

2023 Health Plan Benefits at a Glance

Humana Gold Plus H0028-059 (HMO) DFW

Plan Costs	With Medicare Only	With Medicare & State Cost-Share Protection
Monthly plan premium	\$25	If you receive premium assistance, your plan premium may be reduced.
Annual out-of-pocket maximum	\$3,450 in-network	\$0
	With Medicare only In-Network	With Medicare & State Cost-Share Protection
Doctor Office Visits		
Primary care provider (PCP)	\$0 copay	\$0 copay
Specialist	\$15 copay	\$0 copay
Preventive Care		
Including: Medicare covered screenings	Covered at no cost when you see an in-network provider	\$0 copay
Telehealth Services (in addition to Original Medicare)		
Primary care provider (PCP)	\$0 copay	\$0 copay
Specialist	\$15 copay	\$0 copay
Urgent care services	\$0 copay	\$0 copay
Substance abuse or behavioral health services	\$0 copay	\$0 copay
Inpatient Care		
Acute inpatient hospital care	\$200 copay per day for days 1-5 \$0 copay per day for days 6-90	\$0 copay
Lab Services		
Lab tests from lab facility	\$0 copay	\$0 copay
Lab tests from outpatient hospital facility	\$0 copay	\$0 copay
Outpatient Care		
Outpatient surgery at ambulatory surgical center	\$100 copay	\$0 copay
Physical therapy at therapy facility	\$25 copay	\$0 copay

Continued:

Humana.

Outpatient Care (continued)

X-rays at outpatient hospital facility	\$0 copay	\$0 copay
Diagnostic testing at outpatient hospital facility	\$100 copay	\$0 copay

Mental Health Services

Inpatient psychiatric hospital Your plan covers up to 190 days in a lifetime for inpatient mental health care in a psychiatric hospital.	\$200 copay per day for days 1-5 \$0 copay per day for days 6-90	\$0 copay
Specialist's office	\$20 copay	\$0 copay
Outpatient hospital	\$100 copay	\$0 copay
Partial hospitalization	\$55 copay	\$0 copay

Emergency Services

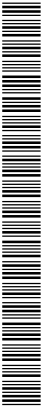
Urgently needed services at an urgent care center	\$25 copay	\$0 copay
Ground ambulance services	\$265 copay per date of service	\$0 copay
Emergency room	\$125 copay	\$0 copay

Additional Benefits & Programs

Humana Flex Allowance	\$1000 Annual allowance on a prepaid card to use at participating providers to pay out of pocket costs towards the plan's Preventive and Comprehensive Dental, Vision and Hearing services. Unused amount expires at the end of the plan year. Allowance is available on the Humana Spending Account Card.	
Special Supplemental Benefits for the Chronically Ill (SSBCI) Humana Flexible Care Assistance	A needs based benefit included for chronically ill members who meet eligibility criteria, and are participating in care management. Please refer to the Summary of Benefits for additional details.	
Routine dental services DEN158	Included - cost share may apply. Please refer to the Summary of Benefits for additional details.	
Routine vision services VIS701	Included - cost share may apply. Please refer to the Summary of Benefits for additional details.	
Routine hearing services HER963	Included - cost share may apply. Please refer to the Summary of Benefits for additional details.	
Over-the-Counter (OTC) Allowance	\$150 maximum benefit coverage amount per quarter (3 months) for over-the-counter (OTC) prepaid card to purchase eligible OTC health and wellness products at participating retailers. Unused amount expires at the end of the quarter. Allowance is available on the Humana Spending Account Card.	

Additional Benefits & Programs (continued)

Transportation services	\$0 copay for plan approved location up to unlimited one-way trip(s) per year.
SilverSneakers® fitness program	Included
Personal Emergency Response System	Included
Humana Well Dine® Meal Program	Included



2023 Prescription Drug Benefits at a Glance

Humana Gold Plus H0028-059 (HMO) DFW

Important Message About What You Pay for Vaccines

Our plan covers most Part D vaccines at no cost to you, no matter what cost-sharing tier it's on.

Important Message About What You Pay for Insulin

You won't pay more than \$35 for a one-month (up to 30-day) supply of each Part D insulin product covered by our plan, no matter what cost-sharing tier it's on. This applies to all Part D covered insulins, including the Select Insulins covered under the Insulin Savings Program as described below. If you receive "Extra Help", you will still pay no more than \$35 for a one-month supply for each Part D covered insulin. Please see your Prescription Drug Guide to find all Part D insulins covered by your plan.

If you don't receive "Extra Help" for your drugs, you'll pay the following:

Deductible This plan does not have a deductible.

Initial Coverage You pay the following until your total yearly drug costs reach **\$4,660**. Total yearly drug costs are the total drug costs paid by both you and our plan. Once you reach this amount, you will enter the Coverage Gap.

Mail Order Cost-Sharing

Pharmacy options	Standard		Preferred CenterWell Pharmacy™	
	30-day supply	90-day supply*	30-day supply	90-day supply*
Get more value with cost-share options in bold	Walmart Mail, PillPack Other pharmacies are available in our network. To find the pharmacy mail order options, go to Humana.com/pharmacyfinder			
Tier 1: Preferred Generic	\$10	\$30	\$0	\$0
Tier 2: Generic	\$20	\$60	\$5	\$0
Tier 3: Preferred Brand	\$47	\$141	\$45	\$90
Tier 4: Non-Preferred Drug	\$100	\$300	\$99	\$198
Tier 5: Specialty Tier	33%	N/A	33%	N/A

Retail Cost-Sharing

Pharmacy options	Retail All network retail pharmacies. To find the retail pharmacies near you, go to Humana.com/pharmacyfinder	
	30-day supply	90-day supply*
Tier 1: Preferred Generic	\$0	\$0
Tier 2: Generic	\$5	\$15

Continued:

Tier 3: Preferred Brand	\$45	\$135
Tier 4: Non-Preferred Drug	\$99	\$297
Tier 5: Specialty Tier	33%	N/A

Once your total yearly drug costs—what is paid both by you and our plan—reach **\$4,660** the costs of your drugs may go up. Please refer to the Summary of Benefits for more information.

You can get more out of your plan by doing the following:

- **Stay in-network.** You'll pay less for your drugs at in-network pharmacies.
- **Use your preferred mail order cost-sharing pharmacies.** They offer a lower cost-share than standard mail order cost-sharing pharmacies for most drugs (your cost-share for specialty drugs is the same at any in-network pharmacy).
- **Get a 90-day supply of many of the drugs you take all of the time.** You'll get more and may pay less, especially when you fill at a preferred cost-sharing mail-order pharmacy.

Insulin Savings Program

Your plan participates in the Insulin Savings Program. You will pay no more than \$35 for a one-month (up to a 30-day) supply for Select Insulins, no matter what cost-sharing tier it's on. To identify which Select Insulins are included within the Insulin Savings Program, look for the **ISP** indicator in your Prescription Drug Guide. Please refer to the Summary of Benefits for additional details.

Your plan also provides enhanced insulin coverage which means you will pay no more than \$35 for a one-month (up to 30-day) supply for all Part D insulins covered by our plan, including Select Insulins, no matter what cost-sharing tier it's on. The enhanced insulin coverage is available, even if you receive "Extra Help".

If you receive "Extra Help" for your drugs, you'll pay the following:

Deductible This plan does not have a deductible.

Pharmacy cost-sharing		
For generic drugs (including brand drugs treated as generic), either:	30-day supply	90-day supply*
	\$0 copay; or \$1.45 copay; or \$4.15 copay; or 15% of the cost	\$0 copay; or \$1.45 copay; or \$4.15 copay; or 15% of the cost
For all other drugs, either:	\$0 copay; or \$4.30 copay; or \$10.35 copay; or 15% of the cost	\$0 copay; or \$4.30 copay; or \$10.35 copay; or 15% of the cost

Other pharmacies are available in our network.

*Some drugs are limited to a 30-day supply.

If you have questions and are a Humana member, please contact Customer Care at 1-800-457-4708 (TTY: 711). If you are not currently a Humana member, please contact a licensed Humana sales agent at 1-844-775-9622 (TTY: 711), 8 a.m. - 8 p.m. seven days a week from Oct. 1, 2022 - Mar. 31, 2023 and Monday through Friday the rest of the year.



Humana is a Medicare Advantage HMO plan with a Medicare contract. Enrollment in this Humana plan depends on contract renewal.

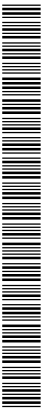
Telehealth services shown are in addition to the Original Medicare covered telehealth. Your cost may be different for Original Medicare telehealth.

Limitations on telehealth services, also referred to as virtual visits or telemedicine, vary by state. These services are not a substitute for emergency care and are not intended to replace your primary care provider or other providers in your network. Any descriptions of when to use telehealth services are for informational purposes only and should not be construed as medical advice. Please refer to your evidence of coverage for additional details on what your plan may cover or other rules that may apply.

Allowance amounts cannot be combined with other benefit allowances. Limitations and restrictions may apply.



Get all your health plan details at
[Humana.com/Benefits](https://www.humana.com/Benefits)



Important

At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, ancestry, ethnicity, sex, sexual orientation, gender, gender identity, disability, age, marital status, religion or language in their programs and activities, including in admission or access to, or treatment or employment in, their programs and activities.

- The following department has been designated to handle inquiries regarding Humana's non-discrimination policies: Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618, **877-320-1235 (TTY: 711)**.

Auxiliary aids and services, free of charge, are available to you.

877-320-1235 (TTY: 711)

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

This information is available for free in other languages. Please call our customer service number at 877-320-1235 (TTY: 711). Hours of operation: 8 a.m. – 8 p.m. Eastern time.

Español (Spanish): Llame al número indicado para recibir servicios gratuitos de asistencia lingüística. **877-320-1235 (TTY: 711)**. Horas de operación: 8 a.m. a 8 p.m. hora del este.

繁體中文 (Chinese): 本資訊也有其他語言版本可供免費索取。請致電客戶服務部：**877-320-1235 (聽障專線：711)**。辦公時間：東部時間上午 8 時至晚上 8 時。