



VISION

Vision health is vital to a child's well-being

Vision problems can begin at an early age and when left undiagnosed, can greatly affect a **child's development and ability to learn.**

Humana®

Vision directly affects learning



80% of learning in the first 12 years comes through the eyes.¹



Up to **12% of children** may have vision problems that affect learning.¹

Eye exams are too often neglected



2 out of 3 children under 6 have never had an eye exam.¹



While 2 out of 3 parents used their vision benefits for their own eye exams, **only 50%** used them for their children.

Exams are best done by an eye care professional



An eye chart used in a vision screening identifies only **5%** of vision problems.²



Vision screenings by school nurses and pediatricians positively identify vision problems only **27%** of the time.²



An eye care professional may catch other diseases and conditions early, since they can view blood vessels in the eye without expensive imaging.

¹ Vision Council February 2012 Parent for Child Report.

² Synovate Survey of employees sponsored by Transitions Optical, Inc., Oct. 2010.

What age should children be examined?

	BIRTH TO 24 MO.	2 TO 5 YEARS	6 TO 18 YEARS
Asymptomatic/risk-free (no prescription need, no eye or general health conditions)	At 6 months of age	At 3 years of age	Before 1st grade and every 2 years thereafter
At risk	At 6 months of age or as recommended	At 3 years of age or as recommended	Annually or as recommended

*American Optometric Association's Clinical Practice Guidelines

Support children's eye health

Vision problems directly affect children's ability to learn and quality of life. When employers provide vision benefits, families have access to **regular screenings** which are critical to **prevention, early detection** and **treatment**. Whether your company is large or small, Humana has vision plans to fit your needs and the needs of your employees.



Contact Humana

Request more information for plans tailored to your company's benefits budget.

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