Flexible spending account (FSA)

A great way to help manage out-of-pocket healthcare expenses

Humana's FSA allows you to set aside pretax dollars to help you pay for your out-of-pocket healthcare expenses. Your FSA can be used for qualified eligible expenses within the IRS limitations. Unused funds in your FSA are forfeited each year, so plan carefully.

FSA benefits

- You can have an FSA with any medical plan.
- **Easy to use.** The Humana Access card gives you a convenient way to pay for healthcare, on the spot, with no need to pay out-of-pocket and file a reimbursement claim. Simply use your card like you would a credit or debit card for eligible healthcare expenses.
- Your total FSA fund contribution is available on the first day of your plan year.
- You can contribute up to \$3,050 for 2023.

Eligible expenses you can use your FSA for:*

- Medical services including copays and deductibles
- Dental services including copays and deductibles
- Prescription drugs
- Eye exams, eyeglasses, contact lenses and solution, laser surgery
- Orthodontia, dental cleanings, fillings, crowns, root canals
- Physical therapy, speech therapy, chiropractor
- Hearing aids

*For further guidance refer to the IRS publications 969, 502 and code section 213(d). These publications are avaiable at www.irs.gov.





Use your Humana Access card like you would a credit or debit card for eligible healthcare expenses.

How you can save money with an FSA	Not enrolled in an FSA	Enrolled in an FSA
Before-tax annual income	\$38,000	\$38,000
FSA contribution	\$0	-\$1,000
Taxable annual income	\$38,000	\$37,000
Taxes (27.66%)	-\$10,511	-\$10,234
Out-of-pocket medical expenses (\$1,000)	-\$1,000	\$0 additional (paid with FSA)
Take-home annual income	\$26,489	\$26,766

Take-home income increases by \$277

For illustrative purposes only. Savings calculators are based on a federal tax rate of 15%, state tax rate of 5%, and 7.66% FICA. Balance calculations assume an average interest rate of 3%. Actual results may vary.

Humana.