May in-person events

Be sure to call to RSVP at **775-910-6010.** Class times and dates are subject to change.



1397 S. Loop Road Suite 102 Pahrump, NV 89048 **775-910-6010 (TTY: 711)** Monday – Friday, 9 a.m. – 4 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2 10 a.m 12 p.m. Parkinson's support group	3 10 - 11 a.m. SilverSneakers® Boom Mind* 11:30 a.m 12:30 p.m. Cinco de Mayo bingo 1 - 3 p.m. Movie & popcorn: Wonka (2023)
10 - 11 a.m. SilverSneakers® Boom Mind* 1 - 3 p.m. Classic movie Monday: An Affair to Remember (1957)	9 - 11 a.m. Charity crafters 1 - 2 p.m. Craft corner	10 - 11 a.m. SilverSneakers® Yoga* 11:30 a.m 12:30 p.m. Gratitude workshop 1 - 2 p.m. Book club: A Nearly Normal Family: A Novel by M. T. Edvardsson 2 - 3 p.m. Mother's Day tea	11 a.m 12 p.m. MIND diet: Foods to fight dementia 12 - 1 p.m. Healthy cooking demo with Chef Travis	10 - 11 a.m. SilverSneakers® Boom Mind* 11:30 a.m 12:30 p.m. Farm basket bingo 1 - 3 p.m. Movie & popcorn: The Boys in the Boat (2023)
10 - 11 a.m. SilverSneakers® Boom Mind* 1 - 3 p.m. Classic movie Monday: The Magnificent Seven (1960)	9 - 11 a.m. Charity crafters 1 - 2 p.m. Craft corner	10 - 11 a.m. SilverSneakers® Yoga* 11:30 a.m 12:30 p.m. Coffee chat with Nathan Adelson Hospice	16	17 10 - 11 a.m. SilverSneakers® Boom Mind* 11:30 a.m 12:30 p.m. Farm basket bingo 1 - 3 p.m. Movie & popcorn: Bob Marley: One Love (2024)
20 10 - 11 a.m. SilverSneakers® Boom Mind* 1:30 - 3 p.m. Find your feel great weight: Class 5 (RSVP)	9 - 11 a.m. Charity crafters 1 - 2 p.m. Craft corner	10 - 11 a.m. SilverSneakers® Yoga* 1 - 2:30 p.m. May birthday social	1 - 2 p.m. What you need to know about Alzheimer's disease with Intermountain Healthcare	Center closing early at noon in observance of the holiday.
Happy Memorial Day! We are closed in observance of the holiday.	9 - 11 a.m. Charity crafters 1 - 2 p.m. Craft corner	29 10 - 11 a.m. SilverSneakers® Yoga* 1 - 2 p.m. Book club: Nothing to See Here by Kevin Wilson	30	31 10 - 11 a.m. SilverSneakers® Boom Mind* 11:30 a.m 12:30 p.m. Red, white, and blue bingo 1 - 3 p.m. Movie & popcorn: Argylle (2024)



*For Humana members with this benefit only.

For accommodations of persons with special needs at meetings, call **775-910-6010 (TTY: 711)**.

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