**Humana: High Deductible Health Plan** 

Coverage for: Self Only, Self Plus One or Self and Family | Plan Type: POS

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately. This is only a summary. Please read the FEHB Plan brochure (RI 73-908) that contains the complete terms of this plan. All benefits are subject to the definitions, limitations, and exclusions set forth in the FEHB Plan brochure. Benefits may vary if you have other coverage, such as Medicare. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can get the FEHB Plan brochure and view the Glossary at feds.humana.com. You can call 800-448-6262 to request a copy of either document.

Important Questions	Answers	Why This Matters:
What is the overall deductible?	\$ 3,000/Self Only \$ 6,000/Self Plus One \$ 6,000/Self and Family	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. <u>Copayments</u> and <u>coinsurance</u> amounts do not count toward your <u>deductible</u> , which generally starts over January 1. When a covered service/supply is subject to a <u>deductible</u> , only the <u>Plan</u> allowance for the service/supply counts toward the <u>deductible</u> . If you have other family members on the policy, the overall family <u>deductible</u> must be met before the <u>plan</u> begins to pay.
Are there services covered before you meet your <u>deductible?</u>	Yes. <u>Preventive care</u> and <u>prescription drug</u> <u>copayments</u> do not apply to <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply.
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductible</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For participating <u>providers</u> : \$7,000 Self Only/\$14,000 Self Plus One or Self and Family; For non-participating <u>providers</u> : \$21,000 Self Only/\$42,000 Self Plus One or Self and Family	The <u>out-of-pocket limit</u> , or catastrophic maximum, is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limit</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the <u>out-of-pocket limit?</u>	Premiums, balance-billing charges (unless balance-billing is prohibited), and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See feds.humana.com or call 800-448-6262 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider's</u> charge and what your <u>plan</u> pays ( <u>balance billing</u> ). Be aware, your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.



Do you need a referral t	0
see a specialist?	

No.

You can see the specialist you choose without a referral.



All  $\underline{\textbf{copayment}}$  and  $\underline{\textbf{coinsurance}}$  costs shown in this chart are after your  $\underline{\textbf{deductible}}$  has been met, if a  $\underline{\textbf{deductible}}$  applies.

		What Y	ou Will Pay	
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
	Primary care visit to treat an injury or illness	10% coinsurance	40% coinsurance	None
If you visit a health care	Specialist visit	10% coinsurance	40% coinsurance	None
provider's office or clinic	Preventive care/screening/ immunization	No charge	40% coinsurance	You may have to pay for services that aren't preventive. Ask your <u>provider</u> if the services needed are preventive. Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	10% coinsurance	40% coinsurance	Participating <u>provider</u> : 20% <u>coinsurance</u> in an inpatient or outpatient hospital setting
ii you nave a test	Imaging (CT/PET scans, MRIs)	10% coinsurance	40% coinsurance	Participating <u>provider</u> : 20% <u>coinsurance</u> in an inpatient or outpatient hospital setting
	Generic drugs – Level One	10% coinsurance	30% coinsurance	Covers up to a 30 day supply; 31-90 day supply (mail order Rx)
If you need drugs to treat your illness or	Non-Preferred generic drugs  – Level Two	10% coinsurance	30% coinsurance	Covers up to a 30 day supply; 31-90 day supply (mail order Rx)
condition  More information about	Preferred brand drugs – Level Three	10% coinsurance	30% coinsurance	Covers up to a 30 day supply; 31-90 day supply (mail order Rx)
<u>prescription drug</u> <u>coverage</u> is available at <u>https://feds.humana.com/</u> .	Non-Preferred brand /non- preferred higher cost generic – Level Four	10% coinsurance	30% coinsurance	Covers up to a 30 day supply; 31-90 day supply (mail order Rx)
	Specialty drugs – Level Five	25% coinsurance	25% coinsurance	May cover up to a 30-day supply (retail or mail order).
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	40% coinsurance	None
surgery	Physician/surgeon fees	10% coinsurance	40% coinsurance	None

		What Y	ou Will Pay	
Common Medical Event	Services You May Need	Participating Provider (You will pay the least)	Non-Participating Provider (You will pay the most, plus you may be balance billed)	Limitations, Exceptions, & Other Important Information
	Emergency room care	10% coinsurance	40% coinsurance	None
If you need immediate medical attention	Emergency medical transportation	10% coinsurance	40% coinsurance	None
	<u>Urgent care</u>	10% coinsurance	40% coinsurance	None
If you have a hospital	Facility fee (e.g., hospital room)	10% coinsurance	40% coinsurance	None
stay	Physician/surgeon fees	10% coinsurance	40% coinsurance	None
If you need mental health, behavioral	Outpatient services	10% coinsurance	40% coinsurance	None
health, or substance abuse services	Inpatient services	10% coinsurance	40% coinsurance	None
	Office visits	10% coinsurance	40% coinsurance	None
If you are pregnant	Childbirth/delivery professional services	10% coinsurance	40% coinsurance	None
	Childbirth/delivery facility services	10% coinsurance	40% coinsurance	None
	Home health care	10% coinsurance	40% coinsurance	None
If you need help	Rehabilitation services	10% coinsurance	40% coinsurance	60 visits/year per condition for each service
recovering or have	Habilitation services	10% coinsurance	40% coinsurance	60 visits/year
other special health	Skilled nursing care	10% coinsurance	40% coinsurance	60 days/year
needs	Durable medical equipment	10% coinsurance	40% coinsurance	None
	Hospice services	10% coinsurance	40% coinsurance	None
If your child needs	Children's eye exam	10% coinsurance	40% coinsurance	Thru age 17
dental or eye care	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	None

#### **Excluded Services & Other Covered Services:**

# Services Your Plan Generally Does NOT Cover (Check your plan's FEHB brochure for more information and a list of any other excluded services.)

- Cosmetic Surgery
- Dental Care (Adult)
- Hearing Aids

- Long-term care
- Non-emergency care when traveling outside the U.S.
- Private duty nursing

- Routine eye care (Adult)
- Routine foot care
- Weight loss program

# Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan's FEHB brochure.)

Acupuncture

• Chiropractic Care

Infertility Treatment

Bariatric Surgery

Your Rights to Continue Coverage: You can get help if you want to continue your coverage after it ends. See the FEHB <u>Plan</u> brochure, contact your HR office/retirement system, contact your <u>plan</u> at 800-448-6262 or visit <u>www.opm.gov/healthcare-insurance/healthcare/</u>. Generally, if you lose coverage under the <u>plan</u>, then, depending on the circumstances, you may be eligible for a 31-day free extension of coverage, a conversion policy (a non-FEHB individual policy), spouse equity coverage, or receive temporary continuation of coverage (TCC). Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance <u>Marketplace</u>. For more information about the <u>Marketplace</u>, visit <u>www.HealthCare.gov</u> or call 800-318-2596.

Your Grievance and Appeals Rights: If you are dissatisfied with a denial of coverage for claims under your <u>plan</u>, you may be able to appeal. For information about your appeal rights please see Section 3, "How you get care," and Section 8 "The disputed claims process," in your <u>plan</u>'s FEHB brochure. If you need assistance, you can contact us at 800-448-6262.

## Does this <u>plan</u> provide Minimum Essential Coverage? Yes

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

## Does this plan meet Minimum Value Standards? Yes

If your plan doesn't meet the Minimum Value Standards, you may be eligible for a premium tax credit to help you pay for a plan through the Marketplace.

## **Language Access Services:**

[Spanish (Español): Para obtener asistencia en Español, llame al 800-448-6262.]

[Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 800-448-6262.]

[Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 800-448-6262.]

[Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwiijigo holne' 800-448-6262.]

### **About these Coverage Examples:**



This is not a cost estimator. Treatments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

# Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

■ The <u>plan</u> 's overall <u>deductible</u>	\$3,000
■ Specialist coinsurance	10%
■ Hospital (facility) coinsurance	10%
■ Other coinsurance	10%

#### This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

## In this example, Peg would pay:

Cost Sharing	
Deductibles	\$3,000
Copayments	\$0
Coinsurance	\$900
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$3,960

# Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

The plan's overall deductible	\$3,000
■ Specialist coinsurance	10%
■ Hospital (facility) coinsurance	10%
Other coinsurance	10%

#### This EXAMPLE event includes services like:

Primary care physician office visits (including disease education)
Diagnostic tests (blood work)
Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600
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## In this example, Joe would pay:

Cost Sharing	
Deductibles	\$3,000
Copayments	\$0
Coinsurance	\$200
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$3,220

# **Mia's Simple Fracture**

(in-network emergency room visit and follow up care)

■ The plan's overall deductible	\$3,000
■ Specialist coinsurance	10%
■ Hospital (facility) coinsurance	10%
Other coinsurance	10%

#### This EXAMPLE event includes services like:

Emergency room care (including medical supplies)
Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches) Rehabilitation services (physical therapy)

Total Example Cost \$2,800
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## In this example, Mia would pay:

Cost Sharing	
Deductibles	\$2,800
Copayments	\$0
Coinsurance	\$0
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$2,800