

2018

Provider Directory

Directorio de proveedores

This directory was updated on
12/04/2018.

Este directorio fue actualizado el
12/04/2018.

Humana Gold Plus® HMO

Santa Barbara Select IPA

Changes to our network may occur during the benefit year. An updated Directory is located on our website at **Humana.com**. You may also call Customer Care for updated provider information.

Es posible que se produzcan cambios en nuestra red durante el año de beneficios. Puede consultar el Directorio actualizado en nuestro sitio Web en **Humana.com**. También puede llamar a nuestro departamento de Atención al cliente para obtener información actualizada sobre los proveedores.

To get the most up-to-date information about Humana Gold Plus HMO network providers in your area, or for questions about the information in this directory, you can visit **Humana.com** or call Customer Care at **1-800-457-4708**. If you use a TTY, call **711**. You can call us seven days a week, from 8 a.m. to 8 p.m. However, please note that our automated phone system may answer your call during weekends and holidays from February 15 to September 30. Please leave your name and telephone number, and we'll call you back by the end of the next business day.

Para obtener la información más actualizada acerca de los proveedores de la red de Humana Gold Plus HMO localizados en su área, puede visitar **Humana.com** o llamar al departamento de Atención al cliente al **1-800-457-4708**. Si usa un TTY, llame al **711**. Puede llamarnos los siete días de la semana, entre las 8 a.m. y las 8 p.m. Sin embargo, tenga en cuenta que nuestro sistema telefónico automatizado puede responder su llamada durante los fines de semana y los días festivos entre el 15 de febrero y el 30 de septiembre. Deje su nombre y número de teléfono y le devolveremos la llamada antes del final del siguiente día laborable.

Humana®

Humana Gold Plus HMO Provider Directory

This directory is current as of **12/04/2018**.

Humana has developed this sub-network directory to help members understand their available network of providers based upon the member's Primary Care Provider (PCP) selection. Members are allowed to select a PCP outside of this sub-network. Enrollees should understand that if they choose a PCP outside of this sub-network, their network of specialists may differ. Enrollees can request a complete directory of contracted providers at any time. For a full listing of the plan's network, please call Customer Care (details on front and back cover) or visit our website at **Humana.com**.

This directory contains providers in the following states, counties, parishes or municipalities:
CA: Santa Barbara, Ventura

This document is available in other formats such as Braille and large print. Contact Customer Care for more information.

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Table of Contents

Section 1 - Introduction	6
What is the service area for Humana Gold Plus HMO?	9
How do you find Humana Gold Plus HMO network providers in your area?	9
Section 2 - List of Network Providers	25

Introduction

This directory provides a list of Humana Gold Plus HMO network providers. To get detailed information about your health care coverage, please see your Evidence of Coverage.

You will have one of our network providers to be your Primary Care Provider (PCP). The term "PCP" will be used throughout this directory. Generally, you must get your health care services from your PCP. A listing of Primary Care Providers affiliated with this sub-network is included in this directory. Members are allowed to select a PCP outside of this sub-network. For a full listing of Primary Care Provider, please call Customer Care (details on front and back cover pages) or visit our website at **Humana.com**.

How to get the most out of your network

The network providers listed in this directory have agreed to provide you with your health care services. You may go to any of our network providers listed in this directory; however, some services may require a referral. You must use network providers except in emergency, or in an urgently needed care situation, or when you require kidney dialysis services that you get at a Medicare-certified dialysis facility when you are temporarily outside the plan's service area. If you obtain routine care from out-of-network providers, neither Medicare nor Humana Gold Plus will be responsible for the costs.

If your plan has providers with preferred cost-sharing as part of its benefits, please refer to the Evidence of Coverage for more information on the cost-sharing for each tier.

What you should do if you have bills from out-of-network providers that you think should be paid by Humana Gold Plus HMO.

We cover certain health care services that you get from out-of-network providers. These include care for a medical emergency, urgently needed care, renal dialysis (kidney) services that you get when you are outside the plan's service area, care that has been approved in advance by the plan, and any services which were ordered covered through an appeals process. If an out-of-network provider asks you to pay for covered services you get in these situations, please call Customer Care (details on front and back cover). Or send the bill(s) with a note explaining the situation to:

**You may submit a claim to the address on the back of your ID card or
Humana Claims Office
P.O. Box 14601
Lexington, KY 40512-4601**

You should never pay any out-of-network provider more than what the provider is allowed by Medicare. Ask the out-of-network provider to bill us first. If you have already paid for the covered services, we will reimburse you for our share of the cost. If you get a bill for the services, you can send the bill to us for payment. We will pay your out-of-network provider for our share of the bill and will let you know the amount, if any, you must pay.

If you have an emergency, we will talk with the doctors who are giving you emergency care to help manage and follow up on your care. The doctors who are giving you emergency care will decide when your condition is stable and the medical emergency is over.

After the emergency is over you are entitled to follow-up care to be sure your condition continues to be stable. Your follow-up care will be covered by our plan. If your emergency care is provided by out-of-network providers, we will try to arrange for network providers to take over your care as soon as your medical condition and the circumstances allow.

Suppose that you are temporarily outside the plan's service area, but still in the United States and territories. If you have an urgent need for care, you probably will not be able to find or get to one of the providers in our plan's network. In this situation (when you are outside the service area and cannot get care from network providers), our plan will cover urgently needed care that you get from any provider.

Our plan does not cover urgently needed care or any other non-emergency care if you receive the care outside of the United States and territories.

If you receive emergency care at an out-of-network hospital and need inpatient care after your emergency condition is stabilized, you must return to a network hospital in order for your care to continue to be covered OR you must have your inpatient care at the out-of-network hospital authorized by the plan and your cost is the cost sharing you would pay at a network hospital.

Getting Care from Specialists

When your PCP thinks that you need specialized treatment, he or she may give you a "referral" (approval ahead of time) to see a network specialist. For some types of referrals to plan specialists, your PCP may need to get approval ahead of time from the plan. This is called "prior authorization".

It is very important to get a referral from your PCP before you see a network specialist. However, you don't need to get a referral for certain services, see the section on "Self Referrals" below. If you don't have a referral before you get services from a specialist, you may have to pay for these services yourself. If the specialist wants you to come back for follow-up visits, be sure to check the original referral to see if these were included.

Each PCP has certain network specialists they use for referrals. This means that the Humana Gold Plus HMO specialists you can use may depend on which person you choose to be your PCP. If there are specific specialists you want to use, find out whether your PCP refers patients to these specialists. Please refer to your Evidence of Coverage for information about changing your PCP. If there are specific hospitals you wish to use, find out whether your PCP uses these hospitals.

For information on what specialties require a referral or prior authorization, please refer to Chapter 4 of your Evidence of Coverage (EOC).

Mental Health

For mental health or substance abuse services, you or your counselor must contact your PCP for authorization. Please call the PCP's phone number that is listed on your plan identification card. For additional information, go to **Humana.com** or contact the phone number listed on your plan identification card.

Transplant Services

Use of a general service facility for transplant services may result in substantial additional expense to you. For transplant related services, please call 1-866-421-5663 (TTY: 1-800-336-6709). Our hours are Monday through Friday, 8:30 a.m. to 5:00 p.m.

Humana Fitness

Not all Medicare Advantage plans offer a fitness benefit. Please refer to your Evidence of Coverage for fitness benefit information.

Vision Providers

Not all Medicare Advantage plans offer a vision benefit and benefits may vary between plans. Please refer to your Evidence of Coverage for vision benefit information.

Dental Providers

Not all Medicare Advantage plans offer a dental benefit and benefits may vary between plans. Please refer to your Evidence of Coverage for dental benefit information.

Self-Referrals

In some cases, you can get coverage for the services listed below without a referral or approval ahead of time from your PCP. "**Self-referred**" means you get services on your own from network physicians.

The following services may be self-referred:

- Emergency services, whether you get these services from plan providers or out-of-network providers.
 - Urgently needed care that you get from out-of-network providers when you are temporarily outside the plan's service area.
 - Renal dialysis (kidney) services that you get when you are temporarily outside the plan's service area.
 - All Medicare covered preventive services as long as you get them from a network provider. These services are listed in the benefits chart in Chapter 4 of your Evidence of Coverage (EOC).
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Hospital Services

The presence of a hospital in this directory does not always guarantee that you will be referred to that particular hospital. Your physician may not admit to all network hospitals. However, inpatient hospital admissions, except in emergency and urgently needed care situations, will require prior authorization from us.

Hospitalist Program

If your PCP participates in the Hospitalist Program, and you are admitted to the hospital, all aspects of your care will be actively directed and coordinated by a full time physician specially trained in inpatient care. The physician is referred to as a hospitalist and is independently contracted and board-certified or eligible for board certification by the American Board of Internal Medicine.

A case management coordinator, another member of the hospitalist team, is a licensed nurse trained in patient care management. He or she coordinates your needs and services (such as lab work, X-rays, consultations and more) with the hospitalist physician.

Your hospitalist physician and case management coordinator will report your condition and progress to your PCP regularly. They may also schedule a follow-up appointment with your PCP.

What is the service area for Humana Gold Plus HMO?

The counties (parts of counties), parishes, or municipalities in our service area are listed below.
H5619-023-000: CA: Santa Barbara, Ventura

Santa Barbara, the following zip codes only: 93013, 93014, 93067, 93101, 93102, 93103, 93105, 93106, 93107, 93108, 93109, 93110, 93111, 93116, 93117, 93118, 93120, 93121, 93130, 93140, 93150, 93160, 93190

How do you find Humana Gold Plus HMO network providers in your area?

Providers are listed in this directory by the type of provider. Within each provider type, providers are listed alphabetically by state, then by county and then by city.

Some of our network providers may also be Medicaid certified. Please contact the provider's office in advance to verify their status.

If you have questions about Humana Gold Plus HMO or require assistance in selecting a PCP, please call our Customer Care Department (details on front and back cover). You can also visit our website at **Humana.com**.

Network Pharmacies

If you have questions about network pharmacies or require assistance in locating a network pharmacy, please call our Customer Care Department (details on front and back cover) or visit our website at **Humana.com**.

Directorio de Proveedores de Humana Gold Plus HMO

Este directorio está actualizado a partir del 12/04/2018.

Humana ha desarrollado este directorio de subredes para ayudar a los afiliados a entender cuál es la red de proveedores disponible basada en la selección del proveedor de cuidado primario (PCP, por sus siglas en inglés) del afiliado. Los afiliados pueden elegir un médico de cuidado primario fuera de esta subred. Los afiliados deben entender que si eligen un médico de cuidado primario fuera de esta subred, su red de especialistas puede ser diferente. Los afiliados pueden solicitar un directorio completo de proveedores contratados en cualquier momento. Para obtener un listado completo de la red del plan, llame al departamento de Atención al Cliente (consulte la información en la portada y la parte de atrás) o visite nuestro sitio Web en **espanol.humana**.

Este directorio contiene proveedores en los siguientes estados, condados, parroquias o municipalidades:
CA: Santa Barbara, Ventura

Este documento está disponible en otros formatos como Braille y letra grande. Contacte a Atención al cliente para obtener más información.

ESTA PÁGINA SE HA DEJADO EN BLANCO POR REQUISITOS DE IMPRESIÓN

Índice

Sección 1 - Introducción	14
¿Cuál es el área de servicio de Humana Gold Plus HMO?	17
¿Cómo puede encontrar proveedores de la red de Humana Gold Plus HMO en su área?	18
Sección 2 - Lista de proveedores de la red.....	25

Introducción

Este directorio proporciona una lista de los proveedores de la red de Humana Gold Plus HMO. Para obtener información detallada acerca de sus cobertura de cuidado de la salud, consulte su Evidencia de cobertura.

Usted elegirá uno de los proveedores de nuestra red para que sea su proveedor de cuidado primario (PCP). El término "PCP" se utilizará bastante en este directorio. Por lo general, usted deberá recibir sus servicios de cuidado de la salud a través de su PCP. Se incluye en este directorio una lista de los proveedores de cuidado primario a esta subred. Los afiliados pueden elegir un médico de cuidado primario fuera de esta subred. Para obtener un listado completo de los proveedores de cuidado primario, llame al departamento de Atención al Cliente (detalles a continuación) o visite Web en **espanol.humana**.

Cómo aprovechar al máximo su red

Los proveedores de la red que están en este directorio han aceptado proporcionarle sus servicios de cuidado de la salud. Puede visitar a cualquiera de los proveedores de nuestra red que están en este directorio; pero es posible que algunos de los servicios requieran un referido. Usted debe utilizar los proveedores de la red excepto en situaciones de emergencia, o en una situación de cuidado que se necesite con urgencia o en caso de requerir los servicios de diálisis renal que reciba en un centro de diálisis certificado por Medicare cuando se encuentre temporalmente fuera del área de servicio del plan. Si usted utiliza proveedores fuera de la red para su cuidado de rutina ni Medicare ni Humana Gold Plus serán responsables por los costos.

Si su plan tiene proveedores con costo compartido preferido como parte de los beneficios, consulte la Evidencia de cobertura para más información sobre el costo compartido de cada nivel.

Qué debe hacer en caso de recibir facturas de proveedores fuera de la red y que usted cree que deberían ser canceladas por Humana Gold Plus HMO.

Nosotros cubrimos ciertos servicios de cuidado de la salud que usted reciba de proveedores fuera de la red. Entre estos se encuentran cuidado que usted reciba en una emergencia médica, cuidado que se necesite con urgencia, servicios de diálisis renal (riñón) que usted reciba fuera del área de servicio del plan, cuidado que haya sido aprobado con anticipación por el plan, y servicios cuya cobertura haya sido ordenada a través de un proceso de apelación. Si un proveedor fuera de la red le pide pagar por servicios cubiertos que usted reciba en alguno de estos casos, llame al departamento de Atención al Cliente (consulte la información detallada en la portada y la parte de atrás). O envíe la(s) factura(s) con una nota explicando la situación a:

Puede presentar una reclamación en la dirección que está al reverso de su tarjeta de identificación O
Humana Claims Office
P.O. Box 14601
Lexington, KY 40512-4601

Usted nunca deberá pagar a ningún proveedor fuera de la red más de la cantidad permitida por Medicare. Pídale al proveedor fuera de la red que antes nos envíe una factura. Si usted ya pagó por los servicios cubiertos, nosotros le reembolsaremos la parte que nos corresponde del costo. Si usted recibe una factura por los servicios, nos la puede enviar para que nosotros la paguemos. Nosotros le pagaremos al proveedor fuera de la red la parte que nos corresponde de la factura y le informaremos a usted la cantidad que debe pagar, en caso de que sea necesario.

Si tiene una emergencia, nosotros hablaremos con los médicos que le están proporcionando el cuidado de emergencia para ayudar a manejar y hacer el seguimiento de su cuidado. Los médicos que le están proporcionando el cuidado de emergencia decidirán cuándo su estado es estable y que la emergencia médica ha terminado.

Después de que la emergencia haya terminado usted tiene derecho a recibir cuidado de control posterior para asegurarse de que su estado continúe estable. Nuestro plan cubrirá su cuidado de control posterior. Si su cuidado de emergencia es proporcionada por proveedores fuera de la red, nosotros intentaremos coordinar para que proveedores de la red se encarguen de su cuidado tan pronto como lo permitan las circunstancias y su afección médica.

Supongamos que usted se encuentra temporalmente fuera del área de servicio del plan, pero dentro de los Estados Unidos o sus territorios. Si necesita cuidado de urgencia, es posible que no pueda encontrar o conseguir a uno de los proveedores de la red de nuestro plan. En este caso (cuando usted se encuentra fuera del área de servicio y no puede obtener cuidado de proveedores de la red), nuestro plan cubrirá el cuidado médico que se necesita con urgencia que usted reciba de cualquier proveedor.

Nuestro plan no cubre cuidado médico que se necesita con urgencia ni ningún otro cuidado que no sea de emergencia si usted lo recibe fuera de los Estados Unidos o sus territorios.

Si usted recibe cuidado de emergencia en un hospital fuera de la red y necesita cuidado como paciente interno después de que su afección de emergencia se estabiliza, debe regresar a un hospital de la red para que su cuidado continúe estando cubierta O debe recibir su cuidado como paciente interno en el hospital fuera de la red autorizado por el plan y su costo es el costo compartido que usted pagaría en un hospital de la red.

Obtener cuidado de especialistas

Cuando su PCP cree que usted necesita tratamiento especializado, él o ella podrá darle un "referido" (aprobación anticipada) para ver a un especialista de la red. Para ciertos tipos de referidos a especialistas del plan, su PCP deberá obtener una aprobación del plan con anticipación. Esto se llama "autorización previa".

Es muy importante obtener un referido de su PCP antes de ver a un especialista de la red. No obstante, usted no necesita obtener un referido para recibir ciertos servicios, consulte la sección a continuación que se trata de "Autorreferidos". Si usted no obtiene un referido antes de recibir los servicios de un especialista, es posible que usted mismo deba pagar por dichos servicios. Si el especialista desea que usted regrese para hacerle control posterior, asegúrese de revisar el referido original para ver si éste se encuentra incluido.

Cada PCP tiene especialistas de la red que él/ella usa para hacer sus referidos. Esto significa que los especialistas de Humana Gold Plus HMO que usted puede utilizar pueden depender de la persona que usted elija como su PCP. Si hay algún especialista en particular que usted desea consultar, verifique si su PCP hace referidos de pacientes a dicho especialista. Para obtener información acerca de cómo cambiar de PCP, consulte su Evidencia de Cobertura. Si hay algún hospital en particular que usted desea utilizar, verifique si su PCP utiliza dicho hospital.

Para obtener información sobre las especialidades que requieren un referido o autorización previa, consulte el Capítulo 4 de la Evidencia de cobertura (EOC, por sus siglas en inglés).

Salud mental

Para los servicios de salud mental o de tratamiento de abusos de sustancias, usted o su asesor debe comunicarse con su PCP para la autorización. Llame al número de teléfono del PCP que aparece en su tarjeta de identificación del plan. Para obtener información adicional, visite **Humana.com** o llame al número de teléfono que aparece en su tarjeta de identificación del plan.

Servicios de trasplante

El uso de un centro de servicios generales para servicios de trasplante puede resultar en un costo adicional significativo para usted. Para los servicios relacionados con los trasplantes, llame al 1-866-421-5663 (TTY: 1-800-336-6709). Nuestro horario es de lunes a viernes, de 8:30 a.m. a 5:00 p.m.

Humana Fitness

No todos los planes Medicare Advantage ofrecen un beneficio de acondicionamiento físico. Para obtener información sobre los beneficios de acondicionamiento físico consulte su Evidencia de cobertura.

Proveedores de cuidado de la vista

No todos los planes Medicare Advantage ofrecen un beneficio para la vista y los beneficios pueden variar entre los planes. Consulte su Evidencia de cobertura para obtener información sobre el beneficio para la vista.

Proveedores dental

No todos los planes Medicare Advantage ofrecen un beneficio dental y los beneficios pueden variar entre los planes. Consulte su Evidencia de cobertura para obtener información sobre el beneficio dental.

Autorreferidos

En algunos casos, usted puede recibir cobertura para los servicios enumerados a continuación sin necesidad de que su PCP le dé un referido o aprobación anticipada. "**Autorreferido**" significa que usted puede recibir los servicios sin referido de médicos de la red.

Los siguientes servicios pueden ser de autorreferido:

- Servicios de emergencia, independientemente de si los recibe de proveedores del plan o de proveedores fuera de la red.
 - Cuidado que se necesita con urgencia que usted reciba de proveedores fuera de la red cuando se encuentra temporalmente fuera del área de servicio del plan.
 - Servicios de diálisis renal (riñón) que usted recibe cuando se encuentra temporalmente fuera del área de servicio del plan.
 - Todos los servicios preventivos cubiertos por Medicare siempre y cuando los reciba de un proveedor de la red. Estos servicios aparecen en la tabla de beneficios del Capítulo 4 de su Evidencia de cobertura (EOC).
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Servicios hospitalarios

La presencia de hospitales en este directorio no siempre garantiza que usted será referido a un hospital en particular. Es posible que su médico no conceda admisiones a todos los hospitales de la red para las hospitalizaciones. No obstante, las hospitalizaciones como paciente interno, salvo en casos de emergencia o de cuidado que se necesita con urgencia, requerirán nuestra autorización previa.

Programa de hospitalistas

Si su PCP participa en el Programa de hospitalistas, y usted es admitido al hospital, todos los aspectos de su cuidado serán dirigidos y coordinados activamente por un médico de tiempo completo especialmente capacitado para cuidado de hospitalización. El médico se conoce como hospitalista y es contratado de manera independiente y tiene certificación en su especialidad o reúne los requisitos necesarios para su certificación por la Junta Americana de Medicina Interna.

Un coordinador de administración de casos, otro miembro del equipo de hospitalistas, es un/a enfermero/a con licencia capacitado/a en la administración de cuidado de pacientes. Él o ella coordina todas las necesidades y los servicios (como los análisis de laboratorio, radiografías, consultas y mucho más) con el médico hospitalista.

Su médico hospitalista y coordinador de administración de casos darán informes regulares sobre su estado y progreso a su PCP. También podrán programar una cita de control posterior con su PCP.

¿Cuál es el área de servicio de Humana Gold Plus HMO?

Los condados (partes de los condados), parroquias o municipalidades de nuestra área de servicio aparecen a continuación.

H5619-023-000: CA: Santa Barbara, Ventura

Santa Barbara, the following zip codes only: 93013, 93014, 93067, 93101, 93102, 93103, 93105, 93106, 93107, 93108, 93109, 93110, 93111, 93116, 93117, 93118, 93120, 93121, 93130, 93140, 93150, 93160, 93190

¿Cómo encuentra proveedores de la red de Humana Gold Plus HMO en su área?

Los proveedores están en este directorio de acuerdo al tipo de proveedor. Dentro de cada tipo de proveedor, los proveedores están en orden alfabético por estado, luego por condado y luego por ciudad.

Algunos de los proveedores de nuestra red también pueden ser certificados por Medicaid. Póngase en contacto con el consultorio del proveedor con anticipación para verificar su estado.

Si tiene alguna pregunta acerca de Humana Gold Plus HMO o requiere asistencia para seleccionar a un PCP, llame a nuestro departamento de Atención al Cliente (consulte la información detallada en la portada y la parte de atrás). También puede visitar nuestro sitio Web en **espanol.humana.com**.

Farmacias de la red

Si tiene alguna pregunta acerca de las farmacias de la red o requiere asistencia para localizar una farmacia de la red, llame a nuestro departamento de Atención al Cliente (consulte la información detallada en la portada y la parte de atrás) o visite nuestro sitio Web en **espanol.humana**.

Provider Type Listing

Spanish	English
Alergias e inmunología	Allergy & Immunology
Anestesiología	Anesthesiology
Audiología	Audiology
Cardiología	Cardiology
Cardiología - intervencionista	Cardiology - Interventional
Centro de atención de heridas	Wound Care Center
Centro de atención de urgencia	Urgent Care Center
Centro de atención médica para enfermedades agudas	Long Term Acute Care Facility
Centro de cáncer ambulatorio	Outpatient Cancer Center
Centro de cáncer de mama	Breast Cancer Center
Centro de diagnóstico por imágenes	Imaging Center
Centro de endoscopia	Endoscopy Center
Centro de enfermería especializada	Skilled Nursing Facility
Centro de mamografía	Mammography Center
Centro de salud con aprobación federal	Federally Qualified Health Center
Centro quirúrgico ambulatorio	Ambulatory Surgery Center
Centros de cirugía ambulatoria	Outpatient Surgery Centers
Cirugía	Surgery
Cirugía - Cirugía de manos	Surgery - Hand Surgery
Cirugía - Oral y maxilofacial	Surgery - Oral & Maxillofacial
Cirugía - Torácica	Surgery - Thoracic
Cirugía - Torácica cardiovascular	Surgery - Thoracic Cardiovascular
Cirugía - Urológica	Surgery - Urological
Cirugía - Vascular	Surgery - Vascular
Cirugía ginecológica	Gynecologic Surgery
Cirugía neurológica	Neurologic Surgery

Spanish	English
Cirugía ortopédica	Orthopedic Surgery
Cirugía plástica	Plastic Surgery
Cirugía de la retina	Retina Surgery
Clínica de salud rural	Rural Health Clinic
Clínica de trastornos del sueño	Sleep Disorder Clinic
Control del dolor - Anestesiología	Pain Management - Anesthesiology
Dentistería - Oral y maxilofacial	Dentistry - Oral & Maxillofacial
Dermatología	Dermatology
Endocrinología	Endocrinology
Endocrinología reproductiva e infertilidad	Reproductive Endocrinology & Infertility
Enfermedad cardiovascular	Cardiovascular Disease
Enfermedad pulmonar	Pulmonary Disease
Enfermedades infecciosas	Infectious Disease
Equipo médico duradero	Durable Medical Equipment
Especialista de la córnea	Corneal Specialist
Farmacia	Pharmacy
Gastroenterología	Gastroenterology
Genética médica	Medical Genetics
Ginecología	Gynecology
Hematología y oncología	Hematology & Oncology
Hospicio	Hospice
Hospital de rehabilitación	Rehabilitation Hospital
Hospital de salud mental	Mental Health Hospital
Hospitales	Hospitals
Laboratorio	Laboratory
Medicina física y rehabilitación	Physical Medicine & Rehabilitation
Medicina geriátrica	Geriatric Medicine
Medicina interna	Internal Medicine
Medicina nuclear	Nuclear Medicine
Medicina nuclear - Cardiología nuclear	Nuclear Medicine - Nuclear Cardiology
Medicina para el sueño	Sleep Medicine

Spanish	English
Medicina preventiva	Preventive Medicine
Medicina preventiva - Medicina aeroespacial	Preventive Medicine - Aerospace Medicine
Nefrología	Nephrology
Neurología	Neurology
Obstetricia y ginecología	Obstetrics & Gynecology
Oftalmología	Ophthalmology
Oftalmología - Optometría	Ophthalmology - Optometry
Oído, nariz y garganta	Ear, Nose, & Throat
Oncología ginecológica	Gynecologic Oncology
Optometría	Optometry
Ortopedia	Orthopedic
Ortopedia - Cirugía de manos	Orthopedic - Hand Surgery
Patología	Pathology
Podología	Podiatry
Práctica familiar	Family Practice
Práctica general	General Practice
Proctología	Proctology
Protética y ortopedia	Prosthetics & Orthotics
Psicología	Psychology
Psiquiatría	Psychiatry
Radiología	Radiology
Radioterapia	Radiation Therapy
Radioterapia oncológica	Radiation Oncology
Rehabilitación - Ambulatoria	Rehabilitation - Outpatient
Rehabilitación - Subaguda	Rehabilitation - Subacute
Rehabilitación cardíaca	Cardiac Rehabilitation
Resonancia magnética (MRI)	Magnetic Resonance Imaging (MRI)
Reumatología	Rheumatology
Servicio de ambulancia	Ambulance Service
Servicios de atención médica en el hogar	Home Health Care Services
Servicios de diagnóstico ambulatorios	Outpatient Diagnostic Services
Servicios de diálisis	Dialysis Services
Servicios de laboratorio	Laboratory Services

Spanish	English
Servicios de salud mental y tratamiento de abusos de sustancias	Mental Health & Substance Abuse
SIDA	HIV/AIDS Specialist
Sólo obstetricia	Obstetrics Only
Suministros médicos	Medical Supplies
Suministros para la diabetes	Diabetic Supplies
Terapia de infusión	Infusion Therapy
Terapia de infusión casera	Home Infusion Therapy
Tocoginecólogo - Obstetricia y ginecología - PCP	OBGYN - Obstetrics & Gynecology - PCP
Transporte de no emergencia	Non-emergency Transportation
Urología	Urology

Discrimination is Against the Law

Humana Inc. and its subsidiaries comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex. Humana Inc. and its subsidiaries do not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Humana Inc. and its subsidiaries provide:

- Free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.
- Free language services to people whose primary language is not English when those services are necessary to provide meaningful access, such as translated documents or oral interpretation.

If you need these services, call 1-800-281-6918, or if you use a TTY, call 711.

If you believe that **Humana Inc. and its subsidiaries** have failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Discrimination Grievances

P.O. Box 14618
Lexington, KY 40512 - 4618

If you need help filing a grievance, call 1-800-281-6918 or if you use a TTY, call 711.

You can also file a civil rights complaint with the **U.S. Department of Health and Human Services**, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>

La discriminación es contra la ley

Humana, Inc. y sus subsidiarias cumplen con todas las leyes aplicables de derechos civiles federales y no discriminan por motivos de raza, color de la piel, origen nacional, edad, discapacidad o sexo. Humana Inc. y sus subsidiarias no excluyen a nadie, ni los tratan de manera diferente por motivos de raza, color de la piel, origen nacional, edad, discapacidad o sexo.

Humana Inc. y sus subsidiarias proporcionan:

- Ayudas y servicios auxiliares gratuitos, como por ejemplo intérpretes acreditados para hablar por señas, interpretación remota por video e información escrita en otros formatos para personas con discapacidades cuando dichas ayudas y servicios auxiliares sean necesarios para garantizar la igualdad de oportunidades de participación.
- Servicios gratuitos de idiomas para personas cuyo idioma principal no es el inglés, cuando dichos servicios sean necesarios para proporcionar acceso útil, tales como documentos traducidos o interpretación oral.

Si necesita estos servicios, llame al 1-800-281-6918 o bien, si utiliza un TTY, llame al 711.

Si usted cree que **Humana Inc. y sus subsidiarias** han fallado en proveer estos servicios o le han discriminado de otra forma por motivos de raza, color de la piel, origen nacional, edad, discapacidad o sexo, puede presentar una queja formal ante:

Discrimination Grievances
P.O. Box 14618
Lexington, KY 40512 - 4618

Si necesita ayuda para presentar una queja formal, llame al 1-800-281-6918 o bien, si utiliza un TTY, llame al 711.

También puede presentar una queja de derechos civiles con el **Departamento de Salud y Servicios Humanos**, Oficina de Derechos Civiles, por medios electrónicos a través del portal de quejas de la Oficina de Derechos Civiles, en: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, por correo postal o por teléfono al:

U.S. Department of Health and Human Services

200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Los formularios de quejas están disponibles en <http://www.hhs.gov/ocr/office/file/index.html>

Multi-Language Interpreter Services

English: ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 1-800-281-6918 **(TTY: 711)**.

Español (Spanish): ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-281-6918 **(TTY: 711)**.

繁體中文 (Chinese): 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-281-6918 **(TTY: 711)**。

Tiếng Việt (Vietnamese): CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-281-6918 **(TTY: 711)**.

한국어 (Korean): 주의 : 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-281-6918 **(TTY: 711)** 번으로 전화해 주십시오 .

Tagalog (Tagalog – Filipino): PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-281-6918 **(TTY: 711)**.

Русский (Russian): ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-281-6918 **(телетайп: 711)**.

Kreyòl Ayisyen (French Creole): ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-800-281-6918 **(TTY: 711)**.

Français (French): ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-281-6918 **(ATS : 711)**.

Polski (Polish): UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-800-281-6918 **(TTY: 711)**.

Português (Portuguese): ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-800-281-6918 **(TTY: 711)**.

Italiano (Italian): ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-800-281-6918 **(TTY: 711)**.

Deutsch (German): ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-281-6918 **(TTY: 711)**.

日本語 (Japanese): 注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-800-281-6918 **(TTY : 711)** まで、お電話にてご連絡ください。

فارسی (Farsi):

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 1-800-281-6918 **(TTY: 711)** تماس بگیرید.

Diné Bizaad (Navajo): Díí baa akó nínízin: Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jiik'eh, éí ná hóló, kojí' hódíłnih 1-800-281-6918 **(TTY: 711)**.

العربية (Arabic):

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-800-281-6918 **(رقم هاتف الصم والبكم: 711)**.

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List of Network Providers

Hospitals	(3 providers)	1
Urgent Care Centers	(1 provider)	2
Primary Care Providers	(18 providers)	3
Specialists	(69 providers)	5
Pharmacies	(139 providers)	9
Fitness Centers	(36 providers)	15
Index		17

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CALIFORNIA

SANTA BARBARA COUNTY

Santa Barbara

General Acute Care Hospital

Goleta Valley Cottage Hospital

351 S Patterson Ave
Santa Barbara, CA 93111
(805) 967-3411

Medi-Cal Certified

Santa Barbara Cottage Hospital

400 W Pueblo St
Santa Barbara, CA 93105
(805) 682-7111

Medi-Cal Certified

Solvang

General Acute Care Hospital

Santa Ynez Valley Cottage Hospital

2050 Viborg Rd
Solvang, CA 93463
(805) 688-6431

Humana Medicare Advantage Plans are not providers of medical services. Humana Medicare Advantage Plans do not endorse, control, or interfere with the clinical judgment or treatment recommendations made by the physicians or other providers listed in this directory or otherwise selected by you.

Urgent Care Centers

CALIFORNIA

SANTA BARBARA COUNTY

Santa Barbara

Urgent Care Center
MEDCENTER URGENT CARE
2954 State St
Santa Barbara, CA 93105
(805) 682-7411

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Primary Care Providers

CALIFORNIA

SANTA BARBARA COUNTY

Carpinteria

Family Medicine (Primary Care Provider)

Zemjanis, John P MD

5025 8th St
Carpinteria, CA 93013

(805) 566-1358

PCP# 123854

Established patients only
Spanish, Latvian, German

Goleta

General Practice (Primary Care Provider)

Wexlar, Alan MD

271 N Fairview Ave
Ste 101

Goleta, CA 93117

(805) 681-7411

PCP# 123852

Santa Barbara

Family Medicine (Primary Care Provider)

Brandt, Joel H MD

1809 Cliff Dr
Ste B

Santa Barbara, CA 93109

(805) 966-7159

PCP# 123840

Spanish

Fernandez-Kline, Blanca MD*

319 N Milpas St
Santa Barbara, CA 93103

(805) 965-3011

American Board of Family
Medicine

PCP# 245628

Tagalog, Spanish, Chinese

Kim, Elizabeth M MD

5333 Hollister Ave
Ste 295

Santa Barbara, CA 93111

(805) 967-0057

PCP# 123844

Kozak, Scott F MD*

28 W Mission St
Santa Barbara, CA 93101

(805) 898-9360

American Board of Family
Medicine

PCP# 123846

Spanish

Kunz, John D MD

101 W Arrellaga St
Ste B

Santa Barbara, CA 93101

(805) 568-0799

PCP# 123847

General Practice (Primary Care Provider)

Wexlar, Alan MD

2954 State St
Santa Barbara, CA 93105

(805) 682-7411

PCP# 123853

Internal Medicine (Primary Care Provider)

Aijian, Paul S MD*

200 N La Cumbre Rd
Ste B

Santa Barbara, CA 93110

(805) 682-7201

American Board of Internal
Medicine

PCP# 236717

Spanish

Medi-Cal Certified

Frawley, Patrick J MD*

2320 Bath St Ste 307
Santa Barbara, CA 93105

(805) 730-1580

American Board of Internal
Medicine

PCP# 123841

Spanish, Italian, German

Huffard, Lansing L MD

319 N Milpas St
Santa Barbara, CA 93103

(805) 965-3011

PCP# 123843

Koonce, William C MD*

219 Nogales Ave
Ste B

Santa Barbara, CA 93105

(805) 682-7200

American Board of Internal
Medicine

PCP# 123845

Liang, Fen MD*

200 N La Cumbre Rd
Ste E

Santa Barbara, CA 93110

(805) 687-1505

American Board of Internal
Medicine

PCP# 228360

Mandarin, Chinese

Meller, William M MD*

2954 State St
Santa Barbara, CA 93105

(805) 682-7411

American Board of Internal
Medicine

PCP# 123849

Spanish

Payne, Matthew S MD*

200 N La Cumbre Rd
Ste E

Santa Barbara, CA 93110

(805) 687-1505

American Board of Internal
Medicine

PCP# 228359

Polito, Jeffrey R MD*

5333 Hollister Ave
Ste 225

Santa Barbara, CA 93111

(805) 681-1490

American Board of Internal
Medicine

PCP# 123851

Solvang

Internal Medicine (Primary Care Provider)

Lane, Roger I MD*

2030 Viborg Rd
Ste 205

Solvang, CA 93463

(805) 688-2600

American Board of Internal
Medicine

PCP# 123848

* Board Certified Provider

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Primary Care Providers

Peters, Kim L LCP-C

2030 Viborg Rd

Ste 205

Solvang, CA 93463

(805) 688-2600

PCP# 123850

*** Board Certified Provider**

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CALIFORNIA

SANTA BARBARA COUNTY

Santa Barbara

Allergy and Immunology

Tubiolo, Vincent C MD*

2320 Bath St
Ste 303
Santa Barbara, CA 93105
(805) 682-7385
American Board of Allergy & Immunology
Spanish

Cardiovascular Disease

JUREWITZ, DANIEL L MD

2400 Bath St
Ste 201
Santa Barbara, CA 93105
(805) 682-7707
Spanish

McFadden, Robert B MD*

334 S Patterson Ave
Ste 208
Santa Barbara, CA 93111
(805) 967-0497
American Board of Internal Medicine

Clinical Cardiac

Electrophysiology

Bonometti, Claudio MD

1919 State St Ste 302
Santa Barbara, CA 93101
(805) 845-6611
Spanish, Italian
Medi-Cal Certified

Gidney, Brett A MD

504 W Pueblo St
Ste 101
Santa Barbara, CA 93105
(805) 845-5305

Ilvento, Joseph P MD*

1919 State St
Ste 303
Santa Barbara, CA 93101
(805) 569-2870
American Board of Internal Medicine

Dermatology

Dougherty, Alexis MD*

2320 Bath St Ste 203
Santa Barbara, CA 93105
(805) 687-5538
American Board of Dermatology

Lynn, Rikk N MD*

2320 Bath St Ste 203
Santa Barbara, CA 93105
(805) 687-5538
American Board of Dermatology

Gastroenterology

Aguirre, Thomas V MD*

2403 Castillo St
Ste 201
Santa Barbara, CA 93105
(805) 682-3585
American Board of Internal Medicine

Bentley, Edward S MD*

2403 Castillo St
Ste 201
Santa Barbara, CA 93105
(805) 682-3585
American Board of Internal Medicine

Kovacs, Brent J MD

2403 Castillo St
Ste 201
Santa Barbara, CA 93105
(805) 682-3585
Spanish

Lemon, Stephen K MD*

2403 Castillo St
Ste 201
Santa Barbara, CA 93105
(805) 682-3585
American Board of Internal Medicine
Spanish
Medi-Cal Certified

Hematology

Abate, Mark S MD*

540 W Pueblo St
Santa Barbara, CA 93105
(805) 879-0670
American Board of Internal Medicine
Medi-Cal Certified

Greenwald, Daniel R MD

540 W Pueblo St
Santa Barbara, CA 93105
(805) 879-0670
Spanish

Gupta, Mukul MD*

540 W Pueblo St
Santa Barbara, CA 93105
(805) 879-0670
American Board of Internal Medicine
Spanish

Kass, Frederic C MD

540 W Pueblo St
Santa Barbara, CA 93105
(805) 879-0670
Medi-Cal Certified

Newman, Gregg MD*

540 W Pueblo St
Santa Barbara, CA 93105
(805) 879-0670
American Board of Internal Medicine

Sekhon, Novejot K MD

540 W Pueblo St
Santa Barbara, CA 93105
(805) 879-0670

Taguchi, Julie A MD*

540 W Pueblo St
Santa Barbara, CA 93105
(805) 879-0670
American Board of Internal Medicine
Spanish
Medi-Cal Certified

Infectious Disease

Anderson, Seth E MD*

221 W Pueblo St Ste B
Santa Barbara, CA 93105
(805) 682-6461
American Board of Internal Medicine

Medical Oncology

Abate, Mark S MD*

540 W Pueblo St
Santa Barbara, CA 93105
(805) 879-0670
American Board of Internal Medicine
Medi-Cal Certified

Greenwald, Daniel R MD

540 W Pueblo St
Santa Barbara, CA 93105
(805) 879-0670
Spanish

Gupta, Mukul MD*

540 W Pueblo St
Santa Barbara, CA 93105
(805) 879-0670
American Board of Internal Medicine
Spanish

* Board Certified Provider

Humana Medicare Advantage Plans are not providers of medical services. Humana Medicare Advantage Plans do not endorse, control, or interfere with the clinical judgment or treatment recommendations made by the physicians or other providers listed in this directory or otherwise selected by you.

Specialists

Kass, Frederic C MD*
540 W Pueblo St
Santa Barbara, CA 93105
(805) 879-0670
American Board of Internal
Medicine
Medi-Cal Certified

Newman, Gregg MD*
540 W Pueblo St
Santa Barbara, CA 93105
(805) 879-0670
American Board of Internal
Medicine

Sekhon, Novejot K MD
540 W Pueblo St
Santa Barbara, CA 93105
(805) 879-0670

Taguchi, Julie A MD*
540 W Pueblo St
Santa Barbara, CA 93105
(805) 879-0670
American Board of Internal
Medicine
Spanish
Medi-Cal Certified

Nephrology
Allyn, Thomas R MD*
1704 State St
Fl 2
Santa Barbara, CA 93101
(805) 687-0412
American Board of Internal
Medicine
Medi-Cal Certified

Fischer, Michael B MD*
1704 State St Fl 2
Santa Barbara, CA 93101
(805) 687-0412
American Board of Internal
Medicine
Spanish
Medi-Cal Certified

Kamal, Bindu M MD*
1704 State St
Santa Barbara, CA 93101
(805) 682-5879
American Board of Internal
Medicine
Spanish, Asian Indian Dialects
Medi-Cal Certified

Neurologic Surgery
Chung, Richard Y MD*
2410 Fletcher Ave
Fl 3
Santa Barbara, CA 93105
(805) 682-1912
American Board of Neurolog-
ical Surgery

Park, John K MD*
2410 Fletcher Ave Fl 3
Santa Barbara, CA 93105
(805) 682-1912
American Board of Neurolog-
ical Surgery

Zauner, Alois MD*
2403 Castillo St
Ste 203
Santa Barbara, CA 93105
(805) 823-6688
American Board of Neurolog-
ical Surgery

Neurology
Corazza, Mark S MD
2431 Castillo St
Santa Barbara, CA 93105
(805) 569-7115
Delio, Philip R MD*
219 Nogales Ave
Ste F
Santa Barbara, CA 93105
(805) 682-8153
American Board of Psychiatry
& Neurology

Gibbs, Michael G MD*
219 Nogales Ave
Ste F
Santa Barbara, CA 93105
(805) 682-8153
American Board of Psychiatry
& Neurology

Taylor, Robert A MD*
2403 Castillo St
Ste 203
Santa Barbara, CA 93105
(805) 823-6688
American Board of Psychiatry
& Neurology

Obstetrics and Gynecology
Corlett Jr, Robert C MD*
2329 Oak Park Ln
Santa Barbara, CA 93105
(805) 964-6753
American Board of Obstetrics &
Gynecology

Drake, Melissa G MD
504 W Pueblo St Ste 202
Santa Barbara, CA 93105
(805) 455-6500
Spanish

Lindblad, Donald E MD*
2323 Oak Park Ln
Ste 101
Santa Barbara, CA 93105
(805) 967-3443
American Board of Obstetrics &
Gynecology
Spanish
Medi-Cal Certified

Quijano, Ralph MD*
2305 De La Vina St
Santa Barbara, CA 93105
(805) 682-5852
American Board of Obstetrics &
Gynecology
Spanish

Rashti, Pedram MD*
314 W Junipero St
Santa Barbara, CA 93105
(805) 682-7109
American Board of Obstetrics &
Gynecology
Spanish

**Obstetrics And Gynecology -
Reproductive Endocrinology**
Allen, Rene B MD
536 E Arrellaga St
Ste 201
Santa Barbara, CA 93103
(805) 965-3400

**Obstetrics And Gynecology -
Obstetrics**
Ramos, Susanne L MD
2323 Oak Park Ln
Ste 101
Santa Barbara, CA 93105
(805) 898-4443
Spanish
Medi-Cal Certified

* Board Certified Provider

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Ophthalmology

Wu, Wilson C MD*
3892 State St Ste 100
Santa Barbara, CA 93105
(805) 687-8111
American Board of
Ophthalmology
Thai, Taiwanese
Medi-Cal Certified

Orthopaedic Surgery

Craviotto, Daniel F MD*
5333 Hollister Ave Ste 150
Santa Barbara, CA 93111
(805) 967-9311
American Board of Ortho-
paedic Surgery
Spanish

Hollstein, Steven B MD*
5333 Hollister Ave Ste 150
Santa Barbara, CA 93111
(805) 967-9311
American Board of Ortho-
paedic Surgery
Medi-Cal Certified

Pearson, Steven W MD*
5333 Hollister Ave Ste 160
Santa Barbara, CA 93111
(805) 964-2300
American Board of Ortho-
paedic Surgery
Medi-Cal Certified

Ruth, Robert M MD*
2323 De La Vina St
Ste 201
Santa Barbara, CA 93105
(805) 682-2267
American Board of Ortho-
paedic Surgery
Medi-Cal Certified

Tacconelli, Victor A MD*
5333 Hollister Ave
Ste 150
Santa Barbara, CA 93111
(805) 967-9311
American Board of Ortho-
paedic Surgery
Medi-Cal Certified

Orthopaedic Surgery-Hand Surgery

Behrman, Michael J MD*
2323 De La Vina St
Ste 201
Santa Barbara, CA 93105
(805) 682-2267
American Board of Ortho-
paedic Surgery
Medi-Cal Certified

Ruth, Robert M MD*
2323 De La Vina St
Ste 201
Santa Barbara, CA 93105
(805) 682-2267
American Board of Ortho-
paedic Surgery
Medi-Cal Certified

Otolaryngology - Otology And Neurotology

Mccaffery, John D MD*
5333 Hollister Ave
Ste 155
Santa Barbara, CA 93111
(805) 964-6926
American Board of
Otolaryngology

Physical Medicine & Rehabilitation

Zweber, Thomas J MD*
2323 De La Vina St
Ste 208
Santa Barbara, CA 93105
(805) 845-8895
American Board of Physical
Medicine & Rehabilitation

Pulmonary Disease

Belkin, Richard A MD*
2403 Castillo St
Ste 206
Santa Barbara, CA 93105
(805) 898-8840
American Board of Internal
Medicine
Spanish

Sager, Jeffrey S MD*
2403 Castillo St
Ste 206
Santa Barbara, CA 93105
(805) 898-8840
American Board of Internal
Medicine

Rheumatology

Spiegel, Timothy M MD*
1919 State St
Ste 306
Santa Barbara, CA 93101
(805) 682-5752
American Board of Internal
Medicine
German
Medi-Cal Certified

Surgery

Kanen, Todd A MD*
5333 Hollister Ave Ste 210
Santa Barbara, CA 93111
(805) 569-3396
American Board of Surgery

Rink, Donald T MD*
2323 De La Vina St
Ste 209
Santa Barbara, CA 93105
(805) 563-9666
American Board of Surgery
Spanish

Thoman, David S MD*
520 W Junipero St
Santa Barbara, CA 93105
(805) 730-1470
American Board of Surgery

Surgery - Plastic And Recon-structive Surgery

Chapple, John G MD*
511 E Arrellaga St
Santa Barbara, CA 93103
(805) 966-2203
American Board of Plastic
Surgery

Surgery - Vascular Surgery

Li, Edward N MD*
2323 Oak Park Ln
Ste 102
Santa Barbara, CA 93105
(805) 643-3330
American Board of Surgery

Urology

Cumes, David M MD*
5333 Hollister Ave
Ste 210
Santa Barbara, CA 93111
(805) 964-6771
American Board of Urology
Spanish

* Board Certified Provider

Humana Medicare Advantage Plans are not providers of medical services. Humana Medicare Advantage Plans do not endorse, control, or interfere with the clinical judgment or treatment recommendations made by the physicians or other providers listed in this directory or otherwise selected by you.

Specialists

Laub, David J MD*
2320 Bath St
Ste 300
Santa Barbara, CA 93105
(805) 569-2462
American Board of Urology
Medi-Cal Certified

Solvang

Hematology
Penn, Juliet M MD
2040 Viborg Rd Ste 140
Solvang, CA 93463
(805) 686-5370

VENTURA COUNTY

Oxnard

Endocrinology, Diabetes and Metabolism
Levin, Michelle A MD
3655 W 5th St
Oxnard, CA 93030
(805) 667-3909
Spanish

Ventura

Clinical Cardiac Electrophysiology
Orias, David W MD
100 N Brent St
Ste 301
Ventura, CA 93003
(805) 648-2763
Spanish

Endocrinology, Diabetes and Metabolism

Westhoff-Pankratz, Tricia L MD*
2629 Loma Vista Rd
Ventura, CA 93003
(805) 259-1356
American Board of Internal Medicine
Spanish

Surgery - Vascular Surgery

Casey, Kevin M MD*
100 N Brent St
Ste 201
Ventura, CA 93003
(805) 643-3330
American Board of Surgery
Spanish

* Board Certified Provider

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ALL COUNTIES

Mail Order: Preferred Cost-Sharing

HUMANA PHARMACY
MAIL ORDER
800-379-0092

HUMANA SPECIALTY PHARMACY
MAIL ORDER
800-486-2668

Mail Order: Standard Cost-Sharing

WALMART PHARMACY
MAIL ORDER
800-273-3455

CALIFORNIA

SANTA BARBARA COUNTY

Retail

COSTCO* - 90 Day**
All Locations
800-607-6861
711 (TTY/TDD)

CVS* - 90 Day**
All Locations
800-746-7287
711 (TTY/TDD)

RITE AID* - 90 Day**
All Locations
800-748-3243
800-821-1833 (TTY/TDD)

WALGREENS* - 90 Day**
All Locations
800-925-4733
877-924-7889 (TTY/TDD)

WALMART* - 90 Day**
All Locations
800-925-6278
711 (TTY/TDD)

CARPINTERIA

Home Infusion

SANTA BARBARA SPECIALTY PHARMACY 8057702061
4690 CARPINTERIA AVE SUITE B
CARPINTERIA, CA 93013
805-770-2061

Retail

SAV-ON PHARMACY 0355* - 90 Day**
1018 CASITAS PASS RD
CARPINTERIA, CA 93013
805-684-8367

GUADALUPE

Retail

STARS PHARMACY* - 90 Day**
830 GUADALUPE ST.
GUADALUPE, CA 93434
805-219-0770

LOMPOC

Long Term Care

LOMPOC VALLEY MEDICAL CENTER
1515 E OCEAN AVE
LOMPOC, CA 93436
805-737-3337

Retail

HOMETOWN PHARMACY 414* - 90 Day**
414 N H ST.
LOMPOC, CA 93436
805-922-7779

LOMPOC VALLEY MEDICAL CENTER* - 90 Day**
1515 E OCEAN AVE
LOMPOC, CA 93436
805-737-3337

PUBLIC HEALTH PHARMACY LOMPOC* - 90 Day**
301 NORTH R ST
LOMPOC, CA 93436
805-737-6090

SAV-ON PHARMACY 3171* - 90 Day**
1500 N H ST
LOMPOC, CA 93436
805-737-0416

VONS PHARMACY 1738* - 90 Day**
729 N H ST
LOMPOC, CA 93436
805-735-4388

SANTA BARBARA

Home Infusion

CORAM CVS/SPECIALTY INFUSION SERVICES 1054
5571 EKWILL STREET
SANTA BARBARA, CA 93117
805-692-1200

Long Term Care

FEDERAL DRUG CO
3327 STATE ST
SANTA BARBARA, CA 93105
805-687-7551

THE MEDICINE SHOPPE PHARMACY 0793
3605 STATE STREET
SANTA BARBARA, CA 93105
805-687-1376

Retail

COMMUNITY HEALTH CLINICS PHARMACY* - 90 Day**
345 CAMINO DEL REMEDIO
SANTA BARBARA, CA 93110
805-681-5300

FEDERAL DRUG CO* - 90 Day**
3327 STATE ST
SANTA BARBARA, CA 93105
805-687-7551

PRESCRIPTION PHARMACY* - 90 Day**
215 PESETAS LANE
SANTA BARBARA, CA 93110
805-964-4831

317 W PUEBLO ST
SANTA BARBARA, CA 93105
805-682-6507

RALPHS PHARMACY 703680* - 90 Day**
100 W CARRILLO ST
SANTA BARBARA, CA 93101
805-564-7070

SAN YSIDRO PHARMACY INC* - 90 Day**
1498 EAST VALLEY RD
SANTA BARBARA, CA 93108
805-969-2284

SANTA BARBARA COTTAGE HOSPITAL DISCHAR* - 90 Day**
400 W PUEBLO ST # B780
SANTA BARBARA, CA 93105
805-569-8380

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Pharmacies

**THE MEDICINE SHOPPE
PHARMACY 0793*** - 90 Day**
3605 STATE STREET
SANTA BARBARA, CA 93105
805-687-1376

VONS PHARMACY 2101* -
90 Day**
1046 COAST VILLAGE RD
SANTA BARBARA, CA 93108
805-969-4728

SANTA MARIA

Home Infusion

**DIGNITY HEALTH HOME
INFUSION SERVICES**
124 S COLLEGE DR
SANTA MARIA, CA 93454
805-739-3810

Long Term Care

**HOMETOWN LTC PHARMACY
1450**
1450 W MCCOY LN STE B
SANTA MARIA, CA 93455
805-928-2200

**HOMETOWN MEDICAL PHAR-
MACY 1482**
1482 S BROADWAY
SANTA MARIA, CA 93454
805-322-3411

JDX PHARMACY
1504 S BROADWAY
SANTA MARIA, CA 93454
805-922-1747

MARIAN MEDICAL CENTER
1400 E CHURCH ST
SANTA MARIA, CA 93454
805-739-3450

Retail

**HOMETOWN MEDICAL PHAR-
MACY 1482*** - 90 Day**
1482 S BROADWAY
SANTA MARIA, CA 93454
805-322-3411

JDX PHARMACY* - 90 Day**
1504 S BROADWAY
SANTA MARIA, CA 93454
805-922-1747

LA JOYA PHARMACY* - 90
Day**
1115 W MAIN ST STE E-1
SANTA MARIA, CA 93458
805-922-3996

MARIAN MEDICAL CENTER*
- 90 Day**
1400 E CHURCH ST
SANTA MARIA, CA 93454
805-739-3450

**PUBLIC HEALTH PHARMACY
SANTA MARIA*** - 90 Day**
2115 S CENTERPOINTE PKWY
SANTA MARIA, CA 93455
805-346-7297

SAVON PHARMACY 1348* -
90 Day**
2320 S BROADWAY
SANTA MARIA, CA 93454
805-928-7623

SAVON PHARMACY 1394* -
90 Day**
1120 E CLARK AVE
SANTA MARIA, CA 93455
805-934-4002

SANTA YNEZ

Retail

STAR DRUG CO* - 90 Day**
3576 MADERA ST
SANTA YNEZ, CA 93460
805-688-6898

VENTURA COUNTY

Retail

COSTCO* - 90 Day**
All Locations
800-607-6861
711 (TTY/TDD)

CVS* - 90 Day**
All Locations
800-746-7287
711 (TTY/TDD)

RITE AID* - 90 Day**
All Locations
800-748-3243
800-821-1833 (TTY/TDD)

SAM'S CLUB* - 90 Day**
All Locations
888-746-7726
711 (TTY/TDD)

WALGREENS* - 90 Day**
All Locations
800-925-4733
877-924-7889 (TTY/TDD)

WALMART* - 90 Day**
All Locations
800-925-6278
711 (TTY/TDD)

CAMARILLO

Long Term Care

**NEIGHBORHOOD PHARMACY
INC**
4557 PLEASANT VALLEY RD
CAMARILLO, CA 93012
805-388-0800

**ST JOHNS PLEASANT VALLEY
HOSPITAL**
2309 ANTONIO AVE
CAMARILLO, CA 93010
805-389-5915

**THE MEDICINE SHOPPE
PHARMACY 1152**
2173 PICKWICK DR
CAMARILLO, CA 93010
805-389-5311

Retail

LANTANA PHARMACY* - 90
Day**
2412 N PONDEROSA DR STE
B106
CAMARILLO, CA 93010
805-388-5888

**RALPHS PHARMACY
703741*** - 90 Day**
674 LAS POSAS
CAMARILLO, CA 93010
805-445-1431

SEENA PHARMACY 2* - 90
Day**
3901 LAS POSAS RD STE 101
CAMARILLO, CA 93010
805-419-2686

**THE MEDICINE SHOPPE
PHARMACY 1152*** - 90 Day**
2173 PICKWICK DR
CAMARILLO, CA 93010
805-389-5311

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Pharmacies

VU PHARMACY* - 90 Day**
424-D ARNEILL ROAD
CAMARILLO, CA 93010
805-383-8340

FILLMORE

Long Term Care
MEDICAL PLAZA PHARMACY
353 CENTRAL AVE
FILLMORE, CA 93015
805-524-0052

Retail
MEDICAL PLAZA PHARMACY* - 90 Day**
353 CENTRAL AVE
FILLMORE, CA 93015
805-524-0052

MOORPARK

Retail
CORNER PHARMACY* - 90 Day**
14721 PRINCETON AVE
MOORPARK, CA 93021
805-552-4699

NEWBURY PARK

Physician Dispensing
CALIFORNIA DERMATOLOGY INSTITUTE* - 90 Day**
3095 OLD CONEJO ROAD,
SUITE 200
NEWBURY PARK, CA 91320
805-222-5803

Retail
BURT'S PHARMACY* - 90 Day**
2333 BORCHARD RD
NEWBURY PARK, CA 91320
805-498-6675

RALPHS PHARMACY
703729* - 90 Day**
583 N VENTU PARK RD
NEWBURY PARK, CA 91320
805-376-1380

REGENCY MEDICAL PHARMACY* - 90 Day**
1000 NEWBURY ROAD
NEWBURY PARK, CA 91320
805-375-4050

SAV-ON PHARMACY 0391* - 90 Day**
541 S REINO RD
NEWBURY PARK, CA 91320
805-499-7549

THE MEDICINE SHOPPE PHARMACY 1461* - 90 Day**
2241 MICHAEL DRIVE
NEWBURY PARK, CA 91320
805-375-6650

OAK PARK

Long Term Care
DR. PHARMACY
706 LINDERO CANYON ROAD
OAK PARK, CA 91377
818-991-1901

Retail
DR. PHARMACY* - 90 Day**
706 LINDERO CANYON ROAD
OAK PARK, CA 91377
818-991-1901

OJAI

Long Term Care
OJAI VALLEY COMMUNITY HOSPITAL PHARMACY
1306 MARICOPA HWY
OJAI, CA 93023
805-640-2244

OJAI VILLAGE PHARMACY 605
202 E OJAI AVE
OJAI, CA 93023
805-646-7272

THE MEDICINE SHOPPE PHARMACY 0489
960 E OJAI AVE
OJAI, CA 93023
805-646-0106

Retail
MEDICAL ARTS PHARMACY* - 90 Day**
1320 MARICOPA HIGHWAY
OJAI, CA 93023
805-646-7211

OJAI VALLEY COMMUNITY HOSPITAL PHARMACY* - 90 Day**
1306 MARICOPA HWY
OJAI, CA 93023
805-640-2244

OJAI VILLAGE PHARMACY 605* - 90 Day**
202 E OJAI AVE
OJAI, CA 93023
805-646-7272

THE MEDICINE SHOPPE PHARMACY 0489* - 90 Day**
960 E OJAI AVE
OJAI, CA 93023
805-646-0106

OXNARD

Home Infusion
HERBAY PHARMACY
1451 N RICE AVE STE F
OXNARD, CA 93030
805-981-2500

Long Term Care
MEDICAL PLAZA PHARMACY
1700 N ROSE AVE
OXNARD, CA 93030
805-981-3366

THE MEDICINE SHOPPE PHARMACY 0383
2196 S SAVIERS RD
OXNARD, CA 93033
805-487-6303

Physician Dispensing
TOTAL HEALTH CENTER INC* - 90 Day**
2901 N VENTURA RD STE 220
OXNARD, CA 93036
805-604-0881

VENTURA COUNTY HEMATOLOGY ONCOLOGY SPE* - 90 Day**
1700 N ROSE AVE
OXNARD, CA 93030
805-485-8709

Retail
FARMACIA ESTRELLA* - 90 Day**
5020 SOUTH C ST
OXNARD, CA 93033
805-240-9962

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Pharmacies

HERBAY PHARMACY* - 90 Day**
1451 N RICE AVE STE F
OXNARD, CA 93030
805-981-2500

MEDICAL PLAZA PHARMACY* - 90 Day**
1700 N ROSE AVE
OXNARD, CA 93030
805-981-3366

OMAC PHARMACY* - 90 Day**
901 W 7TH ST
OXNARD, CA 93030
805-486-2688

OXNARD DRUG* - 90 Day**
105 W 5TH ST
OXNARD, CA 93030
805-483-2115

STANS DRUGS* - 90 Day**
3001 SAVIERS RD
OXNARD, CA 93033
805-486-2678

THE MEDICINE SHOPPE PHARMACY 0383* - 90 Day**
2196 S SAVIERS RD
OXNARD, CA 93033
805-487-6303

VONS PHARMACY 1913* - 90 Day**
450 VENTURA RD
OXNARD, CA 93030
805-240-7994

VONS PHARMACY 2436* - 90 Day**
2101 N ROSE AVE
OXNARD, CA 93030
805-981-1485

VONS PHARMACY 2825* - 90 Day**
1291 S VICTORIA BLVD
OXNARD, CA 93030
805-984-3268

ZOLI RX PHARMACY* - 90 Day**
1700 LOMBARD ST STE 100
OXNARD, CA 93030
805-222-0819

PORT HUENEME

Retail
HUENEME FAMILY PHARMACY* - 90 Day**
261 E PORT HUENEME RD
PORT HUENEME, CA 93041
805-488-8200

SANTA PAULA

Retail
PALM PHARMACY* - 90 Day**
254 E. HARVARD BLVD
SANTA PAULA, CA 93060
805-525-8700

SEEBER'S PHARMACY* - 90 Day**
110 W HARVARD BLVD
SANTA PAULA, CA 93060
805-525-3313

SIMI VALLEY

Long Term Care
GOLDEN LIFE PHARMACY
1960 SEQUOIA AVE STE 5
SIMI VALLEY, CA 93063
805-416-8700

Retail
HOME CARE PHARMACY* - 90 Day**
1687 ERRINGER RD
SIMI VALLEY, CA 93065
805-527-9600

MID VALLEY PHARMACY* - 90 Day**
2519 ROYAL AVE
SIMI VALLEY, CA 93065
805-527-4013

RX POINT PHARMACY INC* - 90 Day**
2718 E LOS ANGELES AVE
SIMI VALLEY, CA 93065
805-864-2310

SAVON PHARMACY 0393* - 90 Day**
1268 MADERA RD
SIMI VALLEY, CA 93065
805-520-1384

SIMI PHARMACY* - 90 Day**
1357 E LOS ANGELES AVE STE C
SIMI VALLEY, CA 93065
805-582-7474

TAPO PHARMACY* - 90 Day**
2950 N SYCAMORE DR STE 101
SIMI VALLEY, CA 93065
805-583-1223

THE MEDICINE SHOPPE PHARMACY 1382* - 90 Day**
2925 N SYCAMORE DR
SIMI VALLEY, CA 93065
805-581-3784

VONS PHARMACY 2501* - 90 Day**
1855 E COCHRAN ST
SIMI VALLEY, CA 93065
805-522-8063

VONS PHARMACY 2692* - 90 Day**
2938 TAPO CANYON RD
SIMI VALLEY, CA 93063
805-426-6040

WOOD RANCH PHARMACY & COMPOUNDING CENT* - 90 Day**
1464 MADERA RD # I-2
SIMI VALLEY, CA 93065
805-426-9500

THOUSAND OAKS

Long Term Care
ALL MED DRUGS
442 N MOORPARK RD
THOUSAND OAKS, CA 91360
805-495-2110

LOVING HANDS PHARMACY
2220 N MOORPARK RD STE 107
THOUSAND OAKS, CA 91360
805-379-9907

LYNN OAKS COMPOUNDING PHARMACY
2220 LYNN ROAD
THOUSAND OAKS, CA 91360
805-495-1015

Physician Dispensing
ASHWIN KASHYAP MD., F.A.C.P* - 90 Day**
555 MARIN ST STE 200
THOUSAND OAKS, CA 91360
805-496-0592

NORTH OAKS PHARMACY* - 90 Day**
1014 E AVENIDA DE LOS ARBOLES
THOUSAND OAKS, CA 91360
805-241-0935

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Pharmacies

Retail

ALL MED DRUGS* - 90 Day**
442 N MOORPARK RD
THOUSAND OAKS, CA 91360
805-495-2110

GELSON'S PHARMACY 32* - 90 Day**
1736 AVENIDA DE LOS
ARBOLES
THOUSAND OAKS, CA 91362
805-493-8001

LOVING HANDS PHARMACY* - 90 Day**
2220 N MOORPARK RD STE 107
THOUSAND OAKS, CA 91360
805-379-9907

LYNN OAKS COMPOUNDING PHARMACY* - 90 Day**
2220 LYNN ROAD
THOUSAND OAKS, CA 91360
805-495-1015

PASEO OAKS PHARMACY* - 90 Day**
3701 E THOUSAND OAKS BLVD
THOUSAND OAKS, CA 91362
805-379-4110

PAVILIONS PHARMACY 2215* - 90 Day**
1135 LINDERO CANYON RD
THOUSAND OAKS, CA 91362
818-597-1370

PLAZA PHARMACY* - 90 Day**
430 E AVENIDA DE LOS
ARBOLES
THOUSAND OAKS, CA 91360
805-492-2451

ST. GEORGE PHARMACY* - 90 Day**
166 N MOORPARK RD STE 105
THOUSAND OAKS, CA 91360
805-370-6777

THE MEDICINE SHOPPE PHARMACY 1508* - 90 Day**
227 W JANSS RD
THOUSAND OAKS, CA 91360
805-497-6113

VONS PHARMACY 1610* - 90 Day**
1790 N MOORPARK RD
THOUSAND OAKS, CA 91360
805-497-8423

VONS PHARMACY 2092* - 90 Day**
2018 E AVENIDA DE LOS
ARBOLES
THOUSAND OAKS, CA 91360
805-492-3511

VENTURA

Home Infusion
OPTION CARE 12118
4867 COLT ST.
VENTURA, CA 93003
805-639-0917

Long Term Care
CARE PHARMACY
90 N ASHWOOD STE B
VENTURA, CA 93003
805-620-4899

THE MEDICINE SHOPPE PHARMACY 1422
9308 B TELEPHONE RD
VENTURA, CA 93004
805-647-1133

VENTURA COUNTY PHARMACY, MSI 2071
3350 LOMA VISTA RD
VENTURA, CA 93003
805-765-6046

Retail
CABRILLO PHARMACY* - 90 Day**
146 N BRENT STR
VENTURA, CA 93003
805-643-9939

COLLEGE PHARMACY* - 90 Day**
90 N ASHWOOD AVENUE
VENTURA, CA 93003
805-642-4135

RALPHS PHARMACY 703664* - 90 Day**
1776 S VICTORIA AVE
VENTURA, CA 93003
805-650-0466

ROGERS PHARMACY* - 90 Day**
2909 LOMA VISTA ROAD
VENTURA, CA 93003
805-648-1856

THE MEDICINE SHOPPE PHARMACY 0387* - 90 Day**
2611 E THOMPSON BLVD
VENTURA, CA 93003
805-648-2724

THE MEDICINE SHOPPE PHARMACY 1422* - 90 Day**
9308 B TELEPHONE RD
VENTURA, CA 93004
805-647-1133

VENTURA COUNTY PHARMACY, MSI 2071* - 90 Day**
3350 LOMA VISTA RD
VENTURA, CA 93003
805-765-6046

VONS PHARMACY 2164* - 90 Day**
5688 TELEPHONE RD
VENTURA, CA 93003
805-644-5922

VONS PHARMACY 2431* - 90 Day**
2433 HARBOR BLVD
VENTURA, CA 93001
805-642-7811

VONS PHARMACY 2678* - 90 Day**
6040 TELEGRAPH RD
VENTURA, CA 93003
805-650-2155

WESTLAKE VILLAGE

Physician Dispensing
AGOURA FAMILY PRACTICE ASSOCIATES* - 90 Day**
3180 WILLOW LN
WESTLAKE VILLAGE, CA 91361
805-494-8520

Retail
BURT'S PHARMACY* - 90 Day**
2900 TOWNSGATE RD STE 105
WESTLAKE VILLAGE, CA 91361
805-371-4000

COMPOUNDIA PHARMACY 805371* - 90 Day**
766 LAKEFIELD RD SUITE E
WESTLAKE VILLAGE, CA 91361
805-371-4443

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Pharmacies

ROLLING OAKS PHARMACY***

- 90 Day

325 E ROLLING OAKS DR
WESTLAKE VILLAGE, CA 91361
805-557-1006

SPECIALTY CARE PHAR-

MACY* - 90 Day**

313 S MOORPARK RD
WESTLAKE VILLAGE, CA 91361
805-370-7110

WESTLAKE VILLAGE PHAR-

MACY 2008* - 90 Day**

1250 LA VENTA DR
WESTLAKE VILLAGE, CA 91361
805-497-3974

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Fitness Centers

Not all plans have this benefit. Please refer to your Evidence of Coverage to determine your benefit information.

CALIFORNIA

SANTA BARBARA COUNTY

CARPINTERIA

The Gym Next Door
901 #B Linden Ave.
CARPINTERIA, CA 93013
(805) 684-2595
E, SC

LOMPOC

In-Shape: Lompoc
501 W. Central Ave.
LOMPOC, CA 93436
(805) 735-2600
E, S, P, W

Lompoc Family YMCA
201 W. College Ave.
LOMPOC, CA 93436
(805) 736-3483
E, S, P, SC

Pier Fitness
803 E. Walnut Ave.
LOMPOC, CA 93436
(805) 736-3493
E, S, P

Planet Fitness - Lompoc
1009 North H St
LOMPOC, CA 93436
(805) 735-3055
E

SANTA BARBARA

24 Hour Fitness - Santa Barbara
820 State St.
SANTA BARBARA, CA 93101
(805) 899-4008
E, S, P, W

Curves - Santa Barbara-West/Goleta, CA
185 S. Patterson Ave., Ste. F
SANTA BARBARA, CA 93111
(805) 692-5399
E

SANTA MARIA

Crunch Fitness - Santa Maria
286 Town Center East
SANTA MARIA, CA 93454
(805) 621-7470
E

Fit Republic - Santa Maria
2406 S. Broadway
SANTA MARIA, CA 93454
(805) 310-4701
E

In-Shape: Santa Maria
1318 S. Broadway
SANTA MARIA, CA 93454
(805) 928-7474
E, S, P, W, SC

VENTURA COUNTY

CAMARILLO

24 Hour Fitness - Camarillo
453 Carmen Dr.
CAMARILLO, CA 93010
(805) 482-2444
E, S, P, W, SC

Camarillo Family YMCA
3111 Village at the Park Dr.
CAMARILLO, CA 93012
(805) 484-0423
E, P, SC

Fitness 19 - Camarillo
1775 E. Daily Dr.
CAMARILLO, CA 93010
(805) 389-9119
E

George Erb Fitness Center
231 Camarillo Ranch Road
CAMARILLO, CA 93012
(805) 484-3307
E

Planet Fitness - Camarillo
2440 Las Posas Rd.
CAMARILLO, CA 93010
(805) 388-8838
E

NEWBURY PARK

Anytime Fitness - Newbury Park, CA
717 N. Wendy Dr.
NEWBURY PARK, CA 91320
(805) 467-6402
E

OAK VIEW

Ojai Valley Gym
483 N Ventura Ave
OAK VIEW, CA 93022
(805) 500-5722
E

OXNARD

24 Hour Fitness - Channel Islands
1651 Victoria Ave., Ste. 160
OXNARD, CA 93035
(805) 988-6000
E

24 Hour Fitness - Oxnard Collection
400 Town Center Dr.
OXNARD, CA 93036
(805) 288-8509
E, S, P, W, SC

Anytime Fitness - Oxnard, CA
702 N. Ventura Rd.
OXNARD, CA 93030
(805) 983-7770
E

Fitness 19 - Oxnard
2721 S. Rose Ave.
OXNARD, CA 93033
(805) 486-2219
E

LA Fitness - Oxnard Channel Island Blvd.
1361 Channel Islands Blvd.
OXNARD, CA 93033
(805) 200-4855
E

Amenities Legend

E - Cardio/Strength Equipment F - Full P - Year Round Swimming Pool P* - Seasonal Swimming Pool S - Steam and/or Sauna
SC - SilverSneakers Classes W - Hot Tub/Whirlpool

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Fitness Centers

Planet Fitness - Oxnard

2059 N. Oxnard Blvd.
OXNARD, CA 93036
(805) 981-8181
E

SIMI VALLEY

24 Hour Fitness - Simi Tapo

2350 Tapo St.
SIMI VALLEY, CA 93063
(805) 520-3269
E, SC

24 Hour Fitness - Simi Valley

1352 Madera Rd.
SIMI VALLEY, CA 93065
(805) 520-3440
E, S, P*, W, SC

Anytime Fitness - Simi Valley, CA

2941 Cochran St.
SIMI VALLEY, CA 93065
(805) 522-5175
E

Gold's Gym - Simi Valley

1357 E. Los Angeles Ave.
SIMI VALLEY, CA 93065
(805) 581-4653
E, S, P, W, SC

Island Health & Fitness

5750 E. Los Angeles Ave.
SIMI VALLEY, CA 93063
(805) 522-5770
E, S, SC

THOUSAND OAKS

24 Hour Fitness - Thousand Oaks

2595 E. Thousand Oaks Blvd.
THOUSAND OAKS, CA 91360
(805) 777-7300
E, S, P*, W, SC

Curves - Thousand Oaks, CA - North

1738 Moorpark Rd.
THOUSAND OAKS, CA 91360
(805) 449-0089
E

Fitness 19 - Newbury Park

161 N. Reino Rd.
THOUSAND OAKS, CA 91320
(805) 499-8119
E, S

Gold's Gym - Thousand Oaks

197 N. Moorpark Rd.
THOUSAND OAKS, CA 91360
(805) 496-9331
E, S, P, W, SC

VENTURA

Anytime Fitness - Ventura, CA

2700 E. Thompson Blvd.
VENTURA, CA 93003
(805) 628-9161
E

2950 Johnson Dr.
VENTURA, CA 93003
(805) 658-1348
E

BSF Fitness

4580 Market Street, Bldg. 2A
VENTURA, CA 93003
(805) 985-9161
E, S

LA Fitness - Ventura

1760 Victoria Ave.
VENTURA, CA 93003
(805) 289-9907
E, S, P, W

The Gym Next Door (Ventura)

2611 E. Thompson Blvd., Ste. #105
VENTURA, CA 93003
(805) 667-8967
E, SC

Amenities Legend

E - Cardio/Strength Equipment F - Full P - Year Round Swimming Pool P* - Seasonal Swimming Pool S - Steam and/or Sauna
SC - SilverSneakers Classes W - Hot Tub/Whirlpool

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Numerics

24 Hour Fitness - Camarillo . . . 15
 24 Hour Fitness - Channel Islands . . . 15
 24 Hour Fitness - Oxnard Collection . . . 15
 24 Hour Fitness - Santa Barbara . . . 15
 24 Hour Fitness - Simi Tapo . . . 16
 24 Hour Fitness - Simi Valley . . . 16
 24 Hour Fitness - Thousand Oaks . . . 16

A

Abate, Mark S MD . . . 5
 AGOURA FAMILY PRACTICE ASSOCIATES - 90 Day . . 13
 Aguirre, Thomas V MD . . . 5
 Aijian, Paul S MD . . . 3
 ALL MED DRUGS . . . 12
 ALL MED DRUGS - 90 Day . . 13
 Allen, Rene B MD . . . 6
 Allyn, Thomas R MD . . . 6
 Anderson, Seth E MD . . . 5
 Anytime Fitness - Newbury Park, CA . . . 15
 Anytime Fitness - Oxnard, CA . . 15
 Anytime Fitness - Simi Valley, CA . . . 16
 Anytime Fitness - Ventura, CA . . . 16
 ASHWIN KASHYAP MD., F.A.C.P. - 90 Day . . . 12

B

Behrman, Michael J MD . . 7
 Belkin, Richard A MD . . . 7
 Bentley, Edward S MD . . . 5

Bonometti, Claudio MD . . 5
 Brandt, Joel H MD . . . 3
 BSF Fitness . . . 16
 BURT'S PHARMACY - 90 Day . . 11, 13

C

CABRILLO PHARMACY - 90 Day . . . 13
 CALIFORNIA DERMATOLOGY INSTITUTE - 90 Day . . . 11
 Camarillo Family YMCA . . 15
 CARE PHARMACY . . . 13
 Casey, Kevin M MD . . . 8
 Chapple, John G MD . . . 7
 Chung, Richard Y MD . . . 6
 COLLEGE PHARMACY - 90 Day . . 13
 COMMUNITY HEALTH CLINICS PHARMACY - 90 Day . . 9
 COMPOUNDIA PHARMACY 805371 - 90 Day . . . 13
 CORAM CVS/SPECIALTY INFUSION SERVICES 1054 . . 9
 Corazza, Mark S MD . . . 6
 Corlett Jr, Robert C MD . . 6
 CORNER PHARMACY - 90 Day . . 11
 COSTCO - 90 Day . . . 9-10
 Craviotto, Daniel F MD . . 7
 Crunch Fitness - Santa Maria . . 15
 Cumes, David M MD . . . 7
 Curves - Santa Barbara-West/Goleta, CA . . . 15
 Curves - Thousand Oaks, CA - North . . . 16
 CVS - 90 Day . . . 9-10

D

Delio, Philip R MD . . . 6
 DIGNITY HEALTH HOME INFUSION SERVICES . . . 10

Dougherty, Alexis MD . . . 5
 DR. PHARMACY . . . 11
 DR. PHARMACY - 90 Day . . 11
 Drake, Melissa G MD . . . 6

F

FARMACIA ESTRELLA - 90 Day . . . 11
 FEDERAL DRUG CO . . . 9
 FEDERAL DRUG CO - 90 Day . . 9
 Fernandez-Kline, Blanca MD . . 3
 Fischer, Michael B MD . . . 6
 Fit Republic - Santa Maria . . 15
 Fitness 19 - Camarillo . . 15
 Fitness 19 - Newbury Park . . 16
 Fitness 19 - Oxnard . . . 15
 Frawley, Patrick J MD . . . 3

G

GELSON'S PHARMACY 32 - 90 Day . . . 13
 George Erb Fitness Center . . 15
 Gibbs, Michael G MD . . . 6
 Gidney, Brett A MD . . . 5
 Gold's Gym - Simi Valley . . 16
 Gold's Gym - Thousand Oaks . . 16
 GOLDEN LIFE PHARMACY . . 12
 Goleta Valley Cottage Hospital . . . 1
 Greenwald, Daniel R MD . . 5
 Gupta, Mukul MD . . . 5

H

HERBAY PHARMACY . . . 11
 HERBAY PHARMACY - 90 Day . . 12
 Hollstein, Steven B MD . . . 7

HOME CARE PHARMACY - 90 Day . . . 12
 HOMETOWN LTC PHARMACY 1450 . . . 10
 HOMETOWN MEDICAL PHARMACY 1482 . . . 10
 HOMETOWN MEDICAL PHARMACY 1482 - 90 Day . . 10
 HOMETOWN PHARMACY 414 - 90 Day . . . 9
 HUENEME FAMILY PHARMACY - 90 Day . . . 12
 Huffard, Lansing L MD . . . 3
 HUMANA PHARMACY . . . 9
 HUMANA SPECIALTY PHARMACY . . . 9

I

Ilvento, Joseph P MD . . . 5
 In-Shape
 Lompoc . . 15
 Santa Maria . . 15
 Island Health & Fitness . . 16

J

JDX PHARMACY . . . 10
 JDX PHARMACY - 90 Day . . 10
 JUREWITZ, DANIEL L MD . . 5

K

Kamal, Bindu M MD . . . 6
 Kanen, Todd A MD . . . 7
 Kass, Frederic C MD . . . 5-6
 Kim, Elizabeth M MD . . . 3
 Koonce, William C MD . . . 3
 Kovacs, Brent J MD . . . 5
 Kozak, Scott F MD . . . 3
 Kunz, John D MD . . . 3

L

LA Fitness - Oxnard Channel Island Blvd. . . . 15

Index

LA Fitness - Ventura . . . 16
 LA JOYA PHARMACY - 90 Day
 10
 Lane, Roger I MD 3
 LANTANA PHARMACY - 90
 Day 10
 Laub, David J MD 8
 Lemon, Stephen K MD . . . 5
 Levin, Michelle A MD . . . 8
 Li, Edward N MD 7
 Liang, Fen MD 3
 Lindblad, Donald E MD . . 6
 Lompoc Family YMCA . . 15
 LOMPOC VALLEY MEDICAL
 CENTER 9
 LOMPOC VALLEY MEDICAL
 CENTER - 90 Day 9
 LOVING HANDS PHARMACY .
 12
 LOVING HANDS PHARMACY -
 90 Day 13
 LYNN OAKS COMPOUNDING
 PHARMACY 12
 LYNN OAKS COMPOUNDING
 PHARMACY - 90 Day . . . 13
 Lynn, Rikk N MD 5

M

MARIAN MEDICAL CENTER . .
 10
 MARIAN MEDICAL CENTER -
 90 Day 10
 McCaffery, John D MD . . . 7
 McFadden, Robert B MD . . 5
 MEDCENTER URGENT CARE 2
 MEDICAL ARTS PHARMACY -
 90 Day 11
 MEDICAL PLAZA PHARMACY
 11
 MEDICAL PLAZA PHARMACY -
 90 Day 11-12
 Meller, William M MD . . . 3
 MID VALLEY PHARMACY - 90
 Day 12

N

NEIGHBORHOOD PHARMACY
 INC 10
 Newman, Gregg MD . . . 5-6
 NORTH OAKS PHARMACY - 90
 Day 12

O

OJAI VALLEY COMMUNITY
 HOSPITAL PHARMAC - 90 Day
 11
 OJAI VALLEY COMMUNITY
 HOSPITAL PHARMACY . . 11
 Ojai Valley Gym 15
 OJAI VILLAGE PHARMACY
 605 11
 OJAI VILLAGE PHARMACY
 605 - 90 Day 11
 OMAC PHARMACY - 90 Day .
 12
 OPTION CARE 12118 . . . 13
 Orias, David W MD 8
 OXNARD DRUG - 90 Day 12

P

PALM PHARMACY - 90 Day . .
 12
 Park, John K MD 6
 PASEO OAKS PHARMACY - 90
 Day 13
 PAVILIONS PHARMACY 2215
 - 90 Day 13
 Payne, Matthew S MD . . . 3
 Pearson, Steven W MD . . . 7
 Penn, Juliet M MD 8
 Peters, Kim L LCP-C 4
 Pier Fitness 15
 Planet Fitness - Camarillo 15
 Planet Fitness - Lompoc 15
 Planet Fitness - Oxnard. 16
 PLAZA PHARMACY - 90 Day .
 13

Polito, Jeffrey R MD 3
 PRESCRIPTION PHARMACY -
 90 Day 9
 PUBLIC HEALTH PHARMACY
 LOMPOC - 90 Day 9
 PUBLIC HEALTH PHARMACY
 SANTA MARIA - 90 Day . . 10

Q

Quijano, Ralph MD 6

R

RALPHS PHARMACY 703664 -
 90 Day 13
 RALPHS PHARMACY 703680 -
 90 Day 9
 RALPHS PHARMACY 703729 -
 90 Day 11
 RALPHS PHARMACY 703741 -
 90 Day 10
 Ramos, Susanne L MD 6
 Rashti, Pedram MD 6
 REGENCY MEDICAL PHARMA-
 CY - 90 Day 11
 Rink, Donald T MD 7
 RITE AID - 90 Day . . . 9-10
 ROGERS PHARMACY - 90 Day
 13
 ROLLING OAKS PHARMACY -
 90 Day 14
 Ruth, Robert M MD 7
 RX POINT PHARMACY INC -
 90 Day 12

S

Sager, Jeffrey S MD 7
 SAM'S CLUB - 90 Day . . . 10
 SAN YSIDRO PHARMACY INC -
 90 Day 9
 Santa Barbara Cottage Hos-
 pital 1
 SANTA BARBARA COTTAGE
 HOSPITAL DISCHAR - 90 Day

9
 SANTA BARBARA SPECIALTY
 PHARMACY 8057702061 . . 9
 Santa Ynez Valley Cottage
 Hospital 1
 SAV-ON PHARMACY 0355 -
 90 Day 9
 SAV-ON PHARMACY 0391 -
 90 Day 11
 SAVON PHARMACY 0393 - 90
 Day 12
 SAVON PHARMACY 1348 - 90
 Day 10
 SAVON PHARMACY 1394 - 90
 Day 10
 SAV-ON PHARMACY 3171 -
 90 Day 9
 SEEBER'S PHARMACY - 90
 Day 12
 SEENA PHARMACY 2 - 90 Day
 10
 Sekhon, Novejot K MD . . 5-6
 SIMI PHARMACY - 90 Day 12
 SPECIALTY CARE PHARMACY
 - 90 Day 14
 Spiegel, Timothy M MD . . . 7
 ST JOHNS PLEASANT VALLEY
 HOSPITAL 10
 ST. GEORGE PHARMACY - 90
 Day 13
 STANS DRUGS - 90 Day . . 12
 STAR DRUG CO - 90 Day . 10
 STARS PHARMACY - 90 Day 9

T

Tacconelli, Victor A MD . . . 7
 Taguchi, Julie A MD . . . 5-6
 TAPO PHARMACY - 90 Day 12
 Taylor, Robert A MD 6
 The Gym Next Door 15
 The Gym Next Door (Ventura)
 16
 THE MEDICINE SHOPPE
 PHARMACY 0383 11

THE MEDICINE SHOPPE
 PHARMACY 0383 - 90 Day 12
 THE MEDICINE SHOPPE
 PHARMACY 0387 - 90 Day 13
 THE MEDICINE SHOPPE
 PHARMACY 0489 11
 THE MEDICINE SHOPPE
 PHARMACY 0489 - 90 Day 11
 THE MEDICINE SHOPPE
 PHARMACY 0793 9
 THE MEDICINE SHOPPE
 PHARMACY 0793 - 90 Day 10
 THE MEDICINE SHOPPE
 PHARMACY 1152 10
 THE MEDICINE SHOPPE
 PHARMACY 1152 - 90 Day 10
 THE MEDICINE SHOPPE
 PHARMACY 1382 - 90 Day 12
 THE MEDICINE SHOPPE
 PHARMACY 1422 13
 THE MEDICINE SHOPPE
 PHARMACY 1422 - 90 Day 13
 THE MEDICINE SHOPPE
 PHARMACY 1461 - 90 Day 11
 THE MEDICINE SHOPPE
 PHARMACY 1508 - 90 Day 13
 Thoman, David S MD 7
 TOTAL HEALTH CENTER INC -
 90 Day 11
 Tubiolo, Vincent C MD 5

V

VENTURA COUNTY HEMATOLOGY
 ONCOLOGY SPE - 90 Day
 11
 VENTURA COUNTY PHARMACY,
 MSI 2071 13
 VENTURA COUNTY PHARMACY,
 MSI 2071 - 90 Day . . . 13
 VONS PHARMACY 1610 - 90
 Day 13
 VONS PHARMACY 1738 - 90
 Day 9
 VONS PHARMACY 1913 - 90

Day 12
 VONS PHARMACY 2092 - 90
 Day 13
 VONS PHARMACY 2101 - 90
 Day 10
 VONS PHARMACY 2164 - 90
 Day 13
 VONS PHARMACY 2431 - 90
 Day 13
 VONS PHARMACY 2436 - 90
 Day 12
 VONS PHARMACY 2501 - 90
 Day 12
 VONS PHARMACY 2678 - 90
 Day 13
 VONS PHARMACY 2692 - 90
 Day 12
 VONS PHARMACY 2825 - 90
 Day 12
 VU PHARMACY - 90 Day. 11

W

WALGREENS - 90 Day . 9-10
 WALMART - 90 Day . . 9-10
 WALMART PHARMACY . . 9
 Westhoff-Pankratz, Tricia L
 MD 8
 WESTLAKE VILLAGE PHARMACY
 2008 - 90 Day . . . 14
 Wexlar, Alan MD 3
 WOOD RANCH PHARMACY &
 COMPOUNDING CENT - 90
 Day 12
 Wu, Wilson C MD 7

Z

Zauner, Alois MD 6
 Zemjanis, John P MD . . . 3
 ZOLI RX PHARMACY - 90 Day
 12
 Zweber, Thomas J MD . . . 7

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This directory was updated on 12/04/2018.
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To get the most up-to-date information about Humana Gold Plus HMO network providers in your area, or for questions about the information in this directory, you can visit **Humana.com** or call Customer Care at **1-800-457-4708**. If you use a TTY, call **711**. You can call us seven days a week, from 8 a.m. to 8 p.m. However, please note that our automated phone system may answer your call during weekends and holidays from February 15 to September 30. Please leave your name and telephone number, and we'll call you back by the end of the next business day.

Para obtener la información más actualizada acerca de los proveedores de la red de Humana Gold Plus HMO localizados en su área, puede visitar **Humana.com** o llamar al departamento de Atención al cliente al **1-800-457-4708**. Si usa un TTY, llame al **711**. Puede llamarnos los siete días de la semana, entre las 8 a.m. y las 8 p.m. Sin embargo, tenga en cuenta que nuestro sistema telefónico automatizado puede responder su llamada durante los fines de semana y los días festivos entre el 15 de febrero y el 30 de septiembre. Deje su nombre y número de teléfono y le devolveremos la llamada antes del final del siguiente día hábil.

Changes to our network may occur during the benefit year. An updated Directory is located on our website at **Humana.com**. You may also call Customer Care for updated provider information.

Es posible que se produzcan cambios en nuestra red durante el año de beneficios. Puede consultar el Directorio actualizado en nuestro sitio Web en **Humana.com**. También puede llamar a nuestro departamento de Atención al cliente para obtener información actualizada sobre los proveedores.

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12/18