

# Summary of Benefits

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## **Humana Gold Plus<sup>®</sup> SNP-DE H0028-033 (HMO SNP)**

Houston  
Fort Bend, Harris and Montgomery counties

Our service area includes the following county/counties in Texas: Fort Bend, Harris, Montgomery.

**Humana<sup>®</sup>**

## Pre-Enrollment Checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at **1-800-833-2364 (TTY: 711)**.

### Understanding the Benefits

- ☐ Review the full list of benefits found in the Evidence of Coverage (EOC), especially for those services that you routinely see a doctor. Visit **Humana.com/medicare** or call **1-800-833-2364 (TTY: 711)** to view a copy of the EOC.
- ☐ Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
- ☐ Review the pharmacy directory to make sure the pharmacy you use for any prescription medicines is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.

### Understanding Important Rules

- ☐ Benefits, premiums and/or copayments/co-insurance may change on January 1, 2020.
- ☐ Except in emergency or urgent situations, we do not cover services by out-of-network providers (doctors who are not listed in the provider directory).
- ☐ This plan is a dual eligible special needs plan (D-SNP). Your ability to enroll will be based on verification that you are entitled to both Medicare and medical assistance from a state plan under Medicaid. This plan may enroll dual eligibles who are SLMB Plus, QMB Plus and QMB.

# Summary of Benefits

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Houston  
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# Let's talk about Humana Gold Plus SNP-DE H0028-033 (HMO SNP)

Find out more about the Humana Gold Plus SNP-DE H0028-033 (HMO SNP) plan - including the health and drug services it covers - in this easy-to-use guide.

Humana Gold Plus SNP-DE H0028-033 (HMO SNP) is a Coordinated Care plan with a Medicare contract and a contract with the Texas Health and Human Services Commission (HHSC) Medicaid Program. Enrollment in this Humana plan depends on contract renewal.

The benefit information provided is a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. For a complete list of services we cover, ask us for the "Evidence of Coverage" or you will receive one after you enroll.

As a member you must select an in-network doctor to act as your Primary Care Provider (PCP). Humana Gold Plus SNP-DE H0028-033 (HMO SNP) has a network of doctors, hospitals, pharmacies and other providers. If you use providers who aren't in our network, the plan may not pay for these services. You have access to Care Managers. Care Managers are nurses or care coordinators who support your health and well-being by providing additional services including: acute and chronic-care management, telephonic and in-person health support; assistance in coordinating Medicare and Medicaid benefits, educational resources and workshops and support for families and caregivers.

## To be eligible

To enroll in Humana Gold Plus SNP-DE H0028-033 (HMO SNP), a Dual Eligible Special Needs Plan, you must be entitled to Medicare Part A and enrolled in Medicare Part B, live in our service area and also receive certain levels of assistance from the Texas Medical Assistance program (Medicaid). If you receive both Medicare and Medicaid benefits, this means you are a dual eligible.

Humana Gold Plus SNP-DE H0028-033 (HMO SNP) may enroll dual eligibles who are SLMB Plus, QMB Plus and QMB.

## Plan name:

Humana Gold Plus SNP-DE H0028-033 (HMO SNP)

## More about Humana Gold Plus SNP-DE H0028-033 (HMO SNP)

As a member of this plan, you will not be responsible for cost sharing for plan benefits. The Comprehensive Benefit Chart shows the benefits you will receive from Humana and how Medicaid covers your cost sharing for those plan benefits. The chart also lists some benefits you could receive from Medicaid if you are eligible for full Medicaid benefits. If you are entitled to Medicaid benefits your care coordinator will work with you to assist you in understanding and accessing the Medicare and Medicaid benefits you may be entitled to. Be sure to show your Medicaid ID card in addition to your Humana membership card to make your provider aware that you may have additional coverage. Your services are paid first by Humana and then by Medicaid.

## How to reach us:

If you have questions about your benefits or your level of eligibility for assistance from Medicaid, you should contact Humana's Customer Care department or your state Medicaid office for further details.

If you're a member of this plan, call toll-free: **1-800-457-4708 (TTY: 711).**

If you're **not** a member of this plan, call toll free: **1-800-833-2364 (TTY: 711).**

### October 1 - March 31:

Call 7 days a week from 8 a.m. - 8 p.m.

### April 1 - September 30:

Call Monday - Friday, 8 a.m. - 8 p.m.

Or visit our website: **Humana.com/medicare.**

For the most current Texas Medicaid coverage information, please visit the Texas Medicaid website at <http://www.hhsc.state.tx.us/> or call the Medicaid Hotline at **1-877-541-7905 (TTY: 711).**



## A healthy partnership

Get more from your plan — with extra services and resources provided by Humana!



## Monthly Premium, Deductible and Limits

<b>Monthly plan premium</b>	<b>\$0</b> You must keep paying your Medicare Part B premium. The Part B premium may be covered through your State Medicaid Program.
<b>Medical deductible</b>	This plan does not have a deductible.
<b>Pharmacy (Part D) deductible</b>	This plan does not have a deductible.
<b>Maximum out-of-pocket responsibility</b>	This plan does not have a maximum out-of-pocket responsibility.



## Covered Medical and Hospital Benefits

**For members protected by the State Medicaid Program from cost sharing, Medicaid pays coinsurance, copays, and deductibles for Original Medicare covered services.**

	<b>WHAT YOU PAY ON THIS HUMANA PLAN</b>	<b>MEDICAID USUAL LIMITS AND COPAYS</b>
<b>ACUTE INPATIENT HOSPITAL CARE</b>		
	<b>\$0</b> copay	
<b>OUTPATIENT HOSPITAL COVERAGE</b>		
<b>Outpatient surgery at outpatient hospital</b>	<b>\$0</b> copay	
<b>Outpatient surgery at ambulatory surgical center</b>	<b>\$0</b> copay	
<b>DOCTOR OFFICE VISITS</b>		
<b>Primary care provider (PCP)</b>	<b>\$0</b> copay	<b>\$0</b> copay for Medicaid-covered services
<b>Specialists</b>	<b>\$0</b> copay	
<b>PREVENTIVE CARE</b>		
	<b>Our plan covers many preventive services at no cost when you see an in-network provider including:</b> <ul style="list-style-type: none"> <li>• Abdominal aortic aneurysm screening</li> <li>• Alcohol misuse counseling</li> <li>• Bone mass measurement</li> <li>• Breast cancer screening (mammogram)</li> <li>• Cardiovascular disease (behavioral therapy)</li> <li>• Cardiovascular screenings</li> </ul>	<ul style="list-style-type: none"> <li>• Bone Density screening for people at risk</li> <li>• Colorectal Screenings are covered for people with Medicare age 50 and older</li> <li>• Mammograms (Annual Screening)</li> <li>• Pap smears and pelvic exams (for women)</li> <li>• Prostate Cancer Screening Exams</li> </ul> <b>\$0</b> copay for Medicaid-covered services

Your primary care provider (PCP) will work with you to coordinate the care you need with specialists or certain other providers in the network. This is called a "referral." Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a referral and/or prior authorization from the plan.



## Covered Medical and Hospital Benefits (cont.)

### WHAT YOU PAY ON THIS HUMANA PLAN

- Cervical and vaginal cancer screening
- Colorectal cancer screenings (colonoscopy, fecal occult blood test, flexible sigmoidoscopy)
- Depression screening
- Diabetes screenings
- HIV screening
- Medical nutrition therapy services
- Obesity screening and counseling
- Prostate cancer screenings (PSA)
- Sexually transmitted infections screening and counseling
- Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease)
- Vaccines, including flu shots, hepatitis B shots, pneumococcal shots
- "Welcome to Medicare" preventive visit (one-time)
- Annual Wellness Visit
- Lung cancer screening
- Routine physical exam
- Medicare diabetes prevention program

**Any additional preventive services approved by Medicare during the contract year will be covered.**

### MEDICAID USUAL LIMITS AND COPAYS

#### EMERGENCY CARE

##### Emergency room

If you are admitted to the hospital within 24 hours, you do not have to pay your share of the cost for the emergency care.

**\$0** copay

Any emergency room visit if the member reasonably believes he or she needs emergency care  
**\$0** copay for Medicaid-covered services

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## Covered Medical and Hospital Benefits (cont.)

	WHAT YOU PAY ON THIS HUMANA PLAN	MEDICAID USUAL LIMITS AND COPAYS
<b>Urgently needed services</b> Urgently needed services are provided to treat a non-emergency, unforeseen medical illness, injury or condition that requires immediate medical attention.	<b>\$0</b> copay	This is NOT emergency care, and in most cases, is out of the service area <b>\$0</b> copay for Medicaid-covered services
<b>DIAGNOSTIC SERVICES, LABS AND IMAGING</b>		
<b>Diagnostic Mammography</b>	<b>\$0</b> copay	
<b>Diagnostic radiology</b>	<b>\$0</b> copay	
<b>Lab services</b>	<b>\$0</b> copay	
<b>Diagnostic tests and procedures</b>	<b>\$0</b> copay	
<b>Outpatient X-rays</b>	<b>\$0</b> copay	
<b>Radiation Therapy</b>	<b>\$0</b> copay	
<b>HEARING SERVICES</b>		
<b>Medicare covered hearing</b>	<b>\$0</b> copay	<ul style="list-style-type: none"> <li>Covers both monaural and binaural hearing aids.</li> <li>Does not require prior authorization for the initial hearing aid(s), except beyond stated limitations.</li> </ul>
<b>Routine hearing HER945</b> <ul style="list-style-type: none"> <li><b>\$0</b> copayment for routine hearing exams up to 1 per year.</li> <li><b>\$0</b> copayment for fitting/evaluation up to 3 per year.</li> <li><b>\$0</b> copayment for advanced level hearing aid purchase up to 1 per ear per year.</li> <li>Note: Includes 48 batteries per aid and 3 year warranty.</li> </ul> TruHearing provider must be used.		

Your primary care provider (PCP) will work with you to coordinate the care you need with specialists or certain other providers in the network. This is called a "referral." Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a referral and/or prior authorization from the plan.



## Covered Medical and Hospital Benefits (cont.)

### WHAT YOU PAY ON THIS HUMANA PLAN

### MEDICAID USUAL LIMITS AND COPAYS

#### DENTAL SERVICES

The cost-share indicated below is what you pay for the covered service.

#### Medicare covered dental

**\$0** copay

#### Routine dental DEN176

Use the HumanaDental Medicare network for the Mandatory Supplemental Dental. The provider locator can be found at Humana.com > Find a Doctor > from the Search Type drop down select Dental > under Coverage Type select All Dental Networks > enter zip code > from the network drop down select HumanaDental Medicare.

- **\$0** copayment for scaling and root planing (deep cleaning) up to 1 per quadrant every 3 years.
- **\$0** copayment for periodontal exam up to 1 every 3 years.
- **\$0** copayment for complete, partial dentures up to 1 set every 5 years.
- **\$0** copayment for panoramic film or diagnostic x-rays, recementation up to 1 every 5 years.
- **\$0** copayment for bitewing x-rays up to 1 set per year.
- **\$0** copayment for adjustments to dentures, denture reline, intraoral x-rays, root canal up to 1 per year.
- **\$0** copayment for amalgam and/or composite filling, crown, emergency treatment for pain, fluoride treatment, oral surgery, periodic oral exam, comprehensive oral evaluation, and/or emergency diagnostic exam, periodontal maintenance, prophylaxis (cleaning), simple or surgical extraction up to 2 per year.
- **\$0** copayment for necessary anesthesia with covered service up to unlimited per year.
- **\$2000** maximum benefit coverage amount per year.

**\$0** copay for Medicaid-covered services

- Covered for clients who are 20 years of age or younger
- Covered for clients who are 21 years of age or older who are in an ICF-IID.

Your primary care provider (PCP) will work with you to coordinate the care you need with specialists or certain other providers in the network. This is called a "referral." Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a referral and/or prior authorization from the plan.



## Covered Medical and Hospital Benefits (cont.)

	WHAT YOU PAY ON THIS HUMANA PLAN	MEDICAID USUAL LIMITS AND COPAYS
<b>VISION SERVICES</b>		
<b>Medicare covered vision services</b>	<b>\$0</b> copay	Services by an optician are limited to fitting and dispensing of medically necessary eyeglasses and contact lenses.
<b>Diabetic eye exam</b>	<b>\$0</b> copay	
<b>Glaucoma screening</b>	<b>\$0</b> copay	
<b>Eyewear (post-cataract)</b>	<b>\$0</b> copay	
<b>Routine vision VIS735</b>  The provider locator can be found at Humana.com > Find a Doctor > from the Search Type drop down select Vision > Eyemed Select Network.	<ul style="list-style-type: none"> <li>• <b>\$0</b> copayment for routine exam, refraction up to 1 per year.</li> <li>• <b>\$200</b> maximum benefit coverage amount per year for contact lenses or eyeglasses - lenses and frames (includes fitting). Eyeglasses include ultraviolet protection and scratch resistant coating.</li> </ul>	
<b>MENTAL HEALTH SERVICES</b>		
<b>Inpatient</b> Your plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital	<b>\$0</b> copay	Inpatient psychiatric hospital stays are a covered benefit for children. Inpatient hospital stays for acute psychiatric treatment are a covered benefit for adults. Medicaid pays coinsurance, co-payments, and deductibles for Medicare covered services. Members should follow Medicare guidelines related to hospital choice. <b>\$0</b> copay for Medicaid-covered services
<b>Outpatient group and individual therapy visits</b>	<b>\$0</b> copay	<b>\$0</b> copay for Medicaid-covered services
<b>SKILLED NURSING FACILITY (SNF)</b>		
Your plan covers up to 100 days in a SNF	<b>\$0</b> copay	<ul style="list-style-type: none"> <li>• In a Medicare-certified Skilled Nursing Facility</li> </ul> <b>\$0</b> copay for Medicaid-covered services

Your primary care provider (PCP) will work with you to coordinate the care you need with specialists or certain other providers in the network. This is called a "referral." Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a referral and/or prior authorization from the plan.



## Covered Medical and Hospital Benefits (cont.)

	WHAT YOU PAY ON THIS HUMANA PLAN	MEDICAID USUAL LIMITS AND COPAYS
<b>PHYSICAL THERAPY</b>		
	<b>\$0</b> copay	<b>\$0</b> copay for Medicaid-covered services
<b>AMBULANCE</b>		
<b>Ambulance (ground)</b>	<b>\$0</b> copay	<ul style="list-style-type: none"> <li>Medically necessary ambulance services</li> </ul> <b>\$0</b> copay for Medicaid-covered services
<b>TRANSPORTATION</b>		
	<b>\$0</b> copay for unlimited trips to plan approved locations The member <i>must</i> contact transportation vendor to arrange transportation.	



## Prescription Drug Benefits

	WHAT YOU PAY ON THIS HUMANA PLAN	MEDICAID USUAL LIMITS AND COPAYS
<b>MEDICARE PART B DRUGS</b>		
<b>Chemotherapy drugs</b>	<b>\$0</b> copay	
<b>Other part B drugs</b>	<b>\$0</b> copay	
<b>PRESCRIPTION DRUGS</b>		
<b>Medicare Part D Drugs</b>	See chart below for plan coverage information for prescription drugs	Medicaid may cover some drugs that are not covered by Part D. Contact your Medicaid agency for questions on drug coverage. <ul style="list-style-type: none"> <li><b>\$0.50 - \$3</b> copay for Medicaid covered prescription drugs not covered by a Medicare Prescription Drug Plan. Medicaid will not cover any Medicare Part D drug.</li> </ul>

**Deductible** This plan does not have a deductible.

Depending on the level of Extra Help you receive, you'll pay one of the following cost-share amounts each time you fill your drug. You will always pay **\$0** for Tier 1 drugs on this plan at a Preferred Cost-Sharing Retail or Preferred Cost-Sharing Mail Order Pharmacy.

*Your primary care provider (PCP) will work with you to coordinate the care you need with specialists or certain other providers in the network. This is called a "referral." Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a referral and/or prior authorization from the plan.*

## Pharmacy options

<b>Preferred cost-sharing</b>	<b>Mail order:</b> Humana Pharmacy® <b>Retail:</b> To find the preferred cost-share retail pharmacies near you, go to <b>Humana.com/pharmacyfinder</b>	
<b>Standard cost-sharing</b>	<b>Mail order:</b> Walmart Mail <b>Retail:</b> All other network retail pharmacies	
<b>For generic drugs</b> (including brand drugs treated as generic), either:	<b>30-day supply</b>	<b>90-day supply</b>
	\$0 copay; or \$1.25 copay; or \$3.40 copay;	\$0 copay; or \$1.25 copay; or \$3.40 copay;
<b>For all other drugs</b> , either:	\$0 copay; or \$3.80 copay; or \$8.50 copay;	\$0 copay; or \$3.80 copay; or \$8.50 copay;

Specialty drugs are limited to a 30 day supply.

Cost sharing may change depending on the pharmacy you choose, when you enter another phase of the Part D benefit and if you qualify for "Extra Help." To find out if you qualify for "Extra Help," please contact the Social Security Office at 1-800-772-1213 Monday — Friday, 7 a.m. — 7 p.m. TTY users should call 1-800-325-0778. For more information on the additional pharmacy-specific cost-sharing and the phases of the benefit, please call us or access our "Evidence of Coverage" online.

If you reside in a long-term care facility, you pay the same as at a standard retail pharmacy.

You may get drugs from an out-of-network pharmacy but may pay more than you pay at an in-network pharmacy.

### Days' Supply Available

Unless otherwise specified, you can get your Part D drug in the following days' supply amounts:

- One month supply (up to 30 days)\*
- Two month supply (31-60 days)
- Three month supply (61-90 days)

\*Long term care pharmacy (one month supply = 31 days)

## Catastrophic Coverage

After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach **\$5,100**, you pay nothing for all drugs.



## Additional benefits

	<b>WHAT YOU PAY ON THIS HUMANA PLAN</b>	<b>MEDICAID USUAL LIMITS AND COPAYS</b>
<b>Medicare-covered foot care (podiatry)</b>	<b>\$0 copay</b>	

<b>Medicare-covered chiropractic services</b>	<b>\$0</b> copay	Chiropractic manipulative treatment (CMT) performed by a chiropractor licensed by the Texas State Board of Chiropractic Examiners is a benefit of Texas Medicaid. <b>\$0</b> copay for Medicaid-covered services
<b>MEDICAL EQUIPMENT/SUPPLIES</b>		
<b>Durable medical equipment (like wheelchairs or oxygen)</b>	<b>\$0</b> copay	Includes wheelchairs and oxygen <b>\$0</b> copay for Medicaid-covered services
<b>Medical Supplies</b>	<b>\$0</b> copay	<b>\$0</b> copay for Medicaid-covered services
<b>Prosthetics (artificial limbs or braces)</b>	<b>\$0</b> copay	For Members birth through age 20 (CCP), Medicaid pays for this service if it is not covered by Medicare or when the Medicare benefit is exhausted. Medicaid pays for breast prostheses for Members of all ages if not covered by Medicare or when the Medicare benefit is exhausted. <b>\$0</b> copay for Medicaid-covered services
<b>Diabetic monitoring supplies</b>	<b>\$0</b> copay	Includes coverage for test strips, lancets, and screening tests <b>\$0</b> copay for Medicaid-covered services
<b>REHABILITATION SERVICES</b>		
<b>Physical, occupational and speech therapy</b>	<b>\$0</b> copay	
<b>Cardiac rehabilitation</b>	<b>\$0</b> copay	<b>\$0</b> copay for Medicaid-covered services
<b>Pulmonary rehabilitation</b>	<b>\$0</b> copay	



## Additional Medicaid Covered Services

Dual eligible members who meet financial criteria for full Medicaid coverage may also be eligible to receive all Medicaid services not covered by Medicare. Humana Gold Plus may also offer coverage for these services. The benefits described below are covered by Medicaid. The benefits described in the Covered Medical and Hospital Benefits section of the Summary of Benefits are covered by Medicare. For each benefit listed below, you can see what the Texas Health and Human Services Commission (HHSC) Medicaid Program covers and what our plan covers. What you pay for covered services may depend on your level of Medicaid eligibility. If you have questions about your Medicaid eligibility and what benefits you are entitled to call: 1-877-541-7905 (TTY: 711).

BENEFIT	WHAT YOU PAY ON THIS HUMANA PLAN	MEDICAID STATE PLAN
<b>PRODUCTS AND DEVICES</b>		
<b>Assistive Communication Devices</b>	See “Durable medical equipment” benefit in the “Covered Medical and Hospital Benefits” chart above	Also known as Augmentative Communication Device (ACD) System) <b>\$0</b> copay for Medicaid-covered services
<b>Dentures</b>	See “Dental” benefit in the “Covered Medical and Hospital Benefits” chart above	Not covered
<b>Eyeglasses</b>	See “Vision” benefit in the “Covered Medical and Hospital Benefits” chart above	Services by an optician are limited to fitting and dispensing of medically necessary eyeglasses and contact lenses. <b>\$0</b> copay for Medicaid-covered services
<b>Hearing Aids</b>	See “Hearing” benefit in the “Covered Medical and Hospital Benefits” chart above	Not covered
<b>TRANSPORTATION</b>		
<b>Non-Emergency Medical Transportation Services</b>	See “Transportation” benefit in the “Covered Medical and Hospital Benefits” chart above	The Medicaid Medical Transportation Program (MTP) provides non-emergency transportation, if it is not covered by Medicare. <b>\$0</b> copay for Medicaid-covered services
<b>INPATIENT LONG TERM CARE SERVICES</b>		
<b>Inpatient Hospital, Nursing Facility and Intermediate Care Facility Services in Institutions for Mental Diseases (IMD), age 65 and older</b>	Not covered	<b>\$0</b> copay

<b>Inpatient Psychiatric Services, under age 21</b>	See “Mental Health” benefit in the “Covered Medical and Hospital Benefits” chart above	<b>\$0</b> copay
<b>Intermediate Care Facility Services for Individuals with Intellectual Disabilities</b>	Not Covered	<b>\$0</b> copay
<b>Nursing Facility Services, other than in an Institution for Mental Diseases</b>	See “Skilled Nursing” benefit in the “Covered Medical and Hospital Benefits” chart above	<b>\$0</b> copay

#### **HOME AND COMMUNITY BASED WAIVER SERVICES**

Dual eligible members, who meet the financial criteria for full Medicaid coverage, may also be eligible to receive Waiver services. Waiver services are limited to individuals who meet additional waiver eligibility criteria. For information on waiver services and eligibility, contact Medicaid at 1-877-541-7905 (TTY: 711).

The Additional Medicaid Covered Services table above reflects Medicaid services available on a fee for service basis for dual eligibles who meet the eligibility requirements for full Medicaid benefits.

The Medicaid information included in this section is current as of 7/1/2018. All Medicaid covered services are subject to change at any time. For the most current Texas Medicaid coverage information, please visit the Texas Medicaid website at <http://www.hhsc.state.tx.us/> or call the Medicaid Hotline at **1-877-541-7905 (TTY: 711)**.



## More benefits with **your plan**

Enjoy some of these extra benefits included in your plan.

### **Smoking cessation program**

To further assist in your effort to quit smoking or tobacco product use, we cover one additional counseling quit attempt within a 12-month period as a service with no cost to you. This is in addition to the two counseling attempt provided by Medicare and includes up to four face-to-face visits. This service can be used for either preventive measures or for diagnosis with a tobacco related disease.

### **Chiropractic services**

Routine chiropractic:

**\$0** copay per visit for up to 12 visits

### **Enhanced Nutrition Therapy**

Additional one-on-one nutrition therapy counseling.

### **Routine foot care**

**\$0** copay per visit for up to 6 visits

### **Well Dine Meal Program**

Humana's meal program for members following an inpatient stay in the hospital or nursing facility

### **HumanaFirst® Nurse Hotline**

Health advice from a registered nurse, available 24 hours a day, seven days a week.

### **Over-the-Counter (OTC) mail order**

Up to **\$300** allowance every 3 months for the purchase of OTC supplies from Humana Pharmacy mail delivery.

### **Personal Home Care (Respite)**

With the respite care benefit you will receive services for a minimum of 3 hours per day up to 42 hours per year. Respite care is the provision of certain non-skilled, in-home services by a home health aide (e.g., assistance with bathing, dressing, toileting, walking, eating, and preparing meals) in order to provide temporary relief for family members or other persons who normally care for the member in the home, when the member requires assistance with those services as a result of a medical condition.

Authorization may be required. Contact the plan for details.

### **Virtual Visits - Medical**

Access to doctors and other practitioners via phone and/or video technology for diagnosis and treatment of certain non-emergency medical issues.

You pay a **\$0** copay to receive a remote medical consultation.

### **Virtual Visits – Mental and Behavioral Health**

Access to doctors and other mental health professionals via phone and/or video technology for diagnosis and treatment of certain non-emergency mental or behavioral issues.

You pay a **\$0** copay to receive a remote mental and behavioral consultation.

### **Wigs (related to chemotherapy treatment)**

Up to an unlimited maximum benefit per year.

**Go365™ by Humana**

Rewards for completing certain preventive health screenings and health and wellness activities.

**SilverSneakers® fitness program**

Basic fitness center membership including fitness classes.



## Find out **more**

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You can see our plan's **provider and pharmacy directory** at our website at **[www.humana.com/members/tools](http://www.humana.com/members/tools)** or call us at the number listed at the beginning of this booklet and we will send you one.



You can see our plan's **drug list** at our website at **[www.humana.com/medicare/medicare\\_prescription\\_drugs/medicare\\_drug\\_tools/medicare\\_drug\\_list/](http://www.humana.com/medicare/medicare_prescription_drugs/medicare_drug_tools/medicare_drug_list/)** or call us at the number listed at the beginning of this booklet and we will send you one.

This information is not a complete description of benefits. Call 1-800-457-4708 (TTY: 711) for more information.

To find out more about the coverage and costs of Original Medicare, look in the current “Medicare & You” handbook. View it online at <http://www.medicare.gov> or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, seven days a week. TTY users should call 1-877-486-2048.

**This information is available in a different format**, including Braille, large print, and audio tapes. Please call Customer Care at the number listed in the beginning of this document if you need plan information in another format.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-833-2364 (TTY: 711).

Humana has been approved by the National Committee for Quality Assurance (NCQA) to operate as a Special Needs Plan (SNP) until 12/31/2019 based on a review of Humana's Model of Care.

The provider/pharmacy network may change at any time. You will receive notice when necessary.

Limitations on healthcare and prescription services delivered via virtual visits and communications options vary by state. Virtual visit services are not a substitute for emergency care and not intended to replace your primary care provider or other providers in your network. This material is provided for informational use only and should not be construed as medical advice or used in place of consulting a licensed medical professional.

## This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There is a dashed line at the top edge, suggesting a fold or a header area. The paper appears to be a standard notebook or a sheet of stationery designed for writing.

## This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There is no handwriting or other markings on the paper.

## Discrimination is Against the Law

Humana Inc. and its subsidiaries comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender identity, or religion. Humana Inc. and its subsidiaries do not exclude people or treat them differently because of race, color, national origin, age, disability, sex, sexual orientation, gender identity, or religion.

Humana Inc. and its subsidiaries provide: (1) free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate; and, (2) free language services to people whose primary language is not English when those services are necessary to provide meaningful access, such as translated documents or oral interpretation.

If you need these services, call **1-877-320-1235** or if you use a **TTY**, call **711**.

If you believe that Humana Inc. and its subsidiaries have failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender identity, or religion, you can file a grievance with Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618.

If you need help filing a grievance, call **1-877-320-1235** or if you use a **TTY**, call **711**.

You can also file a civil rights complaint with the **U.S. Department of Health and Human Services**, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at **<https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>**, or by mail or phone at **U.S. Department of Health and Human Services**, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201, **1-800-368-1019, 800-537-7697 (TDD)**.

Complaint forms are available at **<https://www.hhs.gov/ocr/office/file/index.html>**.

## Multi-Language Interpreter Services

ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 1-877-320-1235 **(TTY: 711)**... ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-877-320-1235 **(TTY: 711)** 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-877-320-1235 **(TTY: 711)**。... CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-877-320-1235 **(TTY: 711)**... 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-877-320-1235 **(TTY: 711)** 번으로 전화해 주십시오 .... PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-877-320-1235 **(TTY: 711)**... ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-877-320-1235 **(телетайп: 711)**... ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-877-320-1235 **(TTY: 711)**... ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-877-320-1235 **(ATS: 711)**... UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-877-320-1235 **(TTY: 711)**... ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-877-320-1235 **(TTY: 711)**... ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-877-320-1235 **(TTY: 711)**... ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-877-320-1235 **(TTY: 711)**... 注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。 1-877-320-1235 **(TTY: 711)** まで、お電話にてご連絡ください。 ...

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 1-877-320-1235 **(TTY: 711)** تماس بگیرید.

Díí baa akó nínízin: Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jiik'eh, éí ná hóló, kóji' hódíłnih 1-877-320-1235 **(TTY: 711)**...

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-877-320-1235 **(رقم هاتف الصم والبكم: 711)**.





Humana Gold Plus SNP-DE H0028-033  
(HMO SNP)  
H0028033000 ENG  
Fort Bend, Harris and Montgomery  
counties

