

ASTHMA

Management recommendations

- Regarding medications:
 - Ensure medication reconciliation is completed.
 - Review medications to follow Guidelines for Exacerbation and Maintenance Management (GINA) from the Global Initiative for Asthma at www.ginasthma.org.
 - Conduct in-office evaluation to ensure proper inhaler use and technique.
 - The Asthma Medication Ratio (AMR) is one of the National Committee for Quality Assurance (NCQA), Healthcare Effectiveness Data and Information Set (HEDIS®) and Agency for Healthcare Administration (AHCA) measures used to evaluate the care and services provided by physicians and other healthcare professionals.
 - This measure intent encourages patients to utilize both asthma controller medications and asthma reliever medications in their regimens instead of relievers alone, to minimize asthma exacerbations
- Utilize exacerbation management of symptoms to establish and coordinate an action plan with member and caregiver.
- Conduct spirometry testing and pulmonary function test to provide baseline and ensure effective exacerbation management.
- Provide DME referral for nebulizer

Referral to Humana Florida Medicaid Case Management for Regions 1-11

- FL_MMA_CM_Referrals@humana.com
- Case management phone main line: 1-800-229-9880

The following recommendations were derived from the most current clinical practice guidelines for Asthma. References used were:
Global Initiative for Asthma Management and Prevention (updated 2019)
www.ginasthma.org
Pocket Guide for asthma management and prevention for adults and children 5 years and younger (updated 2019)
www.ginaasthma.org
National Asthma Education and Prevention Program www.nhlbi.nih.gov/guidelines/asthma