# **Summary of Benefits**

### Humana Honor (PPO) H5216-225

Kentucky/West Virginia Kentucky and West Virginia



#### **Pre-Enrollment Checklist**

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at **1-800-833-2364 (TTY: 711)**.

#### **Understanding the Benefits**

Review the full list of benefits found in the Evidence of Coverage (EOC), especially for those services that you routinely see a doctor. Visit **Humana.com/medicare** or call **1-800-833-2364 (TTY: 711)** to view a copy of the EOC.

Review the provider directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.

#### **Understanding Important Rules**

You do not pay a separate monthly plan premium for this Humana plan but, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.

Benefits, premiums and/or copayments/co-insurance may change on January 1, 2023.

Our plan allows you to see providers outside of our network (non-contracted providers). However, while we will pay for covered services provided by a non-contracted provider, the provider must agree to treat you. Except in an emergency or urgent situations, non-contracted providers may deny care. In addition, you may pay a higher co-pay for services received by non-contracted providers.

# Summary of Benefits

#### Humana Honor (PPO) H5216-225

Kentucky/West Virginia Kentucky and West Virginia



Our service area includes the following county/counties in Kentucky: Adair, Allen, Anderson, Ballard, Barren, Bath, Bell, Boone, Bourbon, Boyd, Boyle, Bracken, Breathitt, Breckinridge, Bullitt, Butler, Caldwell, Calloway, Campbell, Carlisle, Carroll, Carter, Casey, Christian, Clark, Clay, Clinton, Crittenden, Cumberland, Daviess, Edmonson, Elliott, Estill, Fayette, Fleming, Floyd, Franklin, Fulton, Gallatin, Garrard, Grant, Graves, Grayson, Green, Greenup, Hancock, Hardin, Harlan, Harrison, Hart, Henderson, Henry, Hickman, Hopkins, Jackson, Jefferson, Jessamine, Johnson, Kenton, Knott, Knox, Larue, Laurel, Lawrence, Lee, Leslie, Letcher, Lewis, Lincoln, Livingston, Logan, Lyon, Madison, Magoffin, Marion, Marshall, Martin, Mason, McCracken, McCreary, McLean, Meade, Menifee, Mercer, Metcalfe, Monroe, Montgomery, Morgan, Muhlenberg, Nelson, Nicholas, Ohio, Oldham, Owen, Owsley, Pendleton, Perry, Pike, Powell, Pulaski, Robertson, Rockcastle, Rowan, Russell, Scott, Shelby, Simpson, Spencer, Taylor, Todd, Trigg, Trimble, Union, Warren, Washington, Wayne, Webster, Whitley, Wolfe, Woodford West Virginia: Barbour, Berkeley, Boone, Braxton, Brooke, Cabell, Calhoun, Clay, Doddridge, Fayette, Gilmer, Grant, Greenbrier, Hampshire, Hancock, Hardy, Harrison, Jackson, Jefferson, Kanawha, Lewis, Lincoln, Logan, Marion, Marshall, Mason, McDowell, Mercer, Mineral, Mingo, Monongalia, Monroe, Morgan, Nicholas, Ohio, Pendleton, Pleasants, Pocahontas, Preston, Putnam, Raleigh, Randolph, Ritchie, Roane, Summers, Taylor, Tucker, Tyler, Upshur, Wayne, Webster, Wetzel, Wirt, Wood, Wyoming.

# <u>\$\$\$</u>

# Let's talk about Humana Honor (PPO)

Find out more about the Humana Honor (PPO) plan - including the health and drug services it covers - in this easy-to-use guide.

Humana Honor (PPO) is a Medicare Advantage PPO plan with a Medicare contract. Enrollment in this Humana plan depends on contract renewal.

The benefit information provided is a summary of what we cover and what you pay. It doesn't list every service that we cover or list every limitation or exclusion. For a complete list of services we cover, ask us for the "Evidence of Coverage".

# To be eligible

To join Humana Honor (PPO), you must be entitled to Medicare Part A, be enrolled in Medicare Part B and live in our service area.

### Plan name:

Humana Honor (PPO)

### How to reach us:

If you're a member of this plan, call toll-free: **1-800-457-4708 (TTY: 711)**.

If you're **not** a member of this plan, call toll free: **1-800-833-2364 (TTY: 711)**.

October 1 - March 31: Call 7 days a week from 8 a.m. - 8 p.m.

#### April 1 - September 30:

Call Monday - Friday, 8 a.m. - 8 p.m.

Or visit our website: Humana.com/medicare

# More about Humana Honor (PPO)

Do you have Medicare and Medicaid? If you are a dual-eligible beneficiary enrolled in both Medicare and the state's program, you may not have to pay the medical costs displayed in this booklet.

If you have Medicaid, be sure to show your Medicaid ID card in addition to your Humana membership card to make your provider aware that you may have additional coverage. Your services are paid first by Humana and then by Medicaid.

As a member it's a good idea to select a doctor as your Primary Care Provider (PCP). Humana Honor (PPO) has a network of doctors, hospitals, pharmacies and other providers. If you use providers who aren't in our network, you may be subject to higher copayments/coinsurance.



# A healthy partnership

Get more from your plan — with extra services and resources provided by Humana!

# Monthly Premium, Deductible and Limits

#### **PLAN COSTS**

#### Monthly plan premium

You must keep paying your Medicare Part B premium.

#### Part B premium reduction

#### Medical deductible

Your plan will reduce your Monthly Part B premium by up to **\$60** 

# Maximum out-of-pocket responsibility

This plan does not have a deductible.

#### \$6,700 in-network \$10,000 combined in- and out-of-network

The most you pay for copays, coinsurance and other costs for medical services for the year.

😔 Covered Medical and Hospital Benefits		
	IN-NETWORK	OUT-OF-NETWORK
ACUTE INPATIENT HOSPITAL CAR	E	
	<b>\$295</b> copay per day for days 1-7 <b>\$0</b> copay per day for days 8-90 Your plan covers an unlimited number of days for an inpatient stay.	<b>30%</b> of the cost
OUTPATIENT HOSPITAL COVERAG	E	
Outpatient surgery at outpatient hospital	<b>\$295</b> copay	<b>30%</b> of the cost
Outpatient surgery at ambulatory surgical center	<b>\$245</b> copay	<b>30%</b> of the cost
DOCTOR OFFICE VISITS		
Primary care provider (PCP)	<b>\$20</b> copay	<b>30%</b> of the cost
Specialists	<b>\$50</b> copay	<b>30%</b> of the cost

You do not need a referral to receive covered services from plan providers. Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a prior authorization from the plan.

\$0



**IN-NETWORK** 

#### **PREVENTIVE CARE**

#### Our plan covers many preventive services at no cost when you see an in-network provider including:

- Abdominal aortic aneurysm screening
- Alcohol misuse counseling
- Bone mass measurement
- Breast cancer screening (mammogram)
- Cardiovascular disease (behavioral therapy)
- Cardiovascular screenings
- Cervical and vaginal cancer screening
- Colorectal cancer screenings (colonoscopy, fecal occult blood test, flexible sigmoidoscopy)
- Depression screening
- Diabetes screenings
- HIV screening
- Medical nutrition therapy services
- Obesity screening and counseling
- Prostate cancer screenings (PSA)
- Sexually transmitted infections screening and counseling
- Tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease)
- Vaccines, including flu shots, hepatitis B shots, pneumococcal shots
- "Welcome to Medicare" preventive visit (one-time)
- Annual Wellness Visit
- Lung cancer screening
- Routine physical exam
- Medicare diabetes prevention
   program

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**\$0** copay or **30%** of the cost, depending on the service and where service is provided

**OUT-OF-NETWORK** 

Any additional preventive services approved by Medicare during the contract year will be covered.

Covered Medical and Hospital Benefits (cont.)		H52162	
	IN-NETWORK	OUT-OF-NETWORK	6225
	Any additional preventive services approved by Medicare during the contract year will be covered.		25000
EMERGENCY CARE			
<b>Emergency room</b> If you are admitted to the hospital within 24 hours, you do not have to pay your share of the cost for the emergency care.	<b>\$90</b> copay	<b>\$90</b> copay	
Urgently needed services	<b>\$25</b> copay at an urgent care	<b>30%</b> of the cost at an urgent care	
Urgently needed services are provided to treat a non-emergency, unforeseen medical illness, injury or condition that requires immediate medical attention.	center	center	
OUTPATIENT CARE AND DIAGNOS	TIC SERVICES, LABS AND IMAGING		
Cost share may vary depending on	the service and where service is prov	vided	
Diagnostic mammography	<b>\$50</b> to <b>\$80</b> copay	<b>30%</b> of the cost	
Diagnostic radiology	<b>\$180</b> to <b>\$295</b> copay	<b>30%</b> of the cost	
Lab services	<b>\$0</b> to <b>\$50</b> copay	<b>30%</b> of the cost	_
Diagnostic tests and procedures	<b>\$0</b> to <b>\$50</b> copay	<b>30%</b> of the cost	

Lab services	<b>\$0</b> to <b>\$50</b> copay	<b>30%</b> of the cost
Diagnostic tests and procedures	<b>\$0</b> to <b>\$50</b> copay	<b>30%</b> of the cost
Outpatient X-rays	<b>\$20</b> to <b>\$110</b> copay	<b>30%</b> of the cost
Radiation therapy	<b>\$50</b> copay or <b>20%</b> of the cost	<b>30%</b> of the cost
HEARING SERVICES		
Medicare-covered hearing	<b>\$50</b> copay	<b>30%</b> of the cost

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# Covered Medical and Hospital Benefits (cont.)

	IN-NETWORK	OUT-OF-NETWORK
Routine hearing	HER943	HER943
	<ul> <li>\$0 copayment for routine hearing exams up to 1 per year.</li> <li>\$499 copayment for each Advanced level hearing aid up to 1 per ear per year.</li> <li>\$799 copayment for each Premium level hearing aid up to 1 per ear per year.</li> <li>Hearing aid purchase includes:</li> <li>Unlimited follow-up provider visits during first year following TruHearing hearing aid purchase</li> <li>60-day trial period</li> <li>3-year extended warranty</li> <li>80 batteries per aid for non-rechargeable models</li> </ul>	<ul> <li>\$0 copayment for routine hearing exams up to 1 per year</li> <li>\$499 copayment for each Advanced level hearing aid up to 1 per ear per year.</li> <li>\$799 copayment for each Premium level hearing aid up to 1 per ear per year.</li> <li>You must see a TruHearing provider to use this benefit. Call 1-844-255-7144 to schedule an appointment (for TTY, dial 711).</li> </ul>

The cost-share indicated below is what you pay for the covered service

Medicare-covered dental \$50 congy		
Medicule-covered dentat	<b>\$50</b> copay	<b>30%</b> of the cost
Routine dental	DEN182	DEN182
Dental benefits may not cover all American Dental Association procedure codes. Information regarding each plan is available at <b>Humana.com/sb</b> .	<ul> <li>\$0 copayment for scaling and root planing (deep cleaning) up to 1 per quadrant every 3 years.</li> <li>\$0 copayment for comprehensive oral evaluation or periodontal exam up to 1</li> </ul>	<ul> <li>\$0 copayment for scaling and root planing (deep cleaning) up to 1 per quadrant every 3 years.</li> <li>\$0 copayment for comprehensive oral evaluation or periodontal exam up to 1</li> </ul>
Use the HumanaDental Medicare network for the Mandatory Supplemental Dental. The provider locator can be found at <b>Humana.com</b> > Find a Doctor > from the Search Type drop down select Dental > under Coverage Type select All Dental Networks > enter zip code > from the network drop down select HumanaDental Medicare.	<ul> <li>every 3 years.</li> <li>\$0 copayment for complete dentures, partial dentures up to 1 set(s) every 5 years.</li> <li>\$0 copayment for panoramic film or diagnostic x-rays, recementation up to 1 every 5 years.</li> <li>\$0 copayment for bitewing x-rays up to 1 set(s) per year.</li> <li>\$0 copayment for adjustments to dentures, denture reline, intraoral x-rays, root canal up to 1 per year.</li> <li>\$0 copayment for amalgam and/or composite filling, crown,</li> </ul>	<ul> <li>every 3 years.</li> <li>\$0 copayment for complete dentures, partial dentures up to 1 set(s) every 5 years.</li> <li>\$0 copayment for panoramic film or diagnostic x-rays, recementation up to 1 every 5 years.</li> <li>\$0 copayment for bitewing x-rays up to 1 set(s) per year.</li> <li>\$0 copayment for adjustments to dentures, denture reline, intraoral x-rays, root canal up to 1 per year.</li> <li>\$0 copayment for amalgam and/or composite filling, crown,</li> </ul>

You do not need a referral to receive covered services from plan providers. Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a prior authorization from the plan.



#### **IN-NETWORK**

emergency treatment for pain, fluoride treatment, oral surgery, periodic oral exam and/or emergency diagnostic exam, prophylaxis (cleaning) up to 2 per year.

- **\$0** copayment for periodontal maintenance up to 4 per year.
- **\$0** copayment for necessary anesthesia with covered service, simple or surgical extraction up to unlimited per year.
- **\$2500** combined maximum benefit coverage amount per year for preventive and comprehensive benefits.

OUT-OF-NETWORK

emergency treatment for pain, fluoride treatment, oral surgery, periodic oral exam and/or emergency diagnostic exam, prophylaxis (cleaning) up to 2 per year.

- **\$0** copayment for periodontal maintenance up to 4 per year.
- **\$0** copayment for necessary anesthesia with covered service, simple or surgical extraction up to unlimited per year.
- **\$2500** combined maximum benefit coverage amount per year for preventive and comprehensive benefits.
- Benefits received out-of-network are subject to any in-network benefit maximums, limitations, and/or exclusions.

VISION SERVICES		
Medicare-covered vision services	<b>\$50</b> copay	<b>30%</b> of the cost
Medicare-covered diabetic eye exam	<b>\$0</b> copay	<b>30%</b> of the cost
Medicare-covered glaucoma screening	<b>\$0</b> copay	<b>30%</b> of the cost
Medicare-covered eyewear (post-cataract)	<b>\$0</b> copay	<b>30%</b> of the cost

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#### Summary of Benefits

### Covered Medical and Hospital Benefits (cont.)

Routine	vision

Refraction is only covered when billed as part of the routine vision exam.

The provider locator for routine vision can be found at **Humana.com** > Find a Doctor > select Vision care icon > Vision coverage through Medicare Advantage plans.

#### IN-NETWORK

#### VIS752

- **\$0** copayment for routine exam up to 1 per year.
- **\$75** combined maximum benefit coverage amount per year for routine exam.
- \$200 combined maximum benefit coverage amount per year for contact lenses or eyeglasses-lenses and frames, fitting for eyeglasses-lenses and frames.
- Eyeglass lens options may be available with the maximum benefit coverage amount up to 1 pair per year.
- Maximum benefit coverage amount is limited to one time use per year.

#### OUT-OF-NETWORK VIS752

# • **\$0** copayment for routine exam up to 1 per year.

- **\$75** combined maximum benefit coverage amount per year for routine exam.
- **\$200** combined maximum benefit coverage amount per year for contact lenses or eyeglasses-lenses and frames, fitting for eyeglasses-lenses and frames.
- Eyeglass lens options may be available with the maximum benefit coverage amount up to 1 pair per year.
- Maximum benefit coverage amount is limited to one time use per year.
- Benefits received out-of-network are subject to any in-network benefit maximums, limitations, and/or exclusions.

#### MENTAL HEALTH SERVICES

<b>Inpatient</b> Your plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital	<b>\$295</b> copay per day for days 1-6 <b>\$0</b> copay per day for days 7-90	<b>30%</b> of the cost
Outpatient group and individual therapy visits	<b>\$40</b> to <b>\$100</b> copay	<b>30%</b> of the cost
Cost share may vary depending on where service is provided. SKILLED NURSING FACILITY (SNF)	)	
Your plan covers up to 100 days in a SNF	<b>\$0</b> copay per day for days 1-20 <b>\$188</b> copay per day for days 21-100	<b>30%</b> of the cost for days 1-100
PHYSICAL THERAPY		
Cost share may vary depending on the service and where service is provided.	<b>\$10</b> to <b>\$40</b> copay	<b>30%</b> of the cost
You do not need a referral to receive of	overed services from plan providers. Ce	rtain procedures, services and drugs

You do not need a referral to receive covered services from plan providers. Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a prior authorization from the plan.

IN-NETWORKOUT-OF-NETWORKAMBULANCE\$290 copay per date of serviceAmbulance (ground)\$290 copay per date of serviceAmbulance (air)20% of the costTRANSPORTATION\$0 copay for plan approved location up to 24 one-way trip(s) per year. This benefit is not to exceed 50 miles per trip.Image: Network of the costThe member must contact transportation vendor to arrange transportation.Image: Network of the costThe member must contact transportation.Image: Network of the costSolow of the costMEDICARE PART B DRUGS20% of the costOmember apy drugs20% of the costSolow of the costSolow of the cost	Covered Medical and Hospital Benefits (cont.)		
Ambulance (ground)       \$290 copay per date of service       \$290 copay per date of service         Ambulance (air)       20% of the cost       20% of the cost         TRANSPORTATION       \$0 copay for plan approved location up to 24 one-way trip(s) per year. This benefit is not to exceed 50 miles per trip.       \$		IN-NETWORK	OUT-OF-NETWORK
Ambulance (air)       20% of the cost       20% of the cost         TRANSPORTATION       \$0 copay for plan approved location up to 24 one-way trip(s) per year. This benefit is not to exceed 50 miles per trip.       The member must contact transportation vendor to arrange transportation.         Prescription Drug Benefits       MEDICARE PART B DRUGS       Exceeded and a compared to a compared to a compare to compare to compare to a compare to a compare to a compa	AMBULANCE		
TRANSPORTATION       \$0 copay for plan approved location up to 24 one-way trip(s) per year. This benefit is not to exceed 50 miles per trip.         The member must contact transportation vendor to arrange transportation.         Prescription Drug Benefits         MEDICARE PART B DRUGS         Chemetherment drugs	Ambulance (ground)	<b>\$290</b> copay per date of service	\$290 copay per date of service
\$0 copay for plan approved location up to 24 one-way trip(s) per year. This benefit is not to exceed 50 miles per trip. The member <i>must</i> contact transportation vendor to arrange transportation. Prescription Drug Benefits MEDICARE PART B DRUGS Chemetheremy drugs	Ambulance (air)	<b>20%</b> of the cost	<b>20%</b> of the cost
Iocation up to 24 one-way trip(s) per year. This benefit is not to exceed 50 miles per trip. The member <i>must</i> contact transportation vendor to arrange transportation.           Image: Construct to the second seco	TRANSPORTATION		
transportation vendor to arrange transportation.         Prescription Drug Benefits         MEDICARE PART B DRUGS         Chematherman drugs		location up to 24 one-way trip(s) per year. This benefit is not to exceed 50 miles per trip.	
MEDICARE PART B DRUGS		transportation vendor to arrange	
	Prescription Drug I	Benefits	
Chemotherapy drugs20% of the cost30% of the cost	MEDICARE PART B DRUGS		
	Chemotherapy drugs	<b>20%</b> of the cost	<b>30%</b> of the cost

# Other Part B drugs PRESCRIPTION DRUGS

Your plan covers Part B drugs including, but not limited to, chemotherapy and some drugs administered by your provider. However, this plan does not cover Part D prescription drugs.

30% of the cost

20% of the cost

# 🖗 Additional Benefits

$\sim$		
	IN-NETWORK	OUT-OF-NETWORK
Medicare-covered foot care (podiatry)	<b>\$50</b> copay	<b>30%</b> of the cost
Medicare-covered chiropractic services	<b>\$20</b> copay	<b>30%</b> of the cost
MEDICAL EQUIPMENT/SUPPLIES		
Durable medical equipment (like wheelchairs or oxygen)	<b>18%</b> of the cost	<b>30%</b> of the cost
Medical Supplies	<b>20%</b> of the cost	<b>30%</b> of the cost
Prosthetics (artificial limbs or braces)	20% of the cost	<b>30%</b> of the cost
Diabetic monitoring supplies	<b>\$0</b> copay or <b>10%</b> to <b>20%</b> of the	<b>30%</b> of the cost
Cost share may vary depending on	cost	

where service is provided.

You do not need a referral to receive covered services from plan providers. Certain procedures, services and drugs may need advance approval from your plan. This is called a "prior authorization" or "preauthorization." Please contact your PCP or refer to the Evidence of Coverage (EOC) for services that require a prior authorization from the plan.

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REHABILITATION SERVICES		
Occupational and speech therapy	<b>\$10</b> to <b>\$40</b> copay	<b>30%</b> of the cost
Cost share may vary depending on the service and where service is provided.		
Cardiac rehabilitation	<b>\$20</b> copay	<b>30%</b> of the cost
Pulmonary rehabilitation	<b>\$20</b> copay	<b>30%</b> of the cost
TELEHEALTH SERVICES (in addition	on to Original Medicare)	
Primary care provider (PCP)	<b>\$0</b> copay	Not Covered
Specialist	<b>\$50</b> copay	Not Covered
Urgent care services	<b>\$0</b> copay	Not Covered
Substance abuse or behavioral health services	<b>\$0</b> copay	Not Covered

H5216225000



# More benefits with **your plan**

Enjoy some of these extra benefits included in your plan.

#### COVID-19 Testing and Treatment

**\$0** copay for testing and treatment services for COVID-19.

#### **Travel Coverage**

The PPO national network gives you in-network coverage across the country, so you can see any doctor who accepts the plan terms and conditions. You'll be able to travel with ease or split your time between locations. Visit **Humana.com** or contact Customer Care on the back of your ID card if you need help finding an in-network provider.

#### Humana Well Dine® Meal Program

Humana's meal program for members following an inpatient stay in the hospital or nursing facility.

#### Over-the-Counter (OTC) mail order

**\$150** maximum benefit coverage amount per quarter (3 months) for select over-the-counter health and wellness products. Unused quarterly funds carry over to the next quarter and expire at the end of the plan year.

#### **Rewards and Incentives**

Go365 by Humana® a Rewards and Incentive program for completing certain preventive health screenings and health and wellness activities.

#### SilverSneakers® fitness program

Basic fitness center membership including fitness classes.





You can see our plan's **provider directory** at our website at **humana.com/finder/search** or call us at the number listed at the beginning of this booklet and we will send you one.

To find out more about the coverage and costs of Original Medicare, look in the current "Medicare & You" handbook. View it online at http://www.medicare.gov or get a copy by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, seven days a week. TTY users should call 1-877-486-2048.

Medicare-covered eye refractions during a specialist medical visit are not covered.

Telehealth services shown are in addition to the Original Medicare covered telehealth. Your cost may be different for Original Medicare telehealth.

Limitations on telehealth services, also referred to as virtual visits or telemedicine, vary by state. These services are not a substitute for emergency care and are not intended to replace your primary care provider or other providers in your network. Any descriptions of when to use telehealth services are for informational purposes only and should not be construed as medical advice. Please refer to your evidence of coverage for additional details on what your plan may cover or other rules that may apply.

Plans may offer supplemental benefits in addition to Part C benefits and Part D benefits.

Out-of-network/non-contracted providers are under no obligation to treat Humana members, except in emergency situations. Please call our customer service number or see your Evidence of Coverage for more information, including the cost-sharing that applies to out-of-network services.



Humana.com

Notes

Notes

# Important!

#### At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries do not discriminate or exclude people because of their race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, marital status or religion. Discrimination is against the law. Humana and its subsidiaries comply with applicable Federal Civil Rights laws. If you believe that you have been discriminated against by Humana or its subsidiaries, there are ways to get help.

- You may file a complaint, also known as a grievance: Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618.
   If you need help filing a grievance, call 1-877-320-1235 or if you use a TTY, call 711.
- You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights electronically through their Complaint Portal, available at https://ocrportal.hhs.gov/ocr/portal/lobby.jsf, or at U.S. Department of Health and Human Services, 200 Independence Avenue, SW, Room 509F, HHH Building, Washington, DC 20201, 1-800-368-1019, 800-537-7697 (TDD). Complaint forms are available at https://www.hhs.gov/ocr/office/file/index.html.
- **California residents:** You may also call California Department of Insurance toll-free hotline number: **1-800-927-HELP (4357)**, to file a grievance.

#### Auxiliary aids and services, free of charge, are available to you. 1-877-320-1235 (TTY: 711)

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

#### Language assistance services, free of charge, are available to you.

#### 1-877-320-1235 (TTY: 711)

**Español (Spanish):** Llame al número arriba indicado para recibir servicios gratuitos de asistencia lingüística. **繁體中文 (Chinese):** 撥打上面的電話號碼即可獲得免費語言援助服務。

**Tiếng Việt (Vietnamese):** Xin gọi số điện thoại trên đây để nhận được các dịch vụ hỗ trợ ngôn ngữ miễn phí. 한국어 (Korean): 무료 언어 지원 서비스를 받으려면 위의 번호로 전화하십시오 .

**Tagalog (Tagalog – Filipino):** Tawagan ang numero sa itaas upang makatanggap ng mga serbisyo ng tulong sa wika nang walang bayad.

Русский (Russian): Позвоните по номеру, указанному выше, чтобы получить бесплатные услуги перевода.

Kreyòl Ayisyen (French Creole): Rele nimewo ki pi wo la a, pou resevwa sèvis èd pou lang ki gratis.
Français (French): Appelez le numéro ci-dessus pour recevoir gratuitement des services d'aide linguistique.
Polski (Polish): Aby skorzystać z bezpłatnej pomocy językowej, proszę zadzwonić pod wyżej podany numer.
Português (Portuguese): Ligue para o número acima indicado para receber serviços linguísticos, grátis.
Italiano (Italian): Chiamare il numero sopra per ricevere servizi di assistenza linguistica gratuiti.
Deutsch (German): Wählen Sie die oben angegebene Nummer, um kostenlose sprachliche
Hilfsdienstleistungen zu erhalten.

日本語 (Japanese): 無料の言語支援サービスをご要望の場合は、上記の番号までお電話ください。

(Farsi) فارسی

برای دریافت تسهیلات زبانی بصورت رایگان با شماره فوق تماس بگیرید.

**Diné Bizaad (Navajo):** Wódahí béésh bee hani'í bee wolta'ígíí bich'í́/ hódíílnih éí bee t'áá jiik'eh saad bee áká'ánída'áwo'déé niká'adoowoł.

(Arabic) العربية

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