

# Summary of Benefits

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## **Humana Gold Plus<sup>®</sup> SNP-DE H0028-007 (HMO SNP)**

Douglas County

Our service area includes the following county/counties in Nebraska: Douglas.

**Humana<sup>®</sup>**

## Pre-Enrollment Checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at **1-800-833-2364 (TTY: 711)**.

### Understanding the Benefits

- ☐ Review the full list of benefits found in the Evidence of Coverage (EOC), especially for those services that you routinely see a doctor. Visit **Humana.com/medicare** or call **1-800-833-2364 (TTY: 711)** to view a copy of the EOC.
- ☐ Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.
- ☐ Review the pharmacy directory to make sure the pharmacy you use for any prescription medicines is in the network. If the pharmacy is not listed, you will likely have to select a new pharmacy for your prescriptions.

### Understanding Important Rules

- ☐ Benefits, premiums and/or copayments/co-insurance may change on January 1, 2020.
- ☐ Except in emergency or urgent situations, we do not cover services by out-of-network providers (doctors who are not listed in the provider directory).
- ☐ This plan is a dual eligible special needs plan (D-SNP). Your ability to enroll will be based on verification that you are entitled to both Medicare and medical assistance from a state plan under Medicaid. This plan may enroll dual eligibles who are SLMB Plus, QMB Plus, QMB and FBDE.

# Summary of Benefits

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Our service area includes the following county/counties in Nebraska: Douglas.

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# Let's talk about Humana Gold Plus SNP-DE H0028-007 (HMO SNP)

Find out more about the Humana Gold Plus SNP-DE H0028-007 (HMO SNP) plan - including the health and drug services it covers - in this easy-to-use guide.

Humana Gold Plus SNP-DE H0028-007 (HMO SNP) is a Coordinated Care plan with a Medicare contract and a contract with the Nebraska Department of Health & Human Services. Enrollment in this Humana plan depends on contract renewal.

The benefit information provided is a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. For a complete list of services we cover, ask us for the "Evidence of Coverage" or you will receive one after you enroll.

As a member you must select an in-network doctor to act as your Primary Care Provider (PCP). Humana Gold Plus SNP-DE H0028-007 (HMO SNP) has a network of doctors, hospitals, pharmacies and other providers. If you use providers who aren't in our network, the plan may not pay for these services. You have access to Care Managers. Care Managers are nurses or care coordinators who support your health and well-being by providing additional services including: acute and chronic-care management, telephonic and in-person health support; assistance in coordinating Medicare and Medicaid benefits, educational resources and workshops and support for families and caregivers.

## To be eligible

To enroll in Humana Gold Plus SNP-DE H0028-007 (HMO SNP), a Dual Eligible Special Needs Plan, you must be entitled to Medicare Part A and enrolled in Medicare Part B, live in our service area and also receive certain levels of assistance from the Nebraska Medical Assistance program (Medicaid). If you receive both Medicare and Medicaid benefits, this means you are a dual eligible.

Humana Gold Plus SNP-DE H0028-007 (HMO SNP) may enroll dual eligibles who are SLMB Plus, QMB Plus, QMB and FBDE.

## Plan name:

Humana Gold Plus SNP-DE H0028-007 (HMO SNP)

## More about Humana Gold Plus SNP-DE H0028-007 (HMO SNP)

As a member of this plan, you will not be responsible for cost sharing for plan benefits. The Comprehensive Benefit Chart shows the benefits you will receive from Humana and how Medicaid covers your cost sharing for those plan benefits. The chart also lists some benefits you could receive from Medicaid if you are eligible for full Medicaid benefits. If you are entitled to Medicaid benefits your care coordinator will work with you to assist you in understanding and accessing the Medicare and Medicaid benefits you may be entitled to. Be sure to show your Medicaid ID card in addition to your Humana membership card to make your provider aware that you may have additional coverage. Your services are paid first by Humana and then by Medicaid.

## How to reach us:

If you have questions about your benefits or your level of eligibility for assistance from Medicaid, you should contact Humana's Customer Care department or your state Medicaid office for further details.

If you're a member of this plan, call toll-free: **1-800-457-4708 (TTY: 711).**

If you're **not** a member of this plan, call toll free: **1-800-833-2364 (TTY: 711).**

### October 1 - March 31:

Call 7 days a week from 8 a.m. - 8 p.m.

### April 1 - September 30:

Call Monday - Friday, 8 a.m. - 8 p.m.

Or visit our website: **Humana.com/medicare.**

For the most current Nebraska Medicaid coverage information, please visit the Nebraska Medicaid website at [http://dhhs.ne.gov/medicaid/Pages/med\\_medindex.aspx](http://dhhs.ne.gov/medicaid/Pages/med_medindex.aspx) or call the Medicaid Hotline at **1-855-632-7633 (TTY: 711).**



## A healthy partnership

Get more from your plan — with extra services and resources provided by Humana!



## Monthly Premium, Deductible and Limits

|   |   |
|---|---|
| <b>Monthly plan premium</b>                 | <b>\$0</b><br>You must keep paying your Medicare Part B premium. The Part B premium may be covered through your State Medicaid Program. |
| <b>Medical deductible</b>                   | This plan does not have a deductible.   |
| <b>Pharmacy (Part D) deductible</b>         | This plan does not have a deductible.   |
| <b>Maximum out-of-pocket responsibility</b> | This plan does not have a maximum out-of-pocket responsibility.   |



## Covered Medical and Hospital Benefits

**For members protected by the State Medicaid Program from cost sharing, Medicaid pays coinsurance, copays and deductibles for Original Medicare covered services up to the Medicaid allowed rate.**

|   | <b>WHAT YOU PAY ON THIS HUMANA PLAN</b>  | <b>MEDICAID USUAL LIMITS AND COPAYS</b> |
|---|--|---|
| <b>ACUTE INPATIENT HOSPITAL CARE</b>                    |  |   |
|   | <b>\$0</b> copay   |   |
| <b>OUTPATIENT HOSPITAL COVERAGE</b>                     |  |   |
| <b>Outpatient surgery at outpatient hospital</b>        | <b>\$0</b> copay   |   |
| <b>Outpatient surgery at ambulatory surgical center</b> | <b>\$0</b> copay   |   |
| <b>DOCTOR OFFICE VISITS</b>                             |  |   |
| <b>Primary care provider (PCP)</b>                      | <b>\$0</b> copay   |   |
| <b>Specialists</b>                                      | <b>\$0</b> copay   |   |
| <b>PREVENTIVE CARE</b>                                  |  |   |
|   | <b>Our plan covers many preventive services at no cost when you see an in-network provider including:</b> <ul style="list-style-type: none"> <li>• Abdominal aortic aneurysm screening</li> <li>• Alcohol misuse counseling</li> <li>• Bone mass measurement</li> <li>• Breast cancer screening (mammogram)</li> <li>• Cardiovascular disease (behavioral therapy)</li> <li>• Cardiovascular screenings</li> </ul> |   |

*You do not need a referral to receive covered services from providers. Certain procedures, services and drugs may need advance approval from your plan. This is called a “prior authorization” or “preauthorization.” Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a prior authorization from the plan.*



## Covered Medical and Hospital Benefits (cont.)

### WHAT YOU PAY ON THIS HUMANA PLAN

### MEDICAID USUAL LIMITS AND COPAYS

- Cervical and vaginal cancer screening
- Colorectal cancer screenings (colonoscopy, fecal occult blood test, flexible sigmoidoscopy)
- Depression screening
- Diabetes screenings
- HIV screening
- Medical nutrition therapy services
- Obesity screening and counseling
- Prostate cancer screenings (PSA)
- Sexually transmitted infections screening and counseling
- Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease)
- Vaccines, including flu shots, hepatitis B shots, pneumococcal shots
- "Welcome to Medicare" preventive visit (one-time)
- Annual Wellness Visit
- Lung cancer screening
- Routine physical exam
- Medicare diabetes prevention program

**Any additional preventive services approved by Medicare during the contract year will be covered.**

### EMERGENCY CARE

#### Emergency room

**\$0** copay

If you are admitted to the hospital within 24 hours, you do not have to pay your share of the cost for the emergency care.

*You do not need a referral to receive covered services from providers. Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a prior authorization from the plan.*



## Covered Medical and Hospital Benefits (cont.)

|  | WHAT YOU PAY ON THIS HUMANA PLAN  | MEDICAID USUAL LIMITS AND COPAYS |
|--|---|----------------------------------|
| <b>Urgently needed services</b><br>Urgently needed services are provided to treat a non-emergency, unforeseen medical illness, injury or condition that requires immediate medical attention.  | <b>\$0</b> copay  |                                  |
| <b>DIAGNOSTIC SERVICES, LABS AND IMAGING</b>   |   |                                  |
| <b>Diagnostic Mammography</b>  | <b>\$0</b> copay  |                                  |
| <b>Diagnostic radiology</b>  | <b>\$0</b> copay  |                                  |
| <b>Lab services</b>  | <b>\$0</b> copay  |                                  |
| <b>Diagnostic tests and procedures</b>   | <b>\$0</b> copay  |                                  |
| <b>Outpatient X-rays</b>   | <b>\$0</b> copay  |                                  |
| <b>Radiation Therapy</b>   | <b>\$0</b> copay  |                                  |
| <b>HEARING SERVICES</b>  |   |                                  |
| <b>Medicare covered hearing</b>  | <b>\$0</b> copay  |                                  |
| <b>Routine hearing HER945</b>  | <ul style="list-style-type: none"><li>• <b>\$0</b> copayment for routine hearing exams up to 1 per year.</li><li>• <b>\$0</b> copayment for fitting/evaluation up to 3 per year.</li><li>• <b>\$0</b> copayment for advanced level hearing aid purchase up to 1 per ear per year.</li><li>• Note: Includes 48 batteries per aid and 3 year warranty.</li></ul> TruHearing provider must be used.  |                                  |
| <b>DENTAL SERVICES</b><br>The cost-share indicated below is what you pay for the covered service.  |   |                                  |
| <b>Medicare covered dental</b>   | <b>\$0</b> copay  |                                  |
| <b>Routine dental DEN115</b><br><br>Use the HumanaDental Medicare network for the Mandatory Supplemental Dental. The provider locator can be found at Humana.com > Find a Doctor > from the Search Type drop down select Dental > under Coverage Type select All Dental Networks > | <ul style="list-style-type: none"><li>• <b>\$0</b> copayment for periodontal exam up to 1 every 3 years.</li><li>• <b>\$0</b> copayment for complete dentures, partial dentures up to 1 set(s) every 5 years.</li><li>• <b>\$0</b> copayment for panoramic film or diagnostic x-rays up to 1 every 5 years.</li><li>• <b>\$0</b> copayment for bitewing x-rays up to 1 set(s) per year.</li></ul> |                                  |

You do not need a referral to receive covered services from providers. Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a prior authorization from the plan.





## Covered Medical and Hospital Benefits (cont.)

|   | WHAT YOU PAY ON THIS<br>HUMANA PLAN   | MEDICAID USUAL LIMITS AND<br>COPAYS |
|---|---|-------------------------------------|
| enter zip code > from the network drop down select HumanaDental Medicare. | <ul style="list-style-type: none"> <li>• <b>\$0</b> copayment for adjustments to dentures, crown, denture reline, intraoral x-rays up to 1 per year.</li> <li>• <b>\$0</b> copayment for amalgam and/or composite filling, periodic oral exam, and/or comprehensive oral evaluation, prophylaxis (cleaning), simple or surgical extraction up to 2 per year.</li> <li>• <b>\$0</b> copayment for necessary anesthesia with covered service up to unlimited per year.</li> <li>• <b>\$1000</b> combined maximum benefit coverage amount per year.</li> </ul> |                                     |

### VISION SERVICES

|   |   |  |
|---|---|--|
| <b>Medicare covered vision services</b>   | <b>\$0</b> copay  |  |
| <b>Diabetic eye exam</b>  | <b>\$0</b> copay  |  |
| <b>Glaucoma screening</b>   | <b>\$0</b> copay  |  |
| <b>Eyewear (post-cataract)</b>  | <b>\$0</b> copay  |  |
| <b>Routine vision VIS733</b><br><br>The provider locator can be found at Humana.com > Find a Doctor > from the Search Type drop down select Vision > Eyemed Select Network. | <ul style="list-style-type: none"> <li>• <b>\$0</b> copayment for routine exam, refraction up to 1 per year.</li> <li>• <b>\$300</b> maximum benefit coverage amount per year for contact lenses or eyeglasses - lenses and frames (includes fitting). Eyeglasses will include ultraviolet protection and scratch resistant coating.</li> </ul> |  |

### MENTAL HEALTH SERVICES

|  |                  |  |
|--|------------------|--|
| <b>Inpatient</b><br>Your plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital | <b>\$0</b> copay |  |
| <b>Outpatient group and individual therapy visits</b>  | <b>\$0</b> copay |  |

You do not need a referral to receive covered services from providers. Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a prior authorization from the plan.



## Covered Medical and Hospital Benefits (cont.)

|  | WHAT YOU PAY ON THIS<br>HUMANA PLAN  | MEDICAID USUAL LIMITS AND<br>COPAYS |
|--|--|-------------------------------------|
| <b>SKILLED NURSING FACILITY (SNF)</b>    |  |                                     |
| Your plan covers up to 100 days in a SNF | <b>\$0</b> copay   |                                     |
| <b>PHYSICAL THERAPY</b>                  |  |                                     |
|  | <b>\$0</b> copay   |                                     |
| <b>AMBULANCE</b>                         |  |                                     |
| <b>Ambulance (ground)</b>                | <b>\$0</b> copay   |                                     |
| <b>TRANSPORTATION</b>                    |  |                                     |
|  | <b>\$0</b> copay for up to 12 one-way trips to plan approved locations. Not to exceed 50 miles per trip. The member <i>must</i> contact transportation vendor to arrange transportation. |                                     |



## Prescription Drug Benefits

|                              | WHAT YOU PAY ON THIS<br>HUMANA PLAN                                  | MEDICAID USUAL LIMITS AND<br>COPAYS   |
|------------------------------|--|---|
| <b>MEDICARE PART B DRUGS</b> |  |   |
| <b>Chemotherapy drugs</b>    | <b>\$0</b> copay   |   |
| <b>Other part B drugs</b>    | <b>\$0</b> copay   |   |
| <b>PRESCRIPTION DRUGS</b>    |  |   |
| <b>Medicare Part D Drugs</b> | See chart below for plan coverage information for prescription drugs | Medicaid may cover some drugs that are not covered by Part D. Contact your Medicaid agency for questions on drug coverage. <ul style="list-style-type: none"> <li>• <b>\$2</b> (generic) and <b>\$3</b> (brand name) copay for Medicaid covered prescription drugs not covered by a Medicare Prescription Drug Plan.</li> </ul> |

**Deductible** This plan does not have a deductible.

Depending on the level of Extra Help you receive, you'll pay one of the following cost-share amounts each time you fill your drug. You will always pay **\$0** for Tier 1 drugs on this plan at a Preferred Cost-Sharing Retail or Preferred Cost-Sharing Mail Order Pharmacy.

*You do not need a referral to receive covered services from providers. Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a prior authorization from the plan.*

**Pharmacy options**

|  |   |  |
|--|---|--|
| <b>Preferred cost-sharing</b>  | <b>Mail order:</b> Humana Pharmacy®<br><b>Retail:</b> To find the preferred cost-share retail pharmacies near you, go to <b>Humana.com/pharmacyfinder</b> |  |
| <b>Standard cost-sharing</b>   | <b>Mail order:</b> Walmart Mail<br><b>Retail:</b> All other network retail pharmacies   |  |
| <b>For generic drugs</b> (including brand drugs treated as generic), either: | <b>30-day supply</b>  | <b>90-day supply</b>                               |
|  | \$0 copay; or<br>\$1.25 copay; or<br>\$3.40 copay;  | \$0 copay; or<br>\$1.25 copay; or<br>\$3.40 copay; |
| <b>For all other drugs</b> , either:   | \$0 copay; or<br>\$3.80 copay; or<br>\$8.50 copay;  | \$0 copay; or<br>\$3.80 copay; or<br>\$8.50 copay; |

Specialty drugs are limited to a 30 day supply.

Cost sharing may change depending on the pharmacy you choose, when you enter another phase of the Part D benefit and if you qualify for "Extra Help." To find out if you qualify for "Extra Help," please contact the Social Security Office at 1-800-772-1213 Monday — Friday, 7 a.m. — 7 p.m. TTY users should call 1-800-325-0778. For more information on the additional pharmacy-specific cost-sharing and the phases of the benefit, please call us or access our "Evidence of Coverage" online.

If you reside in a long-term care facility, you pay the same as at a standard retail pharmacy.

You may get drugs from an out-of-network pharmacy but may pay more than you pay at an in-network pharmacy.

**Days' Supply Available**

Unless otherwise specified, you can get your Part D drug in the following days' supply amounts:

- One month supply (up to 30 days)\*
- Two month supply (31-60 days)
- Three month supply (61-90 days)

\*Long term care pharmacy (one month supply = 31 days)

**Catastrophic Coverage**

After your yearly out-of-pocket drug costs (including drugs purchased through your retail pharmacy and through mail order) reach **\$5,100**, you pay nothing for all drugs.

**Additional benefits**

|   | <b>WHAT YOU PAY ON THIS HUMANA PLAN</b> | <b>MEDICAID USUAL LIMITS AND COPAYS</b> |
|---|---|---|
| <b>Medicare-covered foot care (podiatry)</b>  | <b>\$0</b> copay                        |   |
| <b>Medicare-covered chiropractic services</b> | <b>\$0</b> copay                        |   |

|   | WHAT YOU PAY ON THIS<br>HUMANA PLAN | MEDICAID USUAL LIMITS AND<br>COPAYS |
|---|-------------------------------------|-------------------------------------|
| <b>MEDICAL EQUIPMENT/SUPPLIES</b>                         |                                     |                                     |
| Durable medical equipment<br>(like wheelchairs or oxygen) | <b>\$0</b> copay                    |                                     |
| Medical Supplies  | <b>\$0</b> copay                    |                                     |
| Prosthetics (artificial limbs or<br>braces)               | <b>\$0</b> copay                    |                                     |
| Diabetic monitoring supplies                              | <b>\$0</b> copay                    |                                     |
| <b>REHABILITATION SERVICES</b>                            |                                     |                                     |
| Physical, occupational and<br>speech therapy              | <b>\$0</b> copay                    |                                     |
| Cardiac rehabilitation                                    | <b>\$0</b> copay                    |                                     |
| Pulmonary rehabilitation                                  | <b>\$0</b> copay                    |                                     |



## Additional Medicaid Covered Services

Dual eligible members who meet financial criteria for full Medicaid coverage may also be eligible to receive all Medicaid services not covered by Medicare. Humana Gold Plus may also offer coverage for these services. The benefits described below are covered by Medicaid. The benefits described in the Covered Medical and Hospital Benefits section of the Summary of Benefits are covered by Medicare. For each benefit listed below, you can see what the Nebraska Department of Health & Human Services covers and what our plan covers. What you pay for covered services may depend on your level of Medicaid eligibility. If you have questions about your Medicaid eligibility and what benefits you are entitled to call: 1-855-632-7633 (TTY: 711).

| BENEFIT                     | WHAT YOU PAY ON THIS<br>HUMANA PLAN   | MEDICAID STATE PLAN  |
|-----------------------------|---|--|
| <b>PRODUCTS AND DEVICES</b> |   |  |
| Dentures                    | See “Dental” benefit in the<br>“Covered Medical and Hospital<br>Benefits” chart above | <ul style="list-style-type: none"> <li>• Covered</li> <li>• <b>\$0</b> copay</li> </ul>  |
| Eyeglasses                  | See “Vision” benefit in the<br>“Covered Medical and Hospital<br>Benefits” chart above | <ul style="list-style-type: none"> <li>• One pair of eyeglass frames<br/>within a 24-month period when<br/>medically necessary.</li> <li>• <b>\$0</b> copay</li> </ul> |

|                     |  |   |
|---------------------|--|---|
| <b>Hearing Aids</b> | See “Hearing” benefit in the “Covered Medical and Hospital Benefits” chart above | <ul style="list-style-type: none"> <li>• For clients age 20 and younger: Hearing aids required by medical necessity.</li> <li>• For clients age 21 and older: Hearing aids are limited to not more than one aid per ear every four years and then only when medically necessary.</li> <li>• <b>\$0</b> copay</li> </ul> |
|---------------------|--|---|

## TRANSPORTATION

|  |   |  |
|--|---|--|
| <b>Non-Emergency Medical Transportation Services</b> | See “Transportation” benefit in the “Covered Medical and Hospital Benefits” chart above | <ul style="list-style-type: none"> <li>• Unlimited transportation to obtain services covered by Nebraska Medicaid when the member meets specific criteria defined by the state.</li> <li>• <b>\$0</b> copay</li> </ul> |
|--|---|--|

## INPATIENT LONG TERM CARE SERVICES

|   |  |                    |
|---|--|--------------------|
| <b>Inpatient Hospital, Nursing Facility and Intermediate Care Facility Services in Institutions for Mental Diseases (IMD), age 65 and older</b> | Not covered  | • <b>\$0</b> copay |
| <b>Inpatient Psychiatric Services, under age 21</b>   | See “Mental Health” benefit in the “Covered Medical and Hospital Benefits” chart above   | • <b>\$0</b> copay |
| <b>Intermediate Care Facility Services for Individuals with Intellectual Disabilities</b>   | Not Covered  | • <b>\$0</b> copay |
| <b>Nursing Facility Services, other than in an Institution for Mental Diseases</b>  | See “Skilled Nursing” benefit in the “Covered Medical and Hospital Benefits” chart above | • <b>\$0</b> copay |

## HOME AND COMMUNITY BASED WAIVER SERVICES

Dual eligible members, who meet the financial criteria for full Medicaid coverage, may also be eligible to receive Waiver services. Waiver services are limited to individuals who meet additional waiver eligibility criteria. For information on waiver services and eligibility, contact Medicaid at 1-855-632-7633 or the Aging and Disability Resource Connection at 1-866-552-4464 (TTY: 711).

The Additional Medicaid Covered Services table above reflects Medicaid services available on a fee for service basis for dual eligibles who meet the eligibility requirements for full Medicaid benefits.

The Medicaid information included in this section is current as of 7/1/2018. All Medicaid covered services are subject to change at any time. For the most current Nebraska Medicaid coverage information, please visit the Nebraska Medicaid website at [http://dhhs.ne.gov/medicaid/Pages/med\\_medindex.aspx](http://dhhs.ne.gov/medicaid/Pages/med_medindex.aspx) or call the Medicaid Hotline at **1-855-632-7633 (TTY: 711)**.



## More benefits with **your plan**

Enjoy some of these extra benefits included in your plan.

### **Smoking cessation program**

To further assist in your effort to quit smoking or tobacco product use, we cover one additional counseling quit attempt within a 12-month period as a service with no cost to you. This is in addition to the two counseling attempt provided by Medicare and includes up to four face-to-face visits. This service can be used for either preventive measures or for diagnosis with a tobacco related disease.

### **Enhanced Nutrition Therapy**

Additional one-on-one nutrition therapy counseling.

### **Well Dine Meal Program**

Humana's meal program for members following an inpatient stay in the hospital or nursing facility

### **HumanaFirst® Nurse Hotline**

Health advice from a registered nurse, available 24 hours a day, seven days a week.

### **Over-the-Counter (OTC) mail order**

Up to **\$300** allowance every 3 months for the purchase of OTC supplies from Humana Pharmacy mail delivery.

### **Personal Emergency Response System**

This provides you help in emergency situations. The medical alert service comes with an installed in-home communication device and a wearable button to call for help when you've fallen at home or have an emergency.

### **Virtual Visits - Medical**

Access to doctors and other practitioners via phone and/or video technology for diagnosis and treatment of certain non-emergency medical issues.

You pay a **\$0** copay to receive a remote medical consultation.

### **Virtual Visits – Mental and Behavioral Health**

Access to doctors and other mental health professionals via phone and/or video technology for diagnosis and treatment of certain non-emergency mental or behavioral issues.

You pay a **\$0** copay to receive a remote mental and behavioral consultation.

### **Wigs (related to chemotherapy treatment)**

Up to a **\$500** maximum benefit per year.

### **Go365™ by Humana**

Rewards for completing certain preventive health screenings and health and wellness activities.

### **SilverSneakers® fitness program**

Basic fitness center membership including fitness classes.



## Find out **more**

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You can see our plan's **provider and pharmacy directory** at our website at **[www.humana.com/members/tools](http://www.humana.com/members/tools)** or call us at the number listed at the beginning of this booklet and we will send you one.



You can see our plan's **drug list** at our website at **[www.humana.com/medicare/medicare\\_prescription\\_drugs/medicare\\_drug\\_tools/medicare\\_drug\\_list/](http://www.humana.com/medicare/medicare_prescription_drugs/medicare_drug_tools/medicare_drug_list/)** or call us at the number listed at the beginning of this booklet and we will send you one.

This information is not a complete description of benefits. Call 1-800-457-4708 (TTY: 711) for more information.

To find out more about the coverage and costs of Original Medicare, look in the current “Medicare & You” handbook. View it online at <http://www.medicare.gov> or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, seven days a week. TTY users should call 1-877-486-2048.

**This information is available in a different format**, including Braille, large print, and audio tapes. Please call Customer Care at the number listed in the beginning of this document if you need plan information in another format.

ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-800-833-2364 (TTY: 711).

Humana has been approved by the National Committee for Quality Assurance (NCQA) to operate as a Special Needs Plan (SNP) until 12/31/2019 based on a review of Humana's Model of Care.

The provider/pharmacy network may change at any time. You will receive notice when necessary.

Limitations on healthcare and prescription services delivered via virtual visits and communications options vary by state. Virtual visit services are not a substitute for emergency care and not intended to replace your primary care provider or other providers in your network. This material is provided for informational use only and should not be construed as medical advice or used in place of consulting a licensed medical professional.

[illegible]



## This image shows a blank sheet of white paper designed for handwriting practice. It features a series of horizontal lines spaced evenly down the page. At the very top, there is a dashed line, followed by a solid line, and then several more solid lines below. The lines are thin and light gray or blue in color. There is no text or other markings on the page.

## Discrimination is Against the Law

Humana Inc. and its subsidiaries comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender identity, or religion. Humana Inc. and its subsidiaries do not exclude people or treat them differently because of race, color, national origin, age, disability, sex, sexual orientation, gender identity, or religion.

Humana Inc. and its subsidiaries provide: (1) free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate; and, (2) free language services to people whose primary language is not English when those services are necessary to provide meaningful access, such as translated documents or oral interpretation.

If you need these services, call **1-877-320-1235** or if you use a **TTY**, call **711**.

If you believe that Humana Inc. and its subsidiaries have failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender identity, or religion, you can file a grievance with Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618.

If you need help filing a grievance, call **1-877-320-1235** or if you use a **TTY**, call **711**.

You can also file a civil rights complaint with the **U.S. Department of Health and Human Services**, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at **<https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>**, or by mail or phone at **U.S. Department of Health and Human Services**, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201, **1-800-368-1019, 800-537-7697 (TDD)**.

Complaint forms are available at **<https://www.hhs.gov/ocr/office/file/index.html>**.

## Multi-Language Interpreter Services

ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call 1-877-320-1235 **(TTY: 711)**... ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-877-320-1235 **(TTY: 711)** 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 1-877-320-1235 **(TTY: 711)**。... CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 1-877-320-1235 **(TTY: 711)**... 주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 1-877-320-1235 **(TTY: 711)** 번으로 전화해 주십시오 .... PAUNAWA: Kung nagsasalita ka ng Tagalog, maaari kang gumamit ng mga serbisyo ng tulong sa wika nang walang bayad. Tumawag sa 1-877-320-1235 **(TTY: 711)**... ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 1-877-320-1235 **(телетайп: 711)**... ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. Rele 1-877-320-1235 **(TTY: 711)**... ATTENTION: Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 1-877-320-1235 **(ATS: 711)**... UWAGA: Jeżeli mówisz po polsku, możesz skorzystać z bezpłatnej pomocy językowej. Zadzwoń pod numer 1-877-320-1235 **(TTY: 711)**... ATENÇÃO: Se fala português, encontram-se disponíveis serviços linguísticos, grátis. Ligue para 1-877-320-1235 **(TTY: 711)**... ATTENZIONE: In caso la lingua parlata sia l'italiano, sono disponibili servizi di assistenza linguistica gratuiti. Chiamare il numero 1-877-320-1235 **(TTY: 711)**... ACHTUNG: Wenn Sie Deutsch sprechen, stehen Ihnen kostenlos sprachliche Hilfsdienstleistungen zur Verfügung. Rufnummer: 1-877-320-1235 **(TTY: 711)**... 注意事項：日本語を話される場合、無料の言語支援をご利用いただけます。 1-877-320-1235 **(TTY: 711)** まで、お電話にてご連絡ください。 ...

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. 1-877-320-1235 **(TTY: 711)** تماس بگیرید.

Díí baa akó nínízin: Díí saad bee yáníłti'go Diné Bizaad, saad bee áká'ánída'áwo'déé', t'áá jiik'eh, éí ná hóló, kóji' hódíłnih 1-877-320-1235 **(TTY: 711)**...

ملحوظة: إذا كنت تتحدث اللغة العربية، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 1-877-320-1235 **(رقم هاتف الصم والبكم: 711)**.



Humana Gold Plus SNP-DE H0028-007  
(HMO SNP)  
H0028007000 ENG  
Douglas County

