

2022 Humana Healthy Horizons® in South Carolina Health and Wellness Catalog and Order Form



With the Humana Healthy Horizons in South Carolina (Medicaid) plan, you can order up to \$10 of health and wellness items each month from CenterWell Pharmacy. You can have over-the-counter (OTC) items like cough medicine, sunscreen, and bandages mailed right to you.



Call CenterWell Pharmacy at **855-211-8370** (TTY: **711**) if you have questions about how to order your OTC products. Customer Care Representatives are available Monday – Friday, 8 a.m. – 11 p.m. and Saturday, 8 a.m. – 6:30 p.m., Eastern time. Call the number on the back of your ID card if you have questions about your benefit.

How to order:



Keep this catalog. You will need this to look up the OTC items you want to order each month. Place your order by the last week of your allowance period. Only order up to \$10 in OTC items. Your order may be late if it is more than \$10.

You can order:



- By mail: Fill out the Health and Wellness Order Form and mail only the order form pages to:

CenterWell Pharmacy
P.O. Box 1197
Cincinnati, OH 45201-1197



- By fax: Fill out the Health and Wellness Order Form and fax only the order form pages to:
1-800-379-7617



2022 Humana Healthy Horizons in South Carolina Health and Wellness Order Form



996CW



MEMBER INFORMATION

Member ID (found on Humana ID card)

Date of Birth

Gender

 Male
 Female

First Name

Last Name

MI

Street Number

Street Name

Apt/Suite #

City

State

Zip Code

Daytime Phone

Evening Phone

Please check box if this is a new address:

Call CenterWell Pharmacy at **855-211-8370** (TTY: **711**), or the number on the back of your ID card, if you have questions about your OTC benefit. Customer Care Representatives are available Monday - Friday, 8 a.m. to 11 p.m. and Saturday, 8 a.m. to 6:30 p.m., Eastern time.

Orders will be mailed to you by UPS or the US Postal Service at no charge. Please allow 10 to 14 working days for your order to arrive. **Orders may be split into multiple shipments.** You'll receive a generic that is similar to the name-brand item. If a product is unavailable or not in stock, it may be substituted for a similar product at no additional charge. The brand name product may also be sent. Generics allow you to get your OTC items at the best price. Please talk to your doctor before using any over-the-counter item. CenterWell Pharmacy reserves the right to limit the quantities of OTC medications and supplies dispensed. Please check with your healthcare provider before taking OTC medicines. Some items may vary depending on manufacturer (for example: caplets, tablets, capsules or soft gels may be substituted for one another). Returns or refunds are not accepted for items that were properly dispensed.

OTC items can only be mailed to the plan enrollee. You are not allowed to buy OTC items for family members and friends.

The following items are not covered under this OTC benefit (non-eligible items): Alternative medicines (including botanicals, herbals, probiotics and nutraceuticals including garlic, Echinacea, saw palmetto, ginkgo biloba, etc), Baby items, Contraceptives, Convenience (non-medical items), Cosmetics, Food Supplements, Replacement items, Attachments, and Peripherals (including hearing aid batteries, contact lens containers, etc when not factory packaged with original item).

Member ID

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Date of Birth

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996ACW



First name

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Last name

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PRODUCT SELECTION

*Write in the quantity of the product you would like to receive, not the package size listed in catalog.

| Product Code | Product Name | Quantity* | Price |
|-----------------------|--------------------------|-----------|-------|
| <i>Example:</i> 0 1 6 | Aspirin Low Dose 81mg EC | 1 | \$6 |
| 1 OTC □□□ | _____ | □ | _____ |
| 2 OTC □□□ | _____ | □ | _____ |
| 3 OTC □□□ | _____ | □ | _____ |
| 4 OTC □□□ | _____ | □ | _____ |
| 5 OTC □□□ | _____ | □ | _____ |
| 6 OTC □□□ | _____ | □ | _____ |
| 7 OTC □□□ | _____ | □ | _____ |
| 8 OTC □□□ | _____ | □ | _____ |
| 9 OTC □□□ | _____ | □ | _____ |
| 10 OTC □□□ | _____ | □ | _____ |
| 11 OTC □□□ | _____ | □ | _____ |
| 12 OTC □□□ | _____ | □ | _____ |
| 13 OTC □□□ | _____ | □ | _____ |
| 14 OTC □□□ | _____ | □ | _____ |
| 15 OTC □□□ | _____ | □ | _____ |

To order by mail, send the completed Humana Health and Wellness Product Order Form page along with payment (if applicable) to:
CenterWell Pharmacy
P.O. Box 1197
Cincinnati, OH 45201-1197

Your total order amount \$ _____
Humana allowance \$ **10**

Over-the-Counter (OTC) Health and Wellness Product Catalog

Note: You will receive the generic equivalent of all items

Antacid, Anti-Diarrheal and Laxatives

| Product code | Product name | Compare to | Package count | Price |
|--------------|---|---|---------------|---------|
| 032 | Antacid/Anti-Gas Liquid | Mylanta® | 12 oz. | \$8.00 |
| 318 | Anti-Diarrheal Caplets- Loperamide 2 mg ⁺ | Imodium® A-D | 24 | \$7.00 |
| 031 | Anti-Hemorrhoidal Ointment | Preparation H® | 2 oz. | \$7.00 |
| 093 | Bisacodyl 5 mg ⁺ | Dulcolax® | 25 | \$7.00 |
| 203 | Calcium Carbonate Antacid- Regular Strength ⁺ | Tums® Regular Strength | 150 | \$7.00 |
| 349 | Children's Gas Relief Drops | Infant's Mylicon® | 1 oz. | \$8.00 |
| 116 | Dairy Digestive Supplement- Lactase Enzyme | Lactaid® Tablets | 60 | \$10.00 |
| 215 | Effervescent Antacid & Pain Relief | Alka-Seltzer® | 36 | \$8.00 |
| 320 | Extra Strength Gas Relief Soft-Gels | Gas-X® Extra Strength | 48 | \$8.00 |
| 261 | Famotidine 20 mg ⁺ | Pepcid® 20 mg | 25 | \$8.00 |
| 208 | Fiber Laxative Tablets ⁺ | FiberCon® | 90 | \$9.00 |
| 503 | Glycerin Suppositories ⁺ | Fleet® | 25 | \$7.00 |
| 216 | Hemorrhoidal Suppositories | Preparation H® Suppositories | 12 | \$7.00 |
| 504 | Laxative (Bisacodyl) 10 mg Suppositories ⁺ | Laxative (Bisacodyl) 10 mg Suppositories | 12 | \$7.00 |
| 505 | Meclizine 25 mg ⁺ | Bonine® | 100 | \$8.00 |
| 358 | Medicated Hemorrhoidal Pads | Tucks® Pads | 100 | \$8.00 |
| 033 | Milk of Magnesia- Laxative/Antacid ⁺ | Phillips® Milk of Magnesia | 12 oz. | \$7.00 |
| 120 | Motion Sickness Tablets- Dimenhydrinate 50 mg | Dramamine® | 12 | \$6.00 |
| 351 | Nausea Relief Liquid ⁺ | Emetrol® | 4 oz. | \$7.00 |
| 112 | Omeprazole 20 mg ⁺ | Prilosec OTC® | 14 | \$10.00 |
| 115 | Pink Bismuth- Chewable Tablets ⁺ | Pepto-Bismol® Chewable Tablets | 30 | \$7.00 |
| 264 | Polyethylene Glycol 3350 ⁺ | MiraLAX® | 8.3 oz. | \$10.00 |
| 233 | Senna Laxative Tablets ⁺ | Senokot® | 100 | \$10.00 |
| 101 | Stool Softener Capsules ⁺ | Colace® | 100 | \$7.00 |

Bath Safety

| Product code | Product name | Compare to | Package count | Price |
|--------------|-----------------------------|-----------------------------|---------------|--------|
| 373 | Tub and Stair Safety Treads | Tub and Stair Safety Treads | 8 | \$8.00 |

Cough, Cold and Allergy

| Product code | Product name | Compare to | Package count | Price |
|--------------|---|-------------------------------|---------------|---------|
| 352 | Children's Cold & Cough DM Elixir Liquid | Children's Dimetapp® | 4 oz. | \$7.00 |
| 260 | Cough and Cold High Blood Pressure Tablets* | Coricidin® HBP Cough and Cold | 16 | \$7.00 |
| 422 | Cough Drops, Black Cherry, Sugar Free | Halls® Cough Drops Sugar Free | 25 | \$3.00 |
| 423 | Cough Drops, Honey Lemon | Halls® Cough Drops | 30 | \$3.00 |
| 321 | Cough Formula Expectorant ⁺ | Robitussin® | 8 oz. | \$7.00 |
| 210 | Cough Suppressant/Expectorant (sugar free)** | Robitussin® Sugar Free DM | 4 oz. | \$7.00 |
| 096 | Cough Suppressant/Nasal Decongestant/Expectorant* | Robitussin® CF | 4 oz. | \$7.00 |
| 237 | Daytime Cold and Flu Soft Gels* | DayQuil™ | 16 | \$7.00 |
| 111 | Expectorant- Guaifenesin 400 mg | Mucus Relief 400 mg | 30 | \$9.00 |
| 361 | Levocetirizine ⁺ | Xyzal® | 35 | \$10.00 |
| 110 | Loratadine 10 mg ⁺ | Claritin® | 30 | \$10.00 |
| 290 | Loratadine Liquid 5 mg/5 ml ⁺ | Children's Claritin® | 4 oz. | \$9.00 |
| 043 | Medicated Chest Rub | Vicks VapoRub® | 100 gm | \$7.00 |
| 117 | Menthol/Benzocaine Sore Throat Lozenges | Cepacol® Lozenges | 18 | \$7.00 |
| 228 | Nasal Decongestant PE Max Strength | Sudafed® PE Tablets | 36 | \$6.00 |
| 095 | Nasal Decongestant Spray | Afrin® | 1 oz. | \$6.00 |
| 220 | Phenol/Oral Anesthetic Sore Throat Spray | Chloraseptic® | 6 oz. | \$7.00 |
| 325 | Saline Nasal Spray ⁺ | Ocean® Saline Nasal Spray | 3 oz. | \$7.00 |
| 097 | Sinus-Acetaminophen/Phenylephrine HCL | Tylenol® Sinus | 24 | \$7.00 |

Diabetes Management

| Product code | Product name | Compare to | Package count | Price |
|--------------|--|--|---------------|---------|
| 376 | Diabetes Circulatory Crew Socks 8-15mmHg Black- S | Diabetes Circulatory Crew Socks 8-15mmHg Black- S | 1 pair | \$10.00 |
| 375 | Diabetes Circulatory Crew Socks 8-15mmHg Black- M | Diabetes Circulatory Crew Socks 8-15mmHg Black- M | 1 pair | \$10.00 |
| 374 | Diabetes Circulatory Crew Socks 8-15mmHg Black- L | Diabetes Circulatory Crew Socks 8-15mmHg Black- L | 1 pair | \$10.00 |
| 377 | Diabetes Circulatory Crew Socks 8-15mmHg Black- XL | Diabetes Circulatory Crew Socks 8-15mmHg Black- XL | 1 pair | \$10.00 |
| 381 | Diabetes Circulatory Crew Socks 8-15mmHg White- S | Diabetes Circulatory Crew Socks 8-15mmHg White- S | 1 pair | \$10.00 |
| 380 | Diabetes Circulatory Crew Socks 8-15mmHg White- M | Diabetes Circulatory Crew Socks 8-15mmHg White- M | 1 pair | \$10.00 |
| 379 | Diabetes Circulatory Crew Socks 8-15mmHg White- L | Diabetes Circulatory Crew Socks 8-15mmHg White- L | 1 pair | \$10.00 |

| | | | | |
|-----|---|---|--------|---------|
| 382 | Diabetes Circulatory Crew Socks 8-15mmHg White- XL | Diabetes Circulatory Crew Socks 8-15mmHg White- XL | 1 pair | \$10.00 |
| 274 | Sharps Container | BD™ Home Sharps Container | 1 | \$6.00 |

First Aid

| Product code | Product name | Compare to | Package count | Price |
|--------------|---|---|---------------|---------|
| 035 | Alcohol Prep Pads ⁺ | Curad® Alcohol Swabs | 100 | \$4.00 |
| 506 | Antiseptic Spray | Antiseptic Spray | 2 oz. | \$4.00 |
| 507 | Burn Relief Spray | Burn Relief Spray | 2 oz. | \$4.00 |
| 508 | Butterfly Closures | Butterfly Closures | 12 | \$4.00 |
| 509 | Cloth Tape 1" X 10 yards | Cloth Tape 1" X 10 yards | 1 | \$5.00 |
| 510 | Curad® Adhesive Bandages- Fingertip | Curad® Adhesive Bandages- Fingertip | 100 | \$8.00 |
| 511 | Curad® Adhesive Bandages- Knuckles | Curad® Adhesive Bandages- Knuckles | 100 | \$8.00 |
| 513 | Curad® Germ Shield Gel | Curad® Germ Shield Gel | .5 oz. | \$6.00 |
| 519 | Curad® Non-Stick Pad 3X4 | Curad® Non-Stick Pad 3X5 | 10 | \$5.00 |
| 514 | Curad® Quick Stop Blood Controlling Bandages | Curad® Quick Stop Blood Controlling Bandages | 30 | \$6.00 |
| 515 | Curad® silicone bandages | Curad® silicone bandages .75 X 4 | 20 | \$4.00 |
| 516 | Curad® Soothe & Cool Burn Bandages, Instant Cooling, Assorted Sizes | Curad® Soothe & Cool Burn Bandages, Instant Cooling, Assorted Sizes | 8 | \$9.00 |
| 517 | Curad® Spray Bandage ⁺⁺ | Curad® Spray Bandage | 1.35 oz | \$10.00 |
| 518 | Curad® Wound Care Kit (gauze pads, non-stick pad, paper tape) | Curad® Wound Care Kit (gauze pads, non-stick pad, paper tape) | 25 pcs | \$9.00 |
| 226 | Elastic Bandage 4" | Ace® Bandage | 1 | \$5.00 |
| 425 | Elastic Bandage 6" | Ace® Bandage | 1 | \$9.00 |
| 520 | Gauze Sponges 4" x 4" | Gauze Sponges 4" x 4" | 50 | \$8.00 |
| 427 | Hand Sanitizer ⁺⁺ | Purell® | 8 oz. | \$4.00 |
| 428 | Hot Water Bottle | Hot Water Bottle | 1 | \$10.00 |
| 429 | Hydrogen Peroxide | Hydrogen Peroxide | 16 oz. | \$2.00 |
| 430 | Ice Bag | Ice Bag | 1 | \$6.00 |
| 431 | Paper Tape 2" x 10 Yards | Curad® Paper Tape | 1 | \$9.00 |
| 432 | Petroleum Jelly | Vaseline® | 4 oz. | \$4.00 |
| 324 | Plastic Bandages | Band-Aids® | 200 | \$9.00 |
| 433 | Rubbing Alcohol ⁺⁺ | Rubbing Alcohol | 16 oz. | \$3.00 |
| 231 | Triple Antibiotic Ointment Plus ⁺ | Neosporin® + Pain Relief | 1 oz. | \$7.00 |
| 384 | Waterproof Adhesive Bandages | Waterproof Adhesive Bandages | 100 | \$9.00 |

Home Medical

| Product code | Product name | Compare to | Package count | Price |
|--------------|--|--|---------------|---------|
| 257 | 7-Day Pill Box | 7-Day Pill Box | 1 | \$9.00 |
| 524 | Bed Pan | Bed Pan | 1 | \$10.00 |
| 485 | Disposable Face Mask | Disposable Face Mask | 10 | \$10.00 |
| 532 | Non-skid slipper socks | Non-skid Slipper Socks | 1 pair | \$3.00 |
| 048 | Oral Thermometer | B-D® Oral Thermometer | 1 | \$7.00 |
| 456 | Pill Bottle Opener with Magnifying Glass | Pill Bottle Opener with Magnifying Glass | 1 | \$7.00 |
| 457 | Pill Splitter & Crusher | Pill Splitter & Crusher | 1 | \$9.00 |
| 419 | Plug-In LED Nightlights | Plug-In LED Nightlights | 2 | \$8.00 |
| 534 | Resistance Band, medium resistance | Theraband® | 1 | \$9.00 |

Incontinence

| Product code | Product name | Compare to | Package count | Price |
|--------------|---|--------------------|---------------|---------|
| 595 | Bladder Control Pad for Women- Light | FitRight® | 20 | \$8.00 |
| 596 | Bladder Control Pad for Women- Moderate | FitRight® | 16 | \$8.00 |
| 597 | Bladder Control Pad for Women- Maximum | FitRight® | 10 | \$8.00 |
| 598 | Bladder Control Pad for Women- Ultimate | FitRight® | 10 | \$8.00 |
| 307 | Diaper Rash Ointment | Desitin® Ointment | 2 oz. | \$8.00 |
| 369 | Flushable Cleansing Cloths | Cottonelle® | 40 | \$5.00 |
| 599 | Panty Liner- Long | Panty Liner- Long | 40 | \$8.00 |
| 542 | Washable Underpads | Washable Underpads | 1 | \$10.00 |

Pain Relievers

| Product code | Product name | Compare to | Package count | Price |
|--------------|---|---------------------------------|---------------|---------|
| 294 | Acetaminophen 325 mg ⁺ | Tylenol® Regular Strength | 100 | \$7.00 |
| 002 | Acetaminophen 500 mg ⁺ | Tylenol® Extra Strength | 100 | \$7.00 |
| 020 | Acetaminophen 80 mg chewable ⁺ | Tylenol® Children's Chewable | 30 | \$7.00 |
| 605 | Acetaminophen Arthritis 650 mg | Acetaminophen Arthritis 650 mg | 24 | \$8.00 |
| 016 | Aspirin Low Dose 81 mg EC ⁺ | Bayer® Adult Low Strength EC | 120 | \$6.00 |
| 353 | Children's Acetaminophen Liquid ⁺ | Children's Tylenol® | 4 oz. | \$7.00 |
| 213 | Cold and Hot Patches | Icy Hot® Patch | 5 | \$8.00 |
| 229 | Enteric Coated Aspirin 325 mg ⁺ | Ecotrin® | 100 | \$7.00 |
| 125 | Headache Formula- Aspirin/Acetaminophen/Caffeine ⁺ | Excedrin® | 100 | \$9.00 |
| 019 | Ibuprofen 200 mg Tablets ⁺ | Advil® | 50 | \$7.00 |
| 094 | Ibuprofen Suspension (Children's) ⁺ | Children's Motrin® | 4 oz. | \$8.00 |
| 354 | Infant's Acetaminophen ⁺ | Infant's Tylenol® | 2 oz. | \$9.00 |
| 365 | Lidocaine Patches | Salonpas® Lidocaine Gel Patches | 6 | \$10.00 |

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|-----|--|----------------|-------|--------|
| 046 | Muscle Rub | BenGay® | 4 oz. | \$8.00 |
| 283 | Naproxen Sodium 220 mg ⁺ | Aleve® | 100 | \$9.00 |
| 119 | Topical Analgesic- Capsaicin Cream 0.025% ⁺ | Zostrix® Cream | 2 oz. | \$9.00 |

Personal Care

| Product code | Product name | Compare to | Package count | Price |
|--------------|--|------------------------------------|---------------|---------|
| 545 | Aim® Toothpaste | Aim® Toothpaste | 5.5 oz. | \$6.00 |
| 465 | Bunion Guard | Bunion Guard | 1 | \$9.00 |
| 550 | Colgate® Toothpaste | Colgate® Toothpaste | 4.6 oz. | \$6.00 |
| 551 | Contact lens solution | Opti-Free® Replenish® | 12 oz. | \$10.00 |
| 036 | Cotton Swabs | Q-Tips® Cotton Swabs | 300 | \$6.00 |
| 552 | Crest® Toothpaste | Crest® Toothpaste | 5.4 oz. | \$7.00 |
| 224 | Dental Floss, Waxed | Dental Floss, Waxed | 100 yards | \$5.00 |
| 391 | Dental Flossers | Dental Flossers | 90 | \$6.00 |
| 225 | Denture Adhesive | Fixodent® | 1.5 oz. | \$6.00 |
| 392 | Denture Brush | GUM® Denture Brush | 1 | \$6.00 |
| 345 | Disposable Gloves- Non-Latex | Curad® | 100 | \$10.00 |
| 393 | Dry Mouth Oral Rinse | Biotene® Dry Mouth Oral Rinse | 16 fl oz. | \$9.00 |
| 118 | Earwax Removal Drops | Debrox® Earwax Removal Drops | 0.5 fl oz. | \$7.00 |
| 319 | Effervescent Denture Tabs | Efferdent® | 90 | \$9.00 |
| 219 | Eye Drops- Redness Reliever | Visine® Original | 0.5 oz. | \$6.00 |
| 553 | Fixodent® Denture Adhesive | Fixodent® Denture Adhesive | 2.4 oz. | \$9.00 |
| 388 | Insect Bite Relief | After Bite® | 0.5 oz. | \$9.00 |
| 554 | Interdental Brush Picks | Gum® | 275 | \$6.00 |
| 555 | Interdental Gum Brushes | Gum® | 10 | \$7.00 |
| 114 | Lubricant Eye Drops (Sterile) ⁺ | Lubricant Eye Drops (Sterile) | 0.5 oz. | \$7.00 |
| 404 | Medicated Foot Powder | Gold Bond® Medicated Foot Powder | 4 oz. | \$6.00 |
| 414 | Medicated Lip Treatment Squeeze Tube- 2 Pack | Carmex® | 2 | \$6.00 |
| 473 | Moleskin | Moleskin | 3 strips | \$6.00 |
| 295 | Oral Pain Relief- Benzocaine 20% | Orajel™ Maximum | 0.5 oz. | \$7.00 |
| 558 | Pepsodent Toothpaste | Pepsodent Toothpaste | 5.5 | \$5.00 |
| 310 | Reusable Cold Compress | ACE™ Cold Compress | 1 | \$7.00 |
| 559 | Swimmer's Ear Solution | Debrox® Swimmer's Ear Drying Drops | 1 oz. | \$9.00 |
| 284 | Toothbrush | Toothbrush | 3 | \$7.00 |
| 285 | Toothpaste | Toothpaste | 2 | \$8.00 |
| 296 | Wart Remover Liquid 17% | Compound W® Max Strength | 0.31 oz. | \$9.00 |

Skin Care

| Product code | Product name | Compare to | Package count | Price |
|--------------|--------------------------------------|--|---------------|---------|
| 217 | Allergy Cream- Itch and Pain Relief | Benadryl® Extra Strength Cream | 1 oz. | \$6.00 |
| 560 | Aloe Vera with Lidocaine | Aloe Vera with Lidocaine | 20 oz. | \$10.00 |
| 037 | Calamine Lotion | Calamine | 6 oz. | \$7.00 |
| 038 | Clotrimazole Cream 1% ⁺ | Lotrimin AF® | 0.5 oz. | \$7.00 |
| 322 | Hydrocortisone Cream 1% ⁺ | Cortaid® | 2 oz. | \$7.00 |
| 241 | Medicated Callus Remover | Dr. Scholl's® | 6 | \$7.00 |
| 562 | Skin Protectant Paste | Skin Protectant Paste | 4 oz. | \$9.00 |
| 563 | Skin Repair Cream | Remedy® Intensive Skin Therapy Skin Repair Cream | 4 oz. | \$6.00 |
| 411 | Soothing Oatmeal Bath Treatment | Aveeno® Soothing Bath Treatment | 8 | \$10.00 |
| 306 | Sunblock SPF 30 | Coppertone® SPF 30 | 8 oz. | \$9.00 |
| 564 | Sunscreen spf 50 | Sunscreen spf 50 | 8 oz. | \$9.00 |
| 218 | Tolnaftate 1% Antifungal | Tinactin® Cream | 1oz. | \$8.00 |
| 308 | Vitamin A&D Ointment ⁺ | A&D® Original Ointment | 4 oz. | \$8.00 |

Supports

| Product code | Product name | Compare to | Package count | Price |
|--------------|---------------|-----------------------|---------------|---------|
| 339 | Elbow Support | Futuro® Elbow Support | 1 | \$10.00 |

Vitamins, Minerals and Supplements

| Product code | Product name | Compare to | Package count | Price |
|--------------|---|--|---------------|---------|
| 297 | Antioxidant Tablets | Antioxidant Tablets | 60 | \$8.00 |
| 109 | Calcium Citrate + Vitamin D | Citracal® Caplets + D | 60 | \$7.00 |
| 248 | Chewable Calcium with Vitamin D Plus Minerals | Caltrate® 600 + D Plus Minerals Chewable | 60 | \$9.00 |
| 355 | Children's Gummy Vitamins | Vitafusion™ | 60 | \$9.00 |
| 902 | Co-Enzyme Q-10 30 mg | Co-Enzyme Q-10 30 mg | 30 | \$10.00 |
| 063 | Complete Senior Vitamins and Minerals | Centrum® Silver | 60 | \$10.00 |
| 011 | Daily Multivitamin and Mineral | Centrum® | 130 | \$10.00 |
| 907 | Eye Care Vitamins | Ocuvite® Extra | 36 | \$9.00 |
| 298 | Ferrous Sulfate 5 gr ⁺ | Feosol® 100 | 100 | \$8.00 |
| 477 | Flax Seed Oil 1000 mg Softgels | Flax Seed Oil | 90 | \$10.00 |
| 240 | Folic Acid 800 mcg | Folic Acid 800 mcg | 100 | \$7.00 |
| 572 | Food and Beverage Thickener | Thick-It® Food and Beverage Thickener | 10 oz. | \$8.00 |
| 474 | Immune Support Chewable Tablets | Airborne® | 32 | \$9.00 |
| 246 | Liquid Iron Formulation 220mg/5ml | Liquid Iron | 16 oz. | \$9.00 |
| 302 | Magnesium Oxide 400 mg ⁺ | Mag-Ox® 400 mg | 120 | \$9.00 |
| 278 | Melatonin 5 mg | Melatonin 5 mg | 100 | \$8.00 |

| | | | | |
|-----|---------------------------------------|----------------------------------|-----|---------|
| 413 | Omega-3 Fish Oil 1000 mg ⁺ | Omega-3 Fish Oil 1000 mg | 90 | \$10.00 |
| 107 | One Daily Women's Multivitamin | One-A-Day Women's [®] | 60 | \$8.00 |
| 316 | One Daily Men's Multivitamin | One-A-Day Men's [®] | 60 | \$8.00 |
| 317 | Organic Sulfur MSM 1000 mg | Organic Sulfur MSM 1000 mg | 90 | \$9.00 |
| 610 | Papaya Enzyme | Papaya Enzyme | 100 | \$10.00 |
| 303 | Potassium Gluconate 595 mg | Potassium Gluconate 595 mg | 100 | \$7.00 |
| 909 | Timed Release Niacin 500 mg | Timed Release Niacin 500 mg | 100 | \$9.00 |
| 574 | Vitamin B-12 500mcg tablets | Vitamin B-12 500mcg Tablets | 100 | \$7.00 |
| 238 | Vitamin B-12 1000 mcg | Vitamin B-12 1000 mcg | 100 | \$8.00 |
| 279 | Vitamin B-12 5000 mcg Sublingual | Vitamin B-12 5000 mcg Sublingual | 30 | \$8.00 |
| 280 | Vitamin B-Complex Sublingual | Vitamin B-Complex Sublingual | 60 | \$8.00 |
| 903 | Vitamin B-Complex with B-12 | Vitamin B-Complex with B-12 | 100 | \$8.00 |
| 010 | Vitamin C 500 mg | Vitamin C 500 mg | 100 | \$7.00 |
| 209 | Vitamin D 1000 IU | Vitamin D 1000 IU | 100 | \$8.00 |
| 239 | Vitamin D 5000 IU | Vitamin D 5000 IU | 100 | \$9.00 |
| 012 | Vitamin-E 400 IU Synthetic | Vitamin-E 400 IU Synthetic | 100 | \$10.00 |

Women's Health

| Product code | Product name | Compare to | Package count | Price |
|--------------|-------------------------------|--------------------------------------|---------------|--------|
| 041 | Clotrimazole 1% Vaginal Cream | Gyne-Lotrimin [®] Cream | 1.5 oz. | \$9.00 |
| 326 | Urinary Pain Relief | AZO Urinary Pain Relief [®] | 30 | \$8.00 |

⁺This item is also covered on the plan's preferred drug list at \$0 with a prescription from your provider, or you can order on your \$10 OTC benefit without a prescription.

⁺⁺Product cannot be shipped to P.O. Boxes, Alaska, Hawaii, or Puerto Rico

*Sale of products containing Dextromethorphan are prohibited to members under the age of 18.

**For the items noted above: limit one per plan year. Prior to purchase, the enrollee is strongly encouraged to have a conversation with their personal provider about the appropriateness of this OTC item.

Call If You Need Us

If you have questions or need help reading or understanding this letter, call us at **1-866-432-0001** or TTY, call **711**. We are available Monday – Friday, from 8 a.m. to 6 p.m. Eastern time. We can help you at no cost to you. We can explain the letter in English or in your first language. We can also help you if you need help seeing or hearing. Please refer to your Enrollee Handbook regarding your rights.

Call If You Need Us

If you have questions or need help reading or understanding this document, call us at **866-432-0001 (TTY: 711)**. We are available Monday through Friday, from 8 a.m. to 8 p.m., Eastern time. We can help you at no cost to you. We can explain the document in English or in your first language. We can also help you if you need help seeing or hearing. Please refer to your Member Handbook regarding your rights.

Important!

At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries do not discriminate or exclude people because of their race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, ethnicity, marital status, religion, or language. Discrimination is against the law. Humana and its subsidiaries comply with applicable Federal Civil Rights laws. If you believe that you have been discriminated against by Humana or its subsidiaries, there are ways to get help.

- You may file a complaint, also known as a grievance:
Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618.
If you need help filing a grievance, call **866-432-0001** or if you use a TTY, call **711**.
- You can also file a civil rights complaint with the
South Carolina Department of Health and Human Services, Civil Rights Division
1801 Main Street, P.O. Box 8206, Columbia, South Carolina 29202,
888-808-4238, TTY: 888-842-3620, civilrights@scdhhs.gov. Complaint form is available at <https://msp.scdhhs.gov/crd/sites/default/files/Health%20Information%20Privacy%20Complaint%20Form.pdf>.
U.S. Department of Health and Human Services, Office for Civil Rights
electronically through their Complaint Portal, available at
<https://ocrportal.hhs.gov/ocr/portal/lobby.jsf>, or at **U.S. Department of Health and Human Services**, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201, **800-368-1019, 800-537-7697 (TDD)**. Complaint forms are available at <https://www.hhs.gov/ocr/office/file/index.html>.

Auxiliary aids and services, free of charge, are available to you. **866-432-0001 (TTY: 711)**

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

Humana Healthy Horizons in South Carolina is a Medicaid Product of Humana Benefit Plan of South Carolina, Inc.

Language assistance services, free of charge, are available to you.
866-432-0001 (TTY: 711)

English: Call the number above to receive free language assistance services.

Español (Spanish): Llame al número que se indica arriba para recibir servicios gratuitos de asistencia lingüística.

繁體中文 (Chinese): 您可以撥打上面的電話號碼以獲得免費的語言協助服務。

Tiếng Việt (Vietnamese): Gọi số điện thoại ở trên để nhận các dịch vụ hỗ trợ ngôn ngữ miễn phí.

한국어 (Korean): 무료 언어 지원 서비스를 받으려면 위 번호로 전화하십시오.

Français (French): Appelez le numéro ci-dessus pour recevoir des services gratuits d'assistance linguistique.

Tagalog (Tagalog – Filipino): Tawagan ang numero sa itaas para makatanggap ng mga libreng serbisyo sa tulong sa wika.

Русский (Russian): Позвоните по вышеуказанному номеру, чтобы получить бесплатную языковую поддержку.

Deutsch (German): Wählen Sie die oben angegebene Nummer, um kostenlose sprachliche Hilfsdienstleistungen zu erhalten.

ગુજરાતી (Gujarati): મફત ભાષા સહાય સેવાઓ મેળવવા માટે ઉપર આપેલા નંબર પર કોલ કરો.

العربية (Arabic): اتصل برقم الهاتف أعلاه للحصول على خدمات المساعدة اللغوية المجانية.

Português (Portuguese): Ligue para o número acima para receber serviços gratuitos de assistência no idioma.

日本語 (Japanese): 無料の言語支援サービスを受けるには、上記の番号までお電話ください。

Українська (Ukrainian): Зателефонуйте за вказаним вище номером для отримання безкоштовної мовної підтримки.

हिंदी (Hindi): भाषा सहायता सेवाएं मुफ्त में प्राप्त करने के लिए ऊपर के नंबर पर कॉल करें।

ខ្មែរ (Cambodian): ហៅមកលេខទូរស័ព្ទខាងលើ ដើម្បីទទួលបានសេវាកម្មបកប្រែភាសាដោយមិនអស់ប្រាក់ ។