

# TRICARE provider news

Up-to-the-minute information for  
TRICARE® providers in the East Region

ISSUE #4 | 2021

## Open Season is coming!

TRICARE open season starts November 8  
and runs through December 13

For more information [click here](#)



## Autism Care Demonstration (ACD) updates

### Eligibility

The beneficiary must have a [referral](#) from the Primary Care Manager (PCM) noting the diagnosis, including a DSM-V checklist and a validated assessment tool. Tools for patients or patients' parents include the [ACD welcome guide](#).

### Change in frequency and new outcome measure

The Pervasive Developmental Disorder Behavior Inventory (PDDBI) and a new measure –Parenting Stress Index/Stress Index for Parents of Adolescents (PSI/SIPA)—are due prior to treatment being authorized and every six months with reauthorization. The Vineland-3 and SRS-2 are required prior to treatment being authorized and every year thereafter.

### Medical team conference and Center for Medicare and Medicaid Services (CMS)

TRICARE now offers an option of a medical team conference that can be authorized when appropriate. If an Autism Care Navigator (ASN) is assigned, they must

be present. The conference must include a minimum of three qualified health professionals from different disciplines who are providing service to the beneficiary. See [TOM 8.6.5.1](#) for more information.

### Billing of parent training frequency

Providers are required to initiate parent training and hold a minimum of six parent/caregiver sessions every six months (CPT codes 97156 and 97157). The first session shall be within the first 30 calendar days of the treatment authorization. If this requirement is not met for two consecutive authorization periods, the contractor shall not renew ABA services. See [TOM 8.11.6.2.4](#) for more information.

### Autism Corporate Service Providers (ACSP)

An ACSP must submit to the contractor all documents necessary to support an application for designation as a TRICARE ACSP or sole provider.

To fulfill the new policy requirement, ACSPs should [submit this new certification](#).

Note: Individual behavior analysts, assistant behavior analysts, and behavior technicians working under tiered delivery models do not need to complete the ACSP application.



## On demand webinars answer questions when you need them



The **on demand webinar library** for providers is now available! In addition to our live, monthly instructor-led trainings, we are offering short videos available when it suits you. Subjects include provider self-service, an introduction to TRICARE, telemedicine for providers and TRICARE pharmacy resources. Shorter tutorials of less than 10 minutes cover topics like account registration, code lookup, patient eligibility and provider data change request. New content is added regularly to answer providers' biggest questions.

## Fix claims issues early!



To avoid denied claims, providers need to sign and date Certificates of Medical Necessity (CMN) and authorization as well as include the name and National Provider Identifier (NPI) of the rendering physician.

If there is missing required information, Wisconsin Physician Services (WPS) will send a letter to the provider informing them what information is missing. Processing on the claim stops, but it is kept in the system. Processing restarts after the provider sends the needed information. Of note: there are timely filing requirements for submitting a claim, and submitting a corrected claim.

Bookmark these two sites for quick help while preparing a claim:

- The most recent version of the [TRICARE East Region Provider handbook](#) to quickly find answers.
- Humana Military's [Claims resources page](#) with tips on proactive recoupments and other topics.

## Improve patient outcomes with Real-Time Prescription Benefit

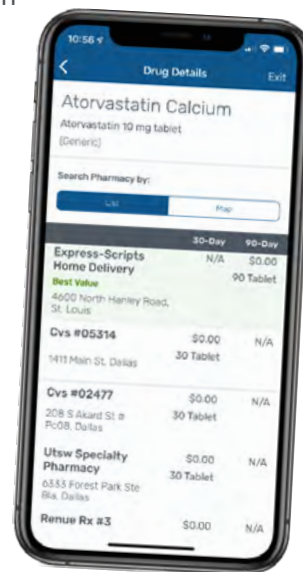
Express Scripts provides real time TRICARE beneficiary-specific pharmacy coverage information to physicians who have the **Real-Time Prescription Benefit functionality** turned on in their Electronic Health Record (EHR). Physicians can see a holistic view of their patients' profiles and the best prescribing options based on their prescription coverage.

Prior to prescribing medication, it gives physicians access to:

- Patient out-of-pocket costs
- Coverage details and alerts
- Therapeutic alternatives
- Pharmacy choices

This functionality displays information about coverage and costs, and helps physicians answer patients' questions around why a certain drug may not be covered and whether therapeutic alternatives are clinically and financially acceptable.

For physicians without EHR access, Express Scripts offers the Scriptvision® Physician app for quick access to their patient's prescription benefit information. Download and register with the app on an iPhone® or iPad® mobile device to get started.



To learn more, visit [militaryrx.express-scripts.com/healthcare-professionals](https://militaryrx.express-scripts.com/healthcare-professionals).

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## New effectiveness and efficiency reporting for providers



This fall TRICARE East network providers will be able to review their effectiveness and efficiency reporting within self-service. The provider effectiveness score evaluates the quality of care delivered and the provider efficiency score evaluates the cost of care for Primary Care Managers (PCMs) and specialists. Exciting features include defensible and detailed reporting and documentation explaining the performance score methodology. Data is updated on a quarterly basis, so providers can see their scores adjust as new information becomes available.

## Durable Equipment (DE) and Durable Medical Equipment (DME), Prosthetics, Orthotics, And Supplies (DMEPOS)



DHA has implemented changes to the *TRICARE Reimbursement Manual (TRM)* and *TRICARE Policy Manual (TPM)* that go into effect on November 11, 2021 on rates related to DMEPOS. See [provider news and updates](#) for more information.

## Spravato® approved for treatment of depression



The nasal spray, Spravato® (esketamine), is covered when deemed medically necessary to treat beneficiaries with treatment-resistant depression and other US Food and Drug Administration (FDA)-approved indications, which are available in the FDA's Risk Evaluation and Mitigation Strategy (REMS) program. This benefit is covered under the medical benefit, not pharmacy, and prior authorization is required.

To prescribe Spravato for a TRICARE beneficiary, please log in to [provider self-service](#) to request authorization and complete the pharmacy intake [form](#).

See the [TRICARE Policy Manual, Chapter 7, Section 3.18](#) for more information.



## Did you know?



Provider self-service is more efficient than faxing for referral and authorization requests! [Learn more](#)