

# Our 360° approach

Helping to close gaps in care while improving value



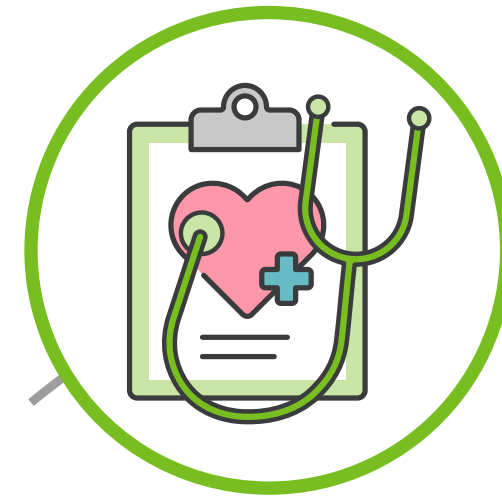
By paying attention to individual needs, Humana can help retirees stay engaged with their health, which leads to savings for members and businesses.

**Humana**®

## Care delivery

### Primary care

We make it easier for retirees to access care at their convenience.



### Disease management

Our programs offer information and guidance that can help improve quality of life.



### On-demand care

Retirees can access board-certified, licensed health professionals when they need it.



### Complex care

We help retirees effectively navigate complex conditions, improve outcomes and avoid complications.



## Holistic support

### Wellness

Our health and wellness programs are designed to help retirees achieve their well-being goals.



### Social support

We work to remove barriers by providing information on local resources, which can improve overall health.



### Behavioral health

We provide whole-person support for retirees' total health—physical, mental and emotional—so they can be present for every part of life. That's human care.



### Pharmacy

Proactive monitoring of medication ensures safe and effective use.

