

2021

Over-the-Counter (OTC) Products Mail-Order Form



CarePlus
HEALTH PLANS

Did you know that your current CarePlus plan includes an Over-the-Counter (OTC) benefit that would allow you to order a variety of products from PrescribeIT Rx[†]?



Keep this catalog somewhere important. You'll need this to look up the products you want to order.

How to Order:

If your order exceeds your plan's allowance, please include your check, money order, or enter your credit card information to pay the remaining amount due. Balances higher than the allowance amount may have sales tax applied. Failure to submit payment in full will lead to items being canceled to bring your order total at or below your benefit allowance. **Any unused allowance does not roll over to the next allowance period.**

- If you have a **monthly** allowance, submit your order by the 20th of each month.
- If you have a **quarterly** allowance, submit your order by the last week of your allowance period. Last month of quarters are March, June, September, and December.

You can place your order by:



- **Phone:** Call PrescribeIT Rx at **1-800-526-1490** (TTY: **711**), Monday through Friday, from 8 a.m. to 6 p.m. to place or check the status of your order.



- **Mail:** Fill out the Over-the-Counter (OTC) Mail Order Form and mail **only** the order form pages, using the postage-paid envelope provided, to:

PrescribeIT Rx
10749 Marks Way
Miramar, FL 33025



- **Fax:** Fill out the Over-the-Counter (OTC) Mail-Order Form and fax **only** the order form pages to: 1-888-778-8384

To request an order form, please contact Member Services at **1-800-794-5907**; TTY: **711**. From October 1 - March 31, we are open 7 days a week; 8 a.m. to 8 p.m. From April 1 - September 30, we are open Monday - Friday, 8 a.m. to 8 p.m. You may always leave a voicemail after hours, Saturdays, Sundays, and holidays and we will return your call within one business day.

2021 Allowance Amounts by Plan Name

Plan Name	County/Counties	Benefit Allowance
CareOne (HMO)	Brevard, Clay, Duval, Indian River, Palm Beach	\$50/month
	Broward	\$75/month
CareOne PLUS (HMO)	Hillsborough, Pasco, Pinellas, Volusia	\$50/month
	Polk	\$75/month
	Miami-Dade	\$100/month
CareOne PLUS (HMO-POS)	Lake, Marion, Orange, Osceola, Seminole, Sumter	\$50/month
CareOne Platinum (HMO)	Clay, Duval, Lake, Marion, Orange, Osceola, Seminole, Sumter	\$75/month
	Hillsborough, Pasco, Pinellas	\$100/month
CareOne Platinum (HMO-POS)	Brevard, Indian River	\$30/month
CareFree (HMO)	Broward, Palm Beach, Volusia	\$30/month
	Clay, Duval, Hillsborough, Lake, Marion, Orange, Osceola, Pasco, Pinellas, Seminole, Sumter	\$40/month
	Polk	\$50/month
CareFree PLUS (HMO)	Miami-Dade	\$25/month
CareExtra (HMO)	Miami-Dade	\$75/month
CareComplete (HMO C-SNP)	Brevard, Indian River, Volusia	\$20/month
	Broward, Clay, Duval, Miami-Dade, Palm Beach	\$25/month
	Hillsborough, Lake, Marion, Orange, Osceola, Pasco, Pinellas, Polk, Seminole, Sumter	\$40/month
CareNeeds PLUS (HMO D-SNP)	Brevard, Clay, Duval, Hillsborough, Indian River, Lake, Marion, Orange, Osceola, Pasco, Pinellas, Polk, Seminole, Sumter, Volusia	\$100/month
	Broward, Miami-Dade, Palm Beach	\$400/quarter

OTC items may only be ordered for the plan member. It is prohibited to order OTC items for family members and friends. Purchase of covered OTC products made under emergency circumstances may be eligible for reimbursement when the OTC allowance is available to cover the purchase. Please submit a written request and copy of your receipts to: CarePlus Health Plans, Inc., 11430 NW 20th Street, Suite 300, Miami, FL 33172 Attention: Member Services Department. You must submit your claim to us in writing within 12 months of the date you received the item or drug. Please review your Evidence of Coverage document online at www.careplushealthplans.com/medicare-plans/2021 for further information.

The following items are not covered under this OTC allowance (non-eligible items): Baby items, Contraceptives, Convenience Items (non-medical items), Cosmetics, and Food Supplements.

2021 CarePlus Over-the-Counter (OTC) Product Catalog

Note: You will receive the generic equivalent of all items when applicable.

Code	Product Name	Compare to	Package Count	Price
Antacids, Anti-Diarrheals, and Laxatives				
032	Antacid / Anti-Gas Liquid	Mylanta®	12 oz	\$8
318	Anti-Diarrheal Caplets – Loperamide 2 mg	Imodium® A-D	24	\$7
203	Calcium Carbonate Antacid - Regular Strength	Tums® Regular Strength	150	\$7
116	Dairy Digestive Supplement – Lactase Enzyme	Lactaid® Tablets	60	\$10
215	Effervescent Antacids & Pain Relief	Alka-Seltzer®	36	\$8
323	Esomeprazole 20 mg	Nexium® 24 HR	28	\$17
320	Extra Strength Gas Relief Soft Gels	Gas-X® Extra Strength	48	\$8
261	Famotidine 20 mg	Pepcid®	25	\$8
415	Fiber Gummies	Vitafusion™ Fiber Well Gummies	90	\$16
208	Fiber Laxative Tablets	FiberCon®	90	\$9
503	Glycerin Suppositories	Fleet®	25	\$7
093	Laxative – Bisacodyl 5 mg	Dulcolax®	25	\$7
504	Laxative – Bisacodyl 10 mg Suppositories	Laxative (Bisacodyl) 10 mg Suppositories	12	\$7
505	Meclizine 25 mg	Bonine®	100	\$8
033	Milk of Magnesia – Laxative / Antacid	Phillips® Milk of Magnesia	12 fl oz	\$7
120	Motion Sickness Relief Tablets - Dimenhydrinate 50 mg	Dramamine®	12	\$6

Code	Product Name	Compare to	Package Count	Price
351	Nausea Relief Liquid	Emetrol®	4 fl oz	\$7
112	Omeprazole 20 mg	Prilosec OTC®	14	\$10
115	Pink Bismuth Chewable Tablets	Pepto-Bismol® Chewable Tablets	30	\$7
264	Polyethylene Glycol 3350 Laxative	MiraLAX®	8.3 oz	\$10
258	Psyllium Fiber Laxative Capsules	Metamucil® Capsules	160	\$11
359	Psyllium Fiber Supplement Orange Smooth Texture Powder	Metamucil®	13 oz	\$10
360	Psyllium Fiber Supplement Orange Sugar Free Smooth Texture Powder	Metamucil® Sugar Free	10 oz	\$9
233	Senna Laxative Tablets	Senokot®	100	\$10
101	Stool Softener Capsules	Colace®	100	\$7

Bath Safety

416	Adjustable Transfer Bench**	Drive Medical	1	\$80
417	Bath Bench with Arms and Back**	Essential Medical Supply Shower Bench with Back	1	\$60
418	Bath Bench with Arms, no Back**	Essential Medical Supply Shower Bench	1	\$50
371	Bath Mat**	Bath Mat	1	\$12
491	Grab Bar, Knurled Chrome, 12"	Grab Bar, Knurled Chrome, 12"	1	\$15
492	Grab Bar, Knurled Chrome, 24"	Grab Bar, Knurled Chrome, 24"	1	\$18
493	Grab Bar, Knurled Chrome, 32"	Grab Bar, Knurled Chrome, 32"	1	\$22
494	Handheld Shower	Handheld Shower	1	\$22
372	Raised Toilet Seat - 250 lbs capacity**	Raised Toilet Seat - 250 lbs capacity	1	\$25
420	Toilet Safety Rails**	Nova® Toilet Safety Rails	1	\$40
373	Tub and Stair Safety Treads	Tub and Stair Safety Treads	8	\$8
421	Tub Safety Bar**	Drive Medical Tub Safety Bar	1	\$40

Code	Product Name	Compare to	Package Count	Price
Cough, Cold, and Allergy				
293	Allergy Nasal Spray - Triamcinolone	Nasacort® Allergy 24 Hr	0.57 fl oz	\$18
113	Cetirizine HCL 10 mg	Zyrtec®	30	\$12
495	Claritin® Reditabs+++	Claritin® Reditabs	30	\$24
260	Cough and Cold High Blood Pressure Tablets [†]	Coricidin HBP® Cough and Cold	16	\$7
422	Cough Drops, Black Cherry, Sugar Free	Halls® Cough Drops, Sugar Free	25	\$2
423	Cough Drops, Honey Lemon	Halls® Cough Drops	30	\$2
321	Cough Formula – Expectorant	Robitussin®	8 fl oz	\$7
096	Cough Suppressant / Expectorant / Nasal Decongestant [†]	Robitussin® CF	4 fl oz	\$7
210	Cough Suppressant / Expectorant Sugar Free [†]	Robitussin DM® SF	4 fl oz	\$7
237	Daytime Cold and Flu Softgels [†]	DayQuil™	16	\$7
111	Expectorant - Guaifenesin 400 mg	Mucus Relief	30	\$9
291	Eye Itch Relief 0.025 % Eye Drops	Zaditor®	0.17 fl oz	\$13
496	Fexofenadine 180 mg	Allegra®	30	\$15
361	Levocetirizine Tablets	Xyzal®	35	\$10
110	Loratadine 10 mg	Claritin®	30	\$10
290	Loratadine Liquid 5 mg/5 ml	Children's Claritin®	4 fl oz	\$9
043	Medicated Chest Rub	Vicks® VapoRub®	100 gm	\$7
228	Nasal Decongestant PE Max Strength	Sudafed® PE Tablets	36	\$6
095	Nasal Decongestant Spray	Afrin®	1 fl oz	\$6
497	Nasal Rinse Kit	NeilMed® Sinus Rinse™	1	\$18
362	Nasal Strips Medium	Breathe Right® Nasal Strips	30	\$12
220	Oral Anesthetic Sore Throat Spray - Phenol	Chloraseptic® Spray	6 fl oz	\$6
325	Saline Nasal Spray	Ocean® Saline Nasal Spray	3 oz	\$6
097	Sinus – Acetaminophen 325 mg / Phenylephrine HCl 5 mg	Tylenol® Sinus	24	\$6

Code	Product Name	Compare to	Package Count	Price
117	Sore Throat Lozenges – Menthol / Benzocaine	Cepacol® Lozenges	18	\$6
424	Steam Inhaler**	Vicks® Steam Inhaler	1	\$45
498	Theraflu Multi-Symptom Severe Cold+++, †	Theraflu Multi-Symptom Severe Cold with Green Tea & Honey Lemon Hot Liquid Powder for Cough & Cold Relief	6	\$12

†Sale of products containing Dextromethorphan are prohibited to members under the age of 18. Limit 2 per order.

+++Brand Name Preferred. Generic substitution is not available.

Diabetes Management

501	Compression Dress Socks 8 - 15 mmHg, Black - S	Curad®	1 pair	\$17
500	Compression Dress Socks 8 - 15 mmHg, Black - M	Curad®	1 pair	\$17
499	Compression Dress Socks 8 - 15 mmHg, Black - L	Curad®	1 pair	\$17
265	Compression Stockings 15-20 mmHg Regular Beige Size A (Ankle: 7" - 7 7/8"; Calf: 10" - 13")	Jobst®	1	\$13
266	Compression Stockings 15-20 mmHg Regular Beige Size B (Ankle: 8" - 8 7/8"; Calf: 12" - 15")	Jobst®	1	\$13
267	Compression Stockings 15-20 mmHg Regular Beige Size C (Ankle: 9" - 9 7/8"; Calf: 14" - 17")	Jobst®	1	\$13
268	Compression Stockings 15-20 mmHg Regular Beige Size D (Ankle: 10" - 10 7/8"; Calf: 16" - 19")	Jobst®	1	\$13
269	Compression Stockings 15-20 mmHg Regular Beige Size E (Ankle: 11" - 11 7/8"; Calf: 18" - 21")	Jobst®	1	\$13
270	Compression Stockings 15-20 mmHg Regular Beige Size F (Ankle: 12" - 12 7/8"; Calf: 20" - 23")	Jobst®	1	\$13

Code	Product Name	Compare to	Package Count	Price
271	Compression Stockings 15-20 mmHg Regular Beige Size G (Ankle: 13" - 13 7/8"; Calf: 22" - 26")	Jobst®	1	\$13
329	Compression Stockings 15-20 mmHg Regular Black Size A (Ankle: 7" - 7 7/8"; Calf: 10" - 13")	Jobst®	1	\$13
330	Compression Stockings 15-20 mmHg Regular Black Size B (Ankle: 8" - 8 7/8"; Calf: 12" - 15")	Jobst®	1	\$13
331	Compression Stockings 15-20 mmHg Regular Black Size C (Ankle: 9" - 9 7/8"; Calf: 14" - 17")	Jobst®	1	\$13
332	Compression Stockings 15-20 mmHg Regular Black Size D (Ankle: 10" - 10 7/8"; Calf: 16" - 19")	Jobst®	1	\$13
333	Compression Stockings 15-20 mmHg Regular Black Size E (Ankle: 11" - 11 7/8"; Calf: 18" - 21")	Jobst®	1	\$13
334	Compression Stockings 15-20 mmHg Regular Black Size F (Ankle: 12" - 12 7/8"; Calf: 20" - 23")	Jobst®	1	\$13
335	Compression Stockings 15-20 mmHg Regular Black Size G (Ankle: 13" - 13 7/8"; Calf: 22" - 26")	Jobst®	1	\$13
368	Diabetic Foot Care Telescoping Inspection Mirror	Telescoping Mirror	1	\$12
272	Diabetic Skin Relief Foot Cream	Gold Bond® Diabetic Foot Cream	3.4 oz	\$10
376	Diabetes Circulatory Crew Socks 8-15 mmHg Black S	Diabetes Circulatory Crew Socks	1 pair	\$10
375	Diabetes Circulatory Crew Socks 8-15 mmHg Black M	Diabetes Circulatory Crew Socks	1 pair	\$10
374	Diabetes Circulatory Crew Socks 8-15 mmHg Black L	Diabetes Circulatory Crew Socks	1 pair	\$10
377	Diabetes Circulatory Crew Socks 8-15 mmHg Black XL	Diabetes Circulatory Crew Socks	1 pair	\$10
381	Diabetes Circulatory Crew Socks 8-15 mmHg White S	Diabetes Circulatory Crew Socks	1 pair	\$10

Code	Product Name	Compare to	Package Count	Price
380	Diabetes Circulatory Crew Socks 8-15 mmHg White M	Diabetes Circulatory Crew Socks	1 pair	\$10
379	Diabetes Circulatory Crew Socks 8-15 mmHg White L	Diabetes Circulatory Crew Socks	1 pair	\$10
382	Diabetes Circulatory Crew Socks 8-15 mmHg White XL	Diabetes Circulatory Crew Socks	1 pair	\$10
502	Diabetic Blood Sugar Log Book	Diabetic Blood Sugar Log Book	1	\$10
305	Glucose Tablets (6 pack of 10 tablets)	DEX4®	60	\$12
274	Sharps container	BD™ Home Sharps container	1	\$6
Dual-Purpose Items* (Vitamins, Minerals)				
250	Almebex Plus B-12	Almebex Plus B-12	473 ml	\$27
297	Antioxidant tablets	Antioxidant tablets	60	\$8
569	Bausch + Lomb PreserVision® AREDS 2 chewables	Bausch + Lomb PreserVision® AREDS 2 chewables	60	\$25
475	Biotin Gummies	Vitafusion™	100	\$12
476	Calcium + Vitamin D Gummies	Nature's Way® Alive!®	60	\$12
570	Calcium Carbonate with Vitamin D 600 MG - 400 IU tablets	Calcium Carbonate with Vitamin D 600 MG - 400 IU tablets	100	\$11
109	Calcium Citrate + Vitamin D	Citracal® Caplets + D	60	\$7
248	Chewable Calcium with Vitamin D and Minerals	Caltrate® 600 + D plus Minerals Chewable	60	\$9
902	CoEnzyme Q10 30 mg	CoEnzyme Q10 30 mg	30	\$10
367	CoEnzyme Q10 100 mg	CoEnzyme Q10 100 mg	30	\$12
063	Complete Senior Vitamins and Minerals	Centrum® Silver	60	\$10
011	Daily Multivitamin and Mineral	Centrum®	130	\$10
571	Ensure® Nutrition Shake, Chocolate, 8 oz+++	Ensure®	24	\$55
577	Ensure® Nutrition Shake, Vanilla, 8 oz+++	Ensure®	24	\$55
907	Eye Care Vitamins	Ocuvite® Extra	36	\$9

Code	Product Name	Compare to	Package Count	Price
298	Ferrous Sulfate 5 gr	Feosol® Original	100	\$8
477	Flax Seed Oil 1,000 mg softgels	Flax Seed Oil	90	\$10
240	Folic Acid 800 mcg	Folic Acid 800 mcg	100	\$7
572	Food and Beverage Thickener	Thick-It® Food and Beverage Thickener	10 oz	\$8
573	Glucerna® Diabetes Nutrition Shake, Chocolate, 8 oz+++	Glucerna®	24	\$55
578	Glucerna® Diabetes Nutrition Shake, Vanilla, 8 oz+++	Glucerna®	24	\$55
412	Glucosamine Chondroitin Triple Strength	Glucosamine Chondroitin Triple Strength	100	\$25
299	Gummy Multi-Vitamin	Multi-Vitamin Gummy	120	\$11
300	Gummy Vitamin C 250 mg	Vitamin C 250 mg Gummy	100	\$11
301	Gummy Vitamin D 2,000 IU	Vitamin D 2,000 IU Gummy	120	\$11
474	Immune Support Chewable Tablets	Airborne®	32	\$9
246	Liquid Iron Formulation 220 mg / 5ml	Liquid Iron formulation	16 fl oz	\$9
302	Magnesium Oxide 400 mg	MagOx®	120	\$9
278	Melatonin 5 mg	Melatonin 5 mg	100	\$8
479	Melatonin Gummies, 5 mg	VitaJoy®	120	\$12
413	Omega-3 Fish Oil 1,000 mg Softgels	Omega-3 Fish Oil 1,000 mg	90	\$10
316	One Daily Men's Multi-Vitamin	One A Day® Men's	60	\$8
107	One Daily Women's Multi-Vitamin	One A Day® Women's	60	\$8
317	Organic Sulfur MSM 1,000 mg	Organic Sulfur MSM 1,000 mg	90	\$9
303	Potassium gluconate 595 mg	Potassium gluconate 595 mg	100	\$6
481	Rena-vite Vitamins	Rena-vite Vitamins	100	\$15
909	Timed Release Niacin 500 mg	Timed Release Niacin 500 mg	100	\$9

Code	Product Name	Compare to	Package Count	Price
574	Vitamin B-12 500 mcg tablets	Vitamin B-12 500 mcg tablets	100	\$7
238	Vitamin B12 1,000 mcg	Vitamin B12 1,000 mcg	100	\$8
279	Vitamin B12 5,000 mcg Sublingual	Vitamin B12 5,000 mcg Sublingual	30	\$8
482	Vitamin B-Complex Gummies	Vitafusion™	70	\$12
280	Vitamin B-Complex Sublingual	Vitamin B-Complex Sublingual	60	\$8
903	Vitamin B-Complex with B-12	B-Complex with B-12	100	\$8
010	Vitamin C 500 mg	Vitamin C 500 mg	100	\$7
209	Vitamin D 1,000 IU	Vitamin D 1,000 IU	100	\$8
239	Vitamin D 5,000 IU	Vitamin D 5,000 IU	100	\$9
483	Vitamin D 50,000 IU	Vitamin D 50,000 IU	12	\$20
576	Vitamin D3 2,000 IU	Vitamin D3 2,000 IU	240	\$11
012	Vitamin E 400 IU Synthetic	Vitamin E 400 IU Synthetic	100	\$10

*For dual-purpose items: purchase must be based upon appropriate conversations and recommendations from the member's personal healthcare provider.

+++Brand Name Preferred. Generic substitution is not available.

First Aid Medical Supplies

035	Alcohol Prep Pads	Curad® Alcohol Swabs	100	\$4
506	Antiseptic Spray	Antiseptic Spray	2 oz	\$4
507	Burn Relief Spray	Burn Relief Spray	2 oz	\$4
508	Butterfly Closures	Butterfly Closures	12	\$4
509	Cloth Tape 1" x 10 yards	Cloth Tape 1" x 10 yards	1	\$5
510	Curad® Adhesive Bandages - Fingertip+++	Curad® Adhesive Bandages - Fingertip	100	\$8
511	Curad® Adhesive Bandages - Knuckles+++	Curad® Adhesive Bandages - Knuckles	100	\$8
512	Curad® Bandage Variety Pack+++	Curad® Bandage Variety Pack	200	\$11
513	Curad® Germ Shield Gel+++	Curad® Germ Shield Gel	0.5 oz	\$6

Code	Product Name	Compare to	Package Count	Price
519	Curad® Non-Stick Pad 3 x 4+++	Curad® Non-Stick Pad 3 x 4	10	\$5
514	Curad® Quick Stop Blood Controlling Bandages+++	Curad® Quick Stop Blood Controlling Bandages	30	\$6
515	Curad® Silicone Bandages+++	Curad® Silicone Bandages	20	\$4
516	Curad® Soothe & Cool Burn Bandages, Instant Cooling, Assorted Sizes+++	Curad® Soothe & Cool Burn Bandages, Instant Cooling, Assorted Sizes	8	\$9
517	Curad® Spray Bandage+++	Curad® Spray Bandage	1.35 oz	\$10
518	Curad® Wound Care Kit (gauze pads, non-stick pad, paper tape)+++	Curad® Wound Care Kit (gauze pads, non-stick pad, paper tape)	25	\$9
226	Elastic Bandage 4"	Ace® Bandage 4"	1	\$5
425	Elastic Bandage 6"	Ace® Bandage 6"	1	\$9
385	First Aid Kit 175 pieces	Curad® First Aid Kit 175 pcs	1	\$12
520	Gauze Sponges 4" x 4"	Gauze Sponges 4" x 4"	50	\$8
427	Hand Sanitizer+	Purell®	8 fl oz	\$4
521	Hand Sanitizer Wipes	Purell®	160	\$12
428	Hot Water Bottle	Hot Water Bottle	1	\$10
429	Hydrogen Peroxide	Hydrogen Peroxide	16 oz	\$2
430	Ice Bag	Ice Bag	1	\$6
431	Paper Tape 2" x 10 yards	Curad® Paper Tape	1	\$9
432	Petroleum Jelly	Vaseline®	4 oz	\$4
324	Plastic Bandages	BAND-AID®	200	\$9
433	Rubbing Alcohol+	Rubbing Alcohol	16 oz	\$3
231	Triple Antibiotic Ointment Plus	Neosporin® + Pain Relief	1 oz	\$7
384	Waterproof Adhesive Bandages	Waterproof Adhesive Bandages	100	\$9

+++Brand Name Preferred. Generic substitution is not available.

Code	Product Name	Compare to	Package Count	Price
Fitness Devices				
434	Fitbit® Charge 4**, +++	Fitbit® Charge 4	1	\$150
523	Fitbit® Inspire 2**, +++	Fitbit® Inspire 2	1	\$100
522	Fitbit® Versa 3**, +++	Fitbit® Versa 3	1	\$230
441	Pedometer	Pedometer	1	\$20

+++Brand Name Preferred. Generic substitution is not available.

Home Medical Supplies				
486	3-Pack of Cloth Masks***	3-Pack of Cloth Masks	1	\$14
485	10-Pack of Disposable Masks ^{† †}	10-Pack of Disposable Masks	1	\$10
524	Bed Pan	Bed Pan	1	\$10
525	Bedside Stool with Handle**	Bedside Stool with Handle	1	\$55
242	Blood Pressure Home Kit (Manual pump with Stethoscope)**	Blood Pressure Home Kit (Manual pump w/ Stethoscope)	1	\$17
526	Cane For Vision Impaired**	Cane For Vision Impaired	1	\$20
527	Cane with Offset Handle	Cane with Offset Handle	1	\$20
588	CarePlus Cloth Mask, 3 pack	3-Pack of Cloth Masks	1	\$14
443	CPAP Memory Foam Pillow**	CPAP Memory Foam Pillow	1	\$60
444	CPAP Pillow Fiber Filled**	CPAP Pillow Fiber Filled	1	\$45
247	Digital Bathroom Scale**	Digital Bathroom Scale	1	\$24
245	Digital Blood Pressure Monitor**	Digital Blood Pressure Monitor	1	\$50
445	Digital Hearing Amplifier	Clearon Hearing Amplifier	1	\$50
244	Electric Heating Pad** - Standard	Sunbeam® Electric Heating Pad	1	\$30
309	Pulse Oximeter**	Pulse Oximeter	1	\$50
447	Foam Ring Cushion	Carex®	1	\$21

Code	Product Name	Compare to	Package Count	Price
528	Foam Roller	Foam Roller	1	\$15
529	Folding Cane**	Folding Cane	1	\$18
530	Food Scale*	Food Scale	1	\$20
531	Grabber Reacher Tool	Grabber Reacher Tool	1	\$15
448	Heating Pad Wrap for Shoulder and Neck**	Sunbeam®	1	\$40
449	Humidifier, Ultra-Sonic Cool Mist**	Honeywell® Humidifier - Ultrasonic	1	\$50
450	Hypoallergenic Pillow	Hypoallergenic Pillow	1	\$25
451	Lumbar Cushion	Carex®	1	\$25
446	Magnifying Glass	Magnifying Glass	1	\$13
452	Medical Bracelet - Diabetes	Medical Bracelet	1	\$21
453	Medical Bracelet - Heart Patient	Medical Bracelet	1	\$21
370	Medication Disposal Powder	DisposeRx™	3	\$9
458	Medication Lock	Pillpod	1	\$22
532	Non-skid Slipper Socks	Non-skid Slipper Socks	1 pair	\$3
048	Oral Thermometer (Digital Display)	B-D® Oral Thermometer	1	\$7
533	Padded Bedside Fall Mat**	Padded Bedside Fall Mat	1	\$65
455	Peak Flow Meter	Peak Flow Meter	1	\$18
456	Pill Bottle Opener with Magnifying Glass	Pill Bottle Opener with Magnifying Glass	1	\$7
457	Pill Splitter & Crusher	Pill Splitter & Crusher	1	\$9
419	Plug-in LED Nightlights	Plug-in LED Nightlights	2	\$8
386	Quad Cane Large Base - 300 lbs capacity**	Quad Cane Large Base	1	\$25
387	Quad Cane Small Base - 300 lbs capacity**	Quad Cane Small Base	1	\$25
534	Resistance Band, Medium Resistance	Theraband®	1	\$8
460	Talking Blood Pressure Monitor**	Omron®	1	\$75
461	Talking Digital Bathroom Scale**	Talking Digital Bathroom Scale	1	\$35
462	Talking Ear and Forehead Thermometer**	DualScan® Thermometer, Audio	1	\$30

Code	Product Name	Compare to	Package Count	Price
484	Urinary Tract Infection Test Strips	AZO Urinary Tract Infection Test Strips®	3	\$14
535	Warm Mist Humidifier with Steam Inhaler**	Crane	1	\$50
536	Warm Mist Steam Inhaler Pads	Crane	12	\$13
463	Weighted Utensil Set	Weighted Utensil Set	1	\$40
257	7 Day Pill Box	7 Day Pill Box	1	\$8

**For dual-purpose items: limit 1 per plan year. Purchase must be based upon appropriate conversations and recommendations from the member's personal healthcare provider.

*** 1 pack per month / 3 packs per quarter

†† 3 packs per month / 9 packs per quarter

Pain Relievers

294	Acetaminophen 325 mg	Tylenol® Regular Strength	100	\$7
002	Acetaminophen 500 mg	Tylenol® Extra Strength	100	\$7
020	Acetaminophen 80 mg Chewable	Tylenol® Children's Chewable	30	\$7
353	Acetaminophen (Children's) - Liquid	Children's Tylenol®	4 fl oz	\$7
031	Anti-Hemorrhoidal Ointment	Preparation-H®	2 oz	\$7
543	Arthritis Pain Gel	Voltaren Gel	3.53 oz	\$15
016	Aspirin Low Dose 81 mg EC	BAYER® Adult Low Dose EC	120	\$6
229	Aspirin 325 mg Enteric Coated	Ecotrin®	100	\$7
213	Cold and Hot Patches	Icy Hot® Patch	5	\$8
125	Headache Formula – Aspirin, Acetaminophen, Caffeine	Excedrin®	100	\$9
216	Hemorrhoidal Suppositories	Preparation-H® Suppositories	12	\$7
019	Ibuprofen 200 mg Tablets	Advil®	50	\$7
094	Children's Ibuprofen - oral suspension	Children's Motrin®	4 fl oz	\$8
365	Lidocaine Patch	Salonpas® Lidocaine Gel Patches	6	\$10
358	Medicated Hemorrhoidal Pads	Tucks® Pads	100	\$8
046	Muscle Rub	BenGay®	4 oz	\$8

Code	Product Name	Compare to	Package Count	Price
283	Naproxen Sodium 220 mg	Aleve®	100	\$9
344	Roll-on Muscle Relief	Biofreeze®	2.5 oz	\$12
464	Spray-On Muscle Relief+	Biofreeze® Spray	4 oz	\$13
119	Topical Analgesic – Capsicum Cream 0.025%	Zostrix® Cream	2 oz	\$8
326	Urinary Pain Relief	AZO Urinary Pain Relief®	30	\$8
Personal Care				
544	Abreva® Cold Sore Treatment+++	Abreva® Cold Sore Treatment	0.07 oz	\$28
256	Absorbent Under Pads Disposable 23" x 36"	Protection Plus® Under Pad	20	\$15
251	Adult Incontinence Pull-On Underwear Small	Protection Plus® Protective Underwear Small	22	\$16
252	Adult Incontinence Pull-On Underwear Medium	Protection Plus® Protective Underwear Medium	20	\$16
253	Adult Incontinence Pull-On Underwear Large	Protection Plus® Protective Underwear Large	18	\$16
254	Adult Incontinence Pull-On Underwear X-Large	Protection Plus® Protective Underwear X-Large	14	\$16
255	Adult Incontinence Pull-On Underwear XX-Large	Protection Plus® Protective Underwear XX-Large	12	\$16
396	Adult Incontinence Tab-Style Disposable Briefs, Extra Absorbency - S	FitRight® Disposable Briefs, Extra Absorbency - S	20	\$17
395	Adult Incontinence Tab-Style Disposable Briefs, Extra Absorbency - M	FitRight® Disposable Briefs, Extra Absorbency - M	20	\$17
394	Adult Incontinence Tab-Style Disposable Briefs, Extra Absorbency - L	FitRight® Disposable Briefs, Extra Absorbency - L	20	\$17
397	Adult Incontinence Tab-Style Disposable Briefs, Extra Absorbency - XL	FitRight® Disposable Briefs, Extra Absorbency - XL	20	\$17

Code	Product Name	Compare to	Package Count	Price
398	Adult Incontinence Tab-Style Disposable Briefs, Extra Absorbency - XXL	FitRight® Disposable Briefs, Extra Absorbency - XXL	20	\$17
401	Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency - S	FitRight® Disposable Briefs, Ultra Absorbency - S	20	\$17
400	Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency - M	FitRight® Disposable Briefs, Ultra Absorbency - M	20	\$17
399	Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency - L	FitRight® Disposable Briefs, Ultra Absorbency - L	20	\$17
402	Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency - XL	FitRight® Disposable Briefs, Ultra Absorbency - XL	20	\$17
403	Adult Incontinence Tab-Style Disposable Briefs, Ultra Absorbency - XXL	FitRight® Disposable Briefs, Ultra Absorbency - XXL	20	\$17
545	Aim® Toothpaste+++	Aim® Toothpaste	5.5 oz	\$6
471	Battery Operated Water Jet**	Interplak® Battery Operated Water Jet	1	\$35
472	Battery Operated Water Jet Tips	Interplak® Battery Operated Water Jet Tips	5	\$9
546	Bausch + Lomb Alaway® Antihistamine Eye Drops	Bausch + Lomb Alaway® Antihistamine Eye Drops	0.34 oz	\$15
547	Bausch + Lomb Soothe® Lubricant Eye Drops, Hydration	Bausch + Lomb Soothe® Lubricant Eye Drops, Hydration	0.5 oz	\$15
548	Biotene® Spray+++	Biotene® Spray	1.5 oz	\$10
549	Biotene® Toothpaste+++	Biotene® Toothpaste	4.3 oz	\$11
366	Bladder Control Guards for Men	FitRight® Active Bladder Guards for Men	52	\$14
243	Bladder Control Pads (Regular)	Poise® Moderate Pads	20	\$8
465	Bunion Guard	Bunion Guard	1	\$9

Code	Product Name	Compare to	Package Count	Price
550	Colgate® Toothpaste+++	Colgate® Toothpaste	4 oz	\$6
551	Contact Lens Solution	Opti-Free® Replenish®	12 oz	\$10
036	Cotton Swabs	Q-Tips® Cotton Swabs	300	\$6
552	Crest® Toothpaste+++	Crest® Toothpaste	5.4 oz	\$7
224	Dental Floss, waxed	Dental Floss, waxed	100 yards	\$5
391	Dental Flossers	Dental Flossers	90	\$6
225	Denture Adhesive	Fixodent®	1.5 oz	\$6
392	Denture Brush	GUM® Denture Brush	1	\$6
307	Diaper Rash Ointment	Desitin®	2 oz	\$7
345	Disposable Gloves - Non-Latex	Curad®	100	\$10
537	Disposable Underpad 36 x 36	Disposable Underpad 36 x 36	50	\$35
393	Dry Mouth Oral Rinse	Biotene® Dry Mouth Oral Rinse	16 fl oz	\$9
118	Earwax Removal Drops	Debrox® Earwax Removal Drops	0.5 fl oz	\$7
319	Effervescent Denture Tabs	Efferdent®	90	\$9
540	Extended Wear Underwear, Small	Extended Wear Underwear, Small	30	\$22
539	Extended Wear Underwear, Medium	Extended Wear Underwear, Medium	15	\$18
538	Extended Wear Underwear, Large	Extended Wear Underwear, Large	15	\$18
541	Extended Wear Underwear, XL	Extended Wear Underwear, XL	15	\$18
219	Eye Drops – Redness Reliever	Visine® Original	0.5 fl oz	\$6
553	Fixodent® Denture Adhesive+++	Fixodent® Denture Adhesive	2.4 oz	\$8
369	Flushable Cleansing Cloths	Cottonelle®	40	\$5
388	Insect Bite Relief	After Bite®	0.5 fl oz	\$9
554	Interdental Brush Picks	Gum®	275	\$6
555	Interdental Gum Brushes	Gum®	10	\$7

Code	Product Name	Compare to	Package Count	Price
356	Lubricant Eye Drops	Refresh Optive® Lubricant Eye Drops	0.5 fl oz	\$14
114	Lubricant Eye Drops (Sterile)	Lubricant Eye Drops (Sterile)	0.5 fl oz	\$7
346	Lubricant Eye Gel	GenTeal®	0.34 fl oz	\$12
327	Insect Repellent	OFF!® Deep Woods	6 oz	\$9
404	Medicated Foot Powder	Gold Bond® Medicated Foot Powder	4 oz	\$6
414	Medicated Lip Treatment Squeeze Tube - 2 pack	Carmex®	2	\$6
473	Moleskin	Moleskin	3 strips	\$6
295	Oral Pain Relief - Benzocaine 20%	Orajel™ Maximum	0.5 fl oz	\$7
556	Pataday® Once Daily Relief	Pataday® Once Daily Relief	2.5 ml	\$22
557	Pataday® Twice Daily Relief	Pataday® Twice Daily Relief	5 ml	\$20
558	Pepsodent® Toothpaste+++	Pepsodent® Toothpaste	5.5 oz	\$5
405	Preservative Free Lubricant Eye Drops	Refresh Optive PF®	30	\$15
406	Rechargeable Power Toothbrush Replacement Heads	Rechargeable Power Toothbrush Replacement Heads	2	\$22
407	Rechargeable Power Toothbrush**	Rechargeable Power Toothbrush	1	\$35
310	Reusable Cold Compress	ACE™ Cold Compress	1	\$7
559	Swimmer's Ear Solution	Debrox® Swimmer's Ear Drying Drops	1 oz	\$9
284	Toothbrush	Toothbrush	3	\$7
285	Toothpaste	Toothpaste	2	\$8
296	Wart Remover Liquid	Compound W® Max Strength	0.31 fl oz	\$9
542	Washable Underpads	Washable Underpads	1	\$10

**For dual-purpose items: limit 1 per plan year. Purchase must be based upon appropriate conversations and recommendations from the member's personal healthcare provider.

+Hazardous items cannot be shipped to PO Boxes, Alaska, Hawaii and Puerto Rico.

+++Brand Name Preferred. Generic substitution is not available.

Code	Product Name	Compare to	Package Count	Price
Skin Care				
217	Allergy Cream – Itching and Pain Relief	Benadryl® Extra Strength Cream	1 oz	\$6
560	Aloe Vera with Lidocaine	Aloe Vera with Lidocaine	20 oz	\$10
037	Calamine Lotion	Calamine	6 oz	\$6
038	Clotrimazole Cream 1% - athlete's foot	Lotrimin AF®	0.5 oz	\$6
408	Diabetic Skin Relief Hydrating Lotion	Gold Bond® Ultimate Diabetics' Dry Skin Relief Hydrating Lotion	4.5 oz	\$10
409	Eczema Moisturizing Cream	Aveeno® Active Naturals® Eczema Therapy Moisturizing Cream	5 oz	\$12
322	Hydrocortisone Cream 1%	Cortaid®	2 oz	\$7
241	Medicated Callus Remover	Dr. Scholl's®	6	\$7
561	Phytoplex Calazime Skin Protectant	Phytoplex Calazime Skin Protectant	4 oz	\$13
410	Psoriasis Medicated Ointment	Psoriasis Medicated Ointment	3.8 oz	\$12
562	Skin Protectant Paste	Skin Protectant Paste	4 oz	\$9
563	Skin Repair Cream	Remedy® Intensive Skin Therapy Skin Repair Cream	4 oz	\$6
411	Soothing Oatmeal Bath Treatment	Aveeno® Soothing Bath Treatment	8	\$10
306	Sun Block SPF 30	Coppertone SPF 30®	8 oz	\$9
564	Sunscreen SPF 50	Sunscreen SPF 50	8 oz	\$9
218	Tolnaftate Antifungal Cream 1%	Tinactin® Cream	1 oz	\$8
308	Vitamin A and D Ointment	A+D® Original Ointment	4 oz	\$8
Smoking Cessation				
315	Nicotine Transdermal 7 mg Patch++	Nicotine Transdermal Patch	7	\$25
313	Nicotine Transdermal 14 mg Patch++	Nicotine Transdermal Patch	7	\$25

Code	Product Name	Compare to	Package Count	Price
314	Nicotine Transdermal 21 mg Patch ⁺⁺	Nicotine Transdermal Patch	7	\$25
123	Stop Smoking Gum - 2 mg ⁺⁺	Nicorette® 2 mg gum	50	\$20
124	Stop Smoking Gum - 4 mg ⁺⁺	Nicorette® 4 mg gum	50	\$20

⁺⁺Nicotine sales are prohibited to members under the age of 21.

Supports

336	Ankle Support	Futuro®	1	\$10
565	Arthritis Gloves - Small	Vive® Arthritis Gloves	1 pair	\$18
364	Arthritis Gloves - Medium	Vive® Arthritis Gloves	1 pair	\$18
363	Arthritis Gloves - Large	Vive® Arthritis Gloves	1 pair	\$18
337	Back Support Elastic - One size fits most	Futuro®	1	\$25
567	Back Support with Pulley System S/M	Back Support with Pulley System S/M	1	\$18
566	Back Support with Pulley System L/XL	Back Support with Pulley System L/XL	1	\$18
568	Back Support with Pulley System 2XL	Back Support with Pulley System 2XL	1	\$18
442	Carpal Tunnel Night Brace	Futuro® Carpal Tunnel Night Brace	1	\$23
339	Elbow Support	Futuro®	1	\$10
342	Knee Support with Stays - S	Futuro®	1	\$15
341	Knee Support with Stays - M	Futuro®	1	\$15
340	Knee Support with Stays - L	Futuro®	1	\$15
357	Knee Support with Stays - XL	Futuro®	1	\$15
459	Plantar Fasciitis Relief Sleeves	Plantar Fasciitis Relief Sleeves	1 pair	\$12
343	Wrist Support	Futuro®	1	\$15

Women's Health

041	Clotrimazole 1% Vaginal Cream	Gyne-Lotrimin®	1.5 oz	\$9
304	Miconazole 3	Monistat® 3 Combo Pack	3-day supply	\$13

IMPORTANT!

At CarePlus, it is important you are treated fairly.

CarePlus Health Plans, Inc. does not discriminate or exclude people because of their race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, marital status, or religion. Discrimination is against the law. CarePlus complies with applicable Federal Civil Rights laws. If you believe that you have been discriminated against by CarePlus, there are ways to get help.

- You may file a complaint, also known as a grievance, with:
CarePlus Health Plans, Inc. Attention: Member Services Department.
11430 NW 20th Street, Suite 300. Miami, FL 33172.
If you need help filing a grievance, call **1-800-794-5907 (TTY: 711)**. From October 1 - March 31, we are open 7 days a week, 8 a.m. to 8 p.m. From April 1 - September 30, we are open Monday - Friday, 8 a.m. to 8 p.m. You may always leave a voicemail after hours, Saturdays, Sundays, and holidays and we will return your call within one business day.
- You can also file a civil rights complaint with the **U.S. Department of Health and Human Services**, Office for Civil Rights electronically through the Office for Civil Rights Complaint Portal, available at <https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or by mail or phone at **U.S. Department of Health and Human Services**, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201, **1-800-368-1019, 800-537-7697 (TDD)**.

Complaint forms are available at <https://www.hhs.gov/ocr/office/file/index.html>.

Auxiliary aids and services, free of charge, are available to you. 1-800-794-5907 (TTY: 711).

CarePlus provides free auxiliary aids and services, such as qualified sign language interpreters and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

Language assistance services, free of charge, are available to you. 1-800-794-5907 (TTY: 711)

Español (Spanish): Llame al número arriba indicado para recibir servicios gratuitos de asistencia lingüística.

繁體中文 (Chinese): 撥打上面的電話號碼即可獲得免費語言援助服務。

Tiếng Việt (Vietnamese): Xin gọi số điện thoại trên đây để nhận được các dịch vụ hỗ trợ ngôn ngữ miễn phí.

한국어 (Korean): 무료 언어 지원 서비스를 받으려면 위의 번호로 전화하십시오.

Tagalog (Tagalog – Filipino): Tawagan ang numero sa itaas upang makatanggap ng mga serbisyo ng tulong sa wika nang walang bayad.

Русский (Russian): Позвоните по номеру, указанному выше, чтобы получить бесплатные услуги перевода.

Kreyòl Ayisyen (French Creole): Rele nimewo ki pi wo la a, pou resevwa sèvis èd pou lang ki gratis.

Français (French): Appelez le numéro ci-dessus pour recevoir gratuitement des services d'aide linguistique.

Polski (Polish): Aby skorzystać z bezpłatnej pomocy językowej, proszę zadzwonić pod wyżej podany numer.

Português (Portuguese): Ligue para o número acima indicado para receber serviços linguísticos, grátis.

Italiano (Italian): Chiamare il numero sopra per ricevere servizi di assistenza linguistica gratuiti.

Deutsch (German): Wählen Sie die oben angegebene Nummer, um kostenlose sprachliche Hilfsdienstleistungen zu erhalten.

ગુજરાતી (Gujarati): નીચેના સંખ્યા સંકેતો પર કોલ કરવા માટે, ઉપર દર્શાવેલ નંબર પર કોલ કરો.

ภาษาไทย (Thai): โทรติดต่อที่หมายเลขด้านบนนี้เพื่อรับบริการช่วยเหลือด้านภาษาโดยไม่เสียค่าใช้จ่าย.

Diné Bizaad (Navajo): Wóda'í béésh bee hani'í bee wolta'ígíí bich'í' hódíílnih éí bee t'áá jiik'eh saad bee áká'ánida'áwo'déé nika'adoowoł.

العربية (Arabic):

الرجاء الاتصال بالرقم المبين أعلاه للحصول على خدمات مجانية للمساعدة بلغتك

#Write in the quantity of the product you would like to receive, not the package size listed in the catalog.

2021 CarePlus Over-the-Counter (OTC) Products Mail-Order Form



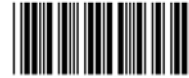
976A



Product Code	Product Name	Quantity to order [‡]	Price
Example: 2 2 9	Aspirin 325mg Enteric Coated	1	\$6
9 OTC			\$
10 OTC			\$
11 OTC			\$
12 OTC			\$
13 OTC			\$
14 OTC			\$
15 OTC			\$
16 OTC			\$
17 OTC			\$
18 OTC			\$
19 OTC			\$
20 OTC			\$
21 OTC			\$
22 OTC			\$

[‡]Write in the quantity of the product you would like to receive, not the package size listed in the catalog.

2021 CarePlus Over-the-Counter (OTC) Products Mail-Order Form



976B



Your total order amount \$ _____

CarePlus allowance - \$ _____

Total remaining amount due \$ _____

If your total order is less than your plan's allowance, you DO NOT need to include payment and you will receive the items you ordered.

If your order exceeds your plan's allowance, please include your check, money order, or enter your credit card information below to pay the remaining amount due. Balances higher than the allowance amount may have sales tax applied. Failure to submit payment in full will lead to items being cancelled to bring your order total at or below your benefit allowance. Any unused allowance does not roll over to the next allowance period.

STEP 3 - Payment information (if applicable)

Please make checks payable to "PrescribelT Rx." Please do not send cash.

To pay by credit card, please complete the following:

Credit/Debit Card #

Exp. Date

Cardholder First Name

Cardholder Last Name

Cardholder Signature

STEP 4 - To order by mail, send the completed CarePlus Over-the-Counter Products Mail-Order Form page along with payment (if applicable) to:

PrescribelT Rx
10749 Marks Way
Miramar, FL 33025

Call PrescribelT Rx at **1-800-526-1490**, Monday through Friday, from 8 a.m. to 6 p.m. (TTY: **711**) if you have questions about your order. PrescribelT Rx will ship your order to your home by UPS or the US Postal Service at no extra charge to you. Please allow 10 to 14 business days from the time PrescribelT Rx receives your order to the time of delivery. Orders may be split into multiple shipments. If you don't receive your order within the estimated timeframe, please call PrescribelT Rx. You'll receive a generic comparable to the name-brand product when applicable. If a product is unavailable or not in stock, it may be substituted for a similar product at no additional charge. This product list is subject to change. PrescribelT Rx reserves the right to limit the quantities of over-the-counter medications and supplies. Please consult with your doctor before using any over-the-counter (OTC) product.

