

Health information, help and support, 24 hours a day

When you're sick, it's nice to see a familiar face—like your family doctor's. But that's not always possible.

Whether you have an immediate health concern, questions about a particular medical condition, or would like general information about any of Humana's health resources, call HumanaFirst® Nurse Advice Line.

- Call anytime, day or night, to speak with a registered nurse about illnesses or injuries. It's available 24 hours a day at no cost to you as part of your Humana plan!
- A registered nurse will help you determine if you can manage your care at home or need the attention of a medical professional.



Nurses are available 24 hours a day, 7 days a week, call **1-855-235-8530** (TTY: 711).

If you're experiencing an emergency, please call 911 or go to the emergency room.



We realize the need for information doesn't always go away when you leave the doctor's office or hospital. In fact, you may have even more questions. That's why we've expanded HumanaFirst to offer guidance after you seek medical care. Call when you need a "refresher course" in changing your bandage after a recent surgery or if you just want to talk with a healthcare professional to find out what help is available.

Humana®

Important!

At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries comply with applicable Federal Civil Rights laws and do not discriminate on the basis of race, color, national origin, age, disability, sex, sexual orientation, gender, gender identity, ancestry, marital status or religion.

English: ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call the number on your ID card.

Español (Spanish): ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al número que figura en su tarjeta de identificación.

繁體中文 (Chinese): 注意：注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電會員卡上的電話號碼

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