



Save the date for fun

The support you need for all aspects of your health—physical, mental and emotional—may be closer than you think. In fact, more support might be available right in your neighborhood. We want to help you address your whole-person health needs so you can live your life the way you want. You don't have to be a Humana member to participate. All are welcome.



Here's what we've got planned

BINGO!

November 01, 2024 | 1:30 - 2:30 p.m.
Try your luck and win prizes.

BINGO!

November 15, 2024 | 1:30 - 2:30 p.m.
Try your luck and win prizes.

Fall Craft

November 08, 2024 | 1:30 - 2:30 p.m.
Come craft with us in West Louisville!

Muffins and Medicare!

November 22, 2024 | 1:30 - 2:30 p.m.
Questions and answers about Medicare. Muffins on CenterWell!



To reserve your spot or find out more, call **502-224-3886**.



Join us

CenterWell West Louisville
2950 W. Market St.
Louisville KY. 40212

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BINGO

November 5, 2024 | 10:00 - 11:00 a.m.

Join us for fun and prizes!

BINGO

November 19, 2024 | 2:00 - 3:00 p.m.

Join us for fun and prizes!

Protect Yourself From Scams

November 12, 2024 | 10:00 - 11:00 a.m.

The price of scams against seniors is much more than financial. Find out why seniors are targeted, the toll it can take on your health, and how to protect yourself.

Craft - Christmas craft

November 26, 2024 | 10:00 - 11:00 a.m.



To reserve your spot or find out more, call **To RSVP - Please call Stephanie Bowles at 502-889-1795..**



Join us

CenterWell Dixie Highway

4917 Dixie Highway
Louisville, KY. 40216

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Here's what we've got planned

Protect Yourself From Scams

November 7, 2024 | 2:00 - 3:00 p.m.

The price of scams against seniors is much more than financial. Find out why seniors are targeted, the toll it can take on your health, and how to protect yourself.

Healthy Sleep

November 21, 2024 | 2:00 - 3:00 p.m.

Getting the right amount of good, high-quality sleep is important for your physical and mental health. Learn about some common sleep challenges and steps you can take to get better sleep.



To reserve your spot or find out more, call **To RSVP - Please call Seth Mick at 502-755-1234.**



Join us

CenterWell Outer Loop
4521 Outer Loop
Louisville, KY. 40219

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For accommodations of persons with special needs at meetings, call **502-479-6585 (TTY: 711)**.

Important

At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, ancestry, ethnicity, sex, sexual orientation, gender, gender identity, disability, age, marital status, religion, or language in their programs and activities, including in admission or access to, or treatment or employment in, their programs and activities.

- The following department has been designated to handle inquiries regarding Humana's non-discrimination policies: Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618, **877-320-1235 (TTY: 711)**.

Auxiliary aids and services, free of charge, are available to you.

877-320-1235 (TTY: 711)

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

This information is available for free in other languages. Please call our customer service number at 877-320-1235 (TTY: 711). Hours of operation: 8 a.m. – 8 p.m., Eastern time.

Español (Spanish): Llame al número indicado para recibir servicios gratuitos de asistencia lingüística. **877-320-1235 (TTY: 711)**. Horas de operación: 8 a.m. a 8 p.m. hora del este.

繁體中文 (Chinese): 本資訊也有其他語言版本可供免費索取。請致電客戶服務部：**877-320-1235 (聽障專線：711)**。辦公時間：東部時間上午 8 時至晚上 8 時。