

February 2023 Calendar of Events



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 9 a.m. Share Your Hero Story 10 a.m. SilverSneakers (Exercise program) 11 a.m. Craft Time 12 p.m. Bingo - Bring a Friend!	2 10 a.m. to 2 p.m. Grand Opening Event	3 9 a.m. Coffee & Tour 10 a.m. Sip & Paint 12 p.m. Movie & Popcorn
6 9 a.m. Coffee & Tour 10 a.m. Tech Session - Bring your device questions!	7 9 a.m. Coffee & Tour 10 a.m. Recognizing a Stroke 1 p.m. Craft Time	8 9 a.m. Coffee & Tour 10 a.m. SilverSneakers (Exercise program) 11 a.m. PXCIRCLE - A Roadmap to your Perfect Experience! 1 p.m. Trivia 2 p.m. Simple Steps to Boosting Your Immune System	9 9 a.m. (Until Supplies Last) Food Distribution 11 a.m. Mega Bingo - Bring a Friend!	10 9 a.m. Coffee & Tour 10 a.m. Jumbo Jenga - Bring a Friend! 11 a.m. Birthday Celebration
13 9 a.m. Coffee & Tour 10 a.m. Tech Session - Bring your device questions!	14 9 a.m. Coffee & Tour 10 a.m. Crafty Time 11 a.m. Valentine's Social 1 p.m. Casino Social	15 9 a.m. Coffee & Tour 10 a.m. SilverSneakers (Exercise program) 1 p.m. Is Your Plate Healthy? 2 p.m. No Bake Trail Mix	16 9 a.m. Coffee & Chat with Member Service Representative* 10 a.m. Book Club 11 a.m. Bingo 1 p.m. Movie & Popcorn	17 9 a.m. Coffee & Tour 10 a.m. Corn Hole 11 a.m. Happy Hour with a Twist!
20 9 a.m. Coffee & Tour 10 a.m. Tech Session - Bring your device questions!	21 9 a.m. (Until Supplies Last) Hygiene Product Distribution 11 a.m. Social Services Department	22 9 a.m. Coffee & Tour 10 a.m. SilverSneakers (Exercise program) 11 a.m. Decompress From Stress 12 p.m. Meditation 1 p.m. Wii Sports	23 9 a.m. Coffee & Tour 10 a.m. Knitting Club 11 a.m. (Spanish) Círculo de Experiencia del Paciente - Una guía para que tenga una experiencia perfecta 1 p.m. Trivia	24 9 a.m. Coffee & Tour 10 a.m. Bingo Social 11 a.m. Movie & Popcorn
27 9 a.m. Coffee & Tour 10 a.m. Tech Session - Bring your device questions!	28 9 a.m. Coffee & Tour 10 a.m. Healthy Eating to Control Cholesterol 11 a.m. Jeopardy 1 p.m. Coffee & Chat with Member Service Representative*	 <p>Conway Plaza 4442 Curry Ford Road Orlando, FL 32812</p>		

*CarePlus members only. For accommodations of persons with special needs at meetings call 1-800-204-3123 (TTY: 711).