

Initiation and Engagement of Alcohol and Other Drug Abuse or Dependence Treatment (IET)

Initiation and Engagement of Alcohol and Other Drug Abuse or Dependence Treatment is one of the National Committee for Quality Assurance (NCQA) Healthcare Effectiveness Data and Information Set (HEDIS[®]) measures. Health plans use this measure to evaluate themselves and the services provided by you, the healthcare professional. Humana encourages its members to communicate with you and be engaged in their follow-up care and medication management.

Measure at a glance

- **Measure abbreviation:** IET
- **Measurement period:** Jan. 1 to Nov. 14 of the measurement year
- **Eligible population:** Commercial, Medicaid and Medicare patients 13 and older as of Dec. 31 of the measurement year with a new episode of alcohol or other drug (AOD) abuse or dependence

Assessment phases for measurement year

Performance is assessed using claim-based data. Two rates are reported:

1. **Initiation phase** — The percentage of members who initiate treatment through an inpatient AOD admission, outpatient visit, intensive outpatient encounter or partial hospitalization, telehealth or medication treatment within 14 days of the diagnosis
2. **Engagement phase** — The percentage of members who initiated treatment and who had two or more additional AOD services or medication treatment within 34 days of the initiation visit

Measure best practices

1. Schedule appointments for your patient in accordance with the IET guidelines
2. Document current phone numbers, address and alternate contact person for follow-up outreach
3. Discuss co-occurring conditions to address additional health concerns and potential barriers

Additional AOD information and resources

- A variety of evidence-based AOD screening tools for adolescents and adults is available from the National Institutes of Health [here](#).
- Contact Humana to request a care coordinator who can help your patient navigate the healthcare system and link him/her to in-network behavioral health providers.
 - Commercial Customer Service: **800-448-6262**
 - Medicare Customer Service: **800-457-4708**
 - Humana Healthy Horizons in Florida (Medicaid): **800-477-6931**
 - Humana Healthy Horizons in Kentucky (Medicaid): **800-444-9137**



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