
Humana Florida Medicaid

HEART FAILURE

Recommended management steps include:

- **Medication management**
 - Ensure medication reconciliation completed
 - Review medications to follow heart failure management guidelines from the 2017 American College of Cardiology/American Heart Association on Clinical Practice Guidelines and the Heart Failure Society of America
- **To manage symptom exacerbation, create action plan for member and caregiver**
 - Include in the action plan a review of the importance of daily weighs and what to do when weight increases
- **Cardiopulmonary exercise outpatient referral**
 - Referrals should include the clinical requirements met and signed plan of care
 - Monitors exercise for at least 36 sessions
- **Annual testing for heart failure management (EKG, echocardiogram, cholesterol panel)**
- **Healthy behavior education and referrals for smoking cessation and heart healthy diet**
- **DME referral for oxygen**

Referral to Humana Florida Medicaid case management for Regions 1-11

- FL_MMA_CM_Referrals@humana.com
- Case management phone main line: 1-800-229-9880

The following recommendations were derived from the most current clinical practice guidelines for Heart Failure.

References used were: 2013 ACCF/AHA Guideline for the Management of Heart Failure; A report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines. Am J Coll Cardiol 2013; 62:e147-239. Also published in Circulation.
2017 ACC/AHA/HFSA Focused Update of the 2013 ACCF/AHA Guideline for the Management of Heart Failure: A report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines and the Heart Failure Society of America. Am J Coll Cardiol; 70: 776-803.