

Region	County	Regional contact email
Upstate	Albany	UpstateNYproviderupdates@humana.com
Upstate	Allegany	UpstateNYproviderupdates@humana.com
Downstate	Bronx	DownstateNYNJproviderupdates@humana.com
Upstate	Broome	UpstateNYproviderupdates@humana.com
Upstate	Cattaraugus	UpstateNYproviderupdates@humana.com
Upstate	Cayuga	UpstateNYproviderupdates@humana.com
Upstate	Chautauqua	UpstateNYproviderupdates@humana.com
Upstate	Chemung	UpstateNYproviderupdates@humana.com
Upstate	Chenango	UpstateNYproviderupdates@humana.com
Upstate	Clinton	UpstateNYproviderupdates@humana.com
Upstate	Columbia	UpstateNYproviderupdates@humana.com
Upstate	Cortland	UpstateNYproviderupdates@humana.com
Upstate	Delaware	UpstateNYproviderupdates@humana.com
Upstate	Dutchess	UpstateNYproviderupdates@humana.com
Upstate	Erie	UpstateNYproviderupdates@humana.com
Upstate	Essex	UpstateNYproviderupdates@humana.com
Upstate	Franklin	UpstateNYproviderupdates@humana.com
Upstate	Fulton	UpstateNYproviderupdates@humana.com
Upstate	Genesee	UpstateNYproviderupdates@humana.com
Upstate	Greene	UpstateNYproviderupdates@humana.com
Upstate	Hamilton	UpstateNYproviderupdates@humana.com
Upstate	Herkimer	UpstateNYproviderupdates@humana.com
Upstate	Jefferson	UpstateNYproviderupdates@humana.com
Downstate	Kings	DownstateNYNJproviderupdates@humana.com
Upstate	Lewis	UpstateNYproviderupdates@humana.com
Upstate	Livingston	UpstateNYproviderupdates@humana.com
Upstate	Madison	UpstateNYproviderupdates@humana.com
Upstate	Monroe	UpstateNYproviderupdates@humana.com
Upstate	Montgomery	UpstateNYproviderupdates@humana.com
Downstate	Nassau	DownstateNYNJproviderupdates@humana.com
New Jersey	New Jersey	DownstateNYNJproviderupdates@humana.com
Downstate	New York	DownstateNYNJproviderupdates@humana.com
Upstate	Niagara	UpstateNYproviderupdates@humana.com

Upstate	Oneida	UpstateNYproviderupdates@humana.com
Upstate	Onondaga	UpstateNYproviderupdates@humana.com
Upstate	Ontario	UpstateNYproviderupdates@humana.com
Upstate	Orange	UpstateNYproviderupdates@humana.com
Upstate	Orleans	UpstateNYproviderupdates@humana.com
Upstate	Otsego	UpstateNYproviderupdates@humana.com
Upstate	Oswego	UpstateNYproviderupdates@humana.com
Upstate	Putnam	UpstateNYproviderupdates@humana.com
Downstate	Queens	DownstateNYNJproviderupdates@humana.com
Upstate	Rensselaer	UpstateNYproviderupdates@humana.com
Downstate	Richmond	DownstateNYNJproviderupdates@humana.com
Upstate	Rockland	UpstateNYproviderupdates@humana.com
Upstate	Saratoga	UpstateNYproviderupdates@humana.com
Upstate	Schenectady	UpstateNYproviderupdates@humana.com
Upstate	Schohaire	UpstateNYproviderupdates@humana.com
Upstate	Schuyler	UpstateNYproviderupdates@humana.com
Upstate	Seneca	UpstateNYproviderupdates@humana.com
Upstate	St. Lawrence	UpstateNYproviderupdates@humana.com
Upstate	Steuben	UpstateNYproviderupdates@humana.com
Downstate	Suffolk	DownstateNYNJproviderupdates@humana.com
Upstate	Sullivan	UpstateNYproviderupdates@humana.com
Upstate	Tioga	UpstateNYproviderupdates@humana.com
Upstate	Tompkins	UpstateNYproviderupdates@humana.com
Upstate	Ulster	UpstateNYproviderupdates@humana.com
Upstate	Warren	UpstateNYproviderupdates@humana.com
Upstate	Washington	UpstateNYproviderupdates@humana.com
Upstate	Wayne	UpstateNYproviderupdates@humana.com
Downstate	Westchester	DownstateNYNJproviderupdates@humana.com
Upstate	Wyoming	UpstateNYproviderupdates@humana.com
Upstate	Yates	UpstateNYproviderupdates@humana.com