

Summerlin

May in-person events

Be sure to call to RSVP at **702-380-6170**.
Class times and dates are subject to change.



8885 W. Charleston Blvd.
Suite 140
Las Vegas, NV 89117
702-380-6170 (TTY: 711)
Monday – Friday, 9 a.m. – 4 p.m.

Monday	Tuesday	Wednesday	Thursday	Friday
		<div>1</div> <div>10 a.m. - 12 p.m. Charity crafters with Optum</div> <div>1 - 2 p.m. SilverSneakers® Classic*</div> <div>2 - 3 p.m. SilverSneakers® Yoga*</div>	<div>2</div> <div>2 - 4 p.m. Free from falls: Week 1</div>	<div>3</div> <div>1:30 - 3:30 p.m. Movie & popcorn: The Upside (2017)</div>
<div>6</div> <div>11:30 a.m. - 12:30 p.m. Zumba®*</div> <div>12:30 - 1:30 p.m. SilverSneakers® EnerChi*</div>	<div>7</div> <div>10 - 11 a.m. MIND Diet: Foods to fight dementia</div> <div>11 a.m. - 12 p.m. Healthy cooking demo with Chef Travis</div> <div>1 - 3 p.m. Café game time</div>	<div>8</div> <div>10 a.m. - 12 p.m. Charity crafters</div> <div>1 - 2 p.m. SilverSneakers® Classic*</div> <div>2 - 3 p.m. SilverSneakers® Yoga*</div> <div>3 - 4 p.m. Veterans coffee club</div>	<div>9</div> <div>2 - 4 p.m. Free from falls: Week 2</div>	<div>10</div> <div>1:30 - 3:30 p.m. Movie & popcorn: King Richard (2021)</div>
<div>13</div> <div>11:30 a.m. - 12:30 p.m. Zumba®*</div> <div>12:30 - 1:30 p.m. SilverSneakers® EnerChi*</div>	<div>14</div> <div>1 - 3 p.m. Café game time</div>	<div>15</div> <div>10 a.m. - 12 p.m. Charity crafters</div> <div>1 - 2 p.m. SilverSneakers® Classic*</div> <div>2 - 3 p.m. SilverSneakers® Yoga*</div>	<div>16</div> <div>10 - 11 a.m. Qualified Appliance Replacement Program wiith NV Energy</div> <div>2 - 4 p.m. Free from falls: Weeks 3</div>	<div>17</div> <div>1:30 - 3:30 p.m. Movie & popcorn: Race (2016)</div>
<div>20</div> <div>10 - 11 a.m. Understanding wills, trusts, and advance directives with Nikki Mooney</div> <div>11:30 a.m. - 12:30 p.m. Zumba®*</div> <div>12:30 - 1:30 p.m. SilverSneakers® EnerChi*</div>	<div>21</div> <div>1 - 3 p.m. Café game time</div>	<div>22</div> <div>10 a.m. - 12 p.m. Charity crafters</div> <div>1 - 2 p.m. SilverSneakers® Classic*</div> <div>2 - 3 p.m. SilverSneakers® Yoga*</div>	<div>23</div> <div>2 - 4 p.m. Free from falls: Week 4</div>	<div>24</div> <div>Center closing early at noon in observance of the holiday.</div>
<div>27</div> <div>Happy Memorial Day! We are closed in observance of the holiday.</div>	<div>28</div> <div>10 - 11:30 a.m. Find your feel great weight: Class 5 (RSVP)</div> <div>12 - 1 p.m. Veterans coffee chat</div> <div>1 - 3 p.m. Café game time</div>	<div>29</div> <div>10 a.m. - 12 p.m. Charity crafters</div> <div>1 - 2 p.m. SilverSneakers® Classic*</div> <div>2 - 3 p.m. SilverSneakers® Yoga*</div>	<div>30</div> <div>1 - 2 p.m. MIND diet: Foods to fight dementia (streamed)</div> <div>2 - 3 p.m. Healthy cooking demo with Chef Travis</div>	<div>31</div> <div>1:30 - 3:30 p.m. Movie and popcorn: Going in Style (2017)</div>



*For Humana members with this benefit only.
For accommodations of persons with special needs at meetings, call **702-380-6170 (TTY: 711)**.