

2018

Provider Directory

Directorio de proveedores

This directory was updated on
12/04/2018.

Este directorio fue actualizado el
12/04/2018.

Humana Gold Plus® HMO
Humana Value Plus™ HMO
Greater Tri Cities IPA

Changes to our network may occur during the benefit year. An updated Directory is located on our website at **Humana.com**. You may also call Customer Care for updated provider information.

Es posible que se produzcan cambios en nuestra red durante el año de beneficios. Puede consultar el Directorio actualizado en nuestro sitio Web en **Humana.com**. También puede llamar a nuestro departamento de Atención al cliente para obtener información actualizada sobre los proveedores.

To get the most up-to-date information about Humana Gold Plus HMO or Humana Value Plus HMO network providers in your area, or for questions about the information in this directory, you can visit **Humana.com** or call Customer Care at **1-800-457-4708**. If you use a TTY, call **711**. You can call us seven days a week, from 8 a.m. to 8 p.m. However, please note that our automated phone system may answer your call during weekends and holidays from February 15 to September 30. Please leave your name and telephone number, and we'll call you back by the end of the next business day.

Para obtener la información más actualizada acerca de los proveedores de la red de Humana Gold Plus HMO o Humana Value Plus HMO localizados en su área, puede visitar **Humana.com** o llamar al departamento de Atención al cliente al **1-800-457-4708**. Si usa un TTY, llame al **711**. Puede llamarnos los siete días de la semana, entre las 8 a.m. y las 8 p.m. Sin embargo, tenga en cuenta que nuestro sistema telefónico automatizado puede responder su llamada durante los fines de semana y los días festivos entre el 15 de febrero y el 30 de septiembre. Deje su nombre y número de teléfono y le devolveremos la llamada antes del final del siguiente día laborable.

Humana®

Humana Gold Plus HMO or Humana Value Plus HMO Provider Directory

This directory is current as of 12/04/2018.

Humana has developed this sub-network directory to help members understand their available network of providers based upon the member's Primary Care Provider (PCP) selection. Members are allowed to select a PCP outside of this sub-network. Enrollees should understand that if they choose a PCP outside of this sub-network, their network of specialists may differ. Enrollees can request a complete directory of contracted providers at any time. For a full listing of the plan's network, please call Customer Care (details on front and back cover) or visit our website at **Humana.com**.

This directory contains providers in the following states, counties, parishes or municipalities:

CA:San Diego

This document is available in other formats such as Braille and large print. Contact Customer Care for more information.

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Introduction

This directory provides a list of Humana Gold Plus HMO or Humana Value Plus HMO network providers. To get detailed information about your health care coverage, please see your Evidence of Coverage.

You will have one of our network providers to be your Primary Care Provider (PCP). The term "PCP" will be used throughout this directory. Generally, you must get your health care services from your PCP. A listing of Primary Care Providers affiliated with this sub-network is included in this directory. Members are allowed to select a PCP outside of this sub-network. For a full listing of Primary Care Provider, please call Customer Care (details on front and back cover pages) or visit our website at **Humana.com**.

How to get the most out of your network

The network providers listed in this directory have agreed to provide you with your health care services. You may go to any of our network providers listed in this directory; however, some services may require a referral. You must use network providers except in emergency, or in an urgently needed care situation, or when you require kidney dialysis services that you get at a Medicare-certified dialysis facility when you are temporarily outside the plan's service area. If you obtain routine care from out-of-network providers, neither Medicare nor Humana Gold Plus will be responsible for the costs.

If your plan has providers with preferred cost-sharing as part of its benefits, please refer to the Evidence of Coverage for more information on the cost-sharing for each tier.

What you should do if you have bills from out-of-network providers that you think should be paid by Humana Gold Plus HMO or Humana Value Plus HMO.

We cover certain health care services that you get from out-of-network providers. These include care for a medical emergency, urgently needed care, renal dialysis (kidney) services that you get when you are outside the plan's service area, care that has been approved in advance by the plan, and any services which were ordered covered through an appeals process. If an out-of-network provider asks you to pay for covered services you get in these situations, please call Customer Care (details on front and back cover). Or send the bill(s) with a note explaining the situation to:

**You may submit a claim to the address on the back of your ID card or
Humana Claims Office
P.O. Box 14601
Lexington, KY 40512-4601**

You should never pay any out-of-network provider more than what the provider is allowed by Medicare. Ask the out-of-network provider to bill us first. If you have already paid for the covered services, we will reimburse you for our share of the cost. If you get a bill for the services, you can send the bill to us for payment. We will pay your out-of-network provider for our share of the bill and will let you know the amount, if any, you must pay.

If you have an emergency, we will talk with the doctors who are giving you emergency care to help manage and follow up on your care. The doctors who are giving you emergency care will decide when your condition is stable and the medical emergency is over.

After the emergency is over you are entitled to follow-up care to be sure your condition continues to be stable. Your follow-up care will be covered by our plan. If your emergency care is provided by out-of-network providers, we will try to arrange for network providers to take over your care as soon as your medical condition and the circumstances allow.

Suppose that you are temporarily outside the plan's service area, but still in the United States and territories. If you have an urgent need for care, you probably will not be able to find or get to one of the providers in our plan's network. In this situation (when you are outside the service area and cannot get care from network providers), our plan will cover urgently needed care that you get from any provider.

Our plan does not cover urgently needed care or any other non-emergency care if you receive the care outside of the United States and territories.

If you receive emergency care at an out-of-network hospital and need inpatient care after your emergency condition is stabilized, you must return to a network hospital in order for your care to continue to be covered OR you must have your inpatient care at the out-of-network hospital authorized by the plan and your cost is the cost sharing you would pay at a network hospital.

Getting Care from Specialists

When your PCP thinks that you need specialized treatment, he or she may give you a "referral" (approval ahead of time) to see a network specialist. For some types of referrals to plan specialists, your PCP may need to get approval ahead of time from the plan. This is called "prior authorization".

It is very important to get a referral from your PCP before you see a network specialist. However, you don't need to get a referral for certain services, see the section on "Self Referrals" below. If you don't have a referral before you get services from a specialist, you may have to pay for these services yourself. If the specialist wants you to come back for follow-up visits, be sure to check the original referral to see if these were included.

Each PCP has certain network specialists they use for referrals. This means that the Humana Gold Plus HMO or Humana Value Plus HMO specialists you can use may depend on which person you choose to be your PCP. If there are specific specialists you want to use, find out whether your PCP refers patients to these specialists. Please refer to your Evidence of Coverage for information about changing your PCP. If there are specific hospitals you wish to use, find out whether your PCP uses these hospitals.

For information on what specialties require a referral or prior authorization, please refer to Chapter 4 of your Evidence of Coverage (EOC).

Mental Health

For mental health or substance abuse services, you or your counselor must contact your PCP for authorization. Please call the PCP's phone number that is listed on your plan identification card. For additional information, go to **Humana.com** or contact the phone number listed on your plan identification card.

Transplant Services

Use of a general service facility for transplant services may result in substantial additional expense to you. For transplant related services, please call 1-866-421-5663 (TTY: 1-800-336-6709). Our hours are Monday through Friday, 8:30 a.m. to 5:00 p.m.

Humana Fitness

Not all Medicare Advantage plans offer a fitness benefit. Please refer to your Evidence of Coverage for fitness benefit information.

Vision Providers

Not all Medicare Advantage plans offer a vision benefit and benefits may vary between plans. Please refer to your Evidence of Coverage for vision benefit information.

Dental Providers

Not all Medicare Advantage plans offer a dental benefit and benefits may vary between plans. Please refer to your Evidence of Coverage for dental benefit information.

Self-Referrals

In some cases, you can get coverage for the services listed below without a referral or approval ahead of time from your PCP. **"Self-referred"** means you get services on your own from network physicians.

The following services may be self-referred:

- Emergency services, whether you get these services from plan providers or out-of-network providers.
 - Urgently needed care that you get from out-of-network providers when you are temporarily outside the plan's service area.
 - Renal dialysis (kidney) services that you get when you are temporarily outside the plan's service area.
 - All Medicare covered preventive services as long as you get them from a network provider. These services are listed in the benefits chart in Chapter 4 of your Evidence of Coverage (EOC).
-

Hospital Services

The presence of a hospital in this directory does not always guarantee that you will be referred to that particular hospital. Your physician may not admit to all network hospitals. However, inpatient hospital admissions, except in emergency and urgently needed care situations, will require prior authorization from us.

Hospitalist Program

If your PCP participates in the Hospitalist Program, and you are admitted to the hospital, all aspects of your care will be actively directed and coordinated by a full time physician specially trained in inpatient care. The physician is referred to as a hospitalist and is independently contracted and board-certified or eligible for board certification by the American Board of Internal Medicine.

A case management coordinator, another member of the hospitalist team, is a licensed nurse trained in patient care management. He or she coordinates your needs and services (such as lab work, X-rays, consultations and more) with the hospitalist physician.

Your hospitalist physician and case management coordinator will report your condition and progress to your PCP regularly. They may also schedule a follow-up appointment with your PCP.

What is the service area for Humana Gold Plus HMO or Humana Value Plus HMO?

The counties (parts of counties), parishes, or municipalities in our service area are listed below.

H5619-016-000: CA: San Diego

H5619-037-000: CA: Los Angeles, Orange, Riverside, San Bernardino, San Diego

How do you find Humana Gold Plus HMO or Humana Value Plus HMO network providers in your area?

Providers are listed in this directory by the type of provider. Within each provider type, providers are listed alphabetically by state, then by county and then by city.

Some of our network providers may also be Medicaid certified. Please contact the provider's office in advance to verify their status.

If you have questions about Humana Gold Plus HMO or Humana Value Plus HMO or require assistance in selecting a PCP, please call our Customer Care Department (details on front and back cover). You can also visit our website at **Humana.com**.

Network Pharmacies

If you have questions about network pharmacies or require assistance in locating a network pharmacy, please call our Customer Care Department (details on front and back cover) or visit our website at **Humana.com**.

Directorio de Proveedores de Humana Gold Plus HMO o Humana Value Plus HMO

Este directorio está actualizado a partir del 12/04/2018.

Humana ha desarrollado este directorio de subredes para ayudar a los afiliados a entender cuál es la red de proveedores disponible basada en la selección del proveedor de cuidado primario (PCP, por sus siglas en inglés) del afiliado. Los afiliados pueden elegir un médico de cuidado primario fuera de esta subred. Los afiliados deben entender que si eligen un médico de cuidado primario fuera de esta subred, su red de especialistas puede ser diferente. Los afiliados pueden solicitar un directorio completo de proveedores contratados en cualquier momento. Para obtener un listado completo de la red del plan, llame al departamento de Atención al Cliente (consulte la información en la portada y la parte de atrás) o visite nuestro sitio Web en **espanol.humana**.

Este directorio contiene proveedores en los siguientes estados, condados, parroquias o municipalidades:
CA:San Diego

Este documento está disponible en otros formatos como Braille y letra grande. Contacte a Atención al cliente para obtener más información.

ESTA PÁGINA SE HA DEJADO EN BLANCO POR REQUISITOS DE IMPRESIÓN

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Introducción

Este directorio proporciona una lista de los proveedores de la red de Humana Gold Plus HMO o Humana Value Plus HMO. Para obtener información detallada acerca de sus cobertura de cuidado de la salud, consulte su Evidencia de cobertura.

Usted elegirá uno de los proveedores de nuestra red para que sea su proveedor de cuidado primario (PCP). El término "PCP" se utilizará bastante en este directorio. Por lo general, usted deberá recibir sus servicios de cuidado de la salud a través de su PCP. Se incluye en este directorio una lista de los proveedores de cuidado primario a esta subred. Los afiliados pueden elegir un médico de cuidado primario fuera de esta subred. Para obtener un listado completo de los proveedores de cuidado primario, llame al departamento de Atención al Cliente (detalles a continuación) o visite Web en **espanol.humana**.

Cómo aprovechar al máximo su red

Los proveedores de la red que están en este directorio han aceptado proporcionarle sus servicios de cuidado de la salud. Puede visitar a cualquiera de los proveedores de nuestra red que están en este directorio; pero es posible que algunos de los servicios requieran un referido. Usted debe utilizar los proveedores de la red excepto en situaciones de emergencia, o en una situación de cuidado que se necesite con urgencia o en caso de requerir los servicios de diálisis renal que reciba en un centro de diálisis certificado por Medicare cuando se encuentre temporalmente fuera del área de servicio del plan. Si usted utiliza proveedores fuera de la red para su cuidado de rutina ni Medicare ni Humana Gold Plus serán responsables por los costos.

Si su plan tiene proveedores con costo compartido preferido como parte de los beneficios, consulte la Evidencia de cobertura para más información sobre el costo compartido de cada nivel.

Qué debe hacer en caso de recibir facturas de proveedores fuera de la red y que usted cree que deberían ser canceladas por Humana Gold Plus HMO o Humana Value Plus HMO.

Nosotros cubrimos ciertos servicios de cuidado de la salud que usted reciba de proveedores fuera de la red. Entre estos se encuentran cuidado que usted reciba en una emergencia médica, cuidado que se necesite con urgencia, servicios de diálisis renal (riñón) que usted reciba fuera del área de servicio del plan, cuidado que haya sido aprobado con anticipación por el plan, y servicios cuya cobertura haya sido ordenada a través de un proceso de apelación. Si un proveedor fuera de la red le pide pagar por servicios cubiertos que usted reciba en alguno de estos casos, llame al departamento de Atención al Cliente (consulte la información detallada en la portada y la parte de atrás). O envíe la(s) factura(s) con una nota explicando la situación a:

Puede presentar una reclamación en la dirección que está al reverso de su tarjeta de identificación O
Humana Claims Office
P.O. Box 14601
Lexington, KY 40512-4601

Usted nunca deberá pagar a ningún proveedor fuera de la red más de la cantidad permitida por Medicare. Pídale al proveedor fuera de la red que antes nos envíe una factura. Si usted ya pagó por los servicios cubiertos, nosotros le reembolsaremos la parte que nos corresponde del costo. Si usted recibe una factura por los servicios, nos la puede enviar para que nosotros la paguemos. Nosotros le pagaremos al proveedor fuera de la red la parte que nos corresponde de la factura y le informaremos a usted la cantidad que debe pagar, en caso de que sea necesario.

Si tiene una emergencia, nosotros hablaremos con los médicos que le están proporcionando el cuidado de emergencia para ayudar a manejar y hacer el seguimiento de su cuidado. Los médicos que le están proporcionando el cuidado de emergencia decidirán cuándo su estado es estable y que la emergencia médica ha terminado.

Después de que la emergencia haya terminado usted tiene derecho a recibir cuidado de control posterior para asegurarse de que su estado continúe estable. Nuestro plan cubrirá su cuidado de control posterior. Si su cuidado de emergencia es proporcionada por proveedores fuera de la red, nosotros intentaremos coordinar para que proveedores de la red se encarguen de su cuidado tan pronto como lo permitan las circunstancias y su afección médica.

Supongamos que usted se encuentra temporalmente fuera del área de servicio del plan, pero dentro de los Estados Unidos o sus territorios. Si necesita cuidado de urgencia, es posible que no pueda encontrar o conseguir a uno de los proveedores de la red de nuestro plan. En este caso (cuando usted se encuentra fuera del área de servicio y no puede obtener cuidado de proveedores de la red), nuestro plan cubrirá el cuidado médico que se necesita con urgencia que usted reciba de cualquier proveedor.

Nuestro plan no cubre cuidado médico que se necesita con urgencia ni ningún otro cuidado que no sea de emergencia si usted lo recibe fuera de los Estados Unidos o sus territorios.

Si usted recibe cuidado de emergencia en un hospital fuera de la red y necesita cuidado como paciente interno después de que su afección de emergencia se estabiliza, debe regresar a un hospital de la red para que su cuidado continúe estando cubierta O debe recibir su cuidado como paciente interno en el hospital fuera de la red autorizado por el plan y su costo es el costo compartido que usted pagaría en un hospital de la red.

Obtener cuidado de especialistas

Cuando su PCP cree que usted necesita tratamiento especializado, él o ella podrá darle un "referido" (aprobación anticipada) para ver a un especialista de la red. Para ciertos tipos de referidos a especialistas del plan, su PCP deberá obtener una aprobación del plan con anticipación. Esto se llama "autorización previa".

Es muy importante obtener un referido de su PCP antes de ver a un especialista de la red. No obstante, usted no necesita obtener un referido para recibir ciertos servicios, consulte la sección a continuación que se trata de "Autorreferidos". Si usted no obtiene un referido antes de recibir los servicios de un especialista, es posible que usted mismo deba pagar por dichos servicios. Si el especialista desea que usted regrese para hacerle control posterior, asegúrese de revisar el referido original para ver si éste se encuentra incluido.

Cada PCP tiene especialistas de la red que él/ella usa para hacer sus referidos. Esto significa que los especialistas de Humana Gold Plus HMO o Humana Value Plus HMO que usted puede utilizar pueden depender de la persona que usted elija como su PCP. Si hay algún especialista en particular que usted desea consultar, verifique si su PCP hace referidos de pacientes a dicho especialista. Para obtener información acerca de cómo cambiar de PCP, consulte su Evidencia de Cobertura. Si hay algún hospital en particular que usted desea utilizar, verifique si su PCP utiliza dicho hospital.

Para obtener información sobre las especialidades que requieren un referido o autorización previa, consulte el Capítulo 4 de la Evidencia de cobertura (EOC, por sus siglas en inglés).

Salud mental

Para los servicios de salud mental o de tratamiento de abusos de sustancias, usted o su asesor debe comunicarse con su PCP para la autorización. Llame al número de teléfono del PCP que aparece en su tarjeta de identificación del plan. Para obtener información adicional, visite **Humana.com** o llame al número de teléfono que aparece en su tarjeta de identificación del plan.

Servicios de trasplante

El uso de un centro de servicios generales para servicios de trasplante puede resultar en un costo adicional significativo para usted. Para los servicios relacionados con los trasplantes, llame al 1-866-421-5663 (TTY: 1-800-336-6709). Nuestro horario es de lunes a viernes, de 8:30 a.m. a 5:00 p.m.

Humana Fitness

No todos los planes Medicare Advantage ofrecen un beneficio de acondicionamiento físico. Para obtener información sobre los beneficios de acondicionamiento físico consulte su Evidencia de cobertura.

Proveedores de cuidado de la vista

No todos los planes Medicare Advantage ofrecen un beneficio para la vista y los beneficios pueden variar entre los planes. Consulte su Evidencia de cobertura para obtener información sobre el beneficio para la vista.

Proveedores dental

No todos los planes Medicare Advantage ofrecen un beneficio dental y los beneficios pueden variar entre los planes. Consulte su Evidencia de cobertura para obtener información sobre el beneficio dental.

Autorreferidos

En algunos casos, usted puede recibir cobertura para los servicios enumerados a continuación sin necesidad de que su PCP le dé un referido o aprobación anticipada. "**Autorreferido**" significa que usted puede recibir los servicios sin referido de médicos de la red.

Los siguientes servicios pueden ser de autorreferido:

- Servicios de emergencia, independientemente de si los recibe de proveedores del plan o de proveedores fuera de la red.
 - Cuidado que se necesita con urgencia que usted reciba de proveedores fuera de la red cuando se encuentra temporalmente fuera del área de servicio del plan.
 - Servicios de diálisis renal (riñón) que usted recibe cuando se encuentra temporalmente fuera del área de servicio del plan.
 - Todos los servicios preventivos cubiertos por Medicare siempre y cuando los reciba de un proveedor de la red. Estos servicios aparecen en la tabla de beneficios del Capítulo 4 de su Evidencia de cobertura (EOC).
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Servicios hospitalarios

La presencia de hospitales en este directorio no siempre garantiza que usted será referido a un hospital en particular. Es posible que su médico no conceda admisiones a todos los hospitales de la red para las hospitalizaciones. No obstante, las hospitalizaciones como paciente interno, salvo en casos de emergencia o de cuidado que se necesita con urgencia, requerirán nuestra autorización previa.

Programa de hospitalistas

Si su PCP participa en el Programa de hospitalistas, y usted es admitido al hospital, todos los aspectos de su cuidado serán dirigidos y coordinados activamente por un médico de tiempo completo especialmente capacitado para cuidado de hospitalización. El médico se conoce como hospitalista y es contratado de manera independiente y tiene certificación en su especialidad o reúne los requisitos necesarios para su certificación por la Junta Americana de Medicina Interna.

Un coordinador de administración de casos, otro miembro del equipo de hospitalistas, es un/a enfermero/a con licencia capacitado/a en la administración de cuidado de pacientes. Él o ella coordina todas las necesidades y los servicios (como los análisis de laboratorio, radiografías, consultas y mucho más) con el médico hospitalista.

Su médico hospitalista y coordinador de administración de casos darán informes regulares sobre su estado y progreso a su PCP. También podrán programar una cita de control posterior con su PCP.

¿Cuál es el área de servicio de Humana Gold Plus HMO o Humana Value Plus HMO?

Los condados (partes de los condados), parroquias o municipalidades de nuestra área de servicio aparecen a continuación.

H5619-016-000: CA: San Diego

H5619-037-000: CA: Los Angeles, Orange, Riverside, San Bernardino, San Diego

¿Cómo encuentra proveedores de la red de Humana Gold Plus HMO o Humana Value Plus HMO en su área?

Los proveedores están en este directorio de acuerdo al tipo de proveedor. Dentro de cada tipo de proveedor, los proveedores están en orden alfabético por estado, luego por condado y luego por ciudad.

Algunos de los proveedores de nuestra red también pueden ser certificados por Medicaid. Póngase en contacto con el consultorio del proveedor con anticipación para verificar su estado.

Si tiene alguna pregunta acerca de Humana Gold Plus HMO o Humana Value Plus HMO o requiere asistencia para seleccionar a un PCP, llame a nuestro departamento de Atención al Cliente (consulte la información detallada en la portada y la parte de atrás). También puede visitar nuestro sitio Web en **espanol.humana.com**.

Farmacias de la red

Si tiene alguna pregunta acerca de las farmacias de la red o requiere asistencia para localizar una farmacia de la red, llame a nuestro departamento de Atención al Cliente (consulte la información detallada en la portada y la parte de atrás) o visite nuestro sitio Web en **espanol.humana**.

Provider Type Listing

Spanish	English
Alergias e inmunología	Allergy & Immunology
Anestesiología	Anesthesiology
Audiología	Audiology
Cardiología	Cardiology
Cardiología - intervencionista	Cardiology - Interventional
Centro de atención de heridas	Wound Care Center
Centro de atención de urgencia	Urgent Care Center
Centro de atención médica para enfermedades agudas	Long Term Acute Care Facility
Centro de cáncer ambulatorio	Outpatient Cancer Center
Centro de cáncer de mama	Breast Cancer Center
Centro de diagnóstico por imágenes	Imaging Center
Centro de endoscopia	Endoscopy Center
Centro de enfermería especializada	Skilled Nursing Facility
Centro de mamografía	Mammography Center
Centro de salud con aprobación federal	Federally Qualified Health Center
Centro quirúrgico ambulatorio	Ambulatory Surgery Center
Centros de cirugía ambulatoria	Outpatient Surgery Centers
Cirugía	Surgery
Cirugía - Cirugía de manos	Surgery - Hand Surgery
Cirugía - Oral y maxilofacial	Surgery - Oral & Maxillofacial
Cirugía - Torácica	Surgery - Thoracic
Cirugía - Torácica cardiovascular	Surgery - Thoracic Cardiovascular
Cirugía - Urológica	Surgery - Urological
Cirugía - Vascular	Surgery - Vascular
Cirugía ginecológica	Gynecologic Surgery
Cirugía neurológica	Neurologic Surgery

Spanish	English
Cirugía ortopédica	Orthopedic Surgery
Cirugía plástica	Plastic Surgery
Cirugía de la retina	Retina Surgery
Clínica de salud rural	Rural Health Clinic
Clínica de trastornos del sueño	Sleep Disorder Clinic
Control del dolor - Anestesiología	Pain Management - Anesthesiology
Dentistería - Oral y maxilofacial	Dentistry - Oral & Maxillofacial
Dermatología	Dermatology
Endocrinología	Endocrinology
Endocrinología reproductiva e infertilidad	Reproductive Endocrinology & Infertility
Enfermedad cardiovascular	Cardiovascular Disease
Enfermedad pulmonar	Pulmonary Disease
Enfermedades infecciosas	Infectious Disease
Equipo médico duradero	Durable Medical Equipment
Especialista de la córnea	Corneal Specialist
Farmacia	Pharmacy
Gastroenterología	Gastroenterology
Genética médica	Medical Genetics
Ginecología	Gynecology
Hematología y oncología	Hematology & Oncology
Hospicio	Hospice
Hospital de rehabilitación	Rehabilitation Hospital
Hospital de salud mental	Mental Health Hospital
Hospitales	Hospitals
Laboratorio	Laboratory
Medicina física y rehabilitación	Physical Medicine & Rehabilitation
Medicina geriátrica	Geriatric Medicine
Medicina interna	Internal Medicine
Medicina nuclear	Nuclear Medicine
Medicina nuclear - Cardiología nuclear	Nuclear Medicine - Nuclear Cardiology
Medicina para el sueño	Sleep Medicine

Spanish	English
Medicina preventiva	Preventive Medicine
Medicina preventiva - Medicina aeroespacial	Preventive Medicine - Aerospace Medicine
Nefrología	Nephrology
Neurología	Neurology
Obstetricia y ginecología	Obstetrics & Gynecology
Oftalmología	Ophthalmology
Oftalmología - Optometría	Ophthalmology - Optometry
Oído, nariz y garganta	Ear, Nose, & Throat
Oncología ginecológica	Gynecologic Oncology
Optometría	Optometry
Ortopedia	Orthopedic
Ortopedia - Cirugía de manos	Orthopedic - Hand Surgery
Patología	Pathology
Podología	Podiatry
Práctica familiar	Family Practice
Práctica general	General Practice
Proctología	Proctology
Protética y ortopedia	Prosthetics & Orthotics
Psicología	Psychology
Psiquiatría	Psychiatry
Radiología	Radiology
Radioterapia	Radiation Therapy
Radioterapia oncológica	Radiation Oncology
Rehabilitación - Ambulatoria	Rehabilitation - Outpatient
Rehabilitación - Subaguda	Rehabilitation - Subacute
Rehabilitación cardíaca	Cardiac Rehabilitation
Resonancia magnética (MRI)	Magnetic Resonance Imaging (MRI)
Reumatología	Rheumatology
Servicio de ambulancia	Ambulance Service
Servicios de atención médica en el hogar	Home Health Care Services
Servicios de diagnóstico ambulatorios	Outpatient Diagnostic Services
Servicios de diálisis	Dialysis Services
Servicios de laboratorio	Laboratory Services

Spanish	English
Servicios de salud mental y tratamiento de abusos de sustancias	Mental Health & Substance Abuse
SIDA	HIV/AIDS Specialist
Sólo obstetricia	Obstetrics Only
Suministros médicos	Medical Supplies
Suministros para la diabetes	Diabetic Supplies
Terapia de infusión	Infusion Therapy
Terapia de infusión casera	Home Infusion Therapy
Tocoginecólogo - Obstetricia y ginecología - PCP	OBGYN - Obstetrics & Gynecology - PCP
Transporte de no emergencia	Non-emergency Transportation
Urología	Urology

Discrimination is Against the Law

Humana Inc. and its subsidiaries comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, or sex. Humana Inc. and its subsidiaries do not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Humana Inc. and its subsidiaries provide:

- Free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.
- Free language services to people whose primary language is not English when those services are necessary to provide meaningful access, such as translated documents or oral interpretation.

If you need these services, call 1-800-281-6918, or if you use a TTY, call 711.

If you believe that **Humana Inc. and its subsidiaries** have failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with:

Discrimination Grievances

P.O. Box 14618
Lexington, KY 40512 - 4618

If you need help filing a grievance, call 1-800-281-6918 or if you use a TTY, call 711.

You can also file a civil rights complaint with the **U.S. Department of Health and Human Services**, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at:

U.S. Department of Health and Human Services

200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Complaint forms are available at <http://www.hhs.gov/ocr/office/file/index.html>

La discriminación es contra la ley

Humana, Inc. y sus subsidiarias cumplen con todas las leyes aplicables de derechos civiles federales y no discriminan por motivos de raza, color de la piel, origen nacional, edad, discapacidad o sexo. Humana Inc. y sus subsidiarias no excluyen a nadie, ni los tratan de manera diferente por motivos de raza, color de la piel, origen nacional, edad, discapacidad o sexo.

Humana Inc. y sus subsidiarias proporcionan:

- Ayudas y servicios auxiliares gratuitos, como por ejemplo intérpretes acreditados para hablar por señas, interpretación remota por video e información escrita en otros formatos para personas con discapacidades cuando dichas ayudas y servicios auxiliares sean necesarios para garantizar la igualdad de oportunidades de participación.
- Servicios gratuitos de idiomas para personas cuyo idioma principal no es el inglés, cuando dichos servicios sean necesarios para proporcionar acceso útil, tales como documentos traducidos o interpretación oral.

Si necesita estos servicios, llame al 1-800-281-6918 o bien, si utiliza un TTY, llame al 711.

Si usted cree que **Humana Inc. y sus subsidiarias** han fallado en proveer estos servicios o le han discriminado de otra forma por motivos de raza, color de la piel, origen nacional, edad, discapacidad o sexo, puede presentar una queja formal ante:

Discrimination Grievances
P.O. Box 14618
Lexington, KY 40512 - 4618

Si necesita ayuda para presentar una queja formal, llame al 1-800-281-6918 o bien, si utiliza un TTY, llame al 711.

También puede presentar una queja de derechos civiles con el **Departamento de Salud y Servicios Humanos**, Oficina de Derechos Civiles, por medios electrónicos a través del portal de quejas de la Oficina de Derechos Civiles, en: <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, por correo postal o por teléfono al:

U.S. Department of Health and Human Services

200 Independence Avenue, SW
Room 509F, HHH Building
Washington, D.C. 20201

1-800-368-1019, 800-537-7697 (TDD)

Los formularios de quejas están disponibles en <http://www.hhs.gov/ocr/office/file/index.html>

Multi-Language Interpreter Services

English: ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 1-800-281-6918 **(TTY: 711)**.

Español (Spanish): ATENCIÓN: si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-281-6918 **(TTY: 711)**.

繁體中文 (Chinese): 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-800-281-6918 **(TTY: 711)**。

Tiếng Việt (Vietnamese): CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-800-281-6918 **(TTY: 711)**.

한국어 (Korean): 주의 : 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-800-281-6918 **(TTY: 711)** 번으로 전화해 주십시오.

Tagalog (Tagalog – Filipino): PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-800-281-6918 **(TTY: 711)**.

Русский (Russian): ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-800-281-6918 **(телетайп: 711)**.

Kreyòl Ayisyen (French Creole): ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-800-281-6918 **(TTY: 711)**.

Français (French): ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-800-281-6918 **(ATS : 711)**.

Polski (Polish): UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-800-281-6918 **(TTY: 711)**.

Português (Portuguese): ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-800-281-6918 **(TTY: 711)**.

Italiano (Italian): ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-800-281-6918 **(TTY: 711)**.

Deutsch (German): ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-800-281-6918 **(TTY: 711)**.

日本語 (Japanese): 注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。1-800-281-6918 **(TTY : 711)** まで、お電話にてご連絡ください。

فارسی (Farsi):

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 1-800-281-6918 **(TTY: 711)** تماس بگیرید.

Diné Bizaad (Navajo): Díí baa akó nínízin: Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jiik'eh, éí ná hóló, koji' hódíłnih 1-800-281-6918 **(TTY: 711)**.

العربية (Arabic):

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-800-281-6918 **(رقم هاتف الصم والبكم: 711)**.

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List of Network Providers

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CALIFORNIA

SAN DIEGO COUNTY

Oceanside

General Acute Care Hospital

Tri-City Medical Center

4002 Vista Way

Oceanside, CA 92056

(760) 724-8411

Medi-Cal Certified

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Primary Care Providers

CALIFORNIA

SAN DIEGO COUNTY

Carlsbad

Family Medicine (Primary Care Provider)

Ajir, Mahyar DO*
2801 Jefferson St
Carlsbad, CA 92008
(760) 729-4952
American Board of Family Medicine
PCP# 957192
Spanish, Farsi
Medi-Cal Certified

Internal Medicine (Primary Care Provider)

Chong, Maribeth S MD*
6260 El Camino Real
Ste 105
Carlsbad, CA 92009
(760) 434-6060
American Board of Internal Medicine
PCP# 238118
Tagalog, Spanish

Chong, Yoo Jin MD*
6260 El Camino Real
Ste 105
Carlsbad, CA 92009
(760) 434-6060
American Board of Internal Medicine
PCP# 238117
Tagalog, Spanish

Escondido

General Practice (Primary Care Provider)

Watson, Thomas L MD
301 S Juniper St
Escondido, CA 92025
(760) 480-9051
PCP# 105882
Age 18 and up
Spanish, Farsi
Medi-Cal Certified

Oceanside

Family Medicine (Primary Care Provider)

Italiano, James E MD*
3230 Waring Ct
Ste J
Oceanside, CA 92056
(760) 941-4498
American Board of Family Medicine
PCP# 262071
Spanish

Miller, Earl E DO
818 Pier View Way
Oceanside, CA 92054
(760) 631-5000
PCP# 245133
Spanish, French

Sharma, Sanjeev MD
3231 Waring Ct Ste P
Oceanside, CA 92056
(442) 204-5245
PCP# 957198
Spanish

General Practice (Primary Care Provider)

Kenney, William B MD
616 S Coast Hwy
Oceanside, CA 92054
(760) 433-1800
PCP# 244211
Spanish

Internal Medicine (Primary Care Provider)

Curran, Perrin J MD*
3601 Vista Way
Ste 201
Oceanside, CA 92056
(760) 945-1894
American Board of Internal Medicine
PCP# 957180
Age 10 and up
Spanish
Medi-Cal Certified

Ibrahim, Nagi S MD
3231 Waring Ct Ste K
Oceanside, CA 92056
(760) 630-4499
PCP# 908986
Spanish, Arabic

Lawson, Catherine J MD*
3230 Waring Ct
Ste J
Oceanside, CA 92056
(760) 941-4498
American Board of Internal Medicine
PCP# 957200
Spanish

MacMurray, Michael L MD*
818 Pier View Way
Oceanside, CA 92054
(760) 631-5250
American Board of Internal Medicine
PCP# 957217
Spanish

San Marcos

Family Medicine (Primary Care Provider)

Halim, Neil L MD*
1030 La Bonita Dr
Ste 316
San Marcos, CA 92078
(760) 744-9626
American Board of Family Medicine
PCP# 966638
Arabic

Vista

Family Medicine (Primary Care Provider)

Clark, Maria Belen S MD*
1954 Via Ctr
Ste B
Vista, CA 92081
(760) 529-9700
American Board of Family Medicine
PCP# 908618
Tagalog, Spanish

* Board Certified Provider

Humana Medicare Advantage Plans are not providers of medical services. Humana Medicare Advantage Plans do not endorse, control, or interfere with the clinical judgment or treatment recommendations made by the physicians or other providers listed in this directory or otherwise selected by you.

Primary Care Providers

Falconio, Linda S MD*
2067 W Vista Way
Ste 130
Vista, CA 92083
(760) 631-4000
American Board of Family
Medicine
PCP# 144693
Medi-Cal Certified

Hurd, Melissa E MD*
161 Thunder Dr
Ste 103
Vista, CA 92083
(760) 758-1988
American Board of Family
Medicine
PCP# 909171
Spanish

LaRocque, Michael A MD
1000 Vale Terrace Dr
Vista, CA 92084
(760) 631-5000
PCP# 198441
Established patients only
Age 100 and under
Spanish

Lucero, David M MD*
1000 Vale Terrace Dr
Vista, CA 92084
(760) 631-5000
American Board of Family
Medicine
PCP# 262735
Spanish

Pudol, Christopher B DO
1000 Vale Terrace Dr
Vista, CA 92084
(760) 631-5000
PCP# 324513
Spanish

Tran, Dao Minh DO
1000 Vale Terrace Dr
Vista, CA 92084
(760) 631-5000
PCP# 349122
Vietnamese

**General Practice (Primary
Care Provider)**

Ong, Donald MD
1000 Vale Terrace Dr
Vista, CA 92084
(760) 631-5000
PCP# 957222

Smith, Gregory D MD
161 Thunder Dr
Ste 207
Vista, CA 92083
(760) 598-8410
PCP# 957186
Spanish

**Internal Medicine (Primary
Care Provider)**

Bloom, Irving A MD*
130 Cedar Rd
Ste 310
Vista, CA 92083
(760) 630-9095
American Board of Internal
Medicine
PCP# 957188
Tagalog, German

Boquin, Enrique MD*
1000 Vale Terrace Dr
Vista, CA 92084
(760) 631-5000
American Board of Internal
Medicine
PCP# 957211
Not accepting patients
Spanish

Clancy, Tara L DO
2375 S Melrose Dr
Vista, CA 92081
(760) 305-1900
PCP# 273211

**Internal Medicine-Geriatric
Medicine (Primary Care
Provider)**

Bloom, Irving A MD
130 Cedar Rd
Ste 310
Vista, CA 92083
(760) 630-9095
PCP# 957188
Tagalog, German

*** Board Certified Provider**

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Specialists

CALIFORNIA

SAN DIEGO COUNTY

Encinitas

Podiatrist

Hatfield, James P DPM

501 N El Camino Real
Ste 201
Encinitas, CA 92024
(760) 436-8667
Spanish

Anesthesiology-Pain

Medicine

Wailles, Robert E MD*

477 N El Camino Real
Ste B301
Encinitas, CA 92024
(760) 753-1104
American Board of
Anesthesiology
Chinese

Ophthalmology

Crosby, Michelle B MD*

477 N El Camino Real
Ste C202
Encinitas, CA 92024
(760) 257-5550
American Board of
Ophthalmology

Morris, Jeffrey B MD*

477 N El Camino Real
Ste C202
Encinitas, CA 92024
(760) 631-3500
American Board of
Ophthalmology

Viechnicki, Tara M MD*

477 N El Camino Real
Ste C202
Encinitas, CA 92024
(760) 631-3500
American Board of
Ophthalmology
Spanish

Orthopaedic Surgery

Afra, Robert MD*

317 N El Camino Real
Ste 405
Encinitas, CA 92024
(760) 994-2663
American Board of Ortho-
paedic Surgery
Spanish

ESCONDIDO

Neurology

Oh, Irene J MD*

1955 Citracado Pkwy
Suite 102
ESCONDIDO, CA 92029
(760) 631-3000
American Board of Psychiatry
& Neurology
Spanish

Escondido

Surgery

Bulkin, Anatoly J MD*

625 W Citracado Pkwy
Ste 203
Escondido, CA 92025
(760) 739-7666
American Board of Surgery
Russian
Medi-Cal Certified

Surgery - Vascular Surgery

Bulkin, Anatoly J MD*

625 W Citracado Pkwy
Ste 203
Escondido, CA 92025
(760) 739-7666
American Board of Surgery
Russian
Medi-Cal Certified

Chang, Alexander T MD*

625 W Citracado Pkwy
Ste 203
Escondido, CA 92025
(760) 739-7666
American Board of Surgery
Korean

Oceanside

Podiatrist

Han, James Y DPM

2119 S El Camino Real
Oceanside, CA 92054
(760) 757-3070
Spanish, Korean

Springer, Dewain N DPM

2191 S El Camino Real
Ste 101
Oceanside, CA 92054
(760) 757-7171
Spanish

Anesthesiology-Pain

Medicine

Wailles, Robert E MD*

3998 Vista Way
Ste C108
Oceanside, CA 92056
(760) 941-7336
American Board of
Anesthesiology
Chinese

Cardiovascular Disease

Carr, Kenneth W MD*

3998 Vista Way
Ste 200
Oceanside, CA 92056
(760) 941-9440
American Board of Internal
Medicine
Medi-Cal Certified

Dermatology

Gilboa, Ruth MD

3629 Vista Way
Oceanside, CA 92056
(760) 757-7546
Swedish, Spanish, Polish,
Hebrew, German

Samady, Joseph A MD*

3629 Vista Way
Oceanside, CA 92056
(760) 757-7546
American Board of
Dermatology
Spanish

Thiele, Jens J MD*

3629 Vista Way
Oceanside, CA 92056
(760) 757-7546
American Board of
Dermatology
Swedish, Polish, Norwegian,
Hebrew, German

Venkat, Arun P MD*

3629 Vista Way
Oceanside, CA 92056
(760) 757-7546
American Board of
Dermatology
Tamil, Spanish

* Board Certified Provider

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Wagner, Meredith W MD*
3629 Vista Way
Oceanside, CA 92056
(760) 757-7546
American Board of
Dermatology
Spanish

Wong, Darryl S MD*
3629 Vista Way
Oceanside, CA 92056
(760) 757-7546
American Board of
Dermatology
Spanish

Gastroenterology

Devereaux, Christopher E MD*
3923 Waring Rd
Ste A
Oceanside, CA 92056
(760) 724-8782
American Board of Internal
Medicine
Medi-Cal Certified

Krol, Thomas C MD*
3923 Waring Rd
Ste A
Oceanside, CA 92056
(760) 724-8782
American Board of Internal
Medicine
Medi-Cal Certified

Shad, Javaid A MD*
3923 Waring Rd
Ste A
Oceanside, CA 92056
(760) 724-8782
American Board of Internal
Medicine
Urdu, Hindi
Medi-Cal Certified

Shim, Michael MD*
3923 Waring Rd
Ste A
Oceanside, CA 92056
(760) 724-8782
American Board of Internal
Medicine

Viernes, Matthew E MD*
3923 Waring Rd
Ste A
Oceanside, CA 92056
(760) 724-8782
American Board of Internal
Medicine
Medi-Cal Certified

Nephrology

Kyaw, Naing T MD*
3300 Vista Way Ste B
Oceanside, CA 92056
(760) 967-9900
American Board of Internal
Medicine
Mandarin, Burmese

Obstetrics and Gynecology

Mazarei, Rahele DO*
3230 Waring Ct
Ste D
Oceanside, CA 92056
(760) 758-2820
American Board of Obstetrics &
Gynecology
Spanish
Medi-Cal Certified

Nurse, Lesley A MD*
4002 Vista Way
Oceanside, CA 92056
(760) 631-5000
American Board of Obstetrics &
Gynecology
Spanish

Penvose -Yi, Jan R MD*
3998 Vista Way
Ste C
Oceanside, CA 92056
(760) 385-8008
American Board of Obstetrics &
Gynecology
Spanish

Ophthalmology

Haak, Logan M MD*
3231 Waring Ct
Ste S
Oceanside, CA 92056
(760) 631-6144
American Board of
Ophthalmology
Age 12 and up
Persian, Modern, Farsi

Robinson, Fane L MD*
3231 Waring Ct
Ste S
Oceanside, CA 92056
(760) 631-6144
American Board of
Ophthalmology
Tagalog, Spanish, Afrika
Medi-Cal Certified

Smith, Mark D MD*
3231 Waring Ct
Ste S
Oceanside, CA 92056
(760) 631-6144
American Board of
Ophthalmology
Spanish
Medi-Cal Certified

Otolaryngology - Otology And Neurotology

Jacobs, Robert D MD*
3907 Waring Rd
Ste 1
Oceanside, CA 92056
(760) 724-8749
American Board of
Otolaryngology
Medi-Cal Certified

Reisman, Bruce K MD*
3907 Waring Rd
Ste 1
Oceanside, CA 92056
(760) 724-8749
American Board of
Otolaryngology
Spanish
Medi-Cal Certified

Pulmonary Disease

Corona, Frank E MD*
3231 Waring Ct
Ste D
Oceanside, CA 92056
(760) 758-7402
American Board of Internal
Medicine
Spanish

Yamanaka, Mark K MD*
3231 Waring Ct
Ste D
Oceanside, CA 92056
(760) 941-0221
American Board of Internal
Medicine
Spanish

* Board Certified Provider

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Specialists

Surgery

Rypins, Eric B MD*
2424 Vista Way
Ste 106
Oceanside, CA 92054
(760) 732-1166
American Board of Surgery
Spanish
Medi-Cal Certified

Thoracic Surgery (Cardiothoracic Vascular Surgery)

Folkerth, Theodore L MD
3998 Vista Way
Ste A
Oceanside, CA 92056
(760) 726-2500
Spanish
Medi-Cal Certified

Urology

Frasier, Bradley L MD*
3609 Vista Way
Oceanside, CA 92056
(760) 637-2500
American Board of Urology
Spanish
Medi-Cal Certified

Guerena, Michael P MD
3609 Vista Way
Oceanside, CA 92056
(760) 637-2500
Medi-Cal Certified

Phillips, Jason M MD*
3609 Vista Way
Oceanside, CA 92056
(760) 637-2500
American Board of Urology
Spanish

Vilchis, Caroline J MD*
3609 Vista Way
Oceanside, CA 92056
(760) 637-2500
American Board of Urology
Age 18 and up
Spanish

Warshawsky, Arthur B MD*
3231 Waring Ct
Ste B
Oceanside, CA 92056
(760) 726-5633
American Board of Urology
Medi-Cal Certified

San Diego

Ophthalmology

Haak, Logan M MD*
7695 Cardinal Ct
Ste 100
San Diego, CA 92123
(858) 609-7100
American Board of
Ophthalmology
Age 12 and up
Persian, Modern, Farsi

Orthopaedic Surgery

Kim, Choll W MD*
6719 Alvarado Rd
Ste 308
San Diego, CA 92120
(619) 265-7912
American Board of Orthopaedic Surgery
Spanish
Medi-Cal Certified

Kim, Paul D MD*
6719 Alvarado Rd
Ste 308
San Diego, CA 92120
(619) 265-7912
American Board of Orthopaedic Surgery
Spanish, Korean

Raiszadeh, Ramin MD*
6719 Alvarado Rd
Ste 308
San Diego, CA 92120
(619) 265-7912
American Board of Orthopaedic Surgery
Farsi

Surgery - Plastic And Reconstructive Surgery

Gupta, Abhay MD
10672 Wexford St
Ste 275
San Diego, CA 92131
(858) 621-6000
Hindi

Solana Beach

Endocrinology, Diabetes and Metabolism

Argoud, Georges M MD*
530 Lomas Santa Fe Dr
Ste 8
Solana Beach, CA 92075
(858) 239-4814
American Board of Internal Medicine
Spanish

Surgery - Plastic And Reconstructive Surgery

Gupta, Anshu K MD*
462 Stevens Ave
Ste 206
Solana Beach, CA 92075
(760) 436-7600
American Board of Plastic Surgery
Spanish, Punjab, Hindi

Vista

Allergy and Immunology

Volpp, Heather S MD
2067 W Vista Way
Ste 140
Vista, CA 92083
(760) 941-4444
Spanish

Ziering, Robert W MD*
2067 W Vista Way
Ste 140
Vista, CA 92083
(760) 941-4444
American Board of Allergy & Immunology
Spanish
Medi-Cal Certified

Cardiovascular Disease

Kabra, Ashish N MD*
2067 W Vista Way Ste 225
Vista, CA 92083
(760) 630-2550
American Board of Internal Medicine

* Board Certified Provider

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Colon And Rectal Surgery

Gandhi, Dhruvil P MD*

2095 W Vista Way
Ste 106
Vista, CA 92083
(760) 295-2924
American Board of Colon &
Rectal Surgery
Gujarati

Dermatology

Henninger, Camille A MD*

2395 S Melrose Dr
Vista, CA 92081
(760) 216-5313
American Board of
Dermatology

Obstetrics and Gynecology

Adib, Tannaz E MD*

2067 W Vista Way
Ste 160
Vista, CA 92083
(760) 295-9995
American Board of Obstetrics &
Gynecology
Spanish, Persian, Modern, Farsi

Dhillion-Ashley, Tina J MD*

1000 Vale Terrace Dr
Vista, CA 92084
(760) 631-5000
American Board of Obstetrics &
Gynecology
Spanish

Medi-Cal Certified

Hawkins, Melissa A MD*

1000 Vale Terrace Dr
Vista, CA 92084
(760) 631-5000
American Board of Obstetrics &
Gynecology

134 Grapevine Rd
Vista, CA 92083
(760) 631-5000

Karanikkis, Christos A DO

1000 Vale Terrace Dr
Vista, CA 92084
(760) 631-5000
Greek, Modern

Ophthalmology

Greider, Bradley W MD*

2067 W Vista Way
Ste 120
Vista, CA 92083
(760) 758-2020
American Board of
Ophthalmology
Spanish

Krall, Peter J MD*

2067 W Vista Way
Ste 120
Vista, CA 92083
(760) 758-2020
American Board of
Ophthalmology

Morris, Jeffrey B MD*

1930 Via Ctr
Vista, CA 92081
(760) 631-3500
American Board of
Ophthalmology

Viechnicki, Tara M MD*

1930 Via Ctr
Vista, CA 92081
(760) 631-3500
American Board of
Ophthalmology
Spanish

Zaveri, Maulik S MD*

2067 W Vista Way
Ste 120
Vista, CA 92083
(760) 758-2020
American Board of
Ophthalmology
Tagalog, Spanish

Otolaryngology - Otology And

Neurotology

Kushnaryov, Anton M MD*

2023 W Vista Way
Ste J
Vista, CA 92083
(760) 726-2440
American Board of
Otolaryngology

Lebovits, Marc J MD*

2023 W Vista Way
Ste J
Vista, CA 92083
(760) 726-2440
American Board of
Otolaryngology
Spanish

Surgery

Gandhi, Dhruvil P MD*

2095 W Vista Way
Ste 106
Vista, CA 92083
(760) 295-2924
American Board of Surgery
Gujarati

Grove, Jay R MD*

2385 S Melrose Dr
Vista, CA 92081
(760) 300-3647
American Board of Surgery

Hanna, Karen J MD*

2385 S Melrose Dr
Vista, CA 92081
(760) 300-3647
American Board of Surgery

*** Board Certified Provider**

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Pharmacies

ALL COUNTIES

Mail Order: Preferred Cost-Sharing

HUMANA PHARMACY
MAIL ORDER
800-379-0092

HUMANA SPECIALTY PHARMACY
MAIL ORDER
800-486-2668

Mail Order: Standard Cost-Sharing

WALMART PHARMACY
MAIL ORDER
800-273-3455

CALIFORNIA

SAN DIEGO COUNTY

Retail
COSTCO* - 90 Day**
All Locations
800-607-6861
711 (TTY/TDD)

CVS* - 90 Day**
All Locations
800-746-7287
711 (TTY/TDD)

RITE AID* - 90 Day**
All Locations
800-748-3243
800-821-1833 (TTY/TDD)

SAM'S CLUB* - 90 Day**
All Locations
888-746-7726
711 (TTY/TDD)

WALGREENS* - 90 Day**
All Locations
800-925-4733
877-924-7889 (TTY/TDD)

WALMART* - 90 Day**
All Locations
800-925-6278
711 (TTY/TDD)

ALPINE

Indian Health Services
SOUTHERN INDIAN HEALTH COUNCIL* - 90 Day**
4058 WILLOWS RD
ALPINE, CA 91901
619-445-1188

Retail
SAV-ON PHARMACY 0704* - 90 Day**
2955 APLINE BLVD
ALPINE, CA 91901
619-445-0231

SOUTHERN INDIAN HEALTH COUNCIL* - 90 Day**
4058 WILLOWS RD
ALPINE, CA 91901
619-445-1188

BORREGO SPRINGS

Retail
BORREGO COMMUNITY HEALTH FOUNDATION* - 90 Day**
950 PALM CANYON DR
BORREGO SPRINGS, CA 92004
760-767-3047

CAMPO

Indian Health Services
SOUTHERN INDIAN HEALTH COUNCIL* - 90 Day**
36350 CHURCH RD
CAMPO, CA 91906
619-478-2225

Retail
SOUTHERN INDIAN HEALTH COUNCIL* - 90 Day**
36350 CHURCH RD
CAMPO, CA 91906
619-478-2225

CARLSBAD

Home Infusion
DIPLOMAT SPECIALTY INFUSION GROUP
1819 ASTON ST STE 102
CARLSBAD, CA 92008
760-707-1486

Long Term Care
CARLSBAD VILLAGE PHARMACY
1005 CARLSBAD VILLAGE DR
STE D2
CARLSBAD, CA 92008
760-729-2405

Retail
CARLSBAD VILLAGE PHARMACY* - 90 Day**
1005 CARLSBAD VILLAGE DR
STE D2
CARLSBAD, CA 92008
760-729-2405

GELSON'S PHARMACY 26* - 90 Day**
7660 EL CAMINO REAL
CARLSBAD, CA 92009
760-633-0037

PHARMACA INTEGRATIVE PHARMACY 027* - 90 Day**
6985 EL CAMINO REAL
CARLSBAD, CA 92009
760-444-3810

PRICE RITE PHARMACY* - 90 Day**
6010 HIDDEN VALLEY RD
CARLSBAD, CA 92011
760-893-8331

SUPER RX PHARMACY 186* - 90 Day**
2687 GATEWAY ROAD
CARLSBAD, CA 92009
760-929-7912

VONS PHARMACY 2065* - 90 Day**
6951 EL CAMINO REAL
CARLSBAD, CA 92009
760-431-0437

VONS PHARMACY 2724* - 90 Day**
3439 VIA MONTEBELLO
CARLSBAD, CA 92009
760-633-0168

CHULA VISTA

Long Term Care
SHARP CHULA VISTA MEDICAL CENTER SNF PHARMACY
751 MEDICAL CENTER COURT
CHULA VISTA, CA 91911
619-502-4000

***For individual members only, this pharmacy offers preferred retail cost-sharing.

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VETERANS HOME OF CA CHULA VISTA

700 E NAPLES COURT
CHULA VISTA, CA 91911
619-482-6020

Physician Dispensing

SOUTH COUNTY HEMATOLOGY ONCOLOGY* - 90 Day**

769 MEDICAL CENTER CT STE
202
CHULA VISTA, CA 91911
619-482-8430

Retail

CHULAVISTA PHARMACY* -**

90 Day
384 H ST
CHULA VISTA, CA 91910
619-781-8177

MEDICAL CENTER PHARMACY

1* - 90 Day**
340 4TH AVE
CHULA VISTA, CA 91910
619-422-9291

MEDICAL CENTER PHARMACY

2* - 90 Day**
480 4TH AVE
CHULA VISTA, CA 91910
619-427-1444

RALPHS PHARMACY

703235* - 90 Day**
659 E PALOMAR ST
CHULA VISTA, CA 91911
619-397-0466

SAV-ON PHARMACY 0757* -**

90 Day
720 3RD AVE
CHULA VISTA, CA 91910
619-420-8313

SHARP CHULA VISTA MEDICAL CENTER SNF P* -**

90 Day
751 MEDICAL CENTER COURT
CHULA VISTA, CA 91911
619-502-4000

SHARP REES STEALY PHAR- MACY 2* - 90 Day**

525 3RD AVE
CHULA VISTA, CA 91910
619-420-7120

SHARP REES STEALY PHAR- MACY 7* - 90 Day**

1400 E PALOMAR ST
CHULA VISTA, CA 91913
619-397-3072

VETERANS HOME OF CA CHULA VISTA* - 90 Day**

700 E NAPLES COURT
CHULA VISTA, CA 91911
619-482-6020

VONS PHARMACY 2071* -**

90 Day
2250 OTAY LAKES RD
CHULA VISTA, CA 91915
619-656-3629

VONS PHARMACY 2826* -**

90 Day
1745 EASTLAKE PKWY STE 104
CHULA VISTA, CA 91915
619-421-4142

CORONADO

Long Term Care

SHARP CORONADO HOSPITAL PHARMACY

250 PROSPECT PLACE
CORONADO, CA 92118
619-522-3717

Retail

SHARP CORONADO HOSPITAL AND HEALTHCARE* - 90 Day**

230 PROSPECT PL
CORONADO, CA 92118
619-522-3996

DEL MAR

Retail

GELSON'S PHARMACY 27* -**

90 Day
2707 VIA DE LA VALLE
DEL MAR, CA 92014
858-481-4029

EL CAJON

Indian Health Services

SYCUAN MEDICAL DENTAL PHARMACY

5442 DEHESA RD
EL CAJON, CA 92019
619-445-3518

Long Term Care

DMK PHARMACY
8575 LOS COCHES RD
EL CAJON, CA 92021
619-561-5602

MEDICINE CARE PHARMACY

1685 E MAIN ST
EL CAJON, CA 92021
619-401-7077

MEDICINE CARE PHARMACY II

1685 EAST MAIN ST
EL CAJON, CA 92021
619-383-2757

SUPERIOR CARE PHARMACY

161 E MAIN ST STE 104
EL CAJON, CA 92020
844-633-7279

Retail

ASMAR COMMUNITY PHAR- MACY* - 90 Day**

436 S MAGNOLIA AVE STE 102
EL CAJON, CA 92020
619-447-9900

DMK PHARMACY* - 90 Day**

8575 LOS COCHES RD
EL CAJON, CA 92021
619-561-5602

LA MAESTRA COMMUNITY PHARMACY EL CAJON* - 90**

Day
165 S 1ST ST
EL CAJON, CA 92019
619-255-9162

MOLLISON PHARMACY* - 90**

Day
505 N MOLLISON AVE # 101
EL CAJON, CA 92021
619-446-6444

NUDOS PHARMACY* - 90**

Day
455 N MAGNOLIA AVE
EL CAJON, CA 92020
619-442-0303

PALM CARE PHARMACY* -**

90 Day
505 N MOLLISON AVE
EL CAJON, CA 92021
619-457-0545

SAV-ON PHARMACY 3202* -**

90 Day
1608 BROADWAY
EL CAJON, CA 92021
619-579-3463

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Pharmacies

SAVON PHARMACY 2783* - 90 Day**
2899 JAMACHA RD
EL CAJON, CA 92019
619-670-7880

VONS PHARMACY 3044* - 90 Day**
1201 AVOCADO
EL CAJON, CA 92020
619-440-1915

ENCINITAS

Physician Dispensing
CCARE* - 90 Day**
477 N EL CAMINO REAL STE D200
ENCINITAS, CA 92024
760-452-3340

Retail
NORTH COAST MEDICAL PHARMACY* - 90 Day**
477 N EL CAMINO REAL
ENCINITAS, CA 92024
760-943-1191

SCRIPPS HEALTH ENCINITAS AMBULATORY PH* - 90 Day**
310 SANTA FE DR STE 109
ENCINITAS, CA 92024
858-964-1012

SUPER RX PHARMACY 158* - 90 Day**
1048 N EL CAMINO REAL
ENCINITAS, CA 92024
760-634-5558

UCSD-SDCC RETAIL PHARMACY 7 - 90 Day
1200 GARDEN VIEW RD STE 103
ENCINITAS, CA 92024
760-536-7686

VONS PHARMACY 2144* - 90 Day**
262 NO EL CAMINO REAL
ENCINITAS, CA 92024
760-942-4195

ESCONDIDO

Long Term Care
ADVANCE CARE PHARMACY
528 N BROADWAY
ESCONDIDO, CA 92025
760-489-7077

HOSPICARE PHARMACY SAN DIEGO
910 E OHIO AVE STE 101A
ESCONDIDO, CA 92025
619-434-5350

MERCY CARE PHARMACY
488 E. VALLEY PARKWAY
ESCONDIDO, CA 92025
760-294-0014

TRILLIUM PHARMACY
239 S JUNIPER ST
ESCONDIDO, CA 92025
760-480-4080

Retail
DRUG CO PHARMACY* - 90 Day**
307 N ASH ST
ESCONDIDO, CA 92027
760-745-6672

EL NORTE PHARMACY* - 90 Day**
200 W EL NORTE PKWY STE 11
ESCONDIDO, CA 92026
760-233-2100

ESCONDIDO PHARMACY & DME* - 90 Day**
909 E VALLEY PKWY
ESCONDIDO, CA 92025
760-480-1081

FELICITA PHARMACY 1* - 90 Day**
625 W CITRACADO PKWY # STE.106
ESCONDIDO, CA 92025
760-432-8520

MERCY CARE PHARMACY* - 90 Day**
488 E. VALLEY PARKWAY
ESCONDIDO, CA 92025
760-294-0014

PALOMAR PHARMACY* - 90 Day**
1955 CITRACADO PKWY
ESCONDIDO, CA 92029
760-294-0790

PMC OUTPATIENT PHARMACY* - 90 Day**
2185 CITRACADO PKWY
ESCONDIDO, CA 92029
442-281-4000

SAVON PHARMACY 4713* - 90 Day**
1509 E VALLEY PKWY
ESCONDIDO, CA 92027
760-735-5884

TRILLIUM PHARMACY* - 90 Day**
239 S JUNIPER ST
ESCONDIDO, CA 92025
760-480-4080

VONS PHARMACY 2156* - 90 Day**
2345 E VALLEY PARKWAY
ESCONDIDO, CA 92027
760-489-0981

VONS PHARMACY 2344* - 90 Day**
351 W FELICITA AVE HWY 395
ESCONDIDO, CA 92025
760-480-4900

VONS PHARMACY 2345* - 90 Day**
1000 W EL NORTE PKWY
ESCONDIDO, CA 92026
760-747-5910

FALLBROOK

Retail
SAVON PHARMACY 4786* - 90 Day**
1133 S MISSION RD
FALLBROOK, CA 92028
760-723-8178

VILLAGE PHARMACY* - 90 Day**
587 E ELDER ST STE C
FALLBROOK, CA 92028
760-645-3021

IMPERIAL BEACH

Retail
IMPERIAL BEACH PHARMACY* - 90 Day**
720 HWY 75
IMPERIAL BEACH, CA 91932
619-424-8143

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LA JOLLA

Physician Dispensing
CALIFORNIA CANCER ASSOCIATES FOR RESEARCH* - 90 Day**
9850 GENESEE AVE STE.560
LA JOLLA, CA 92037
858-552-1410

Retail
COMMUNITY, A WALGREENS PHARMACY 16490* - 90 Day**
4130 LA JOLLA VILLAGE DR
LA JOLLA, CA 92037
858-352-2242

LA JOLLA DISCOUNT* - 90 Day**
9850 GENESEE AVE
LA JOLLA, CA 92037
858-622-1800

PHARMACA INTEGRATIVE PHARMACY 018* - 90 Day**
7650 GIRARD AVE
LA JOLLA, CA 92037
858-454-1361

RALPHS PHARMACY 703108* - 90 Day**
8657 VILLA LA JOLLA DRIVE
LA JOLLA, CA 92037
858-597-0108

REGENTS PHARMACY* - 90 Day**
4150 REGENTS PARK ROW STE 155
LA JOLLA, CA 92037
858-281-5200

SCRIPPS HEALTH GREEN AMBULATORY PHARMACY* - 90 Day**
10666 N TORREY PINES RD
LA JOLLA, CA 92037
858-964-1011

THE JOHN M & SALLY B THORNTON HOSPITAL 8 - 90 Day
9300 CAMPUS POINT DR RM LL-463
LA JOLLA, CA 92037
858-657-5891

UCSD MOORES CANCER CENTER 6 - 90 Day
3855 HEALTH SCIENCE DR
LA JOLLA, CA 92093
858-822-6088

VONS PHARMACY 2323* - 90 Day**
7544 GIRARD
LA JOLLA, CA 92037
858-454-0932

LA MESA

Long Term Care
VILLAGE ROSE PHARMACY
7773 UNIVERSITY AVE
LA MESA, CA 91942
619-741-1344

Physician Dispensing
CANCER CENTER ONCOLOGY MEDICAL GROUP* - 90 Day**
5555 GROSSMONT CENTER DRIVE
LA MESA, CA 91942
619-644-3030

Retail
4 FRONT PHARMACY* - 90 Day**
7200 PARKWAY DR STE 104
LA MESA, CA 91942
619-303-3574

GROSSMONT HOSPITAL OUTPATIENT PHARMACY* - 90 Day**
5555 GROSSMONT CENTER DR # A217
LA MESA, CA 91942
619-740-4458

GROSSMONT PHARMACY* - 90 Day**
5565 GROSSMONT CENTER DR
LA MESA, CA 91942
619-462-2400

LA MESA PHARMACY* - 90 Day**
8301 LA MESA BLVD
LA MESA, CA 91942
619-466-3246

MEDICAL ARTS PHARMACY* - 90 Day**
8851 CENTER DR
LA MESA, CA 91942
619-461-8551

SAVON PHARMACY 0710* - 90 Day**
8920 FLETCHER PKWY
LA MESA, CA 91942
619-667-9626

SHARP REES STEALY PHARMACY 5* - 90 Day**
5525 GROSSMONT CENTER DR
LA MESA, CA 91942
619-644-6650

VILLAGE ROSE PHARMACY* - 90 Day**
7773 UNIVERSITY AVE
LA MESA, CA 91942
619-741-1344

VONS PHARMACY 2093* - 90 Day**
8011 UNIVERSITY AVE
LA MESA, CA 91941
619-464-1102

LAKE SIDE

Long Term Care
LEO'S LAKE SIDE PHARMACY
9943 MAINE AVE
LAKE SIDE, CA 92040
619-443-1013

Retail
LEO'S LAKE SIDE PHARMACY* - 90 Day**
9943 MAINE AVE
LAKE SIDE, CA 92040
619-443-1013

LEMON GROVE

Retail
BROADWAY PHARMACY* - 90 Day**
7581 BROADWAY
LEMON GROVE, CA 91945
619-717-8990

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Pharmacies

NATIONAL CITY

Retail

NIMBLE PHARMACY 200* - 90 Day**
801 NATIONAL CITY BLVD STE B
NATIONAL CITY, CA 91950
866-966-4625

PARADISE PHARMACY* - 90 Day**
502 EUCLID AVE STE 100
NATIONAL CITY, CA 91950
619-399-7581

PLAZA PHARMACY* - 90 Day**
2220 E PLAZA BLVD
NATIONAL CITY, CA 91950
619-267-0768

SUITECARE PHARMACY 01* - 90 Day**
2441 E PLAZA BLVD
NATIONAL CITY, CA 91950
619-434-6973

OCEANSIDE

Physician Dispensing
OCEANSIDE URGENT CARE AND* - 90 Day**
616 S COAST HWY
OCEANSIDE, CA 92054
760-433-1800

Retail

MISSION PARK PHARMACY* - 90 Day**
2201 MISSION AVE
OCEANSIDE, CA 92058
760-757-1212

OCEANSIDE PHARMACY* - 90 Day**
3601 VISTA WAY STE 103
OCEANSIDE, CA 92056
760-231-5800

RALPHS PHARMACY 298* - 90 Day**
4251 OCEANSIDE BLVD
OCEANSIDE, CA 92056
760-806-3225

RALPHS PHARMACY 703054* - 90 Day**
101 OLD GROVE RD
OCEANSIDE, CA 92057
760-754-1906

SAVON PHARMACY 0733* - 90 Day**
3450 MARRON RD
OCEANSIDE, CA 92056
760-729-4127

SAVON PHARMACY 2767* - 90 Day**
3925 MISSION AVE
OCEANSIDE, CA 92058
760-433-9634

VONS PHARMACY 2360* - 90 Day**
845 COLLEGE BLVD
OCEANSIDE, CA 92057
760-630-6252

POWAY

Retail

1ST CHOICE PHARMACY* - 90 Day**
13025 POMERADO ROAD
POWAY, CA 92064
858-218-3180

POWAY PHARMACY* - 90 Day**
14837 POMERADO RD
POWAY, CA 92064
858-842-4206

PURESCIENCERX* - 90 Day**
15644 POMERADO RD
POWAY, CA 92064
858-726-2614

SAN DIEGO OPTIMUM PHARMACY* - 90 Day**
12265 SCRIPPS POWAY PKWY
STE 114
POWAY, CA 92064
858-433-1011

SUPER RX PHARMACY 162* - 90 Day**
13589 POWAY ROAD
POWAY, CA 92064
858-486-9995

RAMONA

Retail

SAVON PHARMACY 0725* - 90 Day**
1459 MAIN ST
RAMONA, CA 92065
760-789-0094

RANCHO SANTA FE

Retail

FAIRBANKS PHARMACY 1* - 90 Day**
16089 SAN DIEGUITO RD
RANCHO SANTA FE, CA 92067
858-759-6625

RANCHO SANTA FE PHARMACY & SPIRIT SHOP* - 90 Day**
6056 EL TORDO #1188
RANCHO SANTA FE, CA 92067
858-756-3096

SAN DIEGO

Home Infusion

CORAM ALTERNATE SITE SERVICES INC
10915 TECHNOLOGY PL
SAN DIEGO, CA 92127
858-637-6314

CORAM CVS/SPECIALTY INFUSION SERVICES 1569
12310 WORLD TRADE DR
SAN DIEGO, CA 92128
858-576-6969

CRESCENT HEALTHCARE INC 15421
15025 INNOVATION DR STE 100
SAN DIEGO, CA 92128
858-547-8487

UCSD HOME INFUSION PHARMACY 4
9610 RIDGEHAVEN CT STE A
SAN DIEGO, CA 92123
619-543-5231

Long Term Care

ALVARADO COMMUNITY PHARMACY
6367 ALVARADO COURT
SAN DIEGO, CA 92120
619-287-7697

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MED PLUS PHARMACY
13220 EVENING CREEK DRIVE
SOUTH
SAN DIEGO, CA 92128
858-668-1736

**MEDPILOT PHARMACY
INCORPORATED**
9323 CHESAPEAKE DR STE C1
SAN DIEGO, CA 92123
858-278-7500

OMNICARE OF SAN DIEGO
5601 OBERLIN DR STE 124
SAN DIEGO, CA 92121
858-453-8948

REZCARE PHARMACY
3821 CALLE FORTUNADA STE D
SAN DIEGO, CA 92123
619-878-6188

RONS PHARMACY SERVICES
10140 BARNES CANYON RD
SAN DIEGO, CA 92121
858-652-6900

**SKILLED NURSING
PHARMACY**
9920 SCRIPPS LAKE DRIVE
SAN DIEGO, CA 92131
858-564-2000

THE MEDICINE SHOPPE
2939 ALTA VIEW DR
SAN DIEGO, CA 92139
619-470-4550

**Physician Dispensing
GENESIS HEALTHCARE PART-
NERS, PC*** - 90 Day**
3444 KEARNY VILLA RD STE
201
SAN DIEGO, CA 92123
858-430-1101

**MEDICAL ONCOLOGY ASSOCI-
ATES OF SAN DIE*** - 90 Day**
3075 HEALTH CENTER DRIVE
SAN DIEGO, CA 92123
858-637-7888

**Retail
AHF PHARMACY 2034*** - 90
Day**
3940 FOURTH AVE
SAN DIEGO, CA 92103
619-574-9700

ALLEN PHARMACY* - 90 Day**
1141 6TH AVE
SAN DIEGO, CA 92101
619-232-8101

**ALVARADO COMMUNITY
PHARMACY*** - 90 Day**
6367 ALVARADO COURT
SAN DIEGO, CA 92120
619-287-7697

BALBOA PHARMACY 2544* -
90 Day**
6465 BALBOA AVE STE 101
SAN DIEGO, CA 92111
858-278-0111

BRIAN PHARMACY
6195639917* - 90 Day**
4444 EL CAJON BLVD STE 9
SAN DIEGO, CA 92115
619-563-9917

CARE PHARMACY* - 90 Day**
5065 EL CAJON BLVD
SAN DIEGO, CA 92115
619-501-8046

**CARMEL VALLEY PHAR-
MACY*** - 90 Day**
12750 CARMEL COUNTRY RD
SAN DIEGO, CA 92130
858-481-4990

DAWN PHARMACY* - 90 Day**
4776 EL CAJON BLVD
SAN DIEGO, CA 92115
619-287-1206

**ELDAHMY WELLNESS PHAR-
MACY INC.*** - 90 Day**
1985 NATIONAL AVE
SAN DIEGO, CA 92113
619-331-1111

**FROST MEDICAL PHAR-
MACY*** - 90 Day**
7910 FROST ST
SAN DIEGO, CA 92123
858-560-1911

**GOOD MORNING PHAR-
MACY*** - 90 Day**
7655 CLAIREMONT MESA BLVD
SAN DIEGO, CA 92111
858-268-1660

HILLCREST PHARMACY* - 90
Day**
120 UNIVERSITY AVE
SAN DIEGO, CA 92103
619-260-1010

JP PHARMACY* - 90 Day**
9188 MIRA MESA BLVD
SAN DIEGO, CA 92126
858-271-0014

**LA MAESTRA COMMUNITY
PHARMACY*** - 90 Day**
4060 FAIRMOUNT AVE
SAN DIEGO, CA 92105
619-564-7014

**LA VITA COMPOUNDING
PHARMACY*** - 90 Day**
3978 SORRENTO VALLEY BLVD
SAN DIEGO, CA 92121
858-453-2500

LINDA VISTA PHARMACY* -
90 Day**
2361 ULRIC ST
SAN DIEGO, CA 92111
858-277-6147

MED PLUS PHARMACY* - 90
Day**
13220 EVENING CREEK DRIVE
SOUTH
SAN DIEGO, CA 92128
858-668-1736

**MEDICAL CENTER PHARMACY
11*** - 90 Day**
4074 FAIRMOUNT AVENUE
SAN DIEGO, CA 92105
619-284-1141

**MEDICAL CENTER PHARMACY
12*** - 90 Day**
2995 NATIONAL AVENUE
SAN DIEGO, CA 92113
619-525-1551

**MEDICAL CENTER PHARMACY
13*** - 90 Day**
610 GATEWAY CENTER WAY
SAN DIEGO, CA 92102
619-262-4373

**MEDICAL CENTER PHARMACY
16*** - 90 Day**
286 EUCLID AVE STE 206
SAN DIEGO, CA 92114
619-819-2200

**MEDICAL CENTER PHARMACY
9*** - 90 Day**
3904 PARK BLVD
SAN DIEGO, CA 92103
619-295-3109

MKT PHARMACY* - 90 Day**
4153 UNIVERSITY AVE SUITE B
SAN DIEGO, CA 92105
619-693-5860

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Pharmacies

NGUYEN HIENS PHARMACY* - 90 Day**
4242 EL CAJON BLVD
SAN DIEGO, CA 92105
619-521-0013

PARADISE HILLS PHARMACY* - 90 Day**
5865 CUMBERLAND ST
SAN DIEGO, CA 92139
619-470-3710

PAVILLIONS PHARMACY 2119* - 90 Day**
3850 VALLEY CENTRE DR
SAN DIEGO, CA 92130
858-793-4667

PHILLIP PHARMACY* - 90 Day**
5507 EL CAJON BLVD # E
SAN DIEGO, CA 92115
619-458-9660

POINT LOMA CABRILLO DRUG* - 90 Day**
955 CATALINA BLVD
SAN DIEGO, CA 92106
619-630-2710

POINT LOMA SHELTER ISLAND DRUG 37167* - 90 Day**
1105 ROSECRANS ST
SAN DIEGO, CA 92106
619-223-7171

PRIDE PHARMACY* - 90 Day**
1270 UNIVERSITY AVE
SAN DIEGO, CA 92103
619-501-5888

RALPHS PHARMACY 703051* - 90 Day**
1020 UNIVERSITY AVE
SAN DIEGO, CA 92103
619-298-5181

RALPHS PHARMACY 703105* - 90 Day**
10525 4S COMMONS DRIVE
SAN DIEGO, CA 92127
858-675-7028

RALPHS PHARMACY 703123* - 90 Day**
101 G STREET
SAN DIEGO, CA 92101
619-237-7660

RALPHS PHARMACY 703201* - 90 Day**
3345 SPORTS ARENA BLVD
SAN DIEGO, CA 92110
619-222-5818

RALPHS PHARMACY 703207* - 90 Day**
4315 MISSION BLVD
SAN DIEGO, CA 92109
858-273-2108

RIVER'S EDGE COMMUNITY PHARMACY* - 90 Day**
15721 BERNARDO HEIGHTS PKWY STE L
SAN DIEGO, CA 92128
858-485-9333

ROYAL PHARMACY GROUP 6192821338* - 90 Day**
4419 47TH STREET
SAN DIEGO, CA 92115
619-282-1338

SAN DIEGO COMPOUNDING PHARMACY - 90 Day
5395 RUFFIN RD STE 104
SAN DIEGO, CA 92123
858-277-8884

SAV-ON PHARMACY 3179* - 90 Day**
12475 RANCHO BERNARDO RD
SAN DIEGO, CA 92128
858-385-9229

SAVON PHARMACY 0745* - 90 Day**
655 14TH ST
SAN DIEGO, CA 92101
619-237-9127

SCRIPPS HEALTH MERCY AMBULATORY PHARMA* - 90 Day**
4060 4TH AVE STE 110
SAN DIEGO, CA 92103
858-678-7111

SHARP REES STEALY PHARMACY 1* - 90 Day**
300 FIR ST
SAN DIEGO, CA 92101
619-446-1512

SHARP REES STEALY PHARMACY 4* - 90 Day**
10243 GENETIC CENTER DRIVE
SAN DIEGO, CA 92121
858-526-6080

SHARP REES STEALY PHARMACY 6* - 90 Day**
2929 HEALTH CENTER DR
SAN DIEGO, CA 92123
858-939-6540

SHARP REES-STEALY PHARMACY 3* - 90 Day**
16899 WEST BERNARDO DRIVE
SAN DIEGO, CA 92127
858-521-2290

UCSD MEDICAL CENTER PHARMACY 2 - 90 Day
200 W ARBOR DR
SAN DIEGO, CA 92103
619-543-3279

UCSD MEDICAL OFFICES SOUTH PHARMACY 3 - 90 Day
4168 FRONT STREET, RM 1-127
SAN DIEGO, CA 92103
619-543-5934

UNION PHARMACY* - 90 Day**
2420 ULRIC ST
SAN DIEGO, CA 92111
858-467-9201

VIET PHARMACY AND MEDICAL SUPPLIES* - 90 Day**
4616 EL CAJON BLVD
SAN DIEGO, CA 92115
619-563-8212

VONS PHARMACY 1797* - 90 Day**
4627 CARMEL MOUNTAIN RD
SAN DIEGO, CA 92130
858-523-1847

VONS PHARMACY 2012* - 90 Day**
7788 REGENTS RD
SAN DIEGO, CA 92122
858-455-6340

VONS PHARMACY 2053* - 90 Day**
3645 MIDWAY DR
SAN DIEGO, CA 92110
619-222-9736

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VONS PHARMACY 2079* - 90 Day**
11986 BERNARDO PLAZA
SAN DIEGO, CA 92128
858-485-1704

VONS PHARMACY 2081* - 90 Day**
13255 BLACK MOUNTAIN RD
SAN DIEGO, CA 92129
858-484-7241

VONS PHARMACY 2107* - 90 Day**
10675 SCRIPPS POWAY PARKWAY
SAN DIEGO, CA 92131
858-693-1545

VONS PHARMACY 2115* - 90 Day**
620 DENNERY RD
SAN DIEGO, CA 92173
619-428-3311

VONS PHARMACY 2118* - 90 Day**
3550 MURPHY CANYON
SAN DIEGO, CA 92123
858-292-4148

VONS PHARMACY 2352* - 90 Day**
6155 EL CAJON BLVD
SAN DIEGO, CA 92115
619-583-4160

VONS PHARMACY 2355* - 90 Day**
4145 30TH STREET
SAN DIEGO, CA 92104
619-284-3582

VONS PHARMACY 2358* - 90 Day**
3610 ADAMS AVE
SAN DIEGO, CA 92116
619-280-5514

VONS PHARMACY 2735* - 90 Day**
2495 TRUXTUN RD
SAN DIEGO, CA 92106
619-758-9004

VONS PHARMACY 2784* - 90 Day**
515 W WASHINGTON ST
SAN DIEGO, CA 92103
619-299-0079

VONS PHARMACY 3323* - 90 Day**
7895 HIGHLAND VILLAGE PL
SAN DIEGO, CA 92129
858-901-3549

VONS PHARMACY 4018* - 90 Day**
10016 SCRIPPS RANCH BLVD
SAN DIEGO, CA 92131
858-621-5120

WELLNESSRX PHARMACY 1* - 90 Day**
5971 UNIVERSITY AVE STE 304
SAN DIEGO, CA 92115
619-582-1933

SAN MARCOS

Long Term Care
QUALITY-CARE PHARMACY
727 W SAN MARCOS BLVD
SAN MARCOS, CA 92078
760-744-5959

WELCARE PHARMACY
1921 W SAN MARCOS BLVD STE 140
SAN MARCOS, CA 92078
760-727-3333

Retail
QUALITY-CARE PHARMACY* - 90 Day**
727 W SAN MARCOS BLVD
SAN MARCOS, CA 92078
760-744-5959

RALPHS PHARMACY 703683* - 90 Day**
306 TWIN OAKS VALLEY RD
SAN MARCOS, CA 92078
760-891-0618

SAN MARCOS PHARMACY* - 90 Day**
631 S RANCHO SANTA FE RD STE A
SAN MARCOS, CA 92078
760-798-0898

SAV ON PHARMACY 0750* - 90 Day**
1571 SAN ELIJO RD S
SAN MARCOS, CA 92078
760-798-2824

VONS PHARMACY 3330* - 90 Day**
671 S RANCHO SANTA FE RD
SAN MARCOS, CA 92078
760-916-1042

WELCARE PHARMACY* - 90 Day**
1921 W SAN MARCOS BLVD STE 140
SAN MARCOS, CA 92078
760-727-3333

SANTEE

Long Term Care
EDGEMOOR HOSPITAL PHARMACY
655 PARK CENTER DRIVE
SANTEE, CA 92071
619-596-6340

Retail
ALL CARE PHARMACY* - 90 Day**
8790 CUYAMACA STREET
SANTEE, CA 92071
619-449-0908

VONS PHARMACY 1897* - 90 Day**
9643 MISSION GORGE RD
SANTEE, CA 92071
619-596-5977

SOLANA BEACH

Retail
VONS PHARMACY 2327* - 90 Day**
931 LOMAS SANTA FE DR
SOLANA BEACH, CA 92075
858-481-2894

SPRING VALLEY

Retail
SAV-ON PHARMACY 0723* - 90 Day**
9831 CAMPO RD
SPRING VALLEY, CA 91977
619-461-9170

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Pharmacies

SAV-ON PHARMACY 0758* - 90 Day**
543 SWEETWATER RD
SPRING VALLEY, CA 91977
619-461-2100

VALLEY CENTER

Indian Health Services
INDIAN HEALTH COUNCIL PHARMACY* - 90 Day**
50100 GOLSH RD
VALLEY CENTER, CA 92082
760-749-1410

Long Term Care
INDIAN HEALTH COUNCIL PHARMACY
50100 GOLSH RD
VALLEY CENTER, CA 92082
760-749-1410

Retail
COMMUNITY PHARMACY OF VALLEY CENTER* - 90 Day**
29115 VALLEY CENTER RD
VALLEY CENTER, CA 92082
760-749-1156

INDIAN HEALTH COUNCIL PHARMACY* - 90 Day**
50100 GOLSH RD
VALLEY CENTER, CA 92082
760-749-1410

VISTA

Retail
CEDAR PARK PHARMACY* - 90 Day**
130 CEDAR RD
VISTA, CA 92083
760-630-8806

GREENFIELD PHARMACY* - 90 Day**
2067 W VISTA WAY
VISTA, CA 92083
760-842-1700

HILLCREST PHARMACY NORTH* - 90 Day**
1988 HACIENDA DR
VISTA, CA 92081
760-295-2625

MED CARE PHARMACY* - 90 Day**
161 THUNDER DR
VISTA, CA 92083
760-758-7650

MED-RX PHARMACY AND COMPOUNDING* - 90 Day**
1031 E VISTA WAY
VISTA, CA 92084
760-724-7125

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Fitness Centers

Not all plans have this benefit. Please refer to your Evidence of Coverage to determine your benefit information.

CALIFORNIA

SAN DIEGO COUNTY

ALPINE

Alpine Fitness

1620 Alpine Blvd., Ste. 101
ALPINE, CA 91901
(619) 445-0285
E, SC

CARLSBAD

24 Hour Fitness - Carlsbad

1265 Laurel Tree Ln., Ste. 100
CARLSBAD, CA 92011
(760) 602-5001
E, S, P, W

2501 El Camino Real
CARLSBAD, CA 92008
(760) 439-4404
E, S, P, W, SC

24 Hour Fitness - La Costa

3409 Via Montebello
CARLSBAD, CA 92009
(760) 704-0369
E, S, P, W

Anytime Fitness - Carlsbad, CA

5814 Van Allen Way, Ste. 185
CARLSBAD, CA 92008
(760) 263-3800
E

CHUZE Fitness - Carlsbad

2502 El Camino Real
CARLSBAD, CA 92008
(760) 434-7700
E

Crunch Fitness - Carlsbad

6215 El Camino Real
CARLSBAD, CA 92009
(760) 603-9190
E, SC

CHULA VISTA

24 Hour Fitness - Bonita

870 Amana Ct.
CHULA VISTA, CA 91910
(619) 656-0018
E, S, P, W, SC

24 Hour Fitness - Chula Vista

1660 Broadway
CHULA VISTA, CA 91911
(619) 425-6600
E, SC

24 Hour Fitness - Downtown Chula Vista

320 3rd Ave., Unit A
CHULA VISTA, CA 91910
(619) 427-2424
E

CHUZE Fitness - Chula Vista

1030 3rd Ave.
CHULA VISTA, CA 91911
(619) 483-2215
E, S

Curves - Chula Vista, CA - Otay Ranch

1392 E. Palomar St., #404
CHULA VISTA, CA 91913
(619) 421-3333
E

LA Fitness - Eastlake

2070 Otay Lakes Rd.
CHULA VISTA, CA 91915
(619) 397-7240
E, S, P, W, SC

EL CAJON

24 Hour Fitness - El Cajon

198 W. Main St.
EL CAJON, CA 92020
(619) 442-0293
E, S, P, W, SC

Anytime Fitness - El Cajon

2650 Jamacha Rd.
EL CAJON, CA 92019
(619) 741-3211
E

Crunch Fitness - El Cajon

565 Fletcher Pkwy., # 202
EL CAJON, CA 92020
(619) 749-6939
E

Crunch Fitness - Jamacha

522 Jamacha Rd.
EL CAJON, CA 92019
(619) 383-0101
E, SC

ENCINITAS

24 Hour Fitness - Encinitas

455 Santa Fe Dr.
ENCINITAS, CA 92024
(760) 634-2760
E, SC

Encinitas Fitness and Boxing

613 Westlake Street
ENCINITAS, CA 92024
(760) 436-8682
E, S, SC

EOS Fitness - Encinitas

780 Garden View Ct.
ENCINITAS, CA 92024
(760) 942-3000
E, S

LA Fitness - Encinitas

201 S. El Camino Real, Ste. A
ENCINITAS, CA 92024
(760) 753-5600
E, S, P, W

ESCONDIDO

24 Hour Fitness - Escondido

400 La Terraza Blvd.
ESCONDIDO, CA 92025
(760) 233-1024
E, S, P, W, SC

24 Hour Fitness - Escondido North County Mall

230 E. Via Rancho
ESCONDIDO, CA 92025
(858) 457-3990
E, S, P, W, SC

CHUZE Fitness - Escondido

409 W. Felicita Ave.
ESCONDIDO, CA 92025
(760) 746-5877
E

Amenities Legend

E - Cardio/Strength Equipment F - Full P - Year Round Swimming Pool P* - Seasonal Swimming Pool S - Steam and/or Sauna
SC - SilverSneakers Classes W - Hot Tub/Whirlpool

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Fitness Centers

LA Fitness - Escondido
362 W. El Norte Pkwy.
ESCONDIDO, CA 92026
(760) 738-1347
E, S, P, W, SC

Meadowbrook Village Christian Retirement Community
100 Holland Glen
ESCONDIDO, CA 92026
(760) 746-2500
E, P, W, SC

Planet Fitness - Escondido
1349 E Valley Pkwy
ESCONDIDO, CA 92027
(760) 489-8202
E

Rehab United
1955 Citracado Pkwy. Ste. 201
ESCONDIDO, CA 92029
(760) 294-6100
E

FALLBROOK

Anytime Fitness - Fallbrook, CA
855 S. Main St.
FALLBROOK, CA 92028
(760) 723-2433
E

Club Paradise Fitness
1371 S. Mission Rd.
FALLBROOK, CA 92028
(760) 731-0133
E, S, SC

Rancho Physical Therapy Inc.
521 E. Elder St., Ste. 106
FALLBROOK, CA 92028
(760) 723-8337
E

LA JOLLA

24 Hour Fitness - La Jolla
7680 Girard Ave., Ste. 200
LA JOLLA, CA 92037
(868) 551-7800
E, SC

LA MESA

24 Hour Fitness - Grossmont Center
5601 Grossmont Center Dr.
LA MESA, CA 91942
(619) 667-7607
E, S, P, W, SC

24 Hour Fitness - Rancho San Diego
3633 Avocado Blvd.
LA MESA, CA 91941
(619) 660-5024
E, S, P*, W, SC

CHUZE Fitness - La Mesa (Grossmont Center)
5500 Grossmont Center Dr.
LA MESA, CA 91942
(619) 741-7600
E, SC

Rehab United
8881 Fletcher Pkwy. Ste. 385
LA MESA, CA 91942
(619) 460-0137
E

LAKESIDE

Crunch Fitness - Lakeside
9720 Winter Gardens Blvd
LAKESIDE, CA 92040
(619) 439-0011
E, SC

NATIONAL CITY

CHUZE Fitness - National City
3007-16 Highland Ave.
NATIONAL CITY, CA 91950
(619) 477-7433
E

Crunch Fitness - Bonita
3030 Plaza Bonita Rd. Ste. 2075
NATIONAL CITY, CA 91950
(619) 434-8909

LA Fitness - National City
1910 Sweetwater Rd.
NATIONAL CITY, CA 91950
(619) 474-6392
E

OCEANSIDE

24 Hour Fitness - Oceanside
4655 Frazee Rd.
OCEANSIDE, CA 92057
(760) 757-3712
E, S, P, W, SC

Curves - Oceanside, CA - North
3881 Mission Ave., Ste. C1
OCEANSIDE, CA 92058
(760) 721-9911
E

Fitness 19 - Oceanside
439 College Blvd.
OCEANSIDE, CA 92057
(760) 414-1919
E, SC

LA Fitness - Oceanside - Vista Way
2335 Vista Way
OCEANSIDE, CA 92054
(760) 576-3188
E, S, P, W

Planet Fitness - Oceanside
4130 Oceanside Blvd
OCEANSIDE, CA 92056
(760) 941-4855
E

POWAY

Anytime Fitness - Poway, CA
12222 Poway Rd.
POWAY, CA 92064
(858) 842-2222
E

LA Fitness - Poway
12648 Poway Rd.
POWAY, CA 92064
(858) 748-6498
E, S, P, W

Purple Lotus Fitness & Wellness
14034 Poway Rd., Ste. L
POWAY, CA 92064
(858) 486-5563
E, SC

RAMONA

Anytime Fitness - Ramona, CA
850 Main St, Ste 202
RAMONA, CA 92065
(760) 315-4040
E

Amenities Legend

E - Cardio/Strength Equipment F - Full P - Year Round Swimming Pool P* - Seasonal Swimming Pool S - Steam and/or Sauna
SC - SilverSneakers Classes W - Hot Tub/Whirlpool

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Fitness Centers

Fitness Xpress for Women
1530 Main St Ste 9
RAMONA, CA 92065
(760) 870-4580
E

Ramona Fitness Center
558 Main St.
RAMONA, CA 92065
(760) 789-3500
E, SC

SAN DIEGO

24 Hour Fitness - Balboa
7715 Balboa Ave.
SAN DIEGO, CA 92111
(858) 292-7079
E, S, P, W, SC

24 Hour Fitness - College Grove
6348 College Grove Way
SAN DIEGO, CA 92115
(619) 229-6112
E, S, P, W, SC

24 Hour Fitness - Hillcrest
3965 5th Ave., Ste. 100
SAN DIEGO, CA 92103
(619) 683-2424
E, SC

24 Hour Fitness - Horton Plaza
1 Horton Plaza, Ste. 25
SAN DIEGO, CA 92101
(619) 232-4024
E, W, SC

24 Hour Fitness - Imperial Marketplace
4345 Imperial Ave.
SAN DIEGO, CA 92113
(619) 684-7649
E, S, P, W

24 Hour Fitness - Miramar
9550 Miramar Rd.
SAN DIEGO, CA 92126
(858) 693-3500
E

24 Hour Fitness - Mission Valley
1640 Camino Del Rio N., Ste. 315
SAN DIEGO, CA 92108
(619) 294-2424
E

24 Hour Fitness - Pacific Beach
909 Garnet Ave.
SAN DIEGO, CA 92109
(858) 270-6024
E

24 Hour Fitness - Point Loma
3675 Midway Dr.
SAN DIEGO, CA 92110
(619) 224-2902
E, SC

24 Hour Fitness - Rancho Penasquitos
10025 Carmel Mountain Rd.
SAN DIEGO, CA 92129
(858) 538-4400
E, S, P, W

24 Hour Fitness - Stadium
5885 Rancho Mission Rd.
SAN DIEGO, CA 92108
(619) 281-5543
E, SC

24 Hour Fitness - University Town Center
4425 La Jolla Village Dr.
SAN DIEGO, CA 92122
(858) 457-3930
E, S, P, W, SC

Adam Winter Lifestyle
3974 Dove St
SAN DIEGO, CA 92103
(619) 981-2326
E

Being Fit Fitness Center
4971 Clairemont Dr.
SAN DIEGO, CA 92117
(858) 483-9294
E, SC

Being Fit Fitness Centers
8292 Mira Mesa Blvd.
SAN DIEGO, CA 92126
(858) 549-3456
E, SC

CHUZE Fitness - Mission Valley
1233 Camino Del Rio S.
SAN DIEGO, CA 92108
(619) 297-7000
E

CHUZE Fitness - Rancho Bernardo
11985 Bernardo Plaza Dr.
SAN DIEGO, CA 92128
(858) 485-8544
E, SC

Crunch Fitness - Carmel Valley
6025 Village Wy.
SAN DIEGO, CA 92130
(858) 261-5431
E, SC

Crunch Fitness - Pacific Beach
1211 Garnet Ave.
SAN DIEGO, CA 92109
(858) 251-0723
E

Crunch Fitness - Serra Mesa
3270 Greyling Dr.
SAN DIEGO, CA 92123
(858) 429-4010
E, SC

Curves - San Diego, CA - Clairemont
4340 Genesee Ave., Ste. 205
SAN DIEGO, CA 92117
(858) 430-1010
E

Curves - San Diego, CA - Torrey Hills
10855 Sorrento Valley Rd., Ste. 8
SAN DIEGO, CA 92121
(858) 259-5588
E

EOS Fitness - San Diego Sports Arena
3156 Sports Arena Blvd.
SAN DIEGO, CA 92110
(619) 226-9500
E

Fitness West
1880 Garnet Ave.
SAN DIEGO, CA 92109-3363
(858) 272-9378
E

LA Fitness - 4S Ranch
16913 Dove Canyon Rd.
SAN DIEGO, CA 92127
(858) 676-6806
E, S, P, W

LA Fitness - Kearny Mesa
4984 Shawline St.
SAN DIEGO, CA 92111
(858) 292-8810
E, S, P, W

Amenities Legend

E - Cardio/Strength Equipment F - Full P - Year Round Swimming Pool P* - Seasonal Swimming Pool S - Steam and/or Sauna
SC - SilverSneakers Classes W - Hot Tub/Whirlpool

Humana Medicare Advantage Plans are not providers of medical services. Humana Medicare Advantage Plans do not endorse, control, or interfere with the clinical judgment or treatment recommendations made by the physicians or other providers listed in this directory or otherwise selected by you.

Fitness Centers

LA Fitness - Sorrento Valley

10535 Heater Court
SAN DIEGO, CA 92121
(858) 550-5912
E, S, P, W

Personally Fit, Inc.

16680 W. Bernardo Dr.
SAN DIEGO, CA 92127
(858) 485-6706
E, SC

Rehab United

3323 Carmel Mountain Rd.
Ste. 200
SAN DIEGO, CA 92121
(858) 720-0991
E

3959 Ruffin Rd. Ste. J
SAN DIEGO, CA 92123
(858) 279-5570
E

Salvation Army Kroc Center

6753 University Ave.
SAN DIEGO, CA 92115
(619) 269-1460
E, P, SC

TRUSELF Sporting Club

5125 Waring Rd.
SAN DIEGO, CA 92120
(619) 431-5407
E

SAN MARCOS

BFIT - San Marcos

641 S Rancho Santa Fe Road
SAN MARCOS, CA 92078
(760) 290-4333
E

Crunch Fitness - San Marcos

563 Grand Ave.
SAN MARCOS, CA 92078
(760) 591-3100
E, SC

LA Fitness - San Marcos

125 N. Twin Oaks Valley Rd.
SAN MARCOS, CA 92069
(760) 744-3354
E, S, P, W, SC

SANTEE

24 Hour Fitness - Santee

9906 Mission Gorge Rd.
SANTEE, CA 92071
(619) 258-3658
E, S, P, SC

CHUZE Fitness - Santee

215 Town Center Pkwy.
SANTEE, CA 92071
(619) 596-0076
E

SOLANA BEACH

24 Hour Fitness - Solana Beach

975 Lomas Santa Fe Dr., Ste.
A-C
SOLANA BEACH, CA 92075
(858) 523-9060
E

VALLEY CENTER

Valley Center Fitness

28958 Lilac Rd., Ste. 5
VALLEY CENTER, CA 92082
(760) 751-1505
E, SC

VISTA

24 Hour Fitness - Vista

324 Sycamore Ave.
VISTA, CA 92083
(760) 666-6077
E, S, P, W, SC

Crunch Fitness - Vista

225 Vista Village Dr., Ste. 310
B
VISTA, CA 92083
(760) 477-4000
E, SC

LA Fitness - Vista

680 Hacienda Dr.
VISTA, CA 92081
(760) 732-0072
E, S, P, W

Planet Fitness - Vista

1980 University Dr
VISTA, CA 92083
(760) 940-4145
E

Amenities Legend

E - Cardio/Strength Equipment F - Full P - Year Round Swimming Pool P* - Seasonal Swimming Pool S - Steam and/or Sauna
SC - SilverSneakers Classes W - Hot Tub/Whirlpool

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This directory was updated on 12/04/2018.
Este directorio fue actualizado el 12/04/2018.

To get the most up-to-date information about Humana Gold Plus HMO or Humana Value Plus HMO network providers in your area, or for questions about the information in this directory, you can visit **Humana.com** or call Customer Care at **1-800-457-4708**. If you use a TTY, call **711**. You can call us seven days a week, from 8 a.m. to 8 p.m. However, please note that our automated phone system may answer your call during weekends and holidays from February 15 to September 30. Please leave your name and telephone number, and we'll call you back by the end of the next business day.

Para obtener la información más actualizada acerca de los proveedores de la red de Humana Gold Plus HMO o Humana Value Plus HMO localizados en su área, puede visitar **Humana.com** o llamar al departamento de Atención al cliente al **1-800-457-4708**. Si usa un TTY, llame al **711**. Puede llamarnos los siete días de la semana, entre las 8 a.m. y las 8 p.m. Sin embargo, tenga en cuenta que nuestro sistema telefónico automatizado puede responder su llamada durante los fines de semana y los días festivos entre el 15 de febrero y el 30 de septiembre. Deje su nombre y número de teléfono y le devolveremos la llamada antes del final del siguiente día hábil.

Changes to our network may occur during the benefit year. An updated Directory is located on our website at **Humana.com**. You may also call Customer Care for updated provider information.

Es posible que se produzcan cambios en nuestra red durante el año de beneficios. Puede consultar el Directorio actualizado en nuestro sitio Web en **Humana.com**. También puede llamar a nuestro departamento de Atención al cliente para obtener información actualizada sobre los proveedores.

Humana is a Medicare Advantage HMO plan with a Medicare contract. Enrollment in this Humana Plan depends on contract renewal. The provider network may change at any time. You will receive notice when necessary.

Humana es un plan HMO Medicare Advantage con un contrato con Medicare. La afiliación a este plan de Humana depende de la renovación del contrato. La red de proveedores puede cambiar en cualquier momento. Usted recibirá un aviso cuando sea necesario.

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