

Get insights into your health and keep

\$1,500-3,000 in your paycheck

2024 medical plan requirements to complete by Dec. 31, 2023*

Our company medical benefits are more than just insurance coverage. They're designed with incentives and rewards to encourage and empower you to live a healthy lifestyle.

If you are on the company medical plan, you and your covered spouse/partner you must complete the following by **Dec. 31, 2023 to avoid additional costs (formerly Healthy Reward Rate) to your paycheck:**

Login and Create your Limeade Profile (cwhh.limeade.com) or scan the QR code below:

Associate:

1. Enter your Employee Identification Number (EID). Your EID is available by logging in to Workday, click on your profile picture in upper right hand corner, select 'View Profile' and then select 'Job Details'
2. Enter your last name
3. Enter your date of birth (MM/DD/YYYY)
 - Example: 01/01/1980
4. Click 'Find account'
5. Set up your account with your preferred email address and password

Spouse:

1. Create your unique ID: Enter the eligible employee's ID plus 'S' Example: 012345S (012345 being the employee ID)
2. Enter your last name
3. Enter your date of birth (MM/DD/YYYY)
 - Example: 01/01/1980
4. Click 'Find account'
5. Set up your account with your preferred email address and password



Complete your full biometric screening*

A screening is **required** for the associate subscriber AND covered spouse/partner.

1. Log in to your Limeade Well-being program account at cwhh.limeade.com.
2. On the "Discover" tab, click the "Complete Your Biometric Screening" tile for details on how to complete your screening.
3. You have two options to complete your screening:
 - Visit your primary physician and have them complete the Physicians Results form.
 - Visit a Quest Diagnostics™ Patient Service Center location near you.

Complete your well-being assessment at cwhh.limeade.com

A well-being assessment is required for the associate subscriber AND covered spouse/partner.

Complete Financial Guidance activities and earn up to \$100 to \$1,500 in account funding

Visit the "Services" tab in Limeade and click on the Financial Guidance icon to access the activities and see your earning potential. If you complete the activities by 12/1/23, you will earn this funding for both the current year AND for 2024.



* The Quest Scheduler: You must schedule your screening appointment before the Quest scheduler closes on at 11:59 p.m. ET on Nov. 30, 2023. The last day to download or request the primary care provider and/or PSC form is Nov. 30. You can submit your physician form until 11:59 p.m. ET on Dec. 31, 2023.