

Humana Covered Services

The following details all expanded benefits available to Humana Healthy Horizons in Florida members. For more information, please contact Humana at **800-477-6931** or visit Humana.com.

Humana provides services in all regions

MMA Expanded Benefits

For more information on these benefits, contact Humana Provider Services at 800-477-6931.

Service	Description (including limits)	Prior authorization requirements	Phone number
General Expanded Benefits			
Cellphone coverage	<p>This benefit covers:</p> <ul style="list-style-type: none"> • One cellphone/smartphone per household • One charger • One set of instructions • 350 voice minutes per month • 3GB data per month • Unlimited text messages per month • Training for members and caregivers at their first case manager orientation visit • Calls to Humana Customer Care for health plan assistance and 911 for emergencies are free, even if minutes run out <p>Members younger than 18 will need a parent or guardian to sign up.</p> <p>Members must make at least one phone call or send one text message each month to keep this benefit.</p> <p>Additional cell phone benefits may be given to members who are under case or disease management.</p>	May need prior authorization, call Member Services for qualifications	800-477-6931

Service	Description (including limits)	Prior authorization requirements	Phone number
Circumcision	One per lifetime for male infants	No	800-477-6931
Over-the-counter benefit	\$25 per household per month to spend on an approved list of products	Call Member Services for more information	800-477-6931
Swimming lessons (children only)	\$200 a year for up to 1,000 enrollees (children up to age 21)	Call Member Services for qualifications	800-477-6931
Adult Expanded Benefits For adults age 21 and older			
Acupuncture services	Unlimited visits for pain management	May need prior authorization	800-477-6931
Art therapy	Unlimited visits for rehabilitative purposes rendered by a pet handler certified or licensed by the Art Therapies Credentials Board required	No	888-778-4651
Behavioral health assessment/ evaluation services	Unlimited: psychiatric evaluation; psychiatric diagnostic evaluation; psychiatric diagnostic evaluation with medical services; brief behavioral health status exam; limited functional assessment, mental health and substance; in-depth assessment, mental health and substance abuse; biopsychosocial evaluation, mental health and substance abuse; psychological testing; mental health assessment by non-physician; administration of patient-focused health risk assessment instrument with scoring and documentation, per standardized instrument	No	888-778-4651
Behavioral health day services/day treatment	Unlimited	No	888-778-4651
Behavioral health intensive outpatient treatment	Unlimited	May need prior authorization	888-778-4651

Service	Description (including limits)	Prior authorization requirements	Phone number
Behavioral health medical Services (e.g. medication management, drug screening, etc.)	Unlimited verbal interaction and medication management; unlimited drug screening	May need prior authorization	888-778-4651
Behavioral health psychosocial rehabilitation	Unlimited	No	888-778-4651
Behavioral health screening services	Unlimited	No	888-778-4651
Chiropractic services	Unlimited visits for pain management	May need prior authorization	800-477-6931
CVS discount program	20% discount on certain over-the-counter items at CVS stores	No	800-477-6931
Computerized cognitive behavioral therapy	Unlimited visits for health and behavior assessment and re-assessment; individual, group, and family (with or without the patient present) health and behavior intervention	No	888-778-4651
Doula services	Prenatal visits, birth coaching assistance during vaginal delivery, and postpartum visits	No	800-477-6931
Durable medical equipment/supplies	<ul style="list-style-type: none"> • CPAP machines and oxygen • Glucose pods • Glucose monitoring supplies • Nebulizer supplies 	May need prior authorization	800-477-6931
Equine therapy (behavioral health)	Unlimited equestrian/hippotherapy sessions per year	No	888-778-4651
Group therapy (behavioral health)	Unlimited group therapy and unlimited brief group medical therapy	No	888-778-4651

Service	Description (including limits)	Prior authorization requirements	Phone number
Hearing services	<ul style="list-style-type: none"> • One hearing aid assessment, fitting, checking, and evaluation every two years • One in-ear monaural hearing aid per ear each year • One hearing aid, all other types, per ear every two years 	No	877-664-9353
Home-delivered meals	<p>For home delivered meals (general): 10 meals per year</p> <p>For home delivered meals – (post-facility discharge - hospital or nursing home): 10 meals after discharge</p> <p>For home delivered meals – (disaster preparedness/relief): one box of 10 shelf-stable meals before a hurricane or other disaster annually</p>	<p>Call Member Services for qualifications</p> <p>Yes</p> <p>Call Member Services for more information</p>	800-477-6931
Housing assistance (rent, utilities, and/or grocery assistance)	\$500 per household, per lifetime maximum	Call Member Services for qualifications	800-477-6931
Massage therapy	Services as needed for pain management	Requires referral	800-477-6931
Medication-assisted treatment services (behavioral health)	Unlimited	No	888-778-4651
Behavioral health targeted case management	Unlimited	No	888-778-4651
Meal stipend (available for long distance medical appointment day-trips)	\$200 per day (up to \$1,000 per year) for same-day medical trips greater than 100 miles from home. Cost will be reimbursed.	Call Member Services for qualifications	800-477-6931
Nutritional counseling	Unlimited necessary nutritional counseling with providers	May need prior authorization or PCP referral	800-477-6931

Service	Description (including limits)	Prior authorization requirements	Phone number
Occupational therapy	One evaluation and re-evaluation per year, and up to seven therapy treatment units per week	Initial evaluation - no Ongoing treatment - yes	800-477-6931
Outpatient hospital services	No dollar limit on services	May need prior authorization	800-477-6931
Pet therapy (behavioral health)	Unlimited visits for rehabilitative purposes, rendered by a certified pet handler or licensed by the Art Therapies Credentials Board required	No	888-778-4651
Physical therapy	One evaluation and re-evaluation per year, and up to seven therapy treatment units per week	Initial evaluation - no Ongoing treatment - yes	800-477-6931
Prenatal services	Rental of a hospital-grade breast pump: one per year; rental of a regular breast pump: one per two years; 14 prenatal visits for low-risk pregnancies; 18 prenatal visits for high-risk pregnancies; three postpartum visits within 90 days following delivery	Hospital-grade breast pump - yes	800-477-6931
Primary care services	Unlimited primary care provider visits	No	800-477-6931
Respiratory therapy	One initial evaluation and re-evaluation per year; one respiratory therapy unit per day	Initial evaluation - no Ongoing treatment - yes	800-477-6931
Speech therapy	Once yearly: evaluation of oral and pharyngeal swallowing function; up to seven therapy treatment units per week; one augmentative and alternative communication (AAC) initial evaluation and re-evaluation; up to four 30-minute fitting, adjustment, and training sessions	Initial evaluation - no Ongoing treatment - yes	800-477-6931

Service	Description (including limits)	Prior authorization requirements	Phone number
Substance abuse treatment or detoxification services (outpatient)	Unlimited	No	888-778-4651
Therapeutic behavioral on-site services (behavioral health)	Unlimited	No	888-778-4651
Vaccine – Influenza	Unlimited	No	800-477-6931
Vaccine – Pneumonia	Unlimited	No	800-477-6931
Vaccine – Shingles	One per year	No	800-477-6931
Vaccine – TDaP	One vaccine per pregnancy		
Vision services	<ul style="list-style-type: none"> • One eye exam per year • One of the following: <ul style="list-style-type: none"> – One set of glasses a year – One set of frames a year, member pays any cost over \$75 for luxury frames – A six-month supply of contact lenses with a doctor’s prescription 	No	800-477-6931
Waived co-payments	Copayments will be waived for all services as identified in Rule 59G-1.056	No	800-477-6931
Long-term care services			
Assisted living facility/ adult family care home – bed hold days	30 days <ul style="list-style-type: none"> • Members must plan to return to the facility. • You must pay your room and board and share of payments while away. • You must live in the facility for at least 30 days between each departure. • The facility must notify Humana of your departure within 24 hours. 	Yes	800-477-6931

Service	Description (including limits)	Prior authorization requirements	Phone number
Cellphone coverage	Cellular services per household (minutes and/or data). Members under age 18 will need a parent or guardian to sign up.	May need prior authorization, call Member Services for qualifications	888-998-7732
CVS Discount Program	20% discount on certain over-the-counter items at the CVS stores	No	800-477-6931
Hearing services	Hearing screenings and diagnostic testing. <ul style="list-style-type: none"> • One hearing aid assessment, fitting, checking, and evaluation every two years • One in-ear monaural hearing aid per ear each year • One hearing aid, all other types, per ear every two years 	No	877-664-9353
Individual therapy sessions for caregivers	Unlimited counseling visits for the people who help take care of your members.	No	888-778-4651
Meal stipend (available for long distance medical appointment day-trips)	\$200 per day up to \$1,000 per year for same-day medical trips greater than 100 miles from home. Cost will be reimbursed.	Call Member Services for qualifications	888-998-7732
Non-emergency transportation	Three round trips per month (within your local area) for members who live in a home or community-based setting	May need prior authorization	888-998-7732
Nursing facility-to-community setting transition assistance	\$5,000 per lifetime to help you move, for members who are moving out of a nursing facility into their own home and are paying their own living costs	Yes	888-998-7732
Outpatient hospital services	No dollar limit on services	May need prior authorization	888-998-7732

Service	Description (including limits)	Prior authorization requirements	Phone number
Over-the-counter benefit	\$25 per household per month to spend on an approved list of products	Call Member Services for more information	888-998-7732
Vaccine – Influenza	Unlimited	No	888-998-7732
Vaccine – Pneumonia	Unlimited	No	888-998-7732
Vaccine – Shingles	One per year	No	888-998-7732
Vision services	<ul style="list-style-type: none"> • One eye exam per year • One of the following: <ul style="list-style-type: none"> – One set of glasses per year – One set of frames per year, member pays any cost over \$75 for luxury frames – A six-month supply of contact lenses with a doctor’s prescription 	No	888-998-7732

Covered Health Management Programs

Humana offers programs to help members access care and learn how to manage health conditions, including case management. The following are health management programs available to members. For more information please contact Humana at **800-229-9880** or visit Humana.com

Program Name	Description	Contact information
Care management	<p>Complex care management and care management for chronic conditions for both adult and pediatric members</p> <p>Asthma, chronic obstructive pulmonary disease, diabetes, heart failure, hypertension</p>	800-229-9880
Specialty program	HIV/AIDS, sickle cell disease, pain management, social work, Alzheimer’s Disease, palliative care	800-229-9880