



On Hand

Primary care in a single tap

Your business needs a health plan that works at the same pace as your employees. That's why Humana has developed On Hand, a revolutionary new virtual-first primary care plan to fit the real world needs of your business.

With On Hand, your employees can take all their appointments with board-certified Doctor On Demand primary care physicians via video chat. It's the first plan of its kind to offer primary care from a phone, tablet, or computer and it can completely change your employees' relationship to their health.

Put On Hand to work

On Hand can make each day easier for your employees and more productive for your business. Instead of waiting weeks for appointments, Doctor On Demand physicians are available 24/7 from the On Hand app for \$0 per visit. Your employees can take annual exams, review lab work, get prescriptions, and receive specialist referrals without ever setting foot in a waiting room. Plus, a full service care team can locate and schedule appointments for your employees if they need in-person care.

Low cost & excellent care

For a growing business like yours, cost is always a consideration. On Hand is one of our lowest cost plans, but it's not a stripped down offering. For your employees, virtual visits cost \$0, common labs and prescriptions cost \$5, and spending accounts can help cover out-of-pocket costs.

A total plan in a single app

On Hand is run through an easy to use app, so your employees can take \$0 virtual appointments, view prescription or procedure costs, see plan details, and access their spending account all in one place.

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Humana is leading the market with a modern approach to meeting the health plan needs of employers and employees.

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-Chris Hunter, Humana's Group & Military segment president

What's included with On Hand:

- Unlimited virtual primary care & urgent care for \$0
- Primary care kit with blood pressure cuff and thermometer
- Comparative prescription pricing
- Common prescriptions and labs for \$5
- Chronic condition management
- Up-front pricing for psychologist and psychiatrist appointments
- In-person care for preventive services
- Full service care team to schedule all appointments
- Referrals to specialists and coordination of care

Your employees are covered

Here's a look at examples of the wide range of care offered under the plan:



Primary Care

- Annual exams
- Well-baby and well-child visits
- Gynecology
- Immunizations
- Labs
- Prescriptions
- Mammograms and Prostate exams
- Chronic condition management



Urgent Care

- Colds and flu
- Respiratory infections
- Strep throat
- Stomach ailments
- Skin conditions
- UTIs



Care support

- Referrals to specialists
- Scheduling in-person care
- Mental health
- Weight management and nutrition
- Smoking cessation
- Coordination of care



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