

2018

Provider Directory

Directorio de proveedores

This directory was updated on
12/04/2018.

Este directorio fue actualizado el
12/04/2018.

Humana Gold Plus® HMO

Valley Care IPA

Valley Care Select IPA

Changes to our network may occur during the benefit year. An updated Directory is located on our website at **Humana.com**. You may also call Customer Care for updated provider information.

Es posible que se produzcan cambios en nuestra red durante el año de beneficios. Puede consultar el Directorio actualizado en nuestro sitio Web en **Humana.com**. También puede llamar a nuestro departamento de Atención al cliente para obtener información actualizada sobre los proveedores.

To get the most up-to-date information about Humana Gold Plus HMO network providers in your area, or for questions about the information in this directory, you can visit **Humana.com** or call Customer Care at **1-800-457-4708**. If you use a TTY, call **711**. You can call us seven days a week, from 8 a.m. to 8 p.m. However, please note that our automated phone system may answer your call during weekends and holidays from February 15 to September 30. Please leave your name and telephone number, and we'll call you back by the end of the next business day.

Para obtener la información más actualizada acerca de los proveedores de la red de Humana Gold Plus HMO localizados en su área, puede visitar **Humana.com** o llamar al departamento de Atención al cliente al **1-800-457-4708**. Si usa un TTY, llame al **711**. Puede llamarnos los siete días de la semana, entre las 8 a.m. y las 8 p.m. Sin embargo, tenga en cuenta que nuestro sistema telefónico automatizado puede responder su llamada durante los fines de semana y los días festivos entre el 15 de febrero y el 30 de septiembre. Deje su nombre y número de teléfono y le devolveremos la llamada antes del final del siguiente día laborable.

Humana®

Humana Gold Plus HMO Provider Directory

This directory is current as of 12/04/2018.

Humana has developed this sub-network directory to help members understand their available network of providers based upon the member's Primary Care Provider (PCP) selection. Members are allowed to select a PCP outside of this sub-network. Enrollees should understand that if they choose a PCP outside of this sub-network, their network of specialists may differ. Enrollees can request a complete directory of contracted providers at any time. For a full listing of the plan's network, please call Customer Care (details on front and back cover) or visit our website at **Humana.com**.

This directory contains providers in the following states, counties, parishes or municipalities:

CA: Santa Barbara, Ventura

This document is available in other formats such as Braille and large print. Contact Customer Care for more information.

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Introduction

This directory provides a list of Humana Gold Plus HMO network providers. To get detailed information about your health care coverage, please see your Evidence of Coverage.

You will have one of our network providers to be your Primary Care Provider (PCP). The term "PCP" will be used throughout this directory. Generally, you must get your health care services from your PCP. A listing of Primary Care Providers affiliated with this sub-network is included in this directory. Members are allowed to select a PCP outside of this sub-network. For a full listing of Primary Care Provider, please call Customer Care (details on front and back cover pages) or visit our website at **Humana.com**.

How to get the most out of your network

The network providers listed in this directory have agreed to provide you with your health care services. You may go to any of our network providers listed in this directory; however, some services may require a referral. You must use network providers except in emergency, or in an urgently needed care situation, or when you require kidney dialysis services that you get at a Medicare-certified dialysis facility when you are temporarily outside the plan's service area. If you obtain routine care from out-of-network providers, neither Medicare nor Humana Gold Plus will be responsible for the costs.

If your plan has providers with preferred cost-sharing as part of its benefits, please refer to the Evidence of Coverage for more information on the cost-sharing for each tier.

What you should do if you have bills from out-of-network providers that you think should be paid by Humana Gold Plus HMO.

We cover certain health care services that you get from out-of-network providers. These include care for a medical emergency, urgently needed care, renal dialysis (kidney) services that you get when you are outside the plan's service area, care that has been approved in advance by the plan, and any services which were ordered covered through an appeals process. If an out-of-network provider asks you to pay for covered services you get in these situations, please call Customer Care (details on front and back cover). Or send the bill(s) with a note explaining the situation to:

**You may submit a claim to the address on the back of your ID card or
Humana Claims Office
P.O. Box 14601
Lexington, KY 40512-4601**

You should never pay any out-of-network provider more than what the provider is allowed by Medicare. Ask the out-of-network provider to bill us first. If you have already paid for the covered services, we will reimburse you for our share of the cost. If you get a bill for the services, you can send the bill to us for payment. We will pay your out-of-network provider for our share of the bill and will let you know the amount, if any, you must pay.

If you have an emergency, we will talk with the doctors who are giving you emergency care to help manage and follow up on your care. The doctors who are giving you emergency care will decide when your condition is stable and the medical emergency is over.

After the emergency is over you are entitled to follow-up care to be sure your condition continues to be stable. Your follow-up care will be covered by our plan. If your emergency care is provided by out-of-network providers, we will try to arrange for network providers to take over your care as soon as your medical condition and the circumstances allow.

Suppose that you are temporarily outside the plan's service area, but still in the United States and territories. If you have an urgent need for care, you probably will not be able to find or get to one of the providers in our plan's network. In this situation (when you are outside the service area and cannot get care from network providers), our plan will cover urgently needed care that you get from any provider.

Our plan does not cover urgently needed care or any other non-emergency care if you receive the care outside of the United States and territories.

If you receive emergency care at an out-of-network hospital and need inpatient care after your emergency condition is stabilized, you must return to a network hospital in order for your care to continue to be covered OR you must have your inpatient care at the out-of-network hospital authorized by the plan and your cost is the cost sharing you would pay at a network hospital.

Getting Care from Specialists

When your PCP thinks that you need specialized treatment, he or she may give you a "referral" (approval ahead of time) to see a network specialist. For some types of referrals to plan specialists, your PCP may need to get approval ahead of time from the plan. This is called "prior authorization".

It is very important to get a referral from your PCP before you see a network specialist. However, you don't need to get a referral for certain services, see the section on "Self Referrals" below. If you don't have a referral before you get services from a specialist, you may have to pay for these services yourself. If the specialist wants you to come back for follow-up visits, be sure to check the original referral to see if these were included.

Each PCP has certain network specialists they use for referrals. This means that the Humana Gold Plus HMO specialists you can use may depend on which person you choose to be your PCP. If there are specific specialists you want to use, find out whether your PCP refers patients to these specialists. Please refer to your Evidence of Coverage for information about changing your PCP. If there are specific hospitals you wish to use, find out whether your PCP uses these hospitals.

For information on what specialties require a referral or prior authorization, please refer to Chapter 4 of your Evidence of Coverage (EOC).

Mental Health

For mental health or substance abuse services, you or your counselor must contact your PCP for authorization. Please call the PCP's phone number that is listed on your plan identification card. For additional information, go to **Humana.com** or contact the phone number listed on your plan identification card.

Transplant Services

Use of a general service facility for transplant services may result in substantial additional expense to you. For transplant related services, please call 1-866-421-5663 (TTY: 1-800-336-6709). Our hours are Monday through Friday, 8:30 a.m. to 5:00 p.m.

Humana Fitness

Not all Medicare Advantage plans offer a fitness benefit. Please refer to your Evidence of Coverage for fitness benefit information.

Vision Providers

Not all Medicare Advantage plans offer a vision benefit and benefits may vary between plans. Please refer to your Evidence of Coverage for vision benefit information.

Dental Providers

Not all Medicare Advantage plans offer a dental benefit and benefits may vary between plans. Please refer to your Evidence of Coverage for dental benefit information.

Self-Referrals

In some cases, you can get coverage for the services listed below without a referral or approval ahead of time from your PCP. "**Self-referred**" means you get services on your own from network physicians.

The following services may be self-referred:

- Emergency services, whether you get these services from plan providers or out-of-network providers.
 - Urgently needed care that you get from out-of-network providers when you are temporarily outside the plan's service area.
 - Renal dialysis (kidney) services that you get when you are temporarily outside the plan's service area.
 - All Medicare covered preventive services as long as you get them from a network provider. These services are listed in the benefits chart in Chapter 4 of your Evidence of Coverage (EOC).
-

Hospital Services

The presence of a hospital in this directory does not always guarantee that you will be referred to that particular hospital. Your physician may not admit to all network hospitals. However, inpatient hospital admissions, except in emergency and urgently needed care situations, will require prior authorization from us.

Hospitalist Program

If your PCP participates in the Hospitalist Program, and you are admitted to the hospital, all aspects of your care will be actively directed and coordinated by a full time physician specially trained in inpatient care. The physician is referred to as a hospitalist and is independently contracted and board-certified or eligible for board certification by the American Board of Internal Medicine.

A case management coordinator, another member of the hospitalist team, is a licensed nurse trained in patient care management. He or she coordinates your needs and services (such as lab work, X-rays, consultations and more) with the hospitalist physician.

Your hospitalist physician and case management coordinator will report your condition and progress to your PCP regularly. They may also schedule a follow-up appointment with your PCP.

What is the service area for Humana Gold Plus HMO?

The counties (parts of counties), parishes, or municipalities in our service area are listed below.
H5619-023-000: CA: Santa Barbara, Ventura

Santa Barbara, the following zip codes only: 93013, 93014, 93067, 93101, 93102, 93103, 93105, 93106, 93107, 93108, 93109, 93110, 93111, 93116, 93117, 93118, 93120, 93121, 93130, 93140, 93150, 93160, 93190

How do you find Humana Gold Plus HMO network providers in your area?

Providers are listed in this directory by the type of provider. Within each provider type, providers are listed alphabetically by state, then by county and then by city.

Some of our network providers may also be Medicaid certified. Please contact the provider's office in advance to verify their status.

If you have questions about Humana Gold Plus HMO or require assistance in selecting a PCP, please call our Customer Care Department (details on front and back cover). You can also visit our website at **Humana.com**.

Network Pharmacies

If you have questions about network pharmacies or require assistance in locating a network pharmacy, please call our Customer Care Department (details on front and back cover) or visit our website at **Humana.com**.

Directorio de Proveedores de Humana Gold Plus HMO

Este directorio está actualizado a partir del 12/04/2018.

Humana ha desarrollado este directorio de subredes para ayudar a los afiliados a entender cuál es la red de proveedores disponible basada en la selección del proveedor de cuidado primario (PCP, por sus siglas en inglés) del afiliado. Los afiliados pueden elegir un médico de cuidado primario fuera de esta subred. Los afiliados deben entender que si eligen un médico de cuidado primario fuera de esta subred, su red de especialistas puede ser diferente. Los afiliados pueden solicitar un directorio completo de proveedores contratados en cualquier momento. Para obtener un listado completo de la red del plan, llame al departamento de Atención al Cliente (consulte la información en la portada y la parte de atrás) o visite nuestro sitio Web en **espanol.humana**.

Este directorio contiene proveedores en los siguientes estados, condados, parroquias o municipalidades:
CA: Santa Barbara, Ventura

Este documento está disponible en otros formatos como Braille y letra grande. Contacte a Atención al cliente para obtener más información.

ESTA PÁGINA SE HA DEJADO EN BLANCO POR REQUISITOS DE IMPRESIÓN

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Introducción

Este directorio proporciona una lista de los proveedores de la red de Humana Gold Plus HMO. Para obtener información detallada acerca de sus cobertura de cuidado de la salud, consulte su Evidencia de cobertura.

Usted elegirá uno de los proveedores de nuestra red para que sea su proveedor de cuidado primario (PCP). El término "PCP" se utilizará bastante en este directorio. Por lo general, usted deberá recibir sus servicios de cuidado de la salud a través de su PCP. Se incluye en este directorio una lista de los proveedores de cuidado primario a esta subred. Los afiliados pueden elegir un médico de cuidado primario fuera de esta subred. Para obtener un listado completo de los proveedores de cuidado primario, llame al departamento de Atención al Cliente (detalles a continuación) o visite Web en **espanol.humana**.

Cómo aprovechar al máximo su red

Los proveedores de la red que están en este directorio han aceptado proporcionarle sus servicios de cuidado de la salud. Puede visitar a cualquiera de los proveedores de nuestra red que están en este directorio; pero es posible que algunos de los servicios requieran un referido. Usted debe utilizar los proveedores de la red excepto en situaciones de emergencia, o en una situación de cuidado que se necesite con urgencia o en caso de requerir los servicios de diálisis renal que reciba en un centro de diálisis certificado por Medicare cuando se encuentre temporalmente fuera del área de servicio del plan. Si usted utiliza proveedores fuera de la red para su cuidado de rutina ni Medicare ni Humana Gold Plus serán responsables por los costos.

Si su plan tiene proveedores con costo compartido preferido como parte de los beneficios, consulte la Evidencia de cobertura para más información sobre el costo compartido de cada nivel.

Qué debe hacer en caso de recibir facturas de proveedores fuera de la red y que usted cree que deberían ser canceladas por Humana Gold Plus HMO.

Nosotros cubrimos ciertos servicios de cuidado de la salud que usted reciba de proveedores fuera de la red. Entre estos se encuentran cuidado que usted reciba en una emergencia médica, cuidado que se necesite con urgencia, servicios de diálisis renal (riñón) que usted reciba fuera del área de servicio del plan, cuidado que haya sido aprobado con anticipación por el plan, y servicios cuya cobertura haya sido ordenada a través de un proceso de apelación. Si un proveedor fuera de la red le pide pagar por servicios cubiertos que usted reciba en alguno de estos casos, llame al departamento de Atención al Cliente (consulte la información detallada en la portada y la parte de atrás). O envíe la(s) factura(s) con una nota explicando la situación a:

Puede presentar una reclamación en la dirección que está al reverso de su tarjeta de identificación O
Humana Claims Office
P.O. Box 14601
Lexington, KY 40512-4601

Usted nunca deberá pagar a ningún proveedor fuera de la red más de la cantidad permitida por Medicare. Pídale al proveedor fuera de la red que antes nos envíe una factura. Si usted ya pagó por los servicios cubiertos, nosotros le reembolsaremos la parte que nos corresponde del costo. Si usted recibe una factura por los servicios, nos la puede enviar para que nosotros la paguemos. Nosotros le pagaremos al proveedor fuera de la red la parte que nos corresponde de la factura y le informaremos a usted la cantidad que debe pagar, en caso de que sea necesario.

Si tiene una emergencia, nosotros hablaremos con los médicos que le están proporcionando el cuidado de emergencia para ayudar a manejar y hacer el seguimiento de su cuidado. Los médicos que le están proporcionando el cuidado de emergencia decidirán cuándo su estado es estable y que la emergencia médica ha terminado.

Después de que la emergencia haya terminado usted tiene derecho a recibir cuidado de control posterior para asegurarse de que su estado continúe estable. Nuestro plan cubrirá su cuidado de control posterior. Si su cuidado de emergencia es proporcionada por proveedores fuera de la red, nosotros intentaremos coordinar para que proveedores de la red se encarguen de su cuidado tan pronto como lo permitan las circunstancias y su afección médica.

Supongamos que usted se encuentra temporalmente fuera del área de servicio del plan, pero dentro de los Estados Unidos o sus territorios. Si necesita cuidado de urgencia, es posible que no pueda encontrar o conseguir a uno de los proveedores de la red de nuestro plan. En este caso (cuando usted se encuentra fuera del área de servicio y no puede obtener cuidado de proveedores de la red), nuestro plan cubrirá el cuidado médico que se necesita con urgencia que usted reciba de cualquier proveedor.

Nuestro plan no cubre cuidado médico que se necesita con urgencia ni ningún otro cuidado que no sea de emergencia si usted lo recibe fuera de los Estados Unidos o sus territorios.

Si usted recibe cuidado de emergencia en un hospital fuera de la red y necesita cuidado como paciente interno después de que su afección de emergencia se estabiliza, debe regresar a un hospital de la red para que su cuidado continúe estando cubierta O debe recibir su cuidado como paciente interno en el hospital fuera de la red autorizado por el plan y su costo es el costo compartido que usted pagaría en un hospital de la red.

Obtener cuidado de especialistas

Cuando su PCP cree que usted necesita tratamiento especializado, él o ella podrá darle un "referido" (aprobación anticipada) para ver a un especialista de la red. Para ciertos tipos de referidos a especialistas del plan, su PCP deberá obtener una aprobación del plan con anticipación. Esto se llama "autorización previa".

Es muy importante obtener un referido de su PCP antes de ver a un especialista de la red. No obstante, usted no necesita obtener un referido para recibir ciertos servicios, consulte la sección a continuación que se trata de "Autorreferidos". Si usted no obtiene un referido antes de recibir los servicios de un especialista, es posible que usted mismo deba pagar por dichos servicios. Si el especialista desea que usted regrese para hacerle control posterior, asegúrese de revisar el referido original para ver si éste se encuentra incluido.

Cada PCP tiene especialistas de la red que él/ella usa para hacer sus referidos. Esto significa que los especialistas de Humana Gold Plus HMO que usted puede utilizar pueden depender de la persona que usted elija como su PCP. Si hay algún especialista en particular que usted desea consultar, verifique si su PCP hace referidos de pacientes a dicho especialista. Para obtener información acerca de cómo cambiar de PCP, consulte su Evidencia de Cobertura. Si hay algún hospital en particular que usted desea utilizar, verifique si su PCP utiliza dicho hospital.

Para obtener información sobre las especialidades que requieren un referido o autorización previa, consulte el Capítulo 4 de la Evidencia de cobertura (EOC, por sus siglas en inglés).

Salud mental

Para los servicios de salud mental o de tratamiento de abusos de sustancias, usted o su asesor debe comunicarse con su PCP para la autorización. Llame al número de teléfono del PCP que aparece en su tarjeta de identificación del plan. Para obtener información adicional, visite **Humana.com** o llame al número de teléfono que aparece en su tarjeta de identificación del plan.

Servicios de trasplante

El uso de un centro de servicios generales para servicios de trasplante puede resultar en un costo adicional significativo para usted. Para los servicios relacionados con los trasplantes, llame al 1-866-421-5663 (TTY: 1-800-336-6709). Nuestro horario es de lunes a viernes, de 8:30 a.m. a 5:00 p.m.

Humana Fitness

No todos los planes Medicare Advantage ofrecen un beneficio de acondicionamiento físico. Para obtener información sobre los beneficios de acondicionamiento físico consulte su Evidencia de cobertura.

Proveedores de cuidado de la vista

No todos los planes Medicare Advantage ofrecen un beneficio para la vista y los beneficios pueden variar entre los planes. Consulte su Evidencia de cobertura para obtener información sobre el beneficio para la vista.

Proveedores dental

No todos los planes Medicare Advantage ofrecen un beneficio dental y los beneficios pueden variar entre los planes. Consulte su Evidencia de cobertura para obtener información sobre el beneficio dental.

Autorreferidos

En algunos casos, usted puede recibir cobertura para los servicios enumerados a continuación sin necesidad de que su PCP le dé un referido o aprobación anticipada. "**Autorreferido**" significa que usted puede recibir los servicios sin referido de médicos de la red.

Los siguientes servicios pueden ser de autorreferido:

- Servicios de emergencia, independientemente de si los recibe de proveedores del plan o de proveedores fuera de la red.
 - Cuidado que se necesita con urgencia que usted reciba de proveedores fuera de la red cuando se encuentra temporalmente fuera del área de servicio del plan.
 - Servicios de diálisis renal (riñón) que usted recibe cuando se encuentra temporalmente fuera del área de servicio del plan.
 - Todos los servicios preventivos cubiertos por Medicare siempre y cuando los reciba de un proveedor de la red. Estos servicios aparecen en la tabla de beneficios del Capítulo 4 de su Evidencia de cobertura (EOC).
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Servicios hospitalarios

La presencia de hospitales en este directorio no siempre garantiza que usted será referido a un hospital en particular. Es posible que su médico no conceda admisiones a todos los hospitales de la red para las hospitalizaciones. No obstante, las hospitalizaciones como paciente interno, salvo en casos de emergencia o de cuidado que se necesita con urgencia, requerirán nuestra autorización previa.

Programa de hospitalistas

Si su PCP participa en el Programa de hospitalistas, y usted es admitido al hospital, todos los aspectos de su cuidado serán dirigidos y coordinados activamente por un médico de tiempo completo especialmente capacitado para cuidado de hospitalización. El médico se conoce como hospitalista y es contratado de manera independiente y tiene certificación en su especialidad o reúne los requisitos necesarios para su certificación por la Junta Americana de Medicina Interna.

Un coordinador de administración de casos, otro miembro del equipo de hospitalistas, es un/a enfermero/a con licencia capacitado/a en la administración de cuidado de pacientes. Él o ella coordina todas las necesidades y los servicios (como los análisis de laboratorio, radiografías, consultas y mucho más) con el médico hospitalista.

Su médico hospitalista y coordinador de administración de casos darán informes regulares sobre su estado y progreso a su PCP. También podrán programar una cita de control posterior con su PCP.

¿Cuál es el área de servicio de Humana Gold Plus HMO?

Los condados (partes de los condados), parroquias o municipalidades de nuestra área de servicio aparecen a continuación.

H5619-023-000: CA: Santa Barbara, Ventura

Santa Barbara, the following zip codes only: 93013, 93014, 93067, 93101, 93102, 93103, 93105, 93106, 93107, 93108, 93109, 93110, 93111, 93116, 93117, 93118, 93120, 93121, 93130, 93140, 93150, 93160, 93190

¿Cómo encuentra proveedores de la red de Humana Gold Plus HMO en su área?

Los proveedores están en este directorio de acuerdo al tipo de proveedor. Dentro de cada tipo de proveedor, los proveedores están en orden alfabético por estado, luego por condado y luego por ciudad.

Algunos de los proveedores de nuestra red también pueden ser certificados por Medicaid. Póngase en contacto con el consultorio del proveedor con anticipación para verificar su estado.

Si tiene alguna pregunta acerca de Humana Gold Plus HMO o requiere asistencia para seleccionar a un PCP, llame a nuestro departamento de Atención al Cliente (consulte la información detallada en la portada y la parte de atrás). También puede visitar nuestro sitio Web en **espanol.humana.com**.

Farmacias de la red

Si tiene alguna pregunta acerca de las farmacias de la red o requiere asistencia para localizar una farmacia de la red, llame a nuestro departamento de Atención al Cliente (consulte la información detallada en la portada y la parte de atrás) o visite nuestro sitio Web en **espanol.humana**.

Provider Type Listing

Spanish	English
Alergias e inmunología	Allergy & Immunology
Anestesiología	Anesthesiology
Audiología	Audiology
Cardiología	Cardiology
Cardiología - intervencionista	Cardiology - Interventional
Centro de atención de heridas	Wound Care Center
Centro de atención de urgencia	Urgent Care Center
Centro de atención médica para enfermedades agudas	Long Term Acute Care Facility
Centro de cáncer ambulatorio	Outpatient Cancer Center
Centro de cáncer de mama	Breast Cancer Center
Centro de diagnóstico por imágenes	Imaging Center
Centro de endoscopia	Endoscopy Center
Centro de enfermería especializada	Skilled Nursing Facility
Centro de mamografía	Mammography Center
Centro de salud con aprobación federal	Federally Qualified Health Center
Centro quirúrgico ambulatorio	Ambulatory Surgery Center
Centros de cirugía ambulatoria	Outpatient Surgery Centers
Cirugía	Surgery
Cirugía - Cirugía de manos	Surgery - Hand Surgery
Cirugía - Oral y maxilofacial	Surgery - Oral & Maxillofacial
Cirugía - Torácica	Surgery - Thoracic
Cirugía - Torácica cardiovascular	Surgery - Thoracic Cardiovascular
Cirugía - Urológica	Surgery - Urological
Cirugía - Vascular	Surgery - Vascular
Cirugía ginecológica	Gynecologic Surgery
Cirugía neurológica	Neurologic Surgery

Spanish	English
Cirugía ortopédica	Orthopedic Surgery
Cirugía plástica	Plastic Surgery
Cirugía de la retina	Retina Surgery
Clínica de salud rural	Rural Health Clinic
Clínica de trastornos del sueño	Sleep Disorder Clinic
Control del dolor - Anestesiología	Pain Management - Anesthesiology
Dentistería - Oral y maxilofacial	Dentistry - Oral & Maxillofacial
Dermatología	Dermatology
Endocrinología	Endocrinology
Endocrinología reproductiva e infertilidad	Reproductive Endocrinology & Infertility
Enfermedad cardiovascular	Cardiovascular Disease
Enfermedad pulmonar	Pulmonary Disease
Enfermedades infecciosas	Infectious Disease
Equipo médico duradero	Durable Medical Equipment
Especialista de la córnea	Corneal Specialist
Farmacia	Pharmacy
Gastroenterología	Gastroenterology
Genética médica	Medical Genetics
Ginecología	Gynecology
Hematología y oncología	Hematology & Oncology
Hospicio	Hospice
Hospital de rehabilitación	Rehabilitation Hospital
Hospital de salud mental	Mental Health Hospital
Hospitales	Hospitals
Laboratorio	Laboratory
Medicina física y rehabilitación	Physical Medicine & Rehabilitation
Medicina geriátrica	Geriatric Medicine
Medicina interna	Internal Medicine
Medicina nuclear	Nuclear Medicine
Medicina nuclear - Cardiología nuclear	Nuclear Medicine - Nuclear Cardiology
Medicina para el sueño	Sleep Medicine

Spanish	English
Medicina preventiva	Preventive Medicine
Medicina preventiva - Medicina aeroespacial	Preventive Medicine - Aerospace Medicine
Nefrología	Nephrology
Neurología	Neurology
Obstetricia y ginecología	Obstetrics & Gynecology
Oftalmología	Ophthalmology
Oftalmología - Optometría	Ophthalmology - Optometry
Oído, nariz y garganta	Ear, Nose, & Throat
Oncología ginecológica	Gynecologic Oncology
Optometría	Optometry
Ortopedia	Orthopedic
Ortopedia - Cirugía de manos	Orthopedic - Hand Surgery
Patología	Pathology
Podología	Podiatry
Práctica familiar	Family Practice
Práctica general	General Practice
Proctología	Proctology
Protética y ortopedia	Prosthetics & Orthotics
Psicología	Psychology
Psiquiatría	Psychiatry
Radiología	Radiology
Radioterapia	Radiation Therapy
Radioterapia oncológica	Radiation Oncology
Rehabilitación - Ambulatoria	Rehabilitation - Outpatient
Rehabilitación - Subaguda	Rehabilitation - Subacute
Rehabilitación cardíaca	Cardiac Rehabilitation
Resonancia magnética (MRI)	Magnetic Resonance Imaging (MRI)
Reumatología	Rheumatology
Servicio de ambulancia	Ambulance Service
Servicios de atención médica en el hogar	Home Health Care Services
Servicios de diagnóstico ambulatorios	Outpatient Diagnostic Services
Servicios de diálisis	Dialysis Services
Servicios de laboratorio	Laboratory Services

Spanish	English
Servicios de salud mental y tratamiento de abusos de sustancias	Mental Health & Substance Abuse
SIDA	HIV/AIDS Specialist
Sólo obstetricia	Obstetrics Only
Suministros médicos	Medical Supplies
Suministros para la diabetes	Diabetic Supplies
Terapia de infusión	Infusion Therapy
Terapia de infusión casera	Home Infusion Therapy
Tocoginecólogo - Obstetricia y ginecología - PCP	OBGYN - Obstetrics & Gynecology - PCP
Transporte de no emergencia	Non-emergency Transportation
Urología	Urology

Discrimination is Against the Law

Humana Inc. and its subsidiaries comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex. Humana Inc. and its subsidiaries do not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Humana Inc. and its subsidiaries provide:

- Free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.
- Free language services to people whose primary language is not English when those services are necessary to provide meaningful access, such as translated documents or oral interpretation.

If you need these services, call 1-800-281-6918, or if you use a TTY, call 711.

If you believe that **Humana Inc. and its subsidiaries** have failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Discrimination Grievances

P.O. Box 14618
Lexington, KY 40512 - 4618

If you need help filing a grievance, call 1-800-281-6918 or if you use a TTY, call 711.

You can also file a civil rights complaint with the **U.S. Department of Health and Human Services**, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>

La discriminación es contra la ley

Humana, Inc. y sus subsidiarias cumplen con todas las leyes aplicables de derechos civiles federales y no discriminan por motivos de raza, color de la piel, origen nacional, edad, discapacidad o sexo. Humana Inc. y sus subsidiarias no excluyen a nadie, ni los tratan de manera diferente por motivos de raza, color de la piel, origen nacional, edad, discapacidad o sexo.

Humana Inc. y sus subsidiarias proporcionan:

- Ayudas y servicios auxiliares gratuitos, como por ejemplo intérpretes acreditados para hablar por señas, interpretación remota por video e información escrita en otros formatos para personas con discapacidades cuando dichas ayudas y servicios auxiliares sean necesarios para garantizar la igualdad de oportunidades de participación.
- Servicios gratuitos de idiomas para personas cuyo idioma principal no es el inglés, cuando dichos servicios sean necesarios para proporcionar acceso útil, tales como documentos traducidos o interpretación oral.

Si necesita estos servicios, llame al 1-800-281-6918 o bien, si utiliza un TTY, llame al 711.

Si usted cree que **Humana Inc. y sus subsidiarias** han fallado en proveer estos servicios o le han discriminado de otra forma por motivos de raza, color de la piel, origen nacional, edad, discapacidad o sexo, puede presentar una queja formal ante:

Discrimination Grievances
P.O. Box 14618
Lexington, KY 40512 - 4618

Si necesita ayuda para presentar una queja formal, llame al 1-800-281-6918 o bien, si utiliza un TTY, llame al 711.

También puede presentar una queja de derechos civiles con el **Departamento de Salud y Servicios Humanos**, Oficina de Derechos Civiles, por medios electrónicos a través del portal de quejas de la Oficina de Derechos Civiles, en: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, por correo postal o por teléfono al:

U.S. Department of Health and Human Services

200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Los formularios de quejas están disponibles en <http://www.hhs.gov/ocr/office/file/index.html>

Multi-Language Interpreter Services

English: ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 1-800-281-6918 **(TTY: 711)**.

Español (Spanish): ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-281-6918 **(TTY: 711)**.

繁體中文 (Chinese): 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-281-6918 **(TTY: 711)**。

Tiếng Việt (Vietnamese): CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-281-6918 **(TTY: 711)**.

한국어 (Korean): 주의 : 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-281-6918 **(TTY: 711)** 번으로 전화해 주십시오.

Tagalog (Tagalog – Filipino): PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-281-6918 **(TTY: 711)**.

Русский (Russian): ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-281-6918 **(телетайп: 711)**.

Kreyòl Ayisyen (French Creole): ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-800-281-6918 **(TTY: 711)**.

Français (French): ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-281-6918 **(ATS : 711)**.

Polski (Polish): UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-800-281-6918 **(TTY: 711)**.

Português (Portuguese): ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-800-281-6918 **(TTY: 711)**.

Italiano (Italian): ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-800-281-6918 **(TTY: 711)**.

Deutsch (German): ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-281-6918 **(TTY: 711)**.

日本語 (Japanese): 注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-800-281-6918 **(TTY : 711)** まで、お電話にてご連絡ください。

فارسی (Farsi):

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 1-800-281-6918 **(TTY: 711)** تماس بگیرید.

Diné Bizaad (Navajo): Díí baa akó nínízin: Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jiik'eh, éí ná hóló, kojí' hódíłnih 1-800-281-6918 **(TTY: 711)**.

العربية (Arabic):

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-800-281-6918 **(رقم هاتف الصم والبكم: 711)**.

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List of Network Providers

Hospitals	(4 providers)		1
Urgent Care Centers	(4 providers)		2
Primary Care Providers	(93 providers)		3
Specialists	(185 providers)		10
Pharmacies	(139 providers)		22
Fitness Centers	(36 providers)		28
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CALIFORNIA

VENTURA COUNTY

Camarillo

General Acute Care Hospital

St Johns Pleasant Valley Hospital

2309 Antonio Ave
Camarillo, CA 93010
(805) 389-5800
Valley Care IPA

Oxnard

General Acute Care Hospital

St Johns Regional Medical Center

1600 N Rose Ave
Oxnard, CA 93030
(805) 988-2500
Valley Care IPA

Santa Paula

General Acute Care Hospital

Santa Paula Hospital

825 N 10th St
Santa Paula, CA 93060
(805) 933-8600
Valley Care IPA
Valley Care Select IPA

Ventura

General Acute Care Hospital

Community Memorial Health System

147 N Brent St
Ventura, CA 93003
(805) 652-5012
Valley Care IPA

Humana Medicare Advantage Plans are not providers of medical services. Humana Medicare Advantage Plans do not endorse, control, or interfere with the clinical judgment or treatment recommendations made by the physicians or other providers listed in this directory or otherwise selected by you.

Urgent Care Centers

CALIFORNIA

VENTURA COUNTY

Oxnard

Urgent Care Center
Magnolia Urgent Care
2240 E Gonzales Rd
Oxnard, CA 93036
(805) 981-5181
Valley Care Select IPA
Valley Care IPA

Santa Paula

Urgent Care Center
CFH Santa Paula Urgent Care
242 E Harvard Blvd
Ste C
Santa Paula, CA 93060
(805) 525-9595
Valley Care IPA

Valley Medical Group Urgent Care
247 W Harvard Blvd
Santa Paula, CA 93060
(805) 525-0907
Valley Care IPA

Ventura

Urgent Care Center
West Ventura Urgent Care
133 W Santa Clara St
Ventura, CA 93001
(805) 641-5600
Valley Care IPA
Valley Care Select IPA

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Primary Care Providers

CALIFORNIA

VENTURA COUNTY

Camarillo

Family Medicine (Primary Care Provider)

Balloch, Jody L MD*

5051 Verdugo Way
Ste 110
Camarillo, CA 93012
(805) 384-8071
American Board of Family
Medicine
Valley Care IPA
PCP# 319804

Carvalho, Joao Paulo M MD*

3801 Las Posas Rd
Ste 214
Camarillo, CA 93010
(805) 437-0900
American Board of Family
Medicine
Valley Care Select IPA
PCP# 123497
Established patients only

Dickey, Maria I DO

3901 Las Posas Rd
Ste 10
Camarillo, CA 93010
(805) 918-4476
Valley Care Select IPA
PCP# 376047

Fatemi, Shahram MD*

64 E Daily Dr
Camarillo, CA 93010
(805) 384-8071
American Board of Family
Medicine
Spanish, Farsi
Medi-Cal Certified
Valley Care IPA
PCP# 266943

Fouad, Hany C MD*

5051 Verdugo Way
Ste 110
Camarillo, CA 93012
(805) 384-8071
American Board of Family
Medicine
Tagalog, Spanish, Chinese,
Arabic
Medi-Cal Certified
Valley Care IPA
PCP# 272622

Jonokuchi, Carl K MD*

3901 Las Posas Rd
Ste 10
Camarillo, CA 93010
(805) 918-4476
American Board of Family
Medicine
Valley Care IPA
PCP# 313673

Miller, Jeffrey MD*

3801 Las Posas Rd
Ste 214
Camarillo, CA 93010
(805) 437-0900
American Board of Family
Medicine
Valley Care Select IPA
PCP# 123534

Whatley-Dustin, Sara D DO

2486 N Ponderosa Dr
Ste D205
Camarillo, CA 93010
(805) 384-8071
Spanish
Valley Care IPA
PCP# 331080

Internal Medicine (Primary Care Provider)

Jamal, Naser M DO

5051 Verdugo Way
Ste 100
Camarillo, CA 93012
(805) 384-8071
Medi-Cal Certified
Valley Care IPA
PCP# 262620

Marks, Eric A MD*

3801 Las Posas Rd Ste 214
Camarillo, CA 93010
(805) 437-0900
American Board of Internal
Medicine
Spanish
Valley Care Select IPA
PCP# 318821

Mescher, David A MD*

3901 Las Posas Rd
Ste 10
Camarillo, CA 93010
(805) 918-4476
American Board of Internal
Medicine
Valley Care IPA
PCP# 388199

Napod, Jocelyn C MD*

5051 Verdugo Way
Ste 100
Camarillo, CA 93012
(805) 384-8071
American Board of Internal
Medicine
Tagalog
Valley Care IPA
PCP# 262622

Skinner, Edwina MD*

5051 Verdugo Way
Ste 100
Camarillo, CA 93012
(805) 384-8071
American Board of Internal
Medicine
Valley Care IPA
PCP# 319803

Stokols, Mark F MD

5051 Verdugo Way
Ste 100
Camarillo, CA 93012
(805) 384-8071
Valley Care IPA
PCP# 262621

Fillmore

Family Medicine (Primary Care Provider)

Breckenridge, Amelia J MD*

828 W Ventura St
Ste 100
Fillmore, CA 93015
(805) 524-2000
American Board of Family
Medicine
Spanish
Valley Care Select IPA
PCP# 177157

* Board Certified Provider

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Primary Care Providers

Bundy, Logan K MD

533 Sespe Ave
Ste B
Fillmore, CA 93015
(805) 524-6700
Spanish
Medi-Cal Certified
Valley Care IPA
PCP# 123385

Moorpark

Family Medicine (Primary Care Provider)

Bezema, Erik M MD*

612 Spring Rd
Bldg A
Moorpark, CA 93021
(805) 523-5400
American Board of Family
Medicine
Valley Care Select IPA
PCP# 222545

Ippolito, John MD*

612 Spring Rd
Bldg A
Moorpark, CA 93021
(805) 523-5400
American Board of Family
Medicine
Valley Care Select IPA
PCP# 123517

Mueller, Khristina M MD*

612 Spring Rd
Bldg A
Moorpark, CA 93021
(805) 523-5400
American Board of Family
Medicine
Valley Care Select IPA
PCP# 123535

Oxnard

Family Medicine (Primary Care Provider)

Andrade, Alejandro MD*

2220 E Gonzales Rd Ste 120AB
Oxnard, CA 93036
(805) 981-5151
American Board of Family
Medicine
Valley Care Select IPA
PCP# 243139

Blaze, Allison E MD*

2400 S C St
Oxnard, CA 93033
(805) 240-7040
American Board of Family
Medicine
Valley Care Select IPA
PCP# 123494
Established patients only

Carlisle, Lisabeth MD*

2220 E Gonzales Rd Ste 120AB
Oxnard, CA 93030
(805) 981-5151
American Board of Family
Medicine
Spanish
Valley Care Select IPA
PCP# 123496

Cervantes, Miguel MD*

2400 S C St
Oxnard, CA 93033
(805) 240-7000
American Board of Family
Medicine
Valley Care Select IPA
PCP# 123500
Established patients only

Chambers, Darin T MD*

325 W Channel Islands Blvd
Oxnard, CA 93033
(805) 204-9520
American Board of Family
Medicine
Valley Care Select IPA
PCP# 123501

Cheng, Andrew Y MD*

2400 S C St
Oxnard, CA 93033
(805) 240-7000
American Board of Family
Medicine
Spanish, Mandarin, Chinese
Valley Care Select IPA
PCP# 262718
Established patients only

Dickey, Micah J DO*

1700 N Rose Ave
Ste 350
Oxnard, CA 93030
(805) 485-7877
American Board of Family
Medicine
Spanish
Valley Care IPA
PCP# 376048

Dorner, Gillian A MD*

2400 S C St
Oxnard, CA 93033
(805) 240-7040
American Board of Family
Medicine
Valley Care Select IPA
PCP# 123507
Established patients only

Fatemi, Shahram MD*

1700 N Rose Ave
Ste 210
Oxnard, CA 93030
(805) 384-8071
American Board of Family
Medicine
Spanish, Farsi
Medi-Cal Certified
Valley Care IPA
PCP# 317543

Finger, Kenneth D MD

2400 S C St
Oxnard, CA 93033
(805) 240-7000
Valley Care Select IPA
PCP# 123510
Established patients only

Kubo, Koji MD*

1700 N Rose Ave
Ste 210
Oxnard, CA 93030
(805) 384-8071
American Board of Family
Medicine
Spanish, Japanese
Medi-Cal Certified
Valley Care IPA
PCP# 307316

Munoz, Michelle MD*

2220 E Gonzales Rd
Ste 120A-B
Oxnard, CA 93036
(805) 981-5151
American Board of Family
Medicine
Spanish
Valley Care Select IPA
PCP# 261665

* Board Certified Provider

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Primary Care Providers

O Bryan-Becerra, Carlos MD*

2400 South C Street
Oxnard, CA 93033
(805) 240-7000
American Board of Family
Medicine
Valley Care Select IPA
PCP# 279616
Established patients only

Parola, Kenneth D DO

3100 N Rose Ave
Oxnard, CA 93036
(805) 983-6644
Spanish, French
Medi-Cal Certified
Valley Care Select IPA
PCP# 177156

Phang, Samuel K MD*

2400 South C Street
Oxnard, CA 93033
(805) 240-7000
American Board of Family
Medicine
Valley Care Select IPA
PCP# 279618
Established patients only

Rockney, Lynn MD*

2220 E Gonzales Rd Ste 120AB
Oxnard, CA 93030
(805) 981-5151
American Board of Family
Medicine
Valley Care Select IPA
PCP# 123551
Established patients only

Serrano, Vladimir A MD

2220 E Gonzales Rd Ste 120AB
Oxnard, CA 93036
(805) 981-5151
Valley Care Select IPA
PCP# 279619

General Practice (Primary Care Provider)

Wedlow, Camille E MD
2901 N Ventura Rd Ste 100
Oxnard, CA 93036
(805) 981-6101
Valley Care IPA
PCP# 305149

Internal Medicine (Primary Care Provider)

Lyons, Morgan E DO*
2220 E Gonzales Rd Ste 120AB
Oxnard, CA 93036
(805) 981-5151
American Board of Internal
Medicine
Valley Care Select IPA
PCP# 148310

Mescher, David A MD*

1700 N Rose Ave
Ste 350
Oxnard, CA 93030
(805) 485-7877
American Board of Internal
Medicine
Valley Care IPA
PCP# 376061

Mescher-Cox, Megan M DO

1700 N Rose Ave
Ste 350
Oxnard, CA 93030
(805) 485-7877
Valley Care IPA
PCP# 376062

Santa Paula

Family Medicine (Primary Care Provider)

Davis, Elizabeth O MD*
1334 E Main St
Santa Paula, CA 93060
(805) 933-1122
American Board of Family
Medicine
Valley Care Select IPA
PCP# 123504

Donaldson, Jake D MD*

254 W Harvard Blvd Ste B
Santa Paula, CA 93060
(805) 229-0200
American Board of Family
Medicine
Spanish
Valley Care Select IPA
PCP# 159315

Dowell, Evelyn H MD*

247 W Harvard Blvd
Santa Paula, CA 93060
(805) 525-0907
American Board of Family
Medicine
Valley Care IPA
PCP# 183275

Gomez, Ramon MD*

1334 E Main St
Santa Paula, CA 93060
(805) 933-1122
American Board of Family
Medicine
Valley Care Select IPA
PCP# 123515
Established patients only

Hofer, Christina M MD*

400 E Santa Barbara St
Ste A
Santa Paula, CA 93060
(805) 525-2121
American Board of Family
Medicine
Spanish
Valley Care IPA
PCP# 376050

Kehoe, Nicole MD

1334 E Main St
Santa Paula, CA 93060
(805) 933-1122
Valley Care Select IPA
PCP# 123524

Lyne, Alan W MD*

245 N 10th St
Santa Paula, CA 93060
(805) 525-7515
American Board of Family
Medicine
Medi-Cal Certified
Valley Care IPA
PCP# 123402

Meyer, Alexander MD*

247 March St
Santa Paula, CA 93060
(805) 933-6622
American Board of Family
Medicine
Spanish
Medi-Cal Certified
Valley Care IPA
PCP# 376052

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Primary Care Providers

Noah, Jerold MD*

1334 E Main St
Santa Paula, CA 93060
(805) 933-1122
American Board of Family
Medicine
Valley Care Select IPA
PCP# 123538

Solinas, Lisa A MD*

254 W Harvard Blvd Ste B
Santa Paula, CA 93060
(805) 229-0200
American Board of Family
Medicine
Spanish
Valley Care Select IPA
PCP# 318457

845 N 10th St Ste 3
Santa Paula, CA 93060
(805) 525-0215
Spanish
Valley Care Select IPA
PCP# 123558

Tubbs, Jeffrey V MD*

243 March St
Santa Paula, CA 93060
(805) 525-7131
American Board of Family
Medicine
Spanish
Medi-Cal Certified
Valley Care IPA
PCP# 376055

Tushla, Michael C MD*

400 E Santa Barbara St
Ste A
Santa Paula, CA 93060
(805) 525-2121
American Board of Family
Medicine
Spanish
Medi-Cal Certified
Valley Care IPA
PCP# 376056

Wikholm, Gary D MD*

247 W Harvard Blvd
Santa Paula, CA 93060
(805) 525-0907
American Board of Family
Medicine
Spanish
Medi-Cal Certified
Valley Care IPA
PCP# 123463

Internal Medicine (Primary Care Provider)

Caffrey, Cynthia D MD*

243 March St
Santa Paula, CA 93060
(805) 525-7131
American Board of Internal
Medicine
Valley Care IPA
PCP# 376057

Chen, Jian A MD*

243 March St
Santa Paula, CA 93060
(805) 525-7131
American Board of Internal
Medicine
Spanish, Mandarin, Chinese
Medi-Cal Certified
Valley Care IPA
PCP# 376058

Dekkers, Robert J MD*

243 March St
Santa Paula, CA 93060
(805) 525-7131
American Board of Internal
Medicine
Spanish, Dutch
Medi-Cal Certified
Valley Care IPA
PCP# 376059

Deutsch, Gary M MD*

243 March St
Santa Paula, CA 93060
(805) 525-7131
American Board of Internal
Medicine
Spanish
Medi-Cal Certified
Valley Care IPA
PCP# 376060

Simi Valley

Family Medicine (Primary Care Provider)

Chawla, Anil MD

1227 E Los Angeles Ave
Simi Valley, CA 93065
(805) 582-4000
Hindi
Valley Care Select IPA
PCP# 279614

Choudhary, Suneeta MD*

1227 E Los Angeles Ave
Simi Valley, CA 93065
(805) 582-4000
American Board of Family
Medicine
Hindi, Bengali
Medi-Cal Certified
Valley Care Select IPA
PCP# 231842

Flom, Sheila MD

1227 E Los Angeles Ave
Simi Valley, CA 93065
(805) 582-4000
Valley Care Select IPA
PCP# 123511

Gareys, Lyudmyla MD*

1227 E Los Angeles Ave
Simi Valley, CA 93065
(805) 582-4000
American Board of Family
Medicine
Russian
Valley Care Select IPA
PCP# 123514

Kapadia, Ashmeeta P MD*

1227 E Los Angeles Ave
Simi Valley, CA 93065
(805) 582-4000
American Board of Family
Medicine
Spanish, Hindi, Gujarati
Valley Care Select IPA
PCP# 209685

Lin, Amy P MD*

1227 E Los Angeles Ave
Simi Valley, CA 93065
(805) 582-4000
American Board of Family
Medicine
Valley Care Select IPA
PCP# 150999

Sportelli, Marisa MD*

1227 E Los Angeles Ave
Simi Valley, CA 93065
(805) 582-4000
American Board of Family
Medicine
Spanish, Italian
Valley Care Select IPA
PCP# 123559

* Board Certified Provider

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Primary Care Providers

Internal Medicine (Primary Care Provider)

Mandal, Smita D MD*
1227 E Los Angeles Ave
Simi Valley, CA 93065
(805) 582-4000
American Board of Internal Medicine
Spanish, Hindi, Gujarati
Valley Care Select IPA
PCP# 197392

Muzaffer, Riffat MD*
1227 E Los Angeles Ave
Simi Valley, CA 93065
(805) 582-4000
American Board of Internal Medicine
Valley Care Select IPA
PCP# 123536

Thousand Oaks

Family Medicine (Primary Care Provider)

Carvalho, Joao Paulo M MD*
125 W Thousand Oaks Blvd Ste 300
Thousand Oaks, CA 91360
(805) 418-9100
American Board of Family Medicine
Valley Care Select IPA
PCP# 123498
Established patients only

Darden, Ted D MD*
125 W Thousand Oaks Blvd Ste 300
Thousand Oaks, CA 91360
(805) 418-9100
American Board of Family Medicine
Vietnamese, Spanish, Hebrew, Arabic
Medi-Cal Certified
Valley Care Select IPA
PCP# 222547

Kang, Seong MD*
125 W Thousand Oaks Blvd Ste 300
Thousand Oaks, CA 91360
(805) 418-9100
American Board of Family Medicine
Valley Care Select IPA
PCP# 123523

Kroening, Emily A MD*
125 W Thousand Oaks Blvd Ste 300
Thousand Oaks, CA 91360
(805) 418-9100
American Board of Family Medicine
Spanish
Valley Care Select IPA
PCP# 171638

Smith, Mark J MD*
125 W Thousand Oaks Blvd Ste 300
Thousand Oaks, CA 91360
(805) 418-9100
American Board of Family Medicine
Age 18 and up
Valley Care Select IPA
PCP# 123557
Established patients only

Internal Medicine (Primary Care Provider)

Lindberg, Jane C MD*
550 Saint Charles Dr Ste 200
Thousand Oaks, CA 91360
(805) 384-8071
American Board of Internal Medicine
Valley Care IPA
PCP# 305138

Raheel, Seema K MD*
125 W Thousand Oaks Blvd Ste 300
Thousand Oaks, CA 91360
(805) 418-9100
American Board of Internal Medicine
Valley Care Select IPA
PCP# 210834

Ventura

Family Medicine (Primary Care Provider)

David, Jacob MD*
Bldg 340 Ste 201
300 Hillmont Ave
Ventura, CA 93001
(805) 652-6100
American Board of Family Medicine
Spanish
Valley Care Select IPA
PCP# 178232

Dickstein, Sheryl MD*
Bldg 340 Ste 201
300 Hillmont Ave
Ventura, CA 93001
(805) 652-6100
American Board of Family Medicine
Valley Care Select IPA
PCP# 181202

Dodge, Robert F MD*
168 N Brent St Ste 502
Ventura, CA 93003
(805) 641-2000
American Board of Family Medicine
Spanish
Medi-Cal Certified
Valley Care IPA
PCP# 376049

Francke, Wendy MD*
133 W Santa Clara St
Ventura, CA 93001
(805) 641-5600
American Board of Family Medicine
Valley Care Select IPA
PCP# 123512
Established patients only

VENTURA

Family Medicine (Primary Care Provider)

Garcia, Sonya MD
300 Hillmont Ave Bldg 340 Ste 503
VENTURA, CA 93003
(805) 652-6000
Valley Care Select IPA
PCP# 336157

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Primary Care Providers

Ventura

Family Medicine (Primary Care Provider)

Gonzalez-Diaz, Isabel MD*

133 W Santa Clara St
Ventura, CA 93001
(805) 641-5600
American Board of Family
Medicine
Valley Care Select IPA
PCP# 136204
Established patients only

Helmer Jr, James J MD*

300 Hillmont Ave
Ste 201
Ventura, CA 93003
(805) 652-6100
American Board of Family
Medicine
Valley Care Select IPA
PCP# 207367
Established patients only

Huynh, Christy MD*

133 W Santa Clara St
Ventura, CA 93001
(805) 641-5600
American Board of Family
Medicine
Vietnamese, Spanish
Valley Care Select IPA
PCP# 318820

Jorgensen, Neil MD*

Bldg 340 Ste 201
300 Hillmont Ave
Ventura, CA 93001
(805) 652-6100
American Board of Family
Medicine
Valley Care Select IPA
PCP# 207366
Established patients only

VENTURA

Family Medicine (Primary Care Provider)

Khan, Tipu V MD*

300 Hillmont Ave
Bldg 340 Ste 201
VENTURA, CA 93003
(805) 652-6100
American Board of Family
Medicine
Urdu, Spanish, Hindi
Valley Care Select IPA
PCP# 201855
Established patients only

Ventura

Family Medicine (Primary Care Provider)

Lambing, Cheryl MD*

300 Hillmont Ave
Ste 201
Ventura, CA 93003
(805) 652-6100
American Board of Family
Medicine
Valley Care Select IPA
PCP# 207365
Established patients only

Loman, Geoffrey L MD*

168 N Brent St
Ste 502
Ventura, CA 93003
(805) 641-2000
American Board of Family
Medicine
Valley Care IPA
PCP# 376051

Moffatt, Robert K MD*

231 N Dos Caminos Ave
Ventura, CA 93003
(805) 653-5070
American Board of Family
Medicine
Spanish
Medi-Cal Certified
Valley Care IPA
PCP# 123406

Murphy, Charles L MD*

168 N Brent St
Ste 502
Ventura, CA 93003
(805) 641-2000
American Board of Family
Medicine
Spanish
Valley Care IPA
PCP# 376053

Schoeld, Kristi M MD*

Bldg 340 Ste 201
300 Hillmont Ave
Ventura, CA 93001
(805) 652-6100
American Board of Family
Medicine
Valley Care Select IPA
PCP# 123553
Established patients only

Stephens, Kyle DO*

168 N Brent St
Ste 502
Ventura, CA 93003
(805) 641-2000
American Board of Family
Medicine
Valley Care IPA
PCP# 376054

Sujanani, Sunita MD*

133 W Santa Clara St
Ste 106
Ventura, CA 93001
(805) 641-5600
American Board of Family
Medicine
Spanish
Valley Care Select IPA
PCP# 237422

Wong, Bryan MD*

Bldg 340 Ste 201
300 Hillmont Ave
Ventura, CA 93001
(805) 652-6100
American Board of Family
Medicine
Spanish, Chinese
Valley Care Select IPA
PCP# 222689
Established patients only

Zwolak, Zachary DO*

Bldg 340 Ste 201
300 Hillmont Ave
Ventura, CA 93001
(805) 652-6100
American Board of Family
Medicine
Valley Care Select IPA
PCP# 171633

*** Board Certified Provider**

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Primary Care Providers

**Internal Medicine (Primary
Care Provider)**

Ulrich, Ramsey C MD*
133 W Santa Clara St
Ste 106
Ventura, CA 93001
(805) 641-5600
American Board of Internal
Medicine
Spanish
Valley Care Select IPA
PCP# 222533

*** Board Certified Provider**

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Specialists

CALIFORNIA

SANTA BARBARA COUNTY

Santa Barbara

Clinical Cardiac

Electrophysiology

Gidney, Brett A MD

504 W Pueblo St
Ste 101
Santa Barbara, CA 93105
(805) 845-5305
Valley Care IPA

Ilvento, Joseph P MD*

1919 State St
Ste 303
Santa Barbara, CA 93101
(805) 569-2870
American Board of Internal
Medicine
Valley Care Select IPA

Rheumatology

Spiegel, Timothy M MD*

1919 State St
Ste 306
Santa Barbara, CA 93101
(805) 682-5752
American Board of Internal
Medicine
German
Medi-Cal Certified
Valley Care IPA

VENTURA COUNTY

Camarillo

Allergy and Immunology

Kanter, Lewis J MD*

2412 N Ponderosa Dr
Ste B111
Camarillo, CA 93010
(805) 482-8989
American Board of Allergy &
Immunology
Spanish
Valley Care IPA
Valley Care Select IPA

Lee-Kim, Christine Y DO*

2412 N Ponderosa Dr
Ste B111
Camarillo, CA 93010
(805) 482-8989
American Board of Allergy &
Immunology
Spanish, Korean
Valley Care IPA
Valley Care Select IPA

Porch Curren, Cristina N MD*

2412 N Ponderosa Dr
Ste B111
Camarillo, CA 93010
(805) 482-8989
American Board of Allergy &
Immunology
Spanish, Italian
Valley Care IPA
Valley Care Select IPA

Anesthesiology-Pain Medicine

Buchanan, Patrick D MD

1100 Paseo Camarillo
Camarillo, CA 93010
(805) 484-8558
Spanish
Valley Care IPA

Cabaret, Joseph A MD

601 E Daily Dr
Ste 228
Camarillo, CA 93010
(805) 914-0637
Valley Care IPA
Valley Care Select IPA

Dermatology

Wells, Ryan D MD

2438 N Ponderosa Dr
Ste C105
Camarillo, CA 93010
(805) 388-2068
Spanish
Valley Care IPA

Gastroenterology

Simon, Karen MD

4005 Mission Oaks Blvd
Ste A
Camarillo, CA 93012
(805) 484-7921
Valley Care IPA

Nephrology

Chang, Susan S MD*

2438 N Ponderosa Dr
Ste C101
Camarillo, CA 93010
(805) 383-9727
American Board of Internal
Medicine
Spanish, Korean
Valley Care IPA
Valley Care Select IPA

Vermani, Vimal MD*

2438 N Ponderosa Dr
Ste C101
Camarillo, CA 93010
(805) 383-9727
American Board of Internal
Medicine
Hindi
Medi-Cal Certified
Valley Care IPA

Wong, Calbert A MD*

2438 N Ponderosa Dr
Ste C101
Camarillo, CA 93010
(805) 383-9727
American Board of Internal
Medicine
Spanish, Chinese
Medi-Cal Certified
Valley Care Select IPA

Neurology

Young, Pari MD*

3801 Las Posas Rd
Ste 214
Camarillo, CA 93010
(805) 437-0900
American Board of Psychiatry
& Neurology
Valley Care Select IPA

Obstetrics and Gynecology

Carter, Stephen P MD*

2486 N Ponderosa Dr
Ste D202
Camarillo, CA 93010
(805) 482-4641
American Board of Obstetrics &
Gynecology
Spanish
Valley Care IPA

* Board Certified Provider

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Lanter, Patricia D MD*
2486 N Ponderosa Dr
Ste D202
Camarillo, CA 93010
(805) 482-4641
American Board of Obstetrics & Gynecology
Tagalog, Spanish
Medi-Cal Certified
Valley Care IPA

Obstetrics And Gynecology - Gynecology

Belzer, Maynard D MD
2486 N Ponderosa Dr
Ste D202
Camarillo, CA 93010
(805) 482-4641
Valley Care IPA

Carter, Stephen P MD
2486 N Ponderosa Dr
Ste D202
Camarillo, CA 93010
(805) 482-4641
Spanish
Valley Care IPA

Lanter, Patricia D MD
2486 N Ponderosa Dr
Ste D202
Camarillo, CA 93010
(805) 482-4641
Tagalog, Spanish
Medi-Cal Certified
Valley Care IPA

Ophthalmology
Corwin, Joel M MD*
751 E Daily Dr
Ste 110
Camarillo, CA 93010
(805) 987-8705
American Board of Ophthalmology
Spanish
Medi-Cal Certified
Valley Care IPA

Orthopaedic Surgery
Aroche Jr, Antulio B DO
601 E Daily Dr
Ste 228
Camarillo, CA 93010
(805) 914-0637
Spanish
Valley Care IPA

Calderone, Rocco R MD*
2486 N Ponderosa Dr Ste D114
Camarillo, CA 93010
(805) 484-2783
American Board of Orthopaedic Surgery
Valley Care IPA

Otolaryngology - Otology And Neurotology
Lee, Jaesung MD*
2438 N Ponderosa Dr
Ste C110
Camarillo, CA 93010
(805) 484-5929
American Board of Otolaryngology
Korean
Valley Care IPA
Valley Care Select IPA

Vaidya, Abhay M MD*
2438 N Ponderosa Dr
Ste C110
Camarillo, CA 93010
(805) 484-5929
American Board of Otolaryngology
Valley Care IPA
Valley Care Select IPA

Pulmonary Disease
Bhatia, Rajan MD*
2460 N Ponderosa Dr
Ste A101
Camarillo, CA 93010
(805) 485-2400
American Board of Internal Medicine
Hindi
Valley Care IPA

Weymer, Andrew R MD*
2460 N Ponderosa Dr Ste A101
Camarillo, CA 93010
(805) 485-2400
American Board of Internal Medicine
Valley Care IPA

Radiation Oncology
Montes, Henry Z MD
5301 Mission Oaks Blvd
Ste A
Camarillo, CA 93012
(805) 484-1919
Spanish
Medi-Cal Certified
Valley Care IPA

O'Connor, Timothy A MD*
5301 Mission Oaks Blvd
Ste A
Camarillo, CA 93012
(805) 484-1919
American Board of Radiology
Spanish
Medi-Cal Certified
Valley Care IPA

Rheumatology
Fatemi, Gita MD
64 E Daily Dr
Camarillo, CA 93010
(805) 384-8071
Valley Care IPA

Surgery
Brand, Lisa MD*
2438 N Ponderosa Dr
Ste C207
Camarillo, CA 93010
(805) 484-3513
American Board of Surgery
Valley Care IPA

Dixon, Neal P MD*
2438 N Ponderosa Dr
Ste C207
Camarillo, CA 93010
(805) 484-3513
American Board of Surgery
Spanish
Medi-Cal Certified
Valley Care IPA

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Specialists

SPECIALISTS

Newbury Park

Gastroenterology

Fan, Robert S L MD

311 Haigh Rd
Ste 200
Newbury Park, CA 91320
(805) 214-1514
Tagalog, Spanish, Cantonese
Valley Care Select IPA

Ojuri, Adebambo O MD*

311 Haigh Rd
Ste 200
Newbury Park, CA 91320
(805) 214-1514
American Board of Internal
Medicine
Tagalog, Cantonese
Valley Care Select IPA

Simmons, Timothy C MD*

311 Haigh Rd
Ste 200
Newbury Park, CA 91320
(805) 214-1514
American Board of Internal
Medicine
Tagalog, Spanish, Farsi,
Cantonese
Valley Care Select IPA

Oxnard

Podiatrist

Vines, Steven M DPM*

325 W Channel Islands Blvd
Oxnard, CA 93033
(805) 204-9530
American Board of Podiatric
Surgery
Spanish

Medi-Cal Certified

Valley Care Select IPA

451 W Gonzales Rd Ste 260

Oxnard, CA 93036

(805) 485-3151

Spanish

Medi-Cal Certified

Valley Care IPA

Allergy and Immunology

Rosengren, Harold N MD*

451 W Gonzales Rd
Ste 150
Oxnard, CA 93036
(805) 983-0771
American Board of Allergy &
Immunology
Valley Care IPA

Verma, Sanjiv MD

451 W Gonzales Rd
Ste 150
Oxnard, CA 93036
(805) 983-0771
Punjab, Hindi, Burmese
Valley Care IPA

Family Medicine (Specialist)

Pakala, Shilpa MD

2220 E Gonzales Rd Ste 120A-B
Oxnard, CA 93036
(805) 981-5151
Valley Care IPA

Gastroenterology

Billesdon, John C MD

2241 Wankel Way
Ste A
Oxnard, CA 93030
(805) 983-0521
Spanish
Valley Care IPA

Hematology

Lee, Byung DO*

1851 Lombard St
Ste 105
Oxnard, CA 93030
(805) 485-7232
American Board of Internal
Medicine
Korean
Valley Care IPA
Valley Care Select IPA

Masiello, David Potter MD*

1851 Lombard St
Ste 105
Oxnard, CA 93030
(805) 485-7232
American Board of Internal
Medicine
Spanish
Valley Care IPA

Infectious Disease

Wolfsohn, Joshua B DO

1700 N Rose Ave
Ste 220
Oxnard, CA 93030
(805) 278-9599
Spanish
Valley Care IPA
Valley Care Select IPA

Medical Oncology

Lee, Byung DO*

1851 Lombard St
Ste 105
Oxnard, CA 93030
(805) 485-7232
American Board of Internal
Medicine
Korean
Valley Care IPA
Valley Care Select IPA

Masiello, David Potter MD*

1851 Lombard St
Ste 105
Oxnard, CA 93030
(805) 485-7232
American Board of Internal
Medicine
Spanish
Valley Care IPA

Nephrology

Bednarski, Nicholas MD*

1200 W Gonzales Rd
Ste 300
Oxnard, CA 93036
(805) 983-0691
American Board of Internal
Medicine

Medi-Cal Certified

Valley Care IPA

Medi-Cal Certified

Valley Care Select IPA

Dana, Ali P MD*

1200 W Gonzales Rd
Ste 300
Oxnard, CA 93036
(805) 983-0691
American Board of Internal
Medicine
Valley Care IPA
Valley Care Select IPA

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Ledesma, Steven G MD*
1200 W Gonzales Rd
Ste 300
Oxnard, CA 93036
(805) 983-0691
American Board of Internal
Medicine
Spanish
Medi-Cal Certified
Valley Care IPA
Medi-Cal Certified
Valley Care Select IPA

Liu, Tane MD*
1200 W Gonzales Rd
Ste 300
Oxnard, CA 93036
(805) 983-0691
American Board of Internal
Medicine
Japanese, Chinese
Medi-Cal Certified
Valley Care IPA
Medi-Cal Certified
Valley Care Select IPA

Mortazavi, Koosha MD*
1200 W Gonzales Rd
Ste 300
Oxnard, CA 93036
(805) 983-0691
American Board of Internal
Medicine
Valley Care IPA
Valley Care Select IPA

Vermani, Vimal MD*
1900 Outlet Center Dr
Oxnard, CA 93036
(805) 983-8049
American Board of Internal
Medicine
Hindi
Medi-Cal Certified
Valley Care IPA
Medi-Cal Certified
Valley Care Select IPA

Wong, Calbert A MD*
1900 Outlet Center Dr
Oxnard, CA 93036
(805) 974-9727
American Board of Internal
Medicine
Spanish, Chinese
Medi-Cal Certified
Valley Care IPA
Medi-Cal Certified
Valley Care Select IPA

Neurologic Surgery
Alberstone, Cary D MD*
1700 N Rose Ave
Ste 250
Oxnard, CA 93030
(805) 983-1700
American Board of Neurolog-
ical Surgery
Medi-Cal Certified
Valley Care IPA

Obstetrics and Gynecology
Abell, Nicole L DO
1700 N Rose Ave
Ste 210
Oxnard, CA 93030
(805) 384-8071
Valley Care IPA

Brecht Doscher, Aimee MD*
2000 Outlet Center Dr
Ste 110
Oxnard, CA 93036
(805) 604-4588
American Board of Obstetrics &
Gynecology
Spanish, French
Medi-Cal Certified
Valley Care IPA
Medi-Cal Certified
Valley Care Select IPA

Nishida, Gary H MD*
2901 N Ventura Rd Ste 100
Oxnard, CA 93036
(805) 384-8071
American Board of Obstetrics &
Gynecology
Medi-Cal Certified
Valley Care IPA

Obstetrics And Gynecology -
Gynecology
Ghiai-Fatemi, Afshan MD
1700 N Rose Ave
Ste 280
Oxnard, CA 93030
(805) 384-8071
Spanish, Farsi
Valley Care IPA

Ophthalmology
Frambach, Donald MD*
1901 Solar Dr
Ste 155
Oxnard, CA 93036
(805) 278-0057
American Board of
Ophthalmology
Spanish
Medi-Cal Certified
Lakeside Medical Group
Medi-Cal Certified
Regal Medical Group

Orthopaedic Surgery
Jeffers, Andrew W MD*
1700 N Rose Ave
Ste 135
Oxnard, CA 93030
(805) 981-1788
American Board of Ortho-
paedic Surgery
Valley Care IPA

Wu, Thomas Y MD*
325 W Channel Islands Blvd
Oxnard, CA 93033
(805) 204-9530
American Board of Ortho-
paedic Surgery
Taiwanese
Valley Care Select IPA

Otolaryngology - Otology And
Neurotology
Fettman, Nicholas A MD*
1700 N Rose Ave
Ste 460
Oxnard, CA 93030
(805) 983-0395
American Board of
Otolaryngology
Valley Care IPA
Valley Care Select IPA

Kho, Soochuen T MD*
1700 N Rose Ave
Ste 460
Oxnard, CA 93030
(805) 983-0395
American Board of
Otolaryngology
Chinese
Valley Care IPA
Valley Care Select IPA

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Specialists

SPECIALISTS

Voorman, Gary S MD*

1700 N Rose Ave
Ste 460
Oxnard, CA 93030
(805) 983-0395
American Board of
Otolaryngology
Valley Care IPA
Valley Care Select IPA

Physical Medicine & Rehabilitation

Pierson, Raymond MD*

2221 Wankel Way
Oxnard, CA 93030
(805) 278-0212
American Board of Physical
Medicine & Rehabilitation
Valley Care IPA

Pulmonary Disease

Bhatia, Rajan MD*

1910 Outlet Center Dr
Oxnard, CA 93036
(805) 485-2400
American Board of Internal
Medicine
Hindi
Valley Care IPA

Goba, Daniel MD*

1910 Outlet Center Dr
Oxnard, CA 93036
(805) 485-2400
American Board of Internal
Medicine
Amharic
Valley Care IPA

Weymer, Andrew R MD*

1910 Outlet Center Dr
Oxnard, CA 93036
(805) 485-2400
American Board of Internal
Medicine
Valley Care IPA
Valley Care Select IPA

Radiation Oncology

Montes, Henry Z MD

1700 N Rose Ave
Ste 120
Oxnard, CA 93030
(805) 988-2657
Spanish

Medi-Cal Certified

Valley Care IPA

O'Connor, Timothy A MD*

1700 N Rose Ave
Ste 120
Oxnard, CA 93030
(805) 988-2657
American Board of Radiology
Spanish

Medi-Cal Certified

Valley Care IPA

Rheumatology

Narhi, Diane C MD*

1700 N Rose Ave
Ste 350
Oxnard, CA 93030
(805) 485-7877
American Board of Internal
Medicine

Medi-Cal Certified

Valley Care IPA

Surgery

Babashoff, Lisa L MD*

1700 N Rose Ave
Ste 430
Oxnard, CA 93030
(805) 485-8722
American Board of Surgery
Spanish
Medi-Cal Certified
Valley Care IPA

Bryant, Timothy G MD*

1700 N Rose Ave
Ste 430
Oxnard, CA 93030
(805) 485-8722
American Board of Surgery
Thai, Spanish
Medi-Cal Certified
Valley Care IPA

Eisner, Joseph A MD*

1700 N Rose Ave
Ste 430
Oxnard, CA 93030
(805) 485-8722
American Board of Surgery
Spanish, French
Valley Care IPA

Lopresti, Joseph S MD*

1700 N Rose Ave
Ste 430
Oxnard, CA 93030
(805) 485-8722
American Board of Surgery
Medi-Cal Certified
Valley Care IPA

Lowe, Isaac MD*

2240 E Gonzales Rd
Ste 100
Oxnard, CA 93036
(805) 981-5161
American Board of Surgery
Spanish, Japanese
Medi-Cal Certified
Valley Care Select IPA

Tuai, Brian C MD*

1700 N Rose Ave
Ste 430
Oxnard, CA 93030
(805) 485-8722
American Board of Surgery
Mandarin, Korean, Chinese
Medi-Cal Certified
Valley Care IPA

Surgery - Plastic And Recon- structive Surgery

Jeffers, Lynn L MD*

1700 N Rose Ave
Ste 135
Oxnard, CA 93030
(805) 981-1898
American Board of Plastic
Surgery
Valley Care IPA

Urology

Wong, Kelvin S MD*

1700 N Rose Ave
Ste 370
Oxnard, CA 93030
(805) 973-5902
American Board of Urology
Spanish
Valley Care IPA

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Santa Paula

Obstetrics and Gynecology

Watabe, Minako MD*
845 N 10th St
Santa Paula, CA 93060
(805) 525-0215
American Board of Obstetrics & Gynecology
Valley Care IPA
Valley Care Select IPA

Orthopaedic Surgery

Stennette, Denise MD*
825 N 10th St
Santa Paula, CA 93060
(998) 033-8632
American Board of Orthopaedic Surgery
Valley Care IPA
Valley Care Select IPA

Surgery

Lowe, Isaac MD*
845 N 10th St
Ste 3
Santa Paula, CA 93060
(805) 525-0215
American Board of Surgery
Spanish, Japanese
Medi-Cal Certified
Valley Care IPA

Simi Valley

Cardiovascular Disease

Gupta, Vinod K MD
2876 Sycamore Dr
Ste 201
Simi Valley, CA 93065
(805) 527-6616
Spanish, Hindi
Medi-Cal Certified
Valley Care Select IPA

Neurology

Muthukumaran, Abi MD
1227 E Los Angeles Ave
Simi Valley, CA 93065
(805) 582-4000
Valley Care Select IPA

Ophthalmology

Corwin, Steven R MD*
2045 Royal Ave
Ste 125
Simi Valley, CA 93065
(805) 527-6720
American Board of Ophthalmology
Spanish
Valley Care Select IPA

Thousand Oaks

Orthopaedic Surgery

Ragsdale, Mary MD*
125 W Thousand Oaks Blvd
Ste 300
Thousand Oaks, CA 91360
(805) 418-9100
American Board of Orthopaedic Surgery
Spanish
Valley Care IPA

Radiation Oncology

Abelson, Jonathan MD*
2230 Lynn Rd
Ste 103
Thousand Oaks, CA 91360
(805) 496-4111
American Board of Radiology
Valley Care Select IPA

Miller, Paul J MD*

2230 Lynn Rd
Ste 103
Thousand Oaks, CA 91360
(805) 496-4111
American Board of Radiology
Medi-Cal Certified
Valley Care Select IPA

Rheumatology

Farmani, Niloofar MD*
125 W Thousand Oaks Blvd
Ste 300
Thousand Oaks, CA 91360
(805) 418-9100
American Board of Internal Medicine
Valley Care Select IPA

Ventura

Podiatrist

Stuhr, Frank DPM
300 Hillmont Ave
Ventura, CA 93003
(805) 652-6000
Spanish
Medi-Cal Certified
Valley Care IPA
Medi-Cal Certified
Valley Care Select IPA

Vines, Steven M DPM*

2961 Loma Vista Rd
Ventura, CA 93003
(805) 648-3222
American Board of Podiatric Surgery
Spanish
Medi-Cal Certified
Valley Care IPA

300 Hillmont Ave
Ventura, CA 93003
(805) 652-6139
Spanish

Medi-Cal Certified
Valley Care Select IPA

Allergy and Immunology

Verma, Prashant MD*
5720 Ralston St
Ste 205
Ventura, CA 93003
(805) 658-9500
American Board of Allergy & Immunology
Valley Care IPA
Valley Care Select IPA

Verma, Sanjiv MD

5720 Ralston St
Ste 205
Ventura, CA 93003
(805) 658-9500
Punjab, Hindi, Burmese
Valley Care IPA

Anesthesiology-Pain Medicine

Frey, Robert D MD
1752 S Victoria Ave
Ste B
Ventura, CA 93003
(805) 644-4930
Valley Care IPA
Valley Care Select IPA

* Board Certified Provider

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Specialists

VENTURA

Cardiovascular Disease

Abdi Moradi, Sohail MD

300 Hillmont Ave Bldg 340 Ste 503
VENTURA, CA 93003
(805) 652-6000
Valley Care Select IPA

Ventura

Cardiovascular Disease

Arjomand, Heidar MD

100 N Brent St
Ste 301
Ventura, CA 93003
(805) 648-2763
Valley Care IPA
Valley Care Select IPA

Garcia, Alejandro R MD

100 N Brent St
Ste 301
Ventura, CA 93003
(805) 648-2763
Spanish, French
Valley Care IPA

Kong, Thomas Q MD

100 N Brent St
Ste 301
Ventura, CA 93003
(805) 648-2763
Medi-Cal Certified
Valley Care IPA

Mansour, Craig S MD*

100 N Brent St
Ste 301
Ventura, CA 93003
(805) 648-2763
American Board of Internal
Medicine
Medi-Cal Certified
Valley Care IPA

Mayer, Nolan J MD

100 N Brent St
Ste 301
Ventura, CA 93003
(805) 648-2763
Medi-Cal Certified
Valley Care IPA

Pang, John H MD*

100 N Brent St
Ste 301
Ventura, CA 93003
(805) 648-2763
American Board of Internal
Medicine
Spanish, Korean
Valley Care IPA

Tedesco, Dominic J MD

168 N Brent St
Ste 508
Ventura, CA 93003
(805) 643-2375
Valley Care IPA

Clinical Cardiac

Electrophysiology

Orias, David W MD

100 N Brent St
Ste 301
Ventura, CA 93003
(805) 648-2763
Spanish
Valley Care IPA

Rao, Ishu V MD

100 N Brent St
Ste 301
Ventura, CA 93003
(805) 648-2763
Spanish
Valley Care IPA

Dentist- Oral And Maxillofa- cial Surgery

Zarrinkelk, Hooman M DDS

5200 Telegraph Rd
Ste B
Ventura, CA 93003
(805) 648-5121
Age 99 and under
Spanish, Persian, Modern, Farsi
Valley Care Select IPA

Dermatology

Sun, Grace S MD*

3291 Loma Vista Rd Bldg 340
Ste 302
Ventura, CA 93003
(805) 652-6255
American Board of
Dermatology
Mandarin
Valley Care Select IPA

VENTURA

Endocrinology, Diabetes and Metabolism

Shah, Nissar MD

Ste 502
300 Hillmont Ave Bldg 340
VENTURA, CA 93003
(805) 652-6000
Valley Care Select IPA

Ventura

Endocrinology, Diabetes and Metabolism

Westhoff-Pankratz, Tricia L MD*

2629 Loma Vista Rd
Ventura, CA 93003
(805) 259-1356
American Board of Internal
Medicine
Spanish
Valley Care IPA

Gastroenterology

Covington, Stephen D MD*

168 N Brent St
Ste 404
Ventura, CA 93003
(805) 641-6525
American Board of Internal
Medicine
Valley Care IPA
Valley Care Select IPA

Gondha, Chetan V MD*

168 N Brent St
Ste 404
Ventura, CA 93003
(805) 641-6525
American Board of Internal
Medicine
Valley Care IPA
Valley Care Select IPA

*** Board Certified Provider**

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Lin, Tesu T MD*
168 N Brent St
Ste 404
Ventura, CA 93003
(805) 641-6525
American Board of Internal
Medicine
Spanish, Japanese
Valley Care IPA
Valley Care Select IPA

Lyche, Kip D MD*
168 N Brent St
Ste 404
Ventura, CA 93003
(805) 641-6525
American Board of Internal
Medicine
Valley Care IPA
Valley Care Select IPA

Menz, Charles L MD*
168 N Brent St
Ste 404
Ventura, CA 93003
(805) 641-6525
American Board of Internal
Medicine
Valley Care IPA
Valley Care Select IPA

Nasrollah, Laya MD
168 N Brent St
Ste 404
Ventura, CA 93003
(805) 641-6525
Spanish
Valley Care IPA
Valley Care Select IPA

Pedraza, Benito A MD
168 N Brent St
Ste 404
Ventura, CA 93003
(805) 641-6525
Spanish
Valley Care IPA
Valley Care Select IPA

VENTURA

Infectious Disease
Meshkaty, Nessa S MD
300 Hillmont Ave Bldg 340 Ste
503
VENTURA, CA 93003
(805) 652-6000
Valley Care Select IPA

Ventura

Infectious Disease
Prichard, John MD
300 Hillmont Ave Bldg 340
Ste 503
Ventura, CA 93001
(805) 652-6218
Valley Care IPA
Valley Care Select IPA

Savitch, Cary B MD*
2929 Loma Vista Rd
Ste F
Ventura, CA 93003
(805) 653-6540
American Board of Internal
Medicine
Spanish
Valley Care IPA

Nephrology
Liu, Tane MD*
4567 Telephone Rd
Ste 102
Ventura, CA 93003
(805) 644-6673
American Board of Internal
Medicine
Japanese, Chinese
Medi-Cal Certified
Valley Care IPA

Neurologic Surgery
Dorsi, Michael J MD*
168 N Brent St
Ste 408
Ventura, CA 93003
(805) 643-2179
American Board of Neurolog-
ical Surgery
Valley Care IPA

Neurology
Powell, Russell T MD*
3170 Loma Vista Rd
Ventura, CA 93003
(805) 648-9830
American Board of Psychiatry
& Neurology
Spanish
Valley Care IPA
Valley Care Select IPA

VENTURA

Obstetrics and Gynecology
Kelley, Frederick V MD*
Ste 201
300 Hillmont Ave Bldg 340
VENTURA, CA 93003
(805) 652-6000
American Board of Obstetrics &
Gynecology
Spanish, Portuguese
Valley Care IPA
Valley Care Select IPA

Silverman, Ira MD*
Ste 201
300 Hillmont Ave Bldg 340
VENTURA, CA 93003
(805) 652-6000
American Board of Obstetrics &
Gynecology
Valley Care IPA
Valley Care Select IPA

Vega, Juan MD*
Ste 201
300 Hillmont Ave Bldg 340
VENTURA, CA 93003
(805) 652-6000
American Board of Obstetrics &
Gynecology
Valley Care IPA
Valley Care Select IPA

* Board Certified Provider

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Specialists

Ventura

Obstetrics And Gynecology - Gynecologic Oncology

Hogan, William M MD*

2900 Loma Vista Rd
Ste 205
Ventura, CA 93003
(805) 642-4830
American Board of Obstetrics &
Gynecology
Valley Care IPA
Valley Care Select IPA

Rodriguez, Anne O MD

2900 Loma Vista Rd
Ste 205
Ventura, CA 93003
(805) 642-4830
Medi-Cal Certified
Valley Care IPA
Medi-Cal Certified
Valley Care Select IPA

Ophthalmology

Chen, Joseph J MD*

3085 Loma Vista Rd
Ventura, CA 93003
(805) 648-3085
American Board of
Ophthalmology
Chinese
Valley Care IPA

Corwin, Joel M MD*

3085 Loma Vista Rd
Ventura, CA 93003
(805) 648-3085
American Board of
Ophthalmology
Spanish
Medi-Cal Certified
Valley Care IPA
Medi-Cal Certified
Valley Care Select IPA

Davidson, John L MD*

3085 Loma Vista Rd
Ventura, CA 93003
(805) 648-3085
American Board of
Ophthalmology
Spanish
Medi-Cal Certified
Valley Care IPA
Medi-Cal Certified
Valley Care Select IPA

Fang, John P MD*

3085 Loma Vista Rd
Ventura, CA 93003
(805) 648-3085
American Board of
Ophthalmology
Valley Care IPA
Valley Care Select IPA

Frambach, Donald MD*

3085 Loma Vista Rd
Ventura, CA 93003
(805) 648-3085
American Board of
Ophthalmology
Spanish
Medi-Cal Certified
Valley Care IPA
Medi-Cal Certified
Valley Care Select IPA

Hu, Wanda D MD*

3085 Loma Vista Rd
Ventura, CA 93003
(805) 648-3085
American Board of
Ophthalmology
Spanish
Valley Care IPA
Valley Care Select IPA

Martidis, Adam MD*

3085 Loma Vista Rd
Ventura, CA 93003
(805) 648-3085
American Board of
Ophthalmology
Spanish
Medi-Cal Certified
Valley Care IPA
Medi-Cal Certified
Valley Care Select IPA

Orthopaedic Surgery

Benson, Emily S MD*

300 Hillmont Ave
Ventura, CA 93003
(805) 652-6000
American Board of Ortho-
paedic Surgery
Spanish
Valley Care IPA
Valley Care Select IPA

Gluck, Joshua G MD*

300 Hillmont Ave
Ventura, CA 93003
(805) 652-6000
American Board of Ortho-
paedic Surgery
Valley Care Select IPA

Golden, Thomas F MD*

168 N Brent St
Ste 505
Ventura, CA 93003
(805) 648-3902
American Board of Ortho-
paedic Surgery
Medi-Cal Certified
Valley Care IPA

Hofer, Jason K MD*

3525 Loma Vista Rd
Ste A
Ventura, CA 93003
(805) 641-6415
American Board of Ortho-
paedic Surgery
Valley Care IPA

Mazurek, Robert T MD*

168 N Brent St
Ste 501
Ventura, CA 93003
(805) 641-0273
American Board of Ortho-
paedic Surgery
Medi-Cal Certified
Valley Care IPA

Ragsdale, Mary MD*

300 Hillmont Ave
Ventura, CA 93003
(805) 652-6000
American Board of Ortho-
paedic Surgery
Spanish
Valley Care Select IPA

Small, Samuel D DO

168 N Brent St Ste 506
Ventura, CA 93003
(805) 652-6373
Spanish
Valley Care IPA

*** Board Certified Provider**

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Sweet, Stephan J MD*

168 N Brent St
Ste 505
Ventura, CA 93003
(805) 648-3902
American Board of Orthopaedic Surgery
Spanish
Valley Care IPA

Takara, Tadashi MD*

300 Hillmont Ave
Ventura, CA 93003
(805) 652-6000
American Board of Orthopaedic Surgery
Valley Care IPA
Valley Care Select IPA

Wu, Thomas Y MD*

300 Hillmont Ave
Ventura, CA 93003
(805) 652-6000
American Board of Orthopaedic Surgery
Taiwanese
Valley Care IPA
Valley Care Select IPA

Orthopaedic Surgery-Hand Surgery

Starr, William E MD

3180 Loma Vista Rd
Ventura, CA 93003
(805) 641-0141
Valley Care Select IPA

Otolaryngology - Otology And Neurotology

Alavi, Armin MD*

3555 Loma Vista Rd
Ste 200
Ventura, CA 93003
(805) 648-3081
American Board of Otolaryngology
Spanish, Farsi
Medi-Cal Certified
Valley Care IPA

Hantke, David R MD*

2807 Loma Vista Rd
Ste 103
Ventura, CA 93003
(805) 648-7222
American Board of Otolaryngology
Spanish
Medi-Cal Certified
Valley Care IPA

Nguyen, Chau MD*

300 Hillmont Ave
Ste 401
Ventura, CA 93003
(805) 652-6201
American Board of Otolaryngology
Vietnamese, Spanish
Medi-Cal Certified
Valley Care IPA
Medi-Cal Certified
Valley Care Select IPA

VENTURA

Otolaryngology - Otology And Neurotology

Sumiyoshi, Mika MD*

300 Hillmont Ave Bldg 340 Ste 503
VENTURA, CA 93003
(805) 652-6000
American Board of Otolaryngology
Valley Care Select IPA

Ventura

Physical Medicine & Rehabilitation

Chang Chien, George C DO*

3147 Loma Vista Rd
Ventura, CA 93003
(805) 648-9830
American Board of Physical Medicine & Rehabilitation
Spanish
Valley Care Select IPA

Plastic Surgery - Surgery Of The Hand

Pickart, Michael C MD

3438 Loma Vista Rd
Ventura, CA 93003
(805) 654-8800
Spanish
Medi-Cal Certified
Valley Care IPA

Pulmonary Disease

Arfaei, Amir MD*

168 N Brent St
Ste 406
Ventura, CA 93003
(805) 653-6371
American Board of Internal Medicine
Farsi
Valley Care IPA

Bernstein, Robert J MD*

168 N Brent St
Ste 406
Ventura, CA 93003
(805) 653-6371
American Board of Internal Medicine
Valley Care IPA

Brugman, Thomas M MD*

168 N Brent St
Ste 406
Ventura, CA 93003
(805) 653-6371
American Board of Internal Medicine
Valley Care IPA

Handley, John A MD*

168 N Brent St
Ste 406
Ventura, CA 93003
(805) 653-6371
American Board of Internal Medicine
Valley Care IPA

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Specialists

VENTURA	VENTURA	Ventura	Ventura
<u>Pulmonary Disease</u> Landon, Chris MD 300 Hillmont Ave Ste 302 Bldg 340 VENTURA, CA 93003 (805) 652-6255 Valley Care IPA Valley Care Select IPA	<u>Rheumatology</u> Greger, Stephanie C MD* Ste 502 300 Hillmont Ave Bldg 340 VENTURA, CA 93003 (805) 652-6000 American Board of Internal Medicine Spanish Valley Care IPA Valley Care Select IPA	<u>Surgery</u> Bushnell, Lamar J MD 168 N Brent St Ste 508 Ventura, CA 93003 (805) 643-2375 Valley Care IPA	<u>Surgery</u> Tedesco, Dominic J MD 168 N Brent St Ste 508 Ventura, CA 93003 (805) 643-2375 Valley Care IPA
Ventura		Rayhrer, Constanze S MD 2605 Loma Vista Rd Ventura, CA 93003 (805) 648-2227 German Valley Care IPA	Williams, Michael MD* 300 Hillmont Ave Bldg 340 Ste 401 Ventura, CA 93003 (805) 652-6201 American Board of Surgery Valley Care Select IPA
<u>Radiation Oncology</u> Fogel, Thomas D MD 2900 Loma Vista Rd Ste 100 Ventura, CA 93003 (805) 648-5191 Spanish Medi-Cal Certified Valley Care Select IPA	Ventura	Salehpour, Michael M MD* 2605 Loma Vista Rd Ventura, CA 93003 (805) 648-2227 American Board of Surgery Farsi Valley Care IPA	<u>Surgery - Plastic And Recon- structive Surgery</u> Bern, Samuel A MD* 1280 S Victoria Ave Ste 201 Ventura, CA 93003 (805) 642-1699 American Board of Plastic Surgery Spanish, French Medi-Cal Certified Valley Care IPA
Rodnick, Jeffrey M MD* 2900 Loma Vista Rd Ste 100 Ventura, CA 93003 (805) 648-5191 American Board of Radiology Medi-Cal Certified Valley Care Select IPA	VENTURA	VENTURA	Pickart, Michael C MD* 3438 Loma Vista Rd Ventura, CA 93003 (805) 654-8800 American Board of Plastic Surgery Spanish Medi-Cal Certified Valley Care IPA
	<u>Rheumatology</u> Sievers, Tammy P C MD 120 N Ashwood Ave Ventura, CA 93003 (805) 658-5800 Tagalog, Spanish Valley Care IPA	<u>Surgery</u> Sanchez, Barry R MD 300 Hillmont Ave Ste 401, Bldg 340 VENTURA, CA 93003 (805) 652-6201 Valley Care IPA Valley Care Select IPA	
	VENTURA	<u>Surgery</u> Schweitzer, Jeremy MD* 300 Hillmont Ave Ste 401 Bldg 340 VENTURA, CA 93003 (805) 652-6201 American Board of Surgery Valley Care IPA	
	<u>Surgery</u> Barbaro, Casey MD* Ste 401 300 Hillmont Ave Bldg 340 VENTURA, CA 93003 (805) 652-6000 American Board of Surgery Valley Care Select IPA		
	Blickenstaff, Kurt MD* 300 Hillmont Ave Bldg 340 Ste 503 VENTURA, CA 93003 (805) 652-6201 American Board of Surgery Valley Care Select IPA		

* Board Certified Provider

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Starr, William E MD*

3180 Loma Vista Rd
Ventura, CA 93003
(805) 641-0141
American Board of Plastic Surgery
Valley Care Select IPA

Surgery - Vascular Surgery

Guo, Sydney S MD*

100 N Brent St
Ste 201
Ventura, CA 93003
(805) 643-3330
American Board of Surgery
Mandarin
Valley Care IPA

Kong, Li Sheng S MD*

100 N Brent St
Ste 201
Ventura, CA 93003
(805) 643-3330
American Board of Surgery
Spanish, Mandarin, Japanese
Valley Care IPA

Skilern, C Shawn MD*

100 N Brent St
Ste 201
Ventura, CA 93003
(805) 643-3330
American Board of Surgery
Valley Care IPA

Thoracic Surgery (Cardiothoracic Vascular Surgery)

Bushnell, Lamar J MD

168 N Brent St
Ste 508
Ventura, CA 93003
(805) 643-2375
Valley Care IPA

Tedesco, Dominic J MD

168 N Brent St
Ste 508
Ventura, CA 93003
(805) 643-2375
Valley Care IPA

Urology

Beaghtler, Marc A MD*

2705 Loma Vista Rd
Ste 206
Ventura, CA 93003
(805) 643-4067
American Board of Urology
Spanish
Valley Care IPA

Bowman, Ryan MD*

300 Hillmont Ave
Bldg 340 Ste 402
Ventura, CA 93001
(805) 652-6210
American Board of Urology
Spanish
Valley Care IPA
Valley Care Select IPA

Emery, Cedric B MD*

2807 Loma Vista Rd
Ste 101
Ventura, CA 93003
(805) 653-1533
American Board of Urology
Valley Care IPA

Feinberg, Stephen M MD*

1280 S Victoria Ave
Ste 130
Ventura, CA 93003
(805) 676-9296
American Board of Urology
Spanish
Valley Care IPA

Khoddami, Seyed M MD*

2705 Loma Vista Rd
Ste 206
Ventura, CA 93003
(805) 643-4067
American Board of Urology
Tagalog, Spanish
Valley Care IPA

Klope, William T MD*

2755 Loma Vista Rd
Ventura, CA 93003
(805) 641-3689
American Board of Urology
Valley Care IPA

Luttge, Scott K MD*

300 Hillmont Ave
Ste 402
Ventura, CA 93003
(805) 652-6210
American Board of Urology
Valley Care IPA
Valley Care Select IPA

VENTURA

Urology

Silverman, Paul D MD*

Ste 402
300 Hillmont Ave Bldg 340
VENTURA, CA 93003
(805) 652-6000
American Board of Urology
Medi-Cal Certified
Valley Care IPA
Medi-Cal Certified
Valley Care Select IPA

Westlake Village

Obstetrics And Gynecology - Reproductive Endocrinology

Buyalos, Richard P MD

325 Rolling Oaks Dr
Ste 110
Westlake Village, CA 91361
(805) 778-1122
Valley Care IPA
Valley Care Select IPA

Hubert, Gary D MD*

325 Rolling Oaks Dr
Ste 110
Westlake Village, CA 91361
(805) 778-1122
American Board of Obstetrics & Gynecology
Valley Care IPA
Valley Care Select IPA

Otolaryngology - Otology And Neurotology

Wareham, Martin E MD*

301 S Moorpark Rd
Westlake Village, CA 91361
(805) 379-9646
American Board of Otolaryngology
German
Valley Care IPA
Valley Care Select IPA

*** Board Certified Provider**

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Pharmacies

ALL COUNTIES

Mail Order: Preferred Cost-Sharing

HUMANA PHARMACY
MAIL ORDER
800-379-0092

HUMANA SPECIALTY PHARMACY
MAIL ORDER
800-486-2668

Mail Order: Standard Cost-Sharing

WALMART PHARMACY
MAIL ORDER
800-273-3455

CALIFORNIA

SANTA BARBARA COUNTY

Retail

COSTCO* - 90 Day**
All Locations
800-607-6861
711 (TTY/TDD)

CVS* - 90 Day**
All Locations
800-746-7287
711 (TTY/TDD)

RITE AID* - 90 Day**
All Locations
800-748-3243
800-821-1833 (TTY/TDD)

WALGREENS* - 90 Day**
All Locations
800-925-4733
877-924-7889 (TTY/TDD)

WALMART* - 90 Day**

All Locations
800-925-6278
711 (TTY/TDD)

CARPINTERIA

Home Infusion

SANTA BARBARA SPECIALTY PHARMACY 8057702061
4690 CARPINTERIA AVE SUITE B
CARPINTERIA, CA 93013
805-770-2061

Retail

SAV-ON PHARMACY 0355* - 90 Day**
1018 CASITAS PASS RD
CARPINTERIA, CA 93013
805-684-8367

GUADALUPE

Retail

STARS PHARMACY* - 90 Day**
830 GUADALUPE ST.
GUADALUPE, CA 93434
805-219-0770

LOMPOC

Long Term Care

LOMPOC VALLEY MEDICAL CENTER
1515 E OCEAN AVE
LOMPOC, CA 93436
805-737-3337

Retail

HOMETOWN PHARMACY 414* - 90 Day**
414 N H ST.
LOMPOC, CA 93436
805-922-7779

LOMPOC VALLEY MEDICAL CENTER* - 90 Day**
1515 E OCEAN AVE
LOMPOC, CA 93436
805-737-3337

PUBLIC HEALTH PHARMACY LOMPOC* - 90 Day**
301 NORTH R ST
LOMPOC, CA 93436
805-737-6090

SAV-ON PHARMACY 3171* - 90 Day**
1500 N H ST
LOMPOC, CA 93436
805-737-0416

VONS PHARMACY 1738* - 90 Day**
729 N H ST
LOMPOC, CA 93436
805-735-4388

SANTA BARBARA

Home Infusion

CORAM CVS/SPECIALTY INFUSION SERVICES 1054
5571 EKWILL STREET
SANTA BARBARA, CA 93117
805-692-1200

Long Term Care

FEDERAL DRUG CO
3327 STATE ST
SANTA BARBARA, CA 93105
805-687-7551

THE MEDICINE SHOPPE PHARMACY 0793

3605 STATE STREET
SANTA BARBARA, CA 93105
805-687-1376

Retail

COMMUNITY HEALTH CLINICS PHARMACY* - 90 Day**
345 CAMINO DEL REMEDIO
SANTA BARBARA, CA 93110
805-681-5300

FEDERAL DRUG CO* - 90 Day**
3327 STATE ST
SANTA BARBARA, CA 93105
805-687-7551

PRESCRIPTION PHARMACY* - 90 Day**
215 PESETAS LANE
SANTA BARBARA, CA 93110
805-964-4831

317 W PUEBLO ST
SANTA BARBARA, CA 93105
805-682-6507

RALPHS PHARMACY 703680* - 90 Day**
100 W CARRILLO ST
SANTA BARBARA, CA 93101
805-564-7070

SAN YSIDRO PHARMACY INC* - 90 Day**
1498 EAST VALLEY RD
SANTA BARBARA, CA 93108
805-969-2284

SANTA BARBARA COTTAGE HOSPITAL DISCHAR* - 90 Day**
400 W PUEBLO ST # B780
SANTA BARBARA, CA 93105
805-569-8380

***For individual members only, this pharmacy offers preferred retail cost-sharing.

90 day represents those pharmacies that offer an extended supply of maintenance medications. Most network pharmacies participate in ePrescribing. Humana Medicare Advantage Plans are not providers of medical services. Humana Medicare Advantage Plans do not endorse, control, or interfere with the clinical judgment or treatment recommendations made by the physicians or other providers listed in this directory or otherwise selected by you.

**THE MEDICINE SHOPPE
PHARMACY 0793*** - 90 Day**
3605 STATE STREET
SANTA BARBARA, CA 93105
805-687-1376

VONS PHARMACY 2101* -
90 Day**
1046 COAST VILLAGE RD
SANTA BARBARA, CA 93108
805-969-4728

SANTA MARIA

Home Infusion

**DIGNITY HEALTH HOME
INFUSION SERVICES**
124 S COLLEGE DR
SANTA MARIA, CA 93454
805-739-3810

Long Term Care

**HOMETOWN LTC PHARMACY
1450**
1450 W MCCOY LN STE B
SANTA MARIA, CA 93455
805-928-2200

**HOMETOWN MEDICAL PHAR-
MACY 1482**
1482 S BROADWAY
SANTA MARIA, CA 93454
805-322-3411

JDX PHARMACY
1504 S BROADWAY
SANTA MARIA, CA 93454
805-922-1747

MARIAN MEDICAL CENTER
1400 E CHURCH ST
SANTA MARIA, CA 93454
805-739-3450

Retail

**HOMETOWN MEDICAL PHAR-
MACY 1482*** - 90 Day**
1482 S BROADWAY
SANTA MARIA, CA 93454
805-322-3411

JDX PHARMACY* - 90 Day**
1504 S BROADWAY
SANTA MARIA, CA 93454
805-922-1747

LA JOYA PHARMACY* - 90
Day**
1115 W MAIN ST STE E-1
SANTA MARIA, CA 93458
805-922-3996

MARIAN MEDICAL CENTER*
- 90 Day**
1400 E CHURCH ST
SANTA MARIA, CA 93454
805-739-3450

**PUBLIC HEALTH PHARMACY
SANTA MARIA*** - 90 Day**
2115 S CENTERPOINTE PKWY
SANTA MARIA, CA 93455
805-346-7297

SAVON PHARMACY 1348* -
90 Day**
2320 S BROADWAY
SANTA MARIA, CA 93454
805-928-7623

SAVON PHARMACY 1394* -
90 Day**
1120 E CLARK AVE
SANTA MARIA, CA 93455
805-934-4002

SANTA YNEZ

Retail

STAR DRUG CO* - 90 Day**
3576 MADERA ST
SANTA YNEZ, CA 93460
805-688-6898

VENTURA COUNTY

Retail

COSTCO* - 90 Day**
All Locations
800-607-6861
711 (TTY/TDD)

CVS* - 90 Day**
All Locations
800-746-7287
711 (TTY/TDD)

RITE AID* - 90 Day**
All Locations
800-748-3243
800-821-1833 (TTY/TDD)

SAM'S CLUB* - 90 Day**
All Locations
888-746-7726
711 (TTY/TDD)

WALGREENS* - 90 Day**
All Locations
800-925-4733
877-924-7889 (TTY/TDD)

WALMART* - 90 Day**
All Locations
800-925-6278
711 (TTY/TDD)

CAMARILLO

Long Term Care

**NEIGHBORHOOD PHARMACY
INC**
4557 PLEASANT VALLEY RD
CAMARILLO, CA 93012
805-388-0800

**ST JOHNS PLEASANT VALLEY
HOSPITAL**
2309 ANTONIO AVE
CAMARILLO, CA 93010
805-389-5915

**THE MEDICINE SHOPPE
PHARMACY 1152**
2173 PICKWICK DR
CAMARILLO, CA 93010
805-389-5311

Retail

LANTANA PHARMACY* - 90
Day**
2412 N PONDEROSA DR STE
B106
CAMARILLO, CA 93010
805-388-5888

**RALPHS PHARMACY
703741*** - 90 Day**
674 LAS POSAS
CAMARILLO, CA 93010
805-445-1431

SEENA PHARMACY 2* - 90
Day**
3901 LAS POSAS RD STE 101
CAMARILLO, CA 93010
805-419-2686

**THE MEDICINE SHOPPE
PHARMACY 1152*** - 90 Day**
2173 PICKWICK DR
CAMARILLO, CA 93010
805-389-5311

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Pharmacies

VU PHARMACY* - 90 Day**
424-D ARNEILL ROAD
CAMARILLO, CA 93010
805-383-8340

FILLMORE

Long Term Care
MEDICAL PLAZA PHARMACY
353 CENTRAL AVE
FILLMORE, CA 93015
805-524-0052

Retail
MEDICAL PLAZA PHARMACY* - 90 Day**
353 CENTRAL AVE
FILLMORE, CA 93015
805-524-0052

MOORPARK

Retail
CORNER PHARMACY* - 90 Day**
14721 PRINCETON AVE
MOORPARK, CA 93021
805-552-4699

NEWBURY PARK

Physician Dispensing
CALIFORNIA DERMATOLOGY INSTITUTE* - 90 Day**
3095 OLD CONEJO ROAD,
SUITE 200
NEWBURY PARK, CA 91320
805-222-5803

Retail
BURT'S PHARMACY* - 90 Day**
2333 BORCHARD RD
NEWBURY PARK, CA 91320
805-498-6675

RALPHS PHARMACY
703729* - 90 Day**
583 N VENTU PARK RD
NEWBURY PARK, CA 91320
805-376-1380

REGENCY MEDICAL PHARMACY* - 90 Day**
1000 NEWBURY ROAD
NEWBURY PARK, CA 91320
805-375-4050

SAV-ON PHARMACY 0391* - 90 Day**
541 S REINO RD
NEWBURY PARK, CA 91320
805-499-7549

THE MEDICINE SHOPPE PHARMACY 1461* - 90 Day**
2241 MICHAEL DRIVE
NEWBURY PARK, CA 91320
805-375-6650

OAK PARK

Long Term Care
DR. PHARMACY
706 LINDERO CANYON ROAD
OAK PARK, CA 91377
818-991-1901

Retail
DR. PHARMACY* - 90 Day**
706 LINDERO CANYON ROAD
OAK PARK, CA 91377
818-991-1901

OJAI

Long Term Care
OJAI VALLEY COMMUNITY HOSPITAL PHARMACY
1306 MARICOPA HWY
OJAI, CA 93023
805-640-2244

OJAI VILLAGE PHARMACY 605
202 E OJAI AVE
OJAI, CA 93023
805-646-7272

THE MEDICINE SHOPPE PHARMACY 0489
960 E OJAI AVE
OJAI, CA 93023
805-646-0106

Retail
MEDICAL ARTS PHARMACY* - 90 Day**
1320 MARICOPA HIGHWAY
OJAI, CA 93023
805-646-7211

OJAI VALLEY COMMUNITY HOSPITAL PHARMACY* - 90 Day**
1306 MARICOPA HWY
OJAI, CA 93023
805-640-2244

OJAI VILLAGE PHARMACY 605* - 90 Day**
202 E OJAI AVE
OJAI, CA 93023
805-646-7272

THE MEDICINE SHOPPE PHARMACY 0489* - 90 Day**
960 E OJAI AVE
OJAI, CA 93023
805-646-0106

OXNARD

Home Infusion
HERBAY PHARMACY
1451 N RICE AVE STE F
OXNARD, CA 93030
805-981-2500

Long Term Care
MEDICAL PLAZA PHARMACY
1700 N ROSE AVE
OXNARD, CA 93030
805-981-3366

THE MEDICINE SHOPPE PHARMACY 0383
2196 S SAVIERS RD
OXNARD, CA 93033
805-487-6303

Physician Dispensing
TOTAL HEALTH CENTER INC* - 90 Day**
2901 N VENTURA RD STE 220
OXNARD, CA 93036
805-604-0881

VENTURA COUNTY HEMATOLOGY ONCOLOGY SPE* - 90 Day**
1700 N ROSE AVE
OXNARD, CA 93030
805-485-8709

Retail
FARMACIA ESTRELLA* - 90 Day**
5020 SOUTH C ST
OXNARD, CA 93033
805-240-9962

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Pharmacies

HERBAY PHARMACY*** - 90 Day

1451 N RICE AVE STE F
OXNARD, CA 93030
805-981-2500

MEDICAL PLAZA PHARMACY*** - 90 Day

1700 N ROSE AVE
OXNARD, CA 93030
805-981-3366

OMAC PHARMACY*** - 90 Day

901 W 7TH ST
OXNARD, CA 93030
805-486-2688

OXNARD DRUG*** - 90 Day

105 W 5TH ST
OXNARD, CA 93030
805-483-2115

STANS DRUGS*** - 90 Day

3001 SAVIERS RD
OXNARD, CA 93033
805-486-2678

THE MEDICINE SHOPPE PHARMACY 0383*** - 90 Day

2196 S SAVIERS RD
OXNARD, CA 93033
805-487-6303

VONS PHARMACY 1913*** - 90 Day

450 VENTURA RD
OXNARD, CA 93030
805-240-7994

VONS PHARMACY 2436*** - 90 Day

2101 N ROSE AVE
OXNARD, CA 93030
805-981-1485

VONS PHARMACY 2825*** - 90 Day

1291 S VICTORIA BLVD
OXNARD, CA 93030
805-984-3268

ZOLI RX PHARMACY*** - 90 Day

1700 LOMBARD ST STE 100
OXNARD, CA 93030
805-222-0819

PORT HUENEME

Retail

HUENEME FAMILY PHARMACY*** - 90 Day

261 E PORT HUENEME RD
PORT HUENEME, CA 93041
805-488-8200

SANTA PAULA

Retail

PALM PHARMACY*** - 90 Day

254 E. HARVARD BLVD
SANTA PAULA, CA 93060
805-525-8700

SEEBER'S PHARMACY*** - 90 Day

110 W HARVARD BLVD
SANTA PAULA, CA 93060
805-525-3313

SIMI VALLEY

Long Term Care

GOLDEN LIFE PHARMACY

1960 SEQUOIA AVE STE 5
SIMI VALLEY, CA 93063
805-416-8700

Retail

HOME CARE PHARMACY*** - 90 Day

1687 ERRINGER RD
SIMI VALLEY, CA 93065
805-527-9600

MID VALLEY PHARMACY*** - 90 Day

2519 ROYAL AVE
SIMI VALLEY, CA 93065
805-527-4013

RX POINT PHARMACY INC*** - 90 Day

2718 E LOS ANGELES AVE
SIMI VALLEY, CA 93065
805-864-2310

SAVON PHARMACY 0393*** - 90 Day

1268 MADERA RD
SIMI VALLEY, CA 93065
805-520-1384

SIMI PHARMACY*** - 90 Day

1357 E LOS ANGELES AVE STE C
SIMI VALLEY, CA 93065
805-582-7474

TAPO PHARMACY*** - 90 Day

2950 N SYCAMORE DR STE 101
SIMI VALLEY, CA 93065
805-583-1223

THE MEDICINE SHOPPE PHARMACY 1382*** - 90 Day

2925 N SYCAMORE DR
SIMI VALLEY, CA 93065
805-581-3784

VONS PHARMACY 2501*** - 90 Day

1855 E COCHRAN ST
SIMI VALLEY, CA 93065
805-522-8063

VONS PHARMACY 2692*** - 90 Day

2938 TAPO CANYON RD
SIMI VALLEY, CA 93063
805-426-6040

WOOD RANCH PHARMACY & COMPOUNDING CENT*** - 90 Day

1464 MADERA RD # I-2
SIMI VALLEY, CA 93065
805-426-9500

THOUSAND OAKS

Long Term Care

ALL MED DRUGS

442 N MOORPARK RD
THOUSAND OAKS, CA 91360
805-495-2110

LOVING HANDS PHARMACY

2220 N MOORPARK RD STE 107
THOUSAND OAKS, CA 91360
805-379-9907

LYNN OAKS COMPOUNDING PHARMACY

2220 LYNN ROAD
THOUSAND OAKS, CA 91360
805-495-1015

Physician Dispensing

ASHWIN KASHYAP MD., F.A.C.P*** - 90 Day

555 MARIN ST STE 200
THOUSAND OAKS, CA 91360
805-496-0592

NORTH OAKS PHARMACY*** - 90 Day

1014 E AVENIDA DE LOS ARBOLES
THOUSAND OAKS, CA 91360
805-241-0935

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Pharmacies

Retail

ALL MED DRUGS* - 90 Day**
442 N MOORPARK RD
THOUSAND OAKS, CA 91360
805-495-2110

GELSON'S PHARMACY 32* - 90 Day**
1736 AVENIDA DE LOS
ARBOLES
THOUSAND OAKS, CA 91362
805-493-8001

LOVING HANDS PHARMACY* - 90 Day**
2220 N MOORPARK RD STE 107
THOUSAND OAKS, CA 91360
805-379-9907

LYNN OAKS COMPOUNDING PHARMACY* - 90 Day**
2220 LYNN ROAD
THOUSAND OAKS, CA 91360
805-495-1015

PASEO OAKS PHARMACY* - 90 Day**
3701 E THOUSAND OAKS BLVD
THOUSAND OAKS, CA 91362
805-379-4110

PAVILIONS PHARMACY 2215* - 90 Day**
1135 LINDERO CANYON RD
THOUSAND OAKS, CA 91362
818-597-1370

PLAZA PHARMACY* - 90 Day**
430 E AVENIDA DE LOS
ARBOLES
THOUSAND OAKS, CA 91360
805-492-2451

ST. GEORGE PHARMACY* - 90 Day**
166 N MOORPARK RD STE 105
THOUSAND OAKS, CA 91360
805-370-6777

THE MEDICINE SHOPPE PHARMACY 1508* - 90 Day**
227 W JANSS RD
THOUSAND OAKS, CA 91360
805-497-6113

VONS PHARMACY 1610* - 90 Day**
1790 N MOORPARK RD
THOUSAND OAKS, CA 91360
805-497-8423

VONS PHARMACY 2092* - 90 Day**
2018 E AVENIDA DE LOS
ARBOLES
THOUSAND OAKS, CA 91360
805-492-3511

VENTURA

Home Infusion
OPTION CARE 12118
4867 COLT ST.
VENTURA, CA 93003
805-639-0917

Long Term Care
CARE PHARMACY
90 N ASHWOOD STE B
VENTURA, CA 93003
805-620-4899

THE MEDICINE SHOPPE PHARMACY 1422
9308 B TELEPHONE RD
VENTURA, CA 93004
805-647-1133

VENTURA COUNTY PHARMACY, MSI 2071
3350 LOMA VISTA RD
VENTURA, CA 93003
805-765-6046

Retail

CABRILLO PHARMACY* - 90 Day**
146 N BRENT STR
VENTURA, CA 93003
805-643-9939

COLLEGE PHARMACY* - 90 Day**
90 N ASHWOOD AVENUE
VENTURA, CA 93003
805-642-4135

RALPHS PHARMACY 703664* - 90 Day**
1776 S VICTORIA AVE
VENTURA, CA 93003
805-650-0466

ROGERS PHARMACY* - 90 Day**
2909 LOMA VISTA ROAD
VENTURA, CA 93003
805-648-1856

THE MEDICINE SHOPPE PHARMACY 0387* - 90 Day**
2611 E THOMPSON BLVD
VENTURA, CA 93003
805-648-2724

THE MEDICINE SHOPPE PHARMACY 1422* - 90 Day**
9308 B TELEPHONE RD
VENTURA, CA 93004
805-647-1133

VENTURA COUNTY PHARMACY, MSI 2071* - 90 Day**
3350 LOMA VISTA RD
VENTURA, CA 93003
805-765-6046

VONS PHARMACY 2164* - 90 Day**
5688 TELEPHONE RD
VENTURA, CA 93003
805-644-5922

VONS PHARMACY 2431* - 90 Day**
2433 HARBOR BLVD
VENTURA, CA 93001
805-642-7811

VONS PHARMACY 2678* - 90 Day**
6040 TELEGRAPH RD
VENTURA, CA 93003
805-650-2155

WESTLAKE VILLAGE

Physician Dispensing
AGOURA FAMILY PRACTICE ASSOCIATES* - 90 Day**
3180 WILLOW LN
WESTLAKE VILLAGE, CA 91361
805-494-8520

Retail
BURT'S PHARMACY* - 90 Day**
2900 TOWNSGATE RD STE 105
WESTLAKE VILLAGE, CA 91361
805-371-4000

COMPOUNDIA PHARMACY 805371* - 90 Day**
766 LAKEFIELD RD SUITE E
WESTLAKE VILLAGE, CA 91361
805-371-4443

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ROLLING OAKS PHARMACY*****- 90 Day**

325 E ROLLING OAKS DR
WESTLAKE VILLAGE, CA 91361
805-557-1006

SPECIALTY CARE PHAR-**MACY*** - 90 Day**

313 S MOORPARK RD
WESTLAKE VILLAGE, CA 91361
805-370-7110

WESTLAKE VILLAGE PHAR-**MACY 2008*** - 90 Day**

1250 LA VENTA DR
WESTLAKE VILLAGE, CA 91361
805-497-3974

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Fitness Centers

Not all plans have this benefit. Please refer to your Evidence of Coverage to determine your benefit information.

CALIFORNIA

SANTA BARBARA COUNTY

CARPINTERIA

The Gym Next Door
901 #B Linden Ave.
CARPINTERIA, CA 93013
(805) 684-2595
E, SC

LOMPOC

In-Shape: Lompoc
501 W. Central Ave.
LOMPOC, CA 93436
(805) 735-2600
E, S, P, W

Lompoc Family YMCA
201 W. College Ave.
LOMPOC, CA 93436
(805) 736-3483
E, S, P, SC

Pier Fitness
803 E. Walnut Ave.
LOMPOC, CA 93436
(805) 736-3493
E, S, P

Planet Fitness - Lompoc
1009 North H St
LOMPOC, CA 93436
(805) 735-3055
E

SANTA BARBARA

24 Hour Fitness - Santa Barbara
820 State St.
SANTA BARBARA, CA 93101
(805) 899-4008
E, S, P, W

Curves - Santa Barbara-West/Goleta, CA
185 S. Patterson Ave., Ste. F
SANTA BARBARA, CA 93111
(805) 692-5399
E

SANTA MARIA

Crunch Fitness - Santa Maria
286 Town Center East
SANTA MARIA, CA 93454
(805) 621-7470
E

Fit Republic - Santa Maria
2406 S. Broadway
SANTA MARIA, CA 93454
(805) 310-4701
E

In-Shape: Santa Maria
1318 S. Broadway
SANTA MARIA, CA 93454
(805) 928-7474
E, S, P, W, SC

VENTURA COUNTY

CAMARILLO

24 Hour Fitness - Camarillo
453 Carmen Dr.
CAMARILLO, CA 93010
(805) 482-2444
E, S, P, W, SC

Camarillo Family YMCA
3111 Village at the Park Dr.
CAMARILLO, CA 93012
(805) 484-0423
E, P, SC

Fitness 19 - Camarillo
1775 E. Daily Dr.
CAMARILLO, CA 93010
(805) 389-9119
E

George Erb Fitness Center
231 Camarillo Ranch Road
CAMARILLO, CA 93012
(805) 484-3307
E

Planet Fitness - Camarillo
2440 Las Posas Rd.
CAMARILLO, CA 93010
(805) 388-8838
E

NEWBURY PARK

Anytime Fitness - Newbury Park, CA
717 N. Wendy Dr.
NEWBURY PARK, CA 91320
(805) 467-6402
E

OAK VIEW

Ojai Valley Gym
483 N Ventura Ave
OAK VIEW, CA 93022
(805) 500-5722
E

OXNARD

24 Hour Fitness - Channel Islands
1651 Victoria Ave., Ste. 160
OXNARD, CA 93035
(805) 988-6000
E

24 Hour Fitness - Oxnard Collection
400 Town Center Dr.
OXNARD, CA 93036
(805) 288-8509
E, S, P, W, SC

Anytime Fitness - Oxnard, CA
702 N. Ventura Rd.
OXNARD, CA 93030
(805) 983-7770
E

Fitness 19 - Oxnard
2721 S. Rose Ave.
OXNARD, CA 93033
(805) 486-2219
E

LA Fitness - Oxnard Channel Island Blvd.
1361 Channel Islands Blvd.
OXNARD, CA 93033
(805) 200-4855
E

Amenities Legend

E - Cardio/Strength Equipment F - Full P - Year Round Swimming Pool P* - Seasonal Swimming Pool S - Steam and/or Sauna
SC - SilverSneakers Classes W - Hot Tub/Whirlpool

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Planet Fitness - Oxnard

2059 N. Oxnard Blvd.
OXNARD, CA 93036
(805) 981-8181
E

SIMI VALLEY

24 Hour Fitness - Simi Tapo

2350 Tapo St.
SIMI VALLEY, CA 93063
(805) 520-3269
E, SC

24 Hour Fitness - Simi Valley

1352 Madera Rd.
SIMI VALLEY, CA 93065
(805) 520-3440
E, S, P*, W, SC

Anytime Fitness - Simi Valley, CA

2941 Cochran St.
SIMI VALLEY, CA 93065
(805) 522-5175
E

Gold's Gym - Simi Valley

1357 E. Los Angeles Ave.
SIMI VALLEY, CA 93065
(805) 581-4653
E, S, P, W, SC

Island Health & Fitness

5750 E. Los Angeles Ave.
SIMI VALLEY, CA 93063
(805) 522-5770
E, S, SC

THOUSAND OAKS

24 Hour Fitness - Thousand Oaks

2595 E. Thousand Oaks Blvd.
THOUSAND OAKS, CA 91360
(805) 777-7300
E, S, P*, W, SC

Curves - Thousand Oaks, CA - North

1738 Moorpark Rd.
THOUSAND OAKS, CA 91360
(805) 449-0089
E

Fitness 19 - Newbury Park

161 N. Reino Rd.
THOUSAND OAKS, CA 91320
(805) 499-8119
E, S

Gold's Gym - Thousand Oaks

197 N. Moorpark Rd.
THOUSAND OAKS, CA 91360
(805) 496-9331
E, S, P, W, SC

VENTURA

Anytime Fitness - Ventura, CA

2700 E. Thompson Blvd.
VENTURA, CA 93003
(805) 628-9161
E

2950 Johnson Dr.
VENTURA, CA 93003
(805) 658-1348
E

BSF Fitness

4580 Market Street, Bldg. 2A
VENTURA, CA 93003
(805) 985-9161
E, S

LA Fitness - Ventura

1760 Victoria Ave.
VENTURA, CA 93003
(805) 289-9907
E, S, P, W

The Gym Next Door (Ventura)

2611 E. Thompson Blvd., Ste. #105
VENTURA, CA 93003
(805) 667-8967
E, SC

Amenities Legend

E - Cardio/Strength Equipment F - Full P - Year Round Swimming Pool P* - Seasonal Swimming Pool S - Steam and/or Sauna
SC - SilverSneakers Classes W - Hot Tub/Whirlpool

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To get the most up-to-date information about Humana Gold Plus HMO network providers in your area, or for questions about the information in this directory, you can visit **Humana.com** or call Customer Care at **1-800-457-4708**. If you use a TTY, call **711**. You can call us seven days a week, from 8 a.m. to 8 p.m. However, please note that our automated phone system may answer your call during weekends and holidays from February 15 to September 30. Please leave your name and telephone number, and we'll call you back by the end of the next business day.

Para obtener la información más actualizada acerca de los proveedores de la red de Humana Gold Plus HMO localizados en su área, puede visitar **Humana.com** o llamar al departamento de Atención al cliente al **1-800-457-4708**. Si usa un TTY, llame al **711**. Puede llamarnos los siete días de la semana, entre las 8 a.m. y las 8 p.m. Sin embargo, tenga en cuenta que nuestro sistema telefónico automatizado puede responder su llamada durante los fines de semana y los días festivos entre el 15 de febrero y el 30 de septiembre. Deje su nombre y número de teléfono y le devolveremos la llamada antes del final del siguiente día hábil.

Changes to our network may occur during the benefit year. An updated Directory is located on our website at **Humana.com**. You may also call Customer Care for updated provider information.

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