

# TRICARE provider news

Up-to-the-minute information for  
TRICARE® providers in the East Region

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(US Air National Guard photo by Tech. Sgt. Tabitha Hurst)

## Update to TRICARE's Childbirth and Breastfeeding Support Demonstration (CBSD)



TRICARE's Childbirth and Breastfeeding Support Demonstration allows Certified Labor Doulas (CLD), lactation consultants or lactation counselors to provide care to eligible beneficiaries.

Effective July 25, the following telemedicine services for the CBSD are no longer included:

- Audio-only breastfeeding counseling
- Antepartum and postpartum care visits

Please note: All childbirth support services provided by a Certified Labor Doula (CLD) must be in-person.

As a reminder, providers must use a two-way visual component to provide breastfeeding support services via telemedicine.

To verify you are able to continue to provide these services, please review [Telemedicine for providers](#).

For more information on the CBSD, visit the [TRICARE Operations Manual Chapter 18](#) and [CBSD provider resources](#).

## Referrals and authorizations are going digital!



Humana Military is preparing to move all referrals and authorizations to electronic submissions by the end of 2023 and will no longer accept hard copy faxes. Through [provider self-service](#), you can submit multiple documents for new and existing referrals and authorizations.

If you are not currently using electronic submissions, are unable to access provider self-service or have barriers when attempting to use electronic submissions for your referrals or authorizations, please fill out [this survey](#) to let us know how we can help you.

If you need a [self-service account](#) to begin submitting online, you can [create one](#) today! For those providers who are already submitting referrals and authorizations through provider self-service- we thank you!

See [referrals and authorizations](#) or [referral/authorization demonstration](#).

## Update to Laboratory Developed Test (LDT) demonstration

The Laboratory Developed Test (LDT) demonstration has been extended through July 18, 2028, and the following LDTs have been added:

- Biotheranostics Breast Cancer Index
- DermTech Pigmented Lesion Assay (PLSA)
- FoundationOne Heme
- MDxHealth Confirm MDx
- MDxHealth Select MDx

Cystic Fibrosis (CF) carrier screening is now covered under the TRICARE basic benefit as a preconception and prenatal carrier screening test.

CF testing will continue to be covered under the LDT demonstration for the following indications:

- confirmation of diagnosis in individuals showing clinical symptoms of CF or having a high sweat chloride level.
- identification of newborns who are affected with CF.
- identification of individuals with the p.Gly551Asp variant who will respond to treatment with ivacaftor.
- male infertility testing and treatment.

[TRICARE Policy Manual Chap 6 Sect 3.2](#)

[TRICARE Operations Manual Chap 18, Sect 3](#)

Please note: CF carrier screening claims previously paid under the LDT demonstration for preconception and prenatal carrier screening do not need to be reprocessed.

For more information on LDTs, visit [HumanaMilitary.com/ldt](https://HumanaMilitary.com/ldt).



## Provider data accuracy depends on you!

Provider self-service allows you to submit data change requests easily and electronically!

Maintaining accurate information ensures not only more timely communications, but it also ensures that TRICARE

beneficiaries are able to find you in our provider locator tool. [Log in to self service →](#)

View the [provider data change request](#) training for a demonstration of all the updates that can be made through self-service.



[HumanaMilitary.com](https://HumanaMilitary.com)

## TRICARE Dual Eligible Fiscal Intermediary Contract (TDEFIC) is now TRICARE Medicare Eligible Program (TMEP)

Please note that as of July 12, 2023, all references to TRICARE Dual Eligible Fiscal Intermediary Contract (TDEFIC) will be replaced with TRICARE Medicare Eligible Program (TMEP).

This change will be reflected in the TRICARE manuals, provider handbook and any other products that contain references to TDEFIC.

## Line-Of-Duty (LOD) care for National Guard and Reserve members

Determined by the military service, LOD includes any injury, illness or disease incurred or aggravated while the Guard or Reserve member is in either inactive duty (such as reserve drill) or active duty status.

This includes the member's travel time to or from the location where he or she performs military duty. The National Guard or Reserve member's service determines eligibility for LOD care, and the member receives a written authorization that specifies the LOD condition and terms of coverage.

**Note:** The Defense Enrollment Eligibility Reporting System (DEERS) does not show eligibility for LOD care.

If emergency or urgent care for a National Guard or Reserve member that may be LOD care is provided, please submit the claim even if the service member is not showing as eligible. National Guard and Reserve members are entitled to medical care coverage under TRICARE while in performance of military duties or if they have incurred or aggravated a medical condition resulting from military service. If information on your records indicates this may be the case, please file your claim with Humana Military for review and adjudication.

See TRICARE program options for more information on LOD and National Guard and Reserve.

## Avoid improper billing practices!



Providers that make coding decisions that result in overbilling are committing fraud. Abuse can occur when a provider's billing practices, which may be direct or indirect, cause a financial loss even if there is not intent. One example of these practices that lead to overbilling is known as unbundling.

Unbundling occurs when multiple procedures/services are improperly billed separately, even though the group of services is covered by a single comprehensive code. It can result in a higher reimbursement than the provider is entitled to receive.

Appending unwarranted modifiers to override the claims auditing software and allow additional payment for services that would normally be bundled is also considered fraudulent.

Unbundling fraud in the TRICARE program results in unlawful reimbursement at the taxpayer's expense. TRICARE providers are required to abide by all TRICARE program and Humana Military rules and guidelines for coding that are applicable when billing for services provided to beneficiaries. Manipulating CPT codes as a means to increase reimbursement is considered improper billing practices and a misrepresentation of services billed.

Examples of fraud:

- Billing for costs of nonchargeable services, supplies or equipment disguised as covered items
- Misrepresentations of description of services rendered

For more information see [32 CFR 199.9](#)