



500 W. Main St.
Louisville, KY 40202

Health and wellness or
prevention information

[[RecipientFirstName]] [[RecipientLastName]]
[[RecipientAddressLine1]]
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[[RecipientCity]] [[RecipientState]] [[RecipientZip]]

**Make time
for what
matters most
—your health**



Schedule your annual wellness visit

One easy way you can help protect your health is by developing a plan for your care with your healthcare provider at an Annual Wellness Visit.

Your Humana Medicare Advantage plan helps cover an annual wellness visit.

Please contact your healthcare provider's office to schedule your visit. If you don't have a current healthcare provider or you would like to change your healthcare provider of record, please call the number on the back of your Humana member ID card. You can also scan this code to learn more about how Care Highlight™ can help find the provider that is right for you.

The Annual Wellness Visit included in your plan gives you and your healthcare provider a chance to make a strategy for your health.¹ It also helps ensure you get the physical and mental health screenings you need. Making time to do this can even save you money on health costs over the year.²

<Go365® is your Humana wellness program that rewards you for completing eligible healthy activities. Your Annual Wellness Visit has a rewards value of \$25.*>



Scan this code to learn more about how Care Highlight™ can help find the provider that is right for you.



huma.na/CareHighlight

¹ "Yearly Wellness Visits", last accessed November 4, 2022, www.medicare.gov/coverage/yearly-wellness-visits.

² Adam L. et al., "Medicare Annual Wellness Visit Association With Healthcare Quality and Costs", last accessed November 4, 2022, www.ajmc.com/view/medicare-annual-wellness-visit-association-with-healthcare-quality-and-costs.

<*Rewards have no cash value and must be earned and redeemed within the same plan year. Rewards not redeemed before Dec. 31st will be forfeited. No amount of this gift card can be used to purchase Medicare-covered services, nor can it be converted to cash.>

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