

2018

Provider Directory

Directorio de proveedores

Humana MyOptionSM Optional Supplemental Benefits
Maine

Humana MyOptionSM Optional Supplemental Benefits (OSB) Provider Directory

This directory is current as of 12/04/2018.

This directory lists network providers for Humana MyOptionSM optional supplemental benefits (OSB).

The service area for your Humana MyOption OSB is the same as the service area for your Medicare Advantage plan. Please consult your Medicare Advantage plan Evidence of Coverage for a full service area listing.

Some providers may be in-network for your OSB, but are outside the service area for your Medicare Advantage plan. Providers in this directory will be considered in network for your OSB.

The providers are independent contractors. They are not agents or employees of Humana.

For coverage details about your OSB, call Humana's Customer Care team, **for dental and fitness, call 1-800-457-4708 and for vision, call 1-888-289-0595**. If you use a TTY, call **711**. You can call us seven days a week, from 8 a.m. - 8 p.m. However, please note that our automated phone system may answer your call during weekends and holidays from February 15 - September 30. Please leave your name and telephone number, and we'll call you back by the end of the next business day.

This document is available in other formats such as Braille and large print. Contact Customer Care for more information.

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Table of Contents

Section 1 - Introduction	6
What is the service area for Humana MyOption SM OSB?	6
How do you find Humana MyOption SM OSB providers in your area?	6
Section 2 - List of Network Providers	17

Introduction

This directory lists Humana MyOptionSM OSB network providers who may be available to you, depending on which OSB you purchase. OSB availability will also depend upon the Medicare Advantage plan you purchase. This directory also includes basic information on how to get your Humana MyOption OSB covered services. For more information on your OSB, please see your Evidence of Coverage or call Customer Care. Details on how to reach Customer Care appear on page 3.

The network providers listed in this directory have agreed to provide you with your dental, vision, or fitness services. You may go to any of our network providers listed in this directory.

What is the service area for Humana MyOptionSM OSB?

The service area for your Humana MyOption OSB is the same as the service area for your Medicare Advantage plan. Please consult your Medicare Advantage plan Evidence of Coverage for a full service area listing. Some providers may be in-network for your OSB, but are outside the service area for your Medicare Advantage plan. Providers in this directory will be considered in network for your OSB.

How do you find Humana MyOptionSM OSB providers in your area?

Providers are listed in this directory by the type of provider, then by county or parish.

For provider information, you can see the relevant section of this directory or call Customer Care. Details on how to reach Customer Care appear on page 3.

What if you use out-of-network providers?

Please note: Not all optional supplemental benefits have out-of-network coverage. Please see your Evidence of Coverage to determine if out-of-network services are covered.

If you use out-of-network providers, your out-of-pocket costs may be higher or you may have to pay the entire amount. To get details about your OSB, please see your Evidence of Coverage or call Customer Care. Details on how to reach Customer Care appear on page 3.

Ask the out-of-network provider to bill us first for dental or vision covered services. If you've already paid for the covered services, we'll pay you back for our share of the cost.

Accessing Your MyOptionSM Benefits

The following includes basic information about Humana MyOption OSB covered services. The information is about OSBs that may or may not be available to you and depends upon the Medicare Advantage plan you purchase. For more information about your OSB package, please see your Evidence of Coverage or call Customer Care. Details on how to reach Customer Care appear on page 3.

MyOptionSM Platinum Dental

Your MyOption Platinum Dental benefit includes dental benefits. To access your dental benefits, please refer to the dental section of this book or call Customer Care. Details on how to reach Customer Care appear on page 3.

For details about your benefit, see your Evidence of Coverage. If you prefer, call the number on the back of your Humana member ID card.

MyOptionSM Dental Enriched HMO

Your MyOption Dental Enriched HMO benefit includes dental benefits. To access your dental benefits, please refer to the dental section of this book or call Customer Care. Details on how to reach Customer Care appear on 3.

For details about your benefit, see your Evidence of Coverage. If you prefer, call the number on the back of your Humana member ID card.

MyOptionSM Fitness

MyOption Fitness has two main parts:

1. The SilverSneakers® Fitness program
2. Online Resources

See below for information on how to access your benefits.

1. The SilverSneakers® Fitness program

You'll receive a membership at any SilverSneakers Fitness participating location. You have access to more than 11,000 locations across the country.

You can find your nearest fitness location in this directory or at www.silversneakers.com. Search near your home or a vacation spot. If you need details, call the number on the back of your Humana member ID card or call SilverSneakers at 1-888-423-4632 (TTY: 711), Monday - Friday, 8 a.m. - 8 p.m. Eastern Time.

To get started, choose a fitness location and take your Humana or SilverSneakers ID card with you to the fitness center. The fitness center may ask you to sign a form before using their center, but there should be no additional cost to you. However, some centers may offer optional additional services for an additional fee.

2. Online Resources

Your benefit provides access to www.silversneakers.com. On the website, you can use a full range of tools for healthy change.

For details about your benefit, see your Evidence of Coverage or call the number on the back of your Humana member ID card.

Directorio de Proveedores de beneficios suplementarios opcionales (OSB, por sus siglas en inglés) de Humana MyOptionSM

Este directorio es vigente a fecha de 12/04/2018.

Este directorio enumera los proveedores de la red para los beneficios suplementarios opcionales (OSB) de Humana MyOptionSM.

El área de servicio de los OSB de Humana MyOption es la misma área de servicio que la de su plan Medicare Advantage. Consulte la Evidencia de cobertura de su plan Medicare Advantage para ver una lista completa del área de servicio.

Algunos proveedores podrían formar parte de la red de sus OSB, pero estar fuera del área de servicio de su plan Medicare Advantage. Para sus OSB se considerará que los proveedores de este directorio forman parte de la red.

Los proveedores son contratistas independientes. No son agentes ni empleados de Humana.

Para obtener detalles de la cobertura en relación con los OSB, llame al equipo de Atención al Cliente de Humana, **para beneficios dentales y de acondicionamiento físico, llame al 1-800-457-4708 y para beneficios para la vista, llame al 1-888-289-0595**. Si usa un TTY, llame al **711**. Puede llamarnos los siete días de la semana, de 8 a.m. a 8 p.m. No obstante, tenga en cuenta que, del 15 de febrero al 30 de septiembre, nuestro sistema telefónico automatizado podría responder su llamada durante los fines de semana y días festivos. Por favor, deje su nombre y número de teléfono, y le devolveremos la llamada antes del final del siguiente día laborable.

Este documento está disponible en otros formatos como Braille y letra grande. Contacte a Atención al cliente para obtener más información.

ESTA PÁGINA SE HA DEJADO EN BLANCO POR REQUISITOS DE IMPRESIÓN

Índice

Sección 1 - Introducción	11
¿Cuál es el área de servicio de los OSB de Humana MyOption SM ?	11
¿Cómo puede encontrar proveedores de OSB de Humana MyOption SM en su área?	11
Sección 2 - Lista de proveedores de la red.....	17

Introducción

Este directorio enumera los proveedores de la red de OSB de Humana MyOptionSM que podrían estar disponibles para usted, dependiendo de qué OSB compre. La disponibilidad de los OSB también dependerá del plan Medicare Advantage que compre. Este directorio también incluye información básica acerca de cómo obtener los servicios cubiertos de OSB de Humana MyOption. Para obtener más información acerca de sus OSB, consulte su Evidencia de cobertura o llame a Atención al Cliente. Encontrará información detallada acerca de cómo comunicarse con Atención al Cliente en la página 8.

Los proveedores de la red que aparecen en este directorio han aceptado proporcionarle sus servicios dentales, para la vista o de acondicionamiento físico. Usted puede consultar a cualquiera de los proveedores de nuestra red que se indican en este directorio.

¿Cuál es el área de servicio de los OSB de Humana MyOptionSM ?

El área de servicio de los OSB de Humana MyOption es la misma área de servicio que la de su plan Medicare Advantage. Consulte la Evidencia de Cobertura de su plan Medicare Advantage para ver una lista completa del área de servicio. Algunos proveedores podrían formar parte de la red de sus OSB, pero estar fuera del área de servicio de su plan Medicare Advantage. Para sus OSB, se considerará que los proveedores de este directorio forman parte de la red.

¿Cómo puede encontrar proveedores de OSB de Humana MyOptionSM en su área?

En este directorio, los proveedores aparecen ordenados por tipo, y luego por condado o parroquia.

Para obtener información sobre los proveedores, puede consultar la sección pertinente de este directorio o llamar a Atención al Cliente. Encontrará información detallada acerca de cómo comunicarse con Atención al Cliente en la página 8.

¿Qué sucede si utiliza proveedores fuera de la red?

Tenga en cuenta: no todos los beneficios suplementarios opcionales tienen cobertura fuera de la red. Consulte su Evidencia de Cobertura para determinar si los servicios fuera de la red están cubiertos.

Si utiliza proveedores fuera de la red, sus gastos de desembolso personal podrían ser más altos o quizás deba pagar la cantidad completa. Para obtener información detallada acerca de sus OSB, consulte su Evidencia de Cobertura o llame a Atención al Cliente. Encontrará información detallada acerca de cómo comunicarse con Atención al Cliente en la página 8.

Pídale al proveedor fuera de la red que nos envíe la factura primero por servicios dentales o para la vista cubiertos. Si usted ya pagó por los servicios cubiertos, nosotros le reembolsaremos la parte del costo que nos corresponde.

Acceso a sus beneficios MyOptionSM

A continuación, encontrará información básica acerca de los servicios cubiertos de OSB de Humana MyOption. La información es acerca de los OSB que podrían o no estar disponibles para usted y depende del plan Medicare Advantage que compre. Para obtener más información acerca de su paquete de OSB, consulte su Evidencia de Cobertura o llame a Atención al Cliente. Encontrará información detallada acerca de cómo comunicarse con Atención al Cliente en la página 8.

MyOptionSM Platinum Dental

Su beneficio MyOption Platinum Dental incluye beneficios dentales. Para acceder a sus beneficios dentales, consulte la sección correspondiente a servicios dentales en este libro o llame a Atención al cliente. Encontrará información detallada acerca de cómo comunicarse con Atención al cliente en la página 8.

Para obtener información detallada sobre su beneficio, consulte su Evidencia de Cobertura. Si lo prefiere, llame al número que aparece al reverso de su tarjeta de identificación de afiliado de Humana.

MyOptionSM Dental Enriched HMO

Su beneficio MyOption Dental Enriched HMO incluye beneficios dentales. Para acceder a sus beneficios dentales, consulte la sección correspondiente a servicios dentales en este libro o llame a Atención al cliente. Encontrará información detallada acerca de cómo comunicarse con Atención al cliente en la página 8.

Para obtener información detallada sobre su beneficio, consulte su Evidencia de cobertura. Si lo prefiere, llame al número que aparece al reverso de su tarjeta de identificación de afiliado de Humana.

MyOptionSM Fitness

MyOptionSM Fitness tiene dos partes principales:

1. El programa de acondicionamiento físico SilverSneakers[®]
2. Recursos en línea

A continuación, encontrará información acerca de cómo acceder a sus beneficios.

1. El programa de acondicionamiento físico SilverSneakers[®]

Recibirá una membresía a cualquier establecimiento que participe en el programa de acondicionamiento físico SilverSneakers. Usted tiene acceso a más de 11,000 establecimientos en todo el país.

Encontrará el establecimiento de acondicionamiento físico más cercano en este directorio o en www.silversneakers.com. Busque cerca de su casa o de un lugar de vacaciones. Si necesita más información, llame al número que aparece al reverso de su tarjeta de identificación de afiliado de Humana o llame a SilverSneakers al 1-888-423-4632 (TTY: 711), de lunes a viernes de 8 a.m. a 8 p.m., hora del este.

Para comenzar, elija un establecimiento de acondicionamiento físico y lleve con usted su tarjeta de identificación de Humana o SilverSneakers al centro de acondicionamiento físico. El centro de acondicionamiento físico podría pedirle que firme un formulario antes de utilizar el centro, pero no debería haber ningún costo adicional para usted. Sin embargo, algunos centros pueden ofrecer servicios adicionales opcionales a cambio de un cargo adicional.

2. Recursos en línea

Su beneficio le proporciona acceso a www.silversneakers.com. En el sitio web, puede utilizar una gran variedad de herramientas para un cambio saludable.

Para obtener información detallada sobre su beneficio, consulte la Evidencia de cobertura o llame al número que aparece al reverso de su tarjeta de identificación de afiliado de Humana.

Discrimination is Against the Law

Humana Inc. and its subsidiaries comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex. Humana Inc. and its subsidiaries do not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Humana Inc. and its subsidiaries provide:

- Free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.
- Free language services to people whose primary language is not English when those services are necessary to provide meaningful access, such as translated documents or oral interpretation.

If you need these services, call 1-800-281-6918, or if you use a TTY, call 711.

If you believe that **Humana Inc. and its subsidiaries** have failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Discrimination Grievances

P.O. Box 14618
Lexington, KY 40512 - 4618

If you need help filing a grievance, call 1-800-281-6918 or if you use a TTY, call 711.

You can also file a civil rights complaint with the **U.S. Department of Health and Human Services**, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>

La discriminación es contra la ley

Humana, Inc. y sus subsidiarias cumplen con todas las leyes aplicables de derechos civiles federales y no discriminan por motivos de raza, color de la piel, origen nacional, edad, discapacidad o sexo. Humana Inc. y sus subsidiarias no excluyen a nadie, ni los tratan de manera diferente por motivos de raza, color de la piel, origen nacional, edad, discapacidad o sexo.

Humana Inc. y sus subsidiarias proporcionan:

- Ayudas y servicios auxiliares gratuitos, como por ejemplo intérpretes acreditados para hablar por señas, interpretación remota por video e información escrita en otros formatos para personas con discapacidades cuando dichas ayudas y servicios auxiliares sean necesarios para garantizar la igualdad de oportunidades de participación.
- Servicios gratuitos de idiomas para personas cuyo idioma principal no es el inglés, cuando dichos servicios sean necesarios para proporcionar acceso útil, tales como documentos traducidos o interpretación oral.

Si necesita estos servicios, llame al 1-800-281-6918 o bien, si utiliza un TTY, llame al 711.

Si usted cree que **Humana Inc. y sus subsidiarias** han fallado en proveer estos servicios o le han discriminado de otra forma por motivos de raza, color de la piel, origen nacional, edad, discapacidad o sexo, puede presentar una queja formal ante:

Discrimination Grievances
P.O. Box 14618
Lexington, KY 40512 - 4618

Si necesita ayuda para presentar una queja formal, llame al 1-800-281-6918 o bien, si utiliza un TTY, llame al 711.

También puede presentar una queja de derechos civiles con el **Departamento de Salud y Servicios Humanos**, Oficina de Derechos Civiles, por medios electrónicos a través del portal de quejas de la Oficina de Derechos Civiles, en: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, por correo postal o por teléfono al:

U.S. Department of Health and Human Services

200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Los formularios de quejas están disponibles en <http://www.hhs.gov/ocr/office/file/index.html>

Multi-Language Interpreter Services

English: ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 1-800-281-6918 **(TTY: 711)**.

Español (Spanish): ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-281-6918 **(TTY: 711)**.

繁體中文 (Chinese): 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-281-6918 **(TTY: 711)**。

Tiếng Việt (Vietnamese): CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-281-6918 **(TTY: 711)**.

한국어 (Korean): 주의 : 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-281-6918 **(TTY: 711)** 번으로 전화해 주십시오.

Tagalog (Tagalog – Filipino): PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-281-6918 **(TTY: 711)**.

Русский (Russian): ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-281-6918 **(телетайп: 711)**.

Kreyòl Ayisyen (French Creole): ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-800-281-6918 **(TTY: 711)**.

Français (French): ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-281-6918 **(ATS : 711)**.

Polski (Polish): UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-800-281-6918 **(TTY: 711)**.

Português (Portuguese): ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-800-281-6918 **(TTY: 711)**.

Italiano (Italian): ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-800-281-6918 **(TTY: 711)**.

Deutsch (German): ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-281-6918 **(TTY: 711)**.

日本語 (Japanese): 注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-800-281-6918 **(TTY : 711)** まで、お電話にてご連絡ください。

فارسی (Farsi):

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 1-800-281-6918 **(TTY: 711)** تماس بگیرید.

Diné Bizaad (Navajo): Díí baa akó nínízin: Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jiik'eh, éí ná hóló, koji' hódíłnih 1-800-281-6918 **(TTY: 711)**.

العربية (Arabic):

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-800-281-6918 **(رقم هاتف الصم والبكم: 711)**.

List of Network Providers

MyOption Dental Providers	(114 providers)	1
MyOption Fitness Well-being	(40 providers)	11
Index.		13

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MyOption Dental Providers

This listing of MyOption Dental providers is only to help you find a provider for dental services such as routine exams, X-rays, cleanings, and more. For more information about your benefit, see your Evidence of Coverage.

MAINE

ANDROSCOGGIN COUNTY

Dentist - General Practice

Advanced Dentistry of Maine

480 Main St
Lewiston, ME 04240
(207) 784-5769

Hwang, Jin DMD

Kim, Mijung DMD

AR Dental LLC

791 Turner St
Auburn, ME 04210
(207) 777-1010

Bukala, David DMD

Term Date: 11/30/2018

HASSAN, WAEL DDS

KIM, SKYE DDS

Reddy, Amrita DMD

Shazib, Muhammad Ali DMD

Tsao, Michelle DMD

Vlassopoulos, Constantine DDS

Zhao, Lei DMD

Aspen Dental Associates Of Western PA PC

60 High St
Fl 1
Lewiston, ME 04240
(207) 795-8260

Kumar, Nishir DDS

Aspen Dental of Maine PC

791 Turner St
Auburn, ME 04210
(207) 777-1010

Edwards, Florence DDS

Shazib, Muhammad Ali DMD
STANILOV, GENKO S DMD

Barbarick and Barbarick DMD

480 Main St
Lewiston, ME 04240
(207) 784-5769

BARBARICK, HELEN K DMD

BARBARICK, SUMNER C DMD

BURNS, EMILY A DDS

177 Main St
Lewiston, ME 04240
(207) 777-7442

Central Maine Dental LLC

488 Sabattus St
Lewiston, ME 04240
(207) 783-8800

Shahinian, James A DMD

Community Dental

177 Main St
Lewiston, ME 04240
(207) 777-7442

Barton, Jennifer L DMD

Cook, Alicia D DMD

Escoe, Byron DDS

Frost, Gregory D DMD

Gallant, Lauren A DMD

Kibbey, Megan M DMD

Lamothe, Frank C DDS

Mistry, Amar H DDS

Mohamed, Shirwac DDS

Paret, Katherine A DMD

Peacock Villada, Alexandra Y DMD

Rouhi Nozadi, Ali DDS

Sloan, Jeffrey A DDS

Smith, Darren R DMD

STANILOV, GENKO S DMD

Stiteler, Monica R DMD
Walawender, Jeffrey R DDS

Gentle Family Dentistry

22 Strawberry Ave
Lewiston, ME 04240
(207) 782-0670

Hwang, Jin DMD

Shim, Dennis DMD

4 Bisbee St

Lisbon, ME 04250
(207) 353-8676

Escoe, Byron DDS

FIGUEIREDO, DANIEL DMD

Hwang, Jin DMD

La, Naomi DMD

Lisbon Family Dental Care

568 Lisbon St
Stop 1
Lisbon Falls, ME 04252
(207) 407-4301

Pulkka, Jenna T DMD

Dentistry - Endodontics

AR Dental LLC

791 Turner St
Auburn, ME 04210
(207) 777-1010
FACKRELL, DANIEL C DMD
Sprague, Gregory H DDS

Dentistry - Public Health

AR Dental LLC

791 Turner St
Auburn, ME 04210
(207) 777-1010
Thakker, Pankaj DMD

Aspen Dental of Maine PC

791 Turner St
Auburn, ME 04210
(207) 777-1010

Thakker, Pankaj DMD

AROOSTOOK COUNTY

Dentist - General Practice

Fish River Rural Health

10 Carter St
Eagle Lake, ME 04739
(207) 444-5973

Reeves, Rebecca L DMD

12 Bolduc Ave
Fort Kent, ME 04743
(207) 834-3012

Daigle, Lucien J B DMD

12 Bolduc Ave
Ste 201
Fort Kent, ME 04743
(207) 834-3012

Daigle, Lucien J B DMD

12 Bolduc Ave
Ste 201
Fort Kent, ME 47431
(207) 834-3012
Daigle, Lucien J B DMD

Fish River Rural Health Eagle Lake Health Center

12 Bolduc Ave
Fort Kent, ME 04743
(207) 834-3012
Daigle, Lucien J B DMD

Humana Medicare Advantage Plans are not providers of medical services. Humana Medicare Advantage Plans do not endorse, control, or interfere with the clinical judgment or treatment recommendations made by the physicians or other providers listed in this directory or otherwise selected by you.

MyOption Dental Providers

MYOPTION DENTAL PROVIDERS

12 Bolduc Ave
Ste 201
Fort Kent, ME 04743
(207) 834-3012
Daigle, Lucien J B DMD

J ANDERSON DMD PA
46 High St
Houlton, ME 47301
(207) 532-3336
Anderson, Thomas DMD

Katahdin Valley Health Center
33 Walker St
Ashland, ME 04732
(207) 528-2285
BOAK, ANDRA DMD
ENGROFF, RICHARD L DMD
JONES, ALAN DDS

59 Bangor St
Ste 1
Houlton, ME 04730
(207) 528-2285
BOAK, ANDRA DMD
ENGROFF, RICHARD L DMD
JONES, ALAN DDS

Katahdin Valley Health Center
33 Walker St
Ashland, ME 04732
(207) 528-2285
BOAK, ANDRA DMD
ENGROFF, RICHARD L DMD
JONES, ALAN DDS

59 Bangor St
Ste 1
Houlton, ME 04730
(207) 528-2285
BOAK, ANDRA DMD
ENGROFF, RICHARD L DMD
JONES, ALAN DDS

Peter A Stanley DDS
47 Court St
Houlton, ME 04730
(207) 532-2578
Stanley, Peter A DDS

Raymond Richard DMD Group
139 MARKET ST
STE 107
Fort Kent, ME 04743
(207) 834-3907
Raymond, Richard DMD

Stanley, Peter A DDS
47 Court St
Houlton, ME 47302
(207) 532-2578

Dentistry - Oral & Maxillofacial

Northern Maine Oral and Facial Surgery PA
181 Academy St
Ste 1
Presque Isle, ME 04769
(207) 764-6337
Ford, Henry C DMD

CUMBERLAND COUNTY

Dentist - General Practice

Albanese, Nicola A DMD
130 Main St
Gorham, ME 04038
(207) 839-4775

BURNS, EMILY A DDS
190 Park Ave
Portland, ME 04102
(207) 874-1028

366 US Route 1
Falmouth, ME 04105
(207) 874-1025

Community Dental
190 Park Ave
Portland, ME 04102
(207) 874-1028
Barton, Jennifer L DMD
Cook, Alicia D DMD
Escoe, Byron DDS
Frost, Gregory D DMD
Gallant, Lauren A DMD
Kibbey, Megan M DMD
Lamothe, Frank C DDS
Mistry, Amar H DDS
Mohamed, Shirwac DDS
Paret, Katherine A DMD
Peacock Villada, Alexandra Y DMD
Rouhi Nozadi, Ali DDS
Sloan, Jeffrey A DDS
Smith, Darren R DMD
STANILOV, GENKO S DMD
Stiteler, Monica R DMD
Walawender, Jeffrey R DDS

366 65 Route 1
Falmouth, ME 04105
(207) 874-1025
Rouhi Nozadi, Ali DDS

366 US Route 1
Falmouth, ME 04105
(207) 874-1025
Barton, Jennifer L DMD
Cook, Alicia D DMD
Escoe, Byron DDS
Gallant, Lauren A DMD
Lamothe, Frank C DDS
Mistry, Amar H DDS
Mohamed, Shirwac DDS
Smith, Darren R DMD
STANILOV, GENKO S DMD

Stiteler, Monica R DMD
Walawender, Jeffrey R DDS

Cumberland Dental Arts
326 Main St
Cumberland, ME 04021
(207) 829-5937
Davis, Ronald C DDS

DUNSTAN DENTAL CENTER LLC
618 US Route 1
Ste 4
Scarborough, ME 04074
(207) 883-3229
Delli Colli, Douglas DMD
Kouzounas, Demitroula DMD
Penna, Nichol I DMD

Forest Falls PA
10 Forest Falls Dr Stop 9
Yarmouth, ME 04096
(207) 846-3966
Smith, Georgia DDS

Gentle Dental PC
85 Western Ave
South Portland, ME 04106
(207) 408-0479
Cho, Sungwhan Ryan DMD
Hur, Byung Moo DMD
Hwang, Jin DMD
Kim, Jae M DMD
Kim, Mijung DMD
La, Naomi DMD
Lee, Yaerin DDS
Park, Taejoon DDS
Seon, Yoon J DDS
Shim, Dennis DMD

85 Western Ave
Ste 3
South Portland, ME 04106
(207) 408-0479
Cho, Sungwhan Ryan DMD
Hwang, Jin DMD

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MyOption Dental Providers

Kim, Mijung DMD

85 Western Ave
Ste 8
South Portland, ME 41062
(207) 408-0479

Hur, Byung Moo DMD

Gentle Family Dentistry
4 Scott Dyer Rd
Cape Elizabeth, ME 04107
(207) 799-1414

Hur, Byung Moo DMD

Hwang, Jin DMD

La, Naomi DMD

Lee, Yaerin DDS

Park, Taejoon DDS

Shim, Dennis DMD

Griffiee Dental PC

171 Maine Mall Rd
South Portland, ME 04106
(207) 775-1551

Flaherty, Nicholas DMD

GRIFFEE, JUSTIN P DMD

SALAMON, RYAN D DMD

Tsao, Michelle DMD

Irina Babayan DDS PA

251 US Route 1
Falmouth, ME 04105
(207) 781-4216

Babayan, Irina DDS

Jae M Kim DMD

85 Western Ave
South Portland, ME 04106
(207) 408-0479

Kim, Jae M DMD

Juno Dental LLC

1036 Brighton Ave
Ste A

Portland, ME 04102

(207) 773-2150

BANDA, PRAVEEN R DDS

Barker, Gary DMD

BOLLINGER, NICOLE W DMD

BURNS, EMILY A DDS

CUDDY, KAYLA M DDS

Dominguez, Cristina DMD

Fishburn, Laura W DMD

Flaherty, Nicholas DMD

GRIFFEE, JUSTIN P DMD

Oakes, Nathan T DMD

SALAMON, RYAN D DMD

Toussaint, Chelsea A DMD

Tsao, Michelle DMD

UVIASAH, RHOBOR J DMD

Oakes LLC

171 Maine Mall Rd
South Portland, ME 04106
(207) 775-1551

Akinsanya, Olugbenga DDS

Arbuckle, Richard William DDS

Barker, Gary DMD

Bhatt, Sapan DMD

BOLLINGER, NICOLE W DMD

BURNS, EMILY A DDS

FIGUEIREDO, DANIEL DMD

Fishburn, Laura W DMD

Flaherty, Nicholas DMD

GRIFFEE, JUSTIN P DMD

JORDAN, JEFFREY DDS

Mann, Alexandra Cinthia DDS

MURRELL, STEPHEN P DDS

Oakes, Nathan T DMD

Richardson, Kristian

Danielle DDS

SALAMON, RYAN D DMD

San Juan, Fernando DMD

Steed, Maria Buzzell DMD

Sutera, Charles DMD

Toussaint, Chelsea A DMD

UVIASAH, RHOBOR J DMD

PORTLAND FAMILY DENTAL

1006 Forest Ave
Portland, ME 04103

(207) 797-3585

Sundberg, Michael K DDS

1006 Forest Ave

Multnomah

Portland, ME 04103

(207) 797-3585

Sundberg, Michael K DDS

Rossevelt Dental PA

840 Roosevelt Trl

Windham, ME 04062

(207) 894-5580

Badlani, Rohini S DMD

Kim, Eugene H DDS

Saba, Vicki A DMD

Smith, Georgia W DDS

Wenzel, Bradford DMD

Windham Dental Group PC

731 Roosevelt Trl

Windham, ME 04062

(207) 892-8548

Chernykhivska, Katerina

DMD

Shahinian, James A DMD

Dentistry - Endodontics

Juno Dental LLC

1036 Brighton Ave

Ste A

Portland, ME 04102

(207) 773-2150

FACKRELL, DANIEL C DMD

Sprague, Gregory H DDS

Oakes LLC

171 Maine Mall Rd

South Portland, ME 04106

(207) 775-1551

BEAUDRY, ROBERT J DDS

FACKRELL, DANIEL C DMD

Leavell, Ashley DMD

Sprague, Gregory H DDS

Dentistry - Oral & Maxillofacial

Juno Dental LLC

1036 Brighton Ave

Ste A

Portland, ME 04102

(207) 773-2150

Thakker, Pankaj DMD

Oakes LLC

171 Maine Mall Rd

South Portland, ME 04106

(207) 775-1551

Thakker, Pankaj DMD

FRANKLIN COUNTY

Dentist - General Practice

BURNS, EMILY A DDS

111 Franklin Health Cmns

Farmington, ME 04938

(207) 779-2659

Community Dental

111 Franklin Health Cmns

Farmington, ME 04938

(207) 778-4922

Gallant, Lauren A DMD

131 Franklin Health Cmns

Farmington, ME 04938

(207) 778-4922

Frost, Gregory D DMD

(207) 779-2659

Peacock Villada, Alexandra

Y DMD

Smith, Darren R DMD

Stiteler, Monica R DMD

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MyOption Dental Providers

131 Franklin Health Cmns
Ste 1
Farmington, ME 04938
(207) 779-2659
Barton, Jennifer L DMD
Cook, Alicia D DMD
Escoe, Byron DDS
Kibbey, Megan M DMD
Lamothe, Frank C DDS
Mistry, Amar H DDS
Mohamed, Shirwac DDS
Paret, Katherine A DMD
Rouhi Nozadi, Ali DDS
Sloan, Jeffrey A DDS
STANILOV, GENKO S DMD
Walawender, Jeffrey R DDS

Farmington Dental
145 Main St
Ste 1
Farmington, ME 04938
(207) 778-2727
Patel, Sonali DDS

Sonali Patel
145 Main St
Ste 1
Farmington, ME 04938
(207) 778-2727
Patel, Sonali DDS

HANCOCK COUNTY

Dentist - General Practice

Bucksport Reg Health Center
110 Broadway
Bucksport, ME 04416
(207) 469-7371
Sigwart, Natalie C DDS

(207) 902-1658
Gualtieri, Paul J DDS

Bucksport Regional Health Center
110 Broadway
Bucksport, ME 04416
(207) 469-7371
Sigwart, Natalie C DDS

(207) 902-1658
Gualtieri, Paul J DDS

Castleberry, Travis DMD
175 Water St
Ellsworth, ME 04605
(207) 667-5744

HOROWITZ, MARC L DDS
31 Commerce Park
Ellsworth, ME 04605
(207) 667-2770

Maine Coast Healthcare Corp
52 Christian Ridge Rd
Ellsworth, ME 04605
(207) 667-0293
ANSARI, AATIF DDS

(207) 985-2800
ANSARI, AATIF DDS
Whiteley, Layne R DDS

MDI Hospital Women Health Care
4 Community Ln
Southwest Harbor, ME 04679
(207) 244-2888
ANSARI, AATIF DDS

Mount Desert Island Hospital
4 Community Ln
Southwest Harbor, ME 04679
(207) 244-2888
ANSARI, AATIF DDS
Whiteley, Layne R DDS

4 Community Ln
Southwest Harbor, ME 04679
(207) 244-2888
ANSARI, AATIF DDS

KENNEBEC COUNTY

Dentist - General Practice

American Dental Associates PLLC
185 Main St
Waterville, ME 04901
(207) 872-6815
Akinsanya, Olugbenga DDS
Dmytruk, Vyacheslav DMD
UVIASAH, RHOBOR J DMD

Aspen Dental Associates Of Hudson Valley PLLC
160 Elm Plz
Waterville, ME 04901
(207) 873-6182
Akinsanya, Olugbenga DDS
Choung, Jae Eun DDS
Patten, Tracey DDS
Sharma, Meera DMD

Aspen Dental of Maine PC
102 Western Ave
Augusta, ME 04330
(207) 621-6700
Akinsanya, Olugbenga DDS
ANSARI, AATIF DDS
Arbuckle, Richard William DDS
Auguste, Alain DDS
BANDA, PRAVEEN R DDS
Cividanes, Nicole DMD
CUDDY, KAYLA M DDS
Doe, Michael DMD
Edwards, Florence DDS
Elwell, John DMD
HAMATI, ISAM DDS

Judge, Arwinder DDS
Mann, Alexandra Cinthia DDS
Nelson, Emily Charves DMD
Patel, Khushbu DMD
Richardson, Kristian Danielle DDS
Shazib, Muhammad Ali DMD
Steed, Maria Buzzell DMD
Sutera, Charles DMD
Yoo, Michael H DMD
Zhao, Lei DMD

160 Elm Plz
Waterville, ME 04901
(207) 873-0110
Barker, Gary DMD
Bhatt, Sapan DMD
CUDDY, KAYLA M DDS
Elwell, John DMD
Judge, Arwinder DDS
Malla Joshi, Roli DMD
Oswal, Ankur DMD
Zhao, Lei DMD

(207) 873-6182
ANSARI, AATIF DDS
Auguste, Alain DDS
BOLLINGER, NICOLE W DMD
Cividanes, Nicole DMD
Edwards, Florence DDS
Mann, Alexandra Cinthia DDS
MURRELL, STEPHEN P DDS
Nelson, Emily Charves DMD
Patel, Khushbu DMD
Richardson, Kristian Danielle DDS
Shazib, Muhammad Ali DMD
Steed, Maria Buzzell DMD
Sutera, Charles DMD

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MyOption Dental Providers

18 Elm Plz
Waterville, ME 04901
(207) 873-6182
Akinsanya, Olugbenga DDS
Auguste, Alain DDS
Cividanes, Nicole DMD
Cook, Tammy DMD
Edwards, Florence DDS
Patel, Khushbu DMD

Kennebec Valley Dental Center
269 Water St
Augusta, ME 04330
(207) 623-3400
Arbuckle, Richard William DDS
Cunningham, Raymond S DDS
Karagiorgos, Antonis DMD

SB Dental PLLC
160 Elm Plz
Waterville, ME 04901
(207) 873-0110
Barker, Gary DMD
Bhatt, Sapan DMD
Elwell, John DMD
Malla Joshi, Roli DMD
Zhao, Lei DMD

Dentistry - Endodontics

Aspen Dental Associates Of Hudson Valley PLLC
160 Elm Plz
Waterville, ME 04901
(207) 873-6182
Sozanski, Stephen DMD

Aspen Dental of Maine PC
102 Western Ave
Augusta, ME 04330
(207) 621-6700
BEAUDRY, ROBERT J DDS

Sprague, Gregory H DDS

160 Elm Plz
Waterville, ME 04901
(207) 873-0110
Sprague, Gregory H DDS

Dentistry - Oral & Maxillofacial

Aspen Dental of Maine PC
102 Western Ave
Augusta, ME 04330
(207) 621-6700
Thakker, Pankaj DMD

160 Elm Plz
Waterville, ME 04901
(207) 873-0110
Thakker, Pankaj DMD

SB Dental PLLC
160 Elm Plz
Waterville, ME 04901
(207) 873-0110
Thakker, Pankaj DMD

Dentistry - Public Health

Aspen Dental of Maine PC
18 Elm Plz
Waterville, ME 04901
(207) 873-6182
Thakker, Pankaj DMD

Manchester Dental Associates PLLC
6 Rockwood Dr
Manchester, ME 04351
(207) 213-6828
Thakker, Pankaj DMD

KNOX COUNTY

Dentist - General Practice

AR Dental LLC
17 Thomaston Commons Way
Thomaston, ME 04861
(207) 593-1379
THOMAS, GRACE DDS

Aspen Dental of Maine PC
17 Thomaston Commons Way
Thomaston, ME 04861
(207) 593-1379
Barker, Gary DMD
CUDDY, KAYLA M DDS
Elwell, John DMD
HAMATI, ISAM DDS
Judge, Arwinder DDS
Malla Joshi, Roli DMD
Reddy, Amrita DMD
THOMAS, GRACE DDS
Toussaint, Chelsea A DMD
Yoo, Michael H DMD

ISLAND COMMUNITY MEDICAL SERVICES

15 Medical Center Loop
Vinalhaven, ME 04863
(207) 863-2533
Medina, Arthur N DDS

(207) 863-4341
Levandowski, Peter J DMD
Medina, Arthur N DDS

Dentistry - Endodontics

Aspen Dental of Maine PC
17 Thomaston Commons Way
Thomaston, ME 04861
(207) 593-1379
Sprague, Gregory H DDS

OXFORD COUNTY

Dentist - General Practice

BURNS, EMILY A DDS
60 Lowell St
Rumford, ME 04276
(207) 369-3600

Community Dental
60 Lowell St
Rumford, ME 04276
(207) 369-3600

Barton, Jennifer L DMD
Escoe, Byron DDS
Frost, Gregory D DMD
Gallant, Lauren A DMD
Kibbey, Megan M DMD
Lamothe, Frank C DDS
Mistry, Amar H DDS
Paret, Katherine A DMD
Rouhi Nozadi, Ali DDS
Sloan, Jeffrey A DDS
Smith, Darren R DMD
STANILOV, GENKO S DMD
Stiteler, Monica R DMD

Sacopee Valley Health Center
70 Main St
Porter, ME 04068
(207) 625-8126
Adeloye, Israel O DMD

PENOBSCOT COUNTY

Dentist - General Practice

Frank J Evans DO PC
1048 Union St
Bangor, ME 04401
(207) 404-8200
Ford, Christopher H DMD
Harden, Luke A DDS

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MyOption Dental Providers

Sapere, Frank L DDS
Sweeney, Mercedes S DDS

(207) 945-5247
Al Adham, Ziad K DDS
Alexcovich, Amy N DDS
Alqasemi, Hiba R DDS
Bah, Isatu DDS
Bell, Terri L DDS
Byers, Debra A DMD
Hwang, Victor R DMD
Janda, Matthew M DDS
Jolley, Brandon R DDS
Pouzol, Stephanie L DMD

242 Brunswick St
Old Town, ME 04468
(207) 827-6128
Miller, David T DMD

(207) 945-5247
Alexcovich, Amy N DDS

Husson Capehart Health Clinic
1048 Union St
Bangor, ME 04401
(207) 404-8200
Ford, Christopher H DMD
Harden, Luke A DDS
Sapere, Frank L DDS
Sweeney, Mercedes S DDS

(207) 945-5247
Al Adham, Ziad K DDS
Alexcovich, Amy N DDS
Alqasemi, Hiba R DDS
Bah, Isatu DDS
Bell, Terri L DDS
Byers, Debra A DMD
Hwang, Victor R DMD
Janda, Matthew M DDS
Jolley, Brandon R DDS
Pouzol, Stephanie L DMD

242 Brunswick St
Old Town, ME 04468
(207) 827-6128
Eisenbarth, Bart DDS
Miller, David T DMD

(207) 945-5247
Alexcovich, Amy N DDS

Katahdin Valley Health Center
30 Houlton St
Patten, ME 04765
(207) 528-2285
ABDUL KORAH, MORGAN DMD
BOAK, ANDRA DMD
ENGROFF, RICHARD L DMD
JONES, ALAN DDS

50 Summer St
Millinocket, ME 04462
(207) 528-2285
BOAK, ANDRA DMD
ENGROFF, RICHARD L DMD
JONES, ALAN DDS

Katahdin Valley Health Center
30 Houlton St
Patten, ME 04765
(207) 528-2285
BOAK, ANDRA DMD
ENGROFF, RICHARD L DMD

50 Summer St
Millinocket, ME 04462
(207) 528-2285
BOAK, ANDRA DMD
ENGROFF, RICHARD L DMD
JONES, ALAN DDS

Penobscot Community Health Care
1048 Union St
Bangor, ME 04401
(207) 404-8200
Ford, Christopher H DMD
Harden, Luke A DDS
Sapere, Frank L DDS
Sweeney, Mercedes S DDS

(207) 945-5247
Al Adham, Ziad K DDS
Alexcovich, Amy N DDS
Alqasemi, Hiba R DDS
Bah, Isatu DDS
Bell, Terri L DDS
Byers, Debra A DMD
Hwang, Victor R DMD
Janda, Matthew M DDS
Jolley, Brandon R DDS
Pouzol, Stephanie L DMD

242 Brunswick St
Old Town, ME 04468
(207) 827-6128
Miller, David T DMD

(207) 945-5247
Alexcovich, Amy N DDS

Penobscot Community Health Center
100 Moosehead Blvd
Bangor, ME 04401
(207) 941-6240
Bell, Terri L DDS
Cabral, Michael DMD
Higgins Jr, Philip W DMD
Holden, Ernest DMD
Sigwart, Natalie C DDS

(207) 945-5247
Alexcovich, Amy N DDS
Eisenbarth, Bart DDS

103 Maine Ave
Bangor, ME 04401
(207) 945-5247
Higgins Jr, Philip W DMD
Hwang, Victor R DMD

1048 Union St
Bangor, ME 04401
(207) 404-8200
Ford, Christopher H DMD
Harden, Luke A DDS
Sapere, Frank L DDS
Sweeney, Mercedes S DDS

(207) 945-5247
Aggarwal, Sapna DMD
Al Adham, Ziad K DDS
Alexcovich, Amy N DDS
Alqasemi, Hiba R DDS
Bah, Isatu DDS
Bell, Terri L DDS
Byers, Debra A DMD
CLAASSEN, PHILLIP DMD
Eisenbarth, Bart DDS
Higgins Jr, Philip W DMD
Holden, Ernest DMD
Hwang, Victor R DMD
Janda, Matthew M DDS
Jolley, Brandon R DDS
Pouzol, Stephanie L DMD
Sapere, Frank L DDS
Sigwart, Natalie C DDS
Sweeney, Mercedes S DDS

(727) 945-5247
Cabral, Michael DMD

242 Brunswick St
Old Town, ME 04468
(207) 827-6128
Bell, Terri L DDS
Byers, Debra A DMD
Cabral, Michael DMD
Higgins Jr, Philip W DMD
Holden, Ernest DMD

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MyOption Dental Providers

Miller, David T DMD
Sigwart, Natalie C DDS

(207) 945-5247
Alexcovich, Amy N DDS

79 Parkway S
Brewer, ME 04412
(207) 945-5247
Eisenbarth, Bart DDS

(207) 992-2456
Alexcovich, Amy N DDS
Bell, Terri L DDS
Cabral, Michael DMD
Higgins Jr, Philip W DMD
Holden, Ernest DMD
Sigwart, Natalie C DDS

92 Pendleton St
Brewer, ME 04412
(207) 945-5247
Alexcovich, Amy N DDS
Bell, Terri L DDS
Cabral, Michael DMD
Eisenbarth, Bart DDS
Higgins Jr, Philip W DMD
Holden, Ernest DMD
Sigwart, Natalie C DDS

Seaport Community Health Center
1048 Union St
Bangor, ME 04401
(207) 404-8200
Ford, Christopher H DMD
Harden, Luke A DDS
Sapere, Frank L DDS
Sweeney, Mercedes S DDS

(207) 945-5247
Al Adham, Ziad K DDS
Alexcovich, Amy N DDS
Alqasemi, Hiba R DDS
Bah, Isatu DDS
Bell, Terri L DDS

Byers, Debra A DMD
Hwang, Victor R DMD
Janda, Matthew M DDS
Jolley, Brandon R DDS
Pouzol, Stephanie L DMD

242 Brunswick St
Old Town, ME 04468
(207) 827-6128
Miller, David T DMD

(207) 945-5247
Alexcovich, Amy N DDS

Skye Dental PLLC
552 Stillwater Ave
Bangor, ME 04401
(207) 973-1900
ANSARI, AATIF DDS
KIM, SKYE DDS
Malla Joshi, Roli DMD

728 Stillwater Ave
Bangor, ME 04401
(207) 973-1900
ANSARI, AATIF DDS
Auguste, Alain DDS
KIM, SKYE DDS
Malla Joshi, Roli DMD
UVIASAH, RHOBOR J DMD

Victor G Andrews
23 Main Street Hl
Dexter, ME 04930
(207) 924-7061
Andrews, Victor G DDS

Dentistry - Endodontics

Skye Dental PLLC
552 Stillwater Ave
Bangor, ME 04401
(207) 973-1900
Sprague, Gregory H DDS

Dentistry - Oral & Maxillofacial

Penobscot Community Health Center
100 Moosehead Blvd
Bangor, ME 04401
(207) 941-6240
Fister, Sandra S DMD

1048 Union St
Bangor, ME 04401
(207) 945-5247
Fister, Sandra S DMD

242 Brunswick St
Old Town, ME 04468
(207) 945-5247
Fister, Sandra S DMD

79 Parkway S
Brewer, ME 04412
(207) 992-2456
Fister, Sandra S DMD

92 Pendleton St
Brewer, ME 04412
(207) 945-5247
Fister, Sandra S DMD

PISCATAQUIS COUNTY

Dentist - General Practice

Katahdin Valley Health Center
180 Main Rd
Brownville, ME 04414
(207) 528-2285
BOAK, ANDRA DMD
ENGROFF, RICHARD L DMD
JONES, ALAN DDS

Katahdin Valley Health Center

180 Main Rd
Brownville, ME 04414
(207) 528-2285

BOAK, ANDRA DMD
ENGROFF, RICHARD L DMD
JONES, ALAN DDS

SAGadahoc County

Dentist - General Practice

Andros Coggins Dental Care PLLC
7 Main St
Topsham, ME 04086
(207) 729-3911
Smith, Georgia W DDS

AR Dental LLC
11 Winners Cir
Topsham, ME 04086
(207) 725-1755
Barker, Gary DMD
Bukala, David DMD
Edwards, Florence DDS
KIM, SKYE DDS

Reddy, Amrita DMD
Sheikh, Sara DMD
Tsao, Michelle DMD
Vlassopoulos, Constantine DDS
Zhao, Lei DMD

11 Winners Cir
Ste 1
Topsham, ME 04086
(207) 725-1755
Edwards, Florence DDS
HASSAN, WAEL DDS
Vlassopoulos, Constantine DDS

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MyOption Dental Providers

Catholic Charities Maine
171 Congress Ave
Bath, ME 04530
(207) 443-9721
ARMELLINO, NICHOLAS C DDS

Badlani, Rohini S DMD
Brunacini, Jennifer A DDS
DAVIS, MEREDITH L DMD
ERNST, CORY W DMD
Quintano, Robert S DDS

Gentle Dental PC
127 Topsham Fair Mall Rd
Topsham, ME 04086
(207) 729-3515
Cho, Sungwhan Ryan DMD
Hur, Byung Moo DMD
Hwang, Jin DMD
Kim, Jae M DMD
Kim, Mijung DMD
Lee, Yaerin DDS
Park, Taejoon DDS
Seon, Yoon J DDS
Shim, Dennis DMD

127 Topsham Fair Mall Rd
Ste 1 - 2
Topsham, ME 04086
(207) 729-3515
Cho, Sungwhan Ryan DMD
Hwang, Jin DMD
Kim, Mijung DMD

127 Topsham Fair Mall Rd
Ste 1-2
Topsham, ME 40861
(207) 729-3515
Hur, Byung Moo DMD

127 Topsham Fair Mll Rd
Topsham, ME 04086
(207) 729-3515
La, Naomi DMD
Lee, Yaerin DDS

Jae M Kim DMD
127 Topsham Fair Mall Rd
Topsham, ME 04086
(207) 729-3515
Kim, Jae M DMD

Dentistry - Endodontics

AR Dental LLC
11 Winners Cir
Topsham, ME 04086
(207) 725-1755
FACKRELL, DANIEL C DMD
Sprague, Gregory H DDS

Dentistry - Oral & Maxillofacial

AR Dental LLC
11 Winners Cir
Topsham, ME 04086
(207) 725-1755
Thakker, Pankaj DMD

SOMERSET COUNTY

Dentist - General Practice

Frank J Evans DO PC
606 Main St
Jackman, ME 04945
(207) 945-5247
Alexcovich, Amy N DDS

Husson Capehart Health Clinic
606 Main St
Jackman, ME 04945
(207) 945-5247
Alexcovich, Amy N DDS

Penobscot Community Health Care
606 Main St
Jackman, ME 04945
(207) 945-5247
Alexcovich, Amy N DDS

Penobscot Community Health Center
606 Main St
Jackman, ME 04945
(207) 668-4300
Bell, Terri L DDS
Cabral, Michael DMD
Higgins Jr, Philip W DMD
Holden, Ernest DMD
Sigwart, Natalie C DDS

(207) 945-5247
Alexcovich, Amy N DDS
Eisenbarth, Bart DDS
Seaport Community Health Center
606 Main St
Jackman, ME 04945
(207) 945-5247
Alexcovich, Amy N DDS

Dentistry - Oral & Maxillofacial

Penobscot Community Health Center
606 Main St
Jackman, ME 04945
(207) 668-4300
Fister, Sandra S DMD

WASHINGTON COUNTY

Dentist - General Practice

Eastport Health Care Inc
30 Boynton St
Eastport, ME 04631
(207) 853-6001
Bourgoin, Tina DMD
Delaney, Karen J DDS
Ektare, Abhay DDS

Harrington Family Health Center
50 E Main St
Harrington, ME 04643
(207) 483-4502
Castleberry, Travis DMD

Karen J Delaney DDS PLLC
254 South St
Calais, ME 04619
(207) 454-2350
Delaney, Karen J DDS

399 Main St
Calais, ME 04619
(207) 896-5532
Delaney, Karen J DDS

Regional Medical Center at Lubec
43 S Lubec Rd
Lubec, ME 04652
(207) 733-5541
Mackay, Mary E DDS

St Croix Regional Family Health Center
136 Mill St
Princeton, ME 04668
(207) 793-5503
Ogembo, Jane A DDS
(207) 796-5503
Mackay, Mary E DDS

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MyOption Dental Providers

YORK COUNTY

Dentist - General Practice

BIDDEFORD FAMILY DENTISTRY

28 W Cole Rd
Ste 104
Biddeford, ME 04005
(207) 282-3928

MALLIPEDDI, VANI R DMD

BURNS, EMILY A DDS

57 Barra Rd
Biddeford, ME 04005
(207) 282-1305

Community Dental

333 Lincoln St
Saco, ME 04072
(207) 282-1305

Escoe, Byron DDS

57 Barra Rd
Biddeford, ME 04005
(207) 282-1305

Cook, Alicia D DMD

Frost, Gregory D DMD
Gallant, Lauren A DMD
Mohamed, Shirwac DDS

Sloan, Jeffrey A DDS

Smith, Darren R DMD

Stiteler, Monica R DMD

Walawender, Jeffrey R DDS

57 Barra Rd
Ste 3
Biddeford, ME 04005
(207) 282-1305

Barton, Jennifer L DMD

Lamothe, Frank C DDS

Mistry, Amar H DDS

Rouhi Nozadi, Ali DDS

STANILOV, GENKO S DMD

(207) 874-1025
Escoe, Byron DDS
Paret, Katherine A DMD

941 Main St
Ste 101
Sanford, ME 04073
(207) 324-5508
Escoe, Byron DDS

Gentle Dental PC

339 Main St
Saco, ME 04072
(207) 283-3775
Cho, Sungwhan Ryan DMD
Hur, Byung Moo DMD
Hwang, Jin DMD
Kim, Mijung DMD

(207) 284-6809
Hur, Byung Moo DMD
La, Naomi DMD
Lee, Yaerin DDS
Park, Taejoon DDS
Seon, Yoon J DDS
Shim, Dennis DMD

473 Alfred St
Biddeford, ME 04005
(207) 283-3775
Cho, Sungwhan Ryan DMD
Hur, Byung Moo DMD
Hwang, Jin DMD
Kim, Jae M DMD
Kim, Mijung DMD
La, Naomi DMD
Lee, Yaerin DDS
Park, Taejoon DDS
Seon, Yoon J DDS
Shim, Dennis DMD

473 Alfred St
Ste 102
Biddeford, ME 04005
(207) 283-3775

Hwang, Jin DMD

Jae M Kim DMD
339 Main St
Saco, ME 04072
(207) 284-6809
Kim, Jae M DMD

473 Alfred St
Biddeford, ME 04005
(207) 283-3775
Kim, Jae M DMD

Nasson Health Care
15 Oak St
Springvale, ME 04083
(207) 490-6900
Grace, Robert L DMD
Sloan, Michael C DDS

2 Springbrook Dr
Biddeford, ME 04005
(207) 490-6900
Grace, Robert L DMD

388 Somersworth Rd
North Berwick, ME 03906
(207) 676-2175
Grace, Robert L DMD
Sloan, Michael C DDS

Oakes Dental II LLC
125 126 Shops Way
Biddeford, ME 04005
(207) 282-1229
BURNS, EMILY A DDS
CUDDY, KAYLA M DDS
Fishburn, Laura W DMD
Oakes, Nathan T DMD
Toussaint, Chelsea A DMD
UVIASAH, RHOBOR J DMD

125 Shops Way
126
Biddeford, ME 04005
(207) 282-1229
Barker, Gary DMD

Fishburn, Laura W DMD
Flaherty, Nicholas DMD

125 Shops Way
Ste 126
Biddeford, ME 04005
(207) 282-1229
SALAMON, RYAN D DMD
Tsao, Michelle DMD

Saco River Dentistry P C
440 Narragansett Trl
Buxton, ME 04093
(207) 929-3900
Fox, Joanna DMD
Reagan, Zachary K DMD
Richardson, Kristian Danielle DDS
Roy, Nicholas K DMD

(207) 939-3900
Akers, Jacob D DDS

York County Community Action Corp
15 Oak St
Springvale, ME 04083
(207) 490-6900
Grace, Robert L DMD
Sloan, Michael C DDS

2 Springbrook Dr
Biddeford, ME 04005
(207) 490-6900
Grace, Robert L DMD

388 Somersworth Rd
North Berwick, ME 03906
(207) 676-2175
Grace, Robert L DMD
Sloan, Michael C DDS

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MyOption Dental Providers

Dentistry - Endodontics

D Solutions ME Business LLC

28 Long Sands Rd

Ste 4

York, ME 03909

(207) 494-7301

Cote, Lee Ann M DMD

6 Wellspring Rd

Ste 3

Biddeford, ME 04005

(207) 494-7301

Cote, Lee Ann M DMD

Oakes Dental II LLC

125 126 Shops Way

Biddeford, ME 04005

(207) 282-1229

Sprague, Gregory H DDS

Dentistry - Oral & Maxillofacial

Oakes Dental II LLC

125 126 Shops Way

Biddeford, ME 04005

(207) 282-1229

Thakker, Pankaj DMD

Humana Medicare Advantage Plans are not providers of medical services. Humana Medicare Advantage Plans do not endorse, control, or interfere with the clinical judgment or treatment recommendations made by the physicians or other providers listed in this directory or otherwise selected by you.

MyOption Fitness Well-being

This listing of MyOption Fitness providers is only to help you find participating fitness center locations. For more information about your benefit, see your Evidence of Coverage.

MAINE

ANDROSCOGGIN COUNTY

Fitness Stylz

17 Depot St.
LIVERMORE FALLS, ME 04254
(207) 897-5978
E, SC

Orange Circuit Fitness

550 Center Street
AUBURN, ME 04210
(207) 330-3000
E

Planet Fitness - Auburn

730 Center St.
AUBURN, ME 04210
(207) 241-8156
E

The Health Club and Spa

1977 Lisbon Rd.
LEWISTON, ME 04240
(207) 777-1300
E, S, P, W

CUMBERLAND COUNTY

Anytime Fitness - Portland, ME

1364 Congress St.
PORTLAND, ME 04101
(207) 772-8630
E

91 Auburn St., Ste. S
PORTLAND, ME 04103
(207) 878-2008
E

Anytime Fitness - Scarborough, ME

700 Gallery Blvd
SCARBOROUGH, ME 04074
(781) 526-0269
E

Anytime Fitness - South Portland, ME

180 Waterman Dr.
SOUTH PORTLAND, ME 04106
(207) 699-0044
E

Curves - Westbrook/Portland, ME

26 Bridgton Road
WESTBROOK, ME 04092
(207) 899-2323
E

Maine Pines Racquet & Fitness

120 Harpswell Rd.
BRUNSWICK, ME 04011
(207) 729-8433
E, S, SC

Orange Circuit Fitness

31 Gurnet Road
BRUNSWICK, ME 04011
(207) 725-2944
E

Planet Fitness - Falmouth

251 US Route 1
FALMOUTH, ME 04105
(207) 536-7710
E

Planet Fitness - Portland

145 Marginal Way
PORTLAND, ME 04101
(207) 879-2200
E

Planet Fitness - Westbrook

8 Thomas Dr.
WESTBROOK, ME 04092
(207) 773-7774
E

Snap Fitness - South Portland

747 Broadway
SOUTH PORTLAND, ME 04106
(207) 799-0864
E

Workout Anytime - Portland

1100 Brighton Ave., Ste. 12
PORTLAND, ME 04102
(207) 536-1473
E

FRANKLIN COUNTY

University of Maine at Farmington Fitness and Recreation Center

152 Quebec St.
FARMINGTON, ME 04938
(207) 778-7495
E, P

HANCOCK COUNTY

Curves - Bar Harbor, ME

24 Bethany Ln.
BAR HARBOR, ME 04660
(207) 801-2549
E

KENNEBEC COUNTY

Champions Fitness Club

30 Elm Plaza
WATERVILLE, ME 04901
(207) 873-0571
E, S, SC

Curves - Gardiner/Farmingdale/Hallowell, ME

35 Bridge St.
GARDINER, ME 04345
(207) 582-6461
E

Kennebec Valley YMCA - Augusta Campus

31 Union St.
AUGUSTA, ME 04330
(207) 626-3488
E, S, P, SC

Kennebec Valley YMCA - Manchester Campus

40 Granite Hill Rd.
MANCHESTER, ME 04351
(207) 622-9622
E, SC

KV Health Club

11 KV Ln.
FARMINGDALE, ME 04344
(207) 582-7259
E

Planet Fitness - Augusta

264 Civic Center Dr.
AUGUSTA, ME 04330
(207) 623-0023
E

Amenities Legend

E - Cardio/Strength Equipment F - Full P - Year Round Swimming Pool P* - Seasonal Swimming Pool S - Steam and/or Sauna
SC - SilverSneakers Classes W - Hot Tub/Whirlpool

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MyOption Fitness Well-being

Planet Fitness - Waterville
251 Kennedy Memorial Dr.
WATERVILLE, ME 04901
(207) 873-0040
E

LINCOLN COUNTY

Wiscasset Community Center
242 Gardiner Road
WISCASSET, ME 04578
(207) 882-8230
E, P, W

OXFORD COUNTY

I'l B Fit
60 Lowell St., Ste. 210
RUMFORD, ME 04276
(207) 809-3144
E

Rush Fitness LLC
141 Western Ave.
SOUTH PARIS, ME 04281
(207) 739-2378
E

PENOBSCOT COUNTY

Old Town-Orono YMCA
472 Stillwater Ave.
OLD TOWN, ME 04468
(207) 827-9622
E, P, SC

Planet Fitness - Bangor
635 Broadway
BANGOR, ME 04402
(207) 262-5800
E

**University of Maine System
Student Recreation Center**
5797 Hilltop Rd.
ORONO, ME 04469
(207) 581-1082
E, S, P, W

PISCATAQUIS COUNTY

Friends of Community Fitness
31 High St., Ste 17
GUILFORD, ME 04443
(207) 876-4813
E, SC

SAGADAHOC COUNTY

Bath Area Family YMCA
303 Center St.
BATH, ME 04530
(207) 443-4112
E, S, P, W

Cathance Fitness Center
1201 Main St.
BOWDOIN, ME 04287
(207) 666-3463
E, SC

WALDO COUNTY

Point Lookout Fitness Center
67 Atlantic Hwy.
NORTHPORT, ME 04849
(207) 789-2011
E

WASHINGTON COUNTY

Fitness Central
1110 Main St.
HARRINGTON, ME 04643
(207) 483-2222
E

YORK COUNTY

Curves - Saco, ME
3 Eastview Pkwy., Ste. 4
SACO, ME 04072
(207) 282-0301
E

Planet Fitness - Sanford
1364 Main St.
SANFORD, ME 04073
(207) 324-2100
E

Saco Sport & Fitness
329 North St.
SACO, ME 04072
(207) 284-5953
E, S, P*, W, SC

Seacoast Fitness
952 Post Rd.
WELLS, ME 04090
(207) 646-6898
E, SC

Snap Fitness - Old Orchard
2 Cascade Rd.
OLD ORCHARD BEACH, ME
04064
(207) 934-6136
E

Amenities Legend

E - Cardio/Strength Equipment F - Full P - Year Round Swimming Pool P* - Seasonal Swimming Pool S - Steam and/or Sauna
SC - SilverSneakers Classes W - Hot Tub/Whirlpool

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A

ABDUL KORAH, MORGAN DMD 6
 Adeloye, Israel O DMD . . . 5
 Advanced Dentistry of Maine 1
 Aggarwal, Sapna DMD . . . 6
 Akers, Jacob D DDS 9
 Akinsanya, Olugbenga DDS . 3-5
 Al Adham, Ziad K DDS . . 6-7
 Albanese, Nicola A DMD . . 2
 Alexcovich, Amy N DDS . 6-8
 Alqasemi, Hiba R DDS . . 6-7
 American Dental Associates PLLC 4
 Anderson, Thomas DMD . . 2
 Andrews, Victor G DDS . . 7
 Andros Coggins Dental Care PLLC 7
 ANSARI, AATIF DDS . . 4, 7
 Anytime Fitness - Portland, ME 11
 Anytime Fitness - Scarborough, ME 11
 Anytime Fitness - South Portland, ME 11
 AR Dental LLC . . 1, 5, 7-8
 Arbuckle, Richard William DDS 3-5
 ARMELLINO, NICHOLAS C DDS 8
 Aspen Dental Associates Of Hudson Valley PLLC . . . 4-5
 Aspen Dental Associates Of Western PA PC 1
 Aspen Dental of Maine PC 1, 4-5
 Auguste, Alain DDS . 4-5, 7

B

Babayan, Irina DDS 3
 Badlani, Rohini S DMD . 3, 8

Bah, Isatu DDS 6-7
 BANDA, PRAVEEN R DDS 3-4
 Barbarick and Barbarick DMD 1
 BARBARICK, HELEN K DMD 1
 BARBARICK, SUMNER C DMD 1
 Barker, Gary DMD 3-5, 7, 9
 Barton, Jennifer L DMD 1-2, 4-5, 9
 Bath Area Family YMCA. 12
 BEAUDRY, ROBERT J DDS 3, 5
 Bell, Terri L DDS 6-8
 Bhatt, Sapan DMD 3-5
 BIDDEFORD FAMILY DENTISTRY 9
 BOAK, ANDRA DMD . 2, 6-7
 BOLLINGER, NICOLE W DMD 3-4
 Bourgoin, Tina DMD 8
 Brunacini, Jennifer A DDS 8
 Bucksport Reg Health Center 4
 Bucksport Regional Health Center 4
 Bukala, David DMD . . 1, 7
 BURNS, EMILY A DDS 1-3, 5, 9
 Byers, Debra A DMD . . . 6-7

C

Cabral, Michael DMD . . 6-8
 Castleberry, Travis DMD 4, 8
 Cathance Fitness Center 12
 Catholic Charities Maine . 8
 Central Maine Dental LLC 1
 Champions Fitness Club 11
 Chernykhivska, Katerina DMD 3
 Cho, Sungwhan Ryan DMD 2, 8-9
 Choung, Jae Eun DDS . . . 4
 Cividanes, Nicole DMD . 4-5
 CLAASSEN, PHILLIP DMD . 6

Community Dental 1-3, 5, 9
 Cook, Alicia D DMD 1-2, 4, 9
 Cook, Tammy DMD 5
 Cote, Lee Ann M DMD . . . 10
 CUDDY, KAYLA M DDS 3-5, 9
 Cumberland Dental Arts . . 2
 Cunningham, Raymond S DDS 5
 Curves - Bar Harbor, ME . 11
 Curves - Gardiner/Farmingdale/Hallowell, ME . . 11
 Curves - Saco, ME 12
 Curves - Westbrook/Portland, ME 11

D

D Solutions ME Business LLC 10
 Daigle, Lucien J B DMD . 1-2
 DAVIS, MEREDITH L DMD . . 8
 Davis, Ronald C DDS 2
 Delaney, Karen J DDS . . . 8
 Delli Colli, Douglas DMD . . 2
 Dmytruk, Vyacheslav DMD . 4
 Doe, Michael DMD 4
 Dominguez, Cristina DMD . 3
 DUNSTAN DENTAL CENTER LLC 2

E

Eastport Health Care Inc. . 8
 Edwards, Florence DDS 1, 4-5, 7
 Eisenbarth, Bart DDS . . 6-8
 Ektare, Abhay DDS 8
 Elwell, John DMD 4-5
 ENGROFF, RICHARD L DMD 2, 6-7
 ERNST, CORY W DMD 8
 Escoe, Byron DDS 1-2, 4-5, 9

F

FACKRELL, DANIEL C DMD 1, 3, 8
 Farmington Dental 4
 FIGUEIREDO, DANIEL DMD 1, 3
 Fish River Rural Health . . . 1
 Fish River Rural Health Eagle Lake Health Center 1
 Fishburn, Laura W DMD 3, 9
 Fister, Sandra S DMD . . 7-8
 Fitness Central 12
 Fitness Stylz 11
 Flaherty, Nicholas DMD 3, 9
 Ford, Christopher H DMD 5-7
 Ford, Henry C DMD 2
 Forest Falls PA 2
 Fox, Joanna DMD 9
 Frank J Evans DO PC . . 5, 8
 Friends of Community Fitness 12
 Frost, Gregory D DMD 1-3, 5, 9

G

Gallant, Lauren A DMD . 1-3, 5, 9
 Gentle Dental PC . . 2, 8-9
 Gentle Family Dentistry 1, 3
 Grace, Robert L DMD 9
 Griffie Dental PC 3
 GRIFFEE, JUSTIN P DMD . . 3
 Gualtieri, Paul J DDS 4

H

HAMATI, ISAM DDS . . . 4-5
 Harden, Luke A DDS . . . 5-7
 Harrington Family Health Center 8
 HASSAN, WAEL DDS . . . 1, 7
 Higgins Jr, Philip W DMD 6-8
 Holden, Ernest DMD . . . 6-8

Index

HOROWITZ, MARC L DDS . 4
 Hur, Byung Moo DMD 2-3, 8-9
 Husson Capehart Health Clinic 6, 8
 Hwang, Jin DMD . 1-3, 8-9
 Hwang, Victor R DMD . . 6-7

I

I'l B Fit 12
 Irina Babayan DDS PA . . . 3
 ISLAND COMMUNITY MEDICAL SERVICES. 5

J

J ANDERSON DMD PA . . . 2
 Jae M Kim DMD . . . 3, 8-9
 Janda, Matthew M DDS . 6-7
 Jolley, Brandon R DDS . . 6-7
 JONES, ALAN DDS . . 2, 6-7
 JORDAN, JEFFREY DDS . . 3
 Judge, Arwinder DDS . . 4-5
 Juno Dental LLC 3

K

Karagiorgos, Antonis DMD 5
 Karen J Delaney DDS PLLC 8
 Katahdin Valley Health Center 2, 6-7
 Katahdin Valley Health Center 2, 6-7
 Kennebec Valley Dental Center 5
 Kennebec Valley YMCA - Augusta Campus 11
 Kennebec Valley YMCA - Manchester Campus . . . 11
 Kibbey, Megan M DMD 1-2, 4-5
 Kim, Eugene H DDS . . . 3
 Kim, Jae M DMD . . 2-3, 8-9
 Kim, Mijung DMD . 1-3, 8-9

KIM, SKYE DDS 1, 7
 Kouzounas, Demitroula DMD 2
 Kumar, Nishir DDS 1
 KV Health Club 11

L

La, Naomi DMD . . 1-3, 8-9
 Lamothe, Frank C DDS 1-2, 4-5, 9
 Leavell, Ashley DMD . . . 3
 Lee, Yaerin DDS . . 2-3, 8-9
 Levandoski, Peter J DMD . 5
 Lisbon Family Dental Care 1

M

Mackay, Mary E DDS . . . 8
 Maine Coast Healthcare Corp 4
 Maine Pines Racquet & Fitness 11
 Malla Joshi, Roli DMD 4-5, 7
 MALLIPEDDI, VANI R DMD 9
 Manchester Dental Associates PLLC 5
 Mann, Alexandra Cinthia DDS 3-4
 MDI Hospital Women Health Care 4
 Medina, Arthur N DDS . . . 5
 Miller, David T DMD . . . 6-7
 Mistry, Amar H DDS 1-2, 4-5, 9
 Mohamed, Shirwac DDS 1-2, 4, 9
 Mount Desert Island Hospital 4
 MURRELL, STEPHEN P DDS 3-4

N

Nasson Health Care 9

Nelson, Emily Charves DMD 4
 Northern Maine Oral and Facial Surgery PA 2

O

Oakes Dental II LLC . . 9-10
 Oakes LLC 3
 Oakes, Nathan T DMD . . 3, 9
 Ogembo, Jane A DDS . . . 8
 Old Town-Orono YMCA . . 12
 Orange Circuit Fitness . . 11
 Oswal, Ankur DMD 4

P

Paret, Katherine A DMD 1-2, 4-5, 9
 Park, Taejoon DDS . 2-3, 8-9
 Patel, Khushbu DMD . . . 4-5
 Patel, Sonali DDS 4
 Patten, Tracey DDS 4
 Peacock Villada, Alexandra Y DMD 1-3
 Penna, Nichol I DMD . . . 2
 Penobscot Community Health Care 6, 8
 Penobscot Community Health Center 6-8
 Peter A Stanley DDS 2
 Planet Fitness - Auburn . 11
 Planet Fitness - Augusta . 11
 Planet Fitness - Bangor . 12
 Planet Fitness - Falmouth 11
 Planet Fitness - Portland . 11
 Planet Fitness - Sanford . 12
 Planet Fitness - Waterville . 12
 Planet Fitness - Westbrook . 11
 Point Lookout Fitness Center 12
 PORTLAND FAMILY DENTAL 3
 Pouzol, Stephanie L DMD 6-7
 Pulkka, Jenna T DMD . . . 1

Q

Quintano, Robert S DDS . . 8

R

Raymond Richard DMD Group 2
 Raymond, Richard DMD . . 2
 Reagan, Zachary K DMD . . 9
 Reddy, Amrita DMD . 1, 5, 7
 Reeves, Rebecca L DMD . . 1
 Regional Medical Center at Lubec 8
 Richardson, Kristian Danielle DDS 3-4, 9
 Rossevelt Dental PA 3
 Rouhi Nozadi, Ali DDS . 1-2, 4-5, 9
 Roy, Nicholas K DMD . . . 9
 Rush Fitness LLC 12

S

Saba, Vicki A DMD 3
 Saco River Dentistry P C . . 9
 Saco Sport & Fitness . . . 12
 Sacopee Valley Health Center 5
 SALAMON, RYAN D DMD 3, 9
 San Juan, Fernando DMD . . 3
 Sapere, Frank L DDS . . . 6-7
 SB Dental PLLC 5
 Seacoast Fitness 12
 Seaport Community Health Center 7-8
 Seon, Yoon J DDS . . 2, 8-9
 Shahinian, James A DMD 1, 3
 Sharma, Meera DMD 4
 Shazib, Muhammad Ali DMD 1, 4
 Sheikh, Sara DMD 7
 Shim, Dennis DMD . 1-3, 8-9
 Sigwart, Natalie C DDS 4, 6-8

Skye Dental PLLC 7
 Sloan, Jeffrey A DDS 1-2, 4-5, 9
 Sloan, Michael C DDS 9
 Smith, Darren R DMD 1-3, 5, 9
 Smith, Georgia DDS 2
 Smith, Georgia W DDS. 3, 7
 Snap Fitness - Old Orchard . 12
 Snap Fitness - South Portland 11
 Sonali Patel 4
 Sozanski, Stephen DMD . . 5
 Sprague, Gregory H DDS . 1, 3, 5, 7-8, 10
 St Croix Regional Family Health Center. 8
 STANILOV, GENKO S DMD. 1-2, 4-5, 9
 Stanley, Peter A DDS 2
 Steed, Maria Buzzell DMD 3-4
 Stiteler, Monica R DMD 1-3, 5, 9
 Sundberg, Michael K DDS . 3
 Sutura, Charles DMD. . . 3-4
 Sweeney, Mercedes S DDS 6-7

T

Thakker, Pankaj DMD . 1, 3, 5, 8, 10
 The Health Club and Spa 11
 THOMAS, GRACE DDS 5
 Toussaint, Chelsea A DMD 3, 5, 9
 Tsao, Michelle DMD 1, 3, 7, 9

U

University of Maine at Farmington Fitness and Recre-

ation Center 11
 University of Maine System Student Recreation Center . 12
 UVIASAH, RHOBOR J DMD 3-4, 7, 9

V

Victor G Andrews 7
 Vlassopoulos, Constantine DDS. 1, 7

W

Walawender, Jeffrey R DDS. 1-2, 4, 9
 Wenzel, Bradford DMD . . 3
 Whiteley, Layne R DDS . . 4
 Windham Dental Group PC 3
 Wiscasset Community Center 12
 Workout Anytime - Portland 11

Y

Yoo, Michael H DMD . . . 4-5
 York County Community Action Corp 9

Z

Zhao, Lei DMD . . 1, 4-5, 7

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Humana is a Medicare Advantage HMO, PPO and PFFS organization with a Medicare contract. Enrollment in any Humana plan depends on contract renewal. The provider network may change at any time. You will receive notice when necessary.

Humana MyOption optional supplemental benefits (OSB) are only available to members of certain Humana Medicare Advantage (MA) plans. Members of Humana plans that offer OSBs may enroll in OSBs throughout the year. Benefits may change on January 1st each year. Enrollees must use network providers for specific OSBs when stated in the Evidence of Coverage (EOC); otherwise, covered services may be received from non-network providers at a higher cost.

Humana es una organización HMO, PPO y PFFS de Medicare Advantage con un contrato con Medicare. La afiliación a este plan de Humana depende de la renovación del contrato, La red de proveedores puede cambiar en cualquier momento. Usted recibirá un aviso cuando sea necesario.

Los beneficios suplementarios opcionales (OSB) de Humana MyOption, sólo están disponibles a afiliados de ciertos planes de Humana Medicare Advantage (MA). Los afiliados de planes de Humana que ofrecen OSB pueden afiliarse en cualquier momento a lo largo del año. Los beneficios pueden cambiar el 1 de enero de cada año. Los afiliados deben utilizar proveedores de la red para OSB específicos según este indicado en la Evidencia de cobertura (EOC); de lo contrario, se pueden obtener servicios cubiertos de proveedores no pertenecientes a la red a un costo más alto.

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