



Follow-Up After Hospitalization for Mental Illness (FUH)

HEDIS measure overview

Please note that the information offered in this flyer is based on National Committee for Quality Assurance's (NCQA) Healthcare Effectiveness Data and Information Set (HEDIS®) technical specifications. It is not meant to preclude your clinical judgment.

What is the FUH measure?

Follow-Up After Hospitalization for Mental Illness (FUH) is one of the NCQA HEDIS measures used to evaluate care of those who are vulnerable after an inpatient stay for mental illness. Prompt follow-up care helps patients transition back to home and work, quickly identify medication concerns and ensure maintenance of progress made during hospitalization.¹

Who is included in the FUH measure?

Patients 6 years old and older who were hospitalized for treatment of selected mental illness or intentional self-harm diagnoses are eligible.

How does a patient become compliant?

- **Seven-day follow-up** – an outpatient, telehealth or telephone follow-up visit with a mental health provider within seven days after the date of discharge
- **30-day follow-up** – an outpatient, telehealth or telephone follow-up visit with a mental health provider within 30 days after the date of discharge

If a patient is seen within the first seven days, both rates are compliant. The measure will not count visits rendered on the date of discharge for compliance.

Exclusions

Patients using hospice services

¹ National Committee for Quality Assurance. (2021, October 21). *Follow-Up After Hospitalization for Mental Illness (FUH)*. Retrieved from NCQA.org: <https://www.ncqa.org/hedis/measures/follow-up-after-hospitalization-for-mental-illness/>

Measure best practices

- Prior to discharge:
 - Identify and address barriers to ensure timely follow-up care visits.
 - Refer a patient to the Humana Case Management team, as appropriate.
 - Discuss with patients the importance of medication adherence and follow-up care.
 - Assess and refer a patient with any social determinants of health issues.
 - Schedule a follow-up care visit with a mental health provider prior to discharge to prevent relapse.
 - Send discharge paperwork to the appropriate outpatient mental health provider within 24 hours of discharge.
 - Coordinate care between providers and case management.
 - Reach out to patients who cancel appointments to reschedule them as soon as possible.

FUH coding

Code type	Code description	Codes
CPT	Follow-up visits	90791-2, 90832-40, 90845, 90847, 90849, 90853, 90875-6, 98960-2, 98966-8, 99078, 99201-5, 99211-5, 99217-23, 99231-3, 99238-9, 99241-5, 99251-5, 99341-5, 99347-50, 99381-7, 99391-7, 99401-4, 99411-2, 99441-3, 99483, 99495-6, 99510
HCPCS	Follow-up visits	G0155, G0176-7, G0409, G0463, H0002, H0004, H0031, H0034, H0036-7, H0039-40, H2000, H2010-1, H2013-20, T1015
ICD-10	Mental illness diagnosis	F03.9x, F20-F25.xx, F28-F34.xx, F39-F45.xx, F48.xx, F50-F53.xx, F59-F60.xx, F63-F66.xx, F68-F69.xx, F80-F82.xx, F84.xx, F88-F93.xx, F95.xx, F98-F99.xx
Modifier	Telehealth	GQ, GT, 95 or POS 02

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