




Welcome to your Employee Assistance Program

Feel supported, connected, and rewarded every single day with expert advice, recommendations and referrals from TELUS Health. Your confidential* Employee Assistance Program (EAP), which provides convenient access to online resources and tools, including the platform’s news feed, a wealth of wellbeing content, and exclusive perks and special offers.


Getting started with our EAP is easy.

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Download the app or visit one.telushealth.com




Download on the App Store



GET IT ON Google Play
- 2

Log in with the username and password below.



Contact the EAP any time, 24/7, for qualified support: **1-833-919-3252**

To connect online: one.telushealth.com or by mobile app.

Username: **MyEAP** Password: **wellness**



For technical support, visit help.telushealth.com, and submit a request. Session with a counselor is scheduled after booking an appointment.

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* Personal information about participants remains confidential according to all applicable state and federal laws, unless disclosure is allowed by such laws.

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Important: At Humana, it is important you are treated fairly.

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English: ATTENTION: If you do not speak English, language assistance services, free of charge, are available to you. Call **877-320-1235** (TTY: 711).

Español (Spanish): ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al **877-320-1235** (TTY: 711).

繁體中文 (Chinese): 注意：如果您使用繁體中文，您可以免費獲得語言援助服務。請致電 **877-320-1235** (TTY：711)。