

## ON HAND™ PLAN

# Healthcare is now On Hand

Best value. On demand. In your control.

Through virtual-based primary care with Doctor On Demand, your employees get unlimited visits with their doctor – at no cost – for everyday healthcare needs. No need to leave or miss work!

### The best value – hands down

On Hand is our most affordable way to give your employees real healthcare benefits they'll want to use:

- **Our most affordable** comprehensive plan
- **Predictable monthly costs**
- **Preventive services**, like annual check-ups, flu shots, and labs covered **at no additional cost\***
- **Built-in financial protection** – pay nothing after the out-of-pocket maximum\*\*
- **Spending account options** are included to help employees pay for out-of-pocket healthcare expenses
- **Unique primary care model with Doctor On Demand** where doctors know you and guide you through the complexities of healthcare

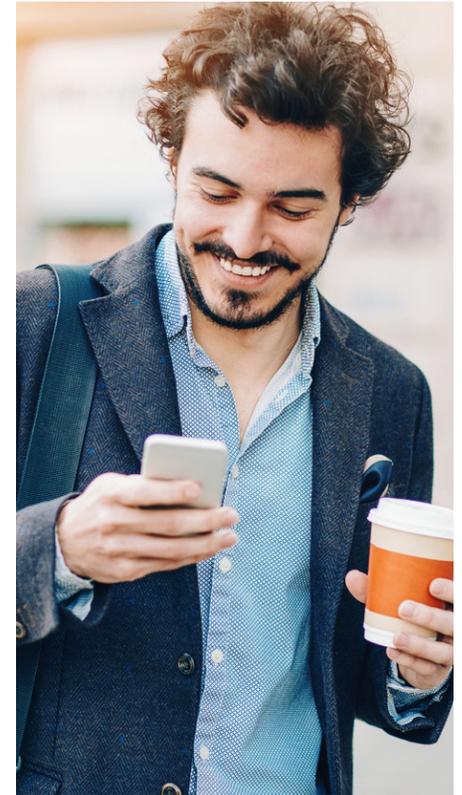
\* When you visit an in-network provider

\*\* For in-network healthcare services for the rest of the calendar year

### The effortless way to see a doctor

Doctor On Demand's full-time, US-based, and board-certified doctors and licensed psychologists are available anytime, anywhere.

- **\$0 to see a doctor** for your everyday needs
- **Care Kit at no additional cost** with blood pressure cuff and thermometer to help doctors manage member health
- **\$5 for most common prescriptions**
- **\$5 to get lab work for most common screens and tests**
- **Licensed psychologists & psychiatrists** provide total mind and body support – all at the same cost as seeing an in-person specialist
- **When you need in-person care**, Doctor On Demand can find and schedule the best care at the best value
- **When the unexpected happens, you're protected with a comprehensive medical plan** and access to Humana's negotiated discounts and savings on services like hospitalizations and emergency room visits.



### Good fit for

Sam's on-the-go lifestyle doesn't give him a lot of time to see a doctor regularly. He's looking for an easier way to get the care he needs – including help managing his high blood pressure. Something quick and easy – similar to how he banks and buys groceries online.

On Hand is a great fit for his healthcare needs – and his budget. It's a convenient and quick way for him to see the doctor anytime – from his phone or computer, and as often as he needs for \$0.



Go to [Humana.com/onhand](https://www.humana.com/onhand) to learn all about how On Hand can give your employees an easy and affordable way to get the care they need.

# Humana®

Doctor On Demand services are not available for Humana members in: Puerto Rico and outside the US. Limitations on healthcare and prescription services delivered via telemedicine and communications options vary by state. Telemedicine is not a substitute for emergency care. This material is provided for informational use only and should not be construed as medical advice or used in place of consulting a licensed medical professional.