

# Follow-Up Care for Children Prescribed ADHD Medication (ADD)

Follow-Up Care for Children Prescribed ADHD (Attention Deficit/Hyperactivity Disorder) Medication is one of the National Committee of Quality Assurance (NCQA) Healthcare Effectiveness Data and Information Set (HEDIS®) measures. Health plans use this measure to evaluate themselves and the services provided by you, the healthcare professional. Humana encourages its members to communicate with you and be engaged in their follow-up care and medication management.

## Measure at a glance

- **Measure abbreviation:** ADD
- **Measurement period:** The 12-month window from March 1 of the year prior to the measurement year and ending the last calendar day of February of the measurement year
- **Eligible population:** Commercial and Medicaid patients ages 6 to 12 as of the index prescription start date (IPSD)

## Assessment phases for measurement year

Performance is assessed using claim-based data. Two rates are reported:

1. **Initiation Phase** – The percentage of members ages 6 to 12 as of the IPSD with an ambulatory prescription dispensed for ADHD medication who had one follow-up visit with a practitioner with prescribing authority during the 30-day initiation phase.
2. **Continuation and Maintenance Phase** – The percentage of members ages 6 to 12 as of the IPSD with an ambulatory prescription dispensed for ADHD medication who remained on the medication for at least 210 days. In addition to the visit in the initiation phase, these members had at least two follow-up visits with a practitioner within 270 days (nine months) after the initiation phase ended.

## Measure best practices

1. Stress timely 90-day prescription refills, if applicable, to support medication adherence in both phases
2. Educate the patient's parent or guardian on the importance of remaining on the ADHD medication
3. Schedule appointments in accordance with ADD guidelines and discuss barriers to medication adherence

## Additional information and resources about ADHD

- The National Resource Center on ADHD offers resources, information and advice for parents of children with ADHD [here](#).
- Contact Humana to request a care coordinator who can help your patient navigate the healthcare system and link him/her to in-network behavioral health providers.
  - Commercial Customer Service: **800-448-6262**
  - Medicare Customer Service: **800-457-4708**
  - Humana Healthy Horizons in Florida: **800-477-6931**
  - Humana Healthy Horizons in Kentucky: **800-444-9137**



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