

2018

Provider Directory

Directorio de proveedores

Humana MyOptionSM Optional Supplemental Benefits
New Hampshire

Humana MyOptionSM Optional Supplemental Benefits (OSB) Provider Directory

This directory is current as of 12/04/2018.

This directory lists network providers for Humana MyOptionSM optional supplemental benefits (OSB).

The service area for your Humana MyOption OSB is the same as the service area for your Medicare Advantage plan. Please consult your Medicare Advantage plan Evidence of Coverage for a full service area listing.

Some providers may be in-network for your OSB, but are outside the service area for your Medicare Advantage plan. Providers in this directory will be considered in network for your OSB.

The providers are independent contractors. They are not agents or employees of Humana.

To get the most up-to-date details about **Humana MyOptionSM OSB network providers** in your area, please visit our website at **Humana.com**.

For coverage details about your OSB, call Humana's Customer Care team, **for dental and fitness, call 1-800-457-4708 and for vision, call 1-888-289-0595**. If you use a TTY, call **711**. You can call us seven days a week, from 8 a.m. - 8 p.m. However, please note that our automated phone system may answer your call during weekends and holidays from February 15 - September 30. Please leave your name and telephone number, and we'll call you back by the end of the next business day.

This document is available in other formats such as Braille and large print. Contact Customer Care for more information.

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Introduction

This directory lists Humana MyOptionSM OSB network providers who may be available to you, depending on which OSB you purchase. OSB availability will also depend upon the Medicare Advantage plan you purchase. This directory also includes basic information on how to get your Humana MyOption OSB covered services. For more information on your OSB, please see your Evidence of Coverage or call Customer Care. Details on how to reach Customer Care appear on page 3.

The network providers listed in this directory have agreed to provide you with your dental, vision, or fitness services. You may go to any of our network providers listed in this directory.

What is the service area for Humana MyOptionSM OSB?

The service area for your Humana MyOption OSB is the same as the service area for your Medicare Advantage plan. Please consult your Medicare Advantage plan Evidence of Coverage for a full service area listing. Some providers may be in-network for your OSB, but are outside the service area for your Medicare Advantage plan. Providers in this directory will be considered in network for your OSB.

How do you find Humana MyOptionSM OSB providers in your area?

Providers are listed in this directory by the type of provider, then by county or parish.

For provider information, you can go to **Humana.com** or see the relevant section of this directory or call Customer Care. Details on how to reach Customer Care appear on page 3.

What if you use out-of-network providers?

Please note: Not all optional supplemental benefits have out-of-network coverage. Please see your Evidence of Coverage to determine if out-of-network services are covered.

If you use out-of-network providers, your out-of-pocket costs may be higher or you may have to pay the entire amount. To get details about your OSB, please see your Evidence of Coverage or call Customer Care. Details on how to reach Customer Care appear on page 3.

Ask the out-of-network provider to bill us first for dental or vision covered services. If you've already paid for the covered services, we'll pay you back for our share of the cost.

Accessing Your MyOptionSM Benefits

The following includes basic information about Humana MyOption OSB covered services. The information is about OSBs that may or may not be available to you and depends upon the Medicare Advantage plan you purchase. For more information about your OSB package, please see your Evidence of Coverage or call Customer Care. Details on how to reach Customer Care appear on page 3.

MyOptionSM Platinum Dental

Your MyOption Platinum Dental benefit includes dental benefits. To access your dental benefits, please refer to the dental section of this book or call Customer Care. Details on how to reach Customer Care appear on page 3.

For details about your benefit, see your Evidence of Coverage. If you prefer, call the number on the back of your Humana member ID card.

MyOptionSM Vision

Your MyOption Vision benefit includes vision benefits. To access your vision benefits, please refer to the vision section of this book or call Customer Care. Details on how to reach Customer Care appear on page 3.

For details about your benefit, see your Evidence of Coverage. If you prefer, call the number on the back of your Humana member ID card.

MyOptionSM Fitness

MyOption Fitness has two main parts:

1. The SilverSneakers® Fitness program
2. Online Resources

See below for information on how to access your benefits.

1. The SilverSneakers® Fitness program

You'll receive a membership at any SilverSneakers Fitness participating location. You have access to more than 11,000 locations across the country.

You can find your nearest fitness location in this directory or at www.silversneakers.com. Search near your home or a vacation spot. If you need details, call the number on the back of your Humana member ID card or call SilverSneakers at 1-888-423-4632 (TTY: 711), Monday - Friday, 8 a.m. - 8 p.m. Eastern Time.

To get started, choose a fitness location and take your Humana or SilverSneakers ID card with you to the fitness center. The fitness center may ask you to sign a form before using their center, but there should be no additional cost to you. However, some centers may offer optional additional services for an additional fee.

2. Online Resources

Your benefit provides access to www.silversneakers.com. On the website, you can use a full range of tools for healthy change.

For details about your benefit, see your Evidence of Coverage or call the number on the back of your Humana member ID card.

Directorio de Proveedores de beneficios suplementarios opcionales (OSB, por sus siglas en inglés) de Humana MyOptionSM

Este directorio es vigente a fecha de **12/04/2018**.

Este directorio enumera los proveedores de la red para los beneficios suplementarios opcionales (OSB) de Humana MyOptionSM.

El área de servicio de los OSB de Humana MyOption es la misma área de servicio que la de su plan Medicare Advantage. Consulte la Evidencia de cobertura de su plan Medicare Advantage para ver una lista completa del área de servicio.

Algunos proveedores podrían formar parte de la red de sus OSB, pero estar fuera del área de servicio de su plan Medicare Advantage. Para sus OSB se considerará que los proveedores de este directorio forman parte de la red.

Los proveedores son contratistas independientes. No son agentes ni empleados de Humana.

Para obtener la información más actualizada acerca de **los proveedores de la red de OSB de Humana MyOptionSM** en su área, visite nuestro sitio web en **espanol.humana.com**.

Para obtener detalles de la cobertura en relación con los OSB, llame al equipo de Atención al Cliente de Humana, **para beneficios dentales y de acondicionamiento físico, llame al 1-800-457-4708 y para beneficios para la vista, llame al 1-888-289-0595**. Si usa un TTY, llame al **711**. Puede llamarnos los siete días de la semana, de 8 a.m. a 8 p.m. No obstante, tenga en cuenta que, del 15 de febrero al 30 de septiembre, nuestro sistema telefónico automatizado podría responder su llamada durante los fines de semana y días festivos. Por favor, deje su nombre y número de teléfono, y le devolveremos la llamada antes del final del siguiente día laborable.

Este documento está disponible en otros formatos como Braille y letra grande. Contacte a Atención al cliente para obtener más información.

ESTA PÁGINA SE HA DEJADO EN BLANCO POR REQUISITOS DE IMPRESIÓN

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Introducción

Este directorio enumera los proveedores de la red de OSB de Humana MyOptionSM que podrían estar disponibles para usted, dependiendo de qué OSB compre. La disponibilidad de los OSB también dependerá del plan Medicare Advantage que compre. Este directorio también incluye información básica acerca de cómo obtener los servicios cubiertos de OSB de Humana MyOption. Para obtener más información acerca de sus OSB, consulte su Evidencia de cobertura o llame a Atención al Cliente. Encontrará información detallada acerca de cómo comunicarse con Atención al Cliente en la página 8.

Los proveedores de la red que aparecen en este directorio han aceptado proporcionarle sus servicios dentales, para la vista o de acondicionamiento físico. Usted puede consultar a cualquiera de los proveedores de nuestra red que se indican en este directorio.

¿Cuál es el área de servicio de los OSB de Humana MyOptionSM?

El área de servicio de los OSB de Humana MyOption es la misma área de servicio que la de su plan Medicare Advantage. Consulte la Evidencia de Cobertura de su plan Medicare Advantage para ver una lista completa del área de servicio. Algunos proveedores podrían formar parte de la red de sus OSB, pero estar fuera del área de servicio de su plan Medicare Advantage. Para sus OSB, se considerará que los proveedores de este directorio forman parte de la red.

¿Cómo puede encontrar proveedores de OSB de Humana MyOptionSM en su área?

En este directorio, los proveedores aparecen ordenados por tipo, y luego por condado o parroquia.

Para obtener información sobre los proveedores, puede visitar **espanol.humana.com** o consultar la sección pertinente de este directorio o llamar a Atención al Cliente. Encontrará información detallada acerca de cómo comunicarse con Atención al Cliente en la página 8.

¿Qué sucede si utiliza proveedores fuera de la red?

Tenga en cuenta: no todos los beneficios suplementarios opcionales tienen cobertura fuera de la red. Consulte su Evidencia de Cobertura para determinar si los servicios fuera de la red están cubiertos.

Si utiliza proveedores fuera de la red, sus gastos de desembolso personal podrían ser más altos o quizás deba pagar la cantidad completa. Para obtener información detallada acerca de sus OSB, consulte su Evidencia de Cobertura o llame a Atención al Cliente. Encontrará información detallada acerca de cómo comunicarse con Atención al Cliente en la página 8.

Pídale al proveedor fuera de la red que nos envíe la factura primero por servicios dentales o para la vista cubiertos. Si usted ya pagó por los servicios cubiertos, nosotros le reembolsaremos la parte del costo que nos corresponde.

Acceso a sus beneficios MyOptionSM

A continuación, encontrará información básica acerca de los servicios cubiertos de OSB de Humana MyOption. La información es acerca de los OSB que podrían o no estar disponibles para usted y depende del plan Medicare Advantage que compre. Para obtener más información acerca de su paquete de OSB, consulte su Evidencia de Cobertura o llame a Atención al Cliente. Encontrará información detallada acerca de cómo comunicarse con Atención al Cliente en la página 8.

MyOptionSM Platinum Dental

Su beneficio MyOption Platinum Dental incluye beneficios dentales. Para acceder a sus beneficios dentales, consulte la sección correspondiente a servicios dentales en este libro o llame a Atención al cliente. Encontrará información detallada acerca de cómo comunicarse con Atención al cliente en la página 8.

Para obtener información detallada sobre su beneficio, consulte su Evidencia de Cobertura. Si lo prefiere, llame al número que aparece al reverso de su tarjeta de identificación de afiliado de Humana.

MyOptionSM Vision

Su beneficio MyOption Vision incluye beneficios para la vista. Para acceder a sus beneficios para la vista, consulte la sección correspondiente a servicios para la vista en este libro o llame a Atención al cliente. Encontrará información detallada acerca de cómo comunicarse con Atención al cliente en la página 8.

Para obtener información detallada sobre su beneficio, consulte su Evidencia de Cobertura. Si lo prefiere, llame al número que aparece al reverso de su tarjeta de identificación de afiliado de Humana.

MyOptionSM Fitness

MyOptionSM Fitness tiene dos partes principales:

1. El programa de acondicionamiento físico SilverSneakers[®]
2. Recursos en línea

A continuación, encontrará información acerca de cómo acceder a sus beneficios.

1. El programa de acondicionamiento físico SilverSneakers[®]

Recibirá una membresía a cualquier establecimiento que participe en el programa de acondicionamiento físico SilverSneakers. Usted tiene acceso a más de 11,000 establecimientos en todo el país.

Encontrará el establecimiento de acondicionamiento físico más cercano en este directorio o en www.silversneakers.com. Busque cerca de su casa o de un lugar de vacaciones. Si necesita más información, llame al número que aparece al reverso de su tarjeta de identificación de afiliado de Humana o llame a SilverSneakers al 1-888-423-4632 (TTY: 711), de lunes a viernes de 8 a.m. a 8 p.m., hora del este.

Para comenzar, elija un establecimiento de acondicionamiento físico y lleve con usted su tarjeta de identificación de Humana o SilverSneakers al centro de acondicionamiento físico. El centro de acondicionamiento físico podría pedirle que firme un formulario antes de utilizar el centro, pero no debería haber ningún costo adicional para usted. Sin embargo, algunos centros pueden ofrecer servicios adicionales opcionales a cambio de un cargo adicional.

2. Recursos en línea

Su beneficio le proporciona acceso a www.silversneakers.com. En el sitio web, puede utilizar una gran variedad de herramientas para un cambio saludable.

Para obtener información detallada sobre su beneficio, consulte la Evidencia de cobertura o llame al número que aparece al reverso de su tarjeta de identificación de afiliado de Humana.

Discrimination is Against the Law

Humana Inc. and its subsidiaries comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex. Humana Inc. and its subsidiaries do not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Humana Inc. and its subsidiaries provide:

- Free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.
- Free language services to people whose primary language is not English when those services are necessary to provide meaningful access, such as translated documents or oral interpretation.

If you need these services, call 1-800-281-6918, or if you use a TTY, call 711.

If you believe that **Humana Inc. and its subsidiaries** have failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Discrimination Grievances

P.O. Box 14618
Lexington, KY 40512 - 4618

If you need help filing a grievance, call 1-800-281-6918 or if you use a TTY, call 711.

You can also file a civil rights complaint with the **U.S. Department of Health and Human Services**, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>

La discriminación es contra la ley

Humana, Inc. y sus subsidiarias cumplen con todas las leyes aplicables de derechos civiles federales y no discriminan por motivos de raza, color de la piel, origen nacional, edad, discapacidad o sexo. Humana Inc. y sus subsidiarias no excluyen a nadie, ni los tratan de manera diferente por motivos de raza, color de la piel, origen nacional, edad, discapacidad o sexo.

Humana Inc. y sus subsidiarias proporcionan:

- Ayudas y servicios auxiliares gratuitos, como por ejemplo intérpretes acreditados para hablar por señas, interpretación remota por video e información escrita en otros formatos para personas con discapacidades cuando dichas ayudas y servicios auxiliares sean necesarios para garantizar la igualdad de oportunidades de participación.
- Servicios gratuitos de idiomas para personas cuyo idioma principal no es el inglés, cuando dichos servicios sean necesarios para proporcionar acceso útil, tales como documentos traducidos o interpretación oral.

Si necesita estos servicios, llame al 1-800-281-6918 o bien, si utiliza un TTY, llame al 711.

Si usted cree que **Humana Inc. y sus subsidiarias** han fallado en proveer estos servicios o le han discriminado de otra forma por motivos de raza, color de la piel, origen nacional, edad, discapacidad o sexo, puede presentar una queja formal ante:

Discrimination Grievances
P.O. Box 14618
Lexington, KY 40512 - 4618

Si necesita ayuda para presentar una queja formal, llame al 1-800-281-6918 o bien, si utiliza un TTY, llame al 711.

También puede presentar una queja de derechos civiles con el **Departamento de Salud y Servicios Humanos**, Oficina de Derechos Civiles, por medios electrónicos a través del portal de quejas de la Oficina de Derechos Civiles, en: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, por correo postal o por teléfono al:

U.S. Department of Health and Human Services

200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Los formularios de quejas están disponibles en <http://www.hhs.gov/ocr/office/file/index.html>

Multi-Language Interpreter Services

English: ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 1-800-281-6918 **(TTY: 711)**.

Español (Spanish): ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-281-6918 **(TTY: 711)**.

繁體中文 (Chinese): 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-281-6918 **(TTY: 711)**。

Tiếng Việt (Vietnamese): CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-281-6918 **(TTY: 711)**.

한국어 (Korean): 주의 : 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-281-6918 **(TTY: 711)** 번으로 전화해 주십시오 .

Tagalog (Tagalog – Filipino): PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-281-6918 **(TTY: 711)**.

Русский (Russian): ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-281-6918 **(телетайп: 711)**.

Kreyòl Ayisyen (French Creole): ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-800-281-6918 **(TTY: 711)**.

Français (French): ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-281-6918 **(ATS : 711)**.

Polski (Polish): UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-800-281-6918 **(TTY: 711)**.

Português (Portuguese): ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-800-281-6918 **(TTY: 711)**.

Italiano (Italian): ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-800-281-6918 **(TTY: 711)**.

Deutsch (German): ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-281-6918 **(TTY: 711)**.

日本語 (Japanese): 注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-800-281-6918 **(TTY : 711)** まで、お電話にてご連絡ください。

فارسی (Farsi):

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 1-800-281-6918 **(TTY: 711)** تماس بگیرید.

Diné Bizaad (Navajo): Díí baa akó nínízin: Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jiik'eh, éí ná hóló, kojí' hódíłnih 1-800-281-6918 **(TTY: 711)**.

العربية (Arabic):

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-800-281-6918 **(رقم هاتف الصم والبكم: 711)**.

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MyOption Dental Providers

This listing of MyOption Dental providers is only to help you find a provider for dental services such as routine exams, X-rays, cleanings, and more. For more information about your benefit, see your Evidence of Coverage.

NEW HAMPSHIRE

BELKNAP COUNTY

Dentist - General Practice

Dental Expression NH PLLC
36 Endicott St E
Laconia, NH 03246
(603) 366-4400
Columbus, Dori L DDS

Dr P Singh PLLC
25 Country Club Rd
Unit 301
Gilford, NH 03249
(603) 524-7455
Giamberardino, Anthony N DMD
Singh, Lisa G DMD
Singh, Pushpinder D DDS

Park Dental Group Tilton PLLC
17 Lowes Dr
Northfield, NH 03276
(603) 286-4221
Amin, Pranali DDS
Bishara, Sherif DMD
CARROLL, PATRICK F DMD
Dransite, Edward William DDS
HUSSAIN, NOMAN DMD
Kumar, Simple DMD
Lee, Chae Y DMD
Liu, Di DDS
Park, Jeong Eun DMD
Park, Young C DMD
Patel, Natasha A DMD
Shah, Khantil DMD
Sharma, Archana DMD
Yoo, Michael H DMD

YOON, SUNG-PIL DMD

Dentistry - Endodontics

Park Dental Group Tilton PLLC
17 Lowes Dr
Northfield, NH 03276
(603) 286-4221
TRUONG, DUC H DMD

Dentistry - Public Health

Park Dental Group Tilton PLLC
17 Lowes Dr
Northfield, NH 03276
(603) 286-4221
BATEMAN, ADAM R DDS
DOYLE, STEVEN W DMD

CARROLL COUNTY

Dentist - General Practice

Dr P Singh PLLC
260 Route 16B
Center Ossipee, NH 03814
(603) 539-4995
Giamberardino, Anthony N DMD
Singh, Lisa G DMD
Singh, Pushpinder D DDS

CHESHIRE COUNTY

Dentist - General Practice

Jebediah S Christy DDS Keene PC
342 Winchester St
Keene, NH 03431
(603) 352-0502
Christy, Jebediah DDS
DHARIWALA, UMMESALMA DDS
JAYANTY, AMULYA DMD
Mitchell, Alexander DMD
Runge, Adrienne Marguerite DDS
SALEEM, AKBAR DMD
Tappe, Laura DDS

Dentistry - Endodontics

Drs Desilets Byrne Manzoli & Russo PC
55 Court St
Keene, NH 03431
(603) 357-1576
Manzoli, Nicholas J DMD

Jebediah S Christy DDS Keene PC
342 Winchester St
Keene, NH 03431
(603) 352-0502
Leavell, Ashley DMD

Dentistry - Oral & Maxillofacial

Jebediah S Christy DDS Keene PC
342 Winchester St
Keene, NH 03431
(603) 352-0502
Abunasra, Nazeeh Juma DMD

COOS COUNTY

Dentist - General Practice

Coos County Family Health Services
133 Pleasant St
Berlin, NH 03570
(603) 752-2040
Batchelder, Keith F DMD

73 Main St
Berlin, NH 03570
(603) 752-2424
Batchelder, Keith F DMD
Hadley, Julia F DMD

Katz, Bruce J DDS
107 Main St
Colebrook, NH 03576
(603) 237-8919

Humana Medicare Advantage Plans are not providers of medical services. Humana Medicare Advantage Plans do not endorse, control, or interfere with the clinical judgment or treatment recommendations made by the physicians or other providers listed in this directory or otherwise selected by you.

MyOption Dental Providers

GRAFTON COUNTY

Dentist - General Practice

AMMONOOSUC COMMUNITY HEALTH

25 Mount Eustis Rd
Littleton, NH 03561
(603) 444-8107
Korat, Hiren S DMD
Williams, Jeffrey J DMD

Dr P Singh PLLC
251 Mayhew Tpke
Plymouth, NH 03264
(603) 536-7600
Giamberardino, Anthony N DMD
Singh, Lisa G DMD
Singh, Pushpinder D DDS

Jebediah S Christy DDS West Lebanon PC
257 Plainfield Rd
West Lebanon, NH 03784
(603) 298-8099
Christy, Jebediah DDS
Ray, Jeffrey C DDS
Runge, Adrienne Marguerite DDS
SALEEM, AKBAR DMD
Tappe, Laura DDS

285 Plainfield Rd
West Lebanon, NH 03784
(603) 298-8099
Tappe, Laura DDS

285 Plainfield Rd
Ste 4B
West Lebanon, NH 03784
(603) 298-8099
SALEEM, AKBAR DMD

Plymouth Dentistry AND Implants PLLC

2 Main St
Plymouth, NH 03264
(603) 536-1445
Lefty, Sheri L DDS

Dentistry - Endodontics

Jebediah S Christy DDS West Lebanon PC
257 Plainfield Rd
West Lebanon, NH 03784
(603) 298-8099
Leavell, Ashley DMD

Dentistry - Oral & Maxillofacial

Jebediah S Christy DDS West Lebanon PC
257 Plainfield Rd
West Lebanon, NH 03784
(603) 298-8099
Abunasra, Nazeeh Juma DMD

HILLSBOROUGH COUNTY

Dentist - General Practice

3 Stone Dental PLLC
1525 S Willow St
Unit 5
Manchester, NH 03103
(603) 641-5200
Jayakumar, Preethi DDS

Allure Dental Inc
50 S Main St
Manchester, NH 03102
(603) 384-3455
Awadi, Ammar DMD
Dinh, Minh C DMD

Lopez, Janiris R DMD Selvaraj, Archana DMD

(603) 413-0025
Gutla Palli, Narendra DMD

Alpha Dental of New England

39 Simon St
Ste 8
Nashua, NH 03060
(603) 880-4700
Ahmed, Saeed U DMD
Pasha, Laila DMD

Ammar Hussain Pabaney DMD LLC
861 Hanover St
Manchester, NH 03104
(603) 232-2266
Pabaney, Ammar H DMD

Amrita Reddy DMD PC
1031 Gold St
Manchester, NH 03103
(603) 668-5355
Barakat, Zeynep DMD
Bhat, Praveena Prashant DMD

Chitalwalla, Imran DMD
HAMATI, ISAM DDS
Horton, Nicole M DDS
Kumar, Simple DMD
Leavell, Ashley DMD
MURPHY, CATHERINE M DDS
Pamulapati, Manjari DMD
Reddy, Amrita DMD
REDDY, DEEPA DMD
Santamaria, Felix M DDS
Saxena, Megha DMD
SINGH, MALVIKA DMD
Swarup, Azeez G DDS
Yoo, Michael H DMD

131 Route 101A
Amherst, NH 03031
(603) 595-5400
Barakat, Zeynep DMD
Bhat, Praveena Prashant DMD
Kumar, Simple DMD
Reddy, Amrita DMD
Yoo, Michael H DMD

131 Route 101A
Unit 1
Amherst, NH 03031
(603) 595-5400
Pamulapati, Manjari DMD
Santamaria, Felix M DDS
Saxena, Megha DMD
SINGH, MALVIKA DMD
Swarup, Azeez G DDS

131 State Route 101A
Amherst, NH 03031
(603) 595-5400
Reddy, Amrita DMD

131 State Route 101A
Unit 1
Amherst, NH 03031
(603) 595-5400
Leavell, Ashley DMD
Reddy, Amrita DMD
SINGH, MALVIKA DMD
Yoo, Michael H DMD

274 Daniel Webster Hwy
Unit 6
Nashua, NH 03060
(603) 880-8900
Barakat, Zeynep DMD
Bhat, Praveena Prashant DMD
Kumar, Simple DMD
Pamulapati, Manjari DMD
Rajavelu, Kavitha DDS
Reddy, Amrita DMD

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MyOption Dental Providers

REDDY, DEEPA DMD
Santamaria, Felix M DDS
Saxena, Megha DMD
SINGH, MALVIKA DMD
Swarup, Azeez G DDS

375 Amherst St
 Nashua, NH 03063
 (603) 595-5400
HAMATI, ISAM DDS

7 Colby Ct
 Ste 12
 Bedford, NH 03110
 (603) 641-1144
Barakat, Zeynep DMD
Bhat, Praveena Prashant DMD
HAMATI, ISAM DDS
Kumar, Simple DMD
Pamulapati, Manjari DMD
Rajavelu, Kavitha DDS
Reddy, Amrita DMD
Santamaria, Felix M DDS
Saxena, Megha DMD
SINGH, MALVIKA DMD
Swarup, Azeez G DDS

Carroll, Timothy DMD
 3H Taggart Dr
 Nashua, NH 03060
 (603) 891-2830

Christopher Skaperdas DMD
 101 Webster St
 Manchester, NH 03104
 (603) 668-0244
Skaperdas, Christopher N DMD

Christopher Skaperdas DMD
PLLC
 101 Webster St
 Manchester, NH 03104
 (603) 668-0244
Skaperdas, Christopher N DMD

D and K Dental LLC
 155 Main Dunstable Rd
 Nashua, NH 03060
 (603) 521-8411
Chan, David B DMD

155 Main Dunstable Rd
 Ste 140
 Nashua, NH 03060
 (603) 521-8411
Chan, David B DMD
Whelan, Kelly B DMD

Dental Smiles of Nashua PLLC
 157 Main Dunstable Rd
 Ste 201
 Nashua, NH 03060
 (603) 886-8000
Goli, Radhika DMD

Doshi DMD PC
 581 2nd St
 Manchester, NH 03102
 (603) 932-2377
KANG, NAVTEJ S DMD
Lim, Ji Hyun DDS
Mehta, Siddhi D DMD
Swarup, Azeez G DDS

Dr Dental of Manchester PC
 460 Elm St
 Manchester, NH 03101
 (603) 206-5608
Pabaney, Ammar H DMD

(603) 760-6000
Adlur-Janakiraman, Sai-Anusha DMD
Dukas, Carla DMD
Khalid, Laila DMD
MAHMUD, HALA DMD
Qureshi, Marium DMD
WEEKS, GILLIAN M DMD

Dr Dental Of Nashua PC
 375 Amherst St
 Ste 8
 Nashua, NH 03063
 (603) 717-3500
Dukas, Carla DMD
Khalid, Laila DMD
MAHMUD, HALA DMD
Parakkal, Suma DMD
Qureshi, Marium DMD
WEEKS, GILLIAN M DMD

379 Amherst St
 Nashua, NH 03063
 (603) 717-3500
Dukas, Carla DMD
Faigel, Julia DMD
MAHMUD, HALA DMD
Pabaney, Ammar H DMD
Parakkal, Suma DMD
Yadav, Namrita DDS

Dr Patricia M Hamdan DMD PLLC
 280 Main St
 Ste 341
 Nashua, NH 03060
 (603) 880-0202
Hamdan, Patricia M DMD

Factor Dental Inc
 8 Vinton St
 Manchester, NH 03103
 (603) 627-8800
Dinh, Minh C DMD
Gutla Palli, Narendra DMD

Lopez, Janiris R DMD
Mariappan, Preetha DMD
Severe, Delphine D DDS
Stines, Suzette M DDS
WEGEHOF, DAVID E DMD

Gillian M Weeks DMD
 861 Hanover St
 Manchester, NH 03104
 (603) 232-2266
WEEKS, GILLIAN M DMD

Hala Mahmud
 861 Hanover St
 Manchester, NH 03104
 (603) 232-2266
MAHMUD, HALA DMD

Hanover Street Family Dental PC
 861 Hanover St
 Manchester, NH 03104
 (603) 232-2266
Dukas, Carla DMD
MAHMUD, HALA DMD
Pabaney, Ammar H DMD
Qureshi, Marium DMD

861 Hanover St
 Ste 4
 Manchester, NH 03104
 (603) 232-2266
Parakkal, Suma DMD
Whelan, Kelly B DMD

Harbor Homes Inc
 45 High St
 Nashua, NH 03060
 (603) 821-6122
Gupta, Neha DMD
Maillet, Justin D DMD

(603) 882-3616
Gupta, Neha DMD
Witts, Gary DMD

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MyOption Dental Providers

Hearty Smiles PC
97 W Merrimack St
Manchester, NH 03101
(860) 965-0530
Vasireddy, Deepthi DMD

Krothapalli Family Dental LLC
493 Amherst St
Ste 1
Nashua, NH 03063
(603) 883-2232
Mandsaurwala, Maryam DMD
Yadav, Namrita DDS

Montminy, Andre R DMD
1 Vassar Dr
Pelham, NH 03076
(603) 893-1761

Namrita Yadav DDS
861 Hanover St
Manchester, NH 03104
(603) 232-2266
Yadav, Namrita DDS

Nashua Dental Group at Profile Circle PLLC
0 Profile Cir
Nashua, NH 03063
(603) 880-5151
Khan, Akhtar G DMD

PRAVEEN KUMAR MANDERA GOVINDAIAH
2626 Brown Ave
Manchester, NH 03103
(603) 625-1877
Mandera Govindaiah, Praveen k DMD

Rabeh Hassan Ebeed Bds DDS Pc
26 Derry St
Hudson, NH 03051
(603) 883-1929
Ebeed, Rabeh H DDS
Elkeeb, Iman M DMD
Elliott, Robert W DDS
Rafizadeh, Rasha DMD
Trowbridge III, Gordon P DMD

Robert T Christ DMD
50 Derry St
Hudson, NH 03051
(603) 882-4807
Christ, Robert T DMD

Sai Anusha Adur Janakiraman
460 Elm St
Manchester, NH 03101
(603) 760-6000
Adlur Janakiraman, Sai Anusha DMD

Skaperdas, Christopher N DMD
101 Webster St
Manchester, NH 03104
(603) 668-0244

Sterling Smiles PC
505 W Hollis St
Ste 113
Nashua, NH 03062
(603) 459-8127
Dogiparthi, Mukunda N DMD

Timothy Carroll DMD Pc
3 Taggart Dr
Ste H
Nashua, NH 03060
(603) 891-2830
Carroll, Timothy DMD

We Care Dental PLLC
345 Amherst St
Ste 7
Nashua, NH 03063
(603) 204-5089
Dukas, Carla DMD

Wellspring Dental Group
155 Main Dunstable Rd
Nashua, NH 03060
(603) 521-8411
Chan, David B DMD

155 Main Dunstable Rd
Ste 140
Nashua, NH 03060
(603) 521-8411
Chan, David B DMD
Whelan, Kelly B DMD

Wellspring Dental of Bedford LLC
169 S River Rd
Unit 7
Bedford, NH 03110
(603) 232-5490
Chan, David B DMD

Dentistry - Endodontics

Amrita Reddy DMD PC
131 Route 101A
Amherst, NH 03031
(603) 595-5400
Leavell, Ashley DMD
TRUONG, DUC H DMD

131 State Route 101A
Unit 1
Amherst, NH 03031
(603) 595-5400
TRUONG, DUC H DMD

274 Daniel Webster Hwy
Unit 6
Nashua, NH 03060
(603) 880-8900
Leavell, Ashley DMD
TRUONG, DUC H DMD

7 Colby Ct
Ste 12
Bedford, NH 03110
(603) 641-1144
Leavell, Ashley DMD
TRUONG, DUC H DMD

Michael H Chow DDS
305 Main St
Nashua, NH 03060
(603) 881-8282
Diune, John W DDS

Dentistry - Oral & Maxillofacial

Amrita Reddy DMD PC
1031 Gold St
Manchester, NH 03103
(603) 668-5355
Abunasra, Nazeeh Juma DMD

131 Route 101A
Unit 1
Amherst, NH 03031
(603) 595-5400
Abunasra, Nazeeh Juma DMD

7 Colby Ct
Ste 12
Bedford, NH 03110
(603) 641-1144
Abunasra, Nazeeh Juma DMD
AZZOUNI, LAITH S DMD

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MyOption Dental Providers

Dentistry - Public Health

Amrita Reddy DMD PC

1031 Gold St
Manchester, NH 03103
(603) 668-5355

BATEMAN, ADAM R DDS
DOYLE, STEVEN W DMD

131 Route 101A
Amherst, NH 03031
(603) 595-5400

BATEMAN, ADAM R DDS
DOYLE, STEVEN W DMD

274 Daniel Webster Hwy
Unit 6
Nashua, NH 03060
(603) 880-8900

BATEMAN, ADAM R DDS
DOYLE, STEVEN W DMD

7 Colby Ct
Ste 12
Bedford, NH 03110
(603) 641-1144
BATEMAN, ADAM R DDS
DOYLE, STEVEN W DMD

MERRIMACK COUNTY

Dentist - General Practice

Caring Family Dentistry PLLC

93 N State St
Concord, NH 03301
(603) 230-9719

Sheffler, Todd J DDS

93 N State St
Ste 201
Concord, NH 03301
(603) 230-9719

Sheffler, Todd J DDS
Teixeira, Adam R DDS

Dr Young Park PC

14 Loudon Rd
Concord, NH 03301
(603) 227-9899

Leavell, Ashley DMD

273 Loudon Rd
Concord, NH 03301
(603) 227-9899

Lee, Chae Y DMD
Wilson, Peter J DMD
Yadav, Namrita DDS

Dr Young Park PC
14 Loudon Rd
Concord, NH 03301
(603) 227-9899

Leavell, Ashley DMD

273 Loudon Rd
Concord, NH 03301
(603) 227-9899

Lee, Chae Y DMD
Wilson, Peter J DMD
Yadav, Namrita DDS

Dr Young Park PC
14 Loudon Rd
Concord, NH 03301
(603) 227-9899

Leavell, Ashley DMD

273 Loudon Rd
Concord, NH 03301
(603) 227-9899

Han, Kyoung Soo DMD
Kim, Benjamin Y DMD
Ko, Min DDS

Lee, Chae Y DMD
Park, Jeong Eun DMD
Park, Young C DMD
Wilson, Peter J DMD
Yadav, Namrita DDS
Yoo, Michael H DMD

TRI-TOWN FAMILY DENTAL LLC

50 Pinewood Rd
Allentown, NH 03275
(603) 485-8464

COLLINS, DEREK M DMD

Dentistry - Endodontics

Dr Young Park PC

273 Loudon Rd
Concord, NH 03301
(603) 227-9899

Leavell, Ashley DMD

Dentistry - Oral & Maxillofacial

Dr Young Park PC

273 Loudon Rd
Concord, NH 03301
(603) 227-9899

Abunasra, Nazeeh Juma DMD

Dentistry - Periodontics

TRI-TOWN FAMILY DENTAL LLC

50 Pinewood Rd
Allentown, NH 03275
(603) 485-8464
Krothapalli, Padmaja DMD

ROCKINGHAM COUNTY

Dentist - General Practice

CARL R MANIKIAN

69 Hunt Rd
East Hampstead, NH 03826
(603) 382-8282

Manikian, Carl R DMD

DERRY DENTAL ASSOCIATES PC

7 Peabody Rd
Derry, NH 03038
(603) 434-4962
Young, Erik H DMD

Dr Young Park PC

1600 Woodbury Ave
Portsmouth, NH 03801
(603) 431-1030

Aggarwal, Prerna DDS
Bellanti, Jeffrey DMD
CARROLL, PATRICK F DMD
Dogra, Sameer DMD
ISMAEEL, BADRI K DMD
JUN, DANIEL J DMD
Ko, Min DDS

Lee, Jaeseop DMD

Liu, Di DDS

Park, Young C DMD

Shrestha, Ansana DMD

Yoo, Michael H DMD

17 Fresh River Rd
Epping, NH 03042
(603) 734-9100

Aggarwal, Prerna DDS
Bellanti, Jeffrey DMD
CARROLL, PATRICK F DMD
ISMAEEL, BADRI K DMD
JUN, DANIEL J DMD
Kumar, Simple DMD
Liu, Di DDS

Park, Jeong Eun DMD

Yoo, Michael H DMD

Dr Young Park PC

1600 Woodbury Ave
Portsmouth, NH 03801
(603) 431-1030

Aggarwal, Prerna DDS
Bellanti, Jeffrey DMD
CARROLL, PATRICK F DMD
Dogra, Sameer DMD

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MyOption Dental Providers

ISMAEEL, BADRI K DMD
JUN, DANIEL J DMD
KIM, JULIE D DMD
Ko, Min DDS
Lee, Jaeseop DMD
Liu, Di DDS
Park, Young C DMD
Shrestha, Ansana DMD
Yoo, Michael H DMD

17 Fresh River Rd
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Aggarwal, Prerna DDS
Bellanti, Jeffrey DMD
CARROLL, PATRICK F DMD
ISMAEEL, BADRI K DMD
JUN, DANIEL J DMD
Kumar, Simple DMD
Liu, Di DDS
Park, Jeong Eun DMD
Yoo, Michael H DMD

Dr Young Park PC
1600 Woodbury Ave
Portsmouth, NH 03801
(603) 431-1030
Aggarwal, Prerna DDS
Bellanti, Jeffrey DMD
CARROLL, PATRICK F DMD
Dogra, Sameer DMD
Han, Kyoung Soo DMD
ISMAEEL, BADRI K DMD
JUN, DANIEL J DMD
Ko, Min DDS
Kumar, Simple DMD
Lee, Chae Y DMD
Lee, Jaeseop DMD
Liu, Di DDS
Park, Injea DMD
Park, Jeong Eun DMD
Park, Young C DMD
Shrestha, Ansana DMD
Shrestha, Paras DMD

Wilson, Peter J DMD
Yadav, Namrita DDS
Yoo, Michael H DMD
YOON, SUNG-PIL DMD

17 Fresh River Rd
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(603) 734-9100
Aggarwal, Prerna DDS
Bellanti, Jeffrey DMD
CARROLL, PATRICK F DMD
Demille, Gabrielle DMD
Han, Kyoung Soo DMD
ISMAEEL, BADRI K DMD
JUN, DANIEL J DMD
Kim, Benjamin Y DMD
Ko, Min DDS
Kumar, Simple DMD
Lee, Chae Y DMD
Liu, Di DDS
Park, Jeong Eun DMD
Park, Young C DMD
Shrestha, Paras DMD
Yadav, Namrita DDS
Yoo, Michael H DMD

Geick, Gordon F DMD
50 Nashua Rd
Ste 104
Londonderry, NH 03053
(603) 432-2961

Gentle Family Dentistry
861 Lafayette Rd
Hampton, NH 03842
(603) 926-4575
Li, Bei DMD

Hampton Family Dental
321 Lafayette Rd
Ste B
Hampton, NH 03842
(603) 929-3969
Al-Mousawi, Sayed DMD
Boujida, Elmehdi DMD

321 Lafayette Rd
Unit B
Hampton, NH 03842
(603) 929-3969
Marquis, Matthew R DMD

Highland Family Dental PC
166 Plaistow Rd
Unit G1
Plaistow, NH 03865
(603) 382-6976
Newman Dennison, Melissa M DMD

Lifetime Dental Professionals of New Hampshire PC
380 Lafayette Rd
Unit 205
Seabrook, NH 03874
(603) 814-1640
Ouabira, Eman DMD

5 Jannell Ct
Epping, NH 03042
(603) 679-4300
Shah, Tushin A DDS

New England Endodontic Solutions
77 Gilcreast Rd
Ste 2000
Londonderry, NH 03053
(603) 425-2307
Mazzuca, Marci C DMD

Park Dental Group Seabrook PLLC
652 Lafayette Rd
Seabrook, NH 03874
(603) 760-7119
Bellanti, Jeffrey DMD
CARROLL, PATRICK F DMD
Demille, Gabrielle DMD
Han, Kyoung Soo DMD
HUSSAIN, NOMAN DMD

Ko, Min DDS
Kumar, Simple DMD
Leavell, Ashley DMD
Lee, Chae Y DMD
Liu, Di DDS
Park, Jeong Eun DMD
Park, Young C DMD
Shah, Khantil DMD
Wilson, Peter J DMD

652 Lafayette Rd
Unit 1
Seabrook, NH 03874
(603) 760-7119
CARROLL, PATRICK F DMD
YOON, SUNG-PIL DMD

652 Lafayette Rd
Unit 1
Seabrook, NH 38744
(603) 760-7119
CARROLL, PATRICK F DMD

Rabeh Hassan Ebeed Bds DDS Pc
80 Nashua Rd
Ste 11
Londonderry, NH 03053
(603) 434-0044
Ebeed, Rabeh H DDS
Elliott, Robert W DDS
Trowbridge III, Gordon P DMD

(603) 934-0044
Elkeeb, Iman M DMD

VILLAGE GREEN FAMILY DENTISTRY
33 Indian Rock Rd
Windham, NH 03087
(603) 552-3486
Mcknight, Onaiza J DMD

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MyOption Dental Providers

Dentistry - Endodontics

Dr Young Park PC
1600 Woodbury Ave
Portsmouth, NH 03801
(603) 431-1030
Leavell, Ashley DMD

17 Fresh River Rd
Epping, NH 03042
(603) 734-9100
Leavell, Ashley DMD

New England Endodontic Solutuins
77 Gilcreast Rd
Ste 2000
Londonderry, NH 03053
(603) 425-2307
Liu, Hongsheng DMD
Lyons, Marilyn S DMD

ONE COMMONS ENDODON-TICS PLLC
1F Commons Dr
Unit 39
Londonderry, NH 03053
(603) 552-3632
MIRUCKI, CHRISTOPHER S DMD

Dentistry - Oral & Maxillofacial

Dr Young Park PC
17 Fresh River Rd
Epping, NH 03042
(603) 734-9100
Thakker, Pankaj DMD

Dentistry - Public Health

Dr Young Park PC
1600 Woodbury Ave
Portsmouth, NH 03801
(603) 431-1030
BATEMAN, ADAM R DDS
DOYLE, STEVEN W DMD

17 Fresh River Rd
Epping, NH 03042
(603) 734-9100
DOYLE, STEVEN W DMD

Dr Young Park PC
1600 Woodbury Ave
Portsmouth, NH 03801
(603) 431-1030
BATEMAN, ADAM R DDS
DOYLE, STEVEN W DMD

17 Fresh River Rd
Epping, NH 03042
(603) 734-9100
DOYLE, STEVEN W DMD

Dr Young Park PC
1600 Woodbury Ave
Portsmouth, NH 03801
(603) 431-1030
BATEMAN, ADAM R DDS
DOYLE, STEVEN W DMD

17 Fresh River Rd
Epping, NH 03042
(603) 734-9100
DOYLE, STEVEN W DMD

Park Dental Group Seabrook PLLC
652 Lafayette Rd
Seabrook, NH 03874
(603) 760-7119
Thakker, Pankaj DMD

STRAFFORD COUNTY

Dentist - General Practice

Dr Young Park PC
160 Washington St
Unit 602
Rochester, NH 03839
(603) 330-0006
YOON, SUNG-PIL DMD

160 Washington St
Unit 603
Rochester, NH 03839
(603) 330-0006
Aggarwal, Prerna DDS
Bellant, Jeffrey DMD
CARROLL, PATRICK F DMD
Dogra, Sameer DMD
ISMAEEL, BADRI K DMD
JUN, DANIEL J DMD
Lee, Jaeseop DMD
Liu, Di DDS
Shrestha, Ansana DMD
Takulla-Khalil, Nisreen F DDS
Yoo, Michael H DMD

Dr Young Park PC
160 Washington St
Unit 602
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(603) 330-0006
YOON, SUNG-PIL DMD

160 Washington St
Unit 603
Rochester, NH 03839
(603) 330-0006
Aggarwal, Prerna DDS
Bellant, Jeffrey DMD
CARROLL, PATRICK F DMD
Dogra, Sameer DMD
ISMAEEL, BADRI K DMD

JUN, DANIEL J DMD
Lee, Jaeseop DMD
Liu, Di DDS
Shrestha, Ansana DMD
Takulla-Khalil, Nisreen F DDS
Yoo, Michael H DMD

Dr Young Park PC
160 Washington St
Unit 602
Rochester, NH 03839
(603) 330-0006
YOON, SUNG-PIL DMD

160 Washington St
Unit 603
Rochester, NH 03839
(315) 454-6000
Demille, Gabrielle DMD
Han, Kyoung Soo DMD
Ko, Min DDS
Kumar, Simple DMD
Lee, Chae Y DMD
Park, Jeong Eun DMD
Park, Young C DMD
YOON, SUNG-PIL DMD

(603) 330-0006
Aggarwal, Prerna DDS
Bellant, Jeffrey DMD
CARROLL, PATRICK F DMD
Dogra, Sameer DMD
ISMAEEL, BADRI K DMD
JUN, DANIEL J DMD
Lee, Jaeseop DMD
Liu, Di DDS
Park, Injea DMD
Shrestha, Ansana DMD
Shrestha, Paras DMD
Takulla-Khalil, Nisreen F DDS
Wilson, Peter J DMD
Yadav, Namrita DDS

Humana Medicare Advantage Plans are not providers of medical services. Humana Medicare Advantage Plans do not endorse, control, or interfere with the clinical judgment or treatment recommendations made by the physicians or other providers listed in this directory or otherwise selected by you.

MyOption Dental Providers

MYOPTION DENTAL PROVIDERS

Yoo, Michael H DMD

Greater Seacoast Community Health

311 Route 108
Somersworth, NH 03878
(603) 953-0065

Fredette, Gregory A DMD

Goode, Whitney E DMD

Slaughter, Lisa DMD

Lifetime Dental Professionals of New Hampshire PC

152 Highland St
Rochester, NH 03868
(603) 332-8868

Moon, Thomas B DDS

Yjz Dental Pc

750 Columbus Ave
Rochester, NH 03867
(603) 332-7800

Agnihotri, Swati DMD

Ebeed, Nader H DMD

Ebeed, Rabeh H DDS

Pasquerella, Thomas M DDS

DOYLE, STEVEN W DMD

Thakker, Pankaj DMD

Dr Young Park PC

160 Washington St
Unit 603
Rochester, NH 03839
(603) 330-0006

BATEMAN, ADAM R DDS

DOYLE, STEVEN W DMD

Thakker, Pankaj DMD

Dr Young Park PC

160 Washington St
Unit 603
Rochester, NH 03839
(603) 330-0006

BATEMAN, ADAM R DDS

DOYLE, STEVEN W DMD

Thakker, Pankaj DMD

Dentistry - Endodontics

Dr Young Park PC

160 Washington St
Unit 603
Rochester, NH 03839
(315) 454-6000

Leavell, Ashley DMD

Dentistry - Public Health

Dr Young Park PC

160 Washington St
Unit 603
Rochester, NH 03839
(603) 330-0006

BATEMAN, ADAM R DDS

Humana Medicare Advantage Plans are not providers of medical services. Humana Medicare Advantage Plans do not endorse, control, or interfere with the clinical judgment or treatment recommendations made by the physicians or other providers listed in this directory or otherwise selected by you.

MyOption Vision Providers

This listing of MyOption Vision providers is only to help you find a provider for routine vision exams and eye wear, such as glasses or contact lenses. For information about your benefit, see your Evidence of Coverage.

NEW HAMPSHIRE

BELKNAP COUNTY

Ophthalmologist

SHETTY, PRABHAKAR K, M.D.
36 COUNTRY CLUB RD
LACONIA, NH 3247
(603) 524-8020

Optician

IRVING, C RICHARD, OPT.
VILLAGE WEST II
36 COUNTRY CLUB RD
GILFORD, NH 3249
(603) 524-2050

Optometrist

KRAUCHUNAS, SCOTT M, O.D.
320 DANIEL WEBSTER HWY
BELMONT, NH 3220
(603) 527-2035

MCMANUS, PAUL A, O.D.
950 NORTH MAIN ST
LACONIA, NH 3246
(603) 524-5770

CHESHIRE COUNTY

Optometrist

SHALAPYONOK, TATYANA, O.D.
461 WEST ST
KEENE, NH 3431
(603) 357-2990

TUTHILL, EMILY, O.D.

461 WEST ST
KEENE, NH 3431
(603) 357-2990

COOS COUNTY

Optician

TREMAINE, RICHARD, OPT.
148 MAIN ST
BERLIN, NH 3570
(603) 752-3382

Optometrist

DRUM, NATHAN H, O.D.
109 MAIN ST
COLEBROOK, NH 3576
(603) 237-4500

95 MAIN ST
LANCASTER, NH 3584
(603) 788-4027

KAY, RICHARD A, O.D.
108 MAIN ST
COLEBROOK, NH 3576
(603) 237-8777

20 GLENN RD
GORHAM, NH 3581
(603) 466-5477

GRAFTON COUNTY

Ophthalmologist

DAVE, SARITA B, M.D.
103 BOULDER POINT DR
PLYMOUTH, NH 3264
(603) 536-1284

GARFINKLE, ANDREW M, M.D.
607 TENNEY MOUNTAIN HWY
STE 107
PLYMOUTH, NH 3264
(603) 527-3644

MUSCO, PAUL S, M.D.
103 BOULDER POINT DR
PLYMOUTH, NH 3264
(603) 536-1284

ROSEN, WILLIAM J, M.D.
103 BOULDER POINT DR
PLYMOUTH, NH 3264
(603) 536-1284

Optician

GRIFFITHS SMITH, KAREN G, OPT.
24 HANOVER ST
STE 3
LEBANON, NH 3766
(603) 448-0030

KASS, MARTIN D, OPT.
607 TENNEY MTN HWY
STE 101
PLYMOUTH, NH 3264
(603) 536-3569

Optometrist

HE, RAN, O.D.
45 LYME RD
STE 201
HANOVER, NH 3755
(603) 643-2140

MORRIS, SHAWN P, O.D.
45 LYME RD
STE 201
HANOVER, NH 3755
(603) 643-2140

OUGH, LANCE F, O.D.
103 BOULDER POINT DR
PLYMOUTH, NH 3264
(603) 536-1284

PITTMAN, NICHOLAS A, O.D.
45 LYME RD
STE 201
HANOVER, NH 3755
(603) 643-2140

TALKINGTON, RICHARD L, O.D.
607 TENNEY MOUNTAIN HWY
STE 107
PLYMOUTH, NH 3264
(603) 527-3644

WARREN, EDWARD C, O.D.
24 HANOVER ST
STE 3A
LEBANON, NH 3766
(603) 448-2111

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MyOption Vision Providers

HILLSBOROUGH COUNTY

Ophthalmologist

BAROUCH, FINA C, M.D.

30 LOWELL RD
HUDSON, NH 3051
(603) 598-6400

5 COLISEUM AVE
NASHUA, NH 3063
(603) 882-9800

555 NASHUA ST
MILFORD, NH 3055
(603) 672-8800

BLAKE, TIMOTHY D, M.D.

30 LOWELL RD
HUDSON, NH 3051
(603) 598-6400

5 COLISEUM AVE
NASHUA, NH 3063
(603) 882-9800

555 NASHUA ST
MILFORD, NH 3055
(603) 672-8800

CALLAHAN, ALISON B, M.D.

30 LOWELL RD
HUDSON, NH 3051
(603) 598-6400

5 COLISEUM AVE
NASHUA, NH 3063
(603) 882-9800

555 NASHUA ST
MILFORD, NH 3055
(603) 672-8800

CHEN, VICKI M, M.D.

30 LOWELL RD
HUDSON, NH 3051
(603) 598-6400

5 COLISEUM AVE
NASHUA, NH 3063
(603) 882-9800

555 NASHUA ST
MILFORD, NH 3055
(603) 672-8800

CHOI, CATHERINE S, M.D.

5 COLISEUM AVE
NASHUA, NH 3063
(603) 882-9800

COOMBS, PETER G, M.D.

30 LOWELL RD
HUDSON, NH 3051
(603) 598-6400

5 COLISEUM AVE
NASHUA, NH 3063
(603) 882-9800

555 NASHUA ST
MILFORD, NH 3055
(603) 672-8800

DAGIANIS, JOHN J, M.D.

30 LOWELL RD
HUDSON, NH 3051
(603) 598-6400

5 COLISEUM AVE
NASHUA, NH 3063
(603) 882-9800

555 NASHUA ST
MILFORD, NH 3055
(603) 672-8800

DESAI-BARTOLI, SONALEE, M.D.

30 LOWELL RD
HUDSON, NH 3051
(603) 598-6400

5 COLISEUM AVE
NASHUA, NH 3063
(603) 882-9800

555 NASHUA ST
MILFORD, NH 3055
(603) 672-8800

HEHER, KATRINKA L, M.D.

30 LOWELL RD
HUDSON, NH 3051
(603) 598-6400

5 COLISEUM AVE
NASHUA, NH 3063
(603) 882-9800

555 NASHUA ST
MILFORD, NH 3055
(603) 672-8800

PARIKH, PURAK C, M.D.

30 LOWELL RD
HUDSON, NH 3051
(603) 598-6400

5 COLISEUM AVE
NASHUA, NH 3063
(603) 882-9800

555 NASHUA ST
MILFORD, NH 3055
(603) 672-8800

RIDDLE, PATRICK J, M.D.

30 LOWELL RD
HUDSON, NH 3051
(603) 598-6400

5 COLISEUM AVE
NASHUA, NH 3063
(603) 882-9800

555 NASHUA ST
MILFORD, NH 3055
(603) 672-8800

WINGATE, CHARLES E, M.D.

30 LOWELL RD
HUDSON, NH 3051
(603) 598-6400

5 COLISEUM AVE
NASHUA, NH 3063
(603) 882-9800

555 NASHUA ST
MILFORD, NH 3055
(603) 672-8800

Optician

BIONDI, LOUIS M, OPT.

PHEASANT LN MALL
310 DANIEL WEBSTER HWY
STE 232
NASHUA, NH 3060
(603) 888-6500

Optometrist

ABRAMS, MICHAEL B, O.D.

PHEASANT LANE MALL
310 DANIEL WEBSTER HWY
STE 259
NASHUA, NH 3063
(603) 888-9292

THE MALL OF NEW HAMPSHIRE
1500 S WILLOW ST
MANCHESTER, NH 3103
(603) 626-6615

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MyOption Vision Providers

ASCERIC, ASJA, O.D.
DANIEL WEBSTER PLAZA
225 DANIEL WEBSTER PLAZA
NASHUA, NH 3060
(603) 888-1012

TJ MAXX PLAZA
6 MARCH AVE
MANCHESTER, NH 3103
(603) 647-8250

BAER, MARTIN J, O.D.
DANIEL WEBSTER PLAZA
225 DANIEL WEBSTER PLAZA
NASHUA, NH 3060
(603) 888-1012

TJ MAXX PLAZA
6 MARCH AVE
MANCHESTER, NH 3103
(603) 647-8250

CHAUVETTE, KEVIN M, O.D.
1093 ELM ST
MANCHESTER, NH 3101
(603) 296-0235

2075 S WILLOW ST
UNIT 2
MANCHESTER, NH 3103
(603) 644-6100

401 DANIEL WEBSTER HWY
MERRIMACK, NH 3054
(603) 644-6100

603 NASHUA ST
SUITE 03
MILFORD, NH 3055
(603) 644-6100

87 ELM ST
MANCHESTER, NH 3101
(603) 935-5966

CHUNG, DERRICK Y, O.D.
310 DANIEL WEBSTER HWY
NASHUA, NH 3060
(603) 888-9088

COTE MURPHY, MARGUERITE L, O.D.
254 BEECH ST
MANCHESTER, NH 3103
(603) 669-2043

COUTU, RONALD B, O.D.
30 LOWELL RD
HUDSON, NH 3051
(603) 598-6400

5 COLISEUM AVE
NASHUA, NH 3063
(603) 882-9800

555 NASHUA ST
MILFORD, NH 3055
(603) 672-8800

DALDINE, CHRISTOPHER J, O.D.
262 MAIN DUNSTABLE RD
NASHUA, NH 3062
(603) 598-1620

DOAN, HIEU P, O.D.
DANIEL WEBSTER PLAZA
225 DANIEL WEBSTER PLAZA
NASHUA, NH 3060
(603) 888-1012

PHEASANT LANE MALL
310 DANIEL WEBSTER HWY
STE 259
NASHUA, NH 3063
(603) 888-9292

TJ MAXX PLAZA
6 MARCH AVE
MANCHESTER, NH 3103
(603) 647-8250

DONAHUE, CHRISTINE C, O.D.
581 2ND ST
MANCHESTER, NH 3102
(603) 668-2010

DONALD, MELISSA C, O.D.
1093 ELM ST
MANCHESTER, NH 3101
(603) 296-0235

ENGELHART, FERDINAND K, O.D.
30 LOWELL RD
HUDSON, NH 3051
(603) 598-6400

5 COLISEUM AVE
NASHUA, NH 3063
(603) 882-9800

555 NASHUA ST
MILFORD, NH 3055
(603) 672-8800

FELDBERG, KARA B, O.D.
1093 ELM ST
MANCHESTER, NH 3101
(603) 296-0235

2075 S WILLOW ST
UNIT 2
MANCHESTER, NH 3103
(603) 644-6100

401 DANIEL WEBSTER HWY
MERRIMACK, NH 3054
(603) 644-6100

603 NASHUA ST
SUITE 03
MILFORD, NH 3055
(603) 644-6100

FRANCIS, MATTHEW J, O.D.
2075 S WILLOW ST
UNIT 2
MANCHESTER, NH 3103
(603) 644-6100

401 DANIEL WEBSTER HWY
MERRIMACK, NH 3054
(603) 644-6100

FRANK, HEIDI L, O.D.
203 LOWELL RD
HUDSON, NH 3051
(978) 256-6565

FUNG, EVA, O.D.
274 DANIEL WEBSTER HWY
NASHUA, NH 3062
(603) 598-1620

FUSCO, ANTHONY, O.D.
DANIEL WEBSTER PLAZA
225 DANIEL WEBSTER PLAZA
NASHUA, NH 3060
(603) 888-1012

TJ MAXX PLAZA
6 MARCH AVE
MANCHESTER, NH 3103
(603) 647-8250

GALLANT-BEHAN, SUSAN M, O.D.
THE MALL OF NEW HAMPSHIRE
1500 S WILLOW ST
MANCHESTER, NH 3103
(603) 626-6615

GILLIGAN, LINDA S, O.D.
581 2ND ST
MANCHESTER, NH 3102
(603) 668-2010

GRIMM, ADAM T, O.D.
1093 ELM ST
MANCHESTER, NH 3101
(603) 296-0235

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MyOption Vision Providers

MYOPTION VISION PROVIDERS

2075 S WILLOW ST
UNIT 2
MANCHESTER, NH 3103
(603) 644-6100

401 DANIEL WEBSTER HWY
MERRIMACK, NH 3054
(603) 644-6100

87 ELM ST
MANCHESTER, NH 3101
(603) 935-5966

GROVES, ROBERT D, O.D.
PHEASANT LANE MALL
310 DANIEL WEBSTER HWY
STE 259
NASHUA, NH 3063
(603) 888-9292

THE MALL OF NEW HAMPSHIRE
1500 S WILLOW ST
MANCHESTER, NH 3103
(603) 626-6615

HAMER, HILARY A, O.D.
30 LOWELL RD
HUDSON, NH 3051
(603) 598-6400

5 COLISEUM AVE
NASHUA, NH 3063
(603) 882-9800

555 NASHUA ST
MILFORD, NH 3055
(603) 672-8800

HARRIS, MARK W, O.D.
1093 ELM ST
MANCHESTER, NH 3101
(603) 296-0235

2075 S WILLOW ST
UNIT 2
MANCHESTER, NH 3103
(603) 644-6100

401 DANIEL WEBSTER HWY
MERRIMACK, NH 3054
(603) 644-6100

HETU RADNY, SARAH A, O.D.
254 BEECH ST
MANCHESTER, NH 3103
(603) 669-2043

HOLTMAN, LISA J, O.D.
1093 ELM ST
MANCHESTER, NH 3101
(603) 296-0235

2075 S WILLOW ST
UNIT 2
MANCHESTER, NH 3103
(603) 644-6100

401 DANIEL WEBSTER HWY
MERRIMACK, NH 3054
(603) 644-6100

603 NASHUA ST
SUITE 03
MILFORD, NH 3055
(603) 644-6100

87 ELM ST
MANCHESTER, NH 3101
(603) 935-5966

JOHNSON, MICHAEL E, O.D.
381 S WILLOW ST
MANCHESTER, NH 3103
(603) 629-0090

LEE, CHANG SOO DANIE D, O.D.
1500 S WILLOW ST
MANCHESTER, NH 3103
(603) 624-8363

LINNELL, MARY E, O.D.
DANIEL WEBSTER PLAZA
225 DANIEL WEBSTER PLAZA
NASHUA, NH 3060
(603) 888-1012

TJ MAXX PLAZA
6 MARCH AVE
MANCHESTER, NH 3103
(603) 647-8250

LOPEZ, HENRY A, O.D.
DANIEL WEBSTER PLAZA
225 DANIEL WEBSTER PLAZA
NASHUA, NH 3060
(603) 888-1012

TJ MAXX PLAZA
6 MARCH AVE
MANCHESTER, NH 3103
(603) 647-8250

MALLIN, PATRICK J, O.D.
1093 ELM ST
MANCHESTER, NH 3101
(603) 296-0235

2075 S WILLOW ST
UNIT 2
MANCHESTER, NH 3103
(603) 644-6100

401 DANIEL WEBSTER HWY
MERRIMACK, NH 3054
(603) 644-6100

603 NASHUA ST
SUITE 03
MILFORD, NH 3055
(603) 644-6100

87 ELM ST
MANCHESTER, NH 3101
(603) 935-5966

MANGANO, LAUREN, O.D.
30 LOWELL RD
HUDSON, NH 3051
(603) 598-6400

5 COLISEUM AVE
NASHUA, NH 3063
(603) 882-9800

555 NASHUA ST
MILFORD, NH 3055
(603) 672-8800

MEINHOLD, JOHN R, O.D.
DANIEL WEBSTER PLAZA
225 DANIEL WEBSTER PLAZA
NASHUA, NH 3060
(603) 888-1012

THE MALL OF NEW HAMPSHIRE
1500 S WILLOW ST
MANCHESTER, NH 3103
(603) 626-6615

TJ MAXX PLAZA
6 MARCH AVE
MANCHESTER, NH 3103
(603) 647-8250

MOCKLIS, PETER K, O.D.
381 S WILLOW ST
MANCHESTER, NH 3103
(603) 629-0090

MUN, ALVIN K, O.D.
PHEASANT LANE MALL
310 DANIEL WEBSTER HWY
STE 259
NASHUA, NH 3063
(603) 888-9292

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MyOption Vision Providers

THE MALL OF NEW HAMPSHIRE
1500 S WILLOW ST
MANCHESTER, NH 3103
(603) 626-6615

NGUYEN, THUY-NGA, O.D.
1093 ELM ST
MANCHESTER, NH 3101
(603) 296-0235

2075 S WILLOW ST
UNIT 2
MANCHESTER, NH 3103
(603) 644-6100

401 DANIEL WEBSTER HWY
MERRIMACK, NH 3054
(603) 644-6100

87 ELM ST
MANCHESTER, NH 3101
(603) 935-5966

NOLEN, MICHAEL B, O.D.
17 COLBY COURT
BEDFORD, NH 3110
(603) 624-1700

OLEKSIV, NADIYA, O.D.
381 S WILLOW ST
MANCHESTER, NH 3103
(603) 629-0090

PATEL, RADHIKA M, O.D.
30 LOWELL RD
HUDSON, NH 3051
(603) 598-6400

5 COLISEUM AVE
NASHUA, NH 3063
(603) 882-9800

555 NASHUA ST
MILFORD, NH 3055
(603) 672-8800

REDMOND, ROSE M, O.D.
DANIEL WEBSTER PLAZA
225 DANIEL WEBSTER PLAZA
NASHUA, NH 3060
(603) 888-1012

TJ MAXX PLAZA
6 MARCH AVE
MANCHESTER, NH 3103
(603) 647-8250

SAMUEL, PATRICIA P, O.D.
262 MAIN DUNSTABLE RD
NASHUA, NH 3062
(603) 598-1620

381 S WILLOW ST
MANCHESTER, NH 3103
(603) 629-0090

SCHMITT, SUZANNA M, O.D.
1093 ELM ST
MANCHESTER, NH 3101
(603) 296-0235

2075 S WILLOW ST
UNIT 2
MANCHESTER, NH 3103
(603) 644-6100

401 DANIEL WEBSTER HWY
MERRIMACK, NH 3054
(603) 644-6100

603 NASHUA ST
SUITE 03
MILFORD, NH 3055
(603) 644-6100

87 ELM ST
MANCHESTER, NH 3101
(603) 935-5966

SCHULTENOVER, MARCY V, O.D.
381 S WILLOW ST
MANCHESTER, NH 3103
(603) 629-0090

SHALAPYONOK, TATYANA, O.D.
30 LOWELL RD
HUDSON, NH 3051
(603) 598-6400

5 COLISEUM AVE
NASHUA, NH 3063
(603) 882-9800

555 NASHUA ST
MILFORD, NH 3055
(603) 672-8800

STEADMAN, MARK C, O.D.
262 MAIN DUNSTABLE RD
NASHUA, NH 3062
(603) 598-1620

SUTHERLAND, PHILIP L, O.D.
30 LOWELL RD
HUDSON, NH 3051
(603) 598-6400

5 COLISEUM AVE
NASHUA, NH 3063
(603) 882-9800

555 NASHUA ST
MILFORD, NH 3055
(603) 672-8800

TARR, AMANDA J, O.D.
DANIEL WEBSTER PLAZA
225 DANIEL WEBSTER PLAZA
NASHUA, NH 3060
(603) 888-1012

TJ MAXX PLAZA
6 MARCH AVE
MANCHESTER, NH 3103
(603) 647-8250

WILLIAMS, RANDY M, O.D.
581 2ND ST
MANCHESTER, NH 3102
(603) 668-2010

WOLF, NANCY E, O.D.
39 S RIVER RD
BEDFORD, NH 3110
(603) 836-5353

YAO, WENSHENG W, O.D.
SUMMERSET PLAZA
379 AMHERST ST
NASHUA, NH 3063
(603) 886-8222

MERRIMACK COUNTY

Optician

LINNANE, DAVID W, OPT.
217 FISHERVILLE RD
CONCORD, NH 3303
(603) 753-9442

Optometrist

AUG, JANET, O.D.
STEEPLEGATE MALL
270 LOUDON RD
CONCORD, NH 3301
(603) 226-0676

CHE, BAO, O.D.
270 LOUDON RD
CONCORD, NH 3301
(603) 225-8305

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MyOption Vision Providers

CHEW, RAYMOND Y, O.D.
8 N STATE ST
CONCORD, NH 3301
(603) 225-2512

DEVITSKAYA, ALLA, O.D.
STEEPLEGATE MALL
270 LOUDON RD
CONCORD, NH 3301
(603) 226-0676

FISCHER, SUSAN E, O.D.
217 FISHERVILLE RD
CONCORD, NH 3303
(603) 753-9442

JANN, ALYSSA M, O.D.
8 N STATE ST
CONCORD, NH 3301
(603) 225-2512

LACH, LISA, O.D.
STEEPLEGATE MALL
270 LOUDON RD
CONCORD, NH 3301
(603) 226-0676

MARTIN, DONNA, O.D.
STEEPLEGATE MALL
270 LOUDON RD
CONCORD, NH 3301
(603) 226-0676

UDINA, CHRISTOPHER P, O.D.
8 N STATE ST
CONCORD, NH 3301
(603) 225-2512

VALLIERES, DEBORAH L, O.D.
STEEPLEGATE MALL
270 LOUDON RD
CONCORD, NH 3301
(603) 226-0676

ROCKINGHAM COUNTY

D.O.

LAMY, FRANCIS R, D.O.
3 ORCHARD VIEW DR
LONDONDERRY, NH 3053
(603) 421-0022

43 BIRCH STREET
DERRY, NH 3038
(603) 434-3937

Ophthalmologist

BECK, ADAM P, M.D.
75 GILCREAST ROAD
STE 210
LONDONDERRY, NH 3053
(603) 421-0095

BRANCHINI, LAUREN A, M.D.
49 RANGE RD
STE 101
WINDHAM, NH 3087
(603) 434-4193

6 BUTTRICK RD
STE 300
LONDONDERRY, NH 3053
(603) 434-4193

OVERLOOK MEDICAL PARK
6 TSIENNETO RD
STE 101
DERRY, NH 3038
(603) 434-4193

RAO, NAVEEN K, M.D.
49 RANGE RD
STE 101
WINDHAM, NH 3087
(603) 434-4193

6 BUTTRICK RD
STE 300
LONDONDERRY, NH 3053
(603) 434-4193

OVERLOOK MEDICAL PARK
6 TSIENNETO RD
STE 101
DERRY, NH 3038
(603) 434-4193

SPINDEL, GERALD P, M.D.
49 RANGE RD
STE 101
WINDHAM, NH 3087
(603) 434-4193

6 BUTTRICK RD
STE 300
LONDONDERRY, NH 3053
(603) 434-4193

OVERLOOK MEDICAL PARK
6 TSIENNETO RD
STE 101
DERRY, NH 3038
(603) 434-4193

TALLMAN, CARTER B, M.D.
29 STILES ROAD
STE 101
SALEM, NH 3079
(603) 893-7400

VAZAN, DAVID F, M.D.
49 RANGE RD
STE 101
WINDHAM, NH 3087
(603) 434-4193

6 BUTTRICK RD
STE 300
LONDONDERRY, NH 3053
(603) 434-4193

OVERLOOK MEDICAL PARK
6 TSIENNETO RD
STE 101
DERRY, NH 3038
(603) 434-4193

Optician

ARNOLD, ROBIN J, OPT.
1500 LAFAYETTE ROAD
PORTSMOUTH, NH 3801
(603) 433-2020

DECECCA, TERRI K, OPT.
241 CALEF HWY
EPPING, NH 3042
(603) 679-1880

DELVALLE WEBB, JUDITH, OPT.
224 NORTH BROADWAY
BLDG E1
SALEM, NH 3079
(603) 458-1908

MURABITO, LEANNE, OPT.
265 E MAIN ST
EAST HAMPSTEAD, NH 3826
(603) 382-1195

SEAY, PATRICIA A, OPT.
241 CALEF HWY
EPPING, NH 3042
(603) 679-1880

Optometrist

ARIN, KORAY T, O.D.
203 S BROADWAY
SALEM, NH 3079
(603) 824-9702

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MyOption Vision Providers

ASCERIC, ASJA, O.D.
THE MALL AT ROCKINGHAM
PARK
99 ROCKINGHAM PARK BLVD
SALEM, NH 3079
(603) 898-8282

BAER, MARTIN J, O.D.
THE MALL AT ROCKINGHAM
PARK
99 ROCKINGHAM PARK BLVD
SALEM, NH 3079
(603) 898-8282

BERGERON, PAULA M, O.D.
K-MART PLAZA
167 S BROADWAY
SALEM, NH 3079
(603) 893-5323

BLAIR, DOUGLAS J, O.D.
49 RANGE RD
STE 101
WINDHAM, NH 3087
(603) 434-4193

6 BUTTRICK RD
STE 300
LONDONDERRY, NH 3053
(603) 434-4193

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6 TSIENNETO RD
STE 101
DERRY, NH 3038
(603) 434-4193

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29 STILES ROAD
STE 101
SALEM, NH 3079
(603) 893-7400

CATALANO, AMY C, O.D.
FOX RUN MALL
50 FOX RUN RD
BOX 103
PORTSMOUTH, NH 3801
(603) 430-8384

CHAUVETTE, KEVIN M, O.D.
13 INDIAN ROCK ROAD
WINDHAM, NH 3087
(603) 792-2020

70 BUTLER ST
SALEM, NH 3079
(603) 644-6100

CHIN, JASON R, O.D.
139 MAIN ST
NEWMARKET, NH 3857
(603) 659-2015

COLLINS, BARRY J, O.D.
74 PORTSMOUTH AVE
STE 13
STRATHAM, NH 3885
(603) 772-7100

CRUSBERG, WENDY K, O.D.
605 LAFAYETTE RD
PORTSMOUTH, NH 3801
(603) 427-6600

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UNIT I
PLAISTOW, NH 3865
(603) 382-1414

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99 ROCKINGHAM PARK BLVD
SALEM, NH 3079
(603) 898-8282

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(603) 659-2015

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FOX RUN MALL
50 FOX RUN RD
BOX 103
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(603) 430-8384

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STE 204
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(603) 463-7373

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K-MART PLAZA
167 S BROADWAY
SALEM, NH 3079
(603) 893-5323

FU, YUE, O.D.
3 ORCHARD VIEW DR
LONDONDERRY, NH 3053
(603) 421-0022

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DERRY, NH 3038
(603) 434-3937

THE MALL AT ROCKINGHAM
PARK
77 ROCKINGHAM PARK BLVD
SALEM, NH 3079
(603) 894-7783

FULLER, RYAN K, O.D.
FOX RUN MALL
50 FOX RUN RD
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PORTSMOUTH, NH 3801
(603) 430-8384

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SALEM, NH 3079
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(603) 792-2020

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(603) 679-1880

FOX RUN MALL
50 FOX RUN RD
BOX 103
PORTSMOUTH, NH 3801
(603) 430-8384

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(603) 430-8384

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605 LAFAYETTE RD
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(603) 427-6600

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(603) 382-1414

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(603) 679-1880

LEE, CHANG SOO DANIE D, O.D.
241 CALEF HWY
EPPING, NH 3042
(603) 679-1880

50 FOX RUN RD
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(603) 430-9604

LESSARD, GUY R, O.D.
265 E MAIN ST
EAST HAMPSTEAD, NH 3826
(603) 382-1195

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(603) 898-8282

LOPEZ, HENRY A, O.D.
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(603) 659-2015

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99 ROCKINGHAM PARK BLVD
SALEM, NH 3079
(603) 898-8282

MOCKLIS, PETER K, O.D.
605 LAFAYETTE RD
PORTSMOUTH, NH 3801
(603) 427-6600

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UNIT I
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(603) 382-1414

NANGLE, EMILY, O.D.
75 GILCREAST ROAD
STE 210
LONDONDERRY, NH 3053
(603) 421-0095

NGUYEN, THUY-NGA, O.D.
13 INDIAN ROCK ROAD
WINDHAM, NH 3087
(603) 792-2020

O'BLOCK, JOHN M, O.D.
49 RANGE RD
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WINDHAM, NH 3087
(603) 434-4193

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LONDONDERRY, NH 3053
(603) 434-4193

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6 TSIENNETO RD
STE 101
DERRY, NH 3038
(603) 434-4193

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(603) 427-6600

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PLAISTOW, NH 3865
(603) 382-1414

75 GILCREAST ROAD
STE 210
LONDONDERRY, NH 3053
(603) 421-0095

ONYON, MICHAEL J, O.D.
8 STILES RD
STE 106
SALEM, NH 3079
(603) 890-8821

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3 ORCHARD VIEW DR
LONDONDERRY, NH 3053
(603) 421-0022

43 BIRCH STREET
DERRY, NH 3038
(603) 434-3937

REDMOND, ROSE M, O.D.
THE MALL AT ROCKINGHAM PARK
99 ROCKINGHAM PARK BLVD
SALEM, NH 3079
(603) 898-8282

SAMUEL, PATRICIA P, O.D.
605 LAFAYETTE RD
PORTSMOUTH, NH 3801
(603) 427-6600

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605 LAFAYETTE RD
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7 PLAISTOW RD
UNIT I
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(603) 382-1414

SHANLEY, JENNIFER M, O.D.
58 RANGE RD
STE 12
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(603) 893-1500

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TALLMAN, KRISTIN B, O.D.
29 STILES ROAD
STE 101
SALEM, NH 3079
(603) 893-7400

TARR, AMANDA J, O.D.
THE MALL AT ROCKINGHAM
PARK
99 ROCKINGHAM PARK BLVD
SALEM, NH 3079
(603) 898-8282

VALENTI, JAMES F, O.D.
29 STILES ROAD
STE 101
SALEM, NH 3079
(603) 893-7400

VANN, DONNA, O.D.
29 STILES ROAD
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SALEM, NH 3079
(603) 893-7400

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3 ORCHARD VIEW DR
LONDONDERRY, NH 3053
(603) 421-0022

43 BIRCH STREET
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(603) 434-3937

WOOD, SARAH L, O.D.
49 RANGE RD
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(603) 434-4193

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(603) 434-4193

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(603) 434-4193

ZHANG, RICHARD Y, O.D.
DR YILIN R ZHANG OD PHD
224 NORTH BROADWAY
STE B1
SALEM, NH 3079
(603) 898-8252

ZHU, YUHUI, O.D.
326 N BROADWAY
SALEM, NH 3079
(603) 894-4747

STRAFFORD COUNTY

Optometrist

ASLAM, NAILA, O.D.
65 BELKNAP ST
DOVER, NH 3820
(603) 742-5719

CRUSBERG, WENDY K, O.D.
827 CENTRAL AVE
UNIT 3
DOVER, NH 3820
(603) 343-1123

DOWD, SHIRLIE A, O.D.
65 BELKNAP ST
DOVER, NH 3820
(603) 742-5719

GUARINO, DEREK W, O.D.
158 NH ROUTE 108
DOVER, NH 3820
(603) 742-0045

KAY, RICHARD A, O.D.
2 UNION ST
ROCHESTER, NH 3867
(603) 335-6666

MENARD, NORMAN P, O.D.
65 BELKNAP ST
DOVER, NH 3820
(603) 742-5719

MOCKLIS, PETER K, O.D.
827 CENTRAL AVE
UNIT 3
DOVER, NH 3820
(603) 343-1123

OLEKSIV, NADIYA, O.D.
827 CENTRAL AVE
UNIT 3
DOVER, NH 3820
(603) 343-1123

POULIN-BELAIR, DEBRA A, O.D.
748 CALEF HWY
UNIT 11
BARRINGTON, NH 3825
(603) 664-8005

SAMUEL, PATRICIA P, O.D.
827 CENTRAL AVE
UNIT 3
DOVER, NH 3820
(603) 343-1123

SCHULTENOVER, MARCY V, O.D.
827 CENTRAL AVE
UNIT 3
DOVER, NH 3820
(603) 343-1123

TING-DOWNING, PAULA A, O.D.
65 BELKNAP ST
DOVER, NH 3820
(603) 742-5719

SULLIVAN COUNTY

Optometrist

SMRKOVSKI, JEFFREY A, O.D.
6 POST OFFICE RD
SUNAPEE, NH 3782
(603) 763-7302

63 PLEASANT ST
CLAREMONT, NH 3743
(603) 543-3125

SMRKOVSKI, TINA M, O.D.
6 POST OFFICE RD
SUNAPEE, NH 3782
(603) 763-7302

63 PLEASANT ST
CLAREMONT, NH 3743
(603) 543-3125

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MyOption Fitness Well-being

This listing of MyOption Fitness providers is only to help you find participating fitness center locations. For more information about your benefit, see your Evidence of Coverage.

NEW HAMPSHIRE

CARROLL COUNTY

Integrity Fitness & Health Coaching Center - Conway
1857 White Mountain Hwy
NORTH CONWAY, NH 03860
(603) 730-5572
E

COOS COUNTY

Integrity Fitness & Health Coaching Center - Gorham
491 Main Street
GORHAM, NH 03581
(603) 915-9212
E

GRAFTON COUNTY

Anytime Fitness - West Lebanon, NH
66 Benney St., Ste. 2
WEST LEBANON, NH 03784
(603) 298-6770
E

HILLSBOROUGH COUNTY

Anytime Fitness - Hudson, NH
77 Derry Rd. A-2B
HUDSON, NH 03051
(603) 204-5455
E

Merrimack YMCA
6 Henry Clay Dr.
MERRIMACK, NH 03054
(603) 881-7778
E, S, P, W, SC

Nashua YMCA
24 Stadium Dr.
NASHUA, NH 03062
(603) 882-2011
E, S, P, W, SC

The YMCA Allard Center of Goffstown
116 Goffstown Back Rd.
GOFFSTOWN, NH 03045
(603) 497-4663
E, S, P

The YMCA of Downtown Manchester
30 Mechanic St.
MANCHESTER, NH 03101
(603) 623-3558
E, S, P, W

The Zoo Health Club - Manchester
377 S. Willow St.
MANCHESTER, NH 03103
(603) 782-5016
E, SC

Workout Club & Wellness Center - Manchester
35 Hamel Drive
NORTH MANCHESTER, NH 03104
(603) 623-1111
E

MERRIMACK COUNTY

Concord Family YMCA
15 N. State St.
CONCORD, NH 03301
(603) 228-9622
E, S, P, SC

ROCKINGHAM COUNTY

Anytime Fitness - Newington, NH
109 Gosling Rd
NEWINGTON, NH 03801
(603) 373-8885
E

Anytime Fitness - Northwood, NH
262 1st Nh Tpke., Ste. 1
NORTHWOOD, NH 03261
(603) 942-6027
E

Anytime Fitness - Windham, NH
32 Indian Rock Rd.
WINDHAM, NH 03087
(603) 552-3147
E

Coppola Physical Therapy and Fitness Gym
143 Raymond Rd Unit 8
CANDIA, NH 03034
(603) 483-3355
E

Curves - Londonderry Township, NH
4 Orchardview Dr., Unit F-105
LONDONDERRY, NH 03053
(603) 965-1088
E

Exeter YMCA
56 Linden Street
EXETER, NH 03833
(603) 642-3361
E

Hampstead Health and Fitness

45 Danville Rd.
EAST HAMPSTEAD, NH 03826-2451
(603) 382-9291
E, S, SC

Integrity Health Coaching for Women - Londonderry
44 Nashua Rd. Unit 18
LONDONDERRY, NH 03053
(603) 421-2811
E

Seacoast Sports Clubs
920 Lafayette Rd.
SEABROOK, NH 03874
(603) 474-8200
E, S, SC

The YMCA of the Seacoast
550 Peverly Hill Rd.
PORTSMOUTH, NH 03801
(603) 431-2334
E, P

The Zone Fitness Center
142 State Rte 111
HAMPSTEAD, NH 03841
(603) 329-9585
E

The Zoo Health Club
4 Beehive Drive
EPPING, NH 03042
(603) 734-5511
E, SC

The Zoo Health Club - Derry
35 Manchester St.
DERRY, NH 03038

Amenities Legend

E - Cardio/Strength Equipment F - Full P - Year Round Swimming Pool P* - Seasonal Swimming Pool S - Steam and/or Sauna
SC - SilverSneakers Classes W - Hot Tub/Whirlpool

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(603) 216-2091

E, S, SC

Workout Anytime - North Hampton

45 Lafayette Rd. #6
NORTH HAMPTON, NH 03862

(603) 379-2314

E

Workout Club & Wellness Center of Derry Inc.

18 Orchard View Dr. #2
LONDONDERRY, NH 03053

(603) 434-6565

E, S, SC

Workout Club & Wellness Center of Salem Inc.

16 Pelham Rd.
SALEM, NH 03079

(603) 894-4800

S, P, W, SC

YMCA of Greater Londonderry

206 Rockingham Rd.
LONDONDERRY, NH 03053

(603) 437-9622

E, P*

STRAFFORD COUNTY

Strafford County YMCA

35 Industrial Way
ROCHESTER, NH 03867

(603) 332-7334

E

Amenities Legend

E - Cardio/Strength Equipment F - Full P - Year Round Swimming Pool P* - Seasonal Swimming Pool S - Steam and/or Sauna
SC - SilverSneakers Classes W - Hot Tub/Whirlpool

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