment	8	\$10.00
306	Sunblock SPF 30	Coppertone® SPF 30	8 oz.	\$9.00
218	Tolnaftate 1% Antifungal	Tinactin® Cream	1 oz.	\$8.00
308	Vitamin A&D Ointment	A&D® Original Ointment	4 oz.	\$8.00

Smoking Cessation

Product code	Product name	Compare to	Package count	Price
313	Nicotine Transdermal 14 mg Patch ⁺⁺	Nicotine Transdermal Patch	7	\$25.00
314	Nicotine Transdermal 21 mg Patch ⁺⁺	Nicotine Transdermal Patch	7	\$25.00
315	Nicotine Transdermal 7 mg Patch ⁺⁺	Nicotine Transdermal Patch	7	\$25.00
123	Stop Smoking Gum- 2 mg ⁺⁺	Nicorette [®] 2 mg gum	50	\$20.00
124	Stop Smoking Gum- 4 mg ⁺⁺	Nicorette [®] 4 mg gum	50	\$20.00

Supports

Product code	Product name	Compare to	Package count	Price
336	Ankle Support	Futuro [®]	1	\$10.00
363	Arthritis Gloves, Large	Vive Arthritis Gloves	1 pair	\$18.00
364	Arthritis, Medium	Vive Arthritis Gloves	1 pair	\$18.00
337	Back Support Elastic- one size fits most	Futuro [®]	1	\$25.00
442	Carpal Tunnel Night Brace	Futuro [®] Carpal Tunnel Night Brace	1	\$23.00
339	Elbow Support	Futuro [®] Elbow Support	1	\$10.00
357	Knee Support w/Stays XL	Futuro [®] Knee Support w/Stays- XL	1	\$15.00
340	Knee Support w/Stays L	Futuro [®] Knee Support w/Stays- L	1	\$15.00
341	Knee Support w/Stays M	Futuro [®] Knee Support w/Stays- M	1	\$15.00
342	Knee Support w/Stays S	Futuro [®] Knee Support w/Stays- S	1	\$15.00
459	Plantar Fasciitis Relief Sleeve	Plantar Fasciitis Relief Sleeve	1 pair	\$12.00
343	Wrist Support	Futuro [®]	1	\$15.00

Vitamins, Minerals and Supplements

Product code	Product name	Compare to	Package count	Price
297	Antioxidant Tablets	Antioxidant Tablets	60	\$8.00
475	Biotin Gummies	VitaFusion [™]	100	\$12.00
476	Calcium + Vitamin D Gummies	Nature's Way [®] Alive! [®]	60	\$12.00
109	Calcium Citrate + Vitamin D	Citracal [®] Caplets + D	60	\$7.00
248	Chewable Calcium with Vitamin D Plus Minerals	Caltrate [®] 600 + D Plus Minerals Chewable	60	\$9.00
355	Children's Gummy Vitamins	VitaFusion [™]	60	\$8.00
367	Co-Enzyme Q-10 100 mg	Co-Enzyme Q-10 100 mg	30	\$12.00
902	Co-Enzyme Q-10 30 mg	Co-Enzyme Q-10 30 mg	30	\$10.00
063	Complete Senior Vitamins and Minerals	Centrum [®] Silver	60	\$10.00
011	Daily Multivitamin and Mineral	Centrum [®]	130	\$10.00
907	Eye Care Vitamins	Ocuvite [®] Extra	36	\$9.00
298	Ferrous Sulfate 5 gr	Feosol [®] 100	100	\$8.00

477	Flax Seed Oil 1000 mg Softgels	Flax Seed Oil	90	\$10.00
240	Folic Acid 800 mcg	Folic Acid 800 mcg	100	\$7.00
412	Glucosamine Chondroitin Triple Strength	Glucosamine Chondroitin Triple Strength	100	\$25.00
299	Gummy Multivitamin	Multivitamin Gummy	120	\$11.00
300	Gummy Vitamin C 250 mg	Vitamin C 250 mg Gummy	100	\$11.00
301	Gummy Vitamin D 2000 IU	Vitamin D 2000 IU Gummy	120	\$11.00
474	Immune Support Chewable Tablets	Airborne®	32	\$9.00
246	Liquid Iron Formulation 220mg/5ml	Liquid Iron	16 oz.	\$9.00
302	Magnesium Oxide 400 mg	Mag-Ox® 400 mg	120	\$9.00
278	Melatonin 5 mg	Melatonin 5 mg	100	\$8.00
479	Melatonin Gummies, 5 mg	Vitajoy®	120	\$12.00
413	Omega-3 Fish Oil 1000 mg	Omega-3 Fish Oil 1000 mg	90	\$10.00
107	One Daily Women's Multivitamin	One-A-Day Women's®	60	\$8.00
316	One Daily Men's Multivitamin	One-A-Day Men's®	60	\$8.00
317	Organic Sulfur MSM 1000 mg	Organic Sulfur MSM 1000 mg	90	\$9.00
303	Potassium Gluconate 595 mg	Potassium Gluconate 595 mg	100	\$6.00
481	Rena-vite Vitamins	Rena-vite Vitamins	100	\$15.00
909	Timed Release Niacin 500 mg	Timed Release Niacin 500 mg	100	\$9.00
238	Vitamin B-12 1000 mcg	Vitamin B-12 1000 mcg	100	\$8.00
279	Vitamin B-12 5000 mcg Sublingual	Vitamin B-12 5000 mcg Sublingual	30	\$8.00
482	Vitamin B-Complex Gummies	VitaFusion™	70	\$12.00
280	Vitamin B-Complex Sublingual	Vitamin B-Complex Sublingual	60	\$8.00
903	Vitamin B-Complex with B-12	Vitamin B-Complex with B-12	100	\$8.00
010	Vitamin C 500 mg	Vitamin C 500 mg	100	\$7.00
209	Vitamin D 1000 IU	Vitamin D 1000 IU	100	\$8.00
483	Vitamin D 50,000 IU	Vitamin D 50,000 IU	12	\$20.00
239	Vitamin D 5000 IU	Vitamin D 5000 IU	100	\$9.00
012	Vitamin E 400 IU Synthetic	Vitamin E 400 IU Synthetic	100	\$10.00

Women's Health

Product code	Product name	Compare to	Package count	Price
041	Clotrimazole 1% Vaginal Cream	Gyne-Lotrimin® Cream	1.5 oz.	\$9.00
304	Miconazole 3 Combo Pack	Monistat® 3 Combo Pack	3 day supply	\$13.00
326	Urinary Pain Relief	AZO Urinary Pain Relief®	30	\$8.00
484	Urinary Tract Infection Test Strips	AZO Urinary Tract Infection Test Strips®	3	\$14.00

*Sale of products containing Dextromethorphan are prohibited to members under the age of 18. Limit quantity of two per allowance.

**Limit one per plan year. Prior to purchase, the enrollee is strongly encouraged to have a conversation with their personal provider about the appropriateness of this OTC item.

+ Product cannot be shipped to P.O. Boxes, Alaska, Hawaii, or Puerto Rico.

++ Sale of products containing nicotine are prohibited to members under the age of 21.

Discrimination is Against the Law

Humana Inc. and its subsidiaries comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex. Humana Inc. and its subsidiaries do not exclude people or treat them differently because of race, color, national origin, age, disability, or sex. Humana Inc. and its subsidiaries:

- Provide free aids and services to people with disabilities to communicate effectively with us, such as:
 - o Qualified sign language interpreters
 - o Written information in other formats (large print, audio, accessible electronic formats, other formats)
- Provide free language services to people whose primary language is not English, such as:
 - o Qualified interpreters
 - o Information written in other languages

If you need these services, contact Customer Service at 1-800-477-6931 [TTY 711].

If you believe that Humana Inc. or its subsidiaries have failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Discrimination Grievances

P.O. Box 14618
Lexington, KY 40512 – 4618
1-800-477-6931 or if you use a TTY, call 711.

You can file a grievance by mail or phone. If you need help filing a grievance, Customer Service is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue, SW
Room 509F, HHH Building Washington, D.C. 20201
1-800-368-1019, 800-537-7697 (TDD)
Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>.

Multi-Language Interpreter Services

English: ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 1-800-477-6931 (TTY : 711) .

Español (Spanish): ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-477-6931 (TTY : 711).

Kreyòl Ayisyen (French Creole): ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-800-477-6931 (TTY : 711).

Tiếng Việt (Vietnamese): CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-477-6931 (TTY : 711).

Português (Portuguese): ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-800-477-6931 (TTY : 711).

繁體中文 (Chinese): 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-477-6931 (TTY : 711)。

Français (French): ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-477-6931(ATS : 711).

Tagalog (Tagalog – Filipino): PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-477-6931(TTY : 711).

Русский (Russian): ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-477-6931(телетайп: 711).

العربية (Arabic):

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-800-477-6931 (رقم هاتف الصم والبك: 711).

Italiano (Italian): ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-800-477-6931(TTY: 711).

Deutsch (German): ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-477-6931(TTY: 711).

한국어 (Korean): 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-477-6931(TTY: 711) 번으로 전화해 주십시오.

Polski (Polish): UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-800-477-6931(TTY: 711).

ગુજરાતી (Gujarati): સુચના: જો તમે ગુજરાતી બોલતા હો, તો નિ:શુલ્ક ભાષા સહાય સેવાઓ તમારા માટે ઉપલબ્ધ છે. ફોન કરો 1-800-477-6931 (TTY: 711).

ภาษาไทย (Thai): เรียน: ถ้าคุณพูดภาษาไทยคุณสามารถใช้บริการช่วยเหลือทางภาษาได้ฟรี โทร 1-800-477-6931 (TTY: 711).

Diné Bizaad (Navajo): Díí baa akó nínízin: Díí saad bee yánilti'go **Diné Bizaad**, saad bee áká'ánída'áwo'déé', t'áá jiiik'eh, éí ná hóló, koji' hódíílnih 1-800-477-6931(TTY: 711).