

Clearwater

May in-person events

Be sure to call to RSVP at **727-793-2100**.
Class times and dates are subject to change.



1530 N. McMullen Booth Road
Suite D2
Clearwater, FL 33759
727-793-2100 (TTY: 711)
Monday – Friday, 8:30 a.m. – 5 p.m.

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|--|--|--|
| | | <div>1</div> <div>9 - 9:45 a.m.</div> <div>SilverSneakers® Classic*</div> | <div>2</div> | <div>3</div> <div>10 - 10:45 a.m.</div> <div>SilverSneakers® Classic*</div> <div>1 - 3 p.m.</div> <div>Movie and popcorn: Dream Girls (2006)</div> |
| <div>6</div> <div>10 - 11:30 a.m.</div> <div>Find your feel great weight Class 5 (RSVP)</div> | <div>7</div> <div>12:45 - 1:30 p.m.</div> <div>SilverSneakers® Yoga*</div> | <div>8</div> <div>9 - 9:45 a.m.</div> <div>SilverSneakers® Classic*</div> | <div>9</div> <div>11 a.m. - 12 p.m.</div> <div>Beach bingo</div> | <div>10</div> <div>10 - 10:45 a.m.</div> <div>SilverSneakers® Classic*</div> <div>1 - 3 p.m.</div> <div>Movie and popcorn: Get on Up (2014)</div> |
| <div>13</div> <div>10 - 11 a.m.</div> <div>MIND diet: Foods to fight dementia</div> <div>11 a.m. - 12 p.m.</div> <div>Healthy cooking demo</div> | <div>14</div> <div>12:45 - 1:30 p.m.</div> <div>SilverSneakers® Yoga*</div> | <div>15</div> <div>9 - 9:45 a.m.</div> <div>SilverSneakers® Classic*</div> | <div>16</div> <div>10:30 - 11:30 a.m.</div> <div>Craft corner: Open craft (RSVP)</div> | <div>17</div> <div>10 - 10:45 a.m.</div> <div>SilverSneakers® Classic*</div> <div>1 - 3 p.m.</div> <div>Movie and popcorn: Selena (1997)</div> |
| <div>20</div> <div>10 - 11 a.m.</div> <div>Fall asleep, stay asleep</div> | <div>21</div> <div>11 a.m. - 12 p.m.</div> <div>Coffee and chat with Lucy Ferreira, Customer Care Specialist*</div> <div>12:45 - 1:30 p.m.</div> <div>SilverSneakers® Yoga*</div> | <div>22</div> <div>9 - 9:45 a.m.</div> <div>SilverSneakers® Classic*</div> | <div>23</div> | <div>24</div> <div>10 - 10:45 a.m.</div> <div>SilverSneakers® Classic*</div> |
| <div>27</div> <div>Happy Memorial Day! We are closed in observance of the holiday.</div> | <div>28</div> <div>10 - 11 a.m.</div> <div>Veterans breakfast (RSVP)</div> <div>12:45 - 1:30 p.m.</div> <div>SilverSneakers® Yoga*</div> | <div>29</div> <div>9 - 9:45 a.m.</div> <div>SilverSneakers® Classic*</div> | <div>30</div> | <div>31</div> <div>10 - 10:45 a.m.</div> <div>SilverSneakers® Classic*</div> <div>1 - 3 p.m.</div> <div>Movie and popcorn: That Thing You Do! (1996)</div> |



*For Humana members with this benefit only.
For accommodations of persons with special needs at meetings, call **727-793-2100 (TTY: 711)**.