

Humana Group Medicare Employer Plan

Bringing Humana to You

Humana®



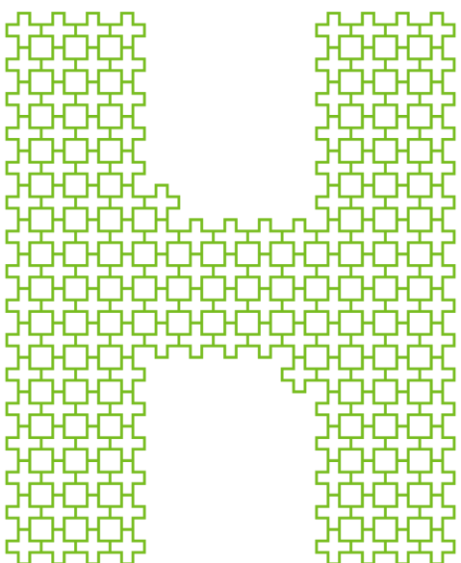
Public Employees
Insurance Agency





What you need to know

Your Humana plan and the extra benefits and services available to you

- 
- 1 Medicare**
 - 2 Your plan**
 - 3 Extra benefits**
 - 4 Value-added items and services**

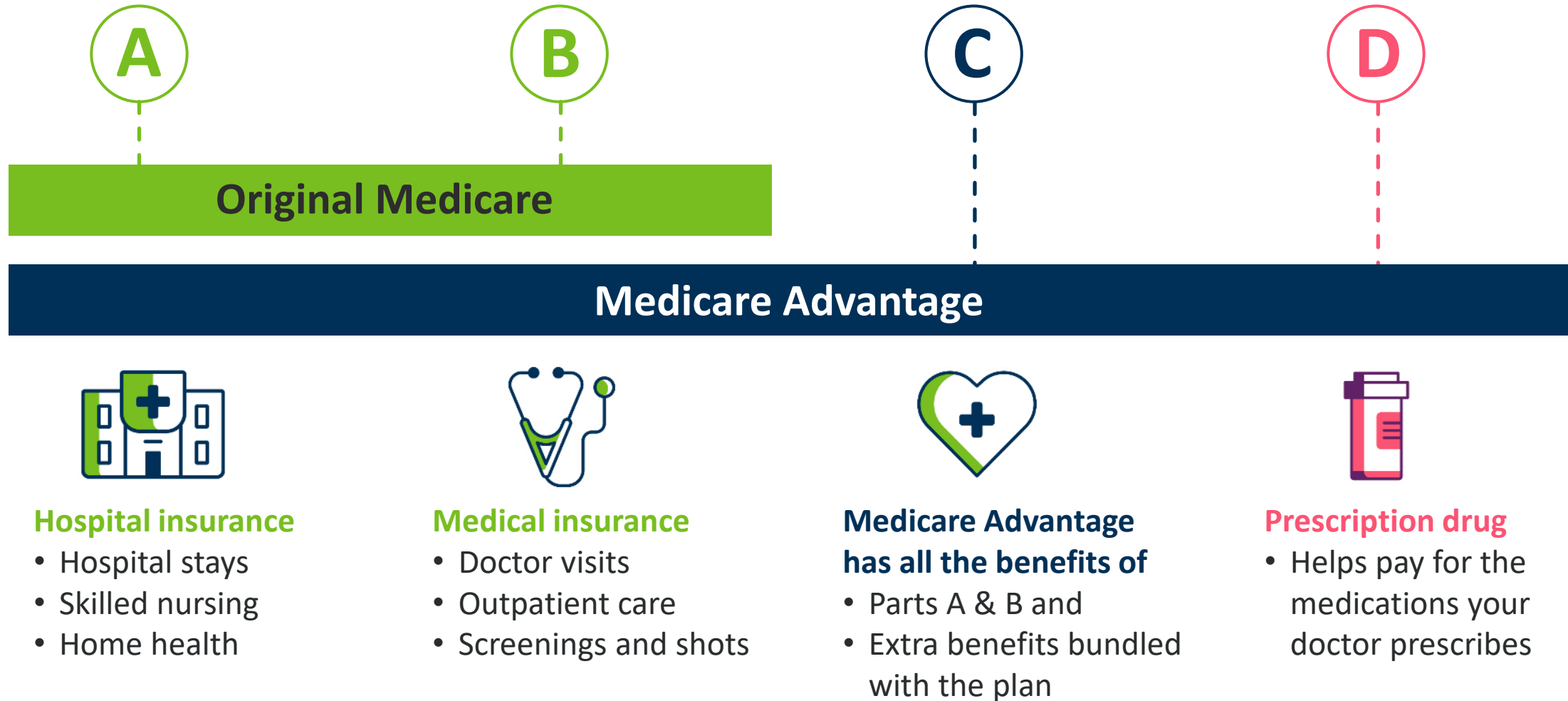


Medicare

How does Medicare work, and how is it different from Medicare Advantage?

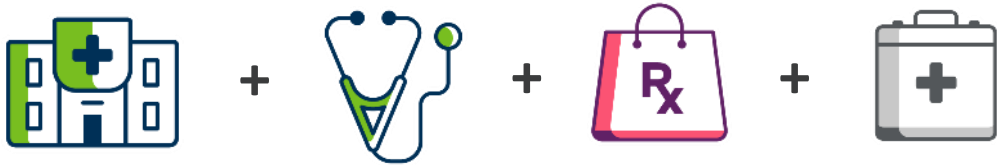


Original Medicare vs. Medicare Advantage



Your Medicare options

Original Medicare



- Members with Original Medicare (Parts A and B) often choose to add a stand-alone prescription drug plan (Part D) and a Medicare Supplement plan to get additional coverage
- Possible to have up to 3 different cards

Medicare Advantage Plan



- Includes Original Medicare Parts A and B (must continue to pay Part B premium) and extra benefits bundled with the plan
- 1 card and 1 place to call with questions
- **Part D prescription coverage is not included on all Medicare Advantage plans**



Your plan

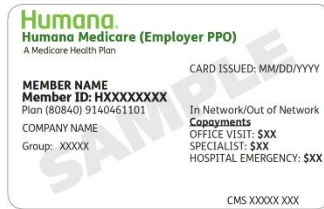
What is my plan, and how does it work for me?



Medicare Part C

Medicare Advantage plan types

PPO



Preferred Provider Organization

Choose any provider that accepts Medicare and agrees to bill the plan. With your PPO plan, your cost share will be the same for both in- and out-of-network services.

- No copay for certain preventive care
- Out-of-pocket maximum
- Worldwide emergency coverage



Your PPO benefits

With your PPO plan, you will pay the same amount for in- and out-of-network services.

Medical Comparison	Humana/PEIA Plan 1	Humana/PEIA Plan 1 Benefit Assistance	Humana/PEIA Plan 2
Annual medical deductible	\$150	\$50	\$375
Maximum out-of-pocket	\$1,200	\$600	\$1,950
Primary care physician (PCP)	\$20 copay	\$2 copay	\$20 copay
Specialist	\$40 copay	\$5 copay	\$50 copay
Inpatient hospital care	\$100 copay per admission	\$100 copay per admission	\$150 copay per admission
Emergency room	\$50 copay	\$50 copay	\$65 copay
Outpatient/Office Surgery	\$100 copay	\$50 copay	\$115 copay
Ambulance	\$0	\$0	\$0
Skilled Nursing Facility	\$0	\$0	\$0

Your Part D benefits

Humana’s Part D coverage is spread among four groupings based on the drug type—also called “tiers”.
It covers every drug that is covered through Medicare.

Pharmacy Comparison	Humana/PEIA Plan 1	Humana/PEIA Plan 1 Benefit Assistance	Humana/PEIA Plan 2
Annual deductible	\$75	\$75	\$150
Maximum out-of-pocket	\$1,750	\$250	\$1,750
Tier 1 Generic/Preferred generic	\$5	\$5	\$5
Tier 2 Preferred brand	\$15	\$15	\$20
Tier 3 Nonpreferred drug	50%	50%	50%
Tier 4 Specialty	\$100	\$100	\$100

2024 enhanced vaccine and insulin coverage

At Humana, we strive to help our members achieve total health so that they may live their best lives, which includes efforts to provide our members with access to more affordable prescription drugs. Helping to further support these initiatives, President Biden signed the Inflation Reduction Act into law on August 16, 2022.

This means that this Humana Group Medicare Advantage prescription drug plan may have additional benefits that are not currently described, including reduced out-of-pocket costs for Part D vaccines and this plan's covered insulin.

Benefits include:



\$0 vaccines

Beginning January 1, 2023, member cost share of all Part D vaccines listed on the Advisory Committee on Immunization Practices (ACIP) list¹ will be **\$0**.



Part B drugs

Beginning April 1, 2023, member cost share of some Part B drugs will have a lower cost share than your standard Part B drug cost share to help avoid increased cost for your Part B drugs.



\$35 insulin copay


Beginning July 1, 2023, member cost share of this plan's covered insulin products covered under Part B and Part D will be **no more than \$35** for every one-month (up to a 30-day) supply and if your plan has a deductible, it does not apply to Part B Insulin.

¹For more information regarding the Centers for Disease Control and Prevention's ACIP vaccine recommendations, please go to www.cdc.gov/vaccines/hcp/acip-recs/vacc-specific/index.html.

Landing Page

Humana



 Sign In to MyHumana

Welcome Public Employees Insurance Agency

Learn how you and your Medicare-eligible family can benefit from a Humana health plan available through West Virginia Public Employees Insurance Agency (PEIA).



Prescription Drug Guide

[2023 Comprehensive PDG 11](#) 
[2022 Comprehensive PDG 11](#) 

Annual Notification of Change/Evidence of Coverage

Humana/PEIA plan 1

[2023 Annual Notice of Changes](#) 
[2023 Evidence of Coverage](#) 
[2022 Annual Notice of Changes](#) 

Presentations/flyers

[2022 West Virginia PEIA Bring Humana 2 You \(BH2U\) PowerPoint](#) 
[Missing address information](#) 
[Seminar invite](#) 
[2023 Open Enrollment presentation](#) 
[Prescription drug cost-sharing tier](#) 
[Preventive care](#) 
[Go365 by Humana](#) 

<https://your.humana.com/wvpeia>



Extra benefits and services

MyHumana

Benefits of having a PCP

Continuous Glucose Monitors

Diabetic Testing Supplies

SmartSummary[®]

SilverSneakers[®]

Go365 by Humana[®]

Post-discharge Services

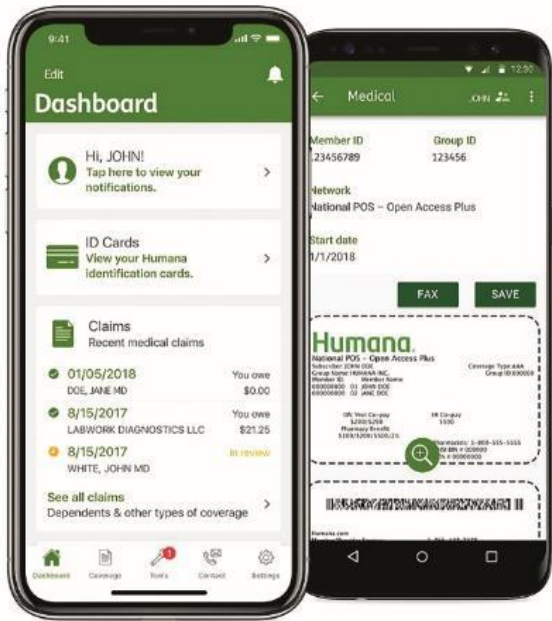
Humana Well Dine[®] meal program

Wellness Coaching

Health resources

MyHumana and MyHumana mobile app

Get your personalized health information on MyHumana



A valuable part of your Humana plan is a secure online account called MyHumana where you can keep track of your claims and benefits, find providers, view important plan documents and more.

The MyHumana mobile app

If you have an iPhone or Android, download the MyHumana Mobile app. You'll have your plan details with you at all times.*

Visit [Humana.com/mobile-apps](https://www.humana.com/mobile-apps) to learn about our many mobile apps, the app features and how to use them.

With MyHumana and the MyHumana mobile app, you can:

- Review your plan benefits and claims
- Find pharmacies in your network
- Find providers in your network
- Lookup and compare medication prices
- View or update your medication list
- View or print your Humana member ID card

*Standard data rates may apply.

Building healthy provider relationships

Benefits of having a primary care provider (PCP)

- Your PCP can get to know your overall health history
- You can build a trusting, long-term relationship
- Your PCP will help take care of you when you're sick and help you to maintain your health with preventive care





Continuous glucose monitors and supplies

Medicare-covered therapeutic continuous glucose monitors (CGMs) and supplies are **covered under your Humana Group Medicare Part B medical benefit.**

- CGMs and supplies can be obtained from a durable medical equipment (DME) provider that accepts Medicare and will bill your insurance
- CGMs and supplies can now be obtained at participating retail pharmacies
- CGMs and supplies will not be covered through your pharmacy benefit

Humana preferred DME providers

CCS Medical, 877-531-7959, Monday – Friday,
8 a.m. – 6 p.m., Eastern time

Edwards Healthcare, 888-344-3434, Monday – Friday,
8:30 a.m. – 5 p.m., Eastern time

Diabetic testing supplies are covered under your medical benefit

Your Humana Group Medicare Advantage plan covers diabetic testing supplies under your medical benefit, even though you get them from the pharmacy



CenterWell TRUE METRIX[®] AIR by Trividia

- Bluetooth[®] technology
- No coding
- Tiny, 0.5-microliter sample size
- Results in 4 seconds



Accu-Chek Guide Me[®] by Roche

- Large, easy to read display
- Bluetooth[®] technology
- Small, 0.6-microliter sample size
- Results in 4 seconds
- No coding required
- Automatically log blood glucose test results to your Android or iOS device with the mySugr app



Accu-Chek Guide[®] by Roche

- Simple to see, day or night
- Bluetooth[®] technology
- Small, 0.6-microliter sample size
- Results in 4 seconds
- No coding required
- Automatically log blood glucose test results to your Android or iOS device with the mySugr app

Your doctor can send prescriptions for meters and other testing supplies by fax or e-prescribe.

You can request a no-cost meter from the manufacturer by calling Roche at **877-264-7263 (TTY: 711)**, or Trividia Health at **866-788-9618 (TTY: 711)**, Monday – Friday, 8 a.m. – 8 p.m., Eastern time.

SmartSummary

Your personalized benefits statement

Humana's SmartSummary provides a comprehensive overview of your health benefits and healthcare spending.

You'll receive this statement after each month you've had a claim processed.

You can sign in to your MyHumana account and see your SmartSummary statements anytime.

Go Green—update your member preferences to receive your SmartSummary statement electronically.

SmartSummary
Your Pharmacy, Medical, and Hospital claims processed in February 2023

Humana.

JOHN DOE
Member ID: H12345678
Plan name: Humana Group Medicare LPPD
Rx PCN or Rx Group number: 03200000

THIS IS NOT A BILL

This summary is your "Explanation of Benefits" (EOB) and claim payments for your medical, hospital and your Medicare prescription drug coverage (Part D). Please review this summary and keep it for your records. **This is not a bill.**

OVERVIEW OF YOUR FEBRUARY CLAIMS

Medical, hospital and Part B pharmacy (see page 3)

Total billed charges this month	\$90.01
Humana discounts	- \$0.01
Benefit exclusions	- \$0.00
Other insurance	- \$0.00
Amount Humana paid	- \$90.00
Your share	\$0.00

Part D prescription drug claims (see page 9)

Total cost this month	\$1,452.09
Other payments	- \$0.00
Amount Humana paid	- \$1,146.09
Your share	\$306.00

You are currently in **Stage Two** of your Part D Drug Payment Plan. (see page 6)

CONTACT US IF YOU HAVE QUESTIONS OR NEED HELP.

Questions
Visit MyHumana at Humana.com to see

SmartSummary
Your personal prescription and medical benefits statement

Page 2 of 16
John Doe

Medical and hospital deductible and yearly limits

Yearly limits - These limits give you financial protection

These limits tell the **most** you will have to pay in 2023 in "out-of-pocket" costs (copays, coinsurance, and your deductible) for medical and hospital services covered by the plan.

These yearly limits are called your "out-of-pocket maximums." They put a limit on how much you have to pay, but they do not put a limit on how much care you can get. This means:

- Once you have reached a limit in out-of-pocket costs, **you stop paying medical claims costs.**
- You keep getting your covered services as usual, and **the plan will pay the full cost for the rest of the year.**

2023 Combined Annual Plan Out-of-pocket

This statement contains claims that were processed in a prior plan year. Below is the adjusted limit information.

In 2023, \$8,850.00 is the most you will have to pay for covered services from providers.

Your **Combined Annual Plan Out-of-pocket** is: **\$8,850.00**

As of February 28, 2023 you have paid: **\$1,822.90**

Your remaining amount is: **\$7,027.10**

2023 Individual In-network Out-of-pocket

This statement contains claims that were processed in a prior plan year. Below is the



SmartSummary
Your personal prescription and medical benefits statement

Page 3 of 16
John Doe

Details for medical and hospital claims processed in February 2023

What does Your share mean in your SmartSummary?
Your share: This is the amount you may owe or may have paid to your providers.

Medical and hospital claims

Service Date: 06/29/2023	Amount the provider billed the plan	\$0.00
Claim # 5555555555555555	Humana discounts	- \$0.00
HEALTH CARE INC	Benefit exclusions	- \$0.00
-Home health prospective payment system (HRG)	Other insurance	- \$0.00
In-network (billing code 023) ₁	Total cost (amount the plan approved)	\$0.00
	Amount Humana paid	- \$0.00
	Your share	\$0.00
Service Date: 06/29/2023	Amount the provider billed the plan	\$90.00
Claim # 5555555555555555	Humana discounts	- \$0.00
HEALTH CARE INC	Benefit exclusions	- \$0.00
-Skilled Nursing-Visit Charge	Other insurance	- \$0.00
(Billing code 551) ₁		



SilverSneakers®

A total health and physical activity program included in your plan at no extra cost

- SilverSneakers gives you access to exercise equipment, group fitness classes and social events.
- Work towards improving muscle strength, bone density, flexibility and balance.
- Use thousands of fitness locations nationwide, with weights, swimming, classes and cardio equipment (equipment and classes vary by location).
- Enjoy group fitness classes outside of traditional gyms.
- Start workout programs tailored to your level with the SilverSneakers GO™ app.
- Learn more at **SilverSneakers.com**.
- Included in your plan at no extra cost.



Go365 by Humana®

Your wellness program that rewards you for completing eligible activities that help you make healthy choices, at not extra cost to you

Your health can be rewarding

Go365 by Humana makes wellness fun and easy. We can help you reach your physical and emotional health goals. Track your activity and redeem rewards:

- online, at **MyHumana.com**
- by filling out and mailing in paper forms

Earn rewards you can redeem for gift cards

Complete eligible healthy activities like walking or getting your Annual Wellness Visit. You can earn rewards to redeem for gift cards. Once you've earned at least \$10 in rewards, choose your gift cards in the Go365 Mall.

Now it's time to get going with Go365

If you have a MyHumana account, you can use the same information to log in to **Go365.com**. If not, activate your profile at **MyHumana.com**.



Post-discharge services

Post-discharge Transportation

- 12 one-way trips by car, van or wheelchair access vehicle, up to 50 miles per trip.
- Transportation services must be utilized within 60 days of discharge event.

Post-discharge Personal Home Care

- \$0 copayment for a minimum of 4 hours per day, up to a maximum of 8 hours total per discharge, for certain in-home support services following a discharge from a skilled nursing facility or from an inpatient hospitalization.
- Qualified aides can offer assistance performing activities of daily living (ADLs) within the home and instrumental activities of daily living (IADLs) related to personal care.
- ADL activities may include bathing or showering, dressing, getting in and out of bed or a chair, walking, toileting, and eating.
- IADL activities may include preparing meals, shopping on behalf of the member for groceries or personal items, performing light housework, laundry, dishes, and/or using a telephone.
- A member must be receiving assistance with a minimum of one ADL to receive assistance with any IADL.
- Personal home care services must be initiated within 30 days of discharge event and utilized within 60 days of discharge.



Humana Well Dine[®]

After your overnight inpatient stay in a hospital or skilled nursing facility, you're eligible for up to 28 nutritious meals (2 meals per day for 14 days). The meals will be shipped to your door at no additional cost to you.

Humana Well Dine meal plans include:

General wellness

Vegetarian

Renal friendly

Gluten-free

Heart friendly

Lower sodium

Diabetes friendly

Pureed

Cancer support

For more information, please contact the number on the back of your Humana member ID card or visit [Humana.com/home-care/well-dine](https://www.humana.com/home-care/well-dine).



Wellness Coaching

Develop an action plan for your health and well-being goals

Want a healthier lifestyle?

Available to all Humana Group Medicare members, our coaching program helps you develop an action plan for your health and well-being goals.

A National Board-Certified Health and Wellness Coach works with you to create a personal vision for your health and well-being, brings clarity to your goals and priorities and provides accountability and support.

Get started by calling **877-567-6450 (TTY: 711)**, 8 a.m. – 6 p.m., Eastern time.

Health resources

There are other clinical programs/health resources available to eligible members

Case Management

- Assess members' current medical conditions, procedures, and discharge plans
- Educate members on the health condition(s),
- Refer members to appropriate websites, community resources, and health programs,
- Assist with hospital discharge plans and care throughout treatment

Disease Management

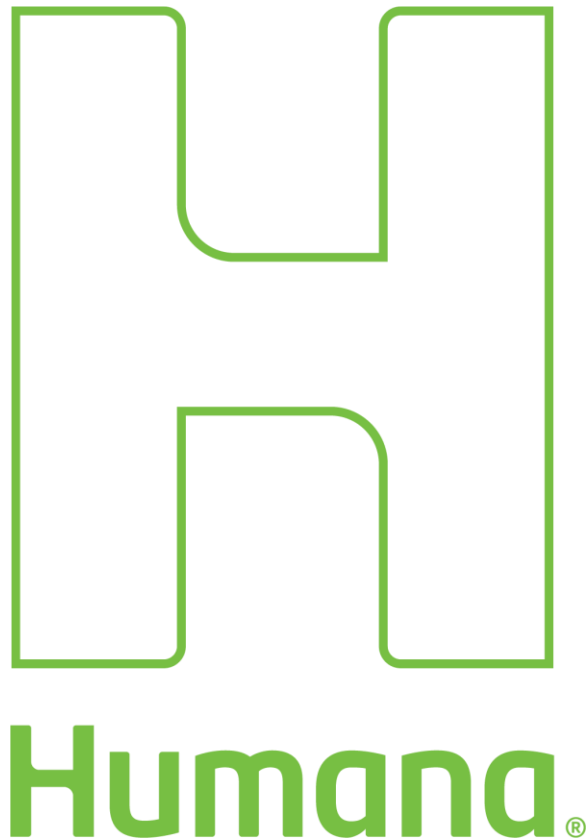
- Humana offers a wide variety of Disease Management (DM) programs to assist members who experience chronic or acute health conditions. Programs for Heart Failure, Asthma, Cancer, Diabetes and many more

Transplant Management

- Guide members through transplants by providing information and resources which allow members to make informed decisions
- Provide the member with a single point of contact during the duration of the organ or bone marrow transplant process
- Provide benefit guidance
- Coordination of services
- Personal support and counseling

Health Planning and Support nurses

- Offer clinical interventions guidance, Case Management, and Disease Management
- Offer in network provider guidance.
- Provide a link between members and specially trained clinical staff who can address the member's unique health-related needs



Thanks for your time and attention, stay connected with Humana

For more information:

- Refer to your informational kit
- Use MyHumana, a secure online account to access your plan information. Visit **Humana.com/registration** to get started.
- Call Humana Group Medicare Customer Care team for anything related to your Humana plan at **800-783-4599 (TTY: 711)**, Monday – Friday, 8 a.m. – 9 p.m., Eastern time



Humana is a Medicare Advantage HMO, PPO organization and a stand-alone prescription drug plan with a Medicare contract. Enrollment in any Humana plan depends on contract renewal. Call **800-783-4599 (TTY: 711)** for more information.

Out-of-network/non-contracted providers are under no obligation to treat plan members, except in emergency situations. Please call our Customer Care number or see your Evidence of Coverage for more information, including the cost sharing that applies to out-of-network services.

Limitations on telehealth services, also referred to as virtual visits or telemedicine, vary by state. These services are not a substitute for emergency care and are not intended to replace your primary care provider or other providers in your network. Any descriptions of when to use telehealth services is for informational purposes only and should not be construed as medical advice. Please refer to your evidence of coverage for additional details on what your plan may cover or other rules that may apply.

All product names, logos, brands and trademarks are property of their respective owners, and any use does not imply endorsement.

Other providers are available in our network.

Important

At Humana, it is important you are treated fairly.

Humana Inc. and its subsidiaries comply with applicable Federal civil rights laws and do not discriminate on the basis of race, color, national origin, ancestry, ethnicity, sex, sexual orientation, gender, gender identity, disability, age, marital status, religion, or language in their programs and activities, including in admission or access to, or treatment or employment in, their programs and activities.

- The following department has been designated to handle inquiries regarding Humana's non-discrimination policies:
Discrimination Grievances, P.O. Box 14618, Lexington, KY 40512-4618, **877-320-1235 (TTY: 711)**.

Auxiliary aids and services, free of charge, are available to you. 877-320-1235 (TTY: 711)

Humana provides free auxiliary aids and services, such as qualified sign language interpreters, video remote interpretation, and written information in other formats to people with disabilities when such auxiliary aids and services are necessary to ensure an equal opportunity to participate.

This information is available for free in other languages. Please call our customer service number at 877-320-1235 (TTY: 711). Hours of operation: 8 a.m. – 8 p.m. Eastern time.

Español (Spanish): Llame al número indicado para recibir servicios gratuitos de asistencia lingüística. **877-320-1235 (TTY: 711)**. Horas de operación: 8 a.m. a 8 p.m. hora del este.

繁體中文 (Chinese): 本資訊也有其他語言版本可供免費索取。請致電客戶服務部：**877-320-1235 (聽障專線：711)**。辦公時間：東部時間上午 8 時至晚上 8 時。

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