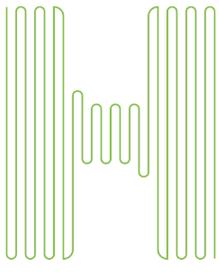


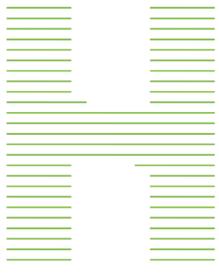
# Antidepressant Medication Management (AMM)

Antidepressant Medication Management (AMM) is one of the National Committee for Quality Assurance (NCQA) Healthcare Effectiveness Data and Information Set (HEDIS®) measures. Health plans use this measure to evaluate themselves and the services provided by healthcare professionals. Humana encourages its members to communicate with you and be engaged in their follow-up care and medication management.



## Measure at a glance

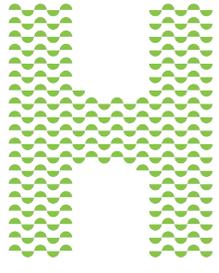
- **Measure abbreviation:** AMM
- **Measurement period:** The 12-month window starting May 1 of the year prior to the measurement year and ending April 30 of the measurement year
- **Eligible population:** Commercial, Medicaid and Medicare patients 18 and older as of the index prescription start date (IPSD) who were treated with antidepressant medications, had diagnosis of major depression and who remained on an antidepressant medication treatment.



## Assessment phases for measurement year

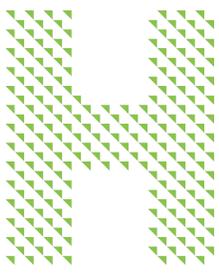
Performance is assessed using claims-based data. Two rates are reported:

1. **Effective Acute Phase Treatment** – Patients must remain on an antidepressant medication for at least 84 days (12 weeks).
2. **Effective Continuation Phase Treatment** – Patients must remain on an antidepressant medication for at least 180 days (six months).



## Measure best practices

1. Stress timely 90-day prescription refills to support medication adherence in both phases.
2. Educate your patient on the importance of remaining on the antidepressant.
3. Schedule appointments to discuss barriers to medication adherence.



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## Additional information and resources about depression

- According to the Substance Abuse and Mental Health Services Administration's (SAMSHA) [2020 National Survey on Drug Abuse](#), 17% of adolescents ages 12 to 17 (4.1 million) had a major depression episode (MDE); 8.4% of adults 18 or older (21 million) had at least one MDE in the past year.
- Contact Humana to request a care coordinator who can help your patient navigate the healthcare system and link him/her to in-network behavioral health providers.
  - Commercial Customer Service: **800-448-6262**
  - Medicare Customer Service: **800-457-4708**
  - Humana Healthy Horizons in Florida: **800-477-6931**
  - Illinois Duals/Medicaid: **800-787-3311**
  - Humana Healthy Horizons in Kentucky: **800-444-9137**
  - Humana Healthy Horizons in Louisiana: **800-448-3810**
  - Humana Healthy Horizons in Ohio: **877-856-5707**
  - Humana Healthy Horizons in South Carolina: **866-432-0001**

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