

# 2019 Health Plan Benefits at a Glance

Humana Gold Plus<sup>®</sup> SNP-DE H5619-038 (HMO SNP) Northern/Central California

Plan Costs		In-Network
Monthly plan premium		\$0
Medical deductible		\$0
Part B deductible		\$0
Annual out-of-pocket maximum		\$0
Doctor Office Visits		
Primary care provider (PCP)		\$0 copay
Specialist		\$0 copay
Preventive Care		
Including: Medicare covered screenings		Covered at no cost when you see an in-network provider
Inpatient Care		
Acute inpatient hospital care		\$0 copay
Lab Services		
Lab tests from lab facility		\$0 copay
Lab tests from outpatient hospital facility		\$0 copay
Outpatient Care		
Outpatient surgery at ambulatory surgical center		\$0 copay
Physical therapy at therapy facility		\$0 copay
X-rays at outpatient hospital facility		\$0 copay
Diagnostic testing at outpatient hospital facility		\$0 copay
Emergency Services		
Urgently needed services at an urgent care center		\$0 copay
Ground ambulance services		\$0 copay
Emergency room		\$0 copay
Additional Benefits & Programs		
Go365 <sup>™</sup> by Humana		Rewards for completing preventive health screenings/activities
Over-the-Counter (OTC) mail order		\$0 copay; up to \$300 every 3 months
Personal Emergency Response System		Included
Routine dental services DEN175		Included

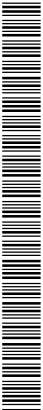
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**Additional Benefits & Programs  
(continued)**

Routine vision services VIS733	Included
Transportation services	\$0 for up to 36 one-way trips to plan approved locations. Not to exceed 50 miles per trip.
SilverSneakers® fitness program	Included
Routine hearing services HER865	Included



# 2019 Prescription Drug Benefits at a Glance

Humana Gold Plus<sup>®</sup> SNP-DE H5619-038 (HMO SNP) Northern/Central California

**Deductible** This plan does not have a deductible.

Depending on the level of Extra Help you receive, you'll pay one of the following cost-share amounts each time you fill your drug.

## Pharmacy options

### Preferred cost-sharing

**You may pay less for some drugs at these pharmacies**

**Mail Order:** Humana Pharmacy<sup>®</sup>

**Retail:** To find the preferred cost-share retail pharmacies near you, go to [Humana.com/pharmacyfinder](https://www.humana.com/pharmacyfinder)

### Standard cost-sharing

**Mail Order:** Walmart Mail

**Retail:** All other network retail pharmacies

For generic drugs (including brand drugs treated as generic), either:

#### 30-day supply

\$0 copay; or  
\$1.25 copay; or  
\$3.40 copay

#### 90-day supply

\$0 copay; or  
\$1.25 copay; or  
\$3.40 copay

For all other drugs, either:

\$0 copay; or  
\$3.80 copay; or  
\$8.50 copay

\$0 copay; or  
\$3.80 copay; or  
\$8.50 copay

You can get more out of your plan by doing the following:

- **Use preferred cost-sharing pharmacies.** You will always pay **\$0** for Tier 1 drugs on this plan at a Preferred Cost-Sharing Retail or Preferred Cost-Sharing Mail Order Pharmacy.
- **Get a 90-day supply of many of the drugs you take all of the time.** You'll get a three-month supply of your drug for the same cost-share as a one-month supply.

Other pharmacies are available in our network. \*Some drugs are limited to a 30-day supply.

If you have questions and are a Humana member, please contact Customer Care at 1-800-457-4708 (TTY: 711). If you are not currently a Humana member, please contact a licensed Humana sales agent at 1-844-775-9622 (TTY: 711), 8 a.m. - 8 p.m. seven days a week from Oct. 1, 2018 - Mar. 31, 2019 and Monday through Friday the rest of the year.

Humana is a Coordinated Care plan with a Medicare contract and a contract with the California Medicaid program. Enrollment in this Humana plan depends on contract renewal. This information is not a complete description of benefits. Call 1-800-457-4708 (TTY: 711) for more information.

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## Discrimination is Against the Law

Humana Inc. and its subsidiaries comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender identity, or religion. Humana Inc. and its subsidiaries do not exclude people or treat them differently because of race, color, national origin, age, disability, sex, sexual orientation, gender identity, or religion.

Humana Inc. and its subsidiaries provide: (1) free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate; and, (2) free language services to people whose primary language is not English when those services are necessary to provide meaningful access, such as translated documents or oral interpretation.

If you need these services, call **1-877-320-1235** or if you use a **TTY**, call **711**.

If you believe that Humana Inc. and its subsidiaries have failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender identity, or religion, you can file a grievance with Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618.

If you need help filing a grievance, call **1-877-320-1235** or if you use a **TTY**, call **711**.

You can also file a civil rights complaint with the **U.S. Department of Health and Human Services**, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at

**<https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>**, or by mail or phone at **U.S. Department of Health and Human Services**, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201,

**1-800-368-1019, 800-537-7697 (TDD)**.

Complaint forms are available at **<https://www.hhs.gov/ocr/office/file/index.html>**.

## Multi-Language Interpreter Services

ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call **1-877-320-1235 (TTY: 711)**... ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **1-877-320-1235 (TTY: 711)** 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 **1-877-320-1235 (TTY: 711)**。... CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số **1-877-320-1235 (TTY: 711)**... 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. **1-877-320-1235 (TTY: 711)** 번으로 전화해 주십시오 .... PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa **1-877-320-1235 (TTY: 711)**... ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните **1-877-320-1235 (телетайп: 711)**... ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele **1-877-320-1235 (TTY: 711)**... ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le **1-877-320-1235 (ATS: 711)**... UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer **1-877-320-1235 (TTY: 711)**... ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para **1-877-320-1235 (TTY: 711)**... ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero **1-877-320-1235 (TTY: 711)**... ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: **1-877-320-1235 (TTY: 711)**... 注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。 **1-877-320-1235 (TTY: 711)** まで、お電話にてご連絡ください。 ...

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. **1-877-320-1235 (TTY: 711)** تماس بگیرید.

Díí baa akó nínízin: Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jiik'eh, éí ná hólq, kojí' hódíłnih **1-877-320-1235 (TTY: 711)**...

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم **1-877-320-1235 (رقم هاتف الصم والبكم: 711)**.